

Child's Play[®]

presents

Books to Promote
Social Emotional
Development



MENTAL HEALTH BOOKS

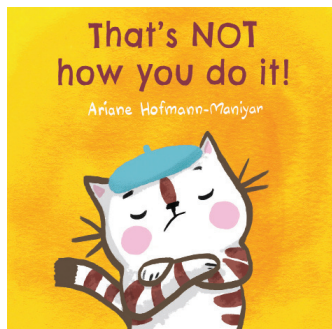
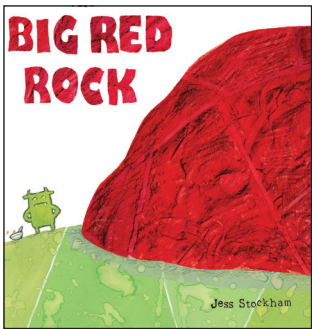
Focus: Empathy, Awareness, Catharsis

These stories give children an opportunity to understand and ask questions in a safe, open environment. Each book approaches the complex tool of mental health with sensitivity and child friendly language. Some of them are frank about living with mental illness, while others may simply be about characters who display characteristics associated with Autism or ADHD.

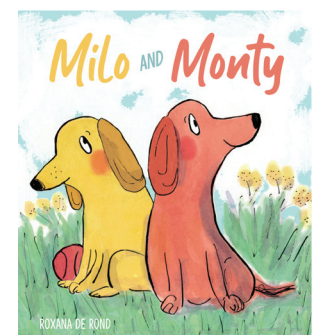
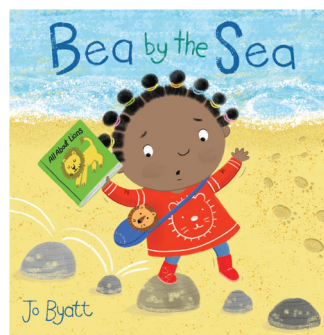
CPMH, 32 pages, 3-6 years

978-1-78628-740-3 ■ Retail Price: \$142.88 CAD

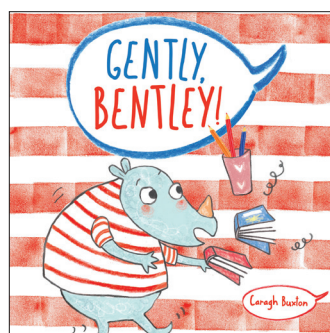
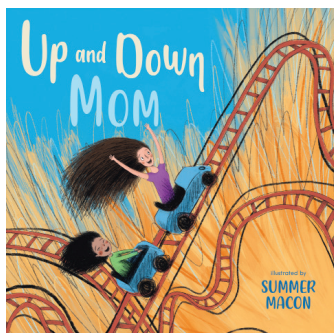
Anger Management



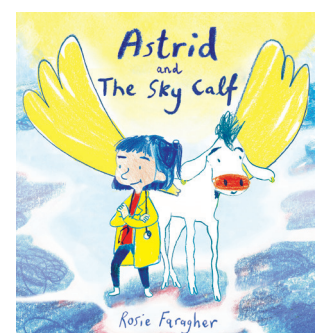
Autism



Bipolar Disorder / ADHD



Low Mood / Depression



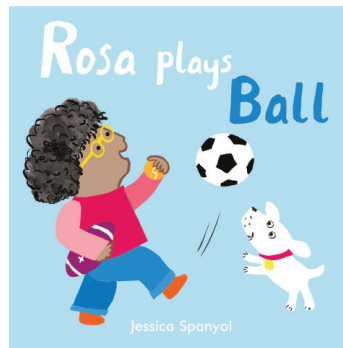
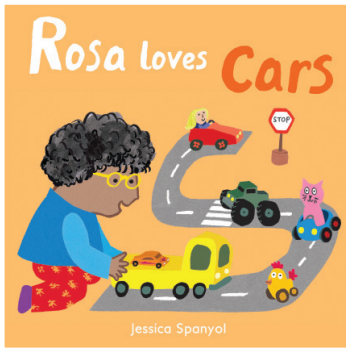
Dementia / Grief



Anxiety / Uncertainty



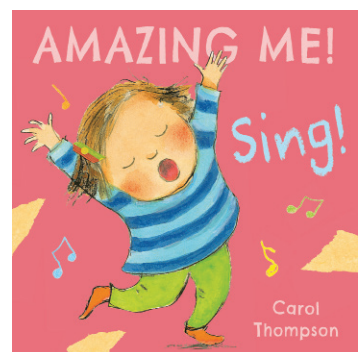
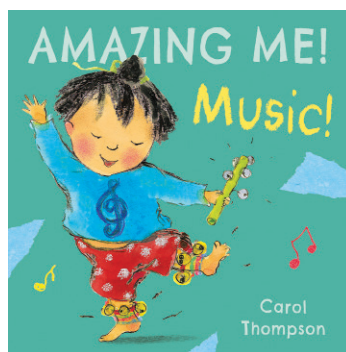
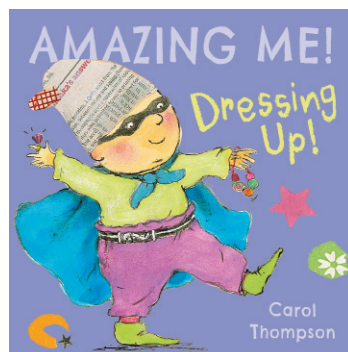
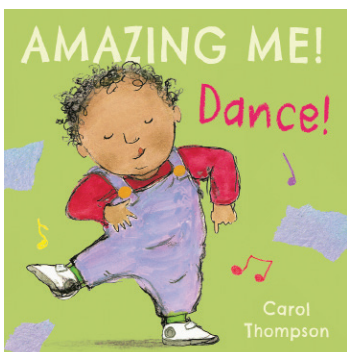
Social-emotional is a domain or an indicator of school readiness and high quality early care and education.



All About Rosa Board book Set of 4 Illustrated by Jessica Spanyol
CPAAR 12 pages 8"x 8" 1-3 years

ISBN: 978-1-78628-534-8 ■ Retail price: **\$31.96 CAD**

Let's find out which toys Rosa and her friends are playing with today! Rosa makes sure that everyone is happy when they are playing together and sharing. She connects with friends and makes sure that everyone is having fun. An important series that celebrates inclusivity, promotes gender equality and embraces the uniqueness of every child **Focus: Cooperation, empathy, communication, self-control, self-esteem, self-confidence.** Board book format.



Amazing Me! Board book Set of 4 By Carol Thompson

CPAM 12 pages 8"x 8" 3-6 years

ISBN: 978-1-78628-531-7 ■ Retail price: **\$31.96 CAD**

We are amazing! We can dance, dress up, sing and make music. There is nobody quite like us! Enjoy the antics of this inclusive and diverse group of friends, as they celebrate the natural and boundless creativity, inherent energy and love of movement to be found in every child. **Focus: Competence, self-esteem, self-confidence.** Board book format.



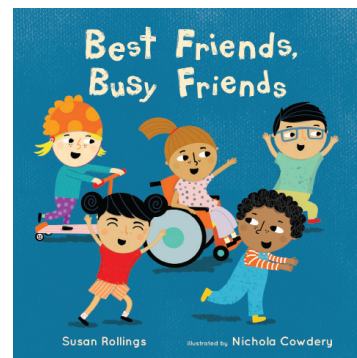
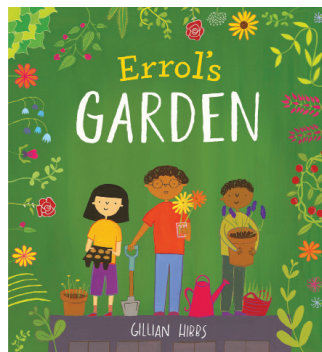
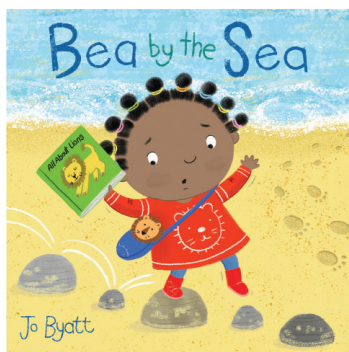
Helping Hands Board book Set of 6 Illustrated by Georgie Birkett and Jess Stockham

CPHA 24 pages 8 1/4"x 8 1/4" 2-5 years

ISBN: 978-1-78628-530-0 • Retail price: \$41.94 CAD

Helping with real tasks is a natural progression from pretend play, and is a crucial stage in a child's development. Achieving a shared goal encourages a sense of responsibility, and develops many skills useful in later life. Simple conversational text and lively illustrations are carefully designed to encourage further dialogue between reader and child.

Focus: Empathy, self-efficiency, confidence. Board book format.



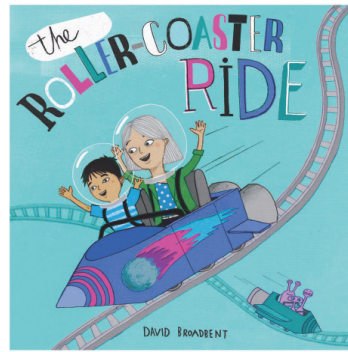
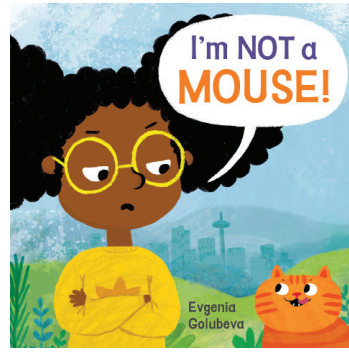
Friendship and Community

Book Set of 4

CPHF 3-5 years

ISBN: 978-1-78628-539-3 • Retail price: \$43.96 CAD

This set contains stories about respect, communication skills and being open-minded. These topics can lead to discussions about what makes a good friend and member of a community. **Focus: optimism, friendship, sharing, playing, success, respect, resilience.** Paperback format.

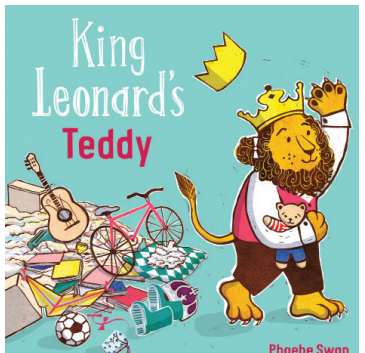
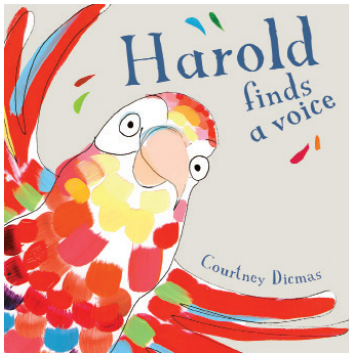


Becoming Resilient Book Set of 4

CPED 3-5 years

ISBN: 9781-7-8628-538-6 • Retail price: **\$43.96 CAD**

This book set encourages children to try new things, embrace change and overcome obstacles! **Focus: friendship, compromise, acceptance, and respect.** Paperback format.

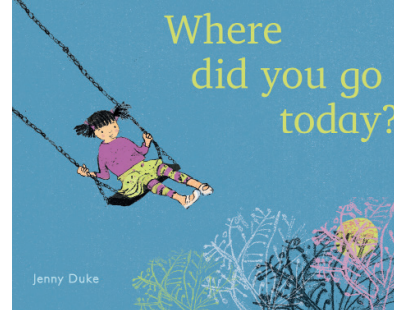
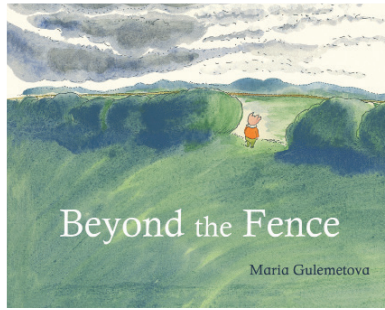


Making Good Decisions Book Set of 4

CPNGH 3-5 years

ISBN: 978-1-78628-537-9 • Retail price: **\$43.96 CAD**

When children are frustrated and can't seem to get it right they need encouragement and sometimes a push to get them going in the right direction. This book set does just that with each story sending the message of HOPE. **Focus: responsibilities, patience, perseverance, determination, positive attitude, sharing, caring.** Paperback format.

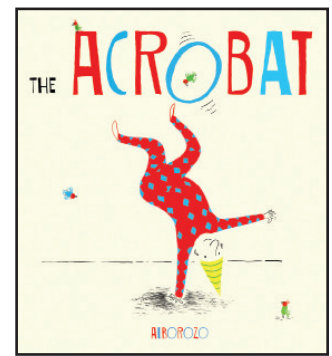
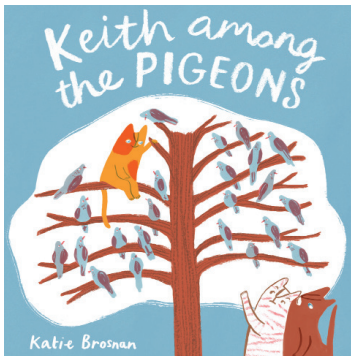


Learning to Be Happy Book Set of 4

CPLBH 3-5 years

ISBN: 978-1-78628-724-3 • Retail price: **\$43.96 CAD**

These books show children the ways that they can boost their mood and expand their horizons by making small, positive changes. *Focus: Freedom, inner peace and support.* Paperback format.



I Like Myself Book Set of 4

CPILM 3-5 years

ISBN: 978-1-78628-725-0 • Retail price: **\$36.96 CAD**

A set of books with shared themes of self-esteem and being yourself. *Focus: Confidence, identity and personal growth.* Paperback format.

Distributed by Thomas Allen & Son

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