

workman



Why We Cook
(See page 11.)

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Hear My Voice
(See pages 16–17.)

JUNGLE NIGHT

Sandra Boynton

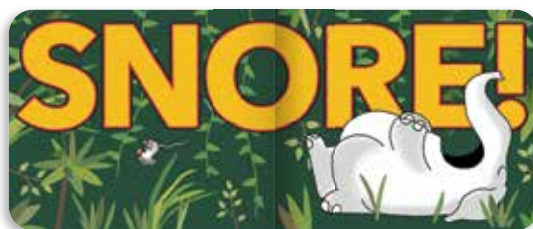
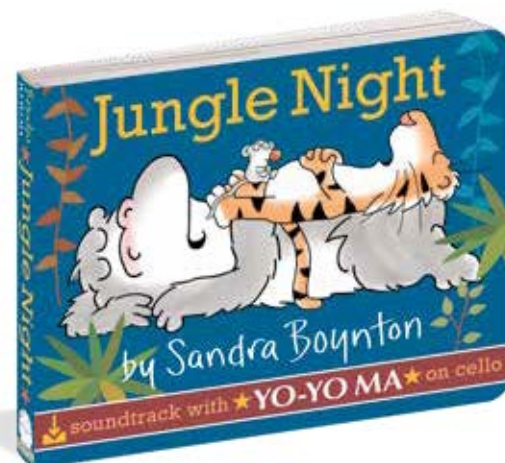
with free downloadable soundtrack featuring Yo-Yo Ma on cello

Introducing **Jungle Night**, a worthy companion to the 26-million-copy, perennially bestselling Boynton on Board series. **Jungle Night** is a fabulously jungly Boynton bedtime board book, in a neat new size. PLUS there's a free download: a mesmerizing 4-minute nighttime soundtrack featuring Yo-Yo Ma on cello, Ron Block (of Alison Krauss & Union Station) on guitar, and Keith Boynton narrating. The music is Erik Satie's beloved "Gymnopédie No. 1"—but now with cool jungle percussion, making it a "Jungle Gymnopédie"!

Sandra Boynton's board books are not just books, they are sales events. And no wonder: Kids and parents alike love the captivating rhythmic text, the clever humor, and the terrific animal characters. In **Jungle Night**, Boynton debuts a new, larger format and a more intricate landscape. And everything that makes Boynton . . . well, BOYNTON . . . is here: a great cast of characters (Jungle frogs! Wild river-hogs! Even a gorilla!) and language and sounds that are so fun to read aloud. Plus an irresistible flourish of silliness that the youngest readers will love.

Jungle Night is a delightful book with a great musical track to download—for a family bedtime experience of pure joy.

FOR THE COMPLETE LISTING
OF SANDRA BOYNTON TITLES,
see pages 60–64.



➤ A companion to Boynton on Board, the phenomenal bestselling series with over 26 million copies in print

➤ A delightful bedtime book featuring many gently snoring jungle animals—and one elephant who is snoring not even CLOSE to gently

➤ World-famous cellist Yo-Yo Ma plays on the downloadable soundtrack

➤ For ages 0 and up

➤ Trade advertising

➤ Social media advertising campaign

➤ Video

JUNGLE NIGHT

Full-color illustrations throughout; 16 pages; 7 1/2" x 6 1/4"

Board book: \$7.95/\$10.95 Can.

ISBN: 978-1-5235-1360-4

No. 101360

Ships: March

8-copy counter display

\$63.60/\$87.60 Can.

ISBN: 978-1-5235-1363-5

No. 221363



Sandra Boynton is a popular American cartoonist, children's author, songwriter, producer, and director. Since 1974, Boynton has written and illustrated over sixty children's books and seven general audience books, including five New York Times bestsellers. More than 70 million of her books have been sold. She has also written (with Michael Ford) and produced six albums of renegade children's music; three have been certified Gold, and Philadelphia Chickens, nominated for a Grammy, has gone Platinum. She lives in rural New England.

THE MONTESSORI BABY

A PARENT'S GUIDE TO NURTURING YOUR BABY WITH LOVE, RESPECT, AND UNDERSTANDING

Simone Davies and Junnifa Uzodike

Now it's baby's turn! Filled with the values, advice, and aesthetic that have made *The Montessori Toddler* a parenting bestseller, with over 200,000 copies in print, ***The Montessori Baby*** is here to help new parents find the support and peace they crave.

Cowritten by *Montessori Toddler* author Simone Davies and fellow Montessori educator Junnifa Uzodike, ***The Montessori Baby*** draws on the child-led principles of the Montessori educational method to foster a first year defined by love, respect, understanding, and a surprising sense of calm. Dr. Maria Montessori observed that all children have what she called "an absorbent mind," ready to drink it all in, and that the role of parents is to mindfully assist in their learning and development. With babies, that means less is more—a lot less stuff, for sure. It means slowing down and not rushing through feeding, diaper changes, and the like. It means setting up activities to help promote baby's movement and language development but then stepping back—the parent's role is to prepare the environment, not be the entertainer. There are tips on how to set clear and kind boundaries, how to create a secure sense of attachment, how best to speak to baby, and even what kind of toys to use (mobiles especially)—all through the Montessori lens.

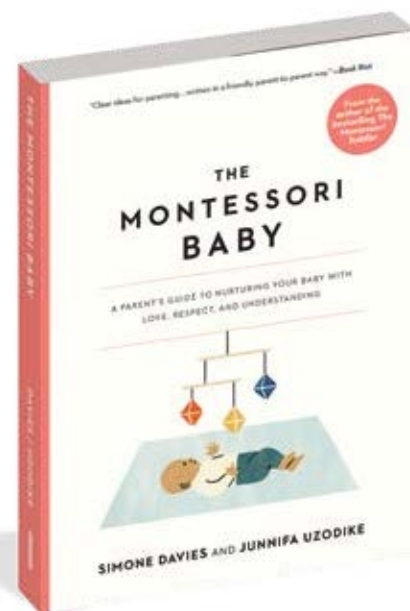
And like its predecessor, ***The Montessori Baby*** is that rare parenting book that's a pleasure to look at—beautiful color illustrations and a bright, airy design reinforce the book's direct and jargon-free approach.

Simone Davies is an AMI (Association Montessori Internationale) Montessori teacher and the author of *The Montessori Toddler*. Her popular blog and Instagram,



The Montessori Notebook, is a resource for parents around the world. A native Australian, she and her family live in Amsterdam, where she runs parent-child classes at the Jacaranda Tree Montessori school.

Junnifa Uzodike, an AMI-trained Montessori teacher, sits on the executive board of AMI. She runs a Montessori school, Fruitful Orchard, in Abuja, Nigeria, where she lives with her husband and three young children.



➤ **How to raise a baby from birth to age one using the loving and respectful principles of the Montessori educational method**

➤ **From the author of *The Montessori Toddler*, a parenting bestseller with over 200,000 copies in print**

➤ **Practical and often step-by-step ideas for interacting with your baby, setting up a home that safely fosters independence, and engaging in activities for every developmental stage**

➤ **With the calm, uncluttered aesthetic that makes *The Montessori Toddler* so appealing, featuring colorful illustrations by Flow artist Sanny van Loon**

➤ **National media**

➤ **10-city author tour**

➤ **40-city radio tour**

THE MONTESSORI BABY

Full-color illustrations throughout; 288 pages; 6 5/8" x 9 3/8"

Paperback with flaps: \$19.95/\$26.95 Can.
ISBN: 978-1-5235-1240-9

No. 101240

Ships: February

Also available on Workman audio.

“Terrific, lucid, comprehensive, sophisticated, attractive.”
—Bessel van der Kolk, author of *The Body Keeps the Score*

EVERY MEMORY DESERVES RESPECT

EMDR, THE PROVEN TRAUMA THERAPY
WITH THE POWER TO HEAL

Michael Baldwin and Deborah Korn, PsyD

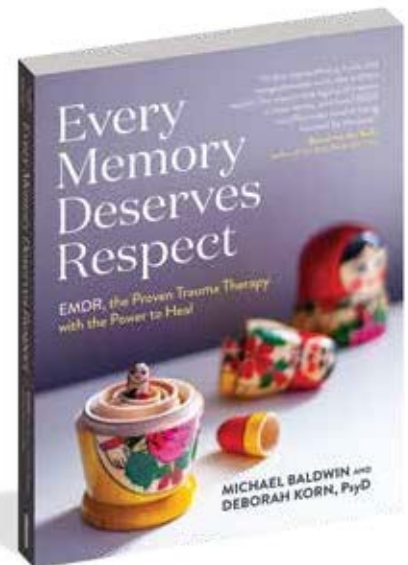
Trauma, both “big” and “small,” and its effects—anxiety, depression, panic, and more—are more pervasive than ever. How can we heal? Millions have found relief, without medication, through a therapy known as EMDR, which stands for **eye movement desensitization and reprocessing**.

Written by one of the most respected therapists practicing EMDR, along with a man whose life was changed by the therapy, *Every Memory Deserves Respect* brings healing news to anyone who feels constrained by past events, whether the reasons are clear or not.

The book explains how trauma works in the body and how to heal it with EMDR. In words and images, it shows how a patient and therapist together heal the affected part of the brain that stores the memory, eliminating physical and emotional responses to triggers in order to live with freedom, ease, and confidence. With studies showing a remarkable 85–90% success rate in eliminating PTSD and anxiety, this is the therapy for our time.



Illustrated spreads, interspersed throughout the book, make key concepts instantly relatable



Important news about what trauma is and how to cure it, for the millions who suffer from its effects

How the revolutionary therapy of EMDR works, and how to make it work for the reader

Told by a patient who takes us on his relatable therapeutic journey and a leading authority who explains EMDR

Visual spreads throughout bring home the message in an accessible and memorable way

Digital advertising campaign

Video

Library marketing campaign

Michael Baldwin has done award-winning work in advertising for more than 35 years. He is the founder and principal of the branding and communication firm Michael Baldwin Inc, and the author of *Just Add Water: An Incredibly Easy Guide for Creating Simple, Powerful Presentations*. He lives in New York City.

Deborah L. Korn, PsyD, is a psychotherapist, teacher, clinical consultant, and researcher who has been on the faculty of the EMDR Institute for more than 25 years. She currently serves on the editorial board of the *Journal of EMDR Practice and Research* and is a regular presenter at the EMDR International Association Conference. She lives in Cambridge, Massachusetts, with her family.



EVERY MEMORY DESERVES RESPECT

Full-color photos throughout; 304 pages; 6" x 8"

Paperback with flaps: \$17.95/\$23.95 Can.

ISBN: 978-1-5235-1142-6

No. 101142

Ships: May

Also available on Workman audio.

OAKLEY THE SQUIRREL: THE SEARCH FOR Z

A NUTTY ALPHABET BOOK

Nancy Rose

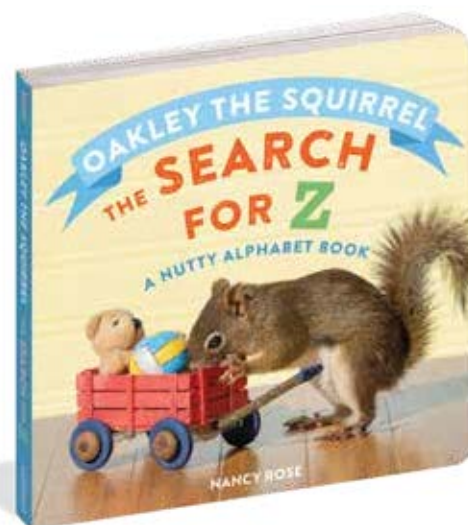
A nutty conceit, a retro aesthetic, a delicious sense of language: Welcome to *Oakley the Squirrel: The Search for Z*! In it, we meet Little Oakley as he embarks on a quest to find the letter Z. He searches through an alphabet of human objects—looks **b**eneath the **b**ed, **c**laws through the **c**loset, **d**igs through **d**rawers, and so on. By the time he gets to a basket of **y**arn, Oakley starts to **y**awn, and soon falls asleep. And **Z**—as in, **Zzzzzz!**—appears!

The images are quirky, crafty, and irresistible. Nancy Rose, the photographer and author, handmakes the squirrel-scale sets and props and lures wild squirrels into the frame by strategically placing peanuts throughout. As the squirrels search for the nuts, Nancy snaps the perfect shot.

The language, filled with lively alliteration, has a tongue-in-cheek tone to match:

*Oakley doesn't see anything **u**nder the **u**mbrellas.
He **v**isits the **v**egetables in **v**ain!*

The whole thing is as delicious as a bowlful of nuts.



☛ A unique ABC book—and just as much a hoot for parents as it is for children

☛ Featuring the astonishing squirrel photography of Nancy Rose, author of the *Secret Life of Squirrels* series. She captures the wild animals in humanlike poses as they interact with tiny props.

☛ The alliterative language is as charmingly tongue-in-cheek as the photography

☛ For ages 0–4 (and everyone else, too)

☛ Digital and social media advertising campaign

☛ Video

OAKLEY THE SQUIRREL: THE SEARCH FOR Z

Full-color photos throughout; 30 pages; 7" x 7"

Board book: \$7.95/\$10.95 Can.

ISBN: 978-1-5235-1041-2

No. 101041

Ships: June

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\$47.70/\$65.70 Can.
ISBN: 978-1-5235-1376-5
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Nancy Rose is the author and photographer of the *Secret Life of Squirrels* series, including *Workman's Secret Life of Squirrels* calendar. Her work has been published in magazines and newspapers and has been featured on greeting cards and international television. She lives in Nova Scotia, Canada, and online at secretlifeofsquirrels.com.

HOW TO GRILL VEGETABLES

THE NEW BIBLE FOR BARBECUING
VEGETABLES OVER LIVE FIRE

Steven Raichlen

The books of Steven Raichlen, America's "master griller" (*Esquire*), have sold more than 5 million copies. Now, in the same way that *The Barbecue! Bible*® revealed a world far beyond burgers and steaks, and *How to Grill* explored an astonishing range of techniques, *How to Grill Vegetables* offers a jaw-dropping, gorgeously photographed celebration of all the ways to grill green.

In true Raichlen fashion, that means bringing live fire or smoke to every kind of vegetable, from avocados to zucchini. It means using innovative techniques—fire-blistered tomatoes, ember-roasted peppers, hay-smoked lettuce, rotisserie brussels sprouts on the stalk, corn grilled five ways, smoke-roasted parsnips. It means highlighting vegetables in every part of the meal, from the pass-arounds and dips (Grilled Radishes with Roquefort Butter, Smoked Guacamole), to salads and sides (Grilled Wedge Salad with Smoky Ranch Dressing, Zucchini "Burnt Ends"), to plates large and small (Nashville Hot Cauliflower, Cedar-Planked Eggplant Parmigiana), to desserts, of course—hello, Grilled Banana Pudding.

Note: This is not a vegetarian cookbook. Yes, many recipes are meatless, but others use meat and seafood to elevate the flavors of a dish. Plus, there's a chapter on grilling eggs and cheese—all of which makes *How to Grill Vegetables* the perfect book for any Raichlen fan, as well as any would-be griller who wants less, little, or no meat in their diets.

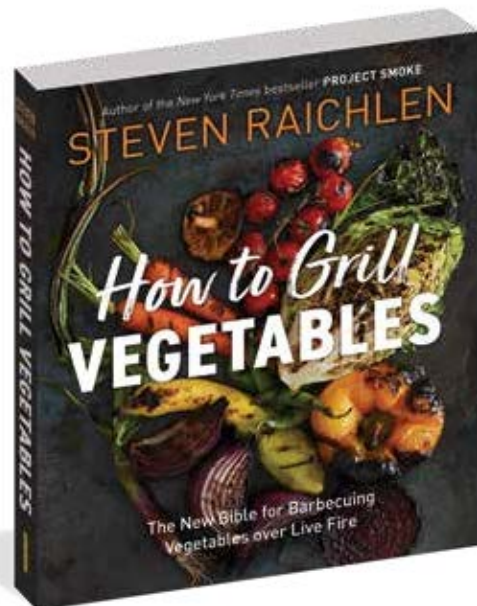


FOR THE COMPLETE LISTING OF STEVEN RAICHLEN TITLES AND A NEW, UPDATED COVER FOR *THE BARBECUE! BIBLE*, see pages 104–105.



© Roger Proulx

Steven Raichlen is the author of the New York Times bestselling *Barbecue! Bible* cookbook series. Winners of 5 James Beard Awards and 3 IACP awards, Raichlen's books have sold more than 5 million copies. His TV shows include Steven Raichlen's Project Fire, Project Smoke, and Primal Grill, the French language *Le Maître du Grill*, and the Italian *Steven Raichlen Grills Italy*. The founder of Barbecue University, he was inducted into the Barbecue Hall of Fame in 2015. Steven and his wife, Barbara, live and grill in Miami, Florida, and Martha's Vineyard, Massachusetts. Find him online at BarbecueBible.com.



🔥 The new bible for cooking vegetables over live fire from America's "master griller" (*Esquire*)

🔥 The Barbecue! Bible cookbooks have over 5 million copies in print

🔥 Over 125 recipes and dozens of innovative techniques

🔥 Full-color photographs, including step-by-step technique shots

🔥 National media

🔥 20-city author tour

🔥 20-city TV tour

🔥 40-city radio tour

🔥 Social media and digital advertising campaign

HOW TO GRILL VEGETABLES

Full-color photos throughout; 336 pages; 8" x 9 1/4"

Paper: \$24.95/\$33.95 Can.

ISBN: 978-1-5235-0984-3
No. 100984

Hardcover: \$37.50/
\$51.50 Can.

ISBN: 978-1-5235-1362-8
No. 101362

Ships: April

6-copy counter display
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ISBN: 978-1-5235-1369-7
No. 221369



A BOOK ABOUT MOM

WITH WORDS AND PICTURES BY ME

A FILL-IN BOOK WITH STICKERS!

A BOOK ABOUT DAD

WITH WORDS AND PICTURES BY ME

A FILL-IN BOOK WITH STICKERS!

Illustrated by Irena Freitas

Introducing two new titles that let kids celebrate Mom and Dad in the best and most personal way—through their own words and pictures!

Sweet, lively, and engaging, ***A Book about Mom with Words and Pictures by Me***, and ***A Book about Dad with Words and Pictures by Me*** are unique fill-in books that invite kids to be author and illustrator and create a one-of-a-kind gift for Mom and Dad.

Every page has a heartwarming, imaginative (and sometimes cheeky!) prompt—a sentence to finish or an illustration to complete—to help kids capture everything they know and love about their parent, from their favorite things to do together to what kind of pizza topping they would be. A sheet of illustrated stickers gives kids even more ways to customize their book!

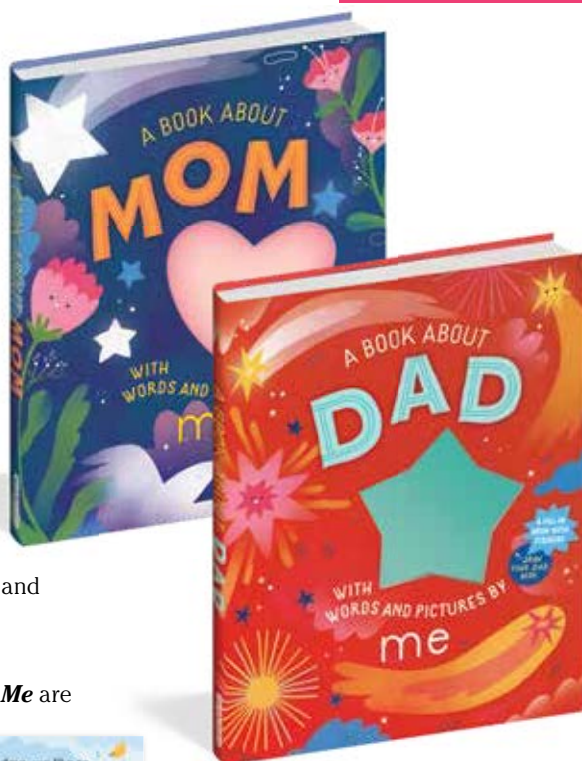
The end result? A treasured keepsake of a gift, perfect for Mother's Day, Father's Day, Christmas, a birthday, or any special occasion.



From A Book about Mom . . .



From A Book about Dad . . .



Perfect, personalized gifts for Mother's Day, Father's Day, or any occasion

The child is the author and illustrator

Filled with lively prompts that promote creativity and expression

Put a photo or draw a picture in the front die-cut

For ages 5 and up

MOM AND DAD FILL-IN BOOKS

Full-color illustrations throughout; 56 pages; 7" x 9"

Paper over board with die-cut cover:
\$9.95/\$12.95 Can. each

Ships: March

A BOOK ABOUT MOM WITH WORDS AND PICTURES BY ME
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ISBN: 978-1-5235-1211-9
No. 101211

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Irena Freitas is an illustrator from Manaus, Brazil. She has a master's degree in illustration from Savannah College of Art and Design.

THE BIG FAT NOTEBOOK® SERIES: HIGH SCHOOL

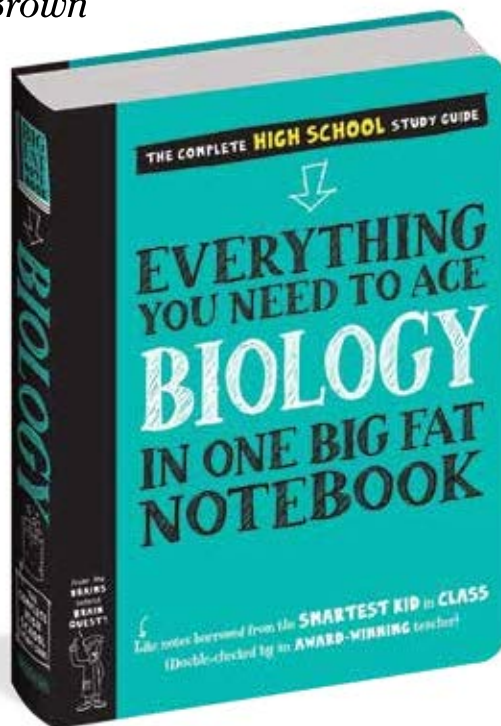
• EVERYTHING YOU NEED TO ACE BIOLOGY IN ONE BIG FAT NOTEBOOK

From the Editors of Brain Quest® and Matthew Brown

The *Big Fat Notebooks*' big step up to high school continues! Announcing **Biology**, the third in the high school series.

With more than 5 million copies in print since 2016, and sales escalating every year, the *Big Fat Notebook* series is revolutionizing the middle and high school study guide. And **Biology** continues with the high school STEM concentration, following *Chemistry* and *Geometry*, which in turn followed in the footsteps of the middle school series' bestselling titles, *Math* (1.56 million copies in print) and *Science* (1.18 million copies in print).

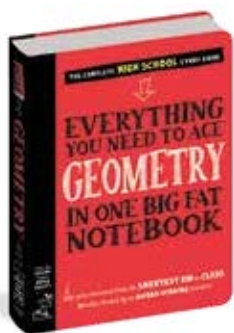
Wrapping its arms around a subject that covers everything from life at the molecular level to the entirety of an ecosystem, **Biology** tackles all the big ideas: biological classification and hierarchy, cell theory, genetics, the human body, evolution, and more. And it does so in that lively, useful, and intuitive way that makes the *Big Fat Notebooks* so singular and successful: Critical ideas are broken down and clearly explained; doodles illuminate tricky concepts; mnemonics provide memorable shortcuts; and quizzes recap it all. Plus, the author, Matthew Brown, a biomedical engineer and science communicator, has an easy, engaging way of bringing even the most complex scientific concepts to life.



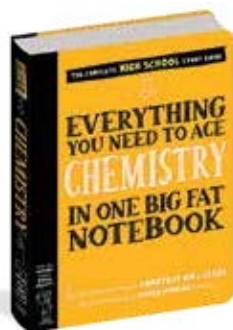
The Editors of Brain Quest have created some of America's most successful and trusted educational series for kids, including Brain Quest, Brain Quest Workbooks, Summer Brain Quest, and the Big Fat Notebooks, together with tens of millions of copies in print.

Matthew Brown is a biomedical engineer and science communicator. His goal is to explain the mysteries of the world in a fun, engaging way. Matthew wants to improve the standards of science communication to increase students' interest in STEM. Matthew lives in Middletown, New York.

ALSO AVAILABLE: HIGH SCHOOL SERIES (PAGE 46)



EVERYTHING YOU NEED
TO ACE GEOMETRY IN
ONE BIG FAT NOTEBOOK
ISBN: 978-1-5235-0437-4
No. 100437



EVERYTHING YOU NEED
TO ACE CHEMISTRY IN
ONE BIG FAT NOTEBOOK
ISBN: 978-1-5235-0425-1
No. 100425

EVERYTHING YOU NEED TO ACE BIOLOGY IN ONE BIG FAT NOTEBOOK

Full-color illustrations throughout; 544 pages; 5 7/8" x 8"

Flexibound with
rounded corners:

\$16.95/\$22.95 Can.

ISBN: 978-1-5235-0436-7

No. 100436

Ships: April

6-copy counter display

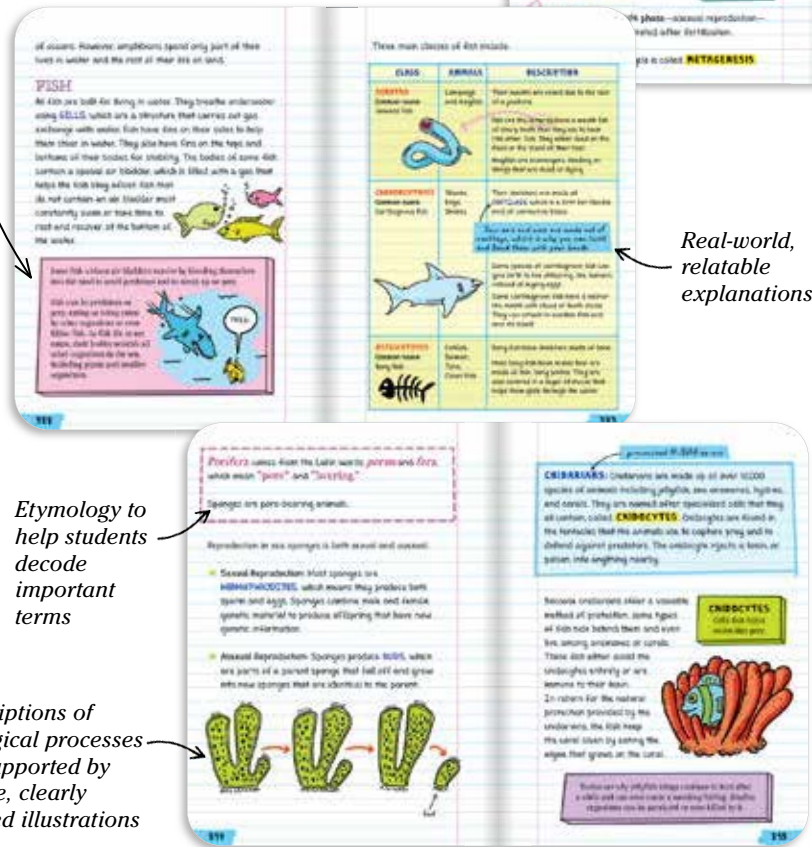
\$101.70/\$137.70 Can.

ISBN: 978-1-5235-1370-3

No. 221370



Fun doodles to support teaching



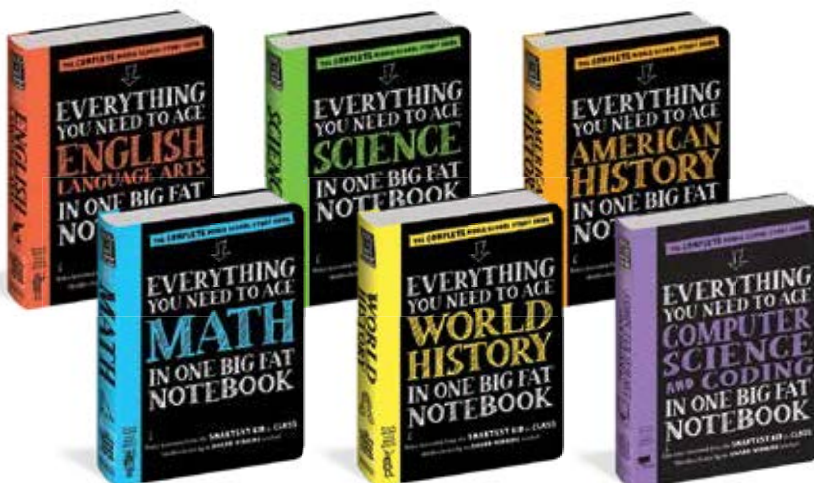
Key words highlighted and defined

Real-world, relatable explanations

Etymology to help students decode important terms

Descriptions of biological processes are supported by simple, clearly labeled illustrations

ALSO AVAILABLE: MIDDLE SCHOOL SERIES (PAGE 45)



• The **Big Fat Notebooks** go to high school!

• **Big Fat Notebooks** are a phenomenon, a runaway bestselling series with more than 5 million copies in print in less than three years

• For all the kids who used the bestselling **Science** in middle school, and for any student who's facing high school biology

• All the virtues of the **Big Fat Notebooks**—smart, fun, and essential study guides, like borrowing the notes from the smartest kid in class—now for high school students, where the stakes can be even higher

• First printing of 100,000 copies

• Social media and digital advertising campaign

• Video

• Trade advertising

• Homeschool advertising and promotion

• School and library promotion

FOR THE COMPLETE LISTING OF **Big Fat Notebooks**®, see pages 45–46.

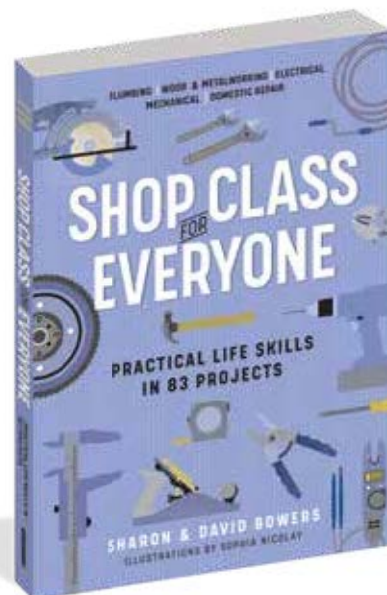
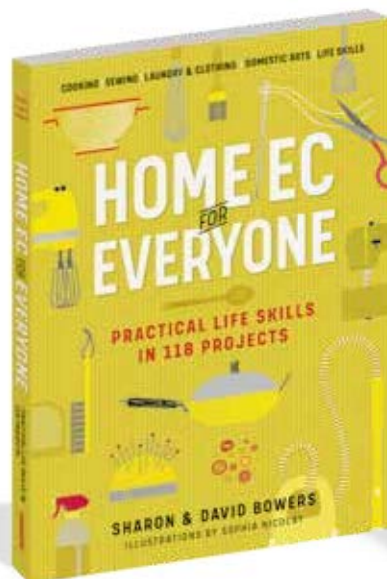
HOME EC FOR EVERYONE

PRACTICAL LIFE SKILLS IN
118 PROJECTS

SHOP CLASS FOR EVERYONE

PRACTICAL LIFE SKILLS IN
83 PROJECTS

Sharon and David Bowers



Discover the sublime pleasure and endless rewards of being self-sufficient. In two smartly designed and straightforward encyclopedias of DIY, *Home Ec for Everyone* and *Shop Class for Everyone*

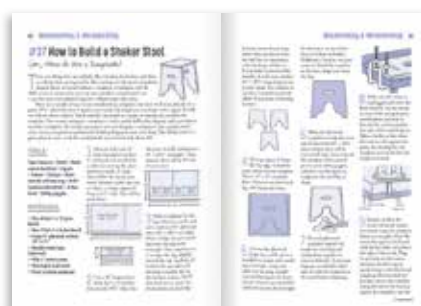
(previously published together as *The Useful Book*), you'll learn how to fix it, cook it, make it, clean it, build it, and sew it yourself.

Each title features essential skills, practical how-tos, and projects, each explained and illustrated with step-by-step instructions, plus charts, sidebars, lists, and handy toolboxes. *Home Ec* covers the domestic arts, including everything from chopping an onion to folding a fitted sheet to writing a great thank-you note. *Shop Class* empowers each of us to become a skilled handyperson, a confident master of one's domain who can hang a picture, paint a room, build a birdhouse, install a light switch, or fix a flat tire.

We may live in the information age, but there's no app that will unclog a drain—only life skills.



From *Home Ec for Everyone*



From *Shop Class for Everyone*

Two comprehensive and stylish DIY manuals for young people just starting out, or anyone who would like to be a little—or a lot—handier

80+ life skills each—from lengthening a hem or making a perfect pie crust (*Home Ec*) to rewiring a lamp or building a bookcase (*Shop Class*)—clearly explained with step-by-step illustrations

Smart, functional design packed with lists, sidebars, and charts

A great gift for graduates, newlyweds, or new homeowners

Digital advertising campaign

HOME EC FOR EVERYONE

Two color with illustrations throughout; 240 pages; 6 1/2" x 9 1/4"

Paper: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1237-9

No. 101237

Ships: March

SHOP CLASS FOR EVERYONE

Two color with illustrations throughout; 216 pages; 6 1/2" x 9 1/4"

Paper: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1238-6

No. 101238

Ships: March



Sharon Bowers is the author of *Ghoulish Goodies*, *Candy Construction*, and *The Lazy Way to Cook Your Meals*.

David Bowers is the author of *Dad's Own Guide to Housekeeping* and *Bake Like a Man: A Real Man's Cookbook*.

WHY WE COOK

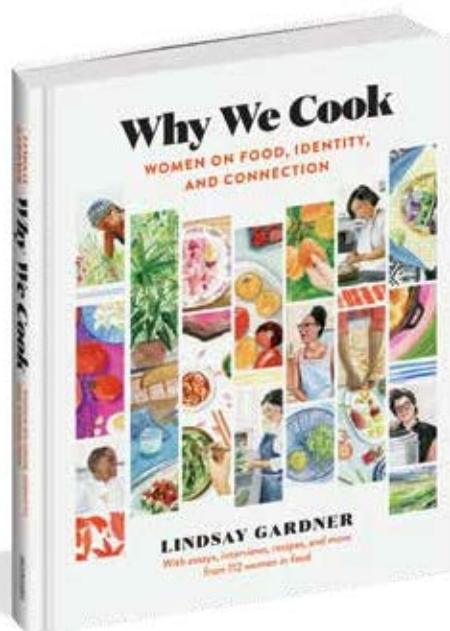
WOMEN ON FOOD, IDENTITY, AND CONNECTION

Lindsay Gardner

Inspiring, empowering, beautiful, and moving, **Why We Cook** explores the place where food meets feminism. In it, artist Lindsay Gardner brings together stories, essays, kitchen profiles, interviews, and more, featuring 112 women restaurateurs, food producers, activists, writers, professional chefs, and home cooks—all of whom are dedicated not only to their craft, but to changing the world of food.

There are profiles on changemakers such as Cristina Martinez, a chef who emigrated from Mexico and who brings her Philadelphia community together through food while using her platform to champion immigrants' rights, and Leah Penniman, who describes a day in the life on Soul Fire Farm, which she cofounded to combat racism in the food system. Evocative reflections on food and memory, like Rachel Khong's ode to her mother's love of fruit. And narrative recipes, like restaurateur Nicole Ponseca's Bibingka.

With her rich visual storytelling gifts—the book is filled with beautiful watercolor illustrations and portraits—Gardner not only captures a sense of what is unique about each of the women, bringing them to life, but adds layers of nuance and insight to their words and their work. Together, their voices reveal the power of food to uplift and nourish, reveal complex questions, and effect change, and offer us all the opportunity to learn about each other and about ourselves.



➤ An inspiring gift for people interested in the intersection of food and feminism

➤ A compelling mix of personal stories, profiles, essays, interviews, recipes, and more from 112 women in the food world, including Carla Hall, Julia Turshen, Anita Lo, Priya Krishna, Deborah Madison, Ruth Reichl, and Osayi Endolyn

➤ Full-color illustrations throughout

➤ Published in time for International Women's Day

➤ 20-city radio tour

➤ Digital advertising campaign

WHY WE COOK

Full-color illustrations throughout; 240 pages; 7" x 9"

Paper over board: \$24.95/\$33.95 Can.

ISBN: 978-1-5235-0974-4

No. 100974

Ships: February



Lindsay Gardner is an artist and illustrator who finds inspiration in the culinary world. She has an MFA from the San Francisco Art Institute, and among her clients are Chronicle Books, Flow magazine, Papyrus, Eatingwell.com, Champagne Laurent-Perrier, and more. She lives in Oakland, California, with her husband and daughters.

THE KITCHEN WITHOUT BORDERS

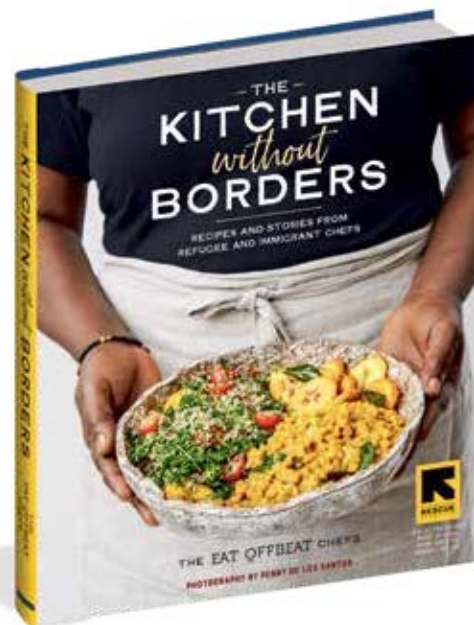
RECIPES AND STORIES FROM REFUGEE AND IMMIGRANT CHEFS

The Eat Offbeat Chefs

Bringing together food and stories from refugee and immigrant chefs who have found a new home in the United States, ***The Kitchen without Borders*** is not just a cookbook. It is a new chapter in America's rich immigrant narrative. With contributions from fourteen chefs who, through assistance from the International Rescue Committee (IRC), became part of Eat Offbeat, a catering company with a mission, ***The Kitchen without Borders*** presents 70 delicious, nourishing recipes, with roots and soul that run as deep as their flavors.

Indulge in Iraqi Biryani, a rice dish combining vegetables and plump dried fruits with warming spices. Or an irresistibly cooling yogurt and fresh mint drink, found from Afghanistan to Iran, known as *doogh*. Gorgeously smooth Syrian hummus. Iranian rice with garbanzos, Sri Lankan curry dhal, and Carne Mechada, the Venezuelan treatment of everyone's favorite skirt steak. Or flavor enhancers like sumac and pomegranate molasses—all to create the kind of authentic yet simple food people crave today.

More than a collection of delicious foods from around the world, this special cookbook—with its intimate chef profiles and photos—offers a glimpse into a journey of thousands of miles. It's a genuine celebration of stories and recipes, highlighting the profound link between food and home.



➤ A unique cookbook that brings together food and stories from immigrants and refugees

➤ A diverse and delicious collection of recipes from across the globe—Syria, Senegal, Iraq, Nepal, Afghanistan, Venezuela, and more

➤ The work of Eat Offbeat, a groundbreaking catering company that's been covered by *Fast Company*, *Forbes*, and CBS News

➤ 2% of the cover price of each book sold to benefit the IRC, a not-for-profit organization dedicated to helping people whose lives are shattered by conflict and disaster to survive and recover

➤ Profiles of 14 refugee and immigrant chefs

➤ 20-city radio tour

➤ Digital advertising campaign

➤ Podcast advertising

➤ Video

THE KITCHEN WITHOUT BORDERS

Full-color photos throughout; 232 pages; 7 1/2" x 9"

Paper over board: \$24.95/\$33.95 Can.

ISBN: 978-1-5235-0404-6

No. 100404

Ships: February

Eat Offbeat is a catering company in New York that features the cuisines of and creates quality jobs for refugee and minority immigrant home cooks. Founded by Manal Kahi and Wissam Kahi in November 2015, Eat Offbeat has been featured in major media outlets in the US and abroad, including The Guardian, Fast Company, Forbes, Food & Wine, HuffPost, and CBS News.

MERMAID LIFE

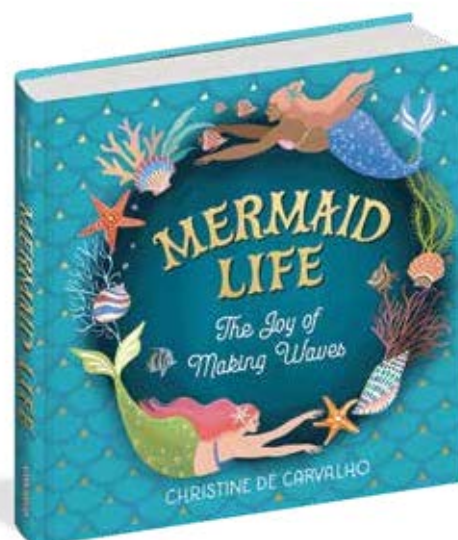
THE JOY OF MAKING WAVES

Christine De Carvalho

Ah, salty breezes, beach hair, the feeling of bare feet (or flippers) in warm sand—and the thrill of imagining life under ocean waves. Mermaid life is *the* life, and it is a lifestyle that's right on trend. Whether emblazoned on a T-shirt or used as a home decor motif, mermaids represent freedom of spirit, empowerment, and being true to oneself. Exactly the life espoused and celebrated in *Mermaid Life* by Christine De Carvalho, whose lush, hand-painted illustrations and exquisite hand-lettering capture the sense of magic that makes mermaids so appealing.

Inspiring readers to embrace their inner mermaid, let their worries drift away, and *seas* the day, the book shines with an inclusive, body-positive spirit, featuring mermaids of diverse shapes, sizes, and skin tones. Mermen are represented, as are adorable, half-cat purrmaids and a variety of ocean animals.

Accompanying the illustrations are quotes, mermaid definitions, mermaid mantras, like *Dive deep for the treasure you seek*, and mermaid folklore: Did you know mermaids are believed to possess powers of immortality, clairvoyance, telepathy, and hypnosis? Complete with a sheet of stickers so you can declare your devotion to all things sand and sea.



➤ The mermaid trend is making waves! Mermaids are a popular motif for clothing, home decor, gift items, and more

➤ A delightful gift for a free-spirited friend, a hostess at a beach house, or yourself as a daily reminder to embrace who you are

➤ Celebrating inclusiveness and body positivity through mermaids

➤ Packed with inspiring quotes, mermaid mantras, and folklore

➤ Joyful full-color illustrations throughout

➤ Digital advertising campaign

➤ Social media campaign

MERMAID LIFE

Full-color illustrations throughout; 112 pages and 1 sticker sheet; 5 3/4" x 6"

Paper over board: \$12.95/\$17.95 Can.

ISBN: 978-1-5235-1073-3

No. 101073

Ships: March

8-copy counter display
\$103.60/\$143.60 Can.
ISBN: 978-1-5235-1158-7
No. 221158



Christine De Carvalho is an illustrator based in sunny Southern California. Christine studied textile design at the Academy of Art in San Francisco, California, and the Studio Berçot in Paris, France. She spent six years in Paris developing textile prints for haute couture houses before returning to the States. Now, Christine focuses on her love of painting and illustration and has collaborated with WNYC radio, Godiva, Trader Joe's, American Greetings, John Galiano, and Christian Lacroix. Christine lives with her husband and cats in Los Angeles.

THAT NOODLE LIFE

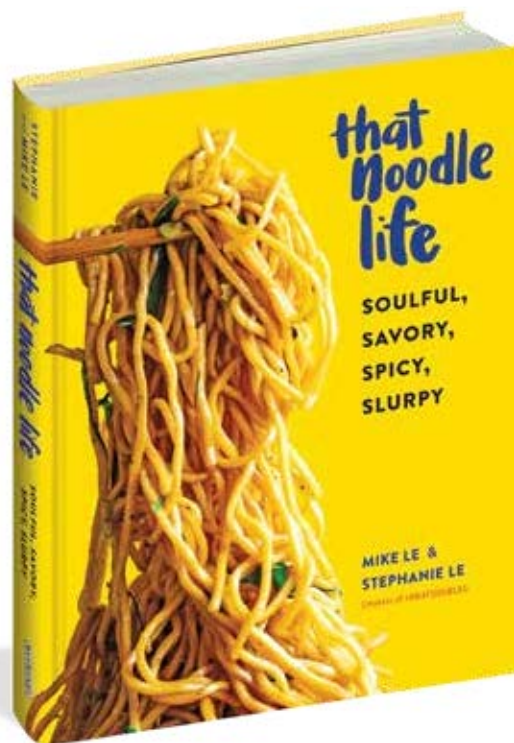
SOULFUL, SAVORY, SPICY, SLURPY

Mike Le and Stephanie Le

Oh, noodles! You're so much fun. You're so beloved! All your magical shapes, flavors, and textures. But no one obsesses over you quite like Mike Le and Stephanie Le, the husband-and-wife team who are superstars in the food blog world. Their humbly named *iamafoodblog* boasts 228,000 followers on Instagram and receives 500,000 page views each month—and in it they profess their undying love for all things pasta in the most delicious, clever, and visually striking ways.

That Noodle Life is their 75-recipe celebration of the myriad pleasures of noodles. And let's just say it goes way beyond spaghetti and ramen. Inspired by the noodle-crazed cuisines of Asia, Italy, and the American melting pot, they dish up high-impact, soulful, slurpable flavor with minimal fuss. Gorgeous full-color photographs of every dish enhance the lively and sophisticated spreads. Dig

into comfort noodles: Really Savory Sunday Sauce with Tagliatelle and French Onion Mac and Cheese. Quick weeknight noodles: Flash-Fried Rib Eye with Black Bean Sauce and Crispy Chow Mein and Let's Stay in Tonight Spicy Sesame Chili Oil Noodles—faster than takeout and far better. Sexy Date Night Noodles: Double Lobster Chitarra, Miso Clam Linguine, Chinese Bolognese Pappardelle. And how to upgrade instant noodles to make them shine, recipes for making noodles from scratch, and noodle etiquette, including how to use a ramen vending machine in Japan. Plus, who wouldn't want to participate in the Lasagna Bracket Competition?



➤ A delicious tribute to the joy of noodles

➤ 75 savory, soulful, slurpy, sometimes spicy, and always easy-to-make recipes inspired by the noodle- and pasta-loving cuisines of Asia, Italy, America, and more. Mac 'n' Kimcheese, anyone?

➤ From two-time *Savuer* Blog Award winners Mike Le and Stephanie Le, the team behind *iamafoodblog*

➤ Full-color photographs of every dish

➤ Blog tour

➤ Bookseller cook-the-book program

➤ Digital and social media advertising

➤ Video

Mike Le and Stephanie Le are the creators of the two-time *Savuer* award-winning *iamafoodblog*, which currently boasts 500,000 page views each month.

The writer-photographer team have 1.7 million monthly viewers on Pinterest and 228,000 Instagram followers, and they contribute regularly to publications including *Condé Nast Traveler*, *Refinery29*, *Food52*, and *Shape*. They have been covered by *PBS*, *HuffPost*, *Serious Eats*, *The Kitchn*, *Brit + CO*, *Eater*, *BuzzFeed*, and others. They live in Vancouver, British Columbia.



THAT NOODLE LIFE

Full-color photos throughout; 272 pages; 7 1/2" x 10"

Paper over board: \$30.00/\$40.00 Can.

ISBN: 978-1-5235-0532-6

No. 100532

Ships: July

A **flow** BOOK

THE KIDS' BOOK OF STICKER LOVE

PAPER PROJECTS TO MAKE & DECORATE

Irene Smit and Astrid van der Hulst

A natural companion to *The Kids' Book of Paper Love*, with 51,000 copies in print, ***The Kids' Book of Sticker Love*** is packed with tons of creative ideas and crafty projects for kids to make with their hands, paper goodies to create and decorate, and stickers of all stripes: vinyl stickers, glow-in-the-dark stickers, holographic and metallic stickers, photo corners, alphabet stickers, and more. Put it all together, and you've got hours and hours of screen-free fun. Organized in four sections, there's stuff to Craft—like a set of origami finger puppets with animal eyes, ears, whisker, and nostril stickers or a geometric necklace to make out of colorful dot stickers and paper cutouts. There's a Write section—use colorful alphabet stickers to compose a note; record your favorite things in seasonal DIY notebooks. Next is a Play section—have fun with projects like sticker-based tangrams. And the Share section—decorate your bedroom ceiling with classic glow-in-the-dark star and constellation stickers or cut and fold tiny patterned paper gift bags and seal them with a matching sticker.

No matter the activity, the emphasis is on the doing—and finding the pleasure and value that comes with the creative process.

Foldable gift bags with sticker seals



DIY album with adhesive photo corners



Origami crown with gemstone stickers



Foldout space scene with movable stickers



Irene Smit and Astrid van der Hulst

are the creative directors of Flow magazine, the international publication that, with its unique combination of paper goodies and beautiful illustrations, celebrates creativity, imperfection, and life's little pleasures.



ALSO AVAILABLE:
See page 88.
The Kids' Book of Paper Love
ISBN: 978-1-5235-0814-3
No. 100814



• The magic of stickers, craft, and Flow® for kids, promising hours and hours of screen-free fun

• Packed with stickers, including vinyl stickers, glow-in-the-dark stickers, holographic and metallic stickers, photo corners, and more!—plus lots of paper goodies like a foldable 3D globe and die-cut house-shaped notebook

• For ages 7 and up

• Social media advertising and cross-promotion

• Advertisements in Flow magazine

• Video

• Digital advertising campaign

THE KIDS' BOOK OF STICKER LOVE

Full-color illustrations throughout; 176 pages plus stickers and special pullouts; 6 1/2" x 8 1/2"

Paper: \$19.95/\$26.95 Can.

ISBN: 978-1-5235-1299-7

No. 101299

Ships: July

5-copy counter display

\$97.75/\$134.75 Can.

ISBN: 978-1-5235-1379-6

No. 221379



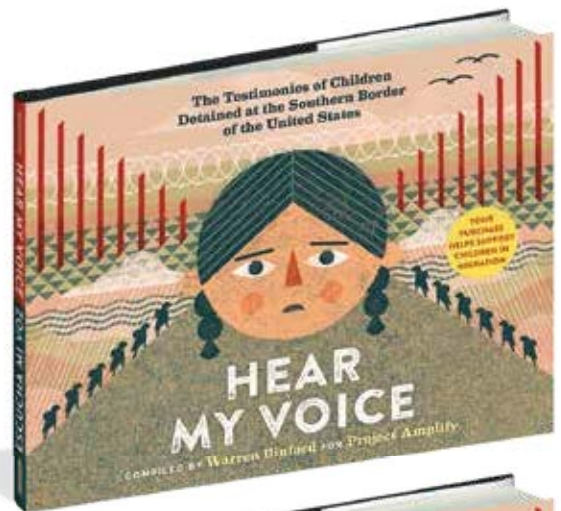
HEAR MY VOICE/ ESCUCHA MI VOZ

THE TESTIMONIES OF CHILDREN DETAINED
AT THE SOUTHERN BORDER OF THE
UNITED STATES

LOS TESTIMONIOS DE LOS JÓVENES
DETENIDOS EN LA FRONTERA SUREÑA DE
LOS ESTADOS UNIDOS

*Compiled by Warren Binford
for Project Amplify*

*Foreword by Michael Garcia Bochenek
of Human Rights Watch*



*One side of the book is in Spanish,
one side is in English*



This remarkable picture book is a collection of statements taken from children in migration who were detained at the border between the United States and Mexico. Ranging in age from 5 to 17 years old, they traveled from Honduras, Guatemala, El Salvador, Ecuador, and Mexico. Their voices tell a story that demands to be heard—one of mistreatment and neglect at the hands of the US government:

We are kept in a cage. It is very crowded. There is no room to move without stepping over the others. There's not even enough room for the baby to crawl.

I'm so hungry that I've woken up in the middle of the night with hunger.

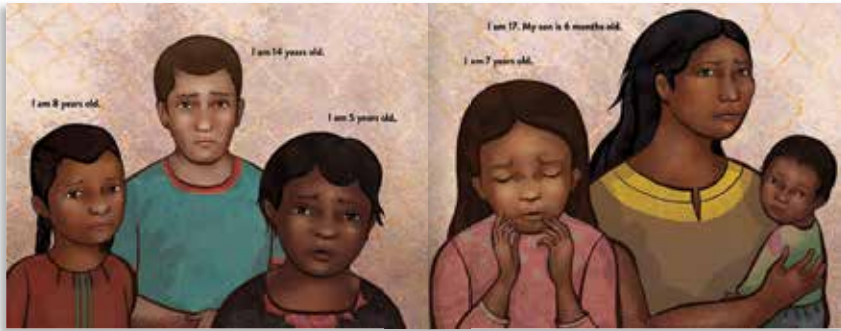
I have been here without bathing for 21 days.

When we try to complain about the conditions, they start yelling at us, saying things like, "You came here to ruin my country."

Hear My Voice is illustrated by 17 Mexican and Mexican American artists, including Caldecott Medalist and multiple Pura Belpré Illustrator Award–winner Yuyi Morales and Pura Belpré Illustrator Award–winner Raúl the Third. Each spread captures a different piece of the story: why the children fled, what it feels like to be detained, the days that all seem numbingly the same, and what the children dreamed of finding in the United States. A foreword and back matter by experts in children's rights frame the story and place it in the larger context of immigration reform, resources included.

And, uniquely, the book is two books in one—an English-language version on one side and a Spanish-language version on the other, each with its own cover. All royalties go to Project Amplify, an organization that provides legal protection to children in migration in government custody.

Yuyi Morales



Juan Palomino



Daniela Martín del Campo



Warren Binford is an internationally recognized children's rights scholar and advocate who is on the frontlines of the fight for children in migration. In June 2019, she was part of the team who alerted the public to the widespread abuse and neglect of hundreds of children being detained in a Border Patrol facility in Clint, Texas. Later that year she founded Project Amplify to provide legal support for these children and others like them in US custody. She has collaborated with numerous domestic, foreign, and international NGOs, including the International Red Cross, the International Criminal Court, the Japan Red Cross, the Croatia Red Cross, and the Dutch National Rapporteur on Human Trafficking and Sexual Violence against Children.

All royalties from the sale of *Hear My Voice/Escucha mi voz* go to **Project Amplify**. By sharing the testimonies of children in migration detained by the United States government, Project Amplify raises money to provide legal protection for these children.

Michael Garcia Bochenek is senior counsel to the Children's Rights Division of Human Rights Watch, focusing on juvenile justice and refugee children and children in migration. He has researched and reported on criminal and juvenile justice systems and prison conditions, the protection of refugees and internally displaced persons, the use of children as soldiers, and other human rights violations. He lives in New York City.

For children ages 8 and up and for families, classrooms, and anyone who wants to understand the effects of America's current immigration policies

All the words in the book are the children's own, from publicly available court documents

Two books in one: an English-language version on one side, a Spanish-language version on the other

Illustrated by 17 Mexican and Mexican American artists, including multiple Pura Belpré and Caldecott Award-winner Yuyi Morales

A book that makes a difference, with all royalties going to Project Amplify, a national nonprofit campaign working to establish legal protection for children in government custody

National media

20-city radio tour

Immigrant Heritage Month and World Refugee Month promotions

Social media advertising campaign

Trade advertising

Reader's guide

Video

**HEAR MY VOICE /
ESCUCHA MI VOZ**

Full-color illustrations throughout; 96 pages; 11" x 8 1/2"

Jacketed hardcover: \$19.95/\$26.95 Can.

ISBN: 978-1-5235-1348-2

No. 101348

Ships: March

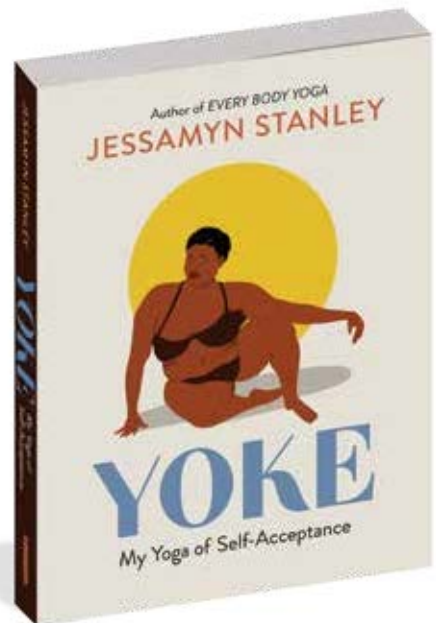
YOKE

MY YOGA OF SELF-ACCEPTANCE

Jessamyn Stanley

Jessamyn Stanley, the proudly fat, Black, queer yoga teacher and charismatic author of *Every Body Yoga*, who drops a lot more f-bombs than namastes and refuses to pray at the church of Lululemon, is back with an unconventional memoir that takes us on a personal and provocative journey into what it means to “practice yoga.”

Where *Every Body Yoga*, with 59,000 copies in print, taught us how to do yoga, *Yoke* tells us why. In *Yoke*, which draws its name from a literal translation of the Sanskrit root *yuj*, from which the word “yoga” derives, Jessamyn writes about what she calls the yoga of the everyday—a yoga that is not just about poses but about applying the hard lessons we learn on the mat to the even harder daily project of living. This yoga of the everyday is about finding within life’s toughest moments the same flexibility, strength, grounding energy, and core awareness found in a headstand or Tadasana or cobra pose. In a series of deeply honest, funny, gritty, thoughtful, and largely autobiographical essays, *Yoke* explores issues of self-love, body positivity, race, sex and sexuality, cannabis, and more, all through the lens of an authentic yoga practice. Every reader is invited to find this authentic spirit of yoga in their own lives and practice. To yoke.



➤ A deeply personal and thought-provoking memoir on the practice of yoga beyond the poses

➤ From an internationally acclaimed voice on wellness, and the charismatic author of *Every Body Yoga*, with 59,000 copies in print

➤ Funny, gritty, honest, and hard-hitting essays on race, cultural appropriation, self-love, body positivity, sex and sexuality, beauty, cannabis, and more

➤ National media

➤ 20-city author tour

➤ 40-city radio tour

➤ Digital and social media advertising campaign

➤ Goodreads promotion

➤ Winter Institute promotion

YOKE

Two color with illustrations throughout; 208 pages; 5 1/2" x 7 1/2"

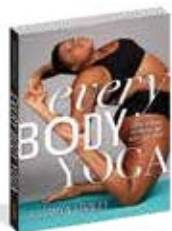
Paperback with flaps: \$15.95/\$21.95 Can.

ISBN: 978-1-5235-0521-0

No. 100521

Ships: June

Also available on Workman audio.



ALSO AVAILABLE:
See page 126.
Every Body Yoga
ISBN: 978-0-7611-9311-1
No. 19311

Jessamyn Stanley is an internationally acclaimed voice in wellness. Highly sought after for her insights on 21st-century yoga and intersectional identity as a queer Black woman, she founded her company, *The Underbelly*, a virtual yoga

studio and online shop, to help individuals tune in with themselves and live authentically. She is also a regular contributor to *SELF* magazine and is consistently featured in many media outlets, including the *New York Times*, CNN, *Good Morning America*, *Vogue*, *InStyle*, *BET*, *Cosmopolitan*, *Marie Claire*, *Allure*, *Shape*, *Out magazine*, and *Forbes*. In *Dear Jessamyn*, her biweekly cannabis-inspired advice podcast, she offers fresh perspectives on relationships and lifestyles for anyone living and loving outside the box. She lives in Durham, North Carolina.



INDESTRUCTIBLES®

- RHYME WITH ME!
- IT'S BATH TIME!

Carolina Búzio and Amy Pixton

Introducing two new titles in the phenomenally bestselling INDESTRUCTIBLES series, *Rhyme with Me!* and *It's Bath Time!*

And phenomenal is right: The little series that could, INDESTRUCTIBLES titles now total over 7.1 million copies in print and are becoming the essential books in baby's library. And no wonder. Printed on a unique, nontoxic, and amazingly resilient paperlike material, the books are built for the way babies "read"—with their mouths. And when INDESTRUCTIBLES get dirty, just rinse them off or throw them in the dishwasher—literally—and they'll be clean and ready for another round.

Rhyme with Me! is a fun way to introduce baby to rhyming and wordplay. Each page features a lively sentence highlighting a special rhyming word.

It's Bath Time! is perfect for reading right in the bathtub (yes, INDESTRUCTIBLES can hold up to that, too). Baby will delight in seeing a muddy baby elephant being sprayed down by its mom, a content infant gorilla being groomed—and a happy baby splashing around in a sudsy tub. All clean!



From *Rhyme with Me!*

From *It's Bath Time!*



FOR THE COMPLETE LISTING OF INDESTRUCTIBLES® TITLES AND FOR DISPLAY OPTIONS, see pages 68–70.

Carolina Búzio is the illustrator of two previous INDESTRUCTIBLES books, *All Year Round* and *Big and Little*. She was born and raised in Portugal, where she studied Communication Design at the Faculty of Fine Arts of the University of Porto. She now lives in Berlin, where she works as a freelance illustrator, animator, and creator of quirky characters.

Amy Pixton is a mother of triplets who created INDESTRUCTIBLES after her mother-in-law, the artist Karen Pixton, began painting murals on Tyvek construction wrap. She lives with her family in Kansas City.

• INDESTRUCTIBLES are 100% baby safe: chew proof, rip proof, nontoxic, and washable

• Each title fits into a hanging Tyvek display for maximum visibility (see page 70)

• The series has over 7.1 million copies in print and now ships over 1 million copies a year

• New concept books celebrate bath time and the fun of rhyming words

• For babies ages 0 and up

• Tremendous value at \$5.95

INDESTRUCTIBLES

Full-color illustrations throughout; 12 pages; 7" x 7"

Paper: \$5.95/\$7.95 Can. each

Ships: March

RHYME WITH ME!
ISBN: 978-1-5235-1274-4
No. 101274

IT'S BATH TIME!
ISBN: 978-1-5235-1275-1
No. 101275

PAINT BY STICKER® KIDS: OUTER SPACE

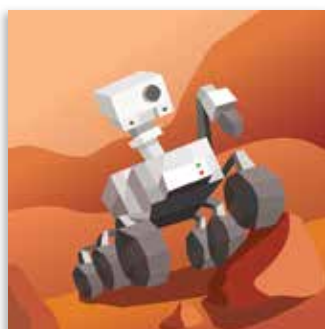
It's no wonder the Paint by Sticker Kids series has skyrocketed in sales and now has more than 3 million copies in print. What better fun, creative, screen-free, and mess-free activity is there—especially when families are spending more time at home?

Introducing the newest interstellar addition to the series: **Paint by Sticker Kids: Outer Space** goes where no Paint by Sticker book has gone before. Kids will love stickering a Mars rover, a space shuttle, an astronaut, iconic celestial bodies like Saturn, Jupiter, and the Sun, and more! Plus, the back of each image includes a fascinating scientific fact about its galactic subject.

The stickers are easy for little hands to handle. And because there's no paint involved, there's no splatter, drips, or cleanup hassles. Just peel off the stickers, place them on the corresponding numbered spaces, and watch a vibrant image emerge. And in the spirit of space exploration, some images will include awesome glow-in-the-dark stickers.



Before



After



FOR THE COMPLETE LISTING OF
PAINT BY STICKER KIDS TITLES,
see page 73.



It's the 9th title in the
Paint by Sticker Kids series

Paint by Sticker and Paint by
Sticker Kids have a total of more
than 4.8 million copies in print

Create 10 space-themed pictures
using only stickers

Includes glow-in-the-dark stickers
and facts on the back of each image

Card-stock pages are perforated
for easy removal

As families have been staying
home, sales for Paint by Sticker Kids
have exploded, with more than
3 million copies now in print

For ages 5 and up

PAINT BY STICKER KIDS: OUTER SPACE

Four color; 24 pages on perforated card
stock plus 10 sticker sheets; 9" x 9"

Paper: \$9.95/\$13.95 Can.

ISBN: 978-1-5235-1301-7

No. 101301

Ships: April

8-copy counter display
\$79.60/\$111.60 Can.
ISBN: 978-1-5235-1372-7
No. 221372



HOW MAGICIANS THINK

MISDIRECTION, DECEPTION, AND WHY MAGIC MATTERS

Joshua Jay

There's a saying: The door to magic is closed, but it's not locked. In *How Magicians Think*, professional magician and bestselling author Joshua Jay not only opens that door, he brings us inside and turns on the light, revealing the artistry and obsessiveness, the inside history, and the fascinating traditions of a subject long shrouded in mystery. But above all, he reveals the mindset behind the magic—how magicians become who they are, develop their skills, conjure their illusions, and delight the rest of us with an art form that defines itself by how well it evokes wonder.

This is not a how-to book, nor a how-do-they-do-it exposé—Jay reveals what it's like to practice an art that so many love yet so few understand, along with what it is about magic that fascinates us so much. Written as a series of short, lively essays, *How Magicians Think* describes the making of illusions, the psychology behind them, and the characters who create them. He writes about how technology influences the world of magic; the aesthetics of performance; his contemporaries, including David Copperfield, Penn & Teller, and David Blaine, through a magician's-eye view; and how magicians hone their craft (Jay spends countless hours in absolute darkness to perfect his sleights of hand). And he answers questions like: Can a magic trick be too good? How did Houdini really die? What happens if a magician reveals a secret? Do magicians ever get fooled? (Yup!) And how do you saw a person in half? (It depends . . .)

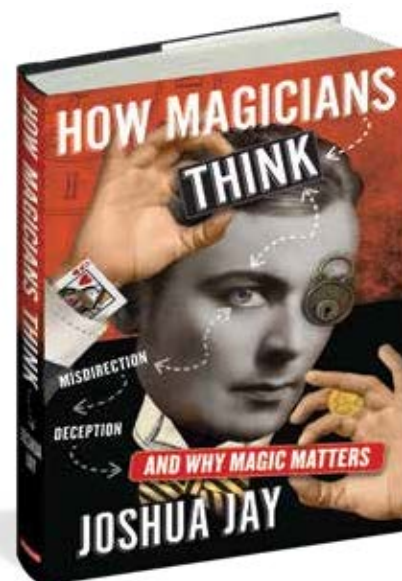
Compelling, thoughtful, and written by an insider, *How Magicians Think* is a rare excursion into a truly secret world.

FOR OTHER TITLES BY JOSHUA JAY,
see pages 58 and 78.



Photo by Felix von der Osten

Joshua Jay, bestselling author of *Magic* and other books, has performed on stages in over 100 countries, fooled Penn & Teller on their hit show, *Fool Us*, and holds a Guinness World Record in card magic. He has designed illusions for stage and screen, including a recent collaboration with HBO's *Game of Thrones*. In 2018, he was recognized by the Society of American Magicians with their highest proclamation, for his contribution to the art of magic. He lives in New York City.



➤ A professional magician reveals what's actually behind the curtain—the art, artistry, history, and tradition, and what it's like to perform

➤ By the author of *Magic*, *Big Magic for Little Hands*, and *Joshua Jay's Amazing Book of Cards*, together with 251,000 copies in print

➤ A compelling insider's look at the world of magic, from the oldest illusion to how Houdini really died to the magician's code of conduct to why to practice sleights of hand in total darkness

➤ 15-city author tour

➤ National media

➤ Digital and social media advertising campaign

➤ Trade advertising

➤ Video

HOW MAGICIANS THINK

Four color; 320 pages; 6" x 9"

Jacketed hardcover: \$24.95/\$33.95 Can.
ISBN: 978-1-5235-0743-6

No. 100743

Ships: April

Also available on Workman audio.

HOW TO GO ANYWHERE (AND NOT GET LOST)

A GUIDE TO NAVIGATION FOR YOUNG ADVENTURERS

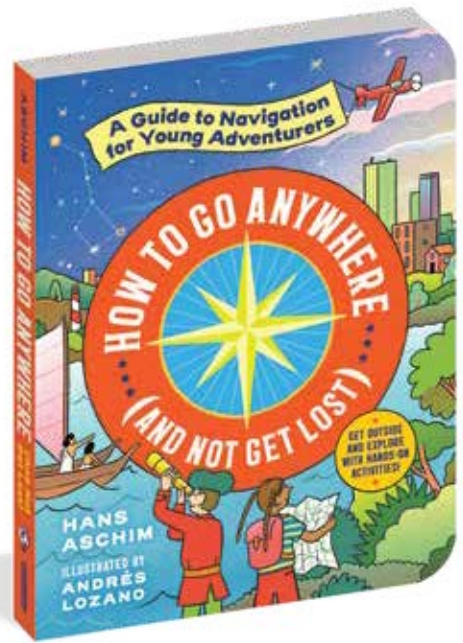
Hans Aschim

From journalist and adventurer extraordinaire Hans Aschim, here's a lively and interactive book that gets kids unplugged and out of the house—and teaches them cool navigation techniques to use while hiking, camping, or just exploring the backyard or nearby park.

With full-color illustrations and photos throughout, *How to Go Anywhere (and Not Get Lost)* combines fascinating history with fun, hands-on activities that bring critical science, geography, and astronomy concepts to life. Readers will discover navigators and the tools they developed through the ages: from the ancient Polynesians who crafted stick charts to learn swell patterns in the water and sailed precise paths through the ocean; to the Age of European Exploration navigators who used compasses and maps to reach the New World; to the modern-day pilots who wield radar and GPS to soar across continents. Kids will also learn skills like taking their bearings with a compass; finding their way with dead reckoning; and locating their own latitude and longitude. And best of all: 17 activities—making their own sextant, compass, stick chart, chip log, and more—will turn all young adventurers into young navigators. The book includes a foreword by master navigator Nainoa Thompson, president of the Polynesian Voyaging Society.



Hans Aschim is a writer and a brand consultant for the outdoor industry. He's traveled the world over writing for *Outside*, *Vice Sports*, *Esquire*, *Men's Journal*, and other publications, and he mentors kids for the sports and outdoors nonprofit *Stoked*. He lives in Brooklyn, New York.



➤ A book for kids about navigation through the ages—from ancient Polynesian wayfinding to GPS

➤ Packed with fun activities that bring science and history to life while teaching skills like map reading, dead reckoning, and triangulation

➤ Illustrated throughout in full color

➤ For ages 9–12

➤ 5-city national school tour

➤ 20-city radio tour

➤ Podcast advertising

➤ Authorless event kit

➤ School and library advertising and promotion

HOW TO GO ANYWHERE (AND NOT GET LOST)

Full-color photos and illustrations throughout;
224 pages; 6" x 8"

Paperback with rounded corners:

\$14.95/\$19.95 Can.

ISBN: 978-1-5235-0634-7

No. 100634

Ships: March

Also available on Workman audio.

A MODERN PARENTS' GUIDE TO NURSERY RHYMES

BECAUSE IT'S TWO O'CLOCK IN THE MORNING
AND YOU CAN'T REMEMBER "TWINKLE, TWINKLE,
LITTLE STAR"

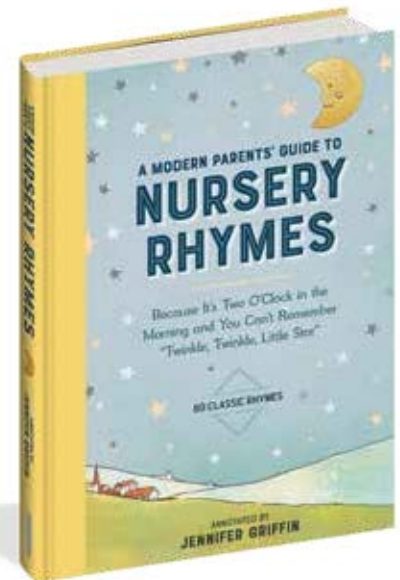
Jennifer Griffin

It's two o'clock in the morning and you're going to hum your baby back to sleep with . . . *The Simpsons* theme song? Help is here: ***A Modern Parents' Guide to Nursery Rhymes*** is the crash course for every new mom or dad.

With its hip approach, witty headnotes, smart packaging, and link to an album of downloadable music, ***A Modern Parents' Guide to Nursery Rhymes*** (previously published as *Humpty Who?*) is the ultimate curated collection of 80 classic poems, songs, lullabies, rounds, and riddles. Once upon a time, every parent knew all about "Little Jack Horner" and "Oh Mr. Sun," "Little Miss Muffet" and the "Three Blind Mice," "Mary Had a Little Lamb" and "Shoo Fly." And now you will, too. Plus, readers will learn the intricate finger ballet called "Itsy Bitsy Spider" in English and Spanish and the classic Spanish-language folk song "Des Colores." In addition, there are explanations for curious children (and grown-ups)—for example, what exactly a "tuffet" is, how to make "pease porridge," and what else on the bus goes around in addition to the wheels. Suggestions for reciting poetry of the greats—Shakespeare, William Blake, Emily Dickinson; tips on how to improvise; and the secret to an "Om" that just might abate the next munchkin meltdown.

The downloadable album is both great to play for baby and a fun way for parents to learn the music that goes along with many of the rhymes.

Jennifer Griffin is the author of *Baby Names That Stand the Test of Time*. Jennifer is a literary agent and mother of two who lives with her family in New York City.



☛ The perfect shower gift

☛ A sophisticated primer for new parents on the timeless pleasures of Mother Goose and more

☛ 80 classic rhymes, lullabies, fingerplays, and more, plus a bonus downloadable album of accompanying music

☛ Revised and updated to include Spanish-language songs and translations

☛ Illustrations throughout

☛ 20-city radio tour

☛ Social media and digital advertising campaign



A MODERN PARENTS' GUIDE TO NURSERY RHYMES

Four color with illustrations throughout; 192 pages; 5" x 7"

Paper over board: \$12.95/\$17.95 Can.

ISBN: 978-1-5235-1235-5

No. 101235

Ships: June

6-copy counter display

\$77.70/\$107.70 Can.

ISBN: 978-1-5235-1374-1

No. 221374

SISTERS

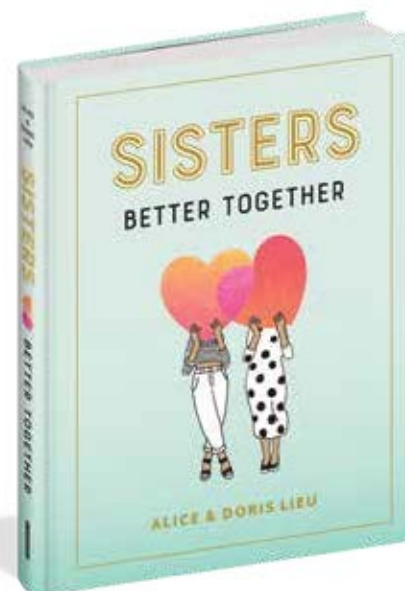
BETTER TOGETHER

Alice and Doris Lieu

No one greeting card can fully do justice to the fierce, authentic, often quirky, and—no matter what—complex bond that forms between sisters. Enter **Sisters**, the perfect tribute one sister can give another to say how much she appreciates her.

The authors, Alice and Doris Lieu, are sisters themselves. They are also co-owners of the delightfully cheeky stationery company ILOOTPAPERIE—and **Sisters** brings all of the bright, bold artwork, funny, engaging text, and attitude of their paper products to the idea of sisterhood. They come at it from all directions: Famous sisters, including Linda and Loretta Sanchez, the only sisters to serve in Congress together.

Words to live by: *A sister is . . . someone who helps you put sunblock in the hard-to-reach spots and tells you when you've got white streaks all over your face.* Plus fill-in greeting card prompts, Things Only a Sister Knows, and more. As poet Christina Rossetti said, "There is no friend like a sister in calm or stormy weather."



☛ The perfect gift of humor, camaraderie, and love for one sister to give to another

☛ Bold illustrations, warm, engaging humor, and all the different ways sisters can celebrate the essential truth—we are better together

☛ From the sister-and-sister team that owns and runs ILOOTPAPERIE, whose products can be found in Urban Outfitters, Paper Source, and hundreds of independent retailers around the country

☛ Perfect for birthdays, holidays, National Sisters Day, National Siblings Day—or no occasion at all, except to say “thinking of you”

☛ Digital and social media advertising campaign

SISTERS

Full-color illustrations throughout; 112 pages; 5 1/2" x 7 1/2"

Paper over board: \$12.95/\$17.95 Can.

ISBN: 978-1-5235-1123-5

No. 101123

Ships: June

8-copy counter display
\$103.60/\$143.60 Can.
ISBN: 978-1-5235-1377-2
No. 221377



Alice and Doris Lieu are the founders of ILOOTPAPERIE, a stationery company inspired by a love of paper goods, funny drawings, and a keen appreciation for puns. Their products can be found in Urban Outfitters, Paper Source, and more than 200 independent retailers across the country. With their pup Sparky in tow, Alice and Doris live and work in their home studio in Pasadena, California.

TOTAL OLYMPICS

EVERY OBSCURE, HILARIOUS, DRAMATIC,
AND INSPIRING TALE WORTH KNOWING

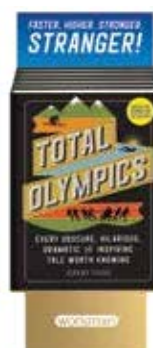
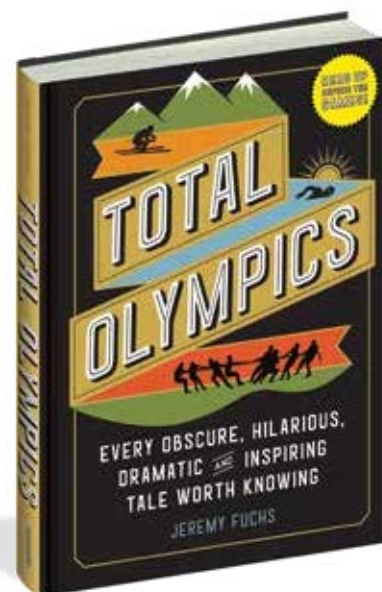
Jeremy Fuchs

Motto of the modern Olympics: Faster, Higher, Stronger. But now add *Stranger!* Stranger, as in the 1908 Olympic marathon, which featured Sir Arthur Conan Doyle, a 22-year-old pastry chef, and Champagne (yes, it was the runners' drink of choice). Or the 1948 "austerity games" in London—teams had to bring their own food, and female athletes sewed their own uniforms. Or imagine rooting for these one-time Olympic sports: tug of war, firefighting, rope climb, live pigeon shooting, and—wait for it—painting. (Picasso for the gold!)

Compulsively readable, highly entertaining, trivia- and curiosity-packed, *Total Olympics* is a glorious, photo-filled tapestry of legendary characters, forgotten records, crazy accomplishments, unbelievable feats, wacky contests, controversial moments, and more. As author Jeremy Fuchs writes, each Olympics is a mishmash of thousands of little stories during a glorious two-week adventure; multiply those thousand stories by 51 Olympic Games over 122 years, and voilà—a collection of sports yarns unlike any other. Like the story of the "missing marathoner" whose official time was 54 years, 8 months, 6 days, 5 hours, 32 minutes, and 20.3 seconds. Or the rower who had to make way for ducklings—literally—yet still managed to win the gold. Or the gymnast who brought his team to victory while fighting through the pain of a *broken knee*.

It's pure pleasure for the sports fan.

Jeremy Fuchs is a writer, reporter, and editor who has written numerous features and profiles for *Sports Illustrated* and other publications. He is also coauthor of *The Greatest Football Teams of All Time*, published by *Sports Illustrated Kids*. He lives in Hoboken, New Jersey.



➤ **A compulsively readable compendium of the Olympics' rich, and often unsung, history**

➤ **In time for the 2021 Summer Olympics in Tokyo, and a perfect gift for sports lovers, dads, grads, and everyone excited about the Games**

➤ **Legendary athletes, forgotten records, crazy accomplishments, unbelievable feats, controversial moments, and more**

➤ **Full-color photos throughout**

➤ **40-city radio tour**

➤ **Digital and social media advertising**

➤ **Video**

➤ **Library advertising and promotion**

TOTAL OLYMPICS

Full-color photos throughout; 336 pages; 6" x 8"

Paper over board: \$22.95/\$29.95 Can.

ISBN: 978-1-5235-0838-9

No. 100838

Ships: April

Also available on Workman audio.

6-copy counter display

\$137.70/\$179.70 Can.

ISBN: 978-1-5235-1079-5

No. 221079

THE LITTLE BOOK OF ZEN

SAYINGS, PARABLES, MEDITATIONS & HAIKU

David Schiller

Updated, revised, with a new cover, new trim size, and illustrations throughout, the national bestseller *The Little Zen Companion*, with 516,000 copies in print, is repackaged for a new generation of seekers as ***The Little Book of Zen***. A perfect gift and book of discovery, it celebrates ideas drawn from Zen Buddhism that have tremendous currency today: mindfulness, meditation, compassion, paying attention to the here and now, and finding a deeper meaning in life.

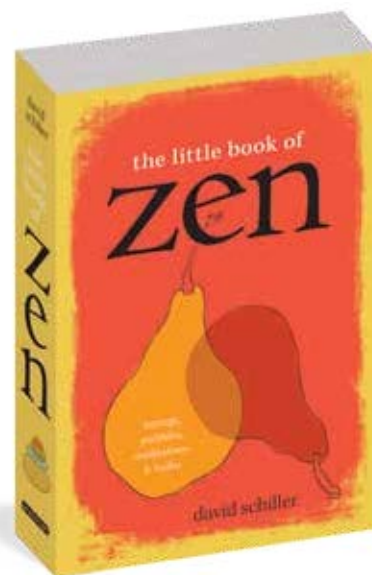
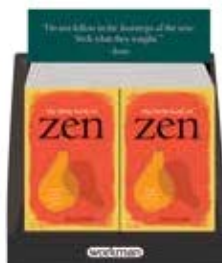
While it seeks neither to define Zen nor to answer its most famous koan (“What is the sound of one hand clapping?”), ***The Little Book of Zen*** points to a calming way of looking at the world. Each page features a quote, phrase, story, koan, haiku, or poem, interspersed with essays on the Buddha, Zen arts, significant masters, and more. The feeling is that of a meditation book with 2,500 years of wisdom—from Lao-tzu to Lily Tomlin. It’s a celebration of intuition: “If a man wishes to be sure of the road he treads on, he must close his eyes and walk in the dark.”—St. John of the Cross. Individuality: “Do not seek to follow in the footsteps of the men of old; seek what they sought.”—Basho. And self-discovery: “We already have everything we need.”—Pema Chödrön.

New material is taken from contemporary spiritual leaders, writers, meditation teachers, and others, with an emphasis on the practice of mindfulness—using the heart rather than the head. Pen-and-ink illustrations from the author bring an additional layer of feeling and beauty.



ALSO AVAILABLE:
See page 85.
The Little Book of Prayers
ISBN: 978-0-7611-7758-6
No. 17758

David Schiller is an author of eclectic interests whose books include *Guitar*, *The Little Book of Prayers*, and *See Your Way to Mindfulness*, among others. His books and calendars published by Workman have over 2 million copies in print. He lives in New York City.



➤ A revised and repackaged edition of the national bestselling *The Little Zen Companion*, with 516,000 copies in print

➤ Zen is the original mindfulness; its tenets of meditation, compassion, living in the moment, and finding a deeper purpose in life are more popular and needed than ever

➤ A wide-ranging compilation of Eastern and Western sayings, koans, poetry, meditations, and more

➤ Updated to include contemporary spiritual leaders, writers, meditation teachers, and others

➤ By the author of the *Zen* calendar, with 1.1 million copies sold

➤ Illustrated throughout with the author’s ink drawings

➤ Social media campaign

THE LITTLE BOOK OF ZEN

Two color with illustrations throughout; 400 pages; 4" x 6"

Paper: \$10.95/\$14.95 Can.

ISBN: 978-1-5235-1245-4

No. 101245

Ships: July

8-copy counter display

\$87.60/\$119.60 Can.

ISBN: 978-1-5235-1367-3

No. 221367

GOOD NIGHT, SPENCER

A SPENCER BEDTIME BOOK

SPENCER LOVES YOU

A SPENCER LOVE BOOK

Michelle Romo

Meet Spencer, a sweet little kitten who's debuting in two board books that are shaped just like him! These die-cut books have bright, bold illustrations, simple text, and vocabulary labeled on each spread to help toddlers with language acquisition and reinforcement.

In *Good Night, Spencer*, we follow along as Spencer gets ready for bed after an activity-packed day. He picks out his pajamas, splashes around in the bathtub until he's squeaky clean, and chooses a bedtime story. His busy day ends with a hug and a kiss good night.

In *Spencer Loves You*, Spencer spends time with his family enjoying their favorite hobbies. Kids will love reading along as Spencer reads books with Mommy, bakes with Daddy, dances with his sister, plays with his brother, and more.

With Spencer, young readers will feel like they have a new friend.



From *Good Night, Spencer*



From *Spencer Loves You*

Two brand-new die-cut board books featuring an adorable kitten named Spencer and his family

Bright, appealing illustrations by Michelle Romo and simple text to reinforce learning new vocabulary

Good Night, Spencer is a classic bedtime book

Spencer Loves You celebrates family

For ages 0–4

Digital and social media advertising campaign

Trade advertising

Video

SPENCER BOARD BOOKS

Full-color illustrations throughout; 18 pages; 5" x 7 1/2"

Die-cut board books: \$6.95/\$9.95 Can. each
Ships: June

GOOD NIGHT, SPENCER
ISBN: 978-1-5235-1006-1
No. 101006

SPENCER LOVES YOU
ISBN: 978-1-5235-1007-8
No. 101007

8-copy mixed counter display
\$55.60/\$79.60 Can.
ISBN: 978-1-5235-1375-8
No. 221375



Michelle Romo is an illustrator and product designer who has designed under the name Crowded Teeth for the past fifteen years. Crowded Teeth has had ongoing success in children's products with Crate&Kids, Petit Monkey, and FAO Schwarz. Michelle lives in Chicago, Illinois.



DIRECTIONS

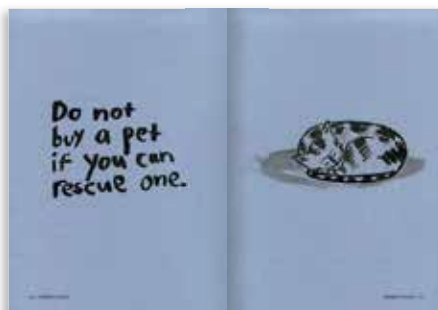
REALLY GOOD ADVICE FOR GETTING FROM HERE TO THERE

Hallie Bateman

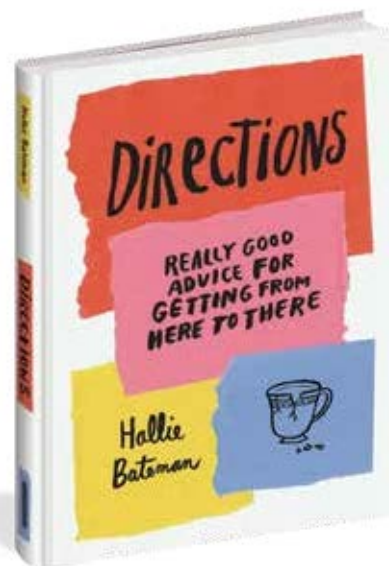
Sometimes we all need a little direction in life, whether it's to see a problem from a new perspective, confirm a gut feeling, or just remember that, yes, we're all in this together. Communal wisdom, truth, experience, and humor—like the advice found on every page of **Directions**—can get you through a lot.

Like an Instagram philosopher, Hallie Bateman has been sharing directions with her 85,000 followers on how to live; here, she has collected the thoughts that have most resonated with her audience and added 65 percent all-new entries. Hand-lettered by the author on scraps of colorful paper and with the author's humorous illustrations throughout, **Directions** is a book of inspiration and clarity and a perfect antidote to our often confusing and challenging times. On each page is an observation, an aha moment, or a well-worded reminder.

The brightly colored spreads have a modern look and feel that will appeal to readers of all ages. An index playfully lists the directions by theme—for example, “Directions for Being Exactly Who You Are” or “Directions for Dealin’ with Your Feelin’s”—though most readers will dip in and out of the book as they would a daily horoscope, fortune cookie, or Magic 8 Ball: *What direction do I need today?*



Hallie Bateman is an illust-writer based in Los Angeles, California. She is the author of *Brave New Work* and coauthor of *What to Do When I'm Gone*.



Because we could all use a little help getting through life—especially now

Adapted and expanded from the author's popular Instagram, with 85,000 followers

On every colorful page, a hand-lettered and often illustrated bit of essential wisdom or truth for living well, brimming with optimism and a touch of humor

An uplifting gift for anyone, including yourself

Video

Digital advertising campaign

DIRECTIONS

Full-color illustrations throughout; 128 pages; 5" x 7"

Paper over board:

\$12.95/\$17.95 Can.

ISBN: 978-1-5235-1005-4

No. 101005

Ships: March

6-copy counter display

\$77.70/\$107.70 Can.

ISBN: 978-1-5235-1365-9

No. 221365



YOU DON'T HAVE TO BE EVERYTHING

POEMS FOR GIRLS BECOMING THEMSELVES

Edited by Diana Whitney

*Some days
I am more wolf
than woman
and I am still learning
how to stop apologizing
for my wild.*

What a gift poetry has—like these six lines by Nikita Gill—to say what we feel in a way that seems universally true yet deeply personal.

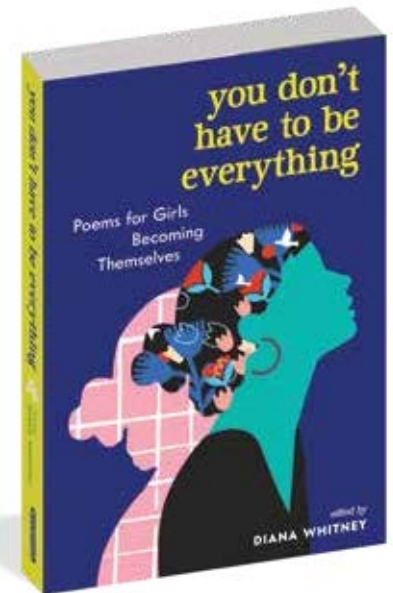
Created and compiled for young women by Diana Whitney, former longtime poetry columnist for the *San Francisco Chronicle*, ***You Don't Have to Be Everything*** is filled with work by a wide range of female poets who are honest, unafraid, and so wonderfully skillful at addressing the complex feelings of coming-of-age—loneliness, longing, doubt, fear, sadness, anger, a need for approval, and an attitude that pretends none of it matters. But also joy, hope, celebration, solace, and all the good things poetry brings, including humor. The cast of 68 poets is extraordinary: bestselling authors like Maya Angelou, Elizabeth Acevedo, Sharon Olds, Joy Harjo, Lucille Clifton, Naomi Shihab Nye, and Mary Oliver; our new National Youth Poet Laureate, Amanda Gorman; Instagram-famous poets including Kate Baer, Melody Lee, and Andrea Gibson; poets who are LGBTQ, poets of diverse racial and cultural backgrounds, poets who sing of the body that breaks free of conventional ideas of beauty.

Illustrated in full color with the work of three female artists, ***You Don't Have to Be Everything*** is a perfect gift for daughters, granddaughters, or any young woman in your life.



© Jeff Woodward

Diana Whitney writes across genres with a focus on feminism, motherhood, and sexuality. Her first book, *Wanting It*, became an indie bestseller in poetry. Her essays have appeared in the *New York Times*, *Glamour*, the *Washington Post*, and other publications. She is also a senior contributing editor at *HealthyWomen.org*. She lives in Brattleboro, Vermont, and online at diana-whitney.com.



➤ A vibrant poetry anthology that speaks directly to the hearts and minds of girls and young women

➤ A diverse collection of poets from Maya Angelou, Elizabeth Acevedo, and Mary Oliver to Instagram sensations including Kate Baer and Melody Lee

➤ Contemporary poetry has never been more popular with young readers, as poet Rupi Kaur has shown with sales of her books topping 7 million copies

➤ Full-color illustrations throughout by three female artists

➤ For ages 12 and up

➤ National Poetry Month promotion

➤ Social media and digital advertising

YOU DON'T HAVE TO BE EVERYTHING

Full-color illustrations throughout;
176 pages; 5 1/2" x 8 1/4"

Paperback with flaps:
\$14.95/\$19.95 Can.
ISBN: 978-1-5235-1099-3
No. 101099
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BABY NAMES THAT STAND THE TEST OF TIME

A MODERN PARENTS' GUIDE TO NAMES WITH CHARACTER AND MEANING

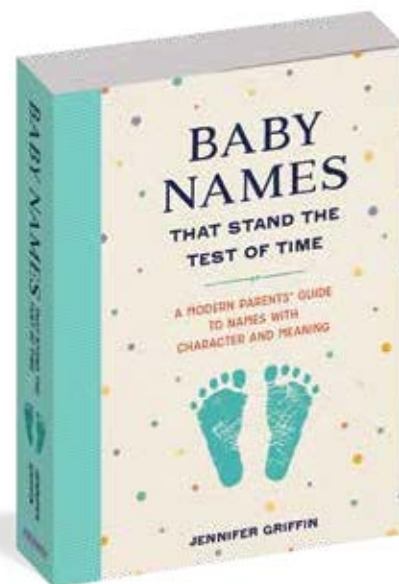
Jennifer Griffin

There are tens of thousands of baby names—and books that dutifully list them. And then there is *Baby Names That Stand the Test of Time*—a curated, considered, and occasionally opinionated guide for expectant moms and dads.

This is the book for parents who know they are naming not just a cuddly newborn, but a person. For life. A person who would be proud to be called **Imani**, an Arabic name meaning “faith”; **Raul**, the Spanish version of Ralph; or **Beatrice**, an old-fashioned beauty with roots in both Dante and Shakespeare. There’s a strong case for each name selected, plus the name’s definition, its use in history, its connotations and subtleties, and its “meaning” in the fuller, cultural sense of the word. Included are variations, nicknames, and alternative names that have the same flavor but may sound better with a particular last name or family background. There’s also a guide to the basic rules of baby-naming: scansion—the sounds, syllables, and rhythm of a name, and how it goes with a last name; cultural traditions; and recent trends.



Jennifer Griffin is the author of *A Modern Parents' Guide to Nursery Rhymes*. She is also a literary agent and mother of two. As a Jennifer—the most common name of her generation—she has been obsessed with names her whole life. She and her family live in New York City.



➤ Baby names curated to stand the test of time

➤ Formerly published as *1,107 Baby Names*, now revised, updated, and repackaged as the perfect gift for modern parents

➤ Not just names and meaning, but a complete baby-naming primer, covering scansion (how the name sounds and its rhythm), tradition, trends, nicknames, and more

➤ For the 4 million-plus new parents every year and all those friends and relatives looking for the perfect shower gift

➤ 20-city radio tour

➤ Social media and digital advertising campaign

BABY NAMES THAT STAND THE TEST OF TIME

Two color; 432 pages; 5" x 7"

Paperback with flaps: \$12.95/\$17.95 Can.

ISBN: 978-1-5235-1234-8

No. 101234

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No. 221394

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SO. MANY. FEELINGS STICKERS.

2,600 STICKERS FOR EVERY MOOD

Pipsticks® + Workman®

If there's one thing that's certain in these extraordinarily uncertain times, it's that we are feeling all the feels—happy, sad, anxious, loving, angry, worried, and more, sometimes all in an afternoon. Now you can express every single one—

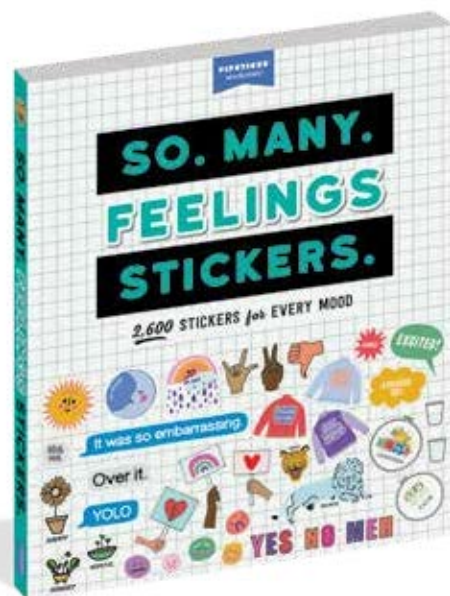
with stickers!

Created especially for sticker lovers, planner devotees, stationery users, crafters, and journalers, as well as mental health advocates and anyone who's practicing self-care or in therapy, **So. Many. Feelings Stickers.** is a collection of 2,600 colorful and very clever stickers to mark every feeling and mood. In the same way that we use the ubiquitous emoji to punctuate our digital communication, these stickers will help users express how they're feeling at a particular moment in time, in a fun, creative, indirect, yet instantly knowable way.



FOR MORE PIPSTICKS+WORKMAN
TITLES, see page 92.

Pipsticks+Workman is the collaboration of Pipsticks, a subscription sticker club, and Workman Publishing. Made up of a bicoastal team of innovative creatives, the brand is dedicated to spreading the sticker love through books, planners, stationery, and more!



Express yourself—with stickers!

So. Many. Stickers. and **So. Many. Planner Stickers.** have a combined 110,000 copies in print since publication in Summer 2019

2,600 bright, colorful, clever stickers that express a panoply of emotions—joy, anger, sadness, affection, worry, and more

For sticker lovers, planner devotees, crafters, and journalers, as well as mental health advocates and anyone who's practicing self-care or is in therapy

Social media and digital advertising campaign

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SO. MANY. FEELINGS STICKERS.

Full color throughout; 50 sticker sheets; 6" x 7 1/4"

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ISBN: 978-1-5235-1371-0

No. 221371

HOW DREAMS SPEAK

AN INTERACTIVE JOURNEY INTO YOUR UNCONSCIOUS

Nicole Chilton

We've all woken up with a start and thought, "What *was* that? What's the deal with that rooster? And why do I feel like I've seen this all before?" We find dreams (at least our own!) endlessly interesting, but what do they actually say about us?

How Dreams Speak is a book to help untangle it all. Based on the belief that dreams are metaphorical messages from our unconscious minds, speaking to us to help unlock mysteries within, **How Dreams Speak** is an illustrated guide to our inner selves through the vehicle of our nightly adventures. At the book's heart are more than 150 dream symbols and themes richly illustrated in watercolor and fully explained to help readers interpret their dreams. A dream symbol can be an object—a *doll*, for example, which might mean your inner child needs to come out and play. An event—like the classic *flying*, which can mean it's time to concentrate on achieving your waking dreams or goals. Or a color, a feeling (*running late*), a concept (*invisibility*). Prompts accompanying each symbol help the reader explore what their unconscious is saying—what a symbol truly means depends on both the dream and the dreamer.

Author and artist Nicole Chilton brings us the science behind dreaming, including the fact that everyone dreams (those who think they don't are just not remembering), the history and philosophy of dream interpretation, the different types of dreams we have, and tips on keeping a dream journal.



☛ A beautifully illustrated guide to dream interpretation

☛ Over 150 common dream symbols are illustrated in watercolor and artfully explained

☛ Dream interpretation is a growing trend in the burgeoning New Age/self-care category that includes astrology, crystals, tarot, and more

☛ Includes tips on how to remember dreams and how to start and keep a dream journal

HOW DREAMS SPEAK

Full-color illustrations throughout; 256 pages; 6" x 8"

Paper: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1144-0

No. 101144

Ships: June

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\$89.70/\$119.70 Can.

ISBN: 978-1-5235-1378-9

No. 221378



Nicole Chilton is a multimedia artist and writer who relies on the power of dreams to inspire creativity. She lives in Springfield, Missouri, where she teaches art journaling workshops and works for a regional arts nonprofit. Her husband and two children inspired her to begin illustrating her nightly dreams because they were tired of hearing about them.

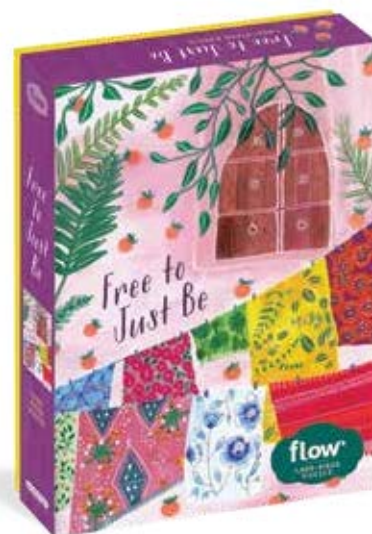
FLOW PUZZLES

DARE TO DREAM

*Illustrated by
Sarah Walsh*

FREE TO JUST BE

*Illustrated by
Roeqiya Fris*



Jigsaw puzzles slow us down, draw us in, hold our attention, and still the noise around us. Now, to rise to the occasion, here are two new puzzles from *Flow*®.

Dare to Dream, from American artist Sarah Walsh, is a playful tribute to the power of the imagination to take us anywhere and everywhere. What is real, beyond the woman and the book? Vibrant, lush, oasis-like, and yet startling—a blue and white zebra, standing right there and staring—it invites us, in the artist's words, into a place that we shape in our minds: "That which we lack takes the form of visions, so it becomes a bit of a reality. Nothing wrong with that, right? We are free in our heads." To dare to dream.

In **Free to Just Be**, Dutch-Egyptian artist Roeqiya Fris evokes the Cairo streets of her childhood, where the women would sing while hanging up the laundry in the morning. A work that verges on the abstract, with its patterned fabrics and pink-washed stucco walls, the puzzle invites us piece by piece to feel the breeze and sun of those mornings, to delight in the casual splashes of color, and to sense a city teeming with life.



1,000 pieces. Finished puzzle size 26 3/8" x 18 7/8".



1,000 pieces. Finished puzzle size 18 7/8" x 26 3/8".

FOR FLOW STATIONERY,
see pages 89-91.

Flow is an international brand that celebrates creativity, mindfulness, and the pleasures of paper through magazines, books, and stationery.

Workman Puzzles merge great design with carefully chosen subjects, and are satisfying to complete.

Two new 1,000-piece jigsaw puzzles from the creative directors of *Flow*

Following the success of the *All Good Things Are Wild & Free* puzzle, which sold out its initial printing, and joining *Home Sweet Home* and *Let the Sun Shine In*, for a growing brand of puzzles

Includes a full-color mini-poster for reference

The *Flow* brand just keeps growing, with bestselling books including *A Book That Takes Its Time* (with 205,000 copies in print), plus calendars, stationery products, and puzzles

DARE TO DREAM

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9 3/8" x 6 3/4" poster. Puzzle size 26 3/8" x 18 7/8"; box size 10 3/4" x 7 5/8" x 2 1/8"

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1381-9

No. 101381

Ships: March

FREE TO JUST BE

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6 3/4" x 9 3/8" poster. Puzzle size 18 7/8" x 26 3/8"; box size 7 5/8" x 10 3/4" x 2 1/8"

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1383-3

No. 101383

Ships: March

FLOW PUZZLES

HOME SWEET HOME

Illustrated by

Lotte Dirks

LET THE SUN SHINE IN

Illustrated by

Anisa Makhoul

What could be a more mindful activity than slowing down, getting lost in a beautiful work of art, and slowly, surely, piecing it back together? Or to put it another way—jigsaw puzzles are the new coloring books.

Here, following the immediate success of *All Good Things Are Wild & Free*, the first Flow-Workman jigsaw puzzle collaboration, which instantly sold out of its first printing, are two new 1,000-piece puzzles from Flow® artists.

Home Sweet Home features an exclusive illustration from Dutch artist Lotte Dirks, and it is filled with her love for everything that grows and flourishes. Piece this puzzle together, and find your imagination drifting down a winding country lane to a special place where you can kick off your shoes and just be yourself.

Let the Sun Shine In celebrates the simple uplifting art of the everyday: an empty olive oil tin filled with a handful of bright flowers in bloom. Featuring an exclusive gouache illustration from American artist Anisa Makhoul, this puzzle will leave you relaxed, satisfied, and in a calm state of mind once you have placed the final piece.



1,000 pieces. Finished puzzle size 26 $\frac{1}{4}$ " x 18 $\frac{3}{8}$ ".



1,000 pieces. Finished puzzle size 18 $\frac{7}{8}$ " x 26 $\frac{3}{8}$ ".

Flow is an international brand that celebrates creativity, mindfulness, and the pleasures of paper through magazines, books, and stationery.

Workman Puzzles merge great design with carefully chosen subjects, and are satisfying to complete.

HOME SWEET HOME

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9 $\frac{3}{8}$ " x 6 $\frac{3}{4}$ " poster. Puzzle size 26 $\frac{3}{8}$ " x 18 $\frac{7}{8}$ "; box size 10 $\frac{3}{4}$ " x 7 $\frac{5}{8}$ " x 2 $\frac{1}{8}$ "

Boxed puzzle with poster: \$19.95/\$24.95 Can.

ISBN: 978-1-5235-1316-1

No. 101316

LET THE SUN SHINE IN

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6 $\frac{3}{4}$ " x 9 $\frac{3}{8}$ " poster. Puzzle size 18 $\frac{7}{8}$ " x 26 $\frac{3}{8}$ "; box size 7 $\frac{5}{8}$ " x 10 $\frac{3}{4}$ " x 2 $\frac{1}{8}$ "

Boxed puzzle with poster: \$19.95/\$24.95 Can.

ISBN: 978-1-5235-1317-8

No. 101317



ALSO AVAILABLE:
All Good Things Are Wild & Free
Illustrated by
Valesca van Waveren
see page 90.

BORIS VALLEJO: FEARLESS RIDER 1,000-PIECE PUZZLE

Illustrated by Boris Vallejo

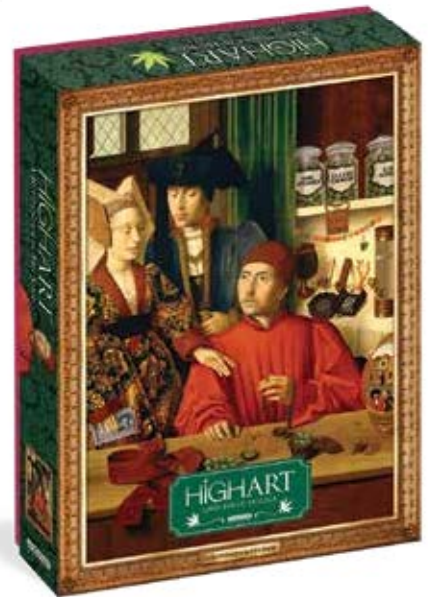
HIGH ART: A BUDTENDER IN HIS SHOP 1,000-PIECE PUZZLE

Inspired by Petrus Christus

Bringing the same high standards and a fresh sensibility that define the Workman calendar program—the top-selling in the business—*Workman Puzzles* aim for something more special. A lot more.

In ***Fearless Rider***, Boris Vallejo, America's premier fantasy artist, begins with an old master's understanding of human anatomy and ends somewhere beyond the reaches of time and space. The vision is pure audacity: a warrior astride her three-headed dragon, curved blade at the ready. Follow her, piece by piece, and find yourself in a world transformed.

High Art: A Budtender in His Shop reimagines a priceless masterpiece as if the artist and his subjects loved their weed. This parody recasts *A Goldsmith in His Shop* as a dispensary, while staying faithful to the luminous attention to detail typical of Northern Renaissance painting. Dive right in, and enjoy the highly focused pleasures that a jigsaw puzzle offers, no matter your state of mind.



1,000 pieces. Finished puzzle size 26 $\frac{3}{8}$ " x 18 $\frac{7}{8}$ ".



1,000 pieces. Finished puzzle size 18 $\frac{7}{8}$ " x 26 $\frac{3}{8}$ ".

Boris Vallejo is the coauthor, with his partner Julie Bell, of Boris Vallejo & Julie Bell's Fantasy Calendar, and his work has appeared on the covers of innumerable fantasy and science fiction book jackets, as well as on movie posters.

Petrus Christus was an artist active in the Netherlands in the 15th century. Any relationship he might have had with cannabis is unknown.

Workman Puzzles merge great design with carefully chosen subjects, and are satisfying to complete.

BORIS VALLEJO: FEARLESS RIDER

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9 $\frac{3}{8}$ " x 6 $\frac{3}{4}$ " poster. Puzzle size 26 $\frac{3}{8}$ " x 18 $\frac{7}{8}$ "; box size 10 $\frac{3}{4}$ " x 7 $\frac{5}{8}$ " x 2 $\frac{1}{8}$ "

Boxed puzzle with poster: \$19.95/\$24.95 Can.

ISBN: 978-1-5235-1321-5

No. 101321

HIGH ART: A BUDTENDER IN HIS SHOP

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6 $\frac{3}{4}$ " x 9 $\frac{3}{8}$ " poster. Puzzle size 18 $\frac{7}{8}$ " x 26 $\frac{3}{8}$ "; box size 7 $\frac{5}{8}$ " x 10 $\frac{3}{4}$ " x 2 $\frac{1}{8}$ "

Boxed puzzle with poster: \$19.95/\$24.95 Can.

ISBN: 978-1-5235-1318-5

No. 101318

THE 10 GREATEST CONSPIRACIES OF ALL TIME

DECODING HISTORY'S UNSOLVED MYSTERIES

Brad Meltzer with Keith Ferrell

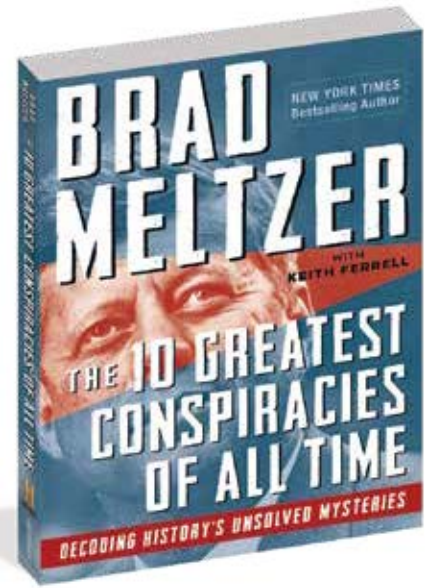
Now for a new audience that seems ever more interested in conspiracies, a new paperback edition of *History Decoded* (150,000 copies in print), retitled ***The 10 Greatest Conspiracies of All Time***.

And what an irresistible combination: the #1 *New York Times* bestselling author Brad Meltzer recounting the world's most intriguing conspiracies, from Leonardo da Vinci's stolen prophecy to the Kennedy assassination. Adapted from the author's former hit show on the History Channel, the book explores those fascinating, unexplained questions that nag at history buffs and conspiracy lovers: Why was Hitler so intent on capturing the Roman "Spear of Destiny"? Where did all the Confederacy's gold go? What is the government hiding in Area 51? And did Lee Harvey Oswald really act alone?

Meltzer recounts each story, sifts through the evidence, weighs competing theories, separates what we know to be true with what's still—and perhaps forever—unproven or unprovable, and in the end, *decodes* the mystery. Along the way we meet Freemasons, Rosicrucians, Nazi propagandists, and the real DB Cooper, perpetrator of the only unsolved skyjacking in American history. Richly illustrated in full color, it is a riveting journey through history's greatest true mysteries.



Brad Meltzer is the #1 *New York Times* bestselling author of *The Escape Artist* and eleven other bestselling thrillers. His books include *The First Conspiracy*, about a secret plot to kill George Washington—and the *Ordinary People Change the World* kids' book series. His newest nonfiction book is *The Lincoln Conspiracy: The Secret Plot to Kill America's 16th President—and Why It Failed*. See more at BradMeltzer.com.



One of America's bestselling storytellers examines ten of history's unsolved mysteries

Previously published as *History Decoded*, with over 150,000 copies in print—and now repackaged as a paperback

The Kennedy Assassination, Area 51, the missing White House cornerstone, the real Da Vinci code—ten of history's greatest conspiracies, decoded

Full-color illustrations throughout

National media

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Video

THE 10 GREATEST CONSPIRACIES OF ALL TIME

Full-color illustrations/photos of ephemera and original documents throughout; 224 pages; 6" x 8"

Paper: \$15.95/\$21.95 Can.

ISBN: 978-1-5235-1236-2

No. 101236

BE A VOTER!

450 STICKERS FOR DEMOCRACY

Illustrations by Laci Jordan, Anne Passchier, Salini Perera, Justin Shiels, and Carolyn Suzuki

It's a sticker book with a mission: Get out the vote!

Inspired by the stickers that polling places around the world give to voters once they cast a ballot, **Be a Voter!** offers 450 stickers that celebrate democracy, equality, and the precious right to vote. Use them to proclaim your own pride in the act of voting and to help spread the word to friends and family—even strangers you might meet in a get-out-the-vote campaign—and encourage them to cast their ballots and have their voices heard.

Created by five socially conscious illustrators, the stickers are colorful, bold, inspiring, and joyful—each a little moment that underscores the true power of the American people.



Justin Shiels



Anne Passchier



Salini Perera

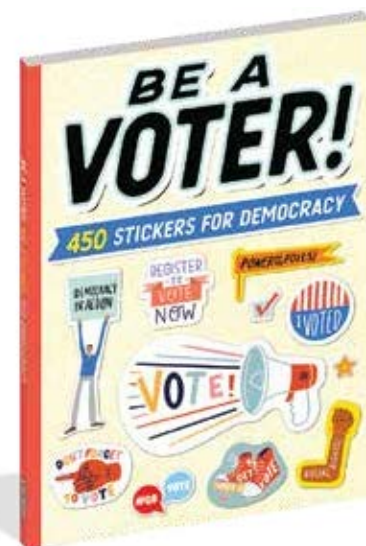
Laci Jordan is a multidisciplinary designer, illustrator, and creative director in Los Angeles whose art has been commissioned by Disney, Nike, Planned Parenthood, Refinery 29, REI, Sweetgreen, Ulta Beauty, United Airlines, and many other brands.

Anne Passchier is a nonbinary illustrator and surface designer from the Netherlands, currently working in the US.

Salini Perera is a freelance illustrator based in Toronto, Canada, living her dream of drawing art for picture books.

Justin Shiels is an illustrator, writer, and creative director at a digital agency in Austin, Texas.

Carolyn Suzuki is a Los Angeles-based illustrator whose art has been used by organizations such as the ACLU, Planned Parenthood, RAICES, and the Allstate Foundation Purple Purse.



➤ **A sticker book with a timely message: Get out the vote!**

➤ **450 stickers that celebrate democracy and voting**

➤ **By five illustrators who share a passion for voting rights and performing our civic duty**

➤ **For crafters, letter writers, notebook decorators, activists, postcard writers, and anyone excited to vote or involved in getting out the vote**

BE A VOTER!

Full-color sticker book; 25 sheets, 450 stickers; 5" x 7"

Paper: \$9.95/\$12.95 Can.

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\$79.60/\$103.60 Can.

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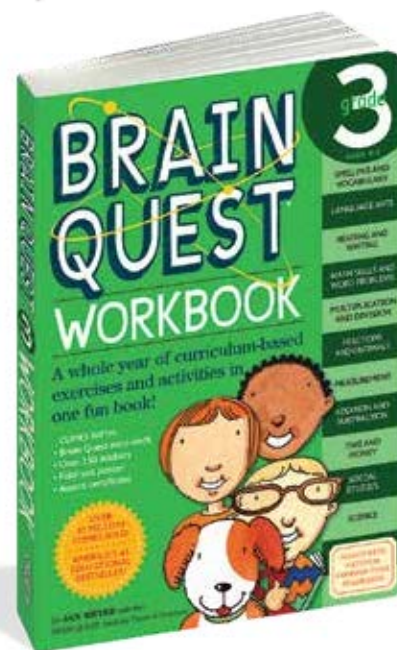
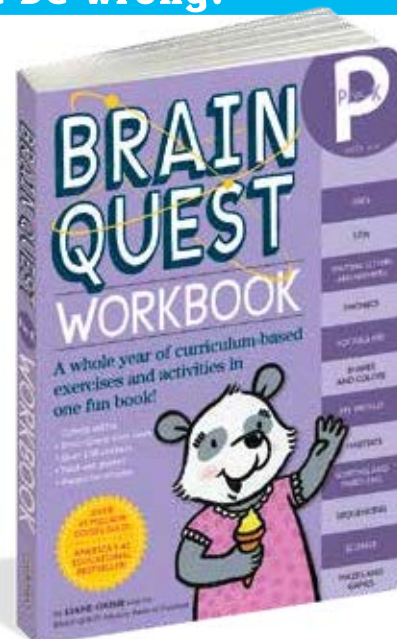


56 million Brain Quest kids can't be wrong!

BRAIN QUEST®



It's America's #1 educational bestseller. Curriculum-based, but infused with a spirit of fun. Vetted by a panel of award-winning teachers, but also embraced by kids and parents because it flat-out works—and entertains, too. *Brain Quest* opens a world of information and education to kids ages 2 to 12!



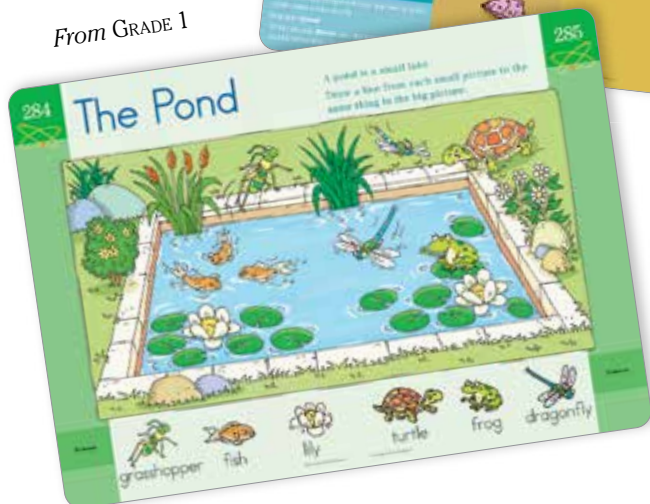
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Brain Quest thinks outside the box—and puts the fun into schoolwork. Clear, interactive, colorful, and varied, *Brain Quest* Workbooks are jam-packed with hundreds of curriculum-based activities, exercises, games, and challenges, and have a special emphasis on the core competencies of math and language skills. Kids will read, write, draw, solve, connect, color, and create. In addition, each workbook for grades Pre-K through 4

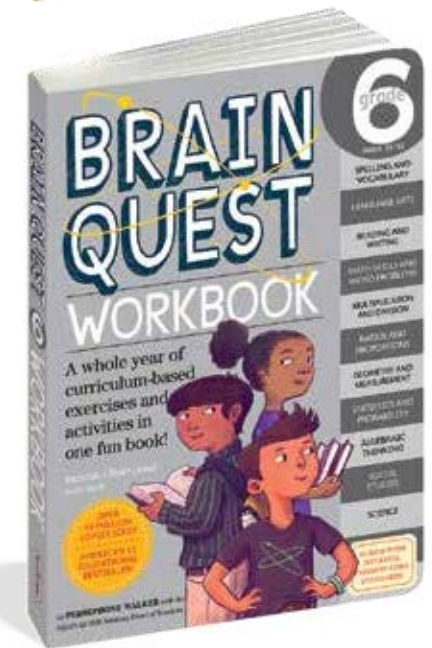
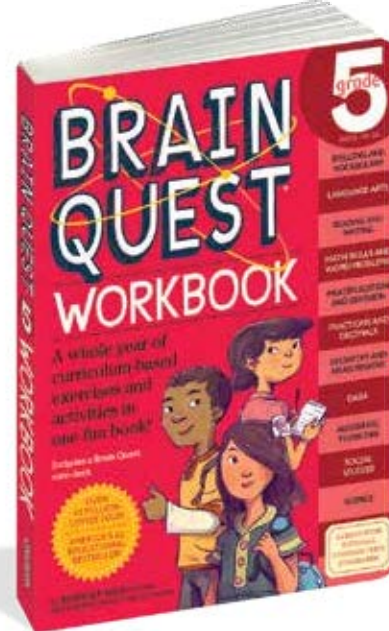
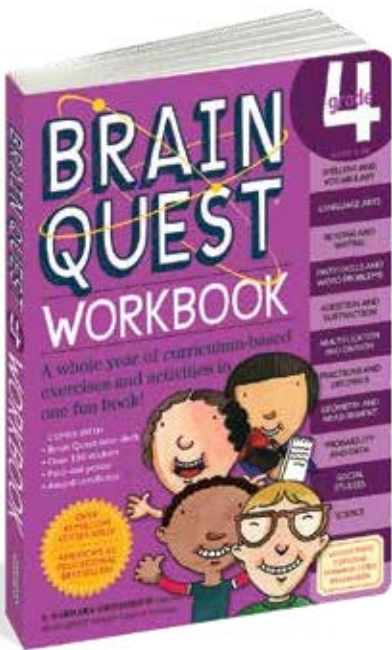
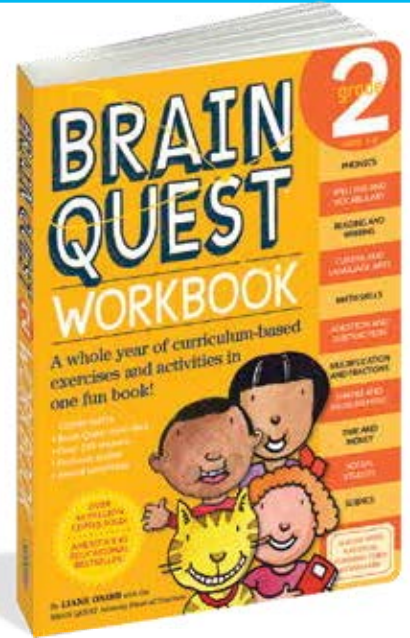
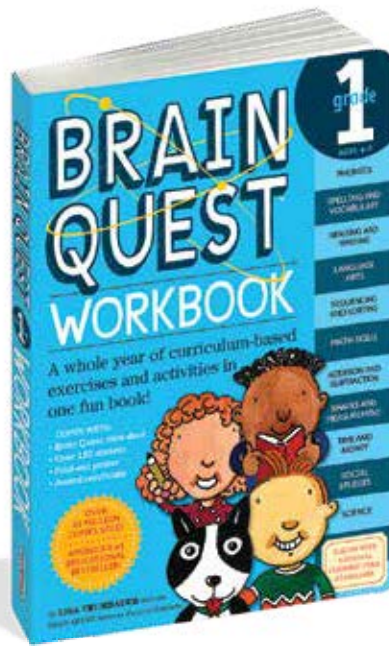
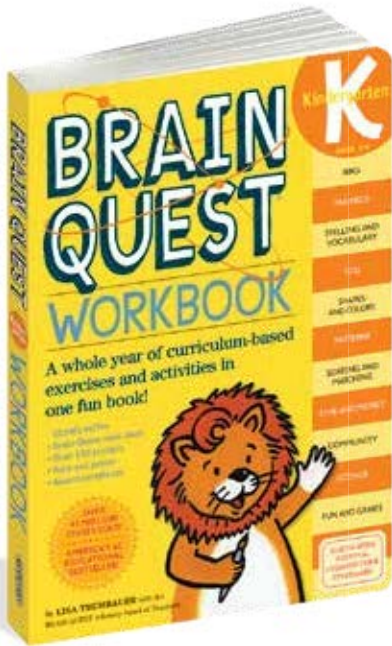
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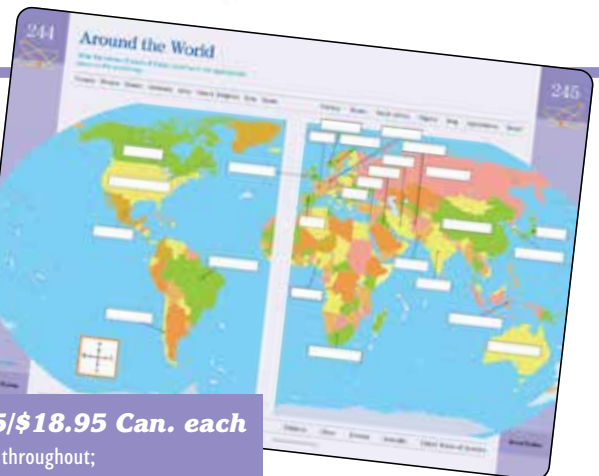
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SUMMER BRAIN QUEST

BETWEEN GRADES PRE-K & K • K & 1 • 1 & 2 • 2 & 3 • 3 & 4 • 4 & 5 • 5 & 6

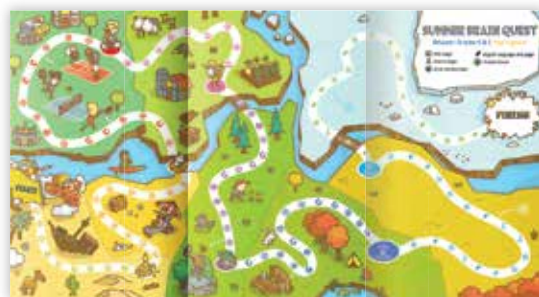
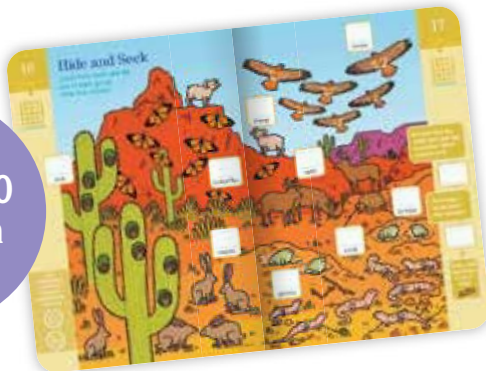
Stay summer smart—stop summer slide! Part workbook, part game, and part adventure, *Summer Brain Quest* is a series of summer workbooks designed to make summer learning fun.

In seven titles, covering Pre-K through 6th grade, *Summer Brain Quest* makes learning a flexible game that can be approached from different directions that suit any reader (educators call this personalized learning).

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Over
2,221,000
copies in
print!



Exercise and partially completed tri-fold map from Between Grades K & 1.

SUMMER BRAIN QUEST

Full-color illustrations throughout; tri-fold map; sticker sheets; 160 pages; 8 1/4" x 11 3/4"

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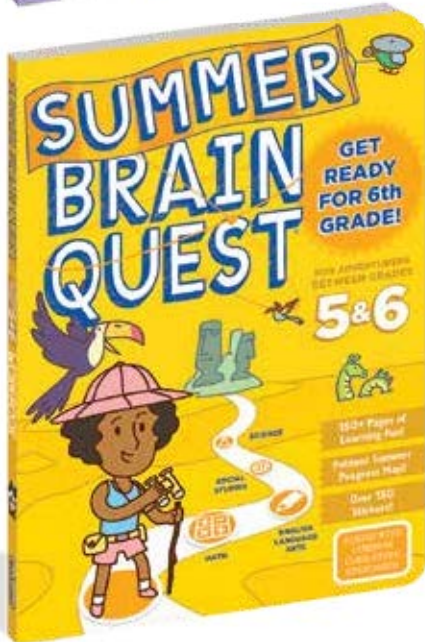
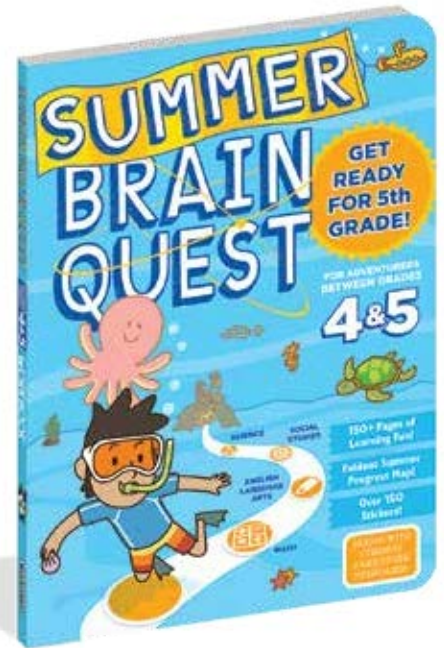
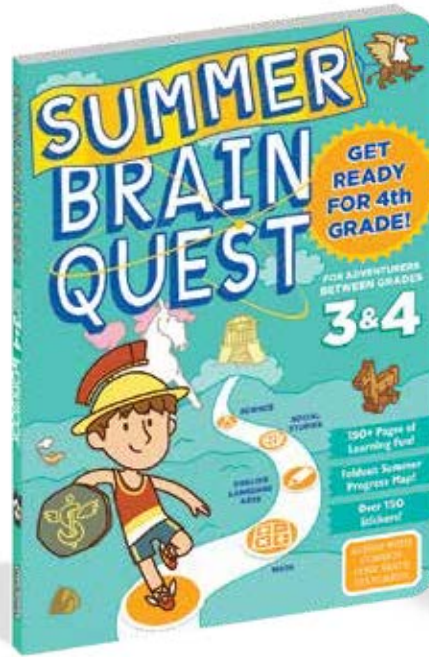
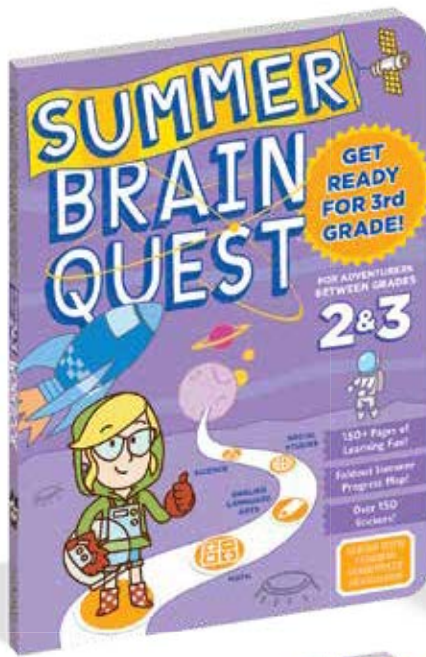
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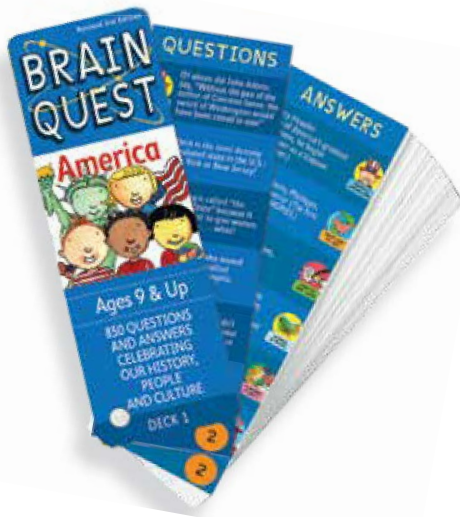
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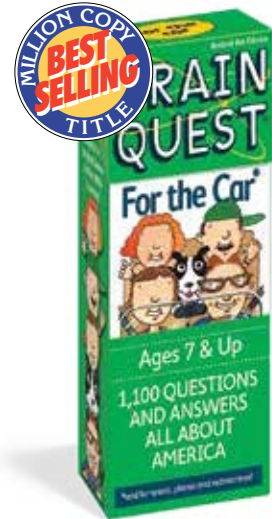
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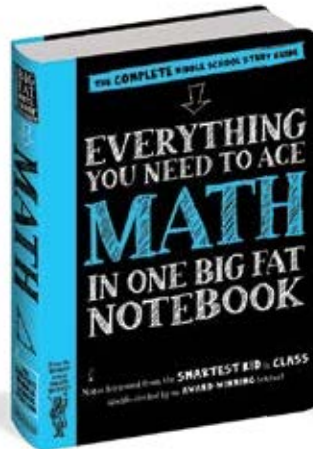
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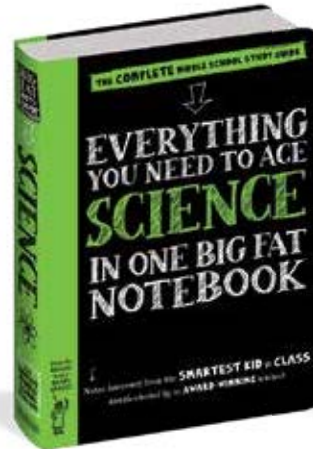


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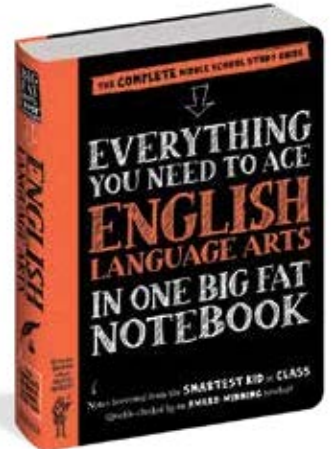


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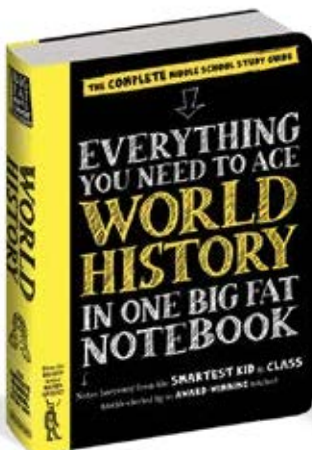


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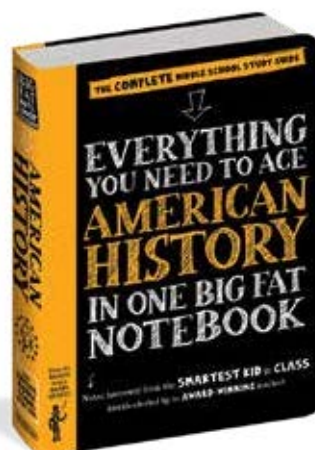


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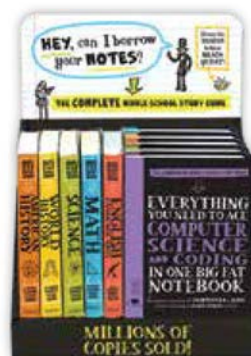


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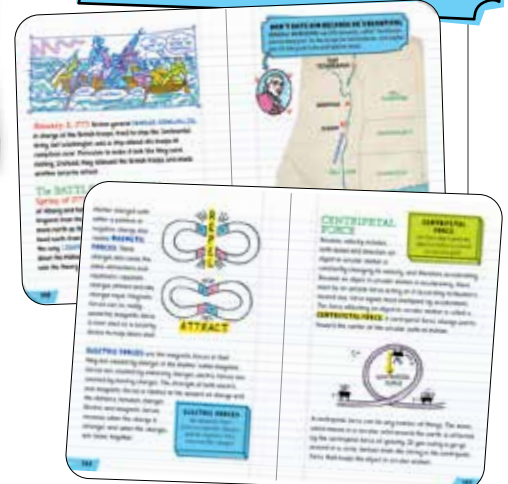
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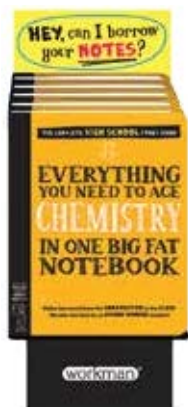
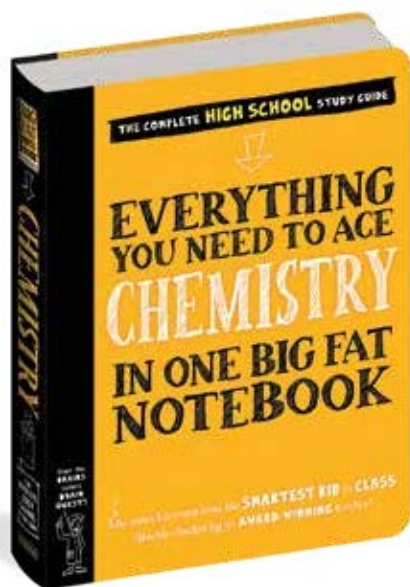
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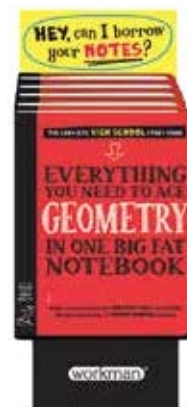
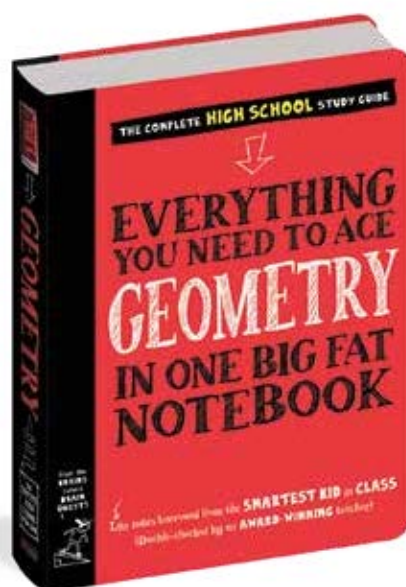


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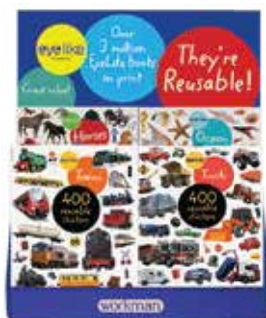
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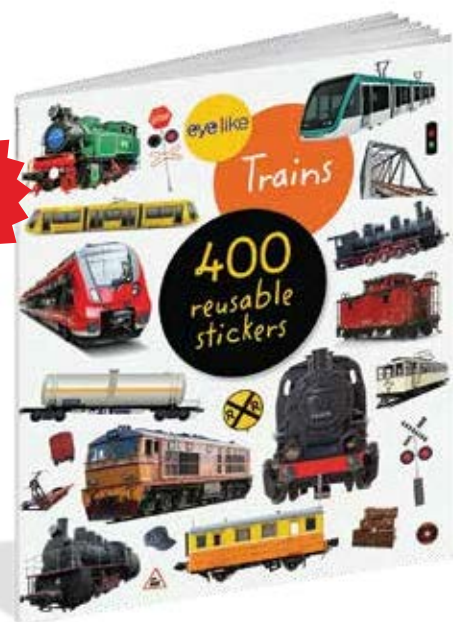
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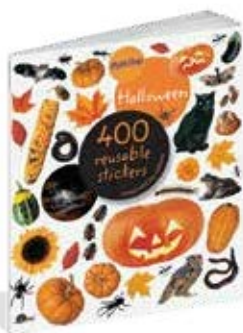


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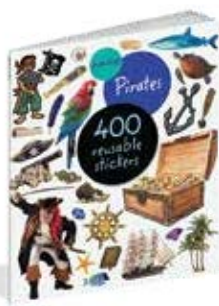
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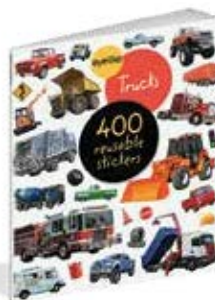
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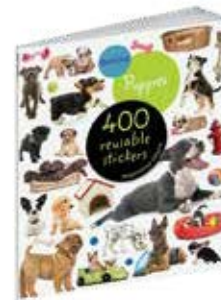


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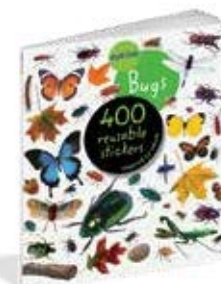


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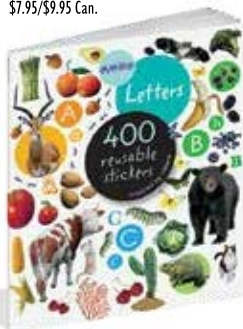


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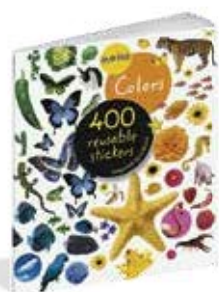


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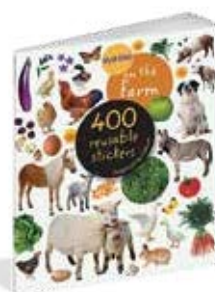


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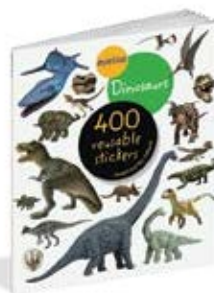


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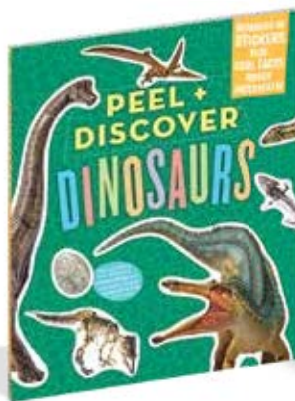
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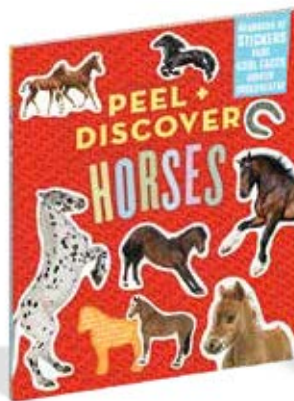
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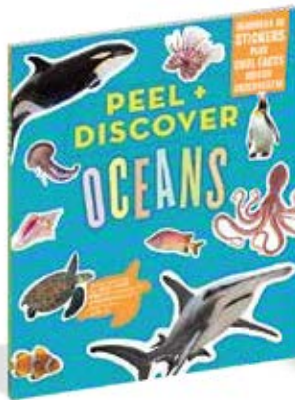
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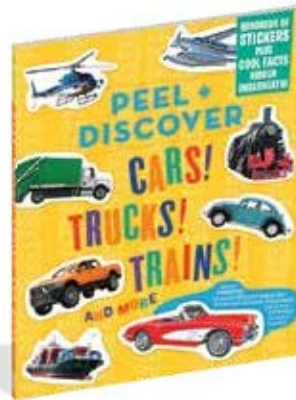
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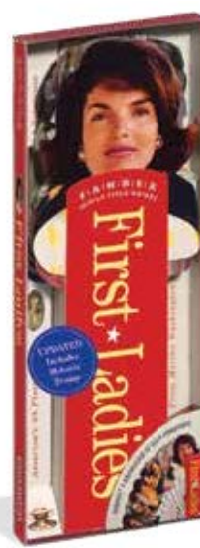
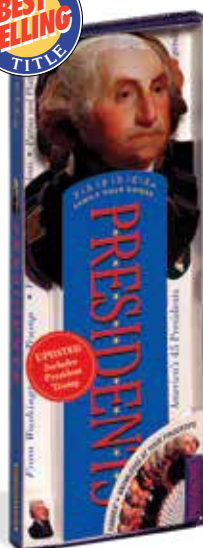
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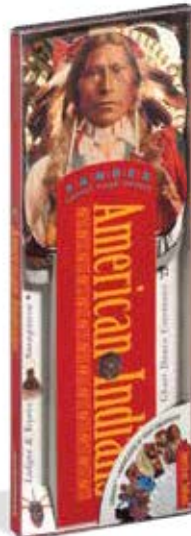
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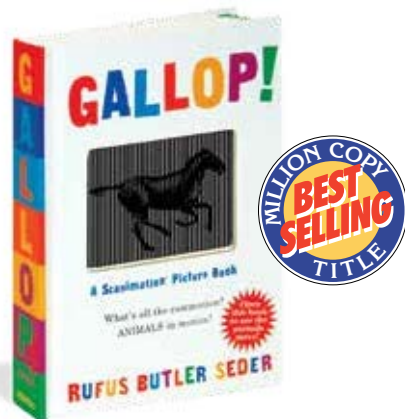
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Rufus Butler Seder



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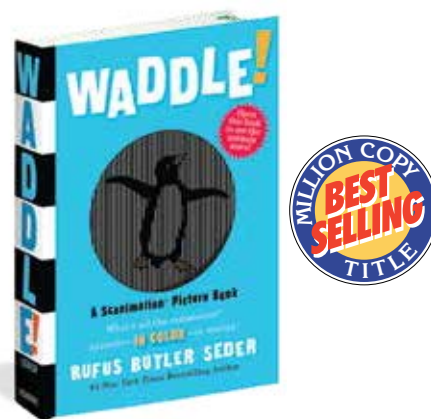
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WADDLE! A Scanimation® Picture Book Rufus Butler Seder

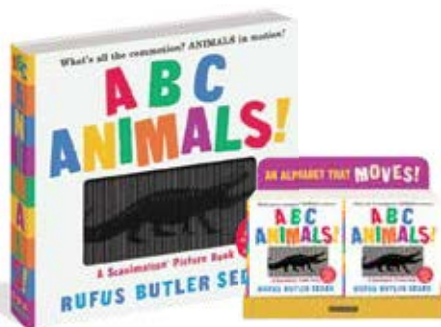
In the same way that kids can't read *Gallop!* without wanting to gallop around the room, *Waddle!* inspires prancing, hopping, stomping, and scampering. And did we mention color? The prancing pig is pink, the leaping dolphin is blue, the slithering snake yellow. The Scanimation

itself is also more lifelike, as the author continues to refine his patented Scanimation process, resulting in a more fluid, realistic motion. Nothing else compares.

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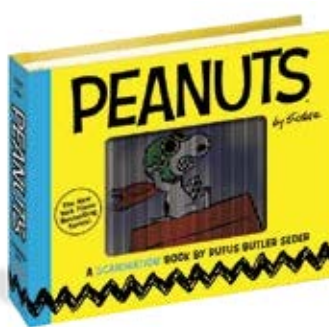


ABC ANIMALS! A Scanimation® Picture Book Rufus Butler Seder

In this romping, stomping journey from A to Z, all the animals come alive—as many as four to a page—for a total of 26 Scanimations. It's the alphabet as it's never been seen before: A is for the snapping Alligator. B is for the swooping Bats. C is for the Camel that trots. There's L for the Lion proudly prowling along, and M for the Mouse scurrying inside his wheel. And it all culminates in

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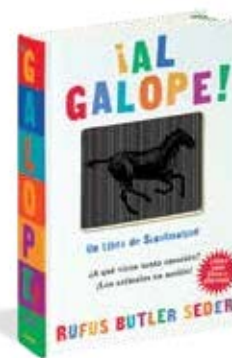


PEANUTS™ A Scanimation® Book Rufus Butler Seder

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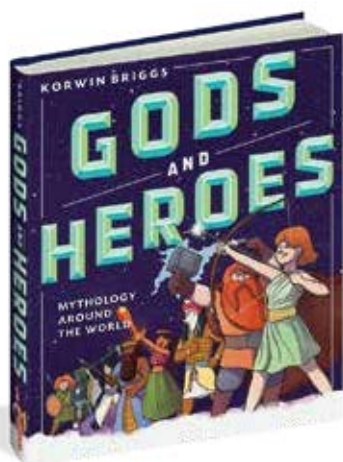
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¡AL GALOPE! A Scanimation® Picture Book Rufus Butler Seder

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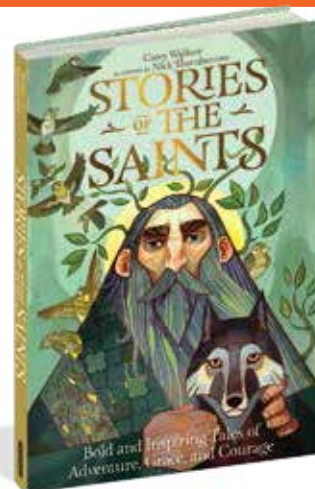
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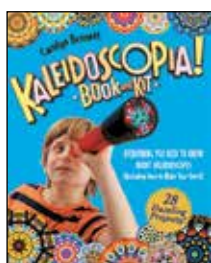


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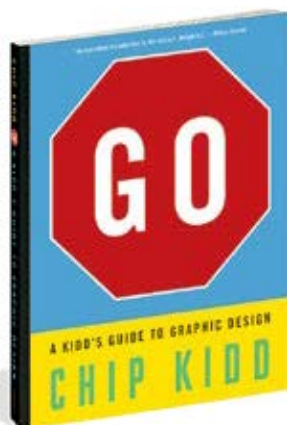
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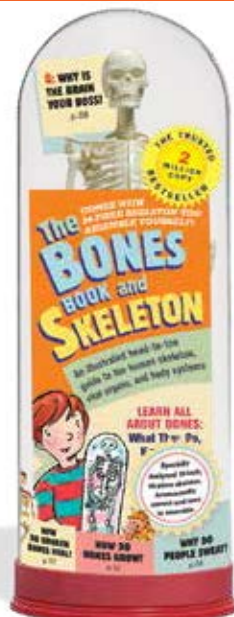
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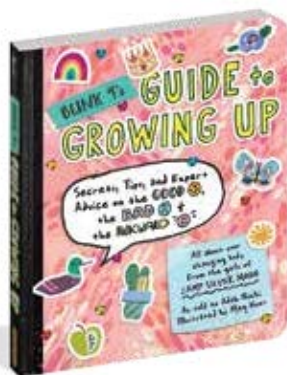
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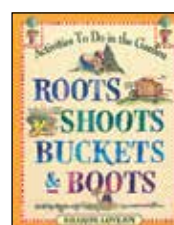
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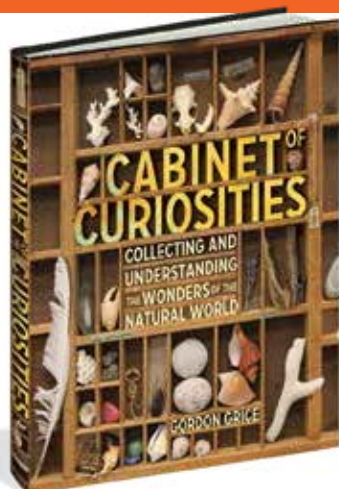
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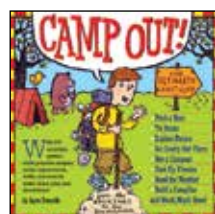


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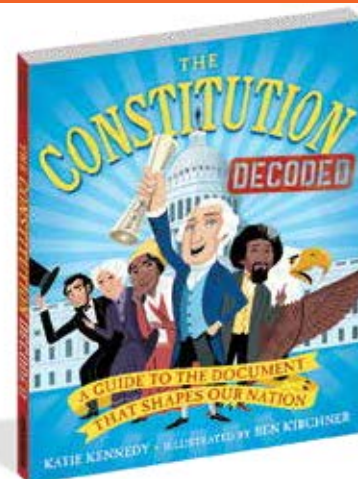
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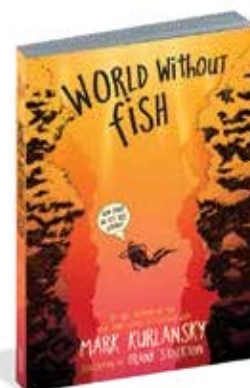


THE CONSTITUTION DECODED A Guide to the Document That Shapes Our Nation Katie Kennedy; Illustrated by Ben Kirchner

Be an active citizen—know your Constitution! Written with impeccable clarity and illustrated in a style that brings America's early days to life, this fascinating guide explains the Constitution literally word by word, sentence by sentence, idea by idea, giving readers a true understanding of not only how the Framers envisioned the United States, but

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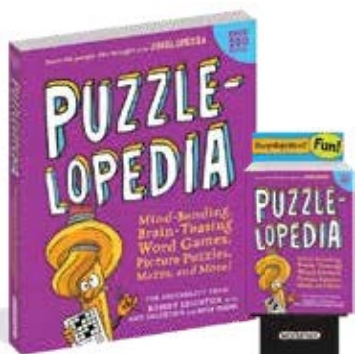


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No. 18500
Full-color illustrations throughout, including a 12-page graphic novel; 208 pages; 7" x 9 1/4"



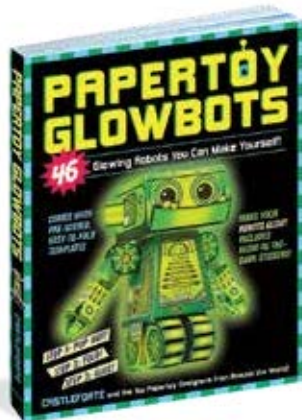
PUZZLELOPEDIA Mind-Bending, Brain-Teasing Word Games, Picture Puzzles, Mazes, and More!

Robert Leighton, Amy Goldstein, Mike Shenk;
Illustrated by Mike Wright

An encyclopedia of 200 smart, quirky, energetic puzzles—arranged in 26 A-to-Z chapters—that require nothing more than a sharp pencil and sharper wits. *Puzzlelopedia* includes riddles, mazes, cross-words, search and finds, hidden pictures, and puzzle types you've never seen before, like

a dot-to-dot that, when solved, becomes a maze!
For ages 8–12.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-7220-8
No. 17220
Two color with illustrations throughout; 288 pages; 6½" x 8¾"
8-copy counter display:
\$79.60/\$119.60 Can.
ISBN: 978-1-5235-0765-8
No. 220765



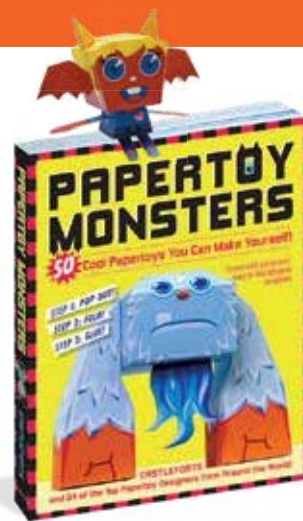
PAPERTOY GLOWBOTS 46 Glowing Robots You Can Make Yourself!

Brian Castleforte

Expanding the magical paper craft universe of *Papertoy Monsters*, *Glowbots* introduces 46 all-new creatures—this time robots—that have the added cool factor of lighting up, whether using glow-in-the-dark stickers that come with the book, or common light sources found around the house like battery-operated tea lights, flashlights, even Christmas tree lights.

Templates are die-cut and ready to pop out, fold, and glue.
For ages 10 and up.

Paper: \$22.95/\$28.95 Can.
ISBN: 978-0-7611-7762-3
No. 17762
Full-color illustrations; 104 pages plus 92 pages on card stock; 2 glow-in-the-dark sticker sheets; 8½" x 11"
6-copy counter display:
\$137.70/\$173.70 Can.
ISBN: 978-0-7611-9040-0
No. 29040



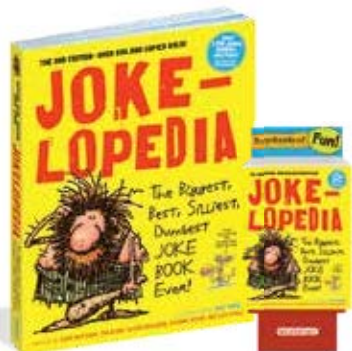
PAPERTOY MONSTERS 50 Cool Papertoys You Can Make Yourself!

Brian Castleforte and 24 of the World's Top Papertoy Designers

A breakthrough paper-folding book for kids—paper airplanes meet origami meets Pokémon. *Papertoy Monsters* offers 50 fiendishly original die-cut designs that are ready to pop out, fold, and glue. The book interleaves card stock with paper stock for a unique craft package; the graphics are colorful and hip, combining the edginess

of anime with the goofy fun of Uglydolls.
For ages 9 and up.
177,000 copies in print.

Paper: \$22.95/\$34.95 Can.
ISBN: 978-0-7611-5882-0
No. 15882
Full-color illustrations throughout; 124 pages plus 120 pages on card stock; 8½" x 11"
6-copy counter display:
\$137.70/\$209.70 Can.
ISBN: 978-0-7611-5938-4
No. 25938



JOKELOPEDIA The Biggest, Best, Silliest, Dumbest Joke Book Ever!

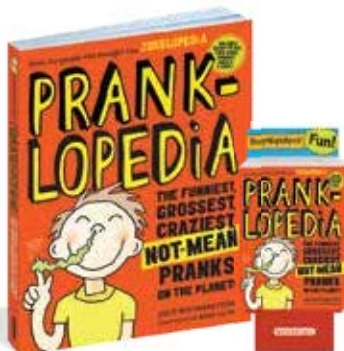
Eva Blank, Alison Benjamin, Rosanne Green, Lisa Sparks, Ilana Weitzman;
Illustrated by Mike Wright

The bestselling joke book for kids. Packed with all of the laughs, this compact format comes with a lower price (yay!) and makes the book more appealing for impulse purchase and travel.

Includes 1,700 jokes, tongue twisters, riddles, and puns. Plus joke-telling tips, funny facts, and spotlights on comic TV shows, books, and actors.

For ages 7–12.
969,000 copies in print.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-8997-8
No. 18997
Two color with illustrations throughout; 288 pages; 6½" x 8¾"
8-copy counter display:
\$79.60/\$119.60 Can.
ISBN: 978-1-5235-0106-9
No. 220106



PRANKLOPEDIA The Funniest, Grossest, Craziest, Not-Mean Pranks on the Planet!

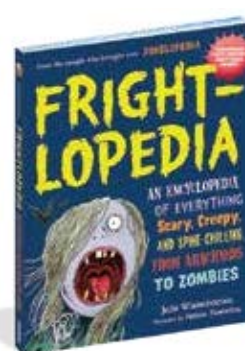
Julie Winterbottom;
Illustrated by Robb Allen

The perfect resource for April Fools' Day—and the perfect gift for kids who think every day is April Fools' Day—in a compact, impulse-friendly format.

More than 70 pranks are here, each clearly explained in step-by-step instructions. Classics like short-sheeting the bed. Awesome food pranks. Plus pranks to scare younger siblings and drive parents crazy.

For ages 8–12.
185,000 copies in print.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-8996-1
No. 18996
Two color with illustrations throughout; 224 pages with 16-page 4-color insert; 6½" x 8¾"
8-copy counter display:
\$79.60/\$119.60 Can.
ISBN: 978-1-5235-0107-6
No. 220107



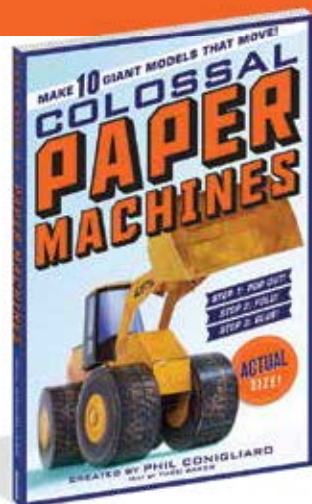
FRIGHTLOPEDIA An Encyclopedia of Everything Scary, Creepy, and Spine-Chilling, from Arachnids to Zombies

Julie Winterbottom; Illustrated by Stefano Tambellini

An A-to-Z compendium of thrills and chills. Understand your monsters, both legendary and all too real, like killer bees. With its lively mix of fiction, lore, history, and science—including hands-on projects—it's the best of the world's most frightening places, scariest stories, and most gruesome creatures, both real and imagined.

For ages 8–12.
140,000 copies in print.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-8379-2
No. 18379
Two color with photos and illustrations throughout; 224 pages; 6½" x 8¾"
8-copy counter display:
\$79.60/\$119.60 Can.
ISBN: 978-0-7611-9201-5
No. 29201



COLOSSAL PAPER MACHINES
Make 10 Giant Models That Move!
Phil Conigliaro

What a big idea! And what big fun: a whopping oversize book of paper models of the coolest big machines that, once built, actually move. The models are printed on sturdy card stock; perforated to pop out; require only gluing; and come with complete, easy-to-follow step-by-step instructions. Models include a dump truck, space shuttle, excavator,

and more. Wheels roll, the mixer turns, and helicopter blades spin. Plus the full story and fun facts about each colossal machine.
For ages 9 and up.

Paper: \$24.95/\$37.95 Can.
ISBN: 978-0-7611-7640-4
No. 17640
 Full-color photos and illustrations throughout; 48 pages plus 80 pages on card stock with pop-out forms; 10 3/4" x 16 3/4"

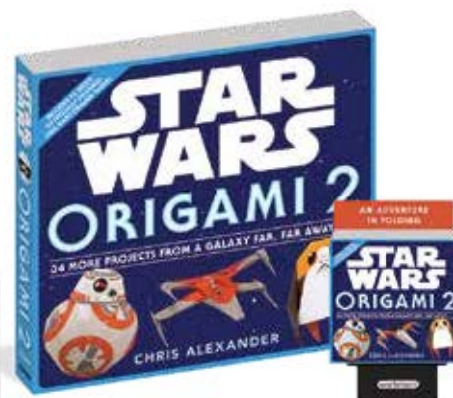


STAR WARS™ ORIGAMI 36 Amazing Paper-folding Projects from a Galaxy Far, Far Away. . . . *Chris Alexander;*
Foreword by Tom Angleberger

The power of the Force meets the joy of origami. Here is everything you need to create a galaxy of *Star Wars* characters, spacecraft, droids, and weapons. The models come with step-by-step directions as well as an introduction to origami definitions, symbols, and basic folds. Bound in the back is the book's unique folding paper.

For ages 9 and up.
 804,000 copies in print.

Paper: \$19.95/\$25.95 Can.
ISBN: 978-0-7611-6943-7
No. 16943
 Full color throughout; 272 pages plus 72 sheets of origami paper; 8 1/2" x 8"
8-copy counter display:
 \$159.60/\$207.60 Can.
 ISBN: 978-0-7611-7291-8
 No. 27291



STAR WARS™ ORIGAMI 2
Chris Alexander

The folds are strong with this one! Created by the original origami master, Chris Alexander, here are 34 all-new projects from a galaxy far, far away, featuring everything from Kylo Ren to a Jedi starfighter. All projects include fully illustrated step-by-step directions, and 72 custom decorated folding sheets are bound in the back.

For ages 10 and up.
 70,000 copies in print.

Paper: \$19.95/\$29.95 Can.
ISBN: 978-1-5235-0873-0
No. 100873
 Full-color photos and illustrations throughout; 240 pages plus 72 sheets of origami paper; 8 1/2" x 8"
8-copy counter display:
 \$159.60/\$239.60 Can.
 ISBN: 978-1-5235-1164-8
 No. 221164

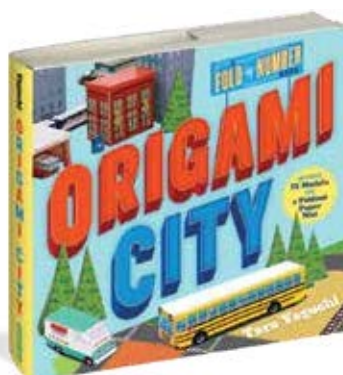


ORIGAMI ON THE GO! 40 Paper-folding Projects for Kids Who Love to Travel *Margaret Van Sicken*

The perfect antidote to "Are we there yet???" Hours will fly by with 40 fresh projects designed for the young traveler. It's the practical—a Tiny Scrapbook, a Souvenir Wallet, a Dachshund Chopstick Rest. The playful—Pig Finger Puppet, Stunt Plane. The folds are geared to children as young as eight, and the book comes with 100 sheets of colorful,

custom-designed origami paper, plus two pages of stickers. Readers also learn about different currencies, latitude and longitude, and Egypt's real curse of the mummy.
For ages 9 and up.
 85,000 copies in print.

Paper: \$15.95/\$23.95 Can.
ISBN: 978-0-7611-5105-0
No. 15105
 Full color throughout; 100 sheets of origami paper and two pages of stickers; 144 pages; 9" x 7"

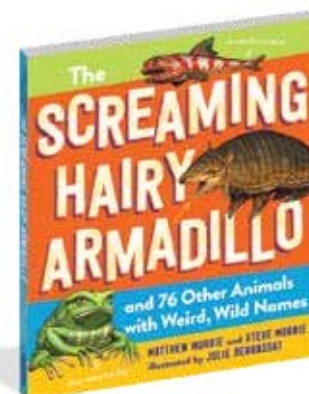


ORIGAMI CITY A Fold-by-Number Book: Includes 75 Models and a Foldout Paper Mat *Taro Yaguchi*

Created by the founder of Taro's Origami Studio, *Origami City* marries the joy of paper folding with the foolproof appeal of paint by number and the imaginative play of LEGO or Playmobil. An ingenious all-in-one kit, it includes 75 realistic pieces to fold with step-by-step instructions; an illustrated paper play mat; and 104 sheets of

preprinted origami paper with numbers and lines for folding.
For ages 7 and up.

Paper: \$24.95/\$36.95 Can.
ISBN: 978-0-7611-8927-5
No. 18927
 Full-color illustrations throughout; paperback case holds 160-page book plus envelope with 104 sheets of origami paper and 40" x 28" foldout play mat; 8 1/8" x 8 1/8"



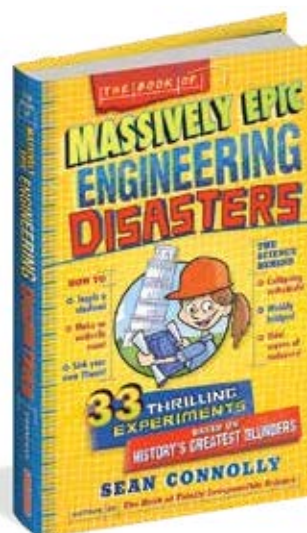
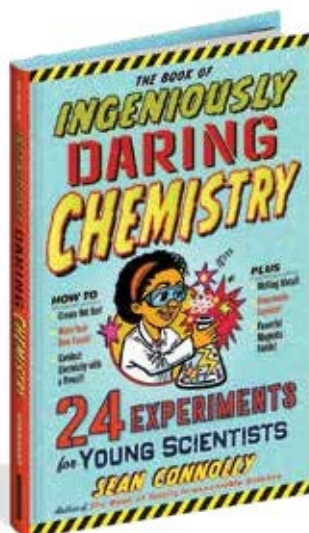
THE SCREAMING HAIRY ARMADILLO AND 76 OTHER ANIMALS WITH WEIRD, WILD NAMES *Matthew Murrie and Steve Murrie; Illustrated by Julie Benbassat*

A book of pure fun for kids—where science, animals, and wackiness converge—this fascinating compendium features over 70 curious animal species notable for their bizarre, baffling, and just-plain-funny names. Meet the Waxy Monkey Tree Frog, the Fried Egg Jellyfish, the Sparklemuffin Peacock Spider, the Bone-Eating Snot Flower Worm, and many more. While the

names of these creatures are undeniably curious, the heart of the book is their just-as-curious habits, appearance, abilities—and the stories of how they acquired their unusual monikers.
For ages 7-10

Paper: \$14.95/\$22.95 Can.
ISBN: 978-1-5235-0811-2
No. 100811
 Full-color photos and illustrations throughout; 176 pages; 8" x 9 1/2"

Connolly series has 775,000 copies in print!



THE BOOK OF TERRIFYINGLY AWESOME TECHNOLOGY
27 Experiments for Young Scientists
Sean Connolly

In 27 terrific experiments using basic stuff from around the house, here's how to delve into and understand the fascinating and potentially scary world of driverless cars, artificial intelligence, the "internet of things," 3-D printing, test-tube meat, smart clothing, and more.

For ages 9 and up.

Paper over board:
\$15.95/\$23.95 Can.
ISBN: 978-1-5235-0494-7
No. 100494
Two color with photos and illustrations throughout; 240 pages; 5½" x 9½"
6-copy counter display:
\$95.70/\$143.70 Can.
ISBN: 978-1-5235-0926-3
No. 220926

THE BOOK OF INGENIOUSLY DARING CHEMISTRY 24 Experiments for Young Scientists
Sean Connolly

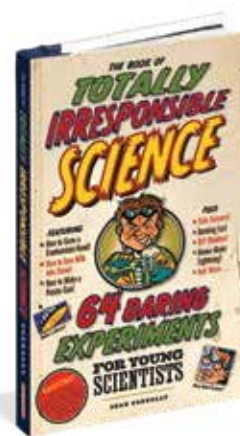
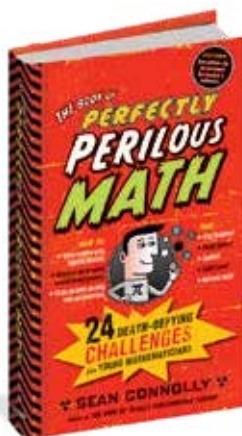
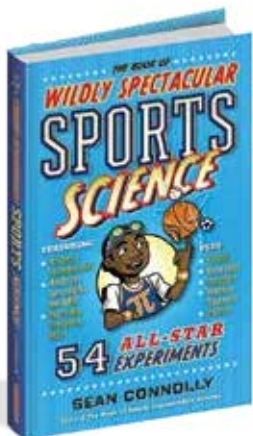
Here are 24 interactive experiments that take readers on a journey through the periodic table of elements. Discover oxygen and oxygenation by slicing an apple and seeing what happens an hour later. Harness the power of zinc with a potato clock.

Paper over board:
\$14.95/\$22.95 Can.
ISBN: 978-0-7611-8010-4
No. 18010
Two color with photos and illustrations throughout; 256 pages; 5½" x 9½"
6-copy counter display:
\$89.70/\$137.70 Can.
ISBN: 978-1-5235-0563-0
No. 220563

THE BOOK OF MASSIVELY EPIC ENGINEERING DISASTERS 33 Thrilling Experiments Based on History's Greatest Blunders
Sean Connolly

A survey of the greatest engineering disasters in history, with experiments, like understanding how the *Titanic* sank—using an ice cube tray!

Paper over board:
\$14.95/\$22.95 Can.
ISBN: 978-0-7611-8394-5
No. 18394
Two color with photos and illustrations throughout; 256 pages; 5½" x 9½"
6-copy counter display:
\$89.70/\$137.70 Can.
ISBN: 978-1-5235-0240-0
No. 220240



THE BOOK OF WILDLY SPECTACULAR SPORTS SCIENCE
54 All-Star Experiments
Sean Connolly

Ever wonder how Michael Jordan seemed to float through the air on a dunk? This fantastic activity book offers 54 hands-on experiments that demonstrate the scientific principles powering a wide variety of sports and activities.

58,000 copies in print.

Paper over board:
\$14.95/\$19.95 Can.
ISBN: 978-0-7611-8928-2
No. 18928
Two color with photos and illustrations throughout; 256 pages; 5½" x 9½"
6-copy counter display:
\$89.70/\$119.70 Can.
ISBN: 978-0-7611-9218-3
No. 29218

THE BOOK OF PERFECTLY PERILOUS MATH 24 Death-Defying Challenges for Young Mathematicians
Sean Connolly

Math rocks! At least it does in the gifted hands of Sean Connolly, who blends middle school math with fantasy to create exciting adventures in problem-solving, like *How many months would it take a single vampire to completely take over a town of 500,000 people?*

137,000 copies in print.

Paper over board:
\$14.95/\$22.95 Can.
ISBN: 978-0-7611-6374-9
No. 16374
Two-color illustrations; 256 pages; 5½" x 9½"
6-copy counter display:
\$89.70/\$137.70 Can.
ISBN: 978-0-7611-6951-2
No. 26951

THE BOOK OF TOTALLY IRRESPONSIBLE SCIENCE 64 Daring Experiments for Young Scientists
Sean Connolly

Sixty-four amazing science experiments: Giant air cannons. Matchbox microphones. None require special training, and all use stuff found in the home. The balloon rocket whizzing through the garden? It demonstrates Newton's Third Law of Motion.

424,000 copies in print.

Paper over board:
\$12.95/NCR
ISBN: 978-0-7611-5020-6
No. 15020
Two-color illustrations throughout; 224 pages; 5½" x 9½"
10-copy counter display:
\$129.50/NCR
ISBN: 978-0-7611-6145-5
No. 26145



Oh... series has 1,165,000 copies in print!



OH, YUCK! The Encyclopedia of Everything Nasty

Joy Masoff

Kids love stuff that's gross. Exhaustively researched and impeccably scientific, yet written with a lively lack of earnestness, *Oh, Yuck!* is an ants to zits encyclopedic compendium covering people, animals, insects, plants, foods, and more—with hundreds of illustrations and real-life photographs.

For ages 8–12.

943,000 copies in print.

- Selection of Scholastic Book Clubs and Children's Book-of-the-Month Club.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-0771-2
No. 10771

Illustrations and photographs throughout; two color; 224 pages; 8 1/2" x 10 7/8"
8-copy counter display:
\$119.60/\$159.60 Can.
ISBN: 978-0-7611-2529-7
No. 22529

OH, YIKES! History's Grossest, Wackiest Moments

Joy Masoff

Here is an illustrated encyclopedia of history's messiest, dumbest, grossest, and weirdest moments.

If kids think pus and gas are fun, wait until they hear the lowdown on the real Dracula, guillotines, pirates, and witch trials. Impeccably researched, deliciously wry, and subversively educational.

For ages 8–12.

176,000 copies in print.

- Selection of Scholastic Book Clubs and Children's Book-of-the-Month Club.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-3684-2
No. 13684

Photographs and illustrations throughout; two color; 320 pages; 8 1/2" x 10 7/8"
8-copy counter display:
\$119.60/\$159.60 Can.
ISBN: 978-0-7611-4259-1
No. 24259

OH, ICK! 114 Science Experiments Guaranteed to Gross You Out!

Joy Masoff; with Jessica Garrett and Ben Ligon

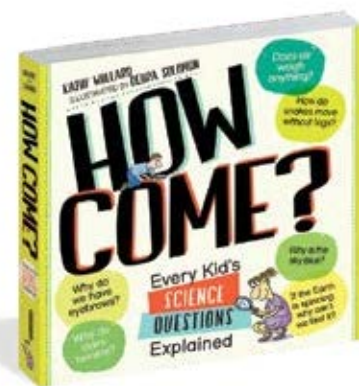
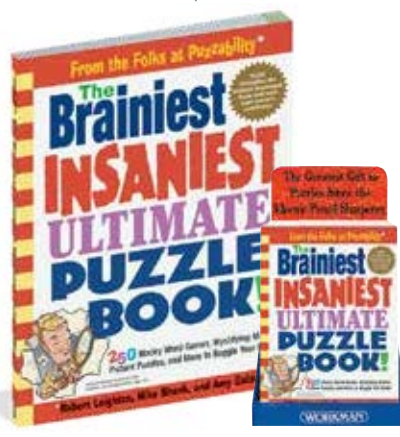
Kids love to be grossed out. And now the doyen of disgusting, Joy Masoff, lets kids get their hands dirty—really dirty—with 114 interactive ick-speriments and ick-tivities that delve into the science behind everything disgusting, from staging an Ooze Olympics to demonstrate viscosity to observing how fungi grow by

making a Mold Zoo.

50,000 copies in print.
For ages 8–12.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8738-7
No. 18738

Two color with photos and illustrations throughout; 288 pages; 8 1/2" x 10 7/8"
8-copy counter display:
\$119.60/\$159.60 Can.
ISBN: 978-0-7611-9035-6
No. 29035



THE BOOK OF POTENTIALLY CATASTROPHIC SCIENCE

50 Experiments for Daring Young Scientists

Sean Connolly

Fifty experiments that demonstrate the principles behind history's greatest scientific breakthroughs.

For ages 9 and up.

100,000 copies in print.

Paper over board:
\$14.95/\$22.95 Can.
ISBN: 978-0-7611-5687-1
No. 15687

Two-color illustrations; four-color printed endsheets; 320 pages; 5 1/2" x 9 1/8"
10-copy counter display:
\$149.50/\$229.50
ISBN: 978-0-7611-6005-2
No. 26005
10-copy mixed counter display: (5 each of CATASTROPHIC SCIENCE, IRRESPONSIBLE SCIENCE)
\$139.50/NCR
ISBN: 978-0-7611-6006-9
No. 26006

THE BRAINIEST INSANIEST ULTIMATE PUZZLE BOOK!

Robert Leighton, Mike Shenk, and Amy Goldstein—the Folks at Puzzability

From Puzzability—whose mind-benders appear regularly in the *New York Times*, *Disney Adventures*, and the *New Yorker*—comes a rich, original book with over 250 puzzles for kids.

It's got mazes, word games, and more.
For ages 8–12.

187,000 copies in print.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-4386-4
No. 14386

Full-color illustrations throughout; 192 pages; 8 1/4" x 10 3/4"
8-copy counter display:
\$119.60/\$159.60 Can.
ISBN: 978-0-7611-4425-0
No. 24425

HOW COME? Every Kid's Science Questions Explained

Kathy Wollard; Illustrated by Debra Solomon

As interesting to grown-ups as it is for kids, the *How Come?* series, with 845,000 copies in print, is the trusted source for lively, clear answers to kids' science queries. It's the go-to source that explains everything from *How can a stone skip across a pond—and*

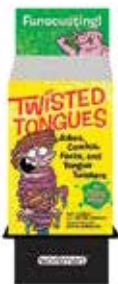
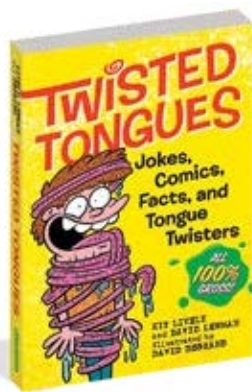
not sink? to *Why is the sky blue?*

For ages 8–12.

59,000 copies in print.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-7978-8
No. 17978

Full-color illustrations throughout; 416 pages; 8" x 8"

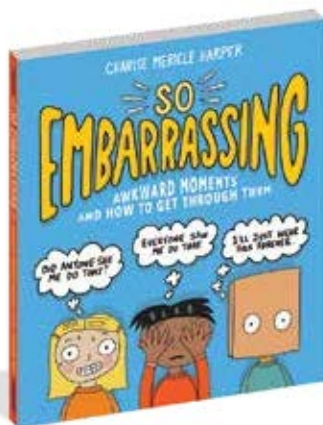


TWISTED TONGUES Jokes, Comics, Facts, and Tongue Twisters—All 100% Gross! Kit Lively and David Lewman; Illustrated by David DeGrand

Move over, boring old woodchucks, and hello, Grandma Gladys grips her glass of greasy gristle! Featuring all the truly funny things in life, like barf, drool, mucus, pus, gas, poop—plus running commentary from two crusty characters, Big Booger and Baby Booger—*Twisted Tongues* is an excellent collection of 160 tongue twisters, any of which will completely

gross out your mom. But it's not all fun and games, because there are lots of gross facts to learn, too. For ages 7 and up.

Paper: \$8.95/\$14.95 Can. ISBN: 978-1-5235-1016-0 No. 101016 Full-color illustrations throughout; 208 pages; 4 1/2" x 6 5/8" **8-copy counter display** \$71.60/\$119.60 Can. ISBN: 978-1-5235-1168-6 No. 221168



SO EMBARRASSING Awkward Moments and How to Get Through Them Charise Mericle Harper

You're not alone! You're not the first kid who ever tripped and fell in public. Or spilled water on your pants so it looked like . . . you know! Laugh-out-loud funny yet enormously compassionate, *So Embarrassing* is a comics-style narrative with vignettes and stories about all the things that make kids feel awkward and embarrassed. It's funny, it's sympathetic, and it's also filled with

jokes, science facts (what happens when we blush, for example), tips for recovering quickly, and practical advice, like what to say to comfort a totally embarrassed friend.

For ages 8–12.

Paper: \$12.95/\$19.95 Can. ISBN: 978-1-5235-1017-7 No. 101017 Full-color illustrations throughout; 128 pages; 7 1/2" x 9"



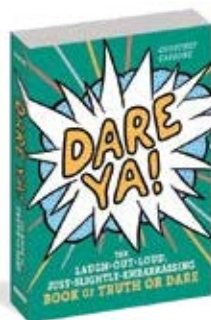
YOU GOTTA BE KIDDING! The Crazy Book of "Would You Rather . . . ?" Questions

Here's the book of outrageous choices for kids. *You Gotta Be Kidding!* serves up hundreds of bizarre, sometimes ethical, and sometimes stomach-churning dilemmas that kids will love to pose to their friends.

For ages 9 and up.

464,000 copies in print.

Paper: \$8.95/\$13.95 Can. ISBN: 978-0-7611-4365-9 No. 14365 Two color; 408 pages; 4" x 6" **8-copy counter display** \$71.60/\$111.60 Can. ISBN: 978-0-7611-4422-9 No. 24422



DARE YA! The Laugh-Out-Loud, Just-Slightly-Embarrassing Book of Truth or Dare Courtney Carbone

"Truth—or dare?" Those three little words have inspired raucous giggling in generations of kids. Capturing all the ridiculous, interactive fun of the classic sleepover game, *Dare Ya!* challenges readers with 200 truths and 200 dares. There are zany dares: *Do a funky dance for 30 seconds!* Truth questions that are bound to prompt a funny story: *Have you ever eaten so*

much candy that you got a stomachache? Each challenge also features related jokes and offbeat trivia. For ages 8–12.

Paper: \$8.95/\$13.95 Can. ISBN: 978-1-5235-0476-3 No. 100476 Two color; 408 pages; 4" x 6" **8-copy counter display** \$71.60/\$111.60 Can. ISBN: 978-1-5235-0924-9 No. 220924



BIG MAGIC FOR LITTLE HANDS 25 Astounding Illusions for Young Magicians Joshua Jay

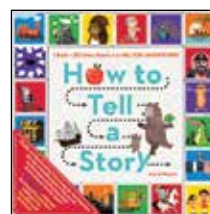
Levitate a sibling. Escape Houdini-like from tightly bound ropes. From the award-winning magician and author of *Joshua Jay's Amazing Book of Cards and Magic: The Complete Course*, with 212,000 copies in print, it's a collection of 25 astonishing illusions for kids ages 7 and up. These are effects that require little prep time and dexterity yet are guaranteed to deliver a big payoff. And the large

format makes it particularly kid-friendly.

For ages 7–11.

57,000 copies in print.

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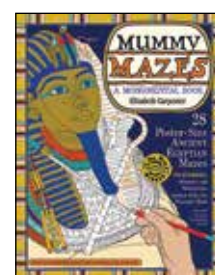


HOW TO TELL A STORY Daniel Nayeri; Illustrated by Brian Won

Discover an incredible storytelling package—a book filled with ideas about how stories work, as well as writing prompts and games to play, paired with 20 six-sided, color-coded, illustrated cubes.

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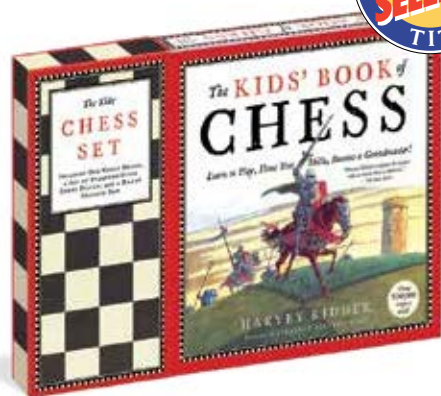


MUMMY MAZES Elizabeth Carpenter

Mummy Mazes is ingeniously designed to open up to 28 oversize pages! There are mummies, monuments, ancient gods and the Pharaoh's mask, and each maze is linked by an adventure. Once all the mazes are completed, there's a hieroglyphic puzzle to solve.

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THE KIDS' BOOK OF CHESS AND CHESS SET *Harvey Kider; Illustrated by Kimberly Bulcken Root*

A direct, lively introduction to the game that's inspired passion and challenge for over 900 years.

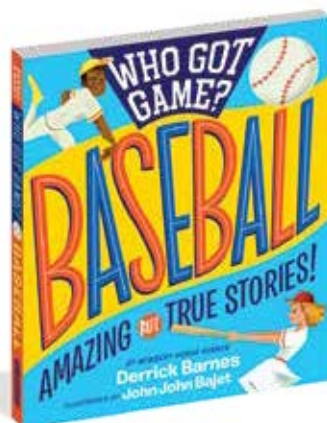
For ages 8–12.

1,035,000 copies in print.

• Selection of the Children's Book-of-the-Month Club and Trumpet Book Club.

Paper: \$19.95/\$29.95 Can.
ISBN: 978-0-89480-767-1
No. 1767

Two-color illustrations throughout; 96 pages; 32 chess pieces; chess board; storage box; package: 12" x 8"



WHO GOT GAME?: BASEBALL Amazing but True Stories! *Derrick Barnes; Illustrated by John John Bajet*

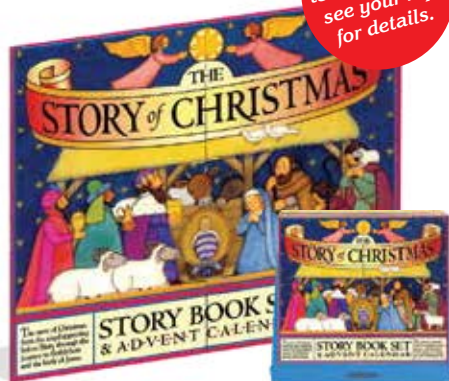
Engagingly written and packed with humor, *Who Got Game?: Baseball* celebrates the unheralded, unrecognized, and forgotten—but no less remarkable—people and stories that are integral to the history of the game. Written by Derrick Barnes, winner of the 2018 Ezra Jack Keats Book Award for outstanding new writer, and filled with lively illustrations,

it spotlights 45 fascinating baseball records, personalities, and anecdotes rarely mentioned in popular baseball lore, and will transform any reader into a superfan.
For ages 8–12.

Paper: \$12.95/\$19.95 Can.
ISBN: 978-1-5235-0553-1
No. 100553

Full-color illustrations throughout; 176 pages; 7 1/2" x 9"

Calendar terms apply—see your rep for details.



THE STORY OF CHRISTMAS Story Book Set & Advent Calendar *Illustrated by Carolyn Croll; Story retold by Mary Packard*

The Story of Christmas features 24 jewel-like miniature board books nestled in a three-paneled, stand-alone backer. The books are meant to be opened one per day from December 1 through Christmas Eve. Each book, with its gold thread, doubles as a Christmas tree ornament.

222,000 copies in print.

Paper over board: \$17.99/\$24.99 Can.
ISBN: 978-0-7611-5250-7
No. 15250

Full-color illustrations throughout; 24 miniature storybooks, 4 pages each; set in a board tray; 14" x 12"

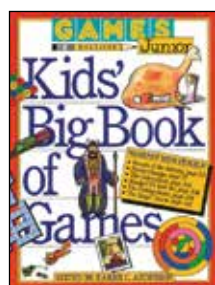
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MEGA-MAZE ADVENTURE! A Journey Through the World's Longest Maze in a Book *Scott Bedford*

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For ages 8 and up.

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No. 221081



GAMES MAGAZINE JUNIOR KIDS' BIG BOOK OF GAMES *Edited by Karen C. Anderson*

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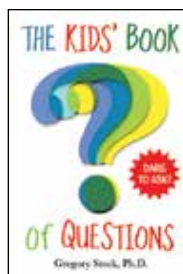
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Sandra Boynton

Sandra Boynton is one of America's best-loved artists. With "Hippo Birdie Two Ewes" leading the way, her greeting cards for Recycled Paper Products have sold in the hundreds of millions. Her *Boynton on Board* and other books for children have tens of millions of copies in print. Ms. Boynton lives with her family in rural Connecticut, working out of a converted barn that has the only hippopotamus weather vane in the state.

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Sometimes kids just need a good tickle. Well, here's the cure, based on the wildly popular song from Boynton's *Rhinoceros Tap CD*, *Tickle Time!* is lively in tempo, nimble in rhyme, and filled with irresistible fuzzy cats. It's guaranteed to elicit giggles.
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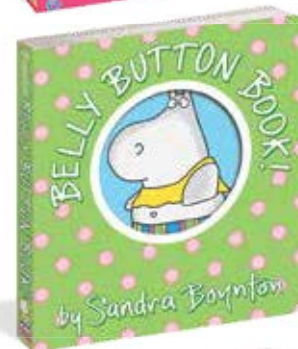
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Sandra Boynton

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It's the CD-only *Dog Train*—the funky, fabulous collection of all-out rock music by the team that created the #1 *New York Times* bestselling *Philadelphia Chickens*.

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Sandra Boynton

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And this time, the CD theme is all new dance music—as in: Samuel L. Jackson performing "Tyrannosaurus Funk." Kristen Bell solving it all with "Dance It Out." And lots more!

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ISBN: 978-1-5235-0244-8
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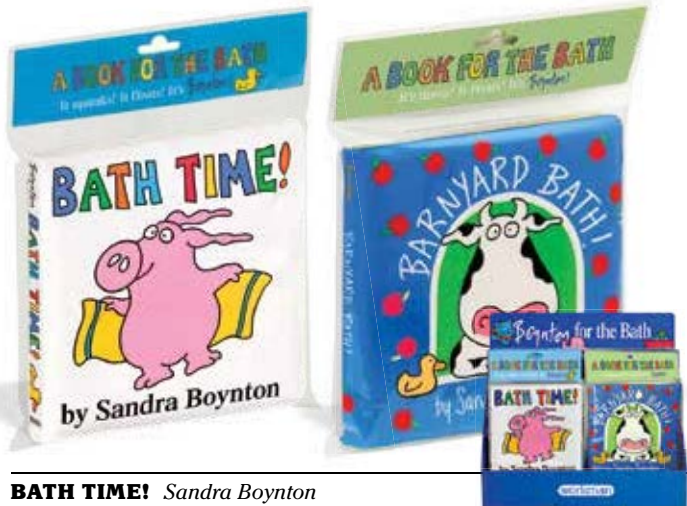
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653,000 copies in print.

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Paper over board:
\$17.95/\$26.95 Can.
ISBN: 978-0-7611-3323-0
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BOYNTON continued

Sandra Boynton



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An irresistible storybook for bath time, *Bath Time!* is waterproof, nontoxic, completely baby-safe.

It's a classic tale of pig meets paint. Spattered with colors from a long day at the easel, the pig takes to the tub. On the last page, the snout has a bound-in squeaker. Get it? Squeaky clean!

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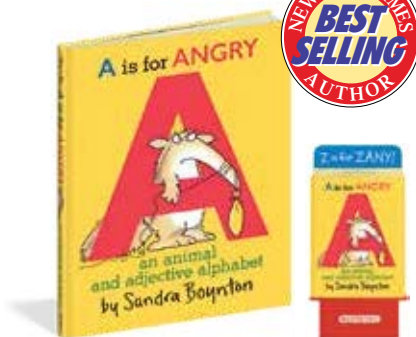
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The waterproof cousin of *Barnyard Dance!*—because what could make tub time more fun than a book . . . that floats.

For ages 0-4.

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A IS FOR ANGRY An Animal and Adjective Alphabet Sandra Boynton

It's the smarter, quirkier alphabet book. It's funnier, too, filled with animals and adjectives—from a Bashful Bear to a Rotund Rhinoceros. And now it's gifter—*A Is for Angry* is completely redrawn for a whole new generation of kids and packaged in a bright new hardcover format.

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For ages 2-5.

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Paper over board: \$15.95/\$23.95 Can. ISBN: 978-0-7611-6371-8 No. 16371

P. H. Hanson



MY MOMMY'S TOTE and MY GRANNY'S PURSE P. H. Hanson

It's hours of interactive fun—at home and on the go. Compact, portable, and sporting fabric handles just like the real thing, *My Mommy's Tote* features an ingenious format with eight individual die-cut leaves for kids to open, lift up, slide, and unfold. They will be entertained and engaged as they learn the alphabet and how to count from 1 to 12. They can remove Mommy's laptop and look through her wallet. And take a break for a healthy "snack."

321,000 copies in print.

Board book:

\$16.95/\$25.95 Can.

ISBN: 978-0-7611-7740-1 No. 17740

Full-color illustrations throughout; 16 pages individually die-cut; shrink-wrapped in corrugated box; 7 1/2" x 7 1/2" x 3"

Open Granny's purse (yes, she said it's OK) and enter a treasure chest of mementos and magic. Just the right size for kids to carry anywhere and everywhere they go, *My Granny's Purse* boasts a unique design with eight sturdy,

die-cut leaves that lift, slide, unfold, and pull out for hours of play. Look at the stamps on Granny's passport. Try on her sunglasses and rings. And chat on her smartphone—this granny likes to keep up with the times!

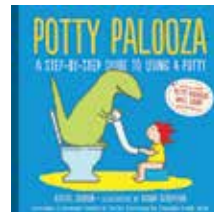
883,000 copies in print.

Board book:

\$16.95/\$25.95 Can.

ISBN: 978-0-7611-7742-5 No. 17742

Full-color illustrations throughout; 16 pages individually die-cut; shrink-wrapped in corrugated box; 7 1/2" x 7 1/2" x 3"



POTTY PALOOZA Rachel Gordon; Illustrated by Sarah Bergmann

Take potty training, add loads of silliness, and the result is the perfect board book for the toilet-training set (and their parents). Includes a parents' guide and a potty chart with stickers.

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PAT THE BEASTIE A Pull-and-Poke Book Henrik Drescher

It's an interactive touch-and-feel, pull-and-poke book that comes with pop-ups, squishers, squeezers, and squeakers. Readers will love to join in with the mischievous Paul and Judy.

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Full-color illustrations including pop-ups and touch-and-feel pages; 11 spreads; 5 7/8" x 7 3/8"



LOVE THE BEASTIE A Spin-and-Play Book Henrik Drescher

Be kind to your pets! That's the message of this pull-and-poke, cuddle-and-kiss Valentine for kids. Henrik Drescher's *Love the Beastie* picks up where *Pat the Beastie* left off. Paul and Judy really are best friends with Beastie.

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Paper over board: \$12.95/\$19.95 Can. ISBN: 978-0-7611-6109-7 No. 16109

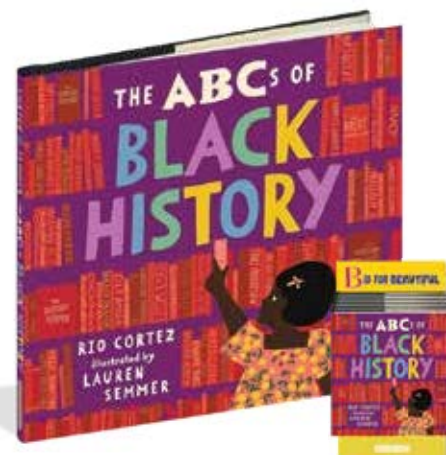
Full-color illustrations; 11 spreads; 5 7/8" x 7 3/8"



With 19 sound buttons!



With 12 sound buttons!



WELCOME TO THE SYMPHONY
A Musical Exploration of the Orchestra
Using Beethoven's Symphony No. 5
Carolyn Sloan; Illustrated by James Williamson

A unique interactive introduction to classical music. Discover what a symphony is. Who Beethoven was. What a conductor does. And when you should and shouldn't clap.

With its 19-button sound panel, readers will hear the different parts and voices of the music—the immortal beginning of the Fifth, what melody is and what harmony is, the

difference between a violin, viola, cello, and double bass.

For ages 4–8.

92,000 copies in print.

Paper over board with padded case:
\$24.95/\$37.95 Can.
ISBN: 978-0-7611-7647-3
No. 17647

Full-color illustrations throughout; sound panel with 19 buttons; 28 pages; 9" x 10" book; total package 11 3/4" x 10"

WELCOME TO JAZZ
A Swing-Along Celebration of America's Music, Featuring "When the Saints Go Marching In"
Carolyn Sloan; Illustrated by Jessica Gibson

Using *Welcome to the Symphony's* ingenious, interactive picture-book-and-sound-chip format, this book narrates the story of jazz while the sound chips demonstrate what's happening, including what vocal scatting sounds like and the tones of different instruments, like a trumpet or clarinet. And in the end,

kids can sing along with the band in a traditional call-and-response.

For ages 4 and up.

Paper over board with padded case:
\$24.95/\$36.95 Can.
ISBN: 978-1-5235-0688-0
No. 100688

Full-color illustrations throughout; sound panel with 12 buttons; 32 pages; 12" x 10"

THE ABCS OF BLACK HISTORY
Rio Cortez; Illustrated by Lauren Semmer

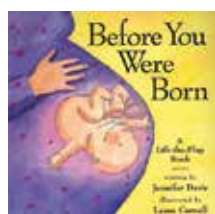
Brimming with passion, beauty, flow, and style, here is an ABC book like no other—a celebration of Black history and culture in lively verse, matched with illustrations, each of which is like a folk painting. Written by the poet Rio Cortez and illustrated by Lauren Semmer, the book teaches the ABCs in a meaningful and lively way, with letters representing history—G is for the **Great Migration**. Culture—K for **Kwanzaa**.

People and places—H is for **Harlem** and Zora Neale **Hurston**. And big ideas—like B for **beautiful, bold, and brave**. For ages 3 and up.

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ISBN: 978-1-5235-1173-0
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BEFORE YOU WERE BORN
Jennifer Davis; Illustrated by Laura Cornell

This joyful lift-the-flap book tells the story of pregnancy, from hearing the thumpity-thump of baby's heartbeat to that unforgettable first meeting.

For ages 2–6.

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• Selection of the Children's Book-of-the-Month Club.

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ISBN: 978-0-7611-1200-6
No. 11200

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MY FIRST BABY SIGNS
Phil Conigliaro and Tae Won Yu

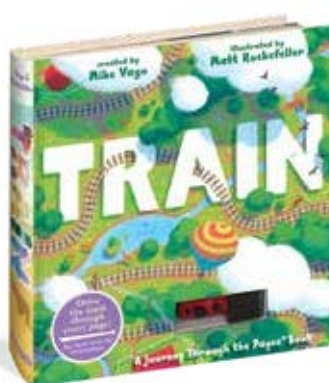
My First Baby Signs teaches parents and babies to sign eight essential terms: *all done, diaper, milk, eat, more, bath, help, and bed*.

For ages 0–2.

53,000 copies in print.

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ROCKET A Journey Through the Pages® Book Mike Vago; Illustrated by Matt Rockefeller

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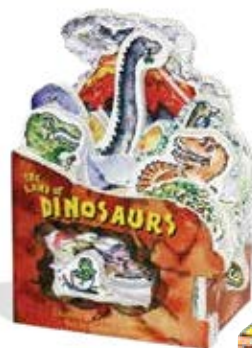


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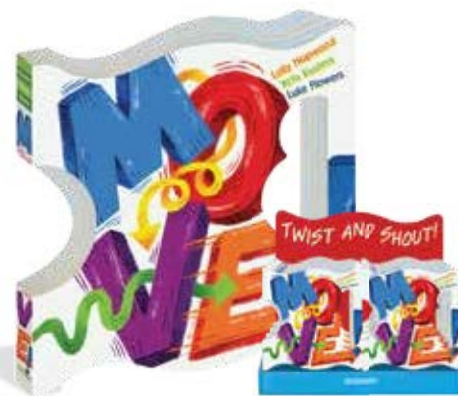
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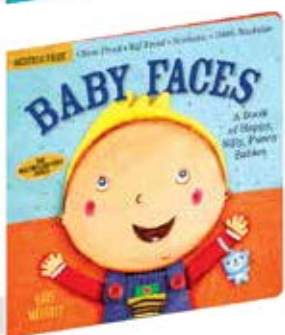
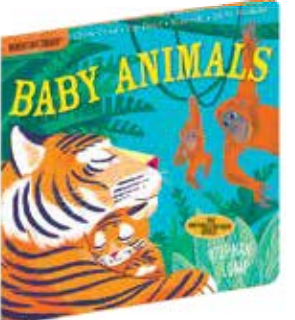
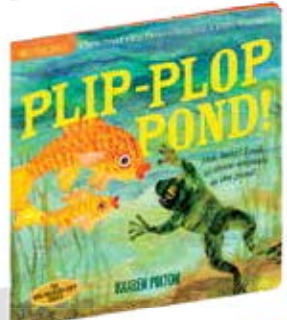
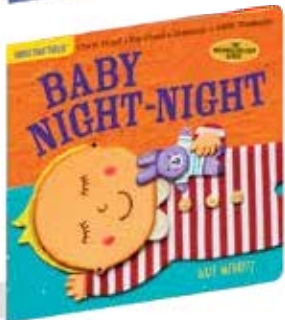
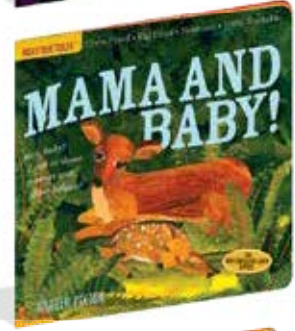
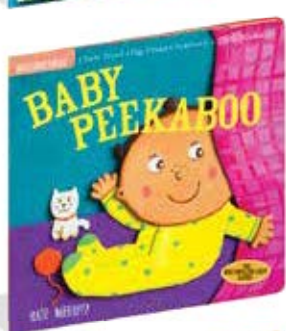
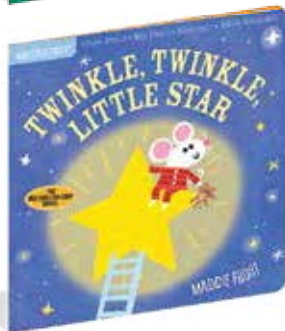
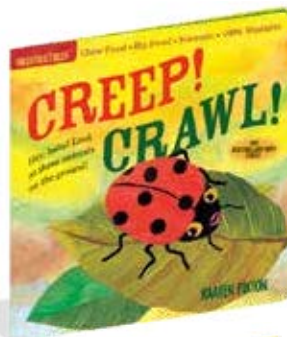
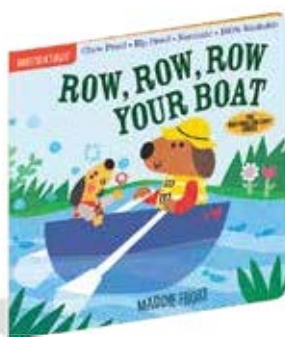
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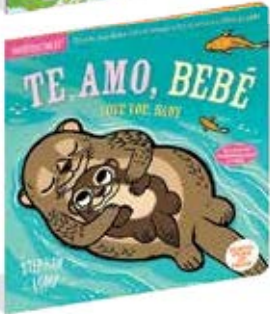
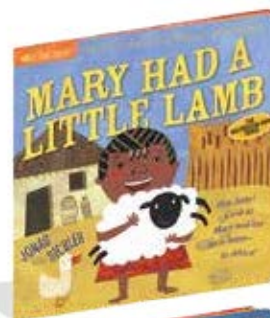
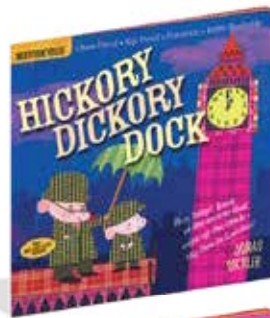
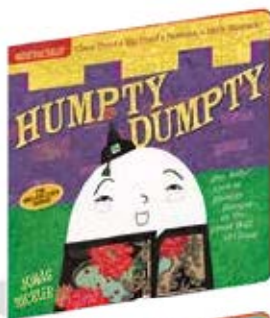
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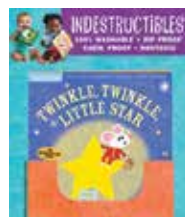
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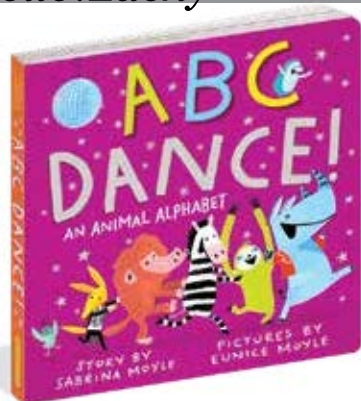
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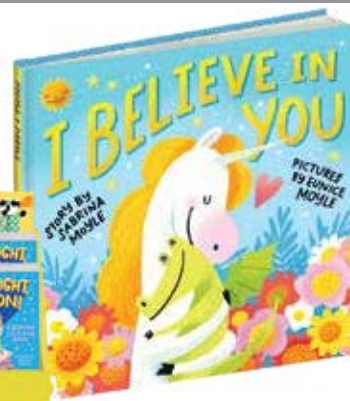


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This exuberant board book from the sister team of Hello! Lucky is a bright and lively twist on a numbers book that counts down from pure chaos—10 big baboons get ready for bed/1 baby baboon stays up instead!—to the moment everyone is waiting for: 2 lazy llamas all tucked in snug. Now, look who's ready for/1 big hug!

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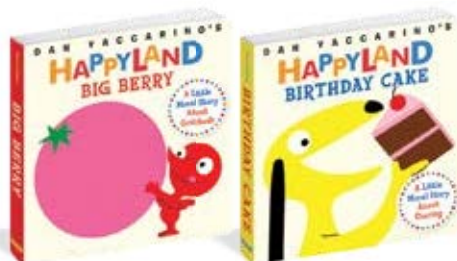


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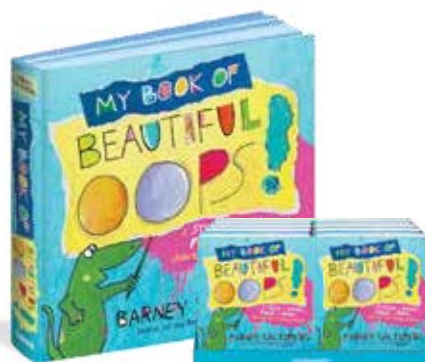
There's nothing more important for kids entering preschool than to be emotionally ready—ready to separate from their parents, to mix and play with new children, to broaden their sense of the world. *Happyland*, a board book series from award-winning children's author Dan Yaccarino, introduces three friends in a series of delightful adventures that each teach a lesson in emotional intelligence: In *Big Berry*, Bink's desire for the biggest berry grows ever stronger—until she grabs the very largest, which is so big it rolls away and disappears. If

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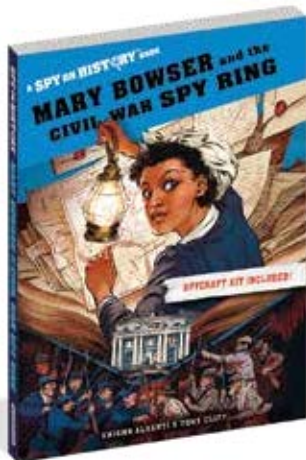
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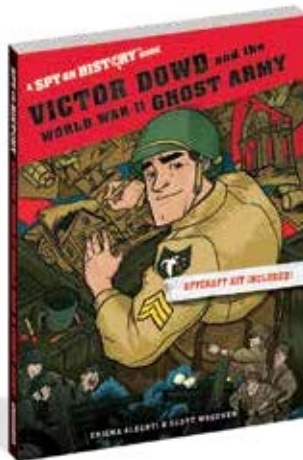
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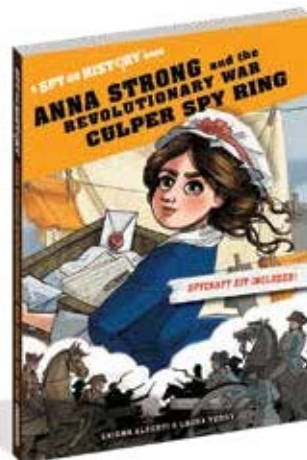
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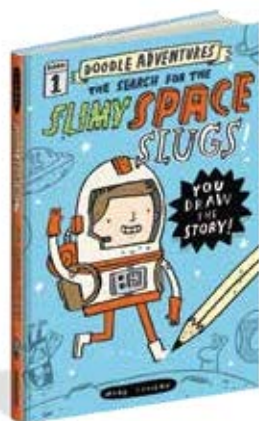
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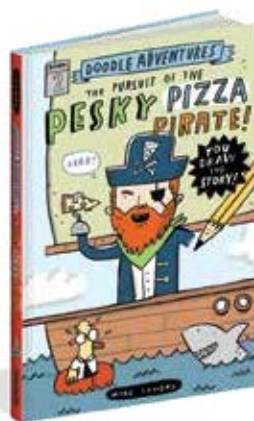
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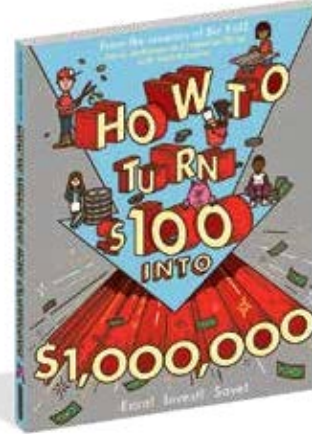
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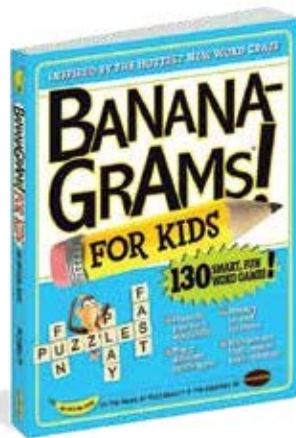
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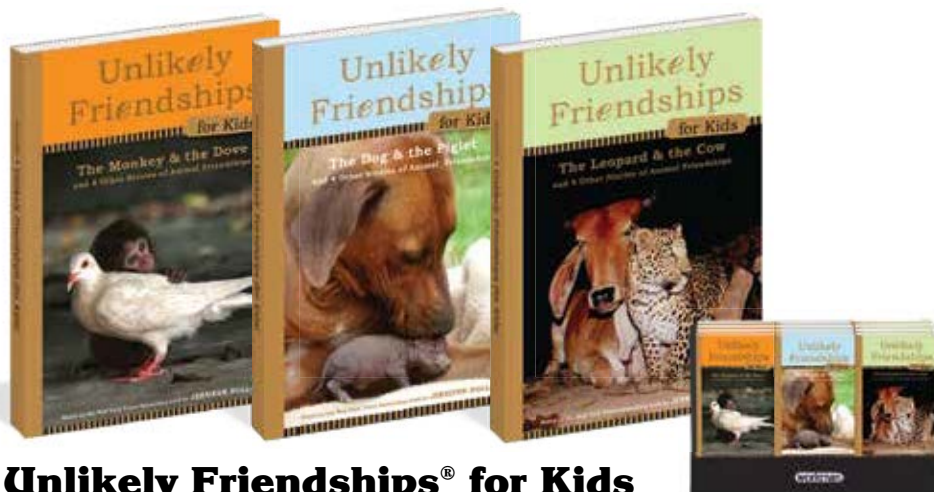


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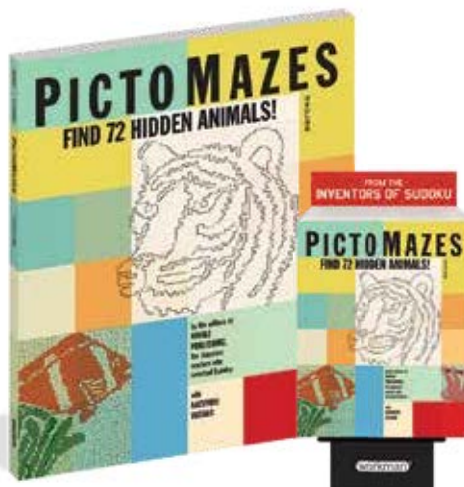


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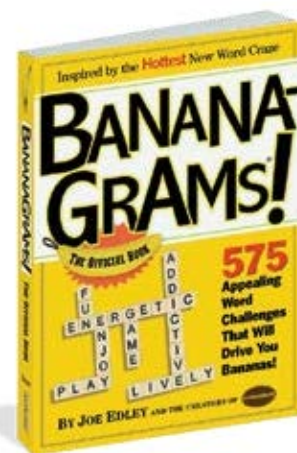


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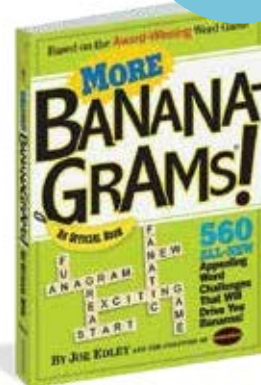
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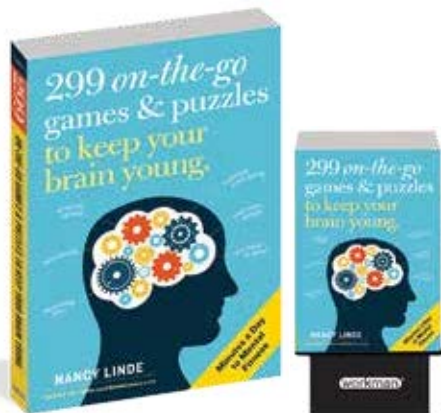
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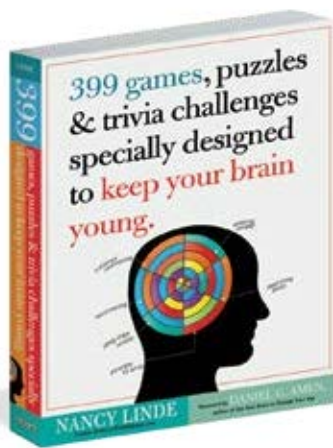
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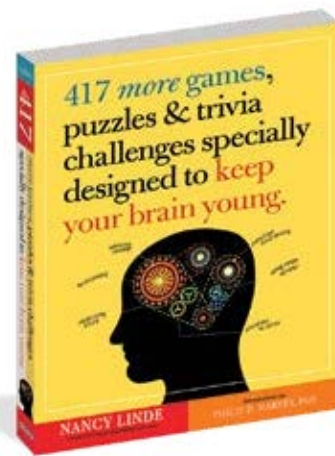
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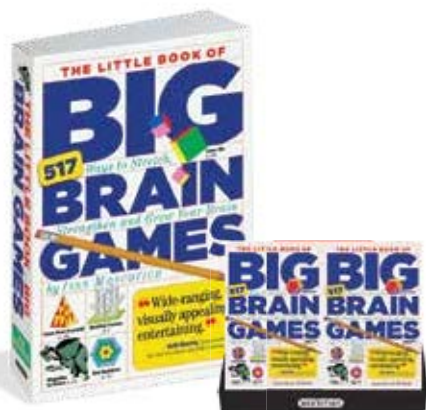
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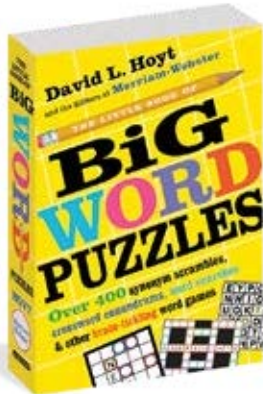
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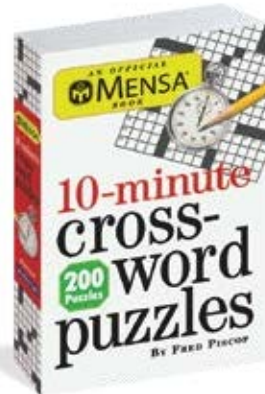
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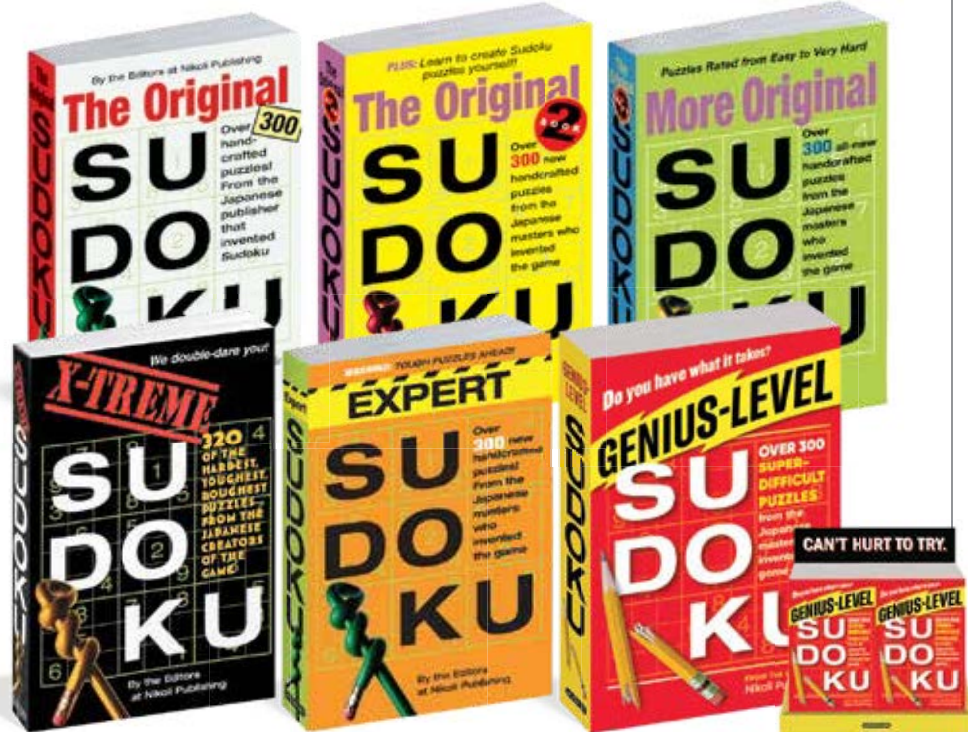


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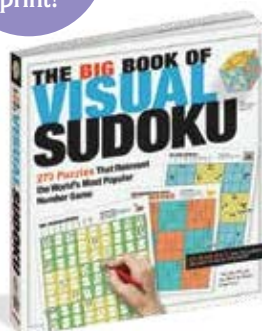
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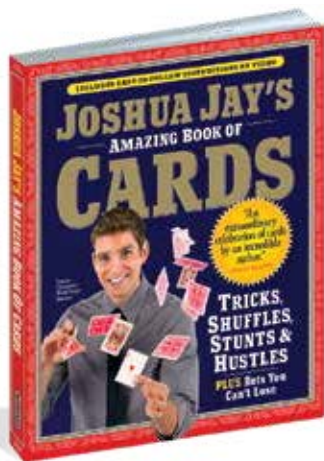
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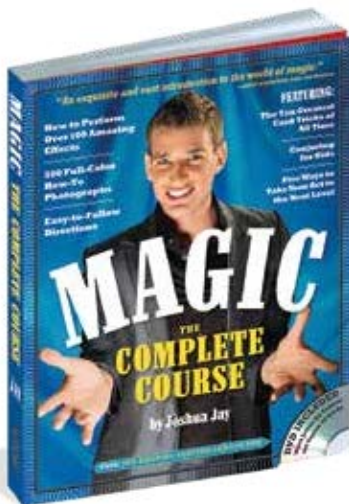


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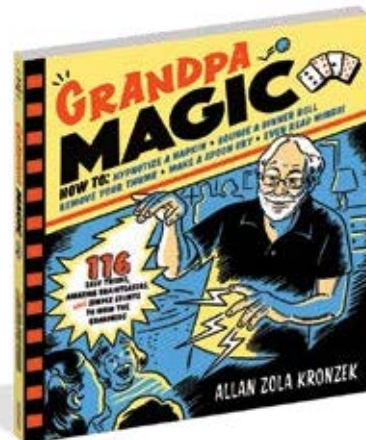


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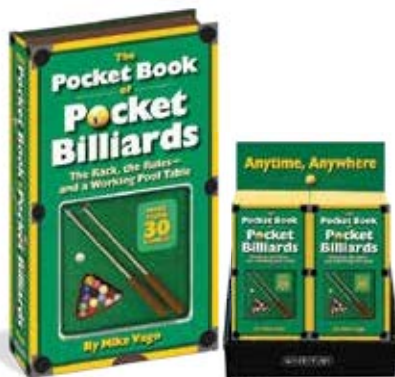


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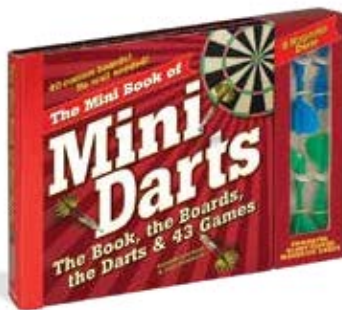


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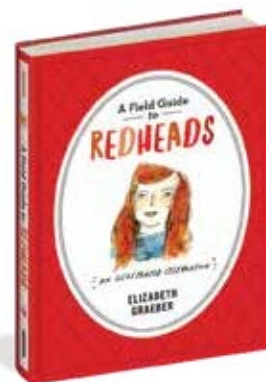
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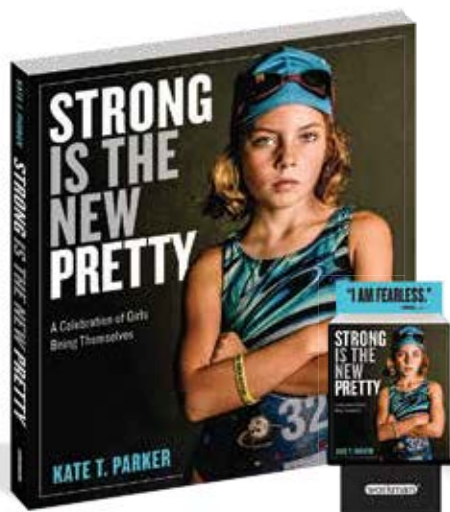


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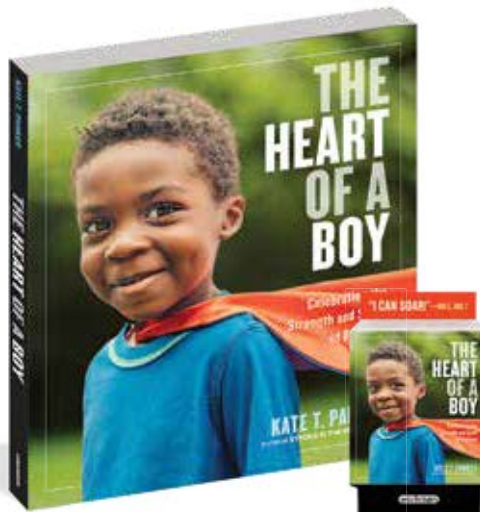


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DANCERS AFTER DARK
Jordan Matter

Dancers step into the night—and out of their clothes—to celebrate the beauty of the human form.

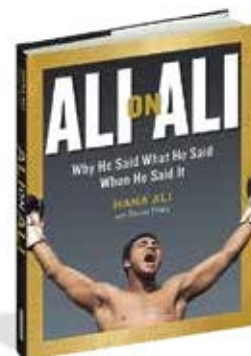
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BORN TO DANCE Celebrating the Wonder of Childhood Jordan Matter

In one thrilling photograph after another, Jordan Matter captures the intense emotions and experiences of being young, all through the lens of dance. Here are kids from the neighborhood and young stars like Chloe Lukasiak and Tate McRae.

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ISBN: 978-0-7611-8934-3
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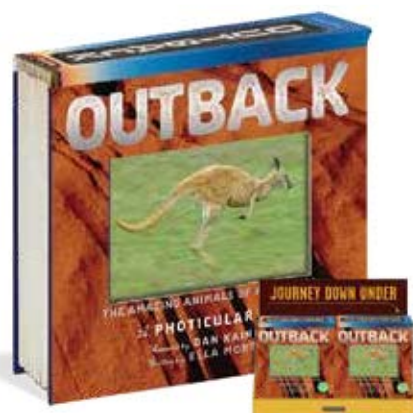
ALI ON ALI Why He Said What He Said When He Said It Hana Ali with Danny Peary

"I am the greatest!" "Float like a butterfly, sting like a bee." "I ain't got no quarrel with them Viet Cong." Compiled and written by his daughter, Hana Ali, with sportswriter Danny Peary, *Ali on Ali* brings together a remarkable mix of Ali's most humorous, poignant, inspirational, political, and philosophical quotes and their origins, accompanied throughout with

powerful photographs, from iconic fight scenes to never-before-seen family snapshots.

Jacketed hardcover:
\$14.95/\$22.95 Can.
ISBN: 978-1-5235-0346-9
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Full-color and B/W photos throughout; 160 pages; 5 3/4" x 7 1/2"
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\$119.60/\$183.60 Can.
ISBN: 978-1-5235-0412-1
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Photicular® Books by Dan Kainen Series has 3,000,000 copies in print.

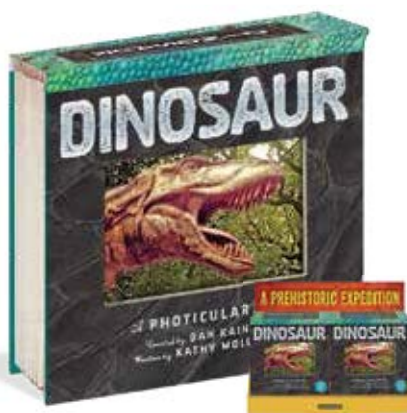


OUTBACK The Amazing Animals of Australia: A Photicular Book Created by Dan Kainen; Written by Ella Morton

Take an eye-opening adventure into the land Down Under. *Outback* reveals a place where heat waves dance forever, where deserts lead to tropical savannas to rain forests to salt pans, and where animals, isolated by the vagaries of continental drift, are unlike those found anywhere else on Earth.

162,000 copies in print.

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DINOSAUR A Photicular Book Created by Dan Kainen; Written by Kathy Wollard

See dinosaurs as if you were traveling on an expedition a hundred million years ago! Using unique Photicular technology, *Dinosaur* takes an extraordinary leap to bring these legendary, long-extinct creatures back to life. Giant sauroposeidons, with their impossibly long necks, lumber across the plains. Two angry triceratops prepare to lock horns. A velociraptor waves its

wildly feathered arms. It's an amazing journey back in time to when dinosaurs roamed the Earth.

336,000 copies in print.

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\$26.95/\$36.95 Can.
ISBN: 978-1-5235-0472-5
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Full color; 8 Photicular images;
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SAFARI A Photicular Book Created by Dan Kainen; Written by Carol Kaufmann

A magical journey for the whole family. Readers, as if on safari, encounter eight wild animals that come alive. Using never-before-seen Photicular® technology, each image is like a 3-D movie on the page, delivering a rich, fluid visual experience. The African elephant snaps its ears. The gorilla munches the leaves off a branch.

An evocative journal of a safari along the Mara River in Kenya accompanies each image.

1,084,000 copies in print.

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Full color; 8 Photicular images;
32 pages; 8" x 8"

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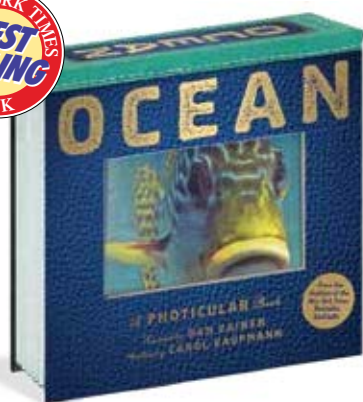
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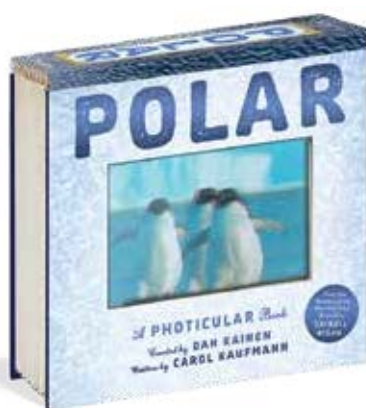
OCEAN A Photicular Book Created by Dan Kainen; Written by Carol Kaufmann

Dive into the mysteries of the deep. The authors of *Safari*, who introduced the world to Photicular® technology, take their work a step further. *Ocean* is not only a refinement of Photicular technology, but its subject—undulating creatures of the mysterious seas—is even more suited to the immersive visual pleasure of the process. The sea horse sways, the octopus

pulses. The shark stalks and the sea turtle flaps its legs as if in flight. It's a completely unique experience. The rich text includes a lively essay for each creature.

560,000 copies in print.

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Full color; 8 Photicular images;
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POLAR A Photicular Book Created by Dan Kainen; Written by Carol Kaufmann

Polar captures a land of extremes—remote, mysterious, and sparsely populated by creatures found nowhere else. There's a polar bear with her cubs; a beluga whale breaching; a team of sled dogs sprinting directly at the viewer. And the miracle of the northern lights, shimmering like a silk rainbow.

Science writer Carol Kaufmann brings the reader along on a voyage

to the icy North and South Poles and writes a lively and informative essay for each image.

293,000 copies in print.

Paper over board:
\$26.95/\$36.95 Can.
ISBN: 978-0-7611-8569-7
No. 18569
Full color; 8 Photicular images;
24 pages; 8" x 8"



IT'S THE LITTLE THINGS
The Pocket Pigs' Guide to Living Your Best Life Photographs by Richard Austin

Put your best hoof forward in a charming book that combines the irresistible sweetness of the Pocket Pigs of Pennywell Farm with words of wisdom about embracing all that life has to offer. On spread after spread we see heart-melting, full-color images of these mini pigs—lounging on tiny beach chairs, getting creative with paint, nuzzling with other farm animals—paired with

their favorite words on creativity, fearlessness, and relishing all of the small things that make life great.

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ISBN: 978-1-5235-0951-5
No. 220951



JUNGLE A Photicular Book Created by Dan Kainen; Written by Kathy Wollard

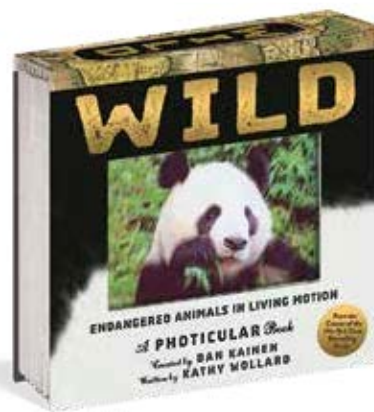
Trek into the wild heart of the rain forest and discover a world teeming with life. Jungles are home to more than half the world's plants and animals.

Watch a tarantula scuttle across the forest floor. A dancing whipsnake flick its tongue. A Bengal tiger on the prowl, and a macaw soar above the canopy.

The opening essay celebrates the jungle's riches and vulnerabilities, and a profile accompanies each animal featured.

315,000 copies in print.

Paper over board:
\$26.95/\$36.95 Can.
ISBN: 978-0-7611-8953-4
No. 18953
Full color; 8 Photicular images;
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WILD Endangered Animals in Living Motion: A Photicular Book Created by Dan Kainen; Written by Kathy Wollard

Come face to face with our vanishing wildlife. Gorillas at play. An albatross swooping its magnificent wings. A hovering bumblebee, among the most critical of threatened animals. *Wild* turns abstract numbers and names into touching and unforgettable images.

An opening essay explores the environmental and economic threats to animal

populations and how conservationists are working to slow—and reverse—the damage. Profiles of each animal accompany the images.

246,000 copies in print.

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ISBN: 978-1-5235-0147-2
No. 100147
Full color; 8 Photicular images;
24 pages; 8" x 8"



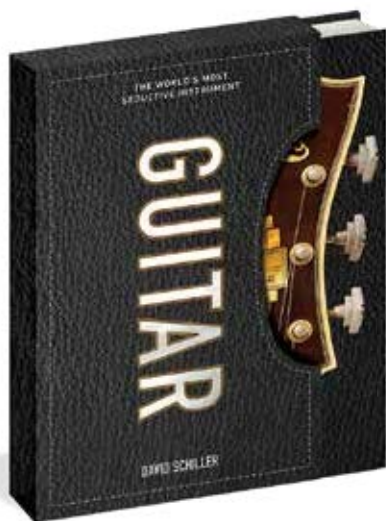
LIFE IN THE SLOTH LANE Slow Down and Smell the Hibiscus Lucy Cooke

Is there a reason sloths are always smiling? Perhaps it's because they've mastered the art of taking it slow in a world whose frenzied pace is driving the rest of us crazy. Here, heart-tuggingly cute photographs of these always-chill creatures are paired with words of wisdom, all to inspire us to slow down, stop to smell our own version of hibiscus, and come up

relaxed, centered, and smiling, too.

174,000 copies in print.

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No. 19322
Full-color photos throughout;
144 pages; 6" x 6"
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ISBN: 978-1-5235-0408-4
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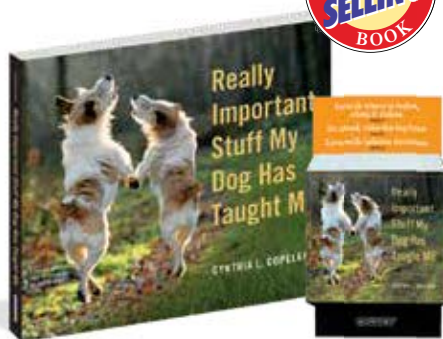


GUITAR The World's Most Seductive Instrument David Schiller

An obsessive, full-color book presented in an irresistible slipcase, *Guitar* features 200 instruments in stunning detail. Here are icons, like Prince's Yellow Cloud, Willie Nelson's "Trigger," and "Rocky," lovingly hand-painted by its owner, George Harrison. Historic instruments, like Les Paul's "Log," Hand-carved archtops, pinnacles of the luthier's art, and stunning acoustics from a new wave of women builders, like Rosie Heydenrych of

England, who's known to use 5,000-year-old wood retrieved from a peat bog. Plus there are profiles of 24 significant guitarists. Marrying pure visual pleasure with layers of information, *Guitar* is a glorious gift for any guitar lover.

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REALLY IMPORTANT STUFF MY DOG HAS TAUGHT ME Cynthia L. Copeland

Dogs teach us to greet every morning with enthusiasm and optimism, to love completely and forgive easily, to know when to run and when to rest. They show us that every day is a gift, and every meal the best meal ever. Every page of this tender, inspiring book delivers a life lesson that appeals as much to our hearts as our minds.

296,000 copies in print.

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REALLY IMPORTANT STUFF MY CAT HAS TAUGHT ME Cynthia L. Copeland

Like fluffy philosophers, cats inspire us to leap fearlessly forward as if we too had nine lives. In this book of pure wisdom and delight, filled with unforgettable life lessons, words and pictures are paired to remind us of what's important in life: curiosity, confidence, independence, a sense of adventure, and fearlessness.

148,000 copies in print.

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ISBN: 978-1-5235-0245-5
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REALLY IMPORTANT STUFF MY KIDS HAVE TAUGHT ME Cynthia L. Copeland

This little book with a big heart combines life lessons from the mouths of children with joyful pictures.

To be fearless: *Jump right in or you may change your mind about swimming.* Embrace adversity: *The harder the wind blows, the higher your kite will fly.*

454,000 copies in print.

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A BOWL OF OLIVES Sara Midda

Salad from the garden. A picnic on the beach. The perfect mug. This work of watercolors celebrates all things food and cooking. It is a book layered with memories, impressions, and recipes.

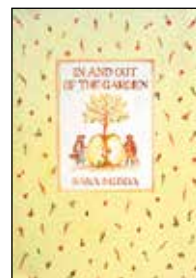
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SARA MIDDA'S SOUTH OF FRANCE Sara Midda

A wondrous sketchbook from a year spent in the South of France—an artist's personal journal with drawings and thoughts captures the whole feeling of Provence and the Côte d'Azur.

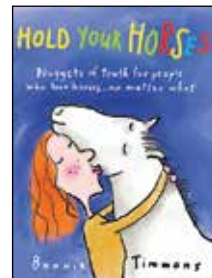
130,000 copies in print.
Hardcover: \$22.95/
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ISBN: 978-0-89480-763-3
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IN AND OUT OF THE GARDEN Sara Midda

Evoking the English gardens of Sara Midda's childhood, here are illustrations and reflections that recall a hut in the woods, a summer day spent podding peas. Painted with Sara Midda's fine brush, it is a book of lasting enchantment.

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HOLD YOUR HORSES Bonnie Timmons

For girls who are mad about horses, here is a charming, wise, obsessive celebration of the bond between woman and horse.

140,000 copies in print.

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Four-color illustrations throughout; 144 pages; 6" x 8"



100 ILLUSTRATED BIBLE VERSES Inspiring Words. Beautiful Art.

Bible verses, a timeless source of guidance, peace, and rejuvenation, are here given a very special treatment: illustrated in colorful letterpress styles that bring each word to life in a fresh and meaningful way. The verses are drawn from seven translations and arranged in order. Beginning with Genesis 1:1, these are 100 of the most distinctly and discretely meaningful passages of the Old and New Testaments, made even more powerful

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WE ARE SO BLESSED Illustrated Reminders of God's Grace

The wisdom of the Christian faith gets a reverent and radiant new treatment in *We Are So Blessed*, which pairs inspiring words with contemporary, vibrant graphics and gorgeous hand-lettering by 25 artists. A gift for prayer, worship, meditation, and everyday devotion, here are 100 beautiful expressions that celebrate the grace of God, including affirmations to soothe the soul, biblical verses from Old and New Testaments,

beloved psalms, prayers, and hymns, quotations, and more, all made more powerful through the transformative lens of art.

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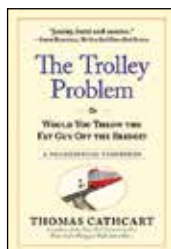
THE LITTLE BOOK OF PRAYERS David Schiller

A perfect gift for seekers, the curious, and the spiritually hungry. Gathered from holy books and prayer books, songs and spirituals, spoken traditions and poets, it is an unexpectedly approachable collection of common and uncommon prayers from around the world. Two indexes—one by authorship, and the

other by topic—make it immediately accessible.

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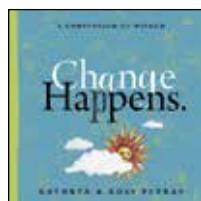
Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-7758-6
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396 pages; 4" x 6"
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ISBN: 978-0-7611-7824-8
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THE TROLLEY PROBLEM Thomas Cathcart

Comprised of a runaway trolley, a crew of five in its path, a lone worker on a spur track, and the power to change fate, the Trolley Problem has inspired decades of lively argument. Thomas Cathcart explores right and wrong, philosophy and ethics, intuition and logic, and more.

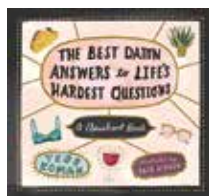
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No. 17513
144 pages; 5" x 7"



CHANGE HAPPENS Kathryn and Ross Petras

Change happens, and when it does, this little book offers true support. So laugh at it, with George Carlin. Celebrate it, like Patti Smith and David Bowie. Grow with it, like Maya Angelou, Stephen Hawking, and many others.

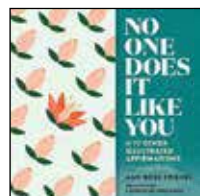
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THE BEST DAMN ANSWERS TO LIFE'S HARDEST QUESTIONS Tess Koman; Illustrated by Katie Vernon

Life is full of perplexing questions and complicated situations. These 54 fully illustrated flowcharts, lists, and rants will make anyone feel better.

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ISBN: 978-1-5235-0561-6
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NO ONE DOES IT LIKE YOU Amy Rose Spiegel; Illustrated by Catherine Willemse

Affirmations are a powerful part of self-care. These eloquent affirmations and vibrant illustrations combine in a fresh, timely way to bring a needed message to millennial women.

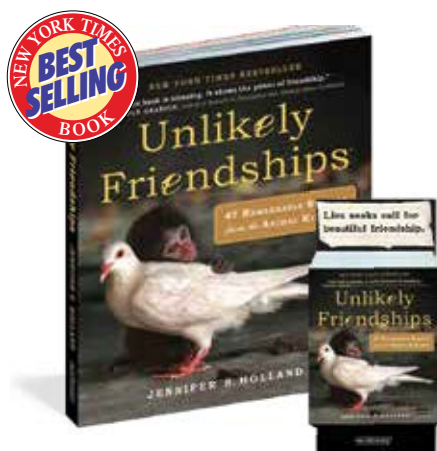
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No. 100531
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ISBN: 978-1-5235-0760-3
No. 220760



LET'S BE WEIRD TOGETHER A Book About Love Brooke Barker and Boaz Frankel

Conversations made up entirely of inside jokes. Netflix passwords, bizarre dreams, even French fries—all shared without a second thought. From married weirdos Brooke Barker and Boaz Frankel, here's a relationship book that captures the rituals and mini universe (Population: 2) that every couple creates together, in a sweet, small package with relatable humor, charming illustrations, and endearing quirkiness.

Paper over board:
\$12.95/\$19.95 Can.
ISBN: 978-1-5235-0773-3
No. 100773
Full-color illustrations throughout; 112 pages plus 1 sheet of temporary tattoos; 6" x 7"
6-copy counter display:
\$77.70/\$119.70 Can.
ISBN: 978-1-5235-0929-4
No. 220929

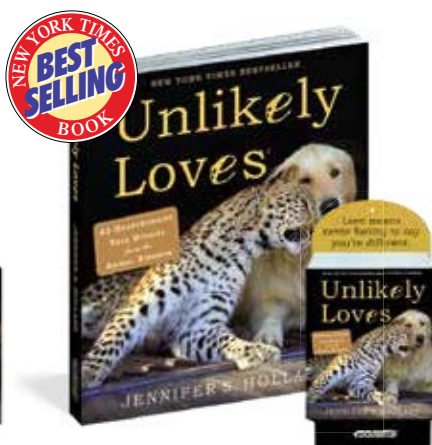


UNLIKELY FRIENDSHIPS®
47 Remarkable Stories from the Animal Kingdom Jennifer S. Holland

Here are animals who bond in the most unexpected ways: a cat and a bird. An elephant and a sheep. Koko the gorilla and All Ball the kitten, and the hippo Owen and the tortoise Mzee.

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UNLIKELY LOVES®
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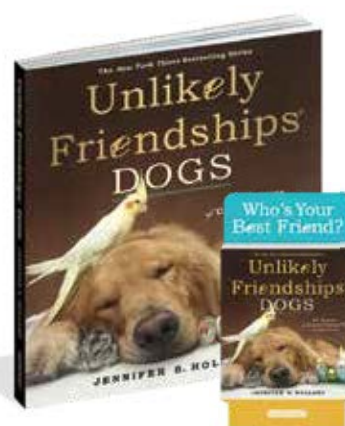
Love means never having to say you're different. Here are stories of parental love between species, like the dalmatian who mothers a newborn lamb.

314,000 copies in print.

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 See Workman Calendar Catalog.
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UNLIKELY FRIENDSHIPS®: DOGS
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A heartwarming book that brings together dozens of new stories of canine kindness and courage. Meet Rex, a Belgian Malinois who learned to love and trust again through the improbable friendship of a goose. Popeye the Mastiff, who saved 17 terrified horses by nibbling at their hooves. These true stories of camaraderie, affection,

and remarkable bravery prove that dogs are every creature's best friend.

175,000 copies in print.

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ISBN: 978-0-7611-8728-8
No. 18728
 Full-color photos throughout;
 248 pages; 7" x 8"
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UNLIKELY HEROES 37 Inspiring Stories of Courage and Heart from the Animal Kingdom Jennifer S. Holland

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No. 17441
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 ISBN: 978-0-7611-8259-7
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CRAZY PLANT LADY
Isabel Serna

You know you're a crazy plant lady when: Watering is a hobby • You can't resist a cute pot • Just looking at your plants brings happiness. An illustrated celebration of the plant lady lifestyle, this charming little book proves that plant love is the joy that keeps growing. *Includes a sheet of stickers.*

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ISBN: 978-1-5235-0537-1
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8-copy counter display:
\$103.60/\$143.60 Can.
ISBN: 978-1-5235-0759-7
No. 220759



CRAZY CAT LADY
Agnes Loonstra & Ester Scholten

CRAZY CAT LADY
(noun): A badge of honor for people who know that cats are awesome.

Do you often wake up covered in cat hair? Do you keep accumulating more and more cats—then staying home Friday nights to cuddle with them? Proclaim your feline obsession proudly! Illustrated with cheeky mottoes, flowcharts, and fun facts throughout, this little book is an

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Paper over board:
\$12.95/\$17.95 Can.
ISBN: 978-1-5235-0557-9
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Full-color illustrations throughout; 112 pages and 1 sticker sheet; 5 3/4" x 6"
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\$103.60/\$143.60 Can.
ISBN: 978-1-5235-0758-0
No. 220758



BOOK NERD Holly Maguire

Book nerds rule! And what better gift than this celebration of the passion that separates a book nerd from the average person who likes to read. Sweet, affectionate, understanding, and clever, *Book Nerd* is filled with bright, playful, intricately detailed illustrations and wonderful mottoes, definitions, relatable moments, and more. A book nerd belongs to more than one library. Never once thought

the movie was better. And wears a T-shirt that says—what else?—"Too many books, too little time."

Paper over board:
\$12.95/\$19.95 Can.
ISBN: 978-1-5235-1026-9
No. 101026
Full-color illustrations throughout; 112 pages and 1 sticker sheet with foil accents; 5 3/4" x 6"
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ISBN: 978-1-5235-1165-5
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YOU ARE DOING A FREAKING GREAT JOB. And Other Reminders of Your Awesomeness

The perfect gift—because we all know someone who deserves a special *thank-you!* A companion to *Think Happy, Be Happy*, here's a vibrant, colorful, pocket-size book of encouragement. Created by more than 20 artists and designers, this powerful little book is filled with nearly 200 uplifting and inspiring quotes,

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ISBN: 978-0-7611-8447-8
No. 18447
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
6-copy counter display:
\$59.70/\$77.70 Can.
ISBN: 978-0-7611-8473-7
No. 28473



THINK HAPPY, BE HAPPY
Art, Inspiration, Joy

The gift of art, the gift of inspiration, the gift of joy. This dynamic illustrated book is a perfect upbeat gift, brimming over with encouragement and wisdom and delivered with a fresh, modern twist. Here are dozens of spirited quotes brought to life with vibrant original graphics and lettering by more than 30 contributing artists, plus happiness-inducing

playlists, top-ten lists, crafts, and simple recipes. (Watermelon Mint Ice Pop, anyone?) *264,000 copies in print.*

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-7757-9
No. 17757
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
8-copy counter display:
\$79.60/\$103.60 Can.
ISBN: 978-0-7611-7790-6
No. 27790



DOG MOM A Love Story Isabel Serna

A perfect gift for the millions of proud, loving, totally obsessed women in the world who share the love with the hashtag #dogmom, here is the little book that *gets it*. That celebrates the special way a dog mom is careful to spell out "W-A-L-K" so as not to over-excite your pet; who accepts that an ice cream cone is never just for one; and who masters all the different petting techniques. Beautifully illustrated in a bright, vibrant, and

emotionally rich way by Isabel Serna, it's the beautiful work of one who clearly knows the unique bond between woman and dog.

Paper over board:
\$12.95/\$17.95 Can.
ISBN: 978-1-5235-0810-5
No. 100810
Full-color illustrations throughout; 112 pages and 1 sticker sheet with foil accents; 5 3/4" x 6"
8-copy counter display:
\$103.60/\$143.60 Can.
ISBN: 978-1-5235-1085-6
No. 221085



KEEP WHAT YOU LOVE A Visual Decluttering Guide
Irene Smit and Astrid van der Hulst; Illustrated by Lotte Dirks

A whimsical yet practical visual guide to sorting through the too-much-stuff of modern life. Here are page after page of items that fill our lives—novelty ice cube trays, a manual typewriter, that souvenir snow globe. And beneath each drawing, two little checkboxes: Yes and No. Look at the object. Note your response. Act accordingly! Plus wonderful tips

for how to organize, and clever ideas for what to do with things we simply can't part with, like children's artwork.

Paper: \$9.95/\$13.95 Can.
ISBN: 978-1-5235-0943-0
No. 100943
Full-color illustrations throughout; 240 pages; 4" x 6"
8-copy counter display: \$79.60/\$111.60 Can.
ISBN: 978-1-5235-1082-5
No. 221082



MY PERFECTLY IMPERFECT LIFE 127 Exercises for Self-Acceptance
Irene Smit & Astrid van der Hulst; Illustrated by Karen Weening

From the bestselling editors at *Flow* magazine comes a guided journal with a welcoming, come-as-you-are message: Embrace the things that make you you, flaws and all. Charmingly illustrated and filled with prompts. *My Perfectly Imperfect Life* inspires readers to let go of the pressure to be perfect and to celebrate quirks, slipups, and

imperfections rather than judge them.

Paperback with lay-flat binding and rounded corners: \$15.95/\$23.95 Can.
ISBN: 978-1-5235-0636-1
No. 100636
Full-color illustrations throughout; 176 pages and 1 sticker sheet; 6 3/8" x 8 1/2"
6-copy counter display: \$95.70/\$143.70 Can.
ISBN: 978-1-5235-0755-9
No. 220755



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Irene Smit & Astrid van der Hulst

With a surprise on every page, this book begs to be folded, collaged, cut up, crafted with, doodled on, and shared. Loop paper strips into a paper chain. Snip out bookmarks. Throughout there are *Flow*'s signature goodies, including paper banners, postcards, stickers, paper dolls, and so much more. It's a pure hands-on treat that encourages young readers to slow down, enjoy the pleasures of

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For ages 7 and up.
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ISBN: 978-1-5235-0814-3
No. 100814
Full-color illustrations throughout; 180 pages plus special pullouts; 6 1/2" x 8 1/2"
5-copy counter display: \$99.75/\$149.75 Can.
ISBN: 978-1-5235-0928-7
No. 220928



THE TINY BOOK OF TINY PLEASURES
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

The sweetest reminder imaginable that it's the little things in life that make us happy. Little things like sharing tea with a friend. An ice cream cone with sprinkles. The smell in the air right after a summer rain. A tiny, perfect impulse book filled with whimsical, colorful illustrations, plus cheerful random prompts, thoughts, and facts, *The Tiny Book of Tiny Pleasures* is a

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62,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-9376-0
No. 19376
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
8-copy counter display: \$79.60/\$103.60 Can.
ISBN: 978-1-5235-0086-4
No. 220086

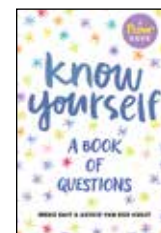


EVERYTHING GROWS WITH LOVE Beautiful Words, Inspiring Thoughts
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

Relish life, love, and friendship—and share with everyone you love. Created by the editors of *Flow* magazine, *Everything Grows with Love* features dozens of uplifting quotes and sayings in original graphics and hand lettering by more than 40 contributing artists and crafters. Perfect for Valentine's Day, wedding showers, birthdays, or simply as a

pick-me-up for a friend or relative, it's an ode to creativity, inspiration, and, above all else, love.

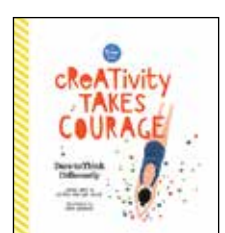
Paper: \$9.95/\$12.95 Can.
ISBN: 978-1-5235-0114-4
No. 100114
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
8-copy counter display: \$79.60/\$103.60 Can.
ISBN: 978-1-5235-0254-7
No. 220254



KNOW YOURSELF
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

Questions to inspire you to reflect, to reveal memories and ideas, to help you stay present. And shared with friends and loved ones, a wonderful way to get to know each other on a whole new level.

Paper over board: \$10.95/\$15.95 Can.
ISBN: 978-1-5235-0635-4
No. 100635
Four color throughout; 208 pages; 4" x 6"
8-copy counter display: \$87.60/\$127.60 Can.
ISBN: 978-1-5235-0754-2
No. 220754



CREATIVITY TAKES COURAGE
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

Organized around a series of 13 "dares," this beautiful little book guides readers through a program to unleash their inner artists.

Paper over board with tear-out posters, notebooks, and postcards: \$21.95/\$32.95 Can.
ISBN: 978-1-5235-0355-1
No. 100355
Full-color illustrations throughout; 208 pages plus special pullouts; 7" x 7"
6-copy counter display: \$131.70/\$197.70 Can.
ISBN: 978-1-5235-0415-2
No. 220415



A BOOK THAT TAKES ITS TIME
An Unhurried Adventure in Creative Mindfulness Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

From *Flow*, a celebration of mindfulness, creativity, and life's little pleasures.

Read about the benefits of journaling—then turn to “The Joy of One Thing at a Time Notebook.” A short piece on the power of being grateful is followed by pages of illustrated “Beautiful Moments” cards to fill in, punch out, save, and revisit. 205,000 copies in print.

Paper over board, perforated posters, note-cards, stickers, specialty papers, and more:
\$27.50/\$37.95 Can.
ISBN: 978-0-7611-9377-7
No. 19377

Full-color photos and illustrations throughout; 224 pages and 116 pages of special papers and pullouts; 7½" x 8¾"
5-copy counter display:
\$137.50/\$189.75 Can.
ISBN: 978-1-5235-0099-4
No. 220099

50 WAYS TO DRAW YOUR BEAUTIFUL ORDINARY LIFE
Practical Lessons in Pencil and Paper Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

In this innovative approach to art instruction, the artists of *Flow* share secrets and techniques for rendering the kinds of things we see and interact with every day. Along the way we learn about color, perspective, and the power of tracing. Includes bound-in goodies, from postcards to colored paper, and an inspirational poster on the underside of the jacket.

91,000 copies in print.

Jacketed paperback with pullout booklets, post-cards, special papers, and more:
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ISBN: 978-1-5235-0115-1
No. 100115

Full-color illustrations throughout; 256 pages plus special pullouts; 8" x 10"
6-copy counter display:
\$149.70/\$209.70 Can.
ISBN: 978-1-5235-0410-7
No. 220410

THE BIG BOOK OF LESS **Finding Joy in Living Lighter** Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

Taking a holistic approach to the idea that we'd do well to throw out life's unnecessary ballast, here's how to pare down not just the jumble of things around us, but the clutter in our heads, too. And in the process, make room for more—more listening, more focus, more wisdom, more time. More life. More you. With plenty of paper goodies, in the signature *Flow* way, *The Big Book of Less* includes a one-thought-a-day diary,

a pocket-sized sketch-book, and a tiny fold-up house, where your imagination can play with the thought of living in 300 square feet.

Paper over board:
\$27.50/\$37.95 Can.
ISBN: 978-1-5235-0628-6
No. 100628
 Full-color illustrations throughout; 224 pages plus special pullouts; 7½" x 8¾"
5-copy counter display:
\$137.50/\$189.75 Can.
ISBN: 978-1-5235-0753-5
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No. 100730
 Set of 9 full-color adhesive notepads; 60 sheets each; pad sizes vary; all packaged in a 6" x 8" paperback case

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ISBN: 978-1-5235-0939-3

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ISBN: 978-1-5235-0940-9

No. 100940

Full-color illustrations throughout; 2 sheets of adhesive labels and seals; 8 1/2" x 11"



STICKER BOOK

The *Sticker Book* includes 28 full-color adhesive sheets filled with hundreds of images to decorate a journal, notebook, laptop, or phone.

- Over 800 gorgeous, high-quality stickers—mushrooms, butterflies, bugs, plants, and more
- A perfect add-on to the *Sketchbook* and *Stationery*

Paperback case around pad binding with foil embellishments on cover:

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ISBN: 978-1-5235-0938-6

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Full-color illustrated stickers;
28 sticker sheets; 6" x 8"



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The *Daily Tracker* is a scheduling and list pad that keeps you focused and organized. With just one sheet per day, you can manage your tasks and keep up with your hour-by-hour agenda.

- 80 tear-off pages
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No. 101046

Four different colors repeat throughout;
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STICKY NOTES

Stay organized, jot down a note, or mark your place with illustrated *Sticky Notes*, all in various sizes.

- 9 illustrated sticky note pads and tabs of assorted sizes

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ISBN: 978-1-5235-0941-6

No. 100941

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A set of three stylish notebooks play on the theme: One is *All Good Things*, the second is *Wild*, and the third is *Free*. Each has a different cover illustration and different paper pattern inside. Printed on FSC-certified paper.

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- 64 pages each

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\$14.95/\$22.95 Can.

ISBN: 978-1-5235-0942-3

No. 100942

Set of 3 notebooks, each with repeating 1-color interiors; 64 pages; 5 1/2" x 8"



SKETCHBOOK

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- A gift of pure pleasure for artists and journalers
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Paper: \$9.95/\$14.95 Can.

ISBN: 978-1-5235-0944-7

No. 100944

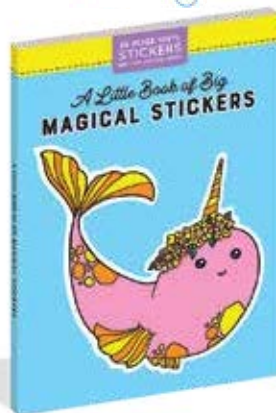
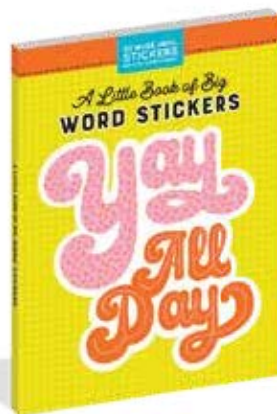
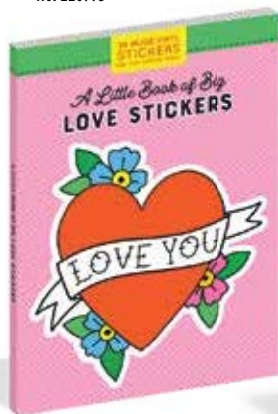
80 pages with blank and graph paper; 8 1/2" x 11"

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Pipsticks is a subscription sticker club founded on the idea that little things can make a big difference. Matched with Workman's unprecedented success in the calendar and gift business and its power to build brands, the result is a new product line built on creativity, innovation, fresh design, and unbeatable quality and value.



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\$256.80/\$352.80 Can.
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A LITTLE BOOK OF BIG STICKERS

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Personalize a planner (or phone case or laptop) with the *Little Book of Big Stickers* series: three small books featuring 20 HUGE, eye-catching vinyl stickers, each with a different theme. Bonus: Each book features 150+

mini stickers, too! Spread the sticker love!

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WORD STICKERS

ISBN: 978-1-5235-0714-6
No. 100714

MAGICAL STICKERS

ISBN: 978-1-5235-0713-9
No. 100713



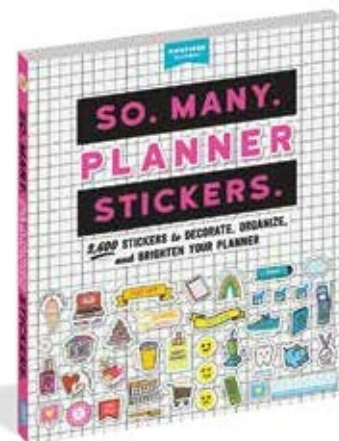
HANDS OFF MY STICKERS!

A Sticker Collection Book

Collect and store your favorite stickers! This grown-up sticker book has five glossy gatefold pages, five holographic storage pouches, and three gorgeous sheets of stickers.

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No. 100480

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3-copy counter display:
\$56.85/\$74.85 Can.
ISBN: 978-1-5235-0535-7
No. 220535



SO. MANY. PLANNER STICKERS.

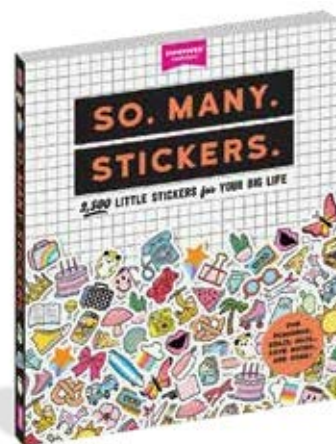
2,600 Stickers to Decorate, Organize, and Brighten Your Planner

Perfect for planner fanatics and stationery fans, here is a collection of 2,600 stickers bursting with energy and color that are specially designed for planners (and sized perfectly for Pipsticks + Workman ones). Flag appointments and notes, track goals, mark special occasions, or simply spruce up any spread in your planner.

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No. 100815
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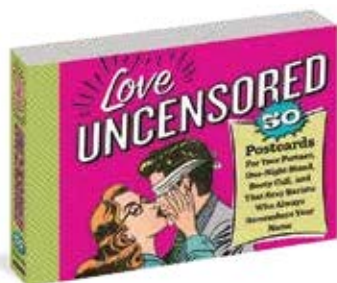
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2,500 Little Stickers for Your Big Life

A must-have for any sticker fanatic, *So. Many. Stickers.* features 2,500 little stickers for any occasion. Whether you're collecting them, decorating with them, or trading with your besties, the range is pure fun: old-school cameras, vibrantly colored flowers, stylish high-top sneakers.

It's the perfect add-on to a Pipsticks + Workman planner. So go ahead: Spread the sticker love!
56,000 copies in print.

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ISBN: 978-1-5235-0715-3
No. 100715
Full color throughout; 50 sticker sheets; 6" x 7 1/4"

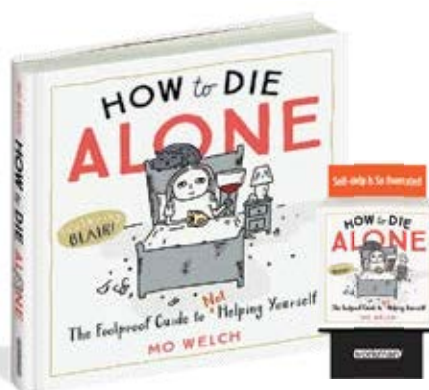


LOVE UNCENSORED 50 Postcards
for Your Partner, One-Night Stand,
Booty Call, and That Sexy Barista Who
Always Remembers Your Name

How many ways can you say "I love you"? Or, at least, "I want you"? Get creative—and maybe a little naughty—with *Love Uncensored*, a collection of 50 full-color, tear-out postcards. Each card is an inspired marriage of retro art and contemporary sass, pairing nostalgic pop art images with thoroughly modern sentiments about love and romance.

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No. 100154
 Full-color illustrations throughout; 50 pullout cards; 6" x 4 1/4"
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ISBN: 978-1-5235-0255-4
No. 220255

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HOW to DIE ALONE The Foolproof
Guide to Not Helping Yourself
Mo Welch

For every brave soul who wishes she could just say no—meeting the gang for drinks, dating of any kind, wishing a coworker happy birthday (unless there's cake involved)—here comes Blair with honest advice on how to live your life at home, in sweat pants. The creation of cartoonist and stand-up comic Mo Welch, Blair is the awkward, self-deprecating, totally relatable anti-heroine

who always—always—gives you permission to choose the couch over the gym. Cat not included.

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ISBN: 978-1-5235-0426-8
No. 100426
 Full-color illustrations throughout; 144 pages; 6" x 6"
6-copy counter display:
 \$77.70/\$119.70 Can.
ISBN: 978-1-5235-0762-7
No. 220762



EVERYTHING IS THE WORST
A Book for People Who Just Can't

Enough with the happiness books. Seriously, *can you not though?* Sometimes you just don't want to hear one more person tell you to Have a great day! Because you *pretty much hate everyone*, and *everything sucks*. So, a tongue-in-cheek gift of anti-inspiration filled with gorgeously hand-lettered expressions revealing what most of us

really know, deep in our hearts, to be true: *We're so freaking over it.*

Paper over board:
\$12.95/\$18.95 Can.
ISBN: 978-1-5235-0353-7
No. 100353
 Full-color illustrations throughout; 96 pages plus 3 punch-out card-stock pages; 6" x 6"
8-copy counter display:
 \$103.60/\$151.60 Can.
ISBN: 978-1-5235-0416-9
No. 220416



GRUNT Pigorian Chant from Snout
Domoinko de Silo *Written, composed,*
and illustrated by Sandra Boynton

A whimsical parody, this book and CD combine Sandra Boynton's inimitable way with farm animals and satire.
140,000 copies in print.
 • Selection of the Book-of-the-Month Club.

Paper over board:
\$10.95/\$16.95 Can.
ISBN: 978-0-7611-0594-7
No. 10594
 Full-color illustrations throughout; 28 pages; sealed envelope on inside cover contains 28-minute CD; 5 1/2" x 5 1/2"



CAT *B. Kliban*

It's the mother of all cat books. The book that gave new meaning to wacka-wacka and forever redefined it.

Cat is the classic that started it all. It gave a voice to catmaniacs around the country and launched an entire genre in publishing and licensing. "Neither cute nor mysterious but instead simply and irreverently, even raucously, very funny."—*Village Voice*

1,047,000 copies in print.
 • Selection of the Book-of-the-Month Club.

Paper: \$8.95/\$13.95 Can.
ISBN: 978-0-911104-54-7
No. 075
 Black-and-white drawings throughout; 160 pages; 8" x 5"
8-copy counter display:
 \$71.60/\$111.60 Can.
ISBN: 978-0-7611-6947-5
No. 26947



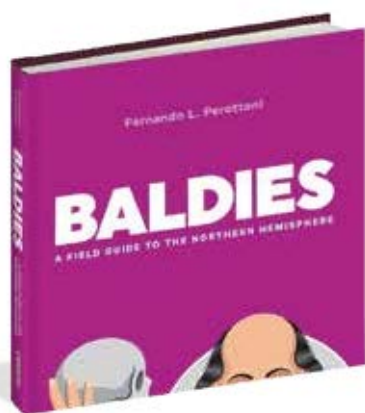
NEVER EAT ANYTHING BIGGER THAN
YOUR HEAD & OTHER DRAWINGS
B. Kliban

It's all the Kliban people—from Houdini escaping New Jersey to the famed Genghis and Sylvia Khan, in 150 cartoons.

"... the only book I've read in years that made me howl. I mean thigh-slapping, roll-on-the-ground, can't-catch-my-breath howling."
 —Charles M. Young, *Rolling Stone*

433,000 copies in print.
 • Selection of the Quality Paperback Book Club.

Paper: \$5.95/\$8.95 Can.
ISBN: 978-0-911104-67-7
No. 093
 Black-and-white drawings throughout; 160 pages; 8" x 5"
8-copy counter display:
 \$47.60/\$71.60 Can.
ISBN: 978-0-7611-6959-8
No. 26959

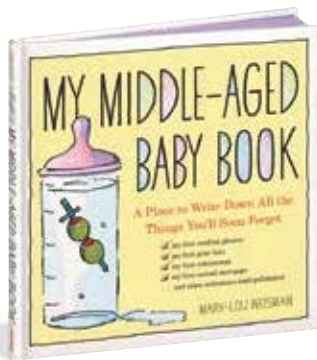


BALDIES A Field Guide to the Northern Hemisphere *Fernando L. Perottoni*

Some of the best people, in fact and fiction, are bald. But can you recognize them from the eyebrows up? This who's who of the follicly challenged celebrates the bold-sexy-powerful-cool world of bald men—and makes it a game, too. On each page is a full-color illustration of a bald head—top only!—and the reader has to guess its owner. Is that Gandhi or Larry

David? Voldemort or Patrick Stewart? Here are 70 distinctive chrome domes. How many can you identify?

Paper over board: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-8915-2
No. 18915
Full-color illustrations throughout; 144 pages; 6" x 6"
6-copy counter display: \$59.70/\$89.70 Can.
ISBN: 978-1-5235-0095-6
No. 220095



MY MIDDLE-AGED BABY BOOK A Place to Write Down All the Things You'll Soon Forget REVISED, NIPPED, AND TUCKED **THIRD EDITION** *Mary-Lou Weisman*

An irrepressibly cheeky celebration of middle age in the form of a fill-in baby book. It's a place to record firsts: my first colonoscopy, my first reading glasses. Vital statistics: married name(s), circumference of abdomen, cholesterol count. It explains the Seven Stages of Hair Loss, answers the questions Am I Smiling . . . or Is It Gas?, and what happens When I Grow

Up—go ahead, be a burden to your children!
292,000 copies in print.

Padded paper over board: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-7747-0
No. 17747
Full-color illustrations throughout; 88 pages; 8" x 8"
8-copy counter display: \$103.60/\$159.60 Can.
ISBN: 978-0-7611-7831-6
No. 27831



2 KINDS OF PEOPLE A Visual Compatibility Quiz *João Rocha*

It takes all kinds of people to make a world. But maybe it really takes only *two* kinds. Like people who put ketchup on their fries, and people who put the ketchup on the side. An interactive visual personality quiz that's as much fun as a game, *2 Kinds of People* pairs 85 choices having to do with food, home, technology, travel, and more. It's the perfect icebreaker, a clever way to find out if

you and your best friend, date, coworker, and/or person you just met in a bar are compatible.
52,000 copies in print.

Paper: \$12.95/\$18.95 Can.
ISBN: 978-0-7611-8949-7
No. 18949
Full-color illustrations throughout; 176 pages; 6" x 6"
6-copy counter display: \$77.70/\$113.70 Can.
ISBN: 978-1-5235-0102-1
No. 220102

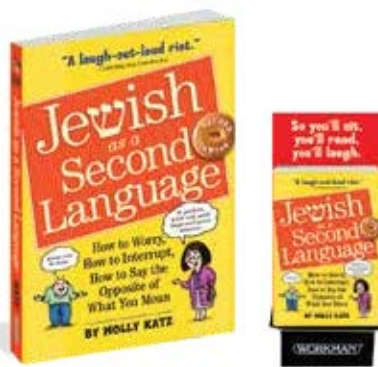


NUNS HAVING FUN *Maureen Kelly and Jeffrey Stone*

Inspired by the *Nuns Having Fun* calendar ("the funniest calendar of the year," according to Gene Shalit), welcome to the lighter side of convent life. To days of ice-cream cones, kung fu, and snowball fights, fishing off the dock, or frolicking in the surf. Culled from the black-and-white photos of the 1950s and '60s, here are hundreds of nuns caught in the act of letting their wimples down, revealing

irresistible humor and charm. Plus habits and habitats, legends, trivia, favorite classroom punishments, and more.
92,000 copies in print.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-5041-1
No. 15041
Photos throughout; 256 pages; 4" x 6"
10-copy counter display: \$99.50/\$149.50 Can.
ISBN: 978-0-7611-5054-1
No. 25054

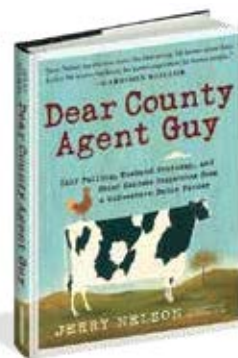


JEWISH AS A SECOND LANGUAGE How to Worry, How to Interrupt, How to Say the Opposite of What You Mean *Molly Katz*

Completely revised and updated. It's everything from mastering the OAQ (Obsessive Anal Question)—*They'll de-ice the wings before takeoff, right?*—to never, ever believing your mother-in-law when she says, *Don't bother driving me, I'll take a cab*, to *The Art of Two-Person Worrying* (Jewish Ping-Pong).

293,000 copies in print.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-5840-0
No. 15840
Black-and-white illustrations throughout; 192 pages; 5 1/4" x 7 1/2"
8-copy counter display: \$79.60/\$119.60 Can.
ISBN: 978-0-7611-5934-6
No. 25934

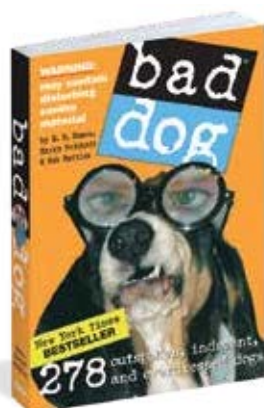


DEAR COUNTY AGENT GUY *Jerry Nelson*

Jerry Nelson is a humorist whose beat is the American heartland. A fourth-generation dairy farmer, Jerry writes about courtship (Jerry refers to himself as a Norwegian bachelor farmer); the duties of a husband (exactly why is it that

a man who spends his days in cow manure can't change a baby's diaper?); family, neighbors, and more.

Jacketed hardcover: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-8727-1
No. 18727
224 pages; 5" x 7"



BAD DOG® 278 Outspoken, Indecent, and Overdressed Dogs R. D. Rosen, Harry Prichett, and Rob Battles

Bad habits, bad attitudes, bad breath. And bad enough to be a *New York Times* bestseller. There's the old leech Samson, half mastiff and half slobber. Barley of the Order of the Vested Shih Tzus. Devil-worshipping Penny.

With 278 truly funny photographs (including a number of group portraits), plus name, age, hobby, and candid quote.

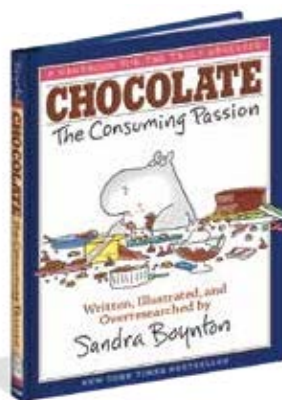
549,000 copies in print.

• Selection of Book-of-the-Month Club and Bookspan Book Clubs.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-3983-6
No. 13983

Full-color photographs throughout; 256 pages; 4" x 6"

12-copy counter display:
\$119.40/\$179.40 Can.
ISBN: 978-0-7611-4051-1
No. 24051



CHOCOLATE The Consuming Passion Written, Illustrated, and Overresearched by Sandra Boynton

Here is the absolute ideal gift for every true chocolate obsessive, and it's even better than actual chocolate, since this book will last SO much longer. And, unlike chocolate, the book is also great for sharing.

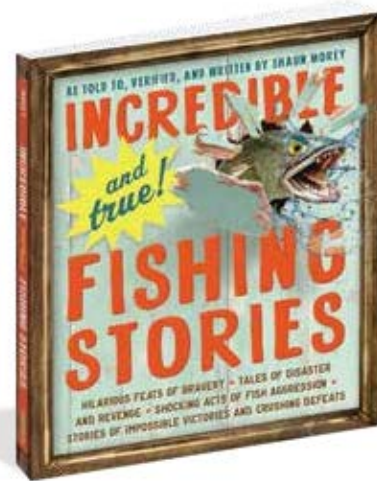
A *New York Times* bestseller in its original edition, *Chocolate* is a timeless illustrated classic. And it has now been thoroughly updated,

rewritten, and redrawn by Sandra Boynton.
578,000 copies in print.

Paper over board:
\$12.95/\$18.95 Can.
ISBN: 978-0-7611-8563-5
No. 18563

Full-color illustrations throughout; 112 pages; 6 1/8" x 8"

8-copy counter display:
\$103.60/\$151.60 Can.
ISBN: 978-0-7611-8699-1
No. 28699



INCREDIBLE—AND TRUE!—FISHING STORIES As Told to, Verified, and Written by Shaun Morey

From the connoisseur of fish stories comes a new collection of over 100 jaw-dropping tales. Remarkable Catches—like the time Billy Sandifer caught a 1,000-pound tiger shark in the surf. Hilarious Feats of Bravery, like the exploits of Matt Watson, who

leapt out of a helicopter to land on the back of a marlin.

509,000 copies in print.

Paper: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-8017-3
No. 18017

Two color; photos and illustrations throughout; 224 pages; 6" x 7"



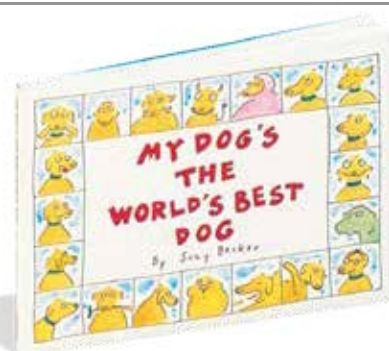
SOME VERY INTERESTING CATS PERHAPS YOU WEREN'T AWARE OF Doogie Horner

With cartoonish full-color illustrations accompanied by absurdly funny stories and droll observations, *Some Very Interesting Cats* ... is a gallery of 100 impossible cat characters. Like the Alien cat, Xort. Or Mountain Climber cat,

Snowball, and his route up the North Curtain to Mt. Bookcase.

Paper over board:
\$10.95/\$16.95 Can.
ISBN: 978-0-7611-8403-4
No. 18403

Four-color illustrations throughout; 208 pages; 5 1/2" x 7"



MY DOG'S THE WORLD'S BEST DOG Suzy Becker

After publishing one of the great cat books of all time, Suzy Becker makes a startling confession—she's a dog lover, too.

127,000 copies in print.

• Selection of the Literary Guild.

Paper: \$6.95/\$10.95 Can.
ISBN: 978-0-7611-0105-5
No. 10105

Full-color drawings throughout; 96 pages; 7" x 5"

12-copy counter display:
\$83.40/\$131.40 Can.
ISBN: 978-0-7611-0211-3
No. 20211



ALL I NEED TO KNOW I LEARNED FROM MY CAT DOUBLE-PLATINUM COLLECTOR'S EDITION Suzy Becker

The fastest-selling book in Workman's history, one thing hasn't changed—people are still starved for wisdom. This edition celebrates the book's two million copies, and features the original book plus 48 new pages. Every cat fancier will recognize the book's timeless take on grooming, health, relationships, boundaries, and how to live in the moment. These teachings

may very possibly change your life.

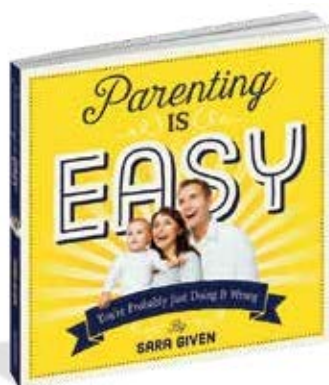
2,000,000 copies in print.

• Selection of the Book-of-the-Month Club.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-4766-4
No. 14766

Full-color illustrations throughout; 144 pages; 7" x 5"

12-copy counter display
\$119.40/\$179.40 Can.
ISBN: 978-0-7611-4793-0
No. 24793



PARENTING IS EASY *You're Probably Just Doing It Wrong* Sara Given

Imagine a world where pregnant women are always upbeat and glowing, newborns sleep on cue, and toddlers love having their teeth brushed. Impossible? Not according to advertisers who flood the Web with stock photos of perfect parents and children—inspiring Sara Given to caption these ludicrous photos with equally hilarious captions. When baby is fussy at mealtime,

try feeding him bib-free on a white couch. The soft green on a sunny golf course is a great place to breastfeed.

Paper with flaps:
\$10.95/\$16.95 Can.
ISBN: 978-0-7611-8565-9
No. 18565
Full-color photos throughout;
176 pages; 6" x 6"
8-copy counter display:
\$87.60/\$135.60 Can.
ISBN: 978-0-7611-8691-5
No. 28691

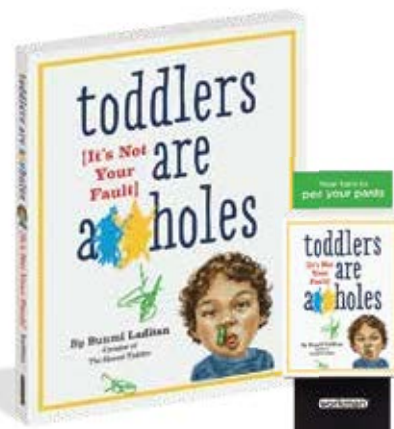


I LOVE YOU WITH ALL MY BUTT!
An Illustrated Book of Big Thoughts from Little Kids Martin Bruckner

Spirited declarations of personality—I'm *training to be a wolf*. The endearing mangling of language—*Mommy, I don't need your mouth to talk to me right now*. The creative mixing of metaphors—I *need a tissue to wipe my feelings*. Only little kids, so earnest and unfiltered, could speak like this. And only a loving father with an artist's touch could make every word sing—Martin

Bruckner's illustrations capture the hilarious things kids say in this sweetest of gift books for families and teachers.

Paper over board:
\$12.95/\$18.95 Can.
ISBN: 978-0-7611-8914-5
No. 18914
Full-color illustrations throughout; 224 pages; 5" x 6 1/2"
8-copy counter display:
\$103.60/\$151.60 Can.
ISBN: 978-1-5235-0085-7
No. 220085

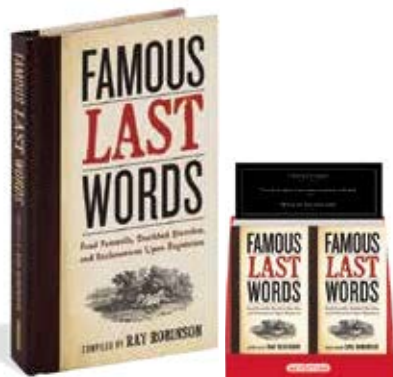


TODDLERS ARE AHOLES**
(It's Not Your Fault) Bunmi Laditan

A hilarious, brash, and honest look at the maelstrom called life with a toddler, covering mealtime, aka Hell, potty training, and using the TV as babysitter: *Experts will tell you that screen time is bad for kids, but do you know what else is bad for kids? Getting dropped off at a 7-11 with a duffel bag full of clothes*. For every parent who's in the trenches

with a little psychopath, aka a three-year-old, it is the panacea of pure humor.
209,000 copies in print.

Paper: \$10.95/\$16.95 Can.
ISBN: 978-0-7611-8564-2
No. 18564
Four color; illustrations throughout; 176 pages; 5 1/4" x 7"
8-copy counter display:
\$87.60/\$135.60 Can.
ISBN: 978-0-7611-8665-6
No. 28665



FAMOUS LAST WORDS
Fond Farewells, Deathbed Diatribes, and Exclamations Upon Expiration Ray Robinson

A collection of the notable last recorded words of the dying, *Famous Last Words* is, unexpectedly, bursting with life; hope: *I shall hear in heaven!* (Beethoven); wisdom; and often laughter: *I am in a duel to death with this wallpaper. One of us has to go.* (Oscar Wilde).

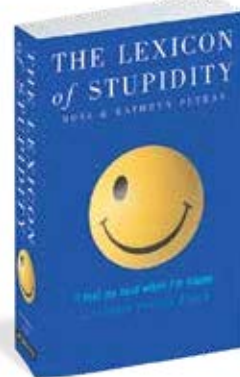
173,000 copies in print.
Paper over board:
\$10.95/\$16.95 Can.
ISBN: 978-0-7611-2609-6
No. 12609
Two color; 192 pages; 3 1/2" x 6"
8-copy counter display:
\$87.60/\$135.60 Can.
ISBN: 978-0-7611-3136-6
No. 23136



1,000 UNFORGETTABLE SENIOR MOMENTS*
**Of Which We Could Remember Only 254* SECOND EDITION Tom Friedman

The unforgettable best-seller repackaged in two color, with more than 20 percent new stories, in an even more vibrant and compellingly readable book. It's a fabulous and witty gift for anyone of a certain age, full of hilarious mental bloopers.
479,000 copies in print.

Paper over board:
\$9.95/\$12.95 Can.
ISBN: 978-0-7611-9367-8
No. 19367
Two color with photos throughout; 192 pages; 3 1/2" x 6"
8-copy counter display:
\$79.60/\$103.60 Can.
ISBN: 978-1-5235-0097-0
No. 220097

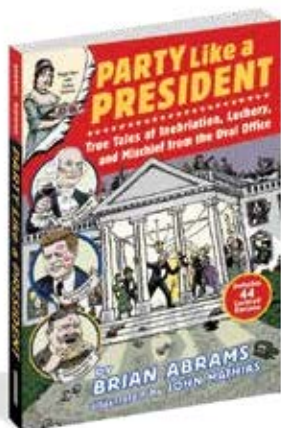


THE LEXICON OF STUPIDITY
Ross & Kathryn Petras

An overstuff dictionary of quotes, banalities, actual book titles, menu items, TV listings, and more, each meeting one exacting criterion: They're so jaw-droppingly dumb you can't help but laugh. The comedy of the clueless. The giggly fun of celebrities, athletes,

politicians, and other pompous types planting a foot (or two) firmly in mouth.
87,000 copies in print.

Paper: \$8.95/\$13.95 Can.
ISBN: 978-0-7611-3791-7
No. 13791
Two color; illustrations throughout; 352 pages; 4" x 6"



PARTY LIKE A PRESIDENT True Tales of Inebriation, Lechery, and Mischief from the Oval Office *Brian Abrams; Illustrated by John Mathias*

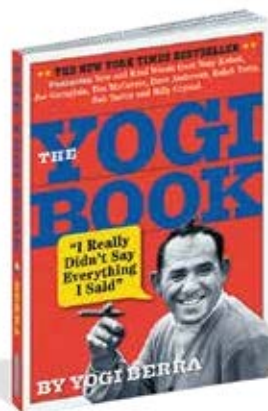
The Washington-to-Obama, vice-by-vice chronicle of how the presidents like to party. Illustrated throughout with infographics (James Garfield's attempts at circumnavigating the temperance movement), comic strips (George Bush Sr.'s infamous televised vomiting incident), the book has the smart, funny feel of *Mad* magazine meets *The Colbert*

Report. Plus, it includes recipes for 44 cocktails inspired by each chapter's partier-in-chief.

Paper: \$14.95/\$22.95 Can. ISBN: 978-0-7611-8084-5 No. 18084

Two color; illustrations throughout; 272 pages; 6" x 9"

8-copy counter display: \$119.60/\$183.60 Can. ISBN: 978-0-7611-8470-6 No. 28470



THE YOGI BOOK *Yogi Berra*

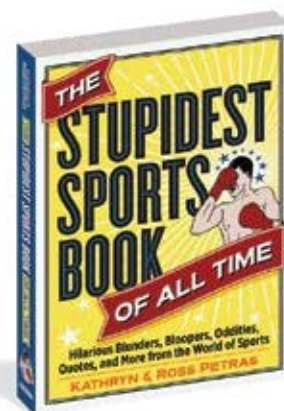
Yogi Berra's off-the-cuff wisdom is the stuff of legend: Why never to give up: *It ain't over till it's over.* Advice on finding your way: *When you come to a fork in the road, take it.* The mind-body problem: *You can't think and hit at the same time.* All the famous quotes are here, hand-picked by the author himself.

647,000 copies in print.

Paper: \$9.95/\$14.95 Can. ISBN: 978-0-7611-5443-3 No. 15443

Half-tone photographs throughout; 176 pages; 5" x 7"

10-copy counter display: \$99.50/\$149.50 Can. ISBN: 978-0-7611-5995-7 No. 25995



THE STUPIDEST SPORTS BOOK OF ALL TIME Hilarious Blunders, Bloopers, Oddities, Quotes, and More from the World of Sports *Kathryn & Ross Petras*

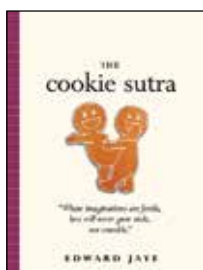
The thrill of victory! The agony of a tight jock-strap! And a celebration of true sports lunacy from the renowned connoisseurs of stupidity, Kathryn and Ross Petras—who happen to be diehard sports fans and now share the worst plays, most embarrassing achievements, lamest excuses. Improbable memorabilia. Looniest

promotional giveaways: *Win a free vasectomy!*

Paper with flaps: \$12.95/\$19.95 Can. ISBN: 978-0-7611-8998-5 No. 18998

B/W illustrations throughout; 288 pages; 5" x 7"

6-copy counter display: \$77.70/\$119.70 Can. ISBN: 978-1-5235-0251-6 No. 220251



THE COOKIE SUTRA

Edward Jaye

Birds do it, bees do it. And guess what—cookies do it, too. In fact, never have a pair of gingerbread cookies looked so pleased.

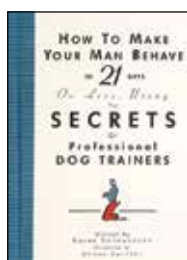
Yes, the *Kama Sutra* meets *The Joy of Cooking*, featuring an unabashed gingerbread couple.

148,000 copies in print.

Paper: \$9.95/\$14.95 Can. ISBN: 978-0-7611-3809-9 No. 13809

Full-color photographs throughout; 64 pages; 5" x 7"

6-copy counter display: \$59.70/\$89.70 Can. ISBN: 978-0-7611-0214-4 No. 20214



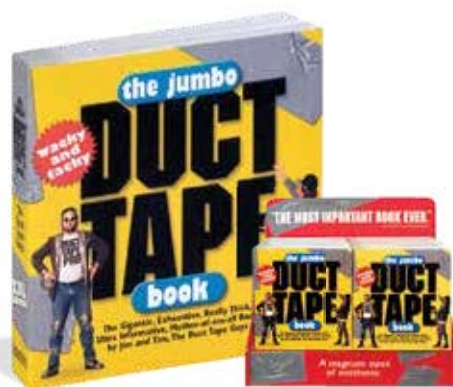
HOW TO MAKE YOUR MAN BEHAVE *Karen Salmansohn; Illustrated by Alison Seiffer*

One of the funniest works on the sexes since James Thurber's axiom "Men are dogs" was turned into a little handbook for women.

390,000 copies in print.

Paper over board: \$9.95/\$14.95 Can. ISBN: 978-1-56305-626-0 No. 3626

Three-color drawings throughout; 96 pages; 4 1/4" x 6"



THE JUMBO DUCT TAPE BOOK *Jim and Tim, The Duct Tape Guys™*

Did you know that duct tape can turn any item of clothing into rainwear? *The Jumbo Duct Tape Book* is over 450 pages of duct tape tips, sightings, and breathtakingly stupid ideas.

614,000 copies in print.

Paper: \$9.95/\$14.95 Can. ISBN: 978-0-7611-2110-7 No. 12110

Photographs and line drawings throughout; 464 pages; 5 1/4" x 5 1/2"

8-copy counter display: \$79.60/\$119.60 Can. ISBN: 978-0-7611-2240-1 No. 22240



THE STUPIDEST THINGS EVER SAID BOOK OF ALL-TIME STUPIDEST TOP 10 LISTS *Kathryn & Ross Petras*

From the celebrated collectors of the stupidest things ever said comes the crème de la crème of stupidities, made even funnier and more compelling in an irresistible top 10 list format. From *Ten Most Incredibly Annoying Things Said by Rich People* to *Ten Restaurant Names That*

Just Don't Work for Some Reason, it's stupid on steroids.

Paper: \$10.95/\$16.95 Can. ISBN: 978-0-7611-6591-0 No. 16591

240 pages; 6 1/4" x 4 1/4"

10-copy counter display: \$109.50/\$169.50 Can. ISBN: 978-0-7611-6629-0 No. 26629

Barbara Ann Kipfer



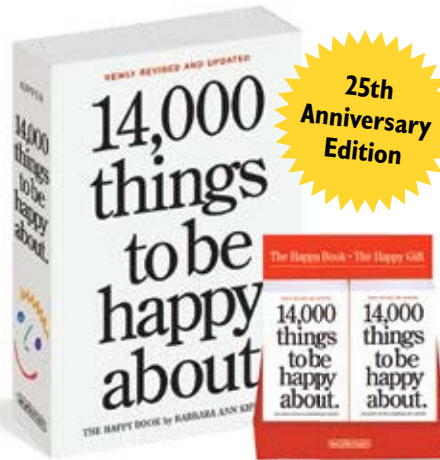
5,203 THINGS TO DO INSTEAD OF LOOKING AT YOUR PHONE

Barbara Ann Kipfer

It's time to put down the phone and: visit a botanical garden, create a palindrome, solve a brainteaser. A quirky compilation from a best-selling author and master list maker, it's the book that encourages you to put down your phone and do one of thousands of richer, more interesting, more meaningful,

and more fulfilling things instead.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-1-5235-0985-0
No. 100985
 B/W illustrations throughout;
 396 pages; 4" x 6"
8-copy counter display:
 \$79.60/\$119.60 Can.
 ISBN: 978-1-5235-1163-1
 No. 221163



25th Anniversary Edition

14,000 THINGS TO BE HAPPY ABOUT.

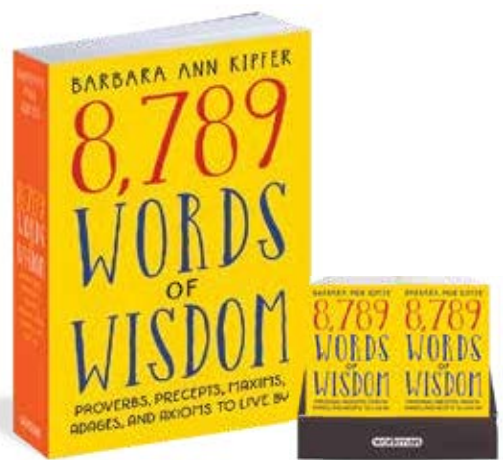
25TH ANNIVERSARY EDITION

Barbara Ann Kipfer

The mesmerizing bestseller revised and updated. No opinions, no explanations, no asides or proselytizing. Just the simple premise of a list of things that make us smile. With its chunky shape, striking black-and-white cover, and 100 whimsical illustrations, the new *14,000 Things* is an irresistible catalog of

good thoughts—and an uplifting gift for people of all moods and all ages.
 1,447,000 copies in print.

Paper: \$9.95/\$12.95 Can.
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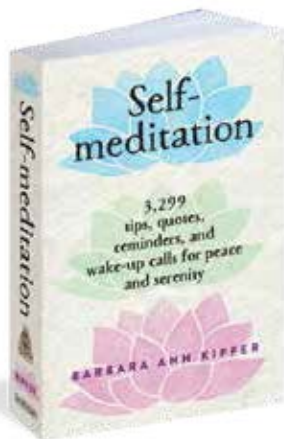
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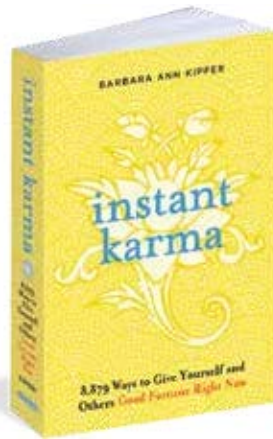


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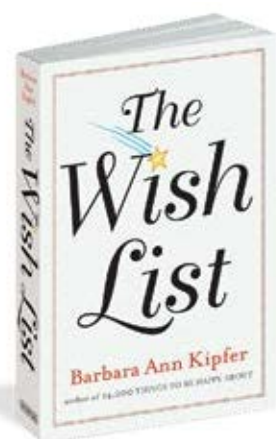


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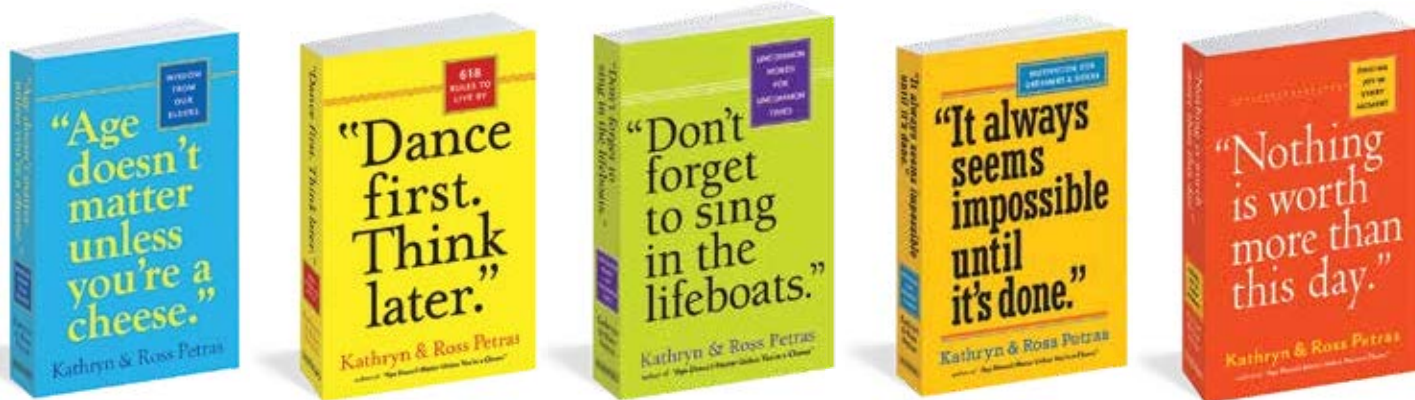
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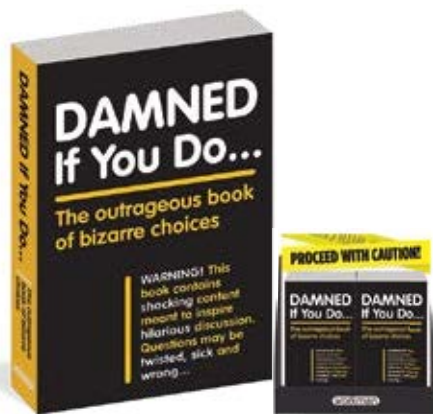


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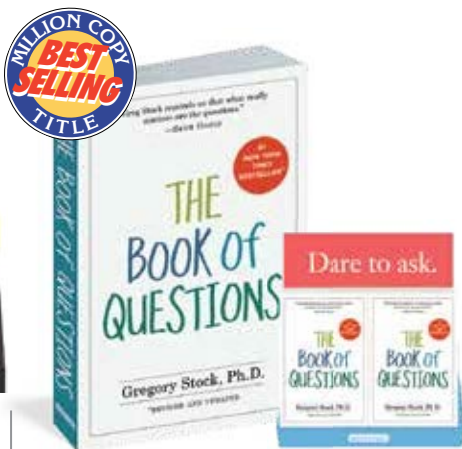
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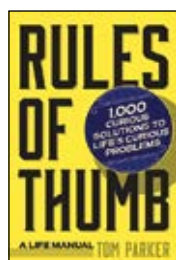
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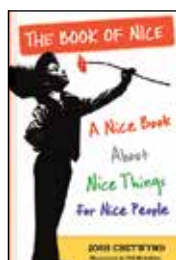
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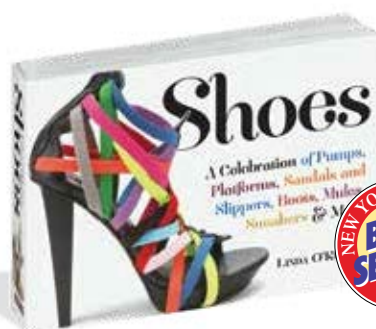
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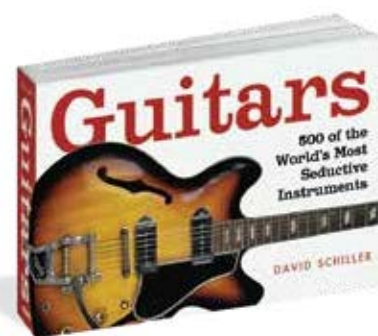
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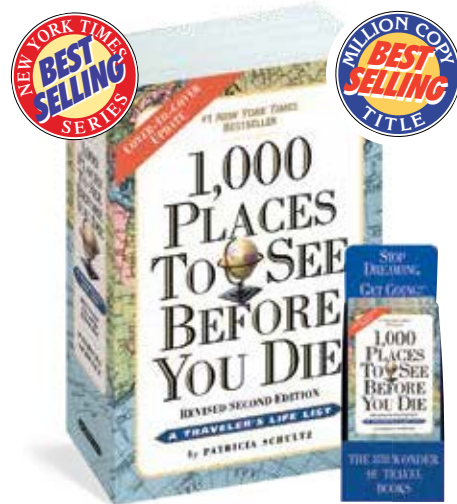
Patricia Schultz curates the world. A veteran travel journalist, she's written for Frommer's, Berlitz, and Access Travel Guides, as well as the *Wall Street Journal*, *Condé Nast Traveler*, and *Travel Weekly*, where she is a contributing

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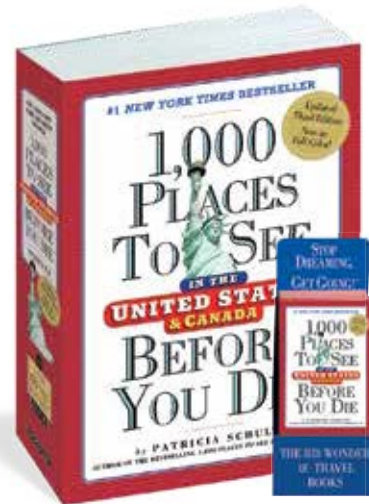
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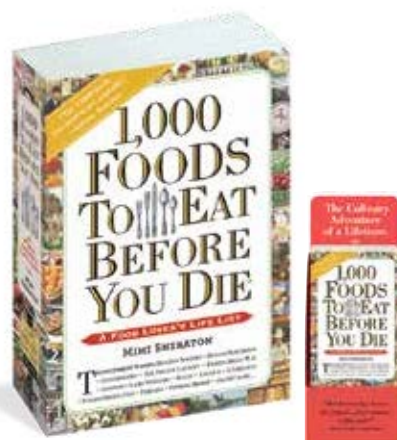
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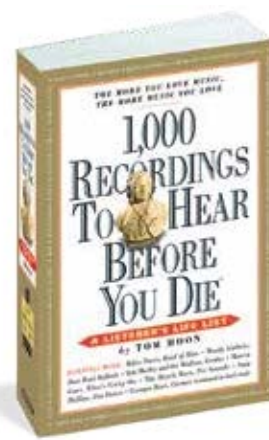
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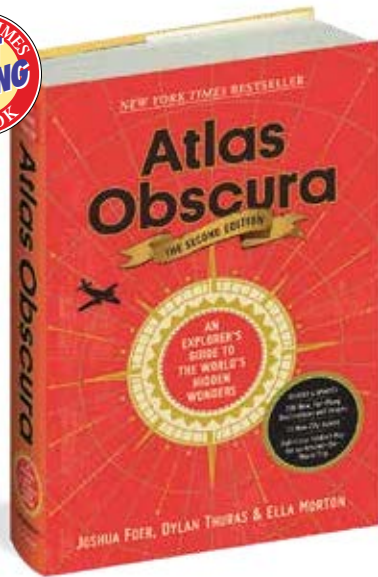
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PROJECT FIRE Steven Raichlen

Master the best of classic and contemporary grilling, including how to cook an iconic steak—a T-bone, beautifully tattooed with grill marks. How to roast whole cauliflower on a rotisserie. Plus cook mussels over hay, chicken breasts under a salt brick, salmon steaks on a shovel. From breakfast to dessert—*Project Fire* is a stunning collection of 100 recipes and techniques for how we want to cook today.

106,000 copies in print.

Paper: \$22.95/\$32.95 Can.
ISBN: 978-1-5235-0276-9
No. 100276
Full-color photos throughout; 336 pages; 8" x 9 1/8"
Hardcover: \$37.50/\$53.95 Can.
ISBN: 978-1-5235-0348-3
No. 100348
6-copy counter display:
\$137.70/\$197.70 Can.
ISBN: 978-1-5235-0420-6
No. 220420

PROJECT SMOKE Steven Raichlen

Project Smoke is the *How to Grill* of smoking. A complete step-by-step guide to smoked food nirvana. Master smoke gear and techniques, understand how different woods impact flavor. And savor a collection of 100 flavorful recipes like Porkstrami, Cherry Glazed Baby Back Ribs, and Jamaican Jerk Chicken. With gorgeous full-color photographs, it's a book that inspires hunger at every glance.

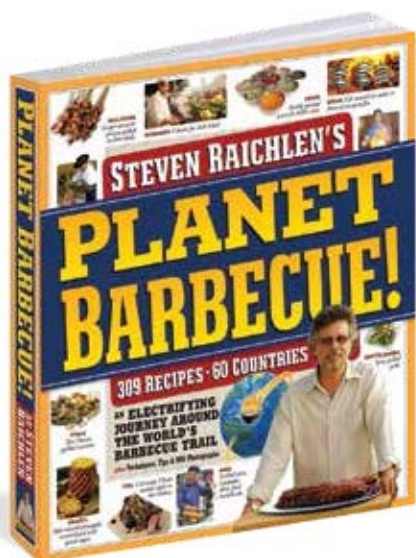
301,000 copies in print.

Paper: \$22.95/\$32.95 Can.
ISBN: 978-0-7611-8186-6
No. 18186
Full-color photos throughout; 304 pages; 8" x 9 1/8"
Hardcover: \$37.50/\$53.95 Can.
ISBN: 978-0-7611-8923-7
No. 18923
6-copy counter display:
\$137.70/\$197.70 Can.
ISBN: 978-0-7611-9029-5
No. 29029



Planet Barbecue!
6-copy counter display:
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ISBN: 978-0-7611-5939-1
No. 25939

◀ **The Barbecue! Bible**
6-copy counter display:
\$137.70/\$197.70 Can.
ISBN: 978-0-7611-5063-3
No. 25063



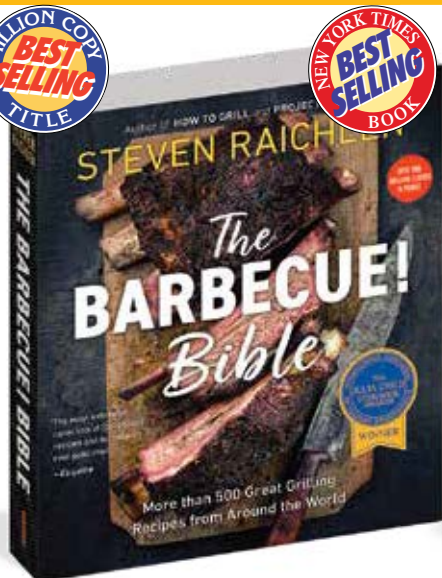
PLANET BARBECUE! Steven Raichlen

A live-fire tour of six continents, 60 countries, and 309 of the world's most authentic, explosively flavorful recipes ever, *Planet Barbecue!* covers it all: blazing grills, exotic seasonings, expert grill masters, renowned restaurants, cool fuels, tools, and techniques from around the world.

Everything—beef, chicken, fish, even dessert—tastes better hot off the grill.

206,000 copies in print.

Paper: \$22.95/\$32.95 Can.
ISBN: 978-0-7611-4801-2
No. 14801
Full-color photographs throughout; 656 pages; 8" x 9 1/8"



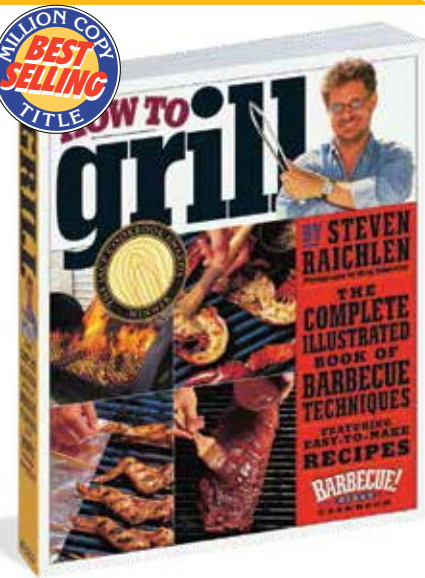
THE BARBECUE! BIBLE® Steven Raichlen

This full-color celebration of live-fire cooking includes photographs illustrating food preparation, grilling techniques, ingredients, and irresistible finished dishes. Plus more than 500 barbecue recipes, guaranteed to capture great grill flavors from around the world.

1,267,000 copies in print.

• Featured alternate selection of *The Good Cook*.

Paper: \$24.95/\$32.95 Can.
ISBN: 978-0-7611-4943-9
No. 14943
Full-color photographs throughout; 576 pages; 8" x 9 1/4"



HOW TO GRILL The Complete Illustrated Book of Barbecue Techniques Steven Raichlen

Steven Raichlen presents a full-color, step-by-step technique book that gets to the core of the grilling experience by showing and telling exactly how it's done. With more than 1,000 photographs, it features over 100 techniques and recipes.

1,822,000 copies in print.

• Main selection of *The Good Cook*. Winner of a 2001 IACP/Julia Child Cookbook Award.

Paper: \$24.95/\$32.95 Can.
ISBN: 978-0-7611-2014-8
No. 12014
Full-color photographs throughout; 512 pages; 8" x 9 1/4"
6-copy counter display:
\$149.70/\$197.70 Can.
ISBN: 978-0-7611-1785-8
No. 21785



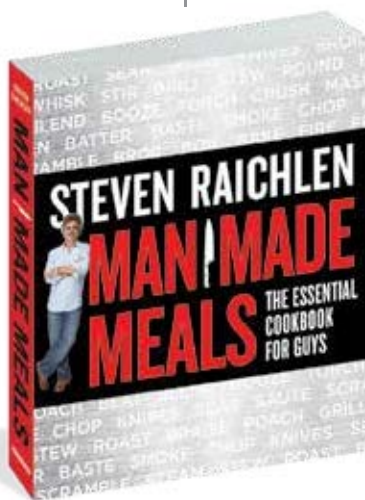
BARBECUE SAUCES, RUBS, AND MARINADES—BASTES, BUTTERS, AND GLAZES, TOO Steven Raichlen

It's every grill's secret weapon, straight from the "master" (*Esquire*). A bestselling seminar in the flavor boosters that give grilled food depth and soul—now revised! Here are 200 recipes for chile-fired rubs, lemony marinades, buttery bastes, plus slathers, and chutneys—a cornucopia of global flavors including Thai, Cajun, Jamaican, and French

cuisines and, of course, those building blocks from America's own barbecue belt.

729,000 copies in print.

Paper: \$17.95/\$24.95 Can.
ISBN: 978-1-5235-0081-9
No. 100081
Full-color photos throughout; 352 pages; 7" x 9"
6-copy counter display:
\$107.70/\$149.70 Can.
ISBN: 978-1-5235-0104-5
No. 220104



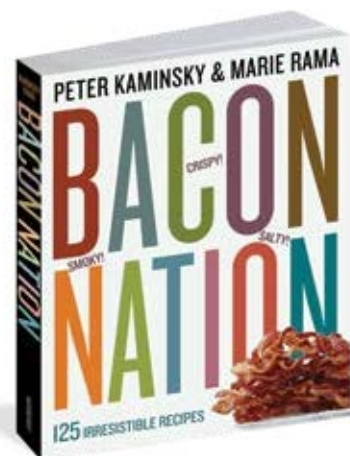
MAN MADE MEALS The Essential Cookbook for Guys Steven Raichlen

Steven Raichlen knows the pleasure men get from cooking—the joy of honing skills, the need to show off a little, the desire for excellence—and here he teaches everything a guy needs to achieve confidence in the kitchen. Learn the tools and techniques (it's fun—it's knives and fire and even a blowtorch) and essentials: how to shuck an oyster, truss a

chicken, cook a steak to desired doneness.

72,000 copies in print.

Paper: \$24.95/\$34.95 Can.
ISBN: 978-0-7611-6644-3
No. 16644
Full-color photographs throughout; 640 pages; 8" x 9 1/8"
6-copy counter display:
\$149.70/\$209.70 Can.
ISBN: 978-0-7611-8067-8
No. 28067



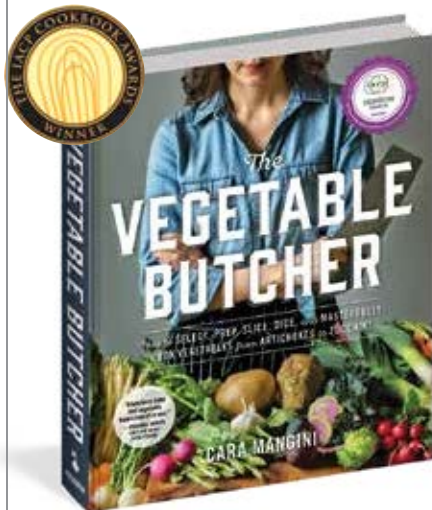
BACON NATION 125 Irresistible Recipes Peter Kaminsky and Marie Rama

Everything tastes better with bacon. One of those flavor-packed, umami-rich, secret-weapon ingredients, it has the power to elevate just about any dish, from soups to soufflés, braises to bread pudding. This bacon lover's dream, a collection of 125 recipes that go right through the menu, features the

many uses of bacon from being chopped fine as an intense flavor base, like garlic, to using the whole strip.

63,000 copies in print.

Paper: \$15.95/\$23.95 Can.
ISBN: 978-0-7611-6582-8
No. 16582
Four-color photographs throughout; 320 pages; 7" x 9"



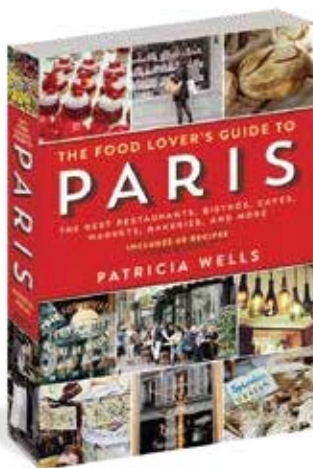
THE VEGETABLE BUTCHER
How to Select, Prep, Slice, Dice, and Masterfully Cook Vegetables from Artichokes to Zucchini *Cara Mangini*

Applying the skills of butchery to the unique anatomy of vegetables—leafy, lumpy, stalky, gnarly, thick-skinned, or softly yielding—Cara Mangini shows cut-by-cut how to break down dozens of vegetables for their very best use in the kitchen. And then offers over 100 recipes that will change forever the dutiful notion of “eat your veggies,” from Orange-Shallot Fiddlehead Ferns

and Ricotta Crostini in the spring to a summery Zucchini, Sweet Corn, and Basil Penne, to a Parsnip-Ginger Layer Cake to sweeten a winter meal.

62,000 copies in print.

Paper over board:
\$29.95/\$45.00 Can.
ISBN: 978-0-7611-8052-4
No. 18052
Full-color photos throughout;
352 pages; 8" x 10"



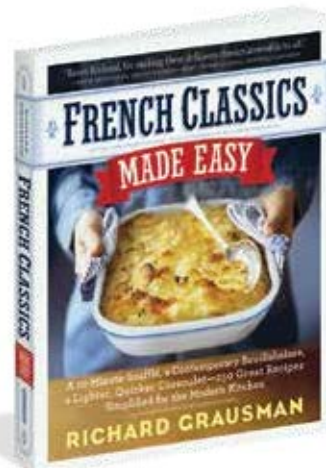
THE FOOD LOVER'S GUIDE TO PARIS
The Best Restaurants, Bistros, Cafés, Markets, Bakeries, and More *Patricia Wells*

The book that cracks the code, from the incomparable authority on French cuisine. Discover 457 of the very best restaurants, cafés, wine bars, and bistros in Paris, as well as where to find the flakiest croissants, sublimest cheese, and impeccable outdoor markets. Included are 40 recipes from favorite

chefs and all the practical information: street and email addresses, websites, hours, closest métro stops, specialties, and more.

180,000 copies in print.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-7338-0
No. 17338
B/W photographs throughout;
448 pages; 6" x 9"



FRENCH CLASSICS MADE EASY
Richard Grausman

A Cordon Bleu-trained cooking teacher who's spent decades making French food accessible to Americans, Richard Grausman reinvigorates the classics to fit our contemporary diet and schedule. When a shortcut works, he uses it. When something can be done in advance, he does it. Plus he's cut the amount of butter, cream,

egg yolks, salt, and sugar without compromising flavor. It's an amazing transformation: 250 splendid recipes with an unmistakable French flair.

121,715 copies in print.

Paper: \$18.95/\$28.95 Can.
ISBN: 978-0-7611-5854-7
No. 15854
Two color; illustrations throughout; 400 pages; 7 3/8" x 9 1/4"

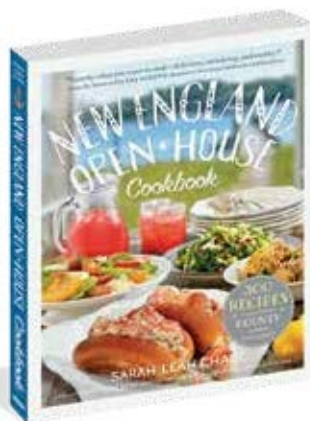


COOKING WITH SCRAPS Turn Your Peels, Cores, Rinds, and Stems into Delicious Meals *Lindsay-Jean Hard*

In 85 inspired recipes, Lindsay-Jean Hard shows just how delicious and surprising the all-too-often discarded parts can be. Carrot greens make a perfect pesto. Liquid from canned beans behaves just like egg whites—use it for vegan mayonnaise. And not so fast with those broccoli stems! Use them olive

oil-poached on lemony ricotta toast. It's pure food genius, all the while critically reducing waste one dish at a time.

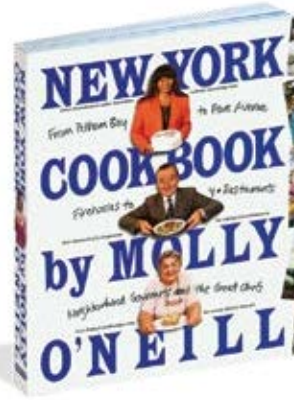
Paper over board:
\$19.95/\$29.95 Can.
ISBN: 978-0-7611-9303-6
No. 19303
Full-color photos throughout;
216 pages; 7" x 9"



NEW ENGLAND OPEN-HOUSE COOKBOOK 300 Recipes Inspired by the Bounty of New England *Sarah Leah Chase*

From Sarah Leah Chase comes a book that sings with all the flavors and textures of the beloved region, including a wealth of shellfish soups and stews and a full chapter celebrating lobster.

Paper: \$24.95/\$37.95 Can.
ISBN: 978-0-7611-5519-5
No. 15519
Full-color photographs throughout; 400 pages; 8" x 10"
5-copy counter display:
\$124.75/\$189.75 Can.
ISBN: 978-0-7611-8502-4
No. 28502



NEW YORK COOKBOOK
Molly O'Neill

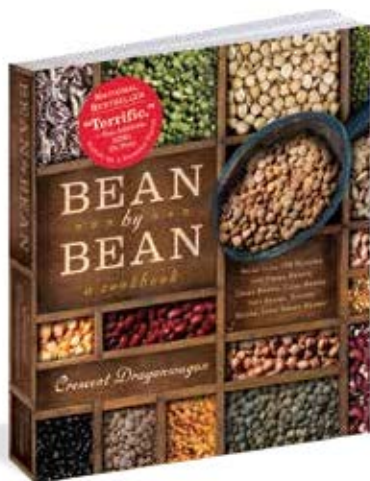
Here are over 400 recipes—and over 500 photographs—that celebrate a passion for food and eating. Includes shopping guides, cooking tips, and walking tours.

270,000 copies in print.

• Main selection of The Good Cook. Winner of a 1992 IACP/Julia Child Cookbook Award.

Winner of the 1992 James Beard Food and Beverage Book Award.

Paper: \$18.95/\$28.95 Can.
ISBN: 978-0-89480-698-8
No. 1698
Photographs throughout; two color; 512 pages; 7 3/8" x 9 1/4"



BEAN BY BEAN: A COOKBOOK More Than 175 Recipes for Fresh Beans, Dried Beans, Cool Beans, Hot Beans, Savory Beans, Even Sweet Beans! Crescent Dragonwagon

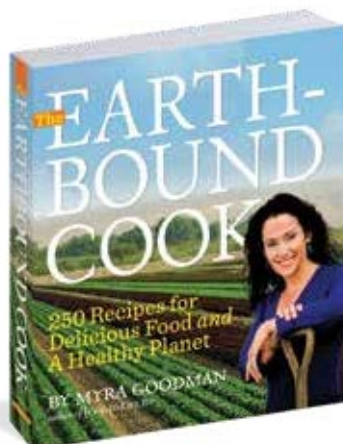
Soul-satisfyingly hearty, healthful, and inexpensive to boot, there's nothing a bean can't do—and nothing that Crescent Dragonwagon can't do with beans. From old friends like chickpeas and pintos to rediscovered heirloom beans like rattlesnake beans and teparies, from green beans and fresh shell beans to peanuts,

lentils, and peas, *Bean by Bean* is the definitive cookbook on beans, a 200-plus recipe cornucopia overflowing with information, kitchen wisdom, lore, and anecdotes.

68,000 copies in print.

Paper: \$19.95/\$29.95 Can.
ISBN: 978-0-7611-3241-7
No. 13241

Two color; 384 pages; 8" x 9"



THE EARTHBOUND COOK 250 Recipes for Delicious Food and a Healthy Planet Myra Goodman

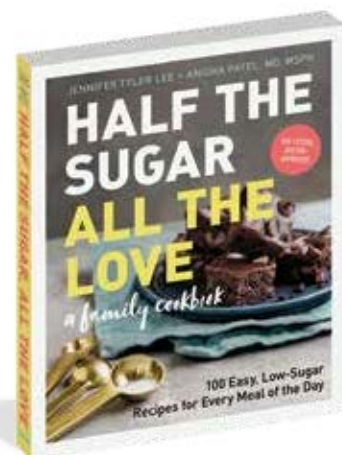
From Myra Goodman—co-owner of Earthbound Farm, the country's largest producer of organic produce and author of *Food to Live By*, here are 250 recipes including Pork Chile Verde, Chicken Puttanesca—plus how to make the most eco-friendly meat choices. Vegetarian entrees such as Rigatoni with Eggplant

for that one day a week we should abstain from meat. Salads and sides and all the facts about the benefits of eating organically.

212,000 copies in print.

Paper: \$22.95/\$34.95 Can.
ISBN: 978-0-7611-5634-5
No. 15634

Four-color photographs throughout; 480 pages; 8" x 9 1/8"



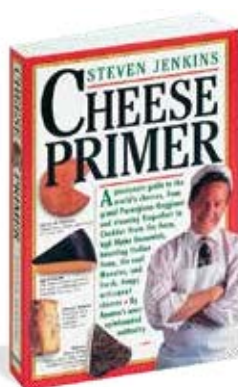
HALF THE SUGAR, ALL THE LOVE 100 Easy, Low-Sugar Recipes for Every Meal of the Day Jennifer Tyler Lee and Anisha I. Patel, MD, MSPH

Today our children routinely consume three times the recommended daily allowance of added sugar—a problem that can cause obesity, type 2 diabetes, high blood pressure, and fatty liver disease. Here to help concerned parents is a family cookbook that shows us how to shop smartly to avoid hidden sugars; busts the most

common myths about sugar; gives seven easy tips for globally reducing sugar at home; and offers 100 family-friendly recipes that minimize added sugar while maximizing flavor.

Paper: \$22.95/\$34.95 Can.
ISBN: 978-1-5235-0423-7
No. 100423

Full-color photos throughout; 224 pages; 8" x 10"



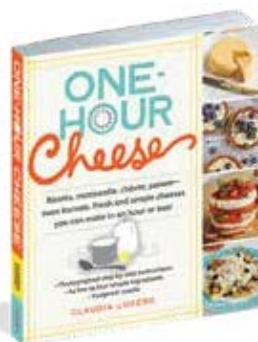
CHEESE PRIMER Steven Jenkins

Our foremost cheese authority tells you everything you need to know about the hundreds of cheeses that are available in this country.

209,000 copies in print.

• Selection of The Good Cook. Winner of the 1997 James Beard Food and Beverage Book Award.

Paper: \$18.95/\$28.95 Can.
ISBN: 978-0-89480-762-6
No. 1762
Photographs throughout; 576 pages; 6" x 9"



ONE-HOUR CHEESE Ricotta, Mozzarella, Chèvre, Paneer—Even Burrata. Fresh and Simple Cheeses You Can Make in an Hour or Less! Claudia Lucero

Make fresh, delicious mozzarella, ricotta, haloumi, and chèvre at home, in one hour. Claudia Lucero shows how to make 16 different types of cheese using commonly available tools and ingredients. Includes recipes for butter, plus a complete cheese-making

primer covering types of milk, rennet, flavorings, storage, and more.

Paper: \$16.95/\$23.95 Can.
ISBN: 978-0-7611-7748-7
No. 17748

Full-color photographs throughout; 272 pages; 7 1/4" x 8 1/4"



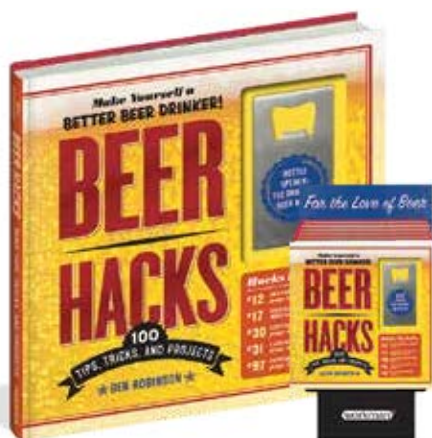
ONE-HOUR DAIRY-FREE CHEESE Make Mozzarella, Cheddar, Feta, and Brie-Style Cheeses—Using Nuts, Seeds, and Vegetables Claudia Lucero

Now vegans, paleo dieters, the lactose-intolerant, and anyone else who loves cheese but not dairy can get in on the fun of making Claudia Lucero's delicious and speedy homemade cheeses. Here's how to make gooey fresh mozzarella out of macadamia nuts. An earthy crowd-pleasing Brie using cashew nuts. With

step-by-step photos, clear explanations of the ingredients, and tips, techniques (how to achieve a "rind"), cheese plate ideas, and recipes on how to use each of the cheeses made.

Paper: \$18.95/\$28.95 Can.
ISBN: 978-1-5235-0211-0
No. 100211

Full-color photos throughout; 272 pages; 7 1/4" x 8 1/4"



BEER HACKS 100 Tips, Tricks, and Projects Ben Robinson

A tour de force of 100 tips and tricks for the best and most creative ways to serve, share, store, and savor your favorite brews. **Party tricks:** The one foolproof technique for shotgunning a beer. **Flavor bombs:** A French press is all you need to infuse an ale with fresh berries. Whether you're hosting a tasting or relishing the singular tranquility of a shower beer, this book is your guide to making beer drinking

better, more delicious, and—especially—fun. Includes a bottle opener on the front cover!

Paper over board with bottle opener: \$16.95/\$24.95 Can. ISBN: 978-1-5235-0110-6 No. 100110
Two-color illustrations throughout; 160 pages; 7" x 7"
6-copy counter display: \$101.70/\$149.70 Can. ISBN: 978-1-5235-0566-1 No. 220566

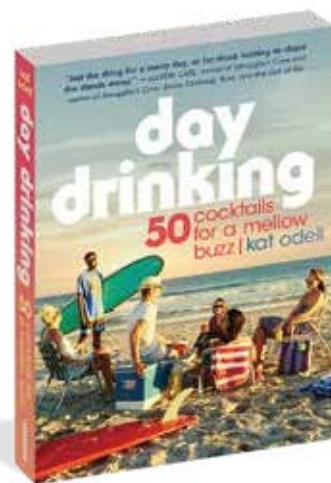


SLOSHIES 102 Boozy Cocktails Straight from the Freezer Jerry Nevins

It's not your mother's Piña Colada! Sophisticated, flavorful, with fresh ingredients and the perfect hit of booze, a sloshie is a high-octane slushie—the ideal summer drink. Guaranteed to jazz up (and cool down) backyard parties, barbecues, or any gathering, here are more than 100 innovative, easy to make refreshers. Using a simple technique, sloshies require little to no special

equipment. Mix the ingredients, stick them in the freezer, and wait until they're slushy.

Paper over board: \$14.95/\$21.95 Can. ISBN: 978-0-7611-8946-6 No. 18946
Full-color photos and illustrations throughout; 160 pages; 6" x 6"
5-copy counter display: \$74.75/\$109.75 Can. ISBN: 978-1-5235-0098-7 No. 220098

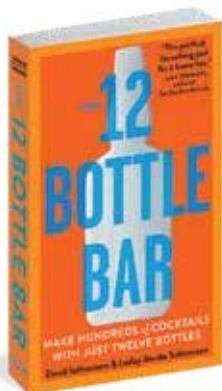


DAY DRINKING 50 Cocktails for a Mellow Buzz Kat Odell

When the occasion calls for a drink, but not to get drunk, mix up a batch of "day drinks"—creative low-alcohol cocktails that are festive, mouth-wateringly delicious, and easy on the booze. Using beer, wine, sake, and sherry, along with flavorful liqueurs and aperitifs, here are 50 light drinks for hot days, warm drinks for cool

days, and a treasure trove of spritzers, sangrias, micheladas, and more—including the perfect Champagne Cocktail—that will turn any gathering into something special.

Paper: \$15.95/\$22.95 Can. ISBN: 978-0-7611-9320-3 No. 19320
Full-color photos throughout; 240 pages; 5 3/4" x 8"

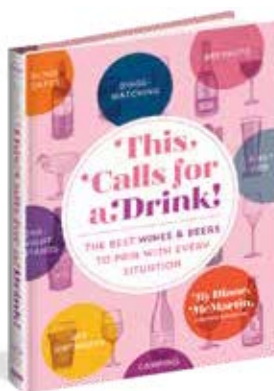


THE 12 BOTTLE BAR Make Hundreds of Cocktails with Just Twelve Bottles David Solmonson & Lesley Jacobs Solmonson

You need only 12 bottles to make over 200 delicious, budget-friendly mixed drinks. Developed by two passionate cocktail lovers, this book is a tool kit, a recipe guide, a secret arsenal—with recommendations for budget, midrange, and premium bottles, plus contributions from

celebrity bartenders and cocktail lovers. 55,000 copies in print.

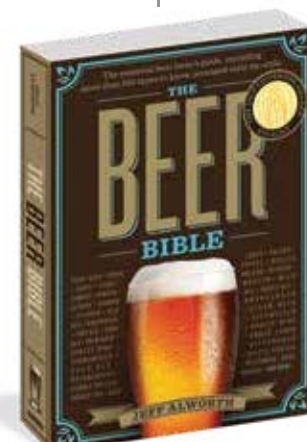
Paper: \$15.95/\$23.95 Can. ISBN: 978-0-7611-7494-3 No. 17494
Two color; 416 pages; 5" x 8 1/2"
6-copy counter display: \$95.70/\$143.70 Can. ISBN: 978-0-7611-8069-2 No. 28069



THIS CALLS FOR A DRINK! The Best Wines & Beers to Pair with Every Situation Diane McMartin

Any decent wine book will tell you what goes with a rib eye. But what pairs best with a blind date? Matching beers and wines to moments instead of meals, this inspired guide has a drink for every situation, milestone, or mood. It's how to drink like an adult, even if you don't always behave like one.

Paper over board: \$14.95/\$22.95 Can. ISBN: 978-0-7611-8484-3 No. 18484
Two color with illustrations throughout; 272 pages; 6" x 8"
6-copy counter display: \$89.70/\$137.70 Can. ISBN: 978-0-7611-9033-2 No. 29033

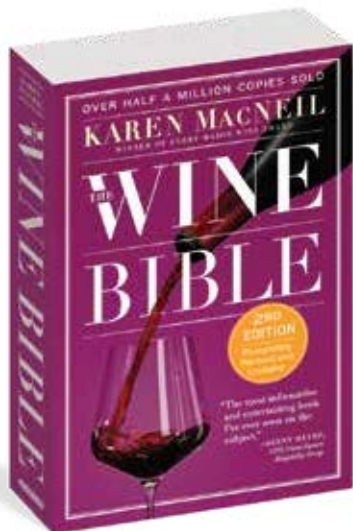


THE BEER BIBLE Jeff Alworth

The ultimate reader- and drinker-friendly guide that approaches the subject of beer in the same way that beer lovers do—by style just as a perfect pub menu is organized—and gets right to the pleasure of discovery, knowledge, and connoisseurship. There's everything a beer drinker wants to know about the hundreds

of different authentic types of brews, from bitters, bocks, and IPAs to weissens, milk stouts, lambics, and more. 140,000 copies in print.

Paper: \$19.95/\$29.95 Can. ISBN: 978-0-7611-6811-9 No. 16811
Two color; photographs and illustrations throughout; 656 pages; 6" x 9"



THE WINE BIBLE SECOND EDITION
Karen MacNeil

The new bible, from the only American writer to win every major English-language wine award. *The Wine Bible* grounds the reader deeply in the fundamentals—vineyards and varietals, climate and terroir, the nine attributes of a wine's greatness—while layering on informative tips, anecdotes,

and definitions. Karen MacNeil's information comes directly through primary research; for this edition she tasted more than 10,000 wines.

742,000 copies in print.

Paper: \$24.95/\$29.95 Can.
ISBN: 978-0-7611-8083-8
No. 18083

Two color; photographs throughout; 1,008 pages; 6" x 9"



TOTS! 50 Tot-ally Awesome Recipes from Totchos to Sweet Po-tot-o Pie
Dan Whalen

An ingenious cookbook of delicious recipes for tot-centric cooking. Beginning with Totchos—the paradigm-shifting move of creating nachos on a bed of tots instead of chips—here comes Tot Poutine, Cheeseburger Tot Sliders, and Tots Moules. Even dessert: Tot Churros, and Tot-eclairs of the

Heart. Every recipe uses frozen commercial tots.

Die-cut paperback: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-8994-7
No. 18994

Full-color photos throughout; 160 pages; 6" x 8"

6-copy counter display: \$77.70/\$119.70 Can.
ISBN: 978-1-5235-0411-4
No. 220411



S'MORES! Goopy, Melty, Crunchy Riffs on the Campfire Classic
Dan Whalen

What would happen if you kept the essential s'mores architecture—three layers of gooey, melty, and crunchy—but changed it up? Dan Whalen shows you in more than 50 playful recipes that challenge the definition of a s'more. Riffs range from classic—Salted Caramel S'mores and Lemon Meringue S'mores—to crazy. Think Avocado S'mores and

S'moresburgers. Plus, they're all designed to be made in your kitchen.

Paper over board with embossed puffy cover: \$14.95/\$22.95 Can.
ISBN: 978-1-5235-0433-6
No. 100433

Full-color photos throughout; 144 pages; 6¼" x 6¼"

6-copy counter display: \$89.70/\$137.70 Can.
ISBN: 978-1-5235-0757-3
No. 220757



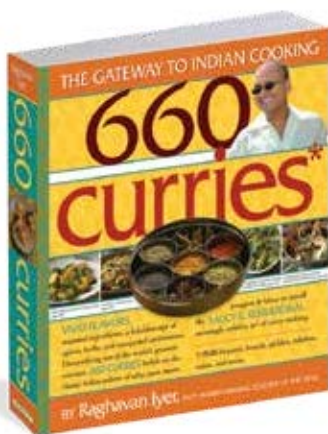
PRISON RAMEN Recipes and Stories from Behind Bars

Clifton Collins Jr. and Gustavo "Goose" Alvarez; Foreword by Samuel L. Jackson

This cookbook takes readers behind bars with 65 ingenious recipes, plus stories of prison life from the inmates who devised them.

Paper: \$13.95/\$20.95 Can.
ISBN: 978-0-7611-8552-9
No. 18552

Two color; 176 pages; 6" x 7"
6-copy counter display: \$83.70/\$125.70 Can.
ISBN: 978-0-7611-8761-5
No. 28761



660 CURRIES *Raghavan Iyer*

Curry is Salmon with Garlic and Turmeric, Grilled Chicken with Cashew-Tomato Sauce, and Tamarind Shrimp with Coconut Milk. With its vivid flavors, *660 Curries* demystifies one of the world's great cuisines.

Written by Raghavan Iyer, the IACP Award-winner, *660 Curries* grounds us in the building blocks of Indian

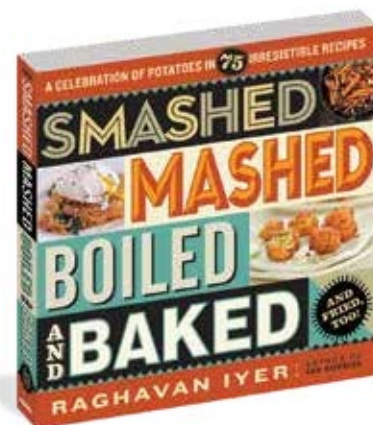
flavors. Some are traditional. Some modern. All are irresistible.

73,000 copies in print.

• Selection of The Good Cook.

Paper: \$29.95/\$44.95 Can.
ISBN: 978-0-7611-3787-0
No. 13787

Two color; illustrations throughout; 16-page full-color insert; 816 pages; 8" x 9½"



SMASHED, MASHED, BOILED, AND BAKED—AND FRIED, TOO!
A Celebration of Potatoes in 75 Irresistible Recipes

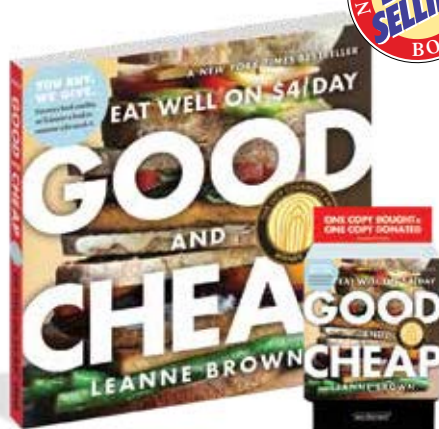
Raghavan Iyer

Raghavan Iyer celebrates his favorite ingredient: the amazing potato. These recipes, inspired by a diversity of cuisines, are accompanied by enticing full-color photographs and feature scrumptious starters and

mains like Moroccan Potato Stew with Saffron Biscuits.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-8547-5
No. 18547

Full-color photos throughout; 256 pages; 8" x 8"



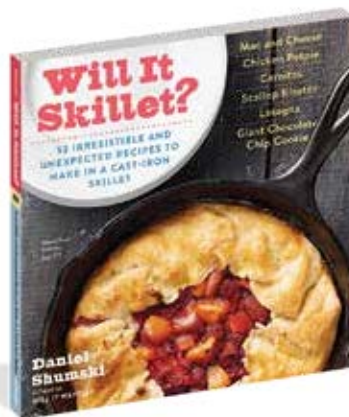
GOOD AND CHEAP
Eat Well on \$4/Day Leanne Brown

A perfect and irresistible idea: A cookbook filled with delicious, healthful recipes created for everyone on a tight budget—and a cookbook with a strong charitable component: With every copy of *Good and Cheap* purchased, a second copy will be given to a person or family in need.

How well can a person eat on the \$4 a day given by SNAP, the program informally known as food stamps? The answer is surprisingly well, from Broiled Tilapia with

Lime to Green Chile and Cheddar Quesadillas. In addition, Ms. Brown gives tips on shopping; on creating pantry basics; and on how to make fundamentally smart food choices.
570,000 copies in print.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-8499-7
No. 18499
Full-color photographs throughout; 208 pages; 8" x 8"
6-copy counter display:
\$101.70/\$155.70 Can.
ISBN: 978-0-7611-8503-1
No. 28503



WILL IT SKILLET? 53 Irresistible and Unexpected Recipes to Make in a Cast-Iron Skillet Daniel Shumski

It chars, it roasts, it bakes, it toasts. It doubles as a wok, a paella pan, a deep-dish pie plate, a tortilla maker—use it to flatten and cook them. Celebrating the versatile, inexpensive, and just about indestructible cast-iron skillet, *Will It Skillet?* offers 53 original recipes that are surprising, delicious, and ingenious in their ability to capitalize on the strengths of cast

iron. From the perfect steak to a gooey, spiraled Giant Cinnamon Bun, this is one-pot cooking redefined.

Paper: \$14.95/\$21.95 Can.
ISBN: 978-0-7611-8743-1
No. 18743
Full-color photos throughout; 216 pages; 8" x 8 1/2"
6-copy counter display:
\$89.70/\$131.70 Can.
ISBN: 978-1-5235-0083-3
No. 220083



WILL IT WAFFLE? 53 Irresistible and Unexpected Recipes to Make in a Waffle Iron Daniel Shumski

Daniel Shumski is a man obsessed—a cook who discovered 53 surprising foods to make in a waffle iron. And it's not about the novelty. Waffling is an innovation that leads to an irresistible outcome: Waffled Meatballs end up with dimples where the delicious sauce pools. Leftover macaroni and cheese waffles into a decadent version of a grilled cheese sandwich.

And a waffle iron is ideal for baking soft, gooey Oatmeal Chocolate Chip Cookies.

140,000 copies in print.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-7646-6
No. 17646
Full-color photographs throughout; 224 pages; 8" x 8 1/2"
6-copy counter display:
\$101.70/\$137.70 Can.
ISBN: 978-0-7611-8255-9
No. 28255



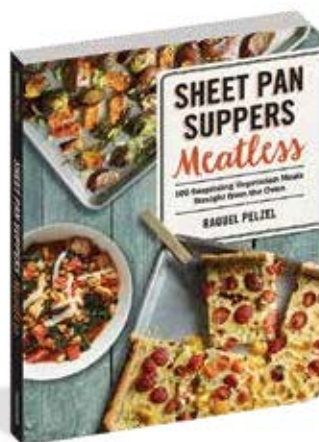
BUENO Y BARATO Aliméntate bien a \$4 al día Leanne Brown

Now in Spanish, the *New York Times* bestselling, IACP Award-winning cookbook that shows how to make tasty, easy, healthy food on the tightest of budgets. From Spicy Pulled Pork to Chorizo and White Bean Ragu, the 152 recipes maximize every ingredient while teaching smart cooking skills.

In addition, for every copy of *Bueno y barato*

purchased, Workman Publishing donates a second copy to a person or family in need.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-1-5235-0118-2
No. 100118
Full-color photos throughout; 208 pages; 8" x 8"
6-copy counter display:
\$101.70/\$155.70 Can.
ISBN: 978-1-5235-0266-0
No. 220266

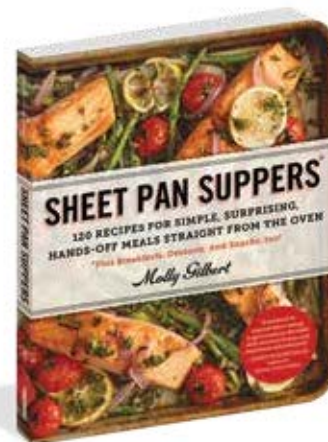


SHEET PAN SUPPERS MEATLESS 100 Surprising Vegetarian Meals Straight from the Oven Raquel Pelzel

The magic of *Sheet Pan Suppers* is back, bringing its inspired one-pan approach to vegetarians, flexitarians, vegans, and everyone who's interested in adding meat-free meals to their repertoire. Here's how to cook pasta in a sheet pan—like Orzo with Pan Roasted Tomatoes, Lemon and Mozzarella. How to cook soups, salads

and stews in a sheet pan. Plus pizzas, risottos, polenta, granola. And desserts, of course, like Dulce de Leche Pumpkin Squares.

Paper with rounded corners: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-8993-0
No. 18993
Full-color photos throughout; 264 pages; 7" x 9"



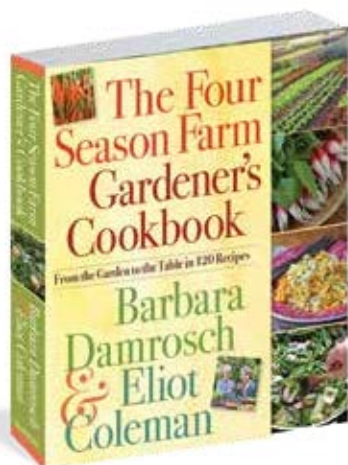
SHEET PAN SUPPERS 120 Recipes for Simple, Surprising, Hands-Off Meals Straight from the Oven Molly Gilbert

Here are more than 120 recipes for complete meals, plus snacks, brunch, and dessert, that require one pan (occasionally two). Molly Gilbert's fresh, sophisticated recipes range from easy dinners—Soy-Mustard Salmon and Broccoli—to special occasion meals—Rack

of Lamb with Herby Breadcrumbs and Buttered Carrots. Plus dessert!

178,000 copies in print.

Paper with rounded corners: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-7842-2
No. 17842
Full-color photographs throughout; 304 pages; 7" x 9"

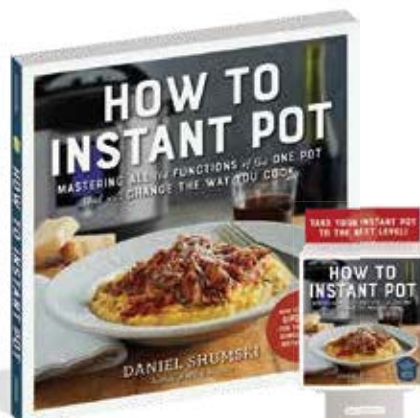


THE FOUR SEASON FARM GARDENER'S COOKBOOK
Barbara Damrosch and Eliot Coleman

From America's foremost organic gardeners, it's two books in one: A four-season cookbook with 120 recipes showing you how to maximize the fruits and vegetables of your labors, from Stuffed Squash Blossom Fritters to Hazelnut Torte with Summer Berries. And a step-by-step garden guide that works no matter how big or small

your plot, with easy-to-follow instructions, plans for different gardens, plant-by-plant growing information, and more. Eating doesn't get any more local than your own backyard.

Paper with stepback cover: \$24.95/\$37.95 Can.
ISBN: 978-0-7611-5669-7
No. 15669
Full-color photographs throughout; 496 pages; 7 1/8" x 9 1/8"

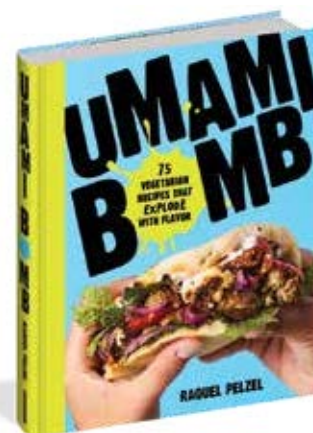


HOW TO INSTANT POT Mastering All the Functions of the One Pot That Will Change the Way You Cook
Daniel Shumski

Master the revolutionary appliance that is changing the way we cook! It's a guide to understanding instant pot basics and a creative collection of over 100 recipes specially crafted to take advantage of the Instant Pot's many virtues. Make five different yogurts, incredible hands-off meals like Korean-Style Short Ribs, plus plenty of sides, breakfasts, and

desserts. Plus, surprising "hacks"—basics like perfect hard-boiled eggs.
247,000 copies in print.

Paper: \$16.95/\$24.95 Can.
ISBN: 978-1-5235-0206-6
No. 100206
Full-color photos throughout; 288 pages; 8" x 8 1/2"
6-copy counter display:
\$101.70/\$149.70 Can.
ISBN: 978-1-5235-0253-0
No. 220253

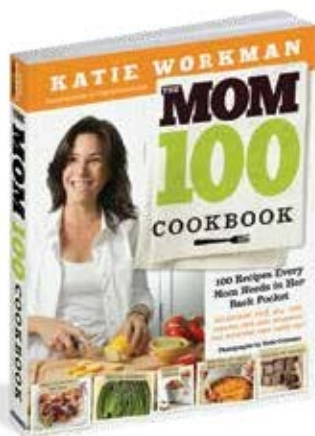


UMAMI BOMB 75 Vegetarian Recipes That Explode with Flavor
Raquel Pelzel

Enjoy the bold, savory sixth taste of umami—without the meat! Ingeniously built around the use of eight umami-rich ingredients that include mushrooms, aged cheese, tomatoes, soy sauce, and caramelized onions, here are 75 recipes so sublimely delicious that you'll do a double take. Part of the brilliance of *Umami Bomb* is how the author sometimes doubles and

triples the umami bomb effect—like adding miso to an already cheesy cacio e pepe sauce for a vegetarian pasta on steroids, or grilling the fruit first to create an otherworldly Banana Split. Who doesn't want that?

Paper over board: \$19.95/\$29.95 Can.
ISBN: 978-1-5235-0036-9
No. 100036
Full-color photos throughout; 256 pages; 6 1/4" x 8 1/4"

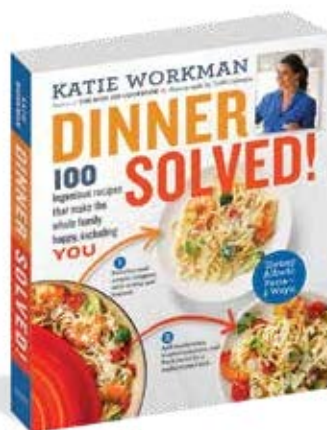


THE MOM 100 COOKBOOK
100 Recipes Every Mom Needs in Her Back Pocket
Katie Workman

The cookbook every mom needs, filled with delicious, easily adaptable recipes. *The Mom 100* is 20 dilemmas x 5 solutions for each, from lunches they won't throw out to fish dishes they'll actually eat to healthy snacks and pretty-healthy desserts. Recipes include an inspired

"fork-in-the-road" variation—how to keep it simple for the kids, then ramp up flavor for the grown-ups.
290,000 copies in print.

Paper: \$19.95/\$25.95 Can.
ISBN: 978-0-7611-6603-0
No. 16603
Full-color photographs throughout; 396 pages; 7 1/2" x 9"



DINNER SOLVED! 100 Ingenious Recipes That Make the Whole Family Happy, Including YOU!
Katie Workman

From the bestselling author of *The Mom 100 Cookbook*: Make everyone at the table happy. These 100 ingenious "Fork in the Road" recipes make it easy to turn one deliciously pleasing dish into two or more, like a spicy version and mild version, or one with meat and the other vegetarian.

97,000 copies in print.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-8187-3
No. 18187
Full-color photographs throughout; 384 pages; 7 1/2" x 9"
Hardcover:
\$39.95/\$59.95 Can.
ISBN: 978-0-7611-8497-3
No. 18497

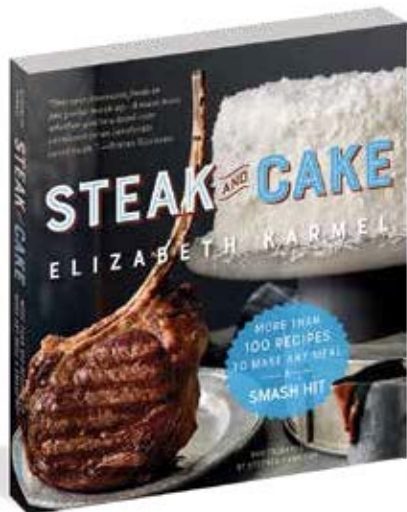


UNICORN FOOD Beautiful Plant-Based Recipes to Nurture Your Inner Magical Beast
Kat Odell

A trend that began as brightly colored bowls on Instagram becomes, in the hands of Kat Odell, a cuisine that adds fresh new excitement to the idea of clean eating. With a rainbow of over 75 vegan recipes, using ingredients that are all natural and veer toward the super-nutritious, here are gently flavored nut

milks, grain bowls loaded with vegetables, probiotic breakfast custards, and toasts with slathers and spreads. And all look as good as they taste.

Paper over board: \$19.95/\$29.95 Can.
ISBN: 978-1-5235-0213-4
No. 100213
Full-color photos throughout; 192 pages; 7 1/2" x 9"

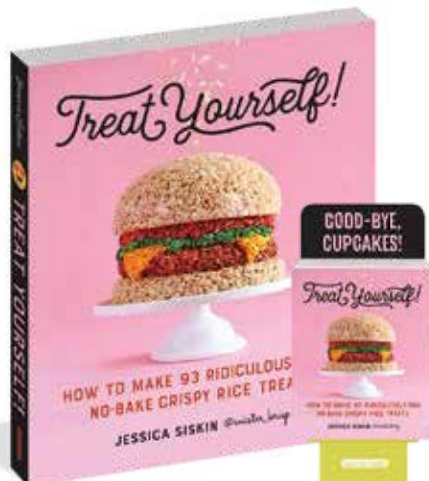


STEAK AND CAKE
More Than 100 Recipes to Make Any Meal a Smash Hit Elizabeth Karmel

Elizabeth Karmel shares more than 100 recipes that scream to be made, paired, and eaten with pure joy. How about a Cowboy Steak with Whiskey Butter followed by a Whiskey Buttermilk Cake? Or a Porterhouse for Two with Steakhouse Spinach and Wild Mushroom Sauté followed by My Mother's Freshly Grated Coconut Cake? Not only will you find some of the best recipes ever for steak—and

steakhouse sides and sauces—and those all-butter-eggs-and-sugar cakes, but you will also pick up tips for choosing and cooking steaks and baking cakes. The result is an instant dinner party, the kind of universally loved meal that makes any occasion special.

Paper: \$22.95/\$34.95 Can.
ISBN: 978-0-7611-8574-1
No. 18574
Full-color photos throughout; 272 pages; 8" x 9 1/4"



TREAT YOURSELF! How to Make 93 Ridiculously Fun No-Bake Crispy Rice Treats Jessica Siskin

MisterKrisp, aka Jessica Siskin, presents the perfect answer for any cook, crafty food lover, or creative parent looking to make crowd-pleasing and unique treats for birthdays, holidays, school events, and virtually every other occasion. From an Avocado (that feeds a crowd) to individual emojis, here are 93

projects that require no baking, with few ingredients and step-by-step instructions.

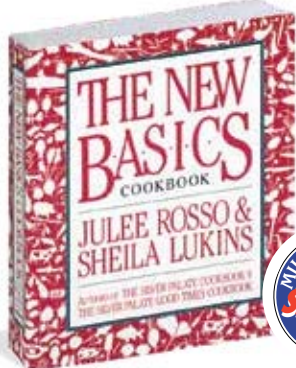
Paper: \$14.95/\$21.95 Can.
ISBN: 978-0-7611-8980-0
No. 18980
Full-color photos throughout; 304 pages; 7" x 8 1/2"
6-copy counter display:
\$89.70/\$131.70 Can.
ISBN: 978-1-5235-0089-5
No. 220089



CAKE MAGIC! Caroline Wright

It's a new way to bake: building luscious cakes out of a handful of simple elements. The secret begins with a simple five-ingredient dry mix, and from there it's a matter of mixing and matching a batter, a flavoring syrup (a step that professional bakers use), and a frosting. Includes gluten-free variations.

Flexibound paper with three ribbon markers: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-8203-0
No. 18203
Full-color photos throughout; 192 pages; 7 1/2" x 8 1/4"
6-copy counter display:
\$107.70/\$161.70 Can.
ISBN: 978-0-7611-9024-0
No. 29024



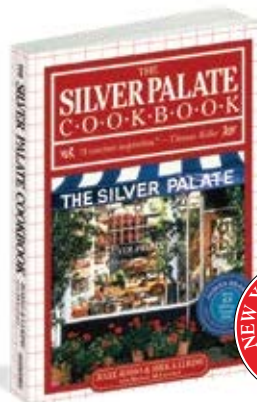
THE NEW BASICS COOKBOOK
Julee Rosso & Sheila Lukins;
Illustrated by Sheila Lukins

In one spectacular volume, the authors celebrate the tastes, ingredients, techniques, and dishes that comprise the best of our cuisine.

Includes: pastas, pizzas, and risottos; soups; salads; every kind of vegetable; grains; beans; seafood; the chicken and the egg; grilling—from ribs to surprise paella; beef; lamb; pork; game;

and desserts, from a simple plate of cookies to the most sinful of chocolate confections. With 875 recipes; techniques, charts, lore, and tips; and microwave miracles.
2,021,000 copies in print.

Paper: \$27.95/\$41.95 Can.
ISBN: 978-0-89480-341-3
No. 1341
Two color; illustrations throughout; 864 pages; 8" x 9 1/8"



THE SILVER PALATE COOKBOOK
Julee Rosso & Sheila Lukins
with Michael McLaughlin

The Silver Palate Cookbook is the beloved classic that brings a new passion for food and entertaining into American homes. Featuring 350 flawlessly seasoned standout dishes to make every occasion special, plus kitchen wisdom, cooking tips, suggested menus, quotes, and lore, this timeless book feels as fresh and exciting as the

day it was published. It will make every reader fall in love with food all over again.

3,978,000 copies in print.

• Main selection of The Good Cook.

Paper: \$24.95/\$37.95 Can.
ISBN: 978-0-7611-4597-4
No. 14597
Full-color photos and illustrations throughout; 464 pages; 7" x 10"

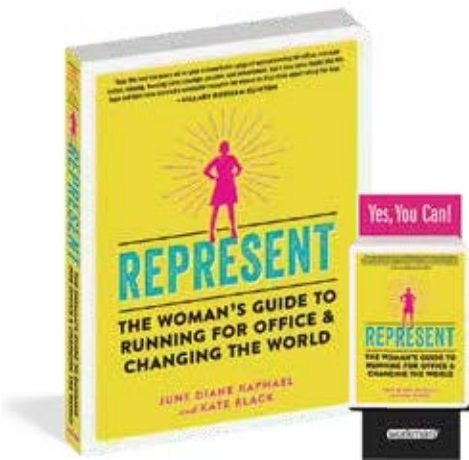


BEN & JERRY'S HOMEMADE ICE CREAM & DESSERT BOOK Ben Cohen & Jerry Greenfield with Nancy Stevens

Ben & Jerry offer fans over 90 recipes, all easy to make with even a simple ice-cream maker.
1,064,000 copies in print.

• Selection of The Good Cook.

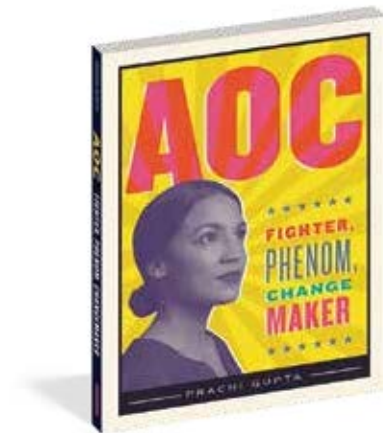
Paper: \$11.95/\$17.95 Can.
ISBN: 978-0-89480-312-3
No. 1312
Full-color illustrations throughout; 128 pages; 7 3/4" x 7"
10-copy counter display:
\$119.50/\$179.50 Can.
ISBN: 978-0-89480-313-0
No. 92313



REPRESENT The Woman's Guide to Running for Office and Changing the World June Diane Raphael and Kate Black

Represent is a comprehensive, energetic, and inspiring guide, structured around a 23-point document called "I'm Running for Office: The Checklist." Doubling as a workbook, it covers it all, from the nitty gritty of filing deadlines and managing social media to the larger issues of fund-raising.

Paper with lay-flat binding and rounded corners: \$19.95/\$29.95 Can.
ISBN: 978-1-5235-0297-4
No. 100297
 Four color with photos and illustrations throughout; 256 pages; 7" x 9 1/2"
5-copy counter display: \$99.75/\$149.75 Can.
ISBN: 978-1-5235-0751-1
No. 220751

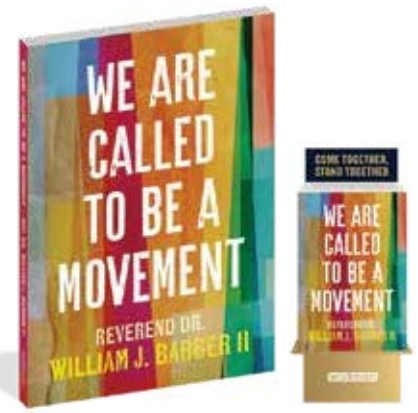


AOC Fighter, Phenom, Changemaker Prachi Gupta

Meet the audacious Alexandria Ocasio-Cortez! She is an activist from the Bronx with a Puerto Rican heritage who grew up acutely aware of racism and income inequality. The underfunded outsider who defeated a 10-term incumbent to become the youngest woman ever elected to the US House of Representatives. A

punching bag for the right, but an inspiration to millions of women, millennial voters, and progressive democrats. A lively, photo-filled celebratory biography.

Paper: \$14.95/\$22.95 Can.
ISBN: 978-1-5235-1037-5
No. 101037
 Full-color photos throughout; 144 pages; 6" x 8"

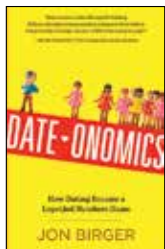


WE ARE CALLED TO BE A MOVEMENT Reverend Dr. William J. Barber II

In this rousing sermon, the celebrated Reverend William J. Barber II of the Poor People's Campaign calls for everyone to come together, stand together, and lead a moral revival; renounce the politics of rejection and greed; and fight income inequality. Designed like a pamphlet, with an immediacy, urgency, and

low barrier to buying and sharing, this small but powerful book has a clear message: It's time for change.

Paper: \$8.95/\$13.95 Can.
ISBN: 978-1-5235-1124-2
No. 101124
 96 pages; 4 3/8" x 6 1/4"
8-copy counter display: \$71.60/\$111.60 Can.
ISBN: 978-1-5235-1145-7
No. 221145



DATE-ONOMICS Jon Birger

It's not that he's just not that into you—it's that there aren't enough of him. And the numbers prove it. Using a combination of demographics, statistics, game-theory, and number-crunching, *Date-onomics* tells what every single, college-educated, heterosexual, looking-for-a-partner woman needs to know: the "man deficit" is real.

"A fascinating look at romance. This book will surprise and enlighten you."—A. J. Jacobs, *New York Times* bestselling author

Paper: \$15.95/\$23.95 Can.
ISBN: 978-0-7611-8208-5
No. 18208
 224 pages; 5 1/2" x 8 1/4"

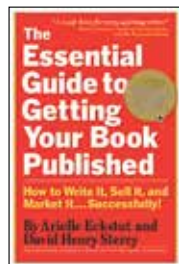


"IS THIS THING ON?" Abby Stokes

Like a personal trainer for the digital age, Abby Stokes is the hand-holding, motivating expert that newbies—specifically older newbies—turn to when they want to become digitally literate. And her *"Is This Thing On?"* is the epitome of user-friendly, covering tablets, apps, video streaming, social media, and much more. A companion website, AskAbbyStokes.com, includes video tutorials explaining the latest technologies.

280,000 copies in print.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-8380-8
No. 18380
 Two color with line drawings; 496 pages; 7" x 9"



THE ESSENTIAL GUIDE TO GETTING YOUR BOOK PUBLISHED

Arielle Eckstut and David Henry Sterry

The best, most comprehensive book for writers. Written by experts with 13 books between them, this nuts-and-bolts guide demystifies every step of the publishing process. There's information on how to build up a following online; producing a video book trailer; and ebook pricing and royalties. Includes interviews with hundreds of publishing insiders.

88,000 copies in print.

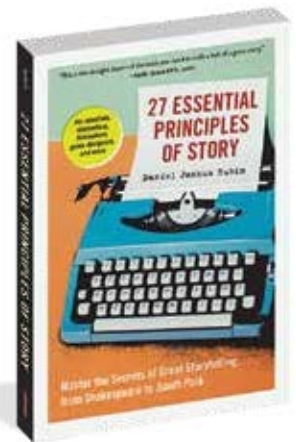
Paper: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-6085-4
No. 16085
 544 pages; 6" x 9"



THE TROUBLE WITH REALITY Brooke Gladstone

Every week, award-winning journalist Brooke Gladstone, from NPR's *On the Media*, helps us understand how Donald Trump and his team of advisors managed to hijack the reality we thought we knew. Drawing on writers as diverse as Hannah Arendt and Philip K. Dick, this bracing—and ultimately hopeful—book shows exactly why so many of us didn't see it coming.

Paper with flaps: \$8.95/\$13.95 Can.
ISBN: 978-1-5235-0238-7
No. 100238
 496 pages; 4 1/2" x 6 3/4"
8-copy counter display: \$71.60/\$111.60 Can.
ISBN: 978-1-5235-0261-5
No. 220261



27 ESSENTIAL PRINCIPLES OF STORY Master the Secrets of Great Storytelling, from Shakespeare to South Park Daniel Joshua Rubin

In a masterclass of 27 lessons, drawn from 27 critical moments at the heart of 27 diverse narratives—from *Hamlet* to *The Godfather*, *Harry Potter* to an episode of *South Park*—Daniel Joshua Rubin unlocks the secrets of what makes a story work, and then teaches us how to understand and use each principle in our own

storytelling. The result is a collection of priceless advice for writers, storytellers, filmmakers, video-game designers, podcasters, writing teachers, and anyone interested in how story works.

Paper: \$19.95/\$28.95 Can.
ISBN: 978-1-5235-0716-0
No. 100716
 Two color; 384 pages; 6" x 9"



POSTERS FOR A GREEN NEW DEAL
Creative Action Network and Demand Drummer

Just as the Roosevelt administration used WPA posters to sell the New Deal and help pull the country out of the Great Depression, 50 powerful, original, and colorful posters from artists of the Creative Action Network rally support for and explain the goals of the Green New Deal—to create a green-energy economy, fight climate change,

promote economic and racial equality, and so much more. “Powerful . . . artists translate these exciting ideas into images that move us all.”—Bill McKibben, bestselling author of *Deep Economy*.

Paper: \$24.95/\$37.95 Can.
ISBN: 978-1-5235-1146-4
No. 101146
 Full-color illustrations throughout; 112 perforated pages; 11" x 14"



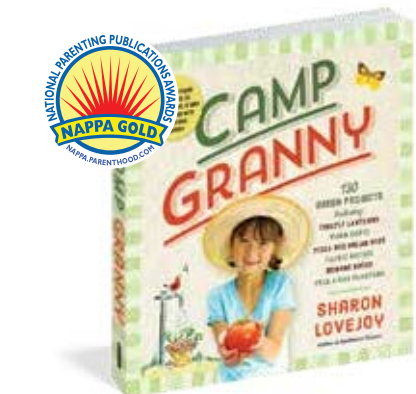
THE GIRL'S GUIDE *Getting the Hang of Your Whole Complicated, Unpredictable, Impossibly Amazing Life* **Melissa Kirsch**

Navigating the most stressful and personal subject matter with the humor of a recently been-there smart older sister, Melissa Kirsch is authoritative and compassionate, covering everything a reader needs to know—mastering your money, impressing the boss, dating, placating your overly

anxious parents, grocery shopping like a pro, and so much more.

165,000 copies in print.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-8012-8
No. 18012
 Two color; illustrations throughout; 464 pages; 6" x 9"



CAMP GRANNY *Wonder-Filled Activities to Turn an Hour, a Day, a Weekend into a Lifelong Memory* **Sharon Lovejoy**

“For green grandparents everywhere and the young lives they touch.”
 —Richard Louv, author of *Last Child in the Woods*

Make leaf rubbings, blow jumbo bubbles, bake Moon Pizzas, create a firefly lantern. More than an activity book, *Camp Granny* is an interactivity

book, filled with 130 projects that connect grandparents and grandchildren through nature.

Paper: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-8730-1
No. 18730
 Full-color illustrations and photos throughout; 272 pages; 8" x 8"

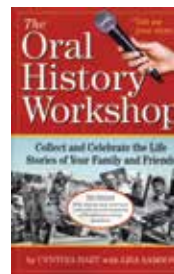


CAN I WEAR MY NOSE RING TO THE INTERVIEW?
A Crash Course in Finding, Landing, and Keeping Your First Real Job **Ellen Gordon Reeves**

Craft a short pitch and always be prepared to use it. The art of writing killer résumés. How to dress for an interview—and why never to order linguine if they take you out to lunch.

52,000 copies in print.

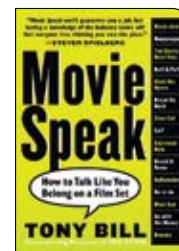
Paper: \$13.95/\$20.95 Can.
ISBN: 978-0-7611-4145-7
No. 14145
 240 pages; 6" x 9"



THE ORAL HISTORY WORKSHOP
Collect and Celebrate the Life Stories of Your Family and Friends **Cynthia Hart with Lisa Samson**

Cynthia Hart shows exactly how to collect, record, share, and preserve a family member's or a friend's oral history.

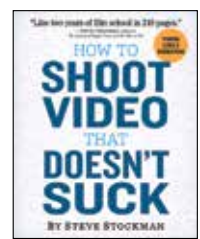
Paper: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-5197-5
No. 15197
 B/W photographs throughout; 224 pages; 6" x 9"



MOVIE SPEAK
How to Talk Like You Belong on a Film Set **Tony Bill**

The secret language of movie-making is technical, odd, colorful, mysterious, and a window into what it's really like to be on the set. From an Oscar-winning producer (*The Sting*) and director, this collection of film terms conjures all the fascination of the movies.

Paper: \$9.95/\$14.95 Can.
ISBN: 978-0-7611-4359-8
No. 14359
 224 pages; 4 1/2" x 6 3/8"

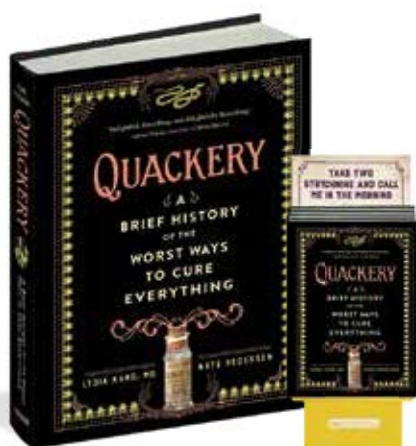


HOW TO SHOOT VIDEO THAT DOESN'T SUCK
Steve Stockman

It's not about the equipment—it's about learning to think like a director. This book covers the basics of framing. Plus, how to make instructional and promotional videos, how to make a music video, how to capture stunts, and much more.

114,000 copies in print.

Paper: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-6323-7
No. 16323
 Line drawings throughout; 256 pages; 7 3/8" x 9 1/8"



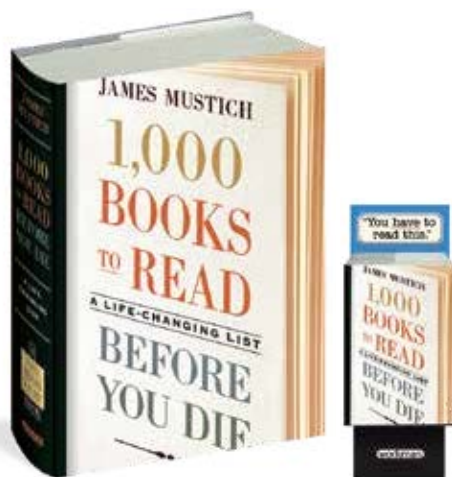
QUACKERY A Brief History of the Worst Ways to Cure Everything

Lydia Kang, MD, and Nate Pedersen

Looking back with fascination, horror, and dark, knowing humor, *Quackery* recounts the at times unbelievable history of medical misfires and malpractices, cluelessness, and outright scams. Here are dozens of morbidly hilarious "treatments"—conceived by doctors, spiritualists, and snake oil salesmen.

60,000 copies in print.

Paper over board:
\$22.95/\$34.95 Can.
ISBN: 978-0-7611-8981-7
No. 18981
Full color with photos and illustrations throughout;
352 pages; 6" x 8"
5-copy counter display:
\$114.75/\$174.75 Can.
ISBN: 978-1-5235-0250-9
No. 220250



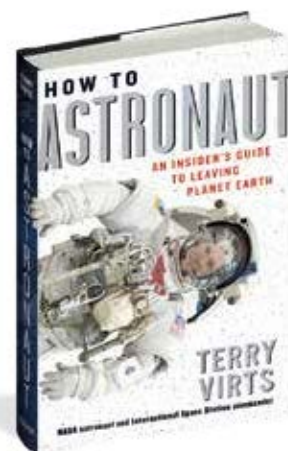
1,000 BOOKS TO READ BEFORE YOU DIE™ A Life-Changing List James Mustich

An eclectic and extraordinary book about books, as compulsively readable, entertaining, surprising, and enlightening as the 1,000-plus books it recommends. The expected pillars are here—Dante, Woolf, Shakespeare, Kafka—but also unexpected titles—from *Harold and the Purple Crayon* to *Citizen to Do Androids Dream of Electric Sheep?*. The alphabetical

listing by author last name results in the great joy of juxtaposition.

122,000 copies in print.

Jacketed hardcover:
\$35.00/\$50.00 Can.
ISBN: 978-1-5235-0445-9
No. 100445
Full-color photos throughout;
960 pages; 6 1/2" x 9 3/8"
5-copy counter display:
\$175.00/\$250.00 Can.
ISBN: 978-1-5235-0564-7
No. 220564

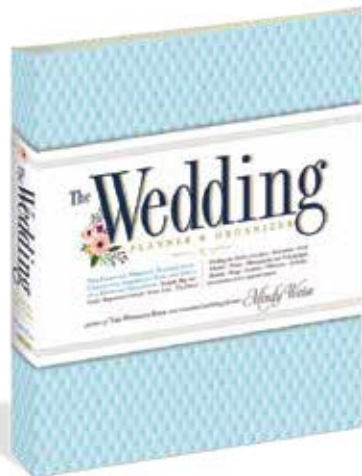


HOW TO ASTRONAUT An Insider's Guide to Leaving Planet Earth Terry Virts

A wildly entertaining account of space travel, *How to Astronaut* is a book that will appeal to anyone with even a passing interest in space. A born storyteller with a gift for the surprising turn of phrase, Col. Terry Virts—former astronaut, space shuttle pilot, and commander of the International Space Station—reveals

the often untold side of space travel in more than 50 chapters filled with the inherent suspense of describing experiences that few will ever know firsthand.

Jacketed hardcover:
\$27.95/\$41.95 Can.
ISBN: 978-1-5235-0961-4
No. 100961
B/W photos throughout;
320 pages; 6" x 9"

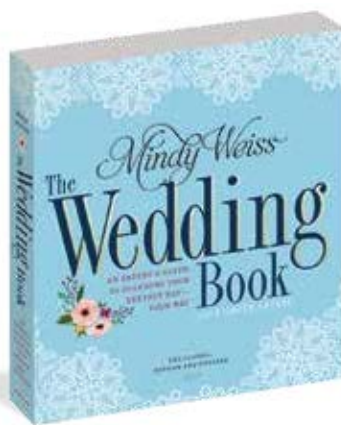


THE WEDDING PLANNER & ORGANIZER Mindy Weiss

Weddings require organization, record-keeping, legwork, logistics. Now from the celebrity wedding planner and author of *The Wedding Book* comes a beautifully designed planner that helps couples keep track of every detail leading up to their Big Day. It's the organizer that includes exactly what you need for on-the-go, on-the-ground wedding planning. It's created as a

usable three-ring binder, and is packed with tips, tools, checklists, spreadsheets, and schedules to help brides (and grooms) manage everything.
242,000 copies in print.

Paper over board:
\$29.95/\$44.95 Can.
ISBN: 978-0-7611-6597-2
No. 16597
160 pages; 3-ring binder: 10 1/2" x 11 1/2" with nine divider pages with pockets; interior pages: 8 1/2" x 11"



THE WEDDING BOOK SECOND EDITION An Expert's Guide to Planning Your Perfect Day—Your Way Mindy Weiss with Lisbeth Levine

The most comprehensive wedding guide on the market. Mindy Weiss is the most trusted name in the business, and this timely update incorporates everything that's fresh and exciting in weddings no matter what your budget.

Here's how to get the most out of social media and websites. The latest on digital photos and

videos; and nontraditional wedding cake options. And, at the core, a guide that's as exhaustive, informative, and indispensable as ever.

188,000 copies in print.

Paper: \$24.95/\$37.95 Can.
ISBN: 978-0-7611-8954-1
No. 18954
Two color with illustrations throughout; 496 pages; 8" x 9 1/8"



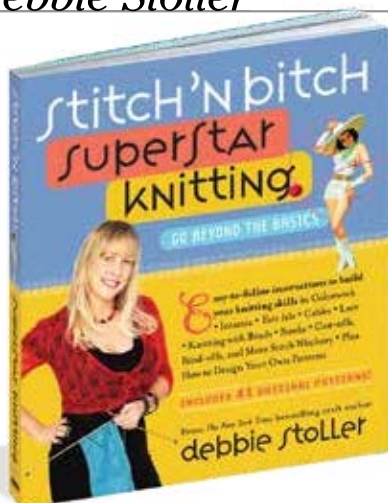
TO MARRY AN ENGLISH LORD Tales of Wealth and Marriage, Sex and Snobbery in the Gilded Age Gail MacColl and Carol McD. Wallace

Social history at its liveliest—the story of how the American heiresses took on the peerage, filled with vivid personalities, gossip, anecdotes, grand houses, plus photographs, illustrations, quotes, and the finer points of Victorian etiquette.

"Marvelous and entertaining."—Julian Fellowes, creator of *Downton Abbey* and *The Gilded Age*
182,000 copies in print.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-7195-9
No. 17195
B/W photographs throughout;
416 pages; 6" x 9"

Debbie Stoller

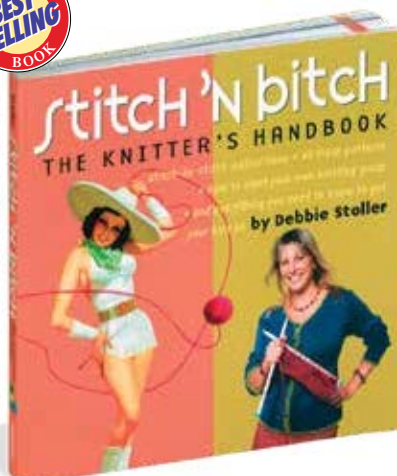


STITCH 'N BITCH SUPERSTAR KNITTING Go Beyond the Basics

The only knitting book to teach the full array of advanced knitting techniques and skills. Then come 41 cool, funky, fabulous patterns from Debbie and the Stitch 'n Bitch community. Includes a fluttery Rocco Shawl, Little Red Riding Hoodie, Jackie O. sequined cardigan. Plus sexy stockings,

stylish handbags, blankets, scarves, and more, including how to make your own patterns.
56,000 copies in print.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-3597-5
No. I3597
Full-color photographs and illustrations throughout; 368 pages; 8" x 9 1/8"

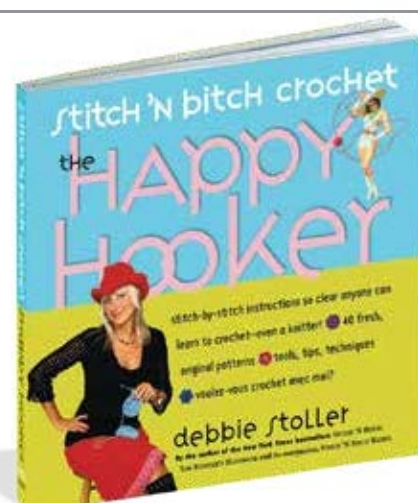


STITCH 'N BITCH The Knitter's Handbook

Every aspect of knitting: Debbie Stoller explains the different types of needles and yarns and all the techniques from basic to fancy, knit to purl, and how to make a buttonhole. At the heart of the book are 40 stylish patterns.

644,000 copies in print.
• Selection of Crafter's Choice Book Club.

Paper: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-2818-2
No. I2818
Two-color photographs and illustrations throughout; 32-page four-color insert; 256 pages; 8" x 8"



STITCH 'N BITCH CROCHET The Happy Hooker

Debbie Stoller does crochet! For knitters and new crafters exploring the hook comes the primer: the advantages of crochet; a discussion of tools; all the cool yarns available; and what the different gauges mean. Then come 40 fabulous, funky projects—Pom Pom Capelet, Retro Clutch Purse, Anarchy Irony Hat.

275,000 copies in print.
• Selection of Crafter's Choice Book Club.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-3985-0
No. I3985
Full-color photographs and illustrations throughout; 256 pages; 8" x 8"

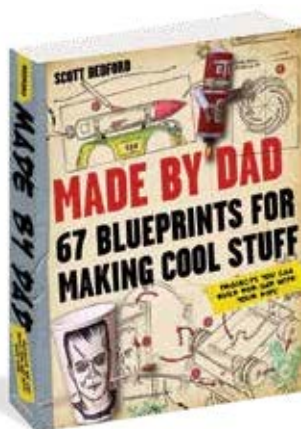


THE JOY OF ORIGAMI

A delightfully fresh twist on the ancient art of paper folding. Traditional in spirit yet contemporary in look and feel, with 100 sheets of paper featuring bold, often whimsical patterns specially designed to complement the models. Among the 57 models are a Ninja Star from Outer Space and a Tie-Dyed Flapping Bird.

213,000 copies in print.
• Selection of Crafter's Choice Book Club and Kids' Book Planet.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-3988-1
No. I3988
Full-color photographs and illustrations throughout; 160 pages plus 100 sheets of origami models; perforated; 8 1/2" x 8"

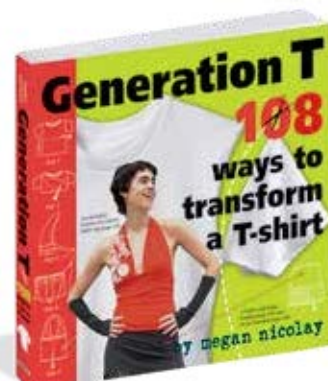


MADE BY DAD 67 Blueprints for Making Cool Stuff

The Snail Soup Can Decoy. The Snappy Toast Rack. A Bunk Bed Communicator made from cardboard tubes. Clever, whimsical, and ingenious, here are 67 unique projects that will turn any dad with DIY leanings into a mad scientist hero that his kid(s) will adore. The projects are shown in full-color photographs, and the instructions are illustrated in detailed line drawings

that exude the handmade ethos of a Boy Scout manual with a sly sense of humor that kids love.
84,000 copies in print.

Paper: \$19.95/\$29.95 Can.
ISBN: 978-0-7611-7147-8
No. I7147
Four-color photographs and illustrations throughout; 336 pages; 8" x 9 3/4"
5-copy counter display:
\$99.75/\$149.75 Can.
ISBN: 978-0-7611-7623-7
No. 27623

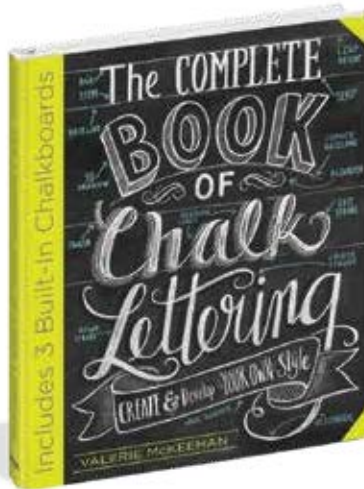


GENERATION T® 108 Ways to Transform a T-shirt

In 108 unexpected, easy-to-follow projects, this pied piper of DIY shows first how to tee off with the basic materials plus add-ons (ribbons, lace, safety pins) and techniques (stitching, hemming, gathering). Then come recipes for customizing a T-shirt, making tank tops, tube tops, halters, skirts, bags, pillows—even earrings!

One-third of the projects are "no sew," so anyone who can wield a pair of scissors can put a personal stamp on her wardrobe.
250,000 copies in print.

Paper: \$15.95/\$23.95 Can.
ISBN: 978-0-7611-3785-6
No. I3785
Two color; illustrations throughout; 16-page full-color insert; 272 pages; 8" x 8"

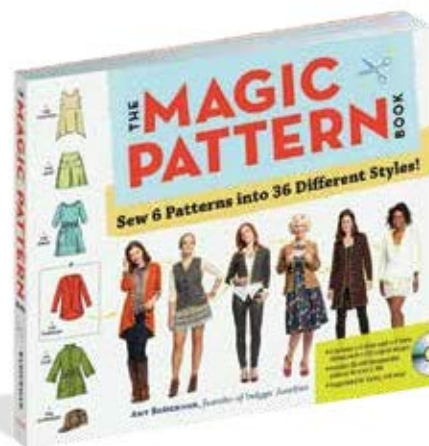


THE COMPLETE BOOK OF CHALK LETTERING Create and Develop Your Own Style Valerie McKeehan

Learn the art of hand-drawn chalk lettering from an Etsy superstar. Master your ABCs, from basic styles—serif, sans serif, and script—to fun letterforms like Bubble, Spooky, and Vintage Circus. Discover how to play with chalk dust to add shadows and dimension; how to illustrate borders, banners, frames; how to embellish with flourishes, laurels, hearts, and arrows. Plus: The book is also a practice space, with three foldout “chalkboards”—the inside cover and foldout back cover are lined with blackboard paper.

152,000 copies in print.

Paper over board with extended flaps coated with chalkboard paint:
\$19.95/\$29.95 Can.
ISBN: 978-0-7611-8611-3
No. 18611
Photos throughout; 176 pages; 8 1/2" x 10"
5-copy counter display:
\$99.75/\$149.75 Can.
ISBN: 978-0-7611-8698-4
No. 28698



THE MAGIC PATTERN BOOK Sew 6 Patterns into 36 Different Styles! Amy Barickman

It's a magical illustrated guide to creating a one-of-a-kind wardrobe from six magic patterns. What makes a sewing pattern magic? It's simple: One “magic” pattern can be transformed into six different looks. Even better—there are six magic patterns included, resulting in 36 different looks. Following each look are suggestions for specific fabrics, for a total of 216 garments and

accessories. The skill level is basic, and patterns are bundled onto a CD in an envelope in the back of the book, and also found online (to be downloaded and printed out on 8 1/2" x 11" paper).

Flexibound with CD for patterns:
\$22.95/\$34.95 Can.
ISBN: 978-0-7611-7162-1
No. 17162
Full-color photographs throughout; 320 pages; 9 1/8" x 7 1/8"



EMBROIDER EVERYTHING WORKSHOP The Beginner's Guide to Embroidery, Cross-Stitch, Needlepoint, Beadwork, Appliqué, and More Diana Rupp

A spirited guide packed with everything you need to know to embroider like a pro. Combining attitude and instruction, projects and inspiration—plus iron-on transfer pattern sheets and a practice stitch card—*Embroider Everything Workshop* is a complete how-to.

Paper: \$24.95/\$37.95 Can.
ISBN: 978-0-7611-5700-7
No. 15700
Concealed Wire-O binding; four color; 272 pages; 7 3/8" x 9"; includes iron-on transfers and practice stitch card

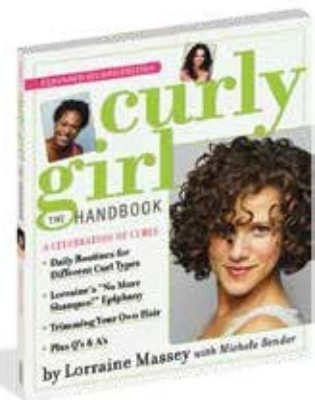


SILVER HAIR A Handbook: Say Goodbye to the Dye and Let Your Natural Light Shine Lorraine Massey with Michele Bender

Celebrate the power of silver with this ultimate handbook-plus-manifesto for every woman who's ready to say goodbye to the dye and let her natural color shine. From the coauthors of the bestselling *Curly Girl*, *Silver Hair* covers the many options for graying stylishly, with before and after photos of real models; how to stay gorgeous post-silver, with tips on haircuts (pixies

work every time) and care (conditioning is crucial); as well as products and DIY recipes; then how to complement your chic new look with flattering fashion, makeup, and accessories.

Paper with flaps:
\$16.95/\$25.95 Can.
ISBN: 978-0-7611-8929-9
No. 18929
Full-color photos throughout; 208 pages; 7" x 8 1/2"



CURLY GIRL The Handbook EXPANDED SECOND EDITION Lorraine Massey with Michele Bender

Packed with unique and fail-proof hair-care methods, inspiration, and an empowering pro-curl attitude, it's all here: daily routines; Lorraine's no-more-shampoo epiphany; homemade lotions and potions; an illustrated, step-by-step guide to trimming your own hair; Lorraine's

Down-and-Dirty Curly Boy Routine—plus downloadable video tutorials on curl care techniques.

495,000 copies in print.

Paper: \$15.95/\$23.95 Can.
ISBN: 978-0-7611-5678-9
No. 15678
Full-color photographs throughout; 176 pages; 7" x 8 1/2"

Also available: **CURLY KIDS: THE HANDBOOK** See page 122.



THE BIG BOOK OF TRICKS FOR THE BEST DOG EVER

A Step-by-Step Guide to 118 Amazing Tricks and Stunts

Larry Kay and Chris Perondi

Embark on a beautiful and meaningful adventure with your dog. This is the ultimate step-by-step, fully illustrated guide to teaching your dog 118 tricks and stunts using the power of positive reinforcement.

Cowritten by two masters—Larry Kay, coauthor of the award-winning bestseller *Training the Best Dog Ever*, and Chris Perondi, owner and trainer for the “Stunt Dog Show,” which conducts over

1,000 performances a year—it’s organized from beginner (with simple tricks like fetching) to advanced (with stunts like vaulting, even riding a skateboard!), and is the best way ever to bond with your dog.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-1-5235-0161-8
No. 100161
 Full-color photos throughout;
 320 pages; 7" x 9"
**Hardcover: \$30.00/
 \$45.00 Can.**
ISBN: 978-1-5235-0570-8
No. 100570

97 WAYS TO MAKE A DOG SMILE

Jenny Langbehn; Photographs by Pat Doyle

The irresistible bestseller in a new “chunky” format. As quirky, colorful, and giftable as ever, here are 97 foolproof methods and tricks for putting any dog into a state of pure pleasure. Enhancing each entry is an adorable, full-color photograph of the guaranteed result—a smiling dog.

438,000 copies in print.

Paper: \$8.95/\$13.95 Can.
ISBN: 978-0-7611-8448-5
No. 18448
 Full-color photos throughout;
 208 pages; 4" x 6"
6-copy counter display:
 \$53.70/\$83.70 Can.
ISBN: 978-0-7611-8475-1
No. 28475
16-copy mixed counter display:
 (8 each of DOG SMILE and CAT LIKE YOU)
 \$143.20/\$223.20 Can.
ISBN: 978-0-7611-8476-8
No. 28476



TRAINING THE BEST DOG EVER

A 5-Week Program Using the Power of Positive Reinforcement

Dawn Sylvia-Stasiewicz and Larry Kay

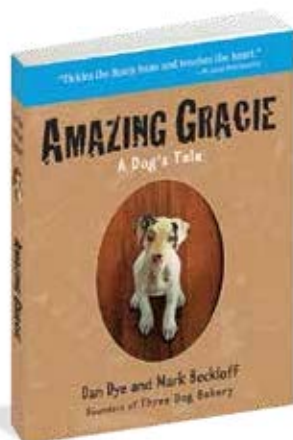
“Best Training and Behavior Book of the Year”—Dog Writers Association of America

This program works whether you’re training a puppy or an adult dog, even one with behavior problems. Illustrated with step-by-step photographs, it teaches readers what a dog new to the family

needs to know, from feeling comfortable in a crate to following basic cues like *sit* and *stay* and beyond.

219,000 copies in print.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-6885-0
No. 16885
 Two color; B/W photographs throughout; 304 pages; 6" x 10"



AMAZING GRACIE A Dog's Tale

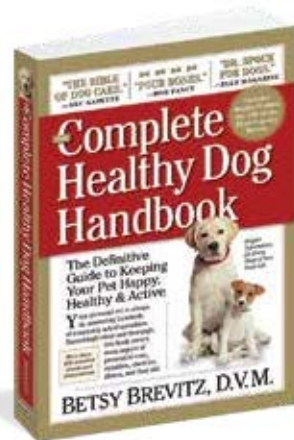
Dan Dye and Mark Beckloff

She was the loneliest pup in the litter—a deaf and partially blind albino Great Dane. It’s a moving, funny, inspirational tale, from the fateful meeting to the eureka moment—out of necessity (Gracie’s dislike for commercial dog food), Dan teaches

himself how to cook and launches Three Dog Bakery.

232,000 copies in print.

Paper: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-2975-2
No. 12975
 Line drawings and photographs throughout; 256 pages; 5 1/4" x 7"



THE COMPLETE HEALTHY DOG HANDBOOK

The Definitive Guide to Keeping Your Pet Happy, Healthy & Active

Betsy Brevitz, DVM

“Dr. Spock for dogs”—*Elle* magazine

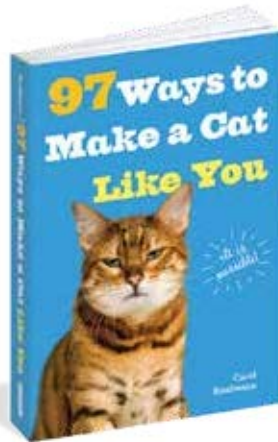
“The bible of dog care”—*AKC Gazette*

Clear and complete, with more than 100 illustrations and diagrams, this guide covers everything from choosing the best dog to puppy care,

nutrition, vaccines, behavior, first aid, and senior care, plus thorough discussions of more than 100 canine illnesses.

88,000 copies in print.

Paper: \$21.95/\$28.95 Can.
ISBN: 978-0-7611-5412-9
No. 15412
 500 pages; 6" x 9"



97 WAYS TO MAKE A CAT LIKE YOU
Carol Kaufmann

The perfect interactive guide to these mysterious, fickle, seemingly aloof—yet really, just particular—pets. Paired with a full-color photograph of friendly, extroverted, happy cats, the 97 inspired, occasionally silly but always behaviorally based tips and tricks prove that when a cat is treated right, he or she

will respond in kind. Within reason.

78,000 copies in print.

Paper: \$8.95/\$13.95 Can.
ISBN: 978-0-7611-8216-0
No. 18216
Full-color photos throughout;
208 pages; 4" x 6"
6-copy counter display:
\$53.70/\$83.70 Can.
ISBN: 978-0-7611-8474-4
No. 28474



ENGINEERING FOR CATS Better the Life of Your Pet with 10 Cat-Approved Projects
Mac Delaney

There may be 100 million pet cats in this country, but who says they're domesticated? In this surprisingly funny and yet transcendently practical book, an aerospace engineer gives us

10 projects that solve the most common sources of friction affecting cat owners. Here's how to make a water fountain (cats dislike stagnant water). A shelf that gives your pet a prime perch—and

counters the way cats suffer feelings of inferiority around much bigger humans. For any cat lover with a few DIY skills, it's a new approach to living happily ever after with your pet(s).

Paper: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-8990-9
No. 18990
Full-color illustrations throughout; 224 pages; 8 1/2" x 6 1/2"

25th
Anniversary
Edition

More gifts for
pet lovers

• **ALL I NEED TO KNOW I LEARNED FROM MY CAT**
See page 95.

• **BAD DOG®**
See page 95.

• **CAT**
See page 93

• **MY DOG'S THE WORLD'S BEST DOG**
See page 95.

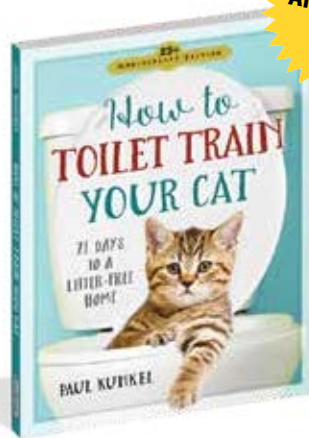
• **PAINT BY STICKER® CATS**
See page 79.

• **PAINT BY STICKER® DOGS**
See page 79.

• **REALLY IMPORTANT STUFF MY CAT HAS TAUGHT ME**
See page 84.

• **REALLY IMPORTANT STUFF MY DOG HAS TAUGHT ME**
See page 84.

• **UNLIKELY FRIENDSHIPS®: DOGS**
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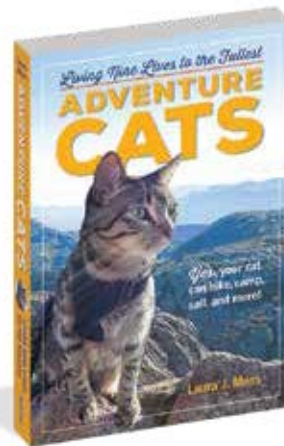


HOW TO TOILET TRAIN YOUR CAT
21 Days to a Litter-Free Home
Paul Kunkel

The book that the *two-billion-dollar-a-year* kitty litter industry doesn't want you to read! Paul Kunkel presents a fool-proof 21-Day Program for teaching any litter-trained cat between the ages of 6 months and 10 years how to use a toilet instead of a litter box. The requirements are simple: magazines

or newspapers, masking tape, heavy-duty plastic wrap, and one last bag of cat litter.
137,000 copies in print.

Paper: \$7.95/\$11.95 Can.
ISBN: 978-0-7611-8952-7
No. 18952
B/W photos and illustrations throughout; 144 pages;
5 1/4" x 7"



ADVENTURE CATS Living Nine Lives to the Fullest
Laura J. Moss

The ultimate—and unexpected—guide to taking your cat into the wild. Here are cats hiking on a leash. Cats tramping through snow. Cats camping—even surfing. Written by animal writer and active hiker Laura J. Moss, it's a collection

of jaw-dropping photographs, inspiring stories of real-life cats, and all the how-to a cat owner needs, including how to leash-train a cat, what to do if you encounter wild-life on the trail, safety tips, and more.

Paper: \$14.95/\$21.95 Can.
ISBN: 978-0-7611-9356-2
No. 19356
Full-color photos throughout;
224 pages; 5 1/2" x 8 1/4"
6-copy counter display:
\$89.70/\$131.70 Can.
ISBN: 978-1-5235-0096-3
No. 220096

Heidi Murkoff

Heidi Murkoff is the author of the world's bestselling pregnancy and parenting series, *What to Expect*®. She is also the creator of WhatToExpect.com and the

WTE app, as well as the founder of the What to Expect Foundation, a nonprofit organization dedicated to helping moms

in need have healthy pregnancies and healthy, happy babies. In 2005, Heidi was inducted into the Books for a Better Life Hall of Fame, and *TIME* magazine named her as one of the 100 Most Influential People in the World for 2011. In 2013, the What To Expect Foundation and the USO created "Special Delivery"—baby showers hosted by Heidi and held at bases all over the world. Heidi and Erik have two children. Their daughter, Emma, graces the cover of *What to Expect When You're Expecting* and the updated *What to Expect Before You're Expecting* and *Eating Well When You're Expecting*, and her son—and Heidi and Erik's grandson—Lennox, is the charmer on the cover of the third edition of *What to Expect the First Year*.

Over 40 million copies in print combined!



WHAT TO EXPECT® WHEN YOU'RE EXPECTING FIFTH EDITION Heidi Murkoff

This constantly updated book is filled with must-have information, advice, insight, and tips for a new generation of moms and dads. Heidi Murkoff answers every conceivable question expecting parents could have with her trademark warmth, empathy, reassurance, and humor. Advice for dads is fully integrated throughout. All medical information is completely up-to-date, including the latest on prenatal screening and the safety

of medications during pregnancy. Lifestyle trends are incorporated, too: juice bars, raw diets, baby bump posting, and more.

Over 20 million copies in print.

Paper: \$15.95/\$23.95 Can. ISBN: 978-0-7611-8748-6 No. 18748
B/W illustrations throughout; 656 pages; 6" x 9"
Hardcover: \$29.95/\$43.95 Can. ISBN: 978-0-7611-8924-4 No. 18924

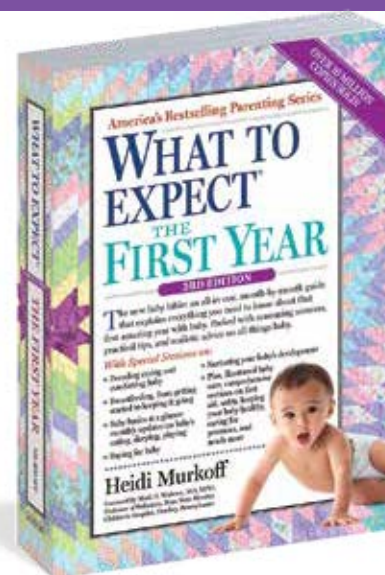


QUÉ PUEDES ESPERAR® CUANDO ESTÁS ESPERANDO FOURTH EDITION Heidi Murkoff

The Spanish-language edition of *What to Expect When You're Expecting*, America's pregnancy bible. *Qué Puedes Esperar* is for the mother-to-be who either doesn't speak English or doesn't feel comfortable with her English; for the doctor who is having trouble communicating with a patient; for the expectant

parents at a stressful time when what's most familiar—their first language—is most welcome. 313,000 copies in print.

Paper: \$15.95/\$23.95 Can. ISBN: 978-0-7611-5738-0 No. 15738
Illustrations throughout; 704 pages; 6" x 9"



WHAT TO EXPECT® THE FIRST YEAR THIRD EDITION Heidi Murkoff

The world's bestselling, best-loved guide to the instructions that babies don't come with, but should—now better than ever. Completely updated while keeping the trademark month-by-month format that allows parents to take the potentially overwhelming first year one step at a time, *First Year* is easy-to-read, fast to flip through, and new-family-friendly—packed with practical tips, realistic advice, and relatable, accessible information. Baby care

fundamentals—crib and sleep safety, feeding, vitamin supplements—reflect the most recent guidelines. Breastfeeding gets more coverage. Hot-button topics and trends are tackled: attachment parenting, sleep training, early potty learning, baby-led weaning, and green parenting.

11,580,000 copies in print.

Paper: \$16.95/\$24.95 Can. ISBN: 978-0-7611-8150-7 No. 18150
B/W illustrations throughout; 704 pages; 6" x 9"

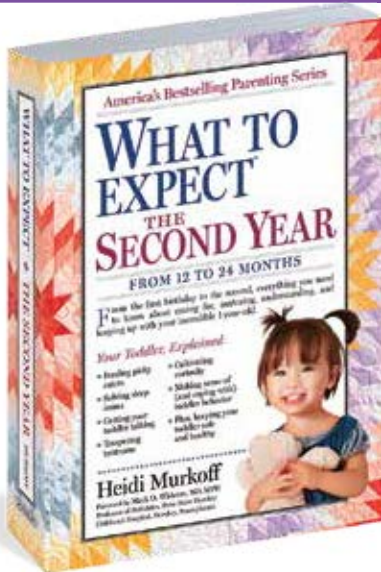


QUÉ PUEDES ESPERAR® EN EL PRIMER AÑO Heidi Murkoff

The first Spanish-language translation of *What to Expect the First Year*. This is the book that every new parent needs through the first year of a baby's life—specially adapted for the over 1 million Hispanic American moms who give birth each year in the U.S. Comprehensive, reassuring, fun to read,

easy to flip through, it's designed for Spanish speakers, as well as for those who feel more comfortable reading in their native language.

Paper: \$19.95/\$29.95 Can. ISBN: 978-0-7611-6790-7 No. 16790
Illustrations throughout; 928 pages; 6" x 9"

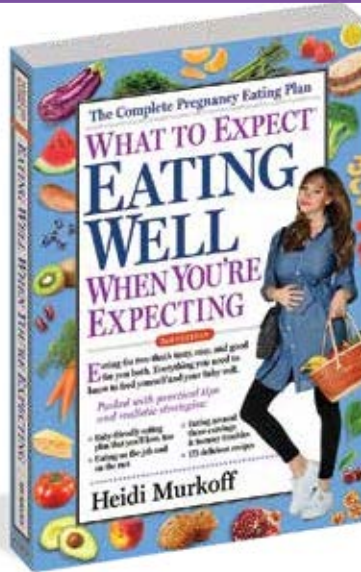


WHAT TO EXPECT® THE SECOND YEAR From 12 to 24 Months
Heidi Murkoff

The essential sequel to *What to Expect the First Year*, *Second Year* picks up the action at baby's first birthday, and takes parents through 12 jam-packed months of milestones (from first steps to first words to first friends)—and challenges like picky eating, separation anxiety, and bedtime battles. Comprehensive, reassuring, empathetic, realistic, and practical,

Second Year covers everything parents need to know in an easy-to-access, topic-by-topic format.
350,000 copies in print.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-0-7611-5277-4
No. 15277
Illustrated; 528 pages; 6" x 9"
Hardcover: \$24.95/\$35.95 Can.
ISBN: 978-0-7611-6364-0
No. 16364

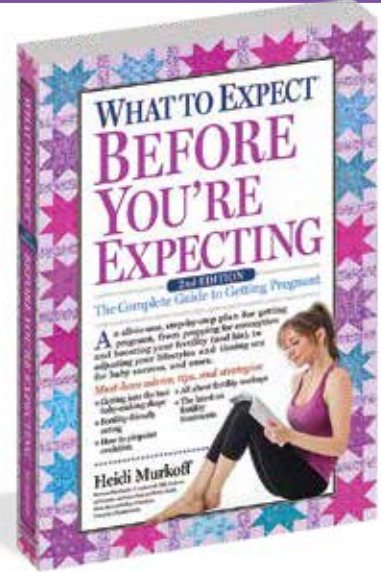


WHAT TO EXPECT®: EATING WELL WHEN YOU'RE EXPECTING SECOND EDITION
Heidi Murkoff

This lively guide provides a fresh, fun, realistic, and body-positive approach to help moms-to-be navigate healthily and tastily through the nine months of pregnancy. Even when you're too green to come face-to-fork with broccoli, or too bloated to eat at all. Thorough chapters are devoted to nutrition, including all the latest facts on superfoods, food trends, food safety,

foods to chow down on, foods (and drinks) to limit, and those to cut out altogether. Plus how to put it all together, with practical tips and recipes that are as delicious as they are nutritious.
Over 1.4 million copies in print.

Paper: \$16.95/\$24.95 Can.
ISBN: 978-1-5235-0139-7
No. 100139
400 pages; 6" x 9"



WHAT TO EXPECT® BEFORE YOU'RE EXPECTING The Complete Guide to Getting Pregnant SECOND EDITION
Heidi Murkoff

Medical professionals recommend that all hopeful parents plan and prepare for up to a year before getting pregnant. Enter America's best-selling guide to getting pregnant, filled with up-to-the-minute information on everything from the latest on genetic screening, ovulation tracking, fertility treatments, to health insurance

coverage, preconception travel, Zika virus, and more.
333,000 copies in print.

Paper: \$14.95/\$21.95 Can.
ISBN: 978-1-5235-0150-2
No. 100150
8/W illustrations throughout; 304 pages; 6" x 9"
Hardcover: \$27.50/\$39.95 Can.
ISBN: 978-1-5235-0151-9
No. 100151



WHAT TO EXPECT® PREGNANCY JOURNAL & ORGANIZER
Heidi Murkoff

This planner is an expectant mom's best friend from conception through delivery.
1,159,000 copies in print.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-4212-6
No. 14212
Two color; 288 pages; Wire-0 binding with title on spine; 5 1/2" x 7 1/2"



THE WHAT TO EXPECT® BABY-SITTER'S HANDBOOK
Heidi Murkoff

This guide contains everything a caregiver needs to know about caring for a child, from newborn to preschooler. A mix of text, boxes, Q&As, and lists.
103,000 copies in print.

Paper: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-2845-8
No. 12845
Two color; illustrations throughout; Wire-0 binding with title on spine; 256 pages; 5 1/2" x 7 1/2"



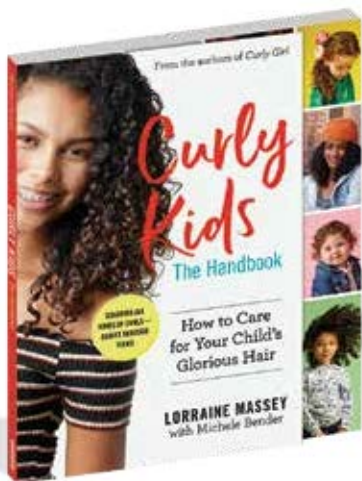
WHAT TO EXPECT® GIFT SETS The Congratulations, You're Expecting! Gift Set • The Welcome, Baby! Gift Set

The Congratulations, You're Expecting! Gift Set is a 1,360-page reference library on pregnancy, childbirth, and baby's first year. *The Welcome, Baby! Gift Set* covers each growth and development phase through the first two years of life.

The Congratulations, You're Expecting! Gift Set
• *What to Expect When You're Expecting*, 5th edition
• *What to Expect the First Year*, 3rd Edition

Paper: \$32.90/\$48.90 Can.
ISBN: 978-0-7611-8932-9
No. 28932

The Welcome, Baby! Gift Set
• *What to Expect the First Year*, 3rd Edition
• *What to Expect the Second Year*
Paper: \$32.90/\$48.90 Can.
ISBN: 978-0-7611-6680-1
No. 26680

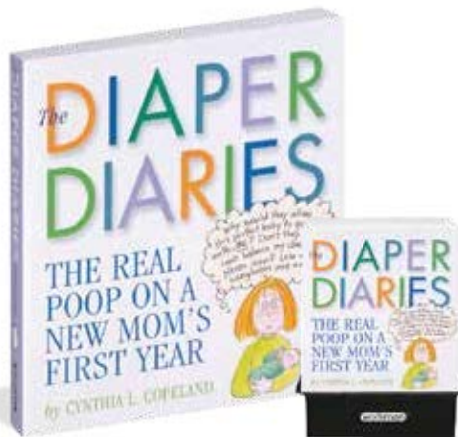


CURLY KIDS: THE HANDBOOK
How to Care for Your Child's Glorious Hair Lorraine Massey and Michele Bender

From Lorraine Massey—an evangelist for the power of curls—comes a practical and inspirational handbook filled with creative advice for caring for every kind of curly hair. Here's how to use the Curly Girl method of "co-washing;" how to eliminate frizz no matter the weather; how

to sleep with curls; why, always, to avoid blow-drying; and what to tell the hairstylist.

Paper with stepback:
\$16.95/\$24.95 Can.
ISBN: 978-1-5235-0740-5
No. 100740
Full-color photos throughout;
184 pages; 7" x 8 1/2"



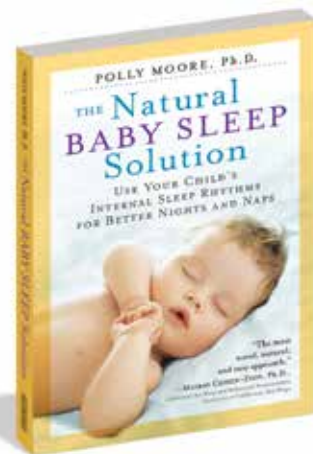
THE DIAPER DIARIES The Real Poop on a New Mom's First Year Cynthia L. Copeland

Cynthia Copeland helps new mothers maintain the one thing they can't survive without: a sense of humor.

The Diaper Diaries chronicles the first year of motherhood, from the hospital stay to birth announcement faux pas, pacifier tales, and a guide to Nana-speak.

142,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-2860-1
No. 12860
Two color; illustrations throughout; 256 pages; 6" x 6 1/2"
10-copy counter display:
\$99.50/\$129.50 Can.
ISBN: 978-0-7611-3030-7
No. 23030



THE NATURAL BABY SLEEP SOLUTION Use Your Child's Internal Sleep Rhythms for Better Nights and Naps Polly Moore, PhD

Based on the rest and activity cycle that occurs every hour and a half, here's a scientifically based program for parents to help babies get all the sleep they need, both through the night and during the day. The method is simple and yields long-lasting results: restful daytime naps (which also give an infant a head

start on cognitive development), and consistent nighttime sleep—as beneficial for parents as it is for the baby.

63,000 copies in print.

Paper: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-8747-9
No. 18747
Two color; 192 pages; 5 1/4" x 7 1/2"

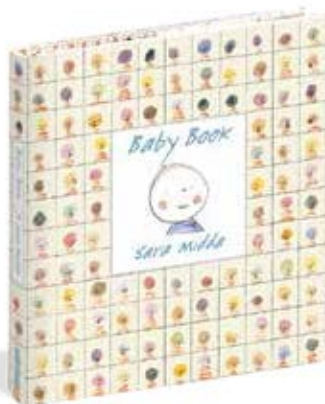


THE COMPLETE BOOK OF BREASTFEEDING FOURTH EDITION Everything You Need to Make the Most of Your Nursing Experience Sally Wendkos Olds, Laura Marks, MD, and Marvin S. Eiger, MD

Non-doctrinaire, informative, and friendly, *The Complete Book of Breastfeeding* is as important as a pregnancy guide or baby name book. It's a comprehensive introduction; how to involve fathers and siblings; and

the best diet and foods for mom.
1,656,000 copies in print.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-5113-5
No. 15113
8/W photographs throughout;
432 pages; 6" x 9"



BABY BOOK Sara Mridha

Irresistible, sophisticated, and never cloying, it's the special baby book to fill in and cherish forever. Sara Mridha, the acclaimed artist and author, celebrates the joys of babyhood in a delightful album filled with unexpected touches. There are two miniature, pasted-in keepsake envelopes

for first tooth and lock of hair, and two larger bound-in envelopes in the back to store photographs and other important papers.

137,000 copies in print.

Jacketed hardcover:
\$22.95/\$34.95 Can.
ISBN: 978-0-7611-1229-7
No. 11229
Full color; 96 pages; 7 3/8" x 8"



97 WAYS TO MAKE A BABY LAUGH Jack Moore

These 97 games, sight gags, parlor tricks, and practical jokes include Baby's Stinky Feet. The Scamooch. And The Disappearing Noodle (for best results, use capellini *al dente*).

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Full-color photos throughout;
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1,107 BABY NAMES THAT STAND THE TEST OF TIME Jennifer Griffin

A considered, curated, slightly opinionated, and richly informative guide to baby names with meaning, character, and a little bit of attitude.

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ISBN: 978-0-7611-8074-6
No. 28074

Available until June 2021 (See page 30.)



THE BABY KEEPSAKE BOOK AND PLANNER

Mindy Weiss

A baby book like no other. First, because it's a binder, it's completely guilt-free and customizable. Forgot to record baby's first steps? Just take out that page. Second, it includes tabbed dividers with pockets, plus 100 full-color pages covering everything from checklists and doctor's notes to First Feelings and Your Favorite Things.

68,000 copies in print.

Paper over board:
\$28.95/\$39.95 Can.
ISBN: 978-0-7611-8171-2
No. 18171

Four color; 100 pages; 3-ring binder: 10 1/2" x 11 1/2" with 6 tabbed dividers with pockets, plastic pouch, and 3 pull-out booklets; interior pages 8 1/2" x 11"



THE MONTESSORI TODDLER

A Parent's Guide to Raising a Curious and Responsible Human Being

Simone Davies

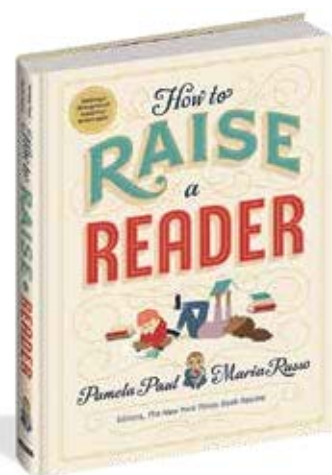
Using the principles developed by the educator Dr. Maria Montessori, Simone Davies shows how to turn life with a "terrible two" into a rewarding time of curiosity, respect, and discovery. *The Montessori Toddler* covers everything from how to stay composed when your toddler

is not to raising an inquisitive learner.

175,000 copies in print.

Paper with flaps:
\$19.95/\$27.95 Can.
ISBN: 978-1-5235-0689-7
No. 100689

Full-color illustrations and photographs throughout; 256 pages; 6 5/8" x 9 3/8"



HOW TO RAISE A READER

Pamela Paul and Maria Russo; Illustrated by Vera Broskol, Lisk Feng, Monica Garwood, and Dan Yaccarino

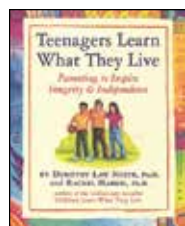
Combining clear, practical advice with inspiration, wisdom, tips, and extensive reading lists, Pamela Paul, who oversees all book coverage at *The New York Times*, and Maria Russo, children's books editor at the *Times*, show parents how to instill that same joy of reading, and its timeless, time-stopping pleasure, in their children.

100,000 copies in print.

Paper over board:
\$19.95/\$29.95 Can.
ISBN: 978-1-5235-0530-2
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Full-color illustrations throughout; 216 pages; 6 1/4" x 8 1/2"

5-copy counter display:
\$99.75/\$149.75 Can.
ISBN: 978-1-5235-0921-8
No. 220921



TEENAGERS LEARN WHAT THEY LIVE

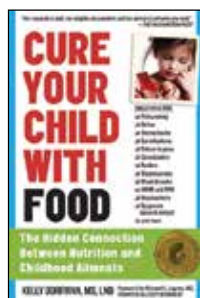
Dorothy Law Nolte, PhD, and Rachel Harris, PhD

Drs. Dorothy Law Nolte and Rachel Harris bring their unique perspective to families with adolescents, addressing popularity, peer pressure, and so much more.

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CURE YOUR CHILD WITH FOOD

Kelly Dorfman, MS, LND

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ISBN: 978-0-7611-7583-4
No. 17583

368 pages; 6" x 9"



CHILDREN LEARN WHAT THEY LIVE

Parenting to Inspire Values

Dorothy Law Nolte, PhD & Rachel Harris, PhD

A simple but powerful guide to parenting the old-fashioned way—instilling values through example—inspired by Dr. Nolte's "Children Learn What They Live," the celebrated poem she wrote in 1954 on jealousy, praise, honesty, fairness, and more.

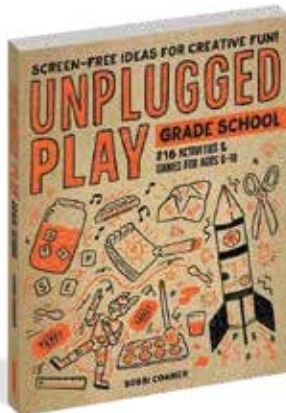
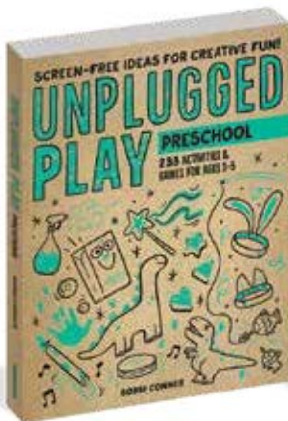
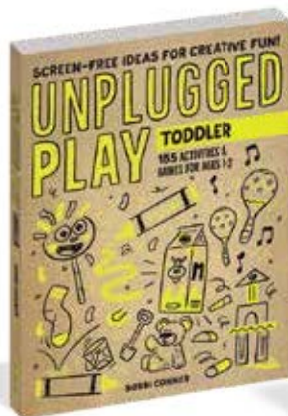
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• Selection of the Literary Guild, Doubleday Direct, and Book-of-the-Month Club.

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ISBN: 978-0-7611-0919-8
No. 10919

Two color; illustrations throughout; 240 pages; 5 1/2" x 6 7/8"





UNPLUGGED PLAY: TODDLER • PRESCHOOL • GRADE SCHOOL

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In an era of ubiquitous screens, this collection of timeless, imaginative, easy-to-implement games are here to the rescue. Each volume includes games to play alone and games to play with siblings and friends and parents. Games to play indoors and games for outside. There are craft

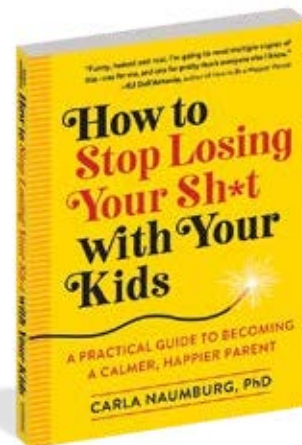
projects, music activities, guessing games—the kinds of truly fun activities designed to stretch the imagination, spark creativity, build strong bodies, forge friendships, and explore the real world. The opposite of hunkering down in front of an addictive screen.

Paper: \$12.95/\$19.95 Can.
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GRADE SCHOOL (Ages 6–10)
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272 pages



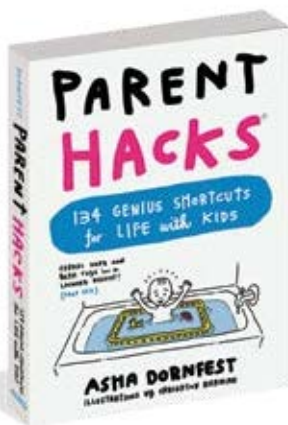
HOW TO STOP LOSING YOUR SH*T WITH YOUR KIDS A Practical Guide to Becoming a Calmer, Happier Parent

Carla Naumburg, PhD

Stop the yelling, lose the guilt, and become a calmer, happier parent. Based on brain research, evidence-based practices, mindfulness, and more, here is an insight-packed and tip-filled program for how to stop parental meltdowns. Written in a warm, funny, instantly relatable tone

of a parent who's been there, the book not only explains why we explode at our children, but teaches us everything we need to know to turn that behavior around.

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ISBN: 978-1-5235-0542-5
No. 100542
Two color; 224 pages; 5 3/4" x 8"



PARENT HACKS® 134 Genius Shortcuts for Life with Kids

Asha Dornfest; Illustrated by Craighton Berman

It's the indispensable handbook for the most seat-of-the-pants job there is—raising kids. Drawing from the award-winning blog ParentHacks.com, *Parent Hacks* presents 134 ingenious tips and shortcuts for simplifying life with little kids. Put the ketchup *under* the hot dog, minimizing the mess.

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Four color with illustrations throughout; 272 pages; 5" x 7"
6-copy counter display: \$77.70/\$119.70 Can.
ISBN: 978-0-7611-9026-4
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GETTING TO 30 A Parent's Guide to the 20-Something Years

Jeffrey Jensen Arnett, PhD, and Elizabeth Fishel

Here's the optimistic, practical, and research-based guide that explains to parents what's really happening to their 18- to 29-year-old, and gives all the tools they need—from six ways to listen more than you talk, to knowing when to open (and close) the Bank of Mom and Dad

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Paper: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-7966-5
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320 pages; 5 1/2" x 8 1/4"



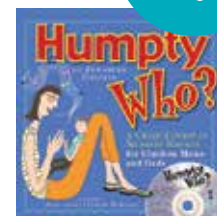
THE POCKET PARENT

Gail Reichlin & Caroline Winkler

It's instant relief—a pocket-size book of tried-and-true advice, common sense, parental wisdom, and sanity, offering hundreds of fast answers in an A-to-Z compendium of common childhood behavior problems.

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HUMPTY WHO? A Crash Course in Nursery Rhymes for Clueless Moms and Dads

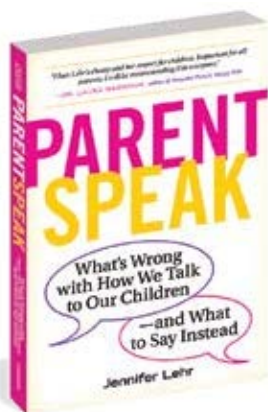
Jennifer Griffin

Humpty Who? is for every mom or dad who wants to give their child the simple pleasures of classic nursery rhymes . . . but can't remember past the first line.

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ISBN: 978-0-7611-4368-0
No. 14368
Two color; 192 pages; 6" x 6"; includes a 45-minute audio CD

Available until June 2021 (See page 23.)

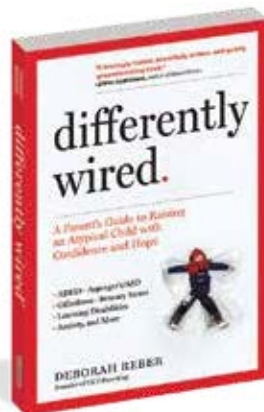


PARENTSPEAK What's Wrong with How We Talk to Our Children—and What to Say Instead Jennifer Lehr

What if every time you praise your child with "Good job!" you're actually doing more harm than good, offering meaningless approval instead of actually engaging with your child? Is insisting "Can you say thank you?" exactly the wrong way to go about teaching manners?

Jennifer Lehr is a smart, funny, fearless writer who takes on "parentspeak" and, in the process, offers a conscious, compassionate approach to parenting.

Paper: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-8151-4
No. 18151
Two color; 288 pages; 5 1/2" x 8 1/4"

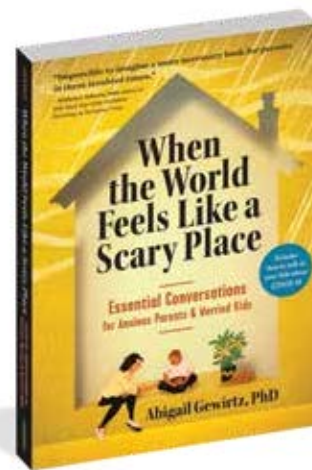


DIFFERENTLY WIRED® A Parent's Guide to Raising an Atypical Child with Confidence and Hope Deborah Reber

The book that brings much-needed help and advice to the parents of the millions of kids with neurodifferences—the one in five "differently wired" kids with ADHD, autism, anxiety, giftedness, or other atypicalities. "A bracingly honest, beautifully written, and quietly

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No. 100631
296 pages; 5 1/2" x 8 1/4"
Jacketed hardcover: \$26.95/\$36.95 Can.
ISBN: 978-1-5235-0212-7
No. 100212



WHEN THE WORLD FEELS LIKE A SCARY PLACE Essential Conversations for Anxious Parents and Worried Kids Abigail Gewirtz, PhD

Here is a clear and practical guide to how bad things happening in the world affect our children—and how we can raise engaged and confident kids in spite of it. Written by a child psychologist and leading expert on families under stress, it is filled with conversation scripts about things like bullying,

climate change, active shooter drills, and more; guidance on helping children understand and manage their emotions; and how to make sure your own fears don't color the conversation.

Paper: \$16.95/\$24.95 Can.
ISBN: 978-1-5235-0831-0
No. 100831
Two color; 304 pages; 6" x 8 1/2"

gardening



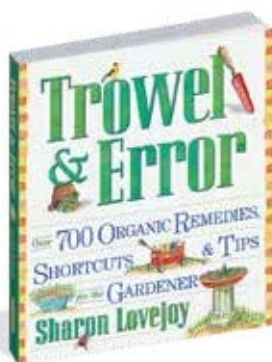
WEEDLESS GARDENING Lee Reich

A system that protects the soil, contributes to plant health, and mitigates weed problems.

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• Selection of the Book-of-the-Month Club and Country Homes & Gardens Book Club.

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ISBN: 978-0-7611-1696-7
No. 11696
Illustrations throughout;
208 pages; 6" x 8"



TROWEL & ERROR Over 700 Organic Remedies, Shortcuts & Tips for the Gardener Sharon Lovejoy

Cure plant viruses with spoiled milk and more practical wisdom that comes only after a lifetime of gardening experience. Indexed by problem, plant, pest, and solution.
159,000 copies in print.

• Selection of Country Homes & Gardens Book Club and the Garden Book Club.

Paper: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-2632-4
No. 12632
Full-color illustrations throughout; 224 pages; 6" x 7"



THE GARDEN PRIMER SECOND EDITION Barbara Damrosch; Packager Regina Ryan

The most comprehensive gardening reference ever, now revised and made 100% organic. With information on planning a garden, recommended plants, and best tools. Ecological issues are addressed extensively, and new advice on how to extend the growing season.

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ISBN: 978-0-7611-2275-3
No. 12275
Two color; illustrations throughout; 720 pages; 6" x 9"



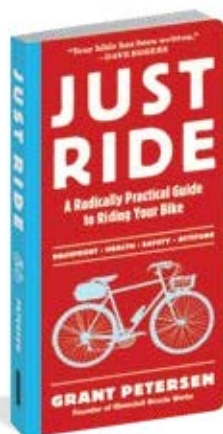
THE MIRACLE BALL METHOD, REVISED EDITION **Relieve Your Pain, Reshape Your Body, Reduce Your Stress**
Elaine Petrone

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B/W illustrations and photos throughout; 176 pages; 3 1/4" x 7 7/8"; package: 4 1/2" x 8 1/8" x 4"



JUST RIDE A Radically Practical Guide to Riding Your Bike
Grant Petersen

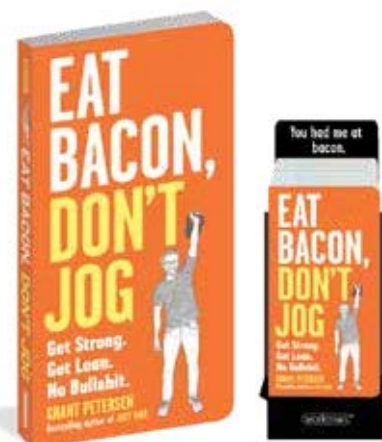
A revelation from the legendary owner of Rivendell Bike Works, who shares a lifetime of unexpected facts, expert techniques, and his own maverick philosophy. Covering technique, equipment, safety, health and fitness, and more, it's the book that argues that it's time to forget racing and ride like you did when you were a kid—just get on your

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70,000 copies in print.

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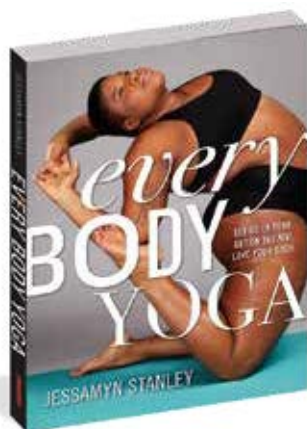
EAT BACON, DON'T JOG **Get Strong. Get Lean. No Bullshit.**
Grant Petersen

The author of *Just Ride* shows why fat makes us thin, cardio makes us stressed and hungry, and not all calories are created equal—all based on the latest science. He addresses "Food basics" in essays like "You eat less often when you eat more fat, fewer carbs." "Exercise basics" begin with "Don't jog" (it just makes you hungry and trains muscle to tolerate more jogging) and lead

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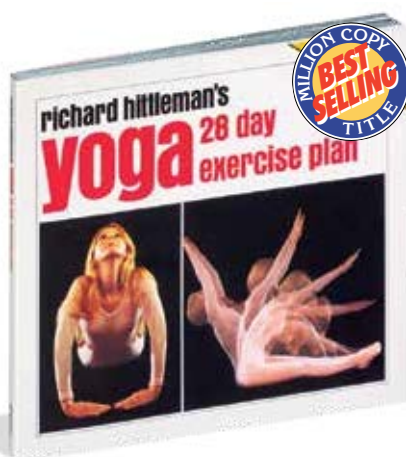


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Yoga will help readers of all different levels of experience seamlessly weave yoga into their lives.
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Full-color photos throughout; 232 pages; 6 1/2" x 8 1/2"



YOGA 28 DAY EXERCISE PLAN
Richard Hittleman

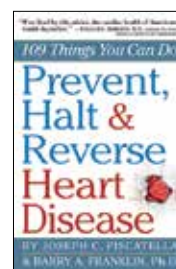
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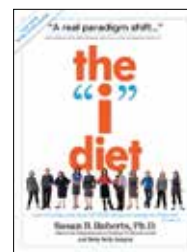
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ISBN: 978-0-911104-21-9 No. 194
Photographs throughout; 224 pages; 9" x 8 5/16"



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This book is divided into three sections: Cardiac Markers (10 of the most important risk factors are examined); Life Skills (109 practical tips, like #109: Floss your teeth); and Cardiac Basics (an explanation of contemporary tests and treatments).
315,000 copies in print.

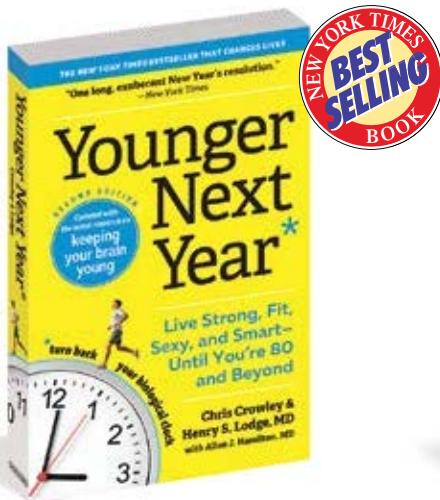
Paper: \$15.95/\$23.95 Can.
ISBN: 978-0-7611-6073-1 No. 16073
432 pages; 6" x 9"



THE "I" DIET **Use Your Instincts to Lose Weight—and Keep It Off—Without Feeling Hungry**
Susan B. Roberts, PhD, and Betty Kelly Sargent

Here's how the hardwired food instincts that once ensured our survival are now driving too many to obesity—and how we can turn those same instincts into an engine for permanent, healthy weight loss.
68,000 copies in print.

Paper: \$13.95/\$20.95 Can.
ISBN: 978-0-7611-5874-5 No. 15874
B/W photographs; 384 pages; 6" x 8"

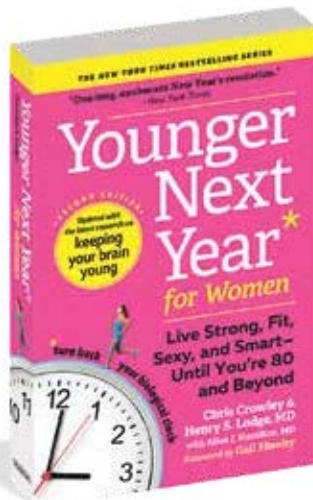


YOUNGER NEXT YEAR® SECOND EDITION
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 Chris Crowley & Henry S. Lodge, MD, with
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Significantly updated with two new chapters on the link between physical exercise and brain health, this *New York Times* bestseller shows us how to turn back our biological clocks—and now, become 10% smarter. In other words, how to become functionally

younger every year, and continue to live with newfound vitality and pleasure.
 905,000 copies in print.

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ISBN: 978-1-5235-0792-4
No. 100792
 400 pages; 5 1/8" x 8"

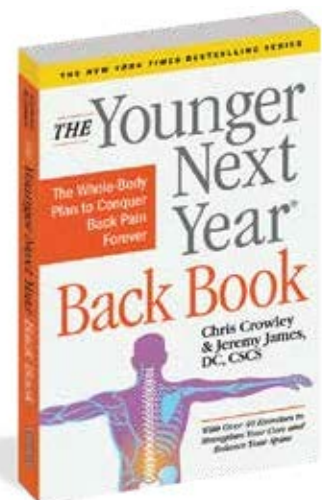


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SECOND EDITION Live Strong, Fit, Sexy,
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Beyond Chris Crowley & Henry S. Lodge, MD,
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Avoid 70% of the normal problems of aging, eliminate 50% of illness—and become smarter with age—in other words, live brilliantly for the decades after menopause. The key is found in "Harry's Rules," a simple program

of exercise, diet, and maintaining emotional connections.
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Paper: \$15.95/\$23.95 Can.
ISBN: 978-1-5235-0793-1
No. 100793
 472 pages; 5 1/8" x 8"

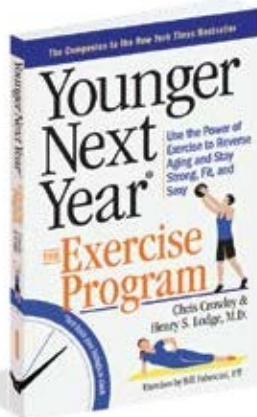


THE YOUNGER NEXT YEAR® BACK
BOOK The Whole-Body Plan to
Conquer Back Pain Forever
 Chris Crowley & Jeremy James, DC, CSCS

Eighty percent of Americans seek expert help for back pain. Coincidentally, 80 percent is the cure rate at Dr. Jeremy James's Aspen Back Institute. Now he brings his revolutionary behavioral/whole-body approach to the book that will heal, and often eliminate, back pain forever with Jeremy's Rules and a regimen of simple

exercises—all shown in step-by-step two-color illustrations.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-1-5235-0447-3
No. 100447
 Two color with illustrations throughout; 256 pages; 5 1/8" x 8"
Jacketed hardcover:
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ISBN: 978-1-5235-0296-7
No. 100296



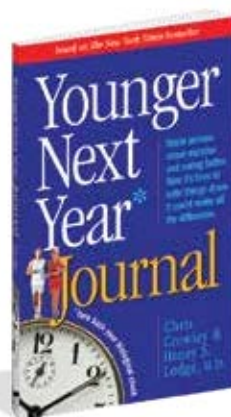
YOUNGER NEXT YEAR®: THE EXERCISE
PROGRAM Use the Power of Exercise to
Reverse Aging and Stay Strong, Fit, and
Sexy Chris Crowley & Henry S. Lodge, MD

The exercise program that combines the best information from the *New York Times* bestselling *Younger Next Year* with the cutting-edge workouts from *Thinner This Year*.

How much aerobics to do. How to calculate heart rate effectively. How hard to hit those

intervals. The magic of dynamic warm-ups versus old-style stretching, and the key to pain-free joints for life.
 61,000 copies in print.

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ISBN: 978-0-7611-8612-0
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 Two color; illustrations throughout; 176 pages; 5 1/8" x 8"

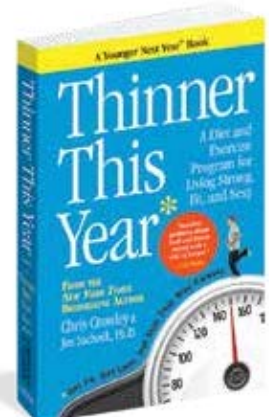


YOUNGER NEXT YEAR® JOURNAL
 Chris Crowley & Henry S. Lodge, MD

Is it a cardio day or a strength day? What's your resting heart rate? Time to work on your abs? This 52-week fill-in book with detailed prompts helps organize and record exactly what you're doing, and when. Plus, it includes room to write down what you ate (the essential first

step in losing weight) and how you did with the all-important three "c's": caring, connecting, committing.
 107,000 copies in print.

Paper: \$11.95/\$16.95 Can.
ISBN: 978-0-7611-4469-4
No. 14469
 Two color; perfect-bound;
 240 pages; 5 1/8" x 8"

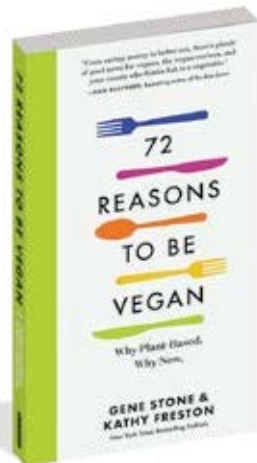


THINNER THIS YEAR
A Younger Next Year® Book
 Chris Crowley & Jen Saecheck, PhD

Lose up to 25 pounds in the first six months—and keep it off for life. Avoid solid fats and added sugars; skip the supplements; pile on fruits and vegetables; and don't drink your calories. And with its simple, fully illustrated program of 25 "sacred exercises," readers will build muscle, protect joints,

add mobility, put off 70% of the normal problems associated with aging, and eliminate 50% of serious illness and injury.
 123,000 copies in print.

Paper: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-7746-3
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 B/W illustrations; 384 pages;
 5 1/8" x 8"

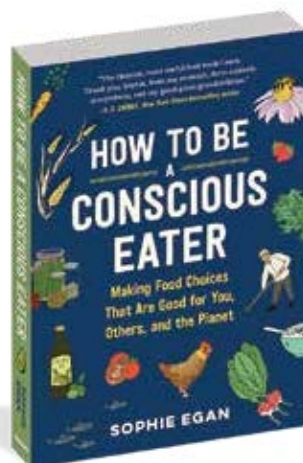


72 REASONS TO BE VEGAN
Why Plant Based. Why Now.
Gene Stone and Kathy Freston

Did you know that if you adopt a vegan diet you can enjoy better sex? Save money? Eat delicious burgers? Ward off Alzheimer's, Type 2 diabetes, rheumatoid arthritis, and other metabolic diseases? And help save the planet? Literally. While plenty of books tell readers how to go vegan, this is the book that tells

you *why*. It's the ideal next book for every food-conscious reader and the perfect gift for vegans to give their friends and family.

Paper with flaps:
\$14.95/\$22.95 Can.
ISBN: 978-1-5235-1031-3
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Four color with illustrations throughout; 208 pages; 4 1/2" x 8"

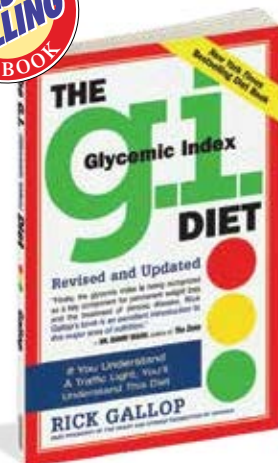


HOW TO BE A CONSCIOUS EATER
Making Food Choices That Are Good for You, Others, and the Planet
Sophie Egan

In this radically practical guide, Sophie Egan, an expert in health, nutrition and sustainability, helps us navigate the bewildering world of food by using three criteria—is what I'm about to eat good for me? Is it good for others? Is it good for the planet? And in doing so, covers everything:

tips for buying produce, diet and cancer risks, the truth about sell-by dates, cutting down on food waste, the great protein myth, and more.

Paper: \$16.95/\$24.95 Can.
ISBN: 978-1-5235-0738-2
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Full-color illustrations throughout; 280 pages; 5 1/2" x 8"

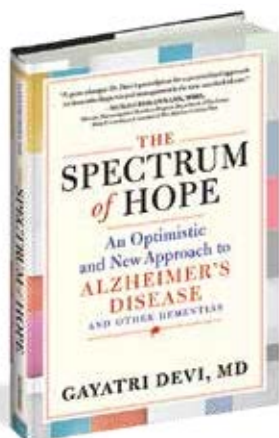


THE G.I. DIET REVISED AND UPDATED
Rick Gallop

The *New York Times* and *Wall Street Journal* bestseller, and the book chosen by *People* magazine and *The View* as one of the top diet books of 2005. Backed by the science of the glycemic index, *The G.I. Diet* places every type of food into one of three color-coded categories: Green—make these foods the centerpiece of

your diet; Yellow—eat occasionally, after you've achieved your ideal weight; and Red—avoid. Includes recipes, snack ideas, a shopping list, and tips for dining out.

375,000 copies in print.
Paper: \$11.95/NCR
ISBN: 978-0-7611-4479-3
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Four color; 176 pages; 5 1/2" x 8 3/8"

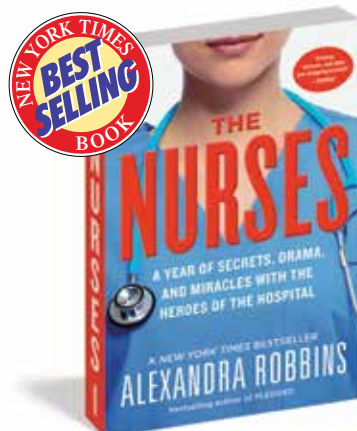


THE SPECTRUM OF HOPE
An Optimistic and New Approach to Alzheimer's Disease and Other Dementias
Gayatri Devi, MD

A neurologist who's been specializing in dementia for more than 20 years, Dr. Gayatri Devi rewrites the story of Alzheimer's by defining it as a spectrum disorder—a disease, like autism, that affects people differently, and one that can be successfully managed, particularly with an early

diagnosis. Told through the stories of her patients, here's a gripping medical narrative that offers personal experience, practical advice, and hope.

Jacketed hardcover:
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ISBN: 978-0-7611-9309-8
No. 19309
336 pages; 6" x 9"



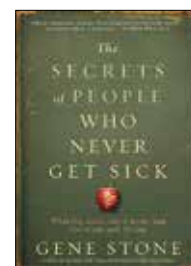
THE NURSES A Year of Secrets, Drama, and Miracles with the Heroes of the Hospital
Alexandra Robbins

"A funny, intimate, and often jaw-dropping account of life behind the scenes." —*People* magazine

The compelling stories of Molly, Lara, Juliette, and Sam, four women whose real-life stories of drama, heroism, and unsung sisterhood will rivet the reader in this

pull-back-the-curtain narrative. Their experiences provide an insightful and thought-provoking look inside a profession that's one of the world's most vital, and most dangerous.

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384 pages; 5 1/2" x 8 1/4"



THE SECRETS OF PEOPLE WHO NEVER GET SICK
Gene Stone

Who doesn't want to be healthier? In profiles of 25 people who never get sick, and why, Gene Stone covers the surprising science of personal health. The research explains why, and the do-it-yourself information shows how to bring each secret into the reader's life.

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232 pages; 6" x 8 1/2"



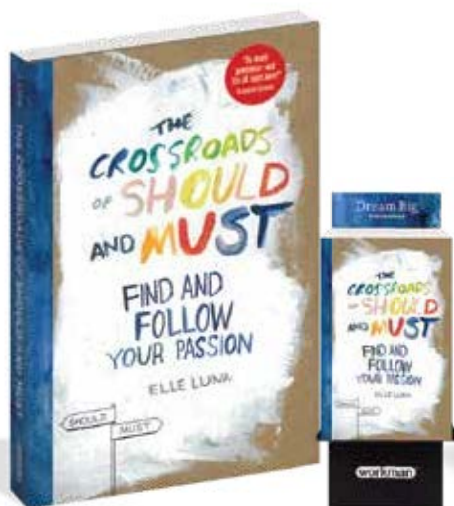
HEAL YOUR HEADACHE
David Buchholz, MD

Dr. David Buchholz takes headache sufferers out of the vicious cycle of misdiagnosis and rebound and puts them in charge with a simple three-step system.

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272 pages; 6" x 9"



THE CROSSROADS OF SHOULD AND MUST Find and Follow Your Passion
Elle Luna

A timeless, inspirational, highly visual gift book with a universal message: We get to choose the path between Should (what we feel we ought to be doing) and Must (the thing we dream of doing, our heart's desire). Elle Luna shows how to face the most common fears behind choosing Must; and how to discover your Must, do something about

it, and share your gifts with the world.
150,000 copies in print.

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ISBN: 978-0-7611-8488-1 No. 18488
Four-color; illustrations throughout; 176 pages; 6" x 9 1/8"
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ISBN: 978-0-7611-8504-8 No. 28504

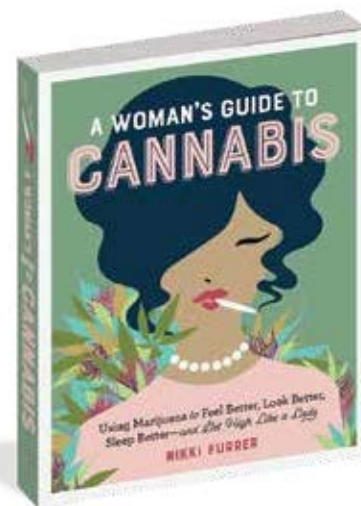


YOUR STORY IS YOUR POWER Free Your Feminine Voice
Elle Luna and Susie Herrick

In a very real sense, we define ourselves through our stories. By following the beautifully illustrated labyrinth of questions, exercises, personality assessments, confessions, and advice, the reader can discover the center of her voice, power, and truth. And then learn how to share her story—and all of her feminine

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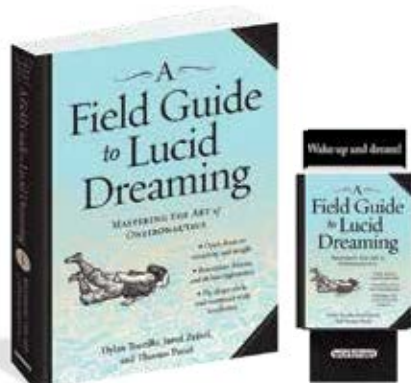


A WOMAN'S GUIDE TO CANNABIS Using Marijuana to Feel Better, Look Better, Sleep Better—and Get High Like a Lady
Nikki Furrer

Women of all ages are using marijuana and its products to feel and look better—even a small daily dose is enough to relieve anxiety, lift depression, melt stress, reduce inflammation, ease aches and pains, help you lose weight, and give you a great night's sleep. *A Woman's Guide to Cannabis* is here to show how to understand

the amazing health-giving compounds found in cannabis—THC, CBD, and more. Plus over twenty recipes, from edibles to self-care products.

Paper with flaps: \$16.95/\$24.95 Can.
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Full-color illustrations throughout; 224 pages; 6" x 8"

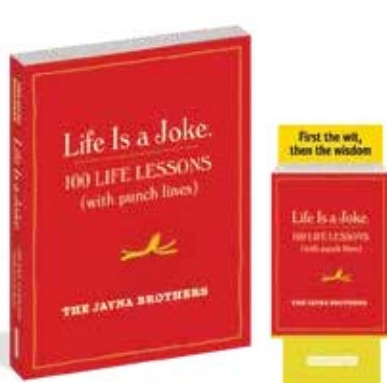


A FIELD GUIDE TO LUCID DREAMING Mastering the Art of Oneironautics
Dylan Tuccillo, Jared Zeisel, and Thomas Peisel

Imagine all the things that happen in dreams, but with one extraordinary difference: You are "lucid"—consciously, joyously in control. This lively dream guide shows step-by-step how to get lucid and discover creative thinking, healing, inspiration, and self-knowledge.

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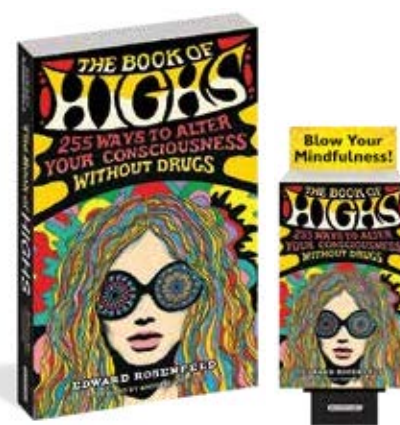


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The perfect marriage of wisdom and wit—100 valuable lessons on how to live, drawn from hilarious and unforgettable jokes. Straddling self-help and entertainment, here is a refreshing new take on a book of wisdom, conveying its messages in a way that's clear, humorous, and often practical. All from the hands of Gordon and John Javna,

known for their inventive series of impulse books, *Uncle John's Bathroom Reader*®.

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ISBN: 978-1-5235-0084-0 No. 220084



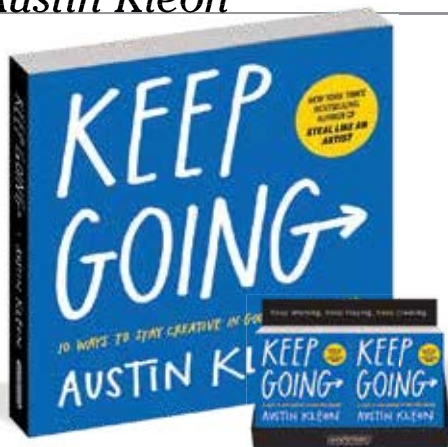
THE BOOK OF HIGHS 255 Ways to Alter Your Consciousness without Drugs
Edward Rosenfeld; Foreword by Andrew Weil, MD

An encyclopedia of the hundreds of ways humans alter consciousness, without drugs and alcohol. Drawn from cultures around the world, here are positive techniques—Self-Hypnosis, Fervent Prayer, and "negative" techniques, like Fire Walking. Methods derived from religious and mystic traditions—Transcendental

Meditation, and more! It's guaranteed to blow your mindfulness.

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Austin Kleon

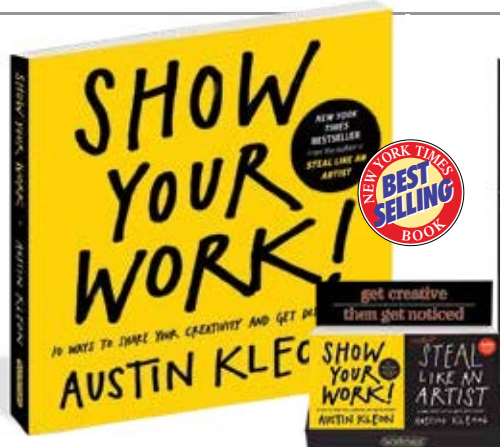


KEEP GOING 10 Ways to Stay Creative in Good Times and Bad Austin Kleon

In his most inspiring book yet, Austin Kleon gives readers life-changing, illustrated advice and encouragement on how to stay focused, creative, and true to yourself—for life. Ostensibly written for artists and writers, *Keep Going* and its timeless, practical, and ethical principles are really for anyone trying to sustain a meaningful and productive life.

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224 pages; 6" x 6"
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ISBN: 978-1-5235-0750-4
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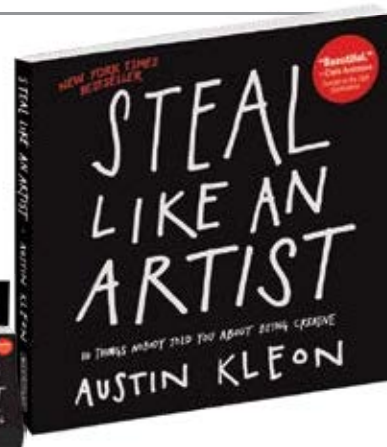


SHOW YOUR WORK! 10 Ways to Share Your Creativity and Get Discovered Austin Kleon

An inspiring, quirkily illustrated guide to sharing your creativity and getting discovered, by bestseller author Austin Kleon. From broader life lessons about work (you can't find your voice if you don't use it) to the etiquette of sharing—and the dangers of oversharing, it's a manifesto for succeeding as any kind of artist or entrepreneur in the digital age. And its 10 transformative rules

show how to be open, generous, brave, and productive.
291,000 copies in print.

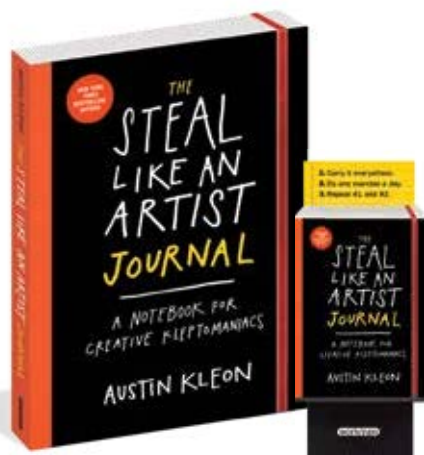
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ISBN: 978-0-7611-7897-2
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B/W illustrations throughout;
224 pages; 6" x 6"
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ISBN: 978-0-7611-8066-1
No. 28066



STEAL LIKE AN ARTIST 10 Things Nobody Told You About Being Creative Austin Kleon

Unlock your creativity. In a manifesto for the digital age, Austin Kleon presents 10 transformative principles that will help readers build a more creative life. The result is inspiring, hip, and original, and filled with new truths about creativity.
813,000 copies in print.

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160 pages; 6" x 6"
8-copy counter display:
\$103.60/\$143.60 Can.
ISBN: 978-0-7611-6954-3
No. 26954
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\$103.60/\$143.60 Can.
ISBN: 978-0-7611-8191-0
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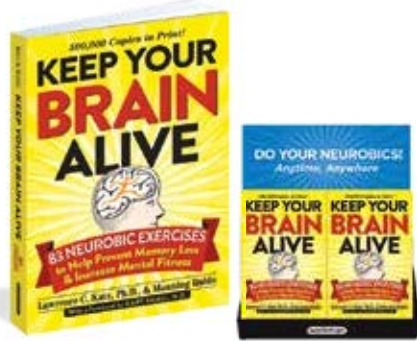


THE STEAL LIKE AN ARTIST JOURNAL A Notebook for Creative Kleptomaniacs Austin Kleon

For readers inspired by Austin Kleon, an interactive journal to get those creative juices flowing. Each spread has a prompt or exercise, and space for writing, drawing, whatever. There are lists to fill in—10 Things I Want to Learn, 10 Things I Probably Think About More Than the Average Person. Plus creative exercises—Make a Mixtape (for someone who doesn't

know you), and Fill the Speech Balloons.
122,000 copies in print.

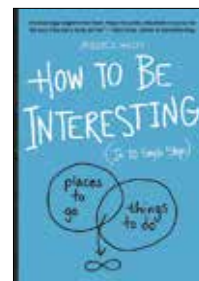
Paper with pocket and elastic band:
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ISBN: 978-0-7611-8568-0
No. 18568
Illustrations throughout; 224 pages; 6" x 8"
5-copy counter display:
\$64.75/\$89.75 Can.
ISBN: 978-0-7611-8692-2
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KEEP YOUR BRAIN ALIVE 83 Neurobic Exercises to Help Prevent Memory Loss and Increase Mental Fitness Lawrence Katz, PhD, and Manning Rubin; Foreword by Gary Small, MD

This book introduces 83 deceptively simple exercises to help keep the brain younger and stronger. Offbeat, fun, and easy, neurobics will result in a mind fit to meet any challenge.
573,000 copies in print.

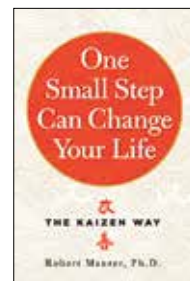
Paper: \$8.95/\$13.95 Can.
ISBN: 978-0-7611-6893-5
No. 16893
B/W illustrations throughout;
204 pages; 4" x 6"
6-copy counter display:
\$53.70/\$83.70 Can.
ISBN: 978-0-7611-8075-3
No. 28075



HOW TO BE INTERESTING Jessica Hagy

Leave a mark, not a blemish. Be a hero, not a spectator. Be interesting! Combining fresh and pithy life lessons, often just a sentence or two, with deceptively simple diagrams and graphs, this inspiring guide shows you how to lead a richer life.
174,000 copies in print.

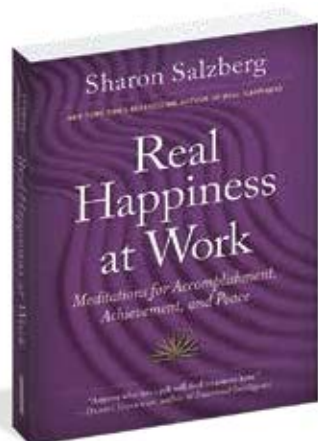
Paper with flaps:
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ISBN: 978-0-7611-7470-7
No. 17470
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ONE SMALL STEP CAN CHANGE YOUR LIFE The Kaizen Way Robert Maurer, PhD

The essential guide to kaizen—the art of making great and lasting change through small, steady steps—for anyone who wants to lose weight, quit smoking, inspire a team, write a novel, meet new people, and more.
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ISBN: 978-0-7611-2923-3
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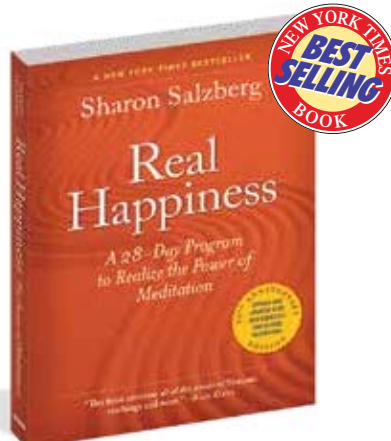
REAL HAPPINESS AT WORK
Meditations for Accomplishment,
Achievement, and Peace Sharon Salzberg

This practical guide shows how to improve work life through mindfulness, compassion, and ingenuity. How to manage time and emotions to counterbalance stress and frustration. How to focus the mind in order to do stronger, more productive work. And how to be more creative, organized, accomplished—and open—through core

meditations, spiritual exercises, and stealth practices that are quick, private, and doable.

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ISBN: 978-0-7611-7795-1
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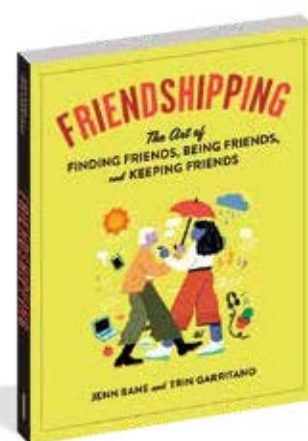


REAL HAPPINESS, 10TH ANNIVERSARY EDITION
A 28-Day Program to Realize the Power of Meditation Sharon Salzberg

In this *New York Times* bestseller, one of the world's foremost meditation teachers and spiritual authors offers a complete guide to starting and maintaining a meditation practice. Includes exercises, journal prompts, and ten guided meditations recorded by the author and available as downloads through links

embedded in scannable QR codes. "Wonderfully clear, remarkable accessible, warm-hearted and wise"—Jack Kornfield.

Paper: \$16.95/\$24.95 Can.
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ISBN: 978-0-7611-6234-6
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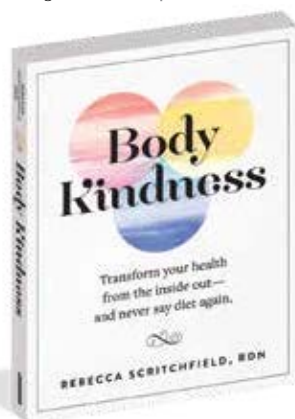


FRIENDSHIPPING The Art of Finding Friends, Being Friends, and Keeping Friends Jenn Bane and Trin Garritano

Today, making and keeping friends is anything but simple—which makes *Friendshipping* an essential book for anyone who's feeling a little alone or trying to navigate the challenging world of grown-up friendships. Illustrated throughout, here are the tips and tools readers need to make new friends and improve

the quality of existing friendships. The tone is relatable and irreverent; the advice stresses gender inclusivity, empathy, and practicality, with scripts and step-by-step guides.

Paper: \$14.95/\$22.95 Can.
ISBN: 978-1-5235-0861-7
No. 100861
Full-color illustrations throughout; 224 pages; 6" x 8"

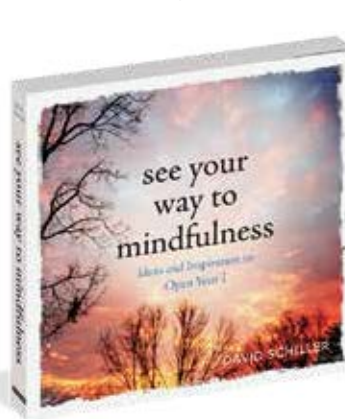


BODY KINDNESS Transform Your Health from the Inside Out—and Never Say Diet Again Rebecca Scritchfield, RDN

Imagine a graph with two lines. One line tracks happiness. The other tracks how you feel about your body. For millions of women these lines never intersect, but it does not have to be that way. *Body Kindness* is a loving, practical, inspirational, and visually lively book that shows how to change poor health habits using incremental alterations to bring together those lines. A holistic program

filled with motivations, lively infographics, the science behind cognitive change, and more, it's the anti-diet book.

Paper with flaps:
\$15.95/\$23.95 Can.
ISBN: 978-0-7611-8729-5
No. 18729
Four color with illustrations throughout; 296 pages; 6" x 8"
5-copy counter display:
\$79.75/\$119.75 Can.
ISBN: 978-0-7611-9215-2
No. 29215

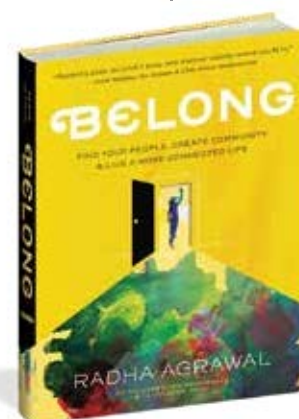


SEE YOUR WAY TO MINDFULNESS
Ideas and Inspiration to Open Your I David Schiller

In a world filled with distraction, seeing mindfully is like meditation, a way to hit pause, pay attention, and find calm by focusing on what's directly in front of us. This full-color illustrated book from the bestselling author of *The Little Zen Companion* is meant to both inspire and instruct readers to open their eyes—and their "I"s. A collection of quotes, prompts, and creative exercises, married with

photographs and drawings, it encourages seeing as a practice—like a Zen of seeing.

Paper with flaps:
\$12.95/\$19.95 Can.
ISBN: 978-0-7611-8744-8
No. 18744
Full-color photos and illustrations throughout; 208 pages; 6" x 6"
8-copy counter display:
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ISBN: 978-0-7611-9214-5
No. 29214

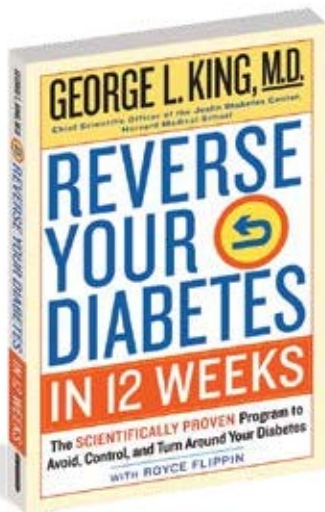


BELONG Find Your People, Create Community & Live a More Connected Life Radha Agrawal

A book that's equal parts inspiring and interactive, and packed with prompts, charts, and quizzes. *Belong* takes readers on a unique two-part journey of self-discovery and community to help them find those special people who feed their soul, and discover, or create, the groups that align with their aims and desires.

"If you want to belong, read this book."
—Deepak Chopra, MD

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ISBN: 978-1-5235-0205-9
No. 100205
Full-color illustrations throughout; 232 pages; 6" x 8"
6-copy counter display:
\$119.70/\$167.70 Can.
ISBN: 978-1-5235-0409-1
No. 220409



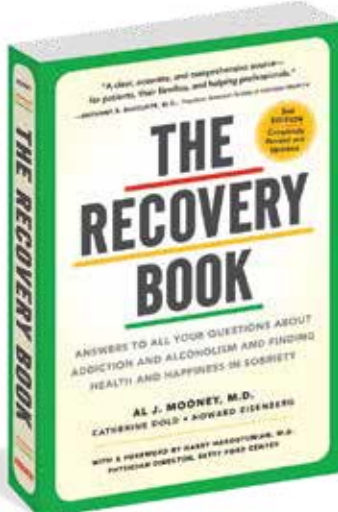
REVERSE YOUR DIABETES IN 12 WEEKS The Scientifically Proven Program to Avoid, Control, and Turn Around Your Diabetes George L. King, MD, with Royce Flippin

Boasting a new title, *Reverse Your Diabetes in 12 Weeks* (previously *The Diabetes Reset*) is now in paperback.

The research of Dr. George King, director of Harvard Medical School's Joslin Diabetes Center, is widely recognized in the medical community as the gold standard. This book

transforms the center's cutting-edge research into a plan of simple life-style changes to avoid, control, and even reverse the course of type 2 diabetes over twelve weeks.

Paper: \$15.95/\$23.95 Can.
ISBN: 978-0-7611-8944-2
No. 18944
336 pages; 6" x 9"



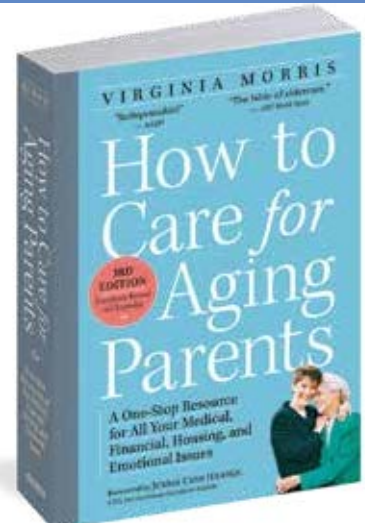
THE RECOVERY BOOK, REVISED EDITION Answers to All Your Questions About Addiction and Alcoholism and Finding Health and Happiness in Sobriety Al J. Mooney, MD, with Howard Eisenberg and Catherine Dold; Foreword by Harry Haroutunian, MD, Physician Director, Betty Ford Center

Here is the indispensable guide to becoming clean and sober. And it is completely revised and updated with the latest in addiction science and recovery techniques—most important, on how recovery can actually

remold the brain, making sobriety a routine way of life.

390,000 copies in print.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-0-7611-7611-4
No. 17611
624 pages; 6" x 9"



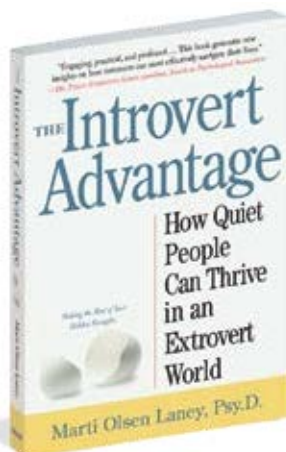
HOW TO CARE FOR AGING PARENTS A One-Stop Resource for All Your Medical, Financial, Housing, and Emotional Issues THIRD EDITION Virginia Morris

The best and bestselling book of its kind, *How to Care for Aging Parents* is an authoritative, clear, and comforting source of advice and support for the 42 million Americans who care for an elderly parent, relative, or friend. This third edition includes a chapter on fraud; details on "aging in place" technologies;

helpful online resources; and fill-in worksheets for gathering specifics on medications, caregivers' names, schedules, and contact info.

395,000 copies in print.

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ISBN: 978-0-7611-6676-4
No. 16676
688 pages; 6 1/4" x 9"



THE INTROVERT ADVANTAGE How Quiet People Can Thrive in an Extrovert World Marti Olsen Laney, PsyD

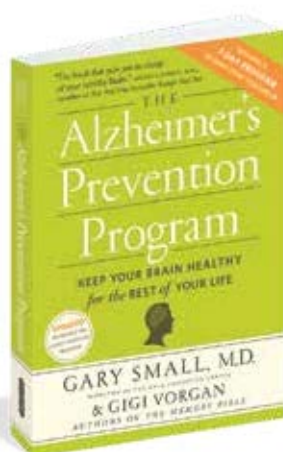
After dispelling introverts' belief that something is wrong with them, *The Introvert Advantage* helps "innies" recognize their inner strengths—their analytical skills, ability to think outside the box, and strong powers of concentration. It provides tools to improve relationships

to create a life that's just right for the introvert temperament.

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336 pages; 6" x 9"



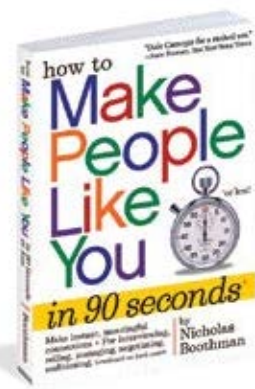
THE ALZHEIMER'S PREVENTION PROGRAM Keep Your Brain Healthy for the Rest of Your Life Gary Small, MD, and Gigi Vorgan

Want to keep Alzheimer's at bay for years—ideally, forever? Prevention is the way, and this is the guide. It's the science-based breakthrough program that shows how to strengthen memory and avoid everyday lapses. And how to reduce stress, a risk factor for

developing dementia and Alzheimer's, through meditation and 11 other relaxation strategies.

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ISBN: 978-0-7611-7222-2
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B/W photographs and charts;
304 pages; 6" x 8 1/2"

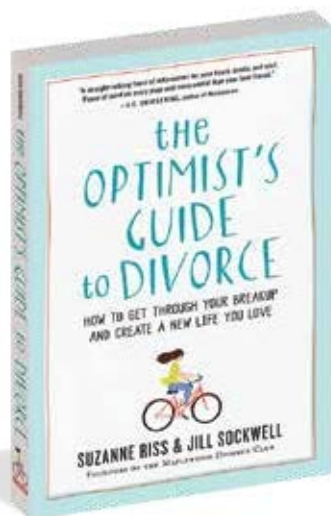


HOW TO MAKE PEOPLE LIKE YOU IN 90 SECONDS OR LESS Nicholas Boothman

The secret of success is connecting with other people. In this program, readers learn how to establish immediate trust by synchronizing voice tone and body language; the power of a Really Useful Attitude; and how to get people talking.

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224 pages; 5" x 7"



THE OPTIMIST'S GUIDE TO DIVORCE
How to Get Through Your Breakup and Create a New Life You Love
Suzanne Riss & Jill Sockwell

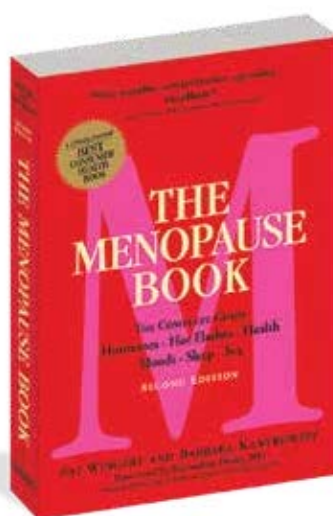
A girlfriend-to-girlfriend guide that belongs in the hands of every one of America's 1.5 million women who get divorced each year. Drawing on real women's experiences, here's the book that shows how to Deal, i.e., what readers need to know right away, from telling the kids to confronting financial issues; Heal, which helps readers work through their anger, loss, and sadness;

and, finally, Reveal, when it's time to celebrate a new, stronger self.

Direct, warm, friendly, humorous, it's the book that will get every reader into a better relationship with the one person she'll be with for the rest of her life—herself.

Paper: \$14.95/\$17.95 Can.
ISBN: 978-0-7611-8742-4
No. 18742

Two color with illustrations throughout; 288 pages; 6" x 9"



THE MENOPAUSE BOOK The Complete Guide: Hormones, Hot Flashes, Health, Moods, Sleep, Sex
SECOND EDITION
Pat Wingert and Barbara Kantrowitz

It's the all-in-one menopause bible. It incorporates the latest medical findings, cutting-edge research, and advice on hormone therapy; hot flashes; heart disease; breast cancer; estrogen; weight gain and loss; the pros and cons of breast implants; and

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Two color, with illustrations throughout; 544 pages; 6" x 9"



EIGHT DATES Essential Conversations for a Lifetime of Love
John Gottman, PhD, Julie Schwartz Gottman, PhD, Doug Abrams, and Rachel Carlton Abrams, MD

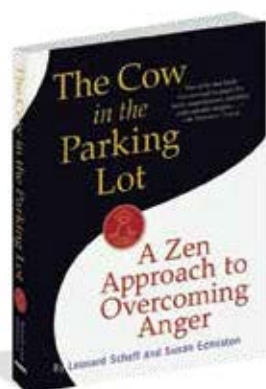
Happily ever after is not by chance—it's by choice. From award-winning marriage researcher and best-selling author Dr. John Gottman and researcher Julie Gottman comes a program of how, why, and when to have eight conversations with your partner that can result in a lifetime of love. Dates are structured around discussions about trust,

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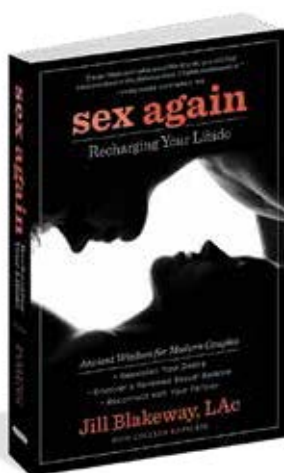
THE COW IN THE PARKING LOT
A Zen Approach to Overcoming Anger
Leonard Scheff and Susan Edmiston

Using simple Buddhist principles, Leonard Scheff has created an interactive book that helps readers replace anger with a newfound happiness. Scheff shows how anger is based on unmet demands, and how, once we understand our "buttons," we can change what happens

when they're pushed. And how to accept the liberating truth—only you can make yourself angry.

60,000 copies in print.

Paper with flaps: \$13.95/\$20.95 Can.
ISBN: 978-0-7611-5815-8
No. 15815
208 pages; 5" x 7"



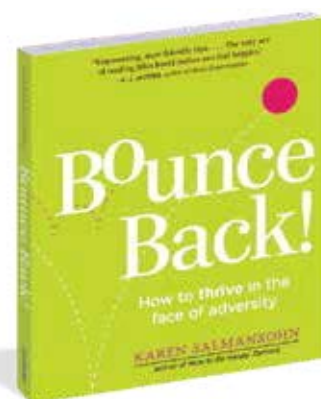
SEX AGAIN Recharging Your Libido
Jill Blakeway, LAc, with Colleen Kapklein

Combining Eastern wisdom and techniques with a Western medical perspective, *Sex Again* shows women step-by-step how to revive their libidos and rekindle their sex lives. There are meditations to help unblock *qi*, the essential energy that flows through the body. Chapters on massage, positions,

orgasms. And "Sex in Six," a six-week program of reclaiming an active, satisfying, and possibly better-than-ever-before sex life.

60,000 copies in print.

Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-7169-0
No. 17169
Two color; spot illustrations; 304 pages; 6" x 9"



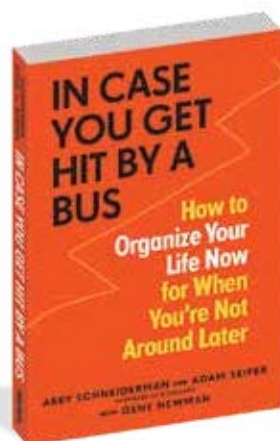
BOUNCE BACK! How to Thrive in the Face of Adversity
Karen Salmansohn

Mixing wisdom, humor, feistiness, and sophistication, this is a hip, inspiring resource that will brighten the darkest mood. The book is grounded in happiness research, psychological studies, and ancient Greek philosophy: 70 easily digestible, potentially life-changing tips

on how to bounce back from adversity, each on a spread that's as punchy in look as it is powerful in message.

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Full-color illustrations throughout; 192 pages; 6" x 7"

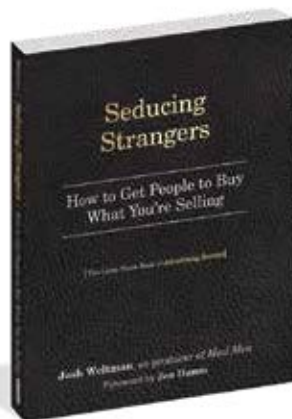


IN CASE YOU GET HIT BY A BUS
How to Organize Your Life Now for When You're Not Around Later
Abby Schneiderman and Adam Seifer with Gene Newman

From Everplans, a digital company that helps people of all ages organize their lives and legacy now—so that their loved ones won't have to later—comes this brilliantly designed and easy-to-follow program. From the most urgent (granting access to passwords) to the technical (creating a manual

for the systems in your home) to the nostalgic (assembling a living memory complete with photos, recipes, and stories), it takes the anxiety and stress out of putting your life in order.

Paper: \$17.95/\$26.95 Can.
ISBN: 978-1-5235-1047-4
No. 101047
Two color; 256 pages; 6" x 9"

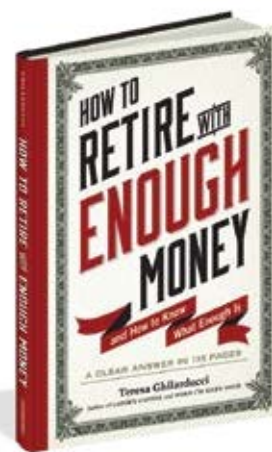


SEDUCING STRANGERS How to Get People to Buy What You're Selling
Joshua Weltman; Foreword by Jon Hamm

An advertising creative director for more than 25 years and the *Mad Men* coproducer responsible for Don Draper's credibility as an advertising genius, Weltman distills everything he knows about the art of persuasion. The author says it best: "This book is for people like you and me. People who go to work and—using words, pictures, music, and

stories—are expected to make s**t happen . . . to attract fans, friends, and followers. Make the cash register ring. Win the business. Close the deal. Sell something."

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Two color; line art and photographs throughout; 192 pages; 6" x 8"

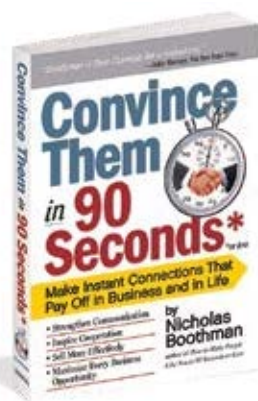


HOW TO RETIRE WITH ENOUGH MONEY and How to Know What Enough Is
Teresa Ghilarducci

Written by Dr. Teresa Ghilarducci, a retirement and savings expert, this read-it-in-one-sitting guide cuts through the confusion, misinformation, and bad policy-making that keeps us spending or saving poorly. It begins with acknowledging what a person or household actually needs to have saved—including how much to expect from

Social Security—and then delivers the basic rules that will make money grow.

Paper over board: \$12.95/\$19.95 Can.
ISBN: 978-0-7611-8613-7
No. 18613
144 pages; 5" x 7"
6-copy counter display: \$77.70/\$119.70 Can.
ISBN: 978-0-7611-8751-6
No. 28751

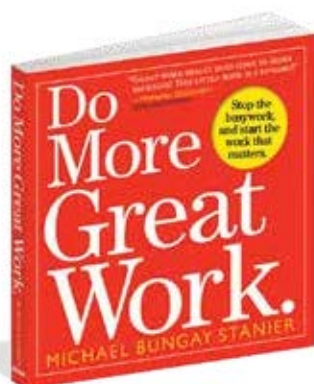


CONVINCE THEM IN 90 SECONDS OR LESS Nicholas Boothman

Now in paperback, the guide that shows how to use the science of Neuro-Linguistic Programming to create a winning first impression and, within 90 seconds, a lasting trust. Plus, how to master the people-to-people skills that are essential to a business relationship.

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171,000 copies in print.

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ISBN: 978-0-7611-5855-4
No. 15855
304 pages; 5" x 7"

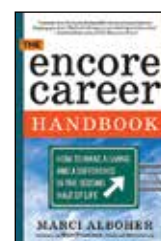


DO MORE GREAT WORK. Stop the Busywork, and Start the Work That Matters. Michael Bungay Stanier

Even the best performers spend only a fraction of their time doing innovative work that pushes business forward and offers true satisfaction. This book uses 15 short, thought-provoking exercises that help the reader do more and more great work.

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Two color; 208 pages; 6 3/4" x 6 3/4"



THE ENCORE CAREER HANDBOOK
Marci Alboher; Introduction by Marc Freedman

It's a comprehensive, nuts-and-bolts guide to finding passion, purpose, and a paycheck in the second half of life. It includes: inspiring stories, assessments, and quizzes to help identify passions and interests. How to determine your "encore number," the money you need to live. And finally, specific pathways to 35 viable encore careers.

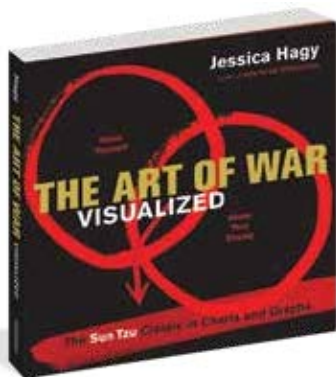
Paper: \$16.95/\$25.95 Can.
ISBN: 978-0-7611-6762-4
No. 16762
Two color; 336 pages; 6" x 9"



THE FREELANCER'S BIBLE
Sara Horowitz with Toni Sciarra Poynter

A bible for the 42 million American freelancers, helping newcomers learn the ropes and experienced freelancers manage and grow their business. A one-stop, all-encompassing guide, it covers: the essentials of getting clients and keeping them happy. Fee-setting strategies. Health Insurance 101. Record-keeping and taxes. Plans for saving for education—and how to achieve financial freedom.

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ISBN: 978-0-7611-6488-3
No. 16488
Two color; 496 pages; 6" x 8"

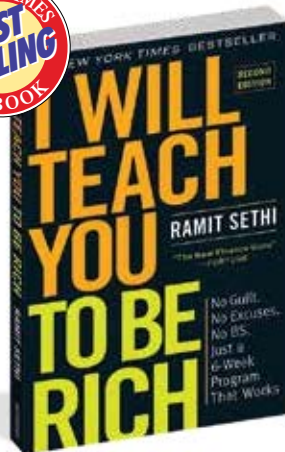


THE ART OF WAR VISUALIZED The Sun Tzu Classic in Charts and Graphs
Jessica Hagy

It's the perfect meeting of minds, a Bronze Age/Information Age marriage of Sun Tzu, whose lessons on strategy offer timeless insight and wisdom, and Jessica Hagy, a cutting-edge visual thinker. This inspired mash-up completely reenergizes the perennial bestseller and makes it accessible to a new

generation of students, entrepreneurs, business leaders, artists, and anyone seeking guidance in the teachings of the past.
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Two color; illustrations throughout; 256 pages; 6 3/4" x 6 3/4"



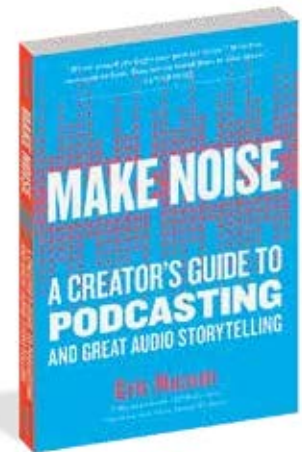
I WILL TEACH YOU TO BE RICH
SECOND EDITION
Ramit Sethi

Here is a simple, powerful, and effective six-week program for 20-to-35-year-olds for gaining control of your finances. Written in an irreverent and entertaining style, *I Will Teach You to Be Rich* shows you step by step how to beat banks at the fee game, negotiate a raise, manage student loans, and enjoy things you love

by practicing conscious spending. Ramit Sethi is "the new finance guru" (*Fortune*) who reaches over 500,000 followers a month on his website, iwillteachyoutoberich.com.

604,000 copies in print.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-1-5235-0574-6
No. 100574
Two color; 352 pages; 6" x 9"



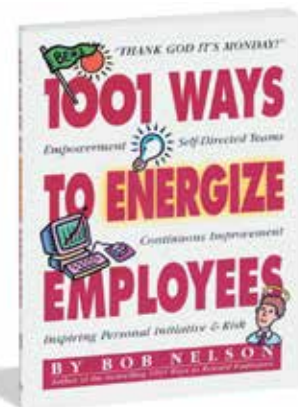
MAKE NOISE A Creator's Guide to Podcasting and Great Audio Storytelling
Eric Nuzum

Podcasting is the fastest-growing media platform in the world, so the question for every potential creator is, how do you "make noise"—stand out—as a podcaster? Now NPR and Audible podcasting veteran Eric Nuzum distills years of wisdom, advice, practical

information, and strategic big-picture thinking to answer it. Includes advice from audio stars like Ira Glass, Terry Gross, and Anna Sale.

Paper: \$18.95/\$27.95 Can.
ISBN: 978-1-5235-0455-8
No. 100455
272 pages; 6" x 9"

Bob Nelson



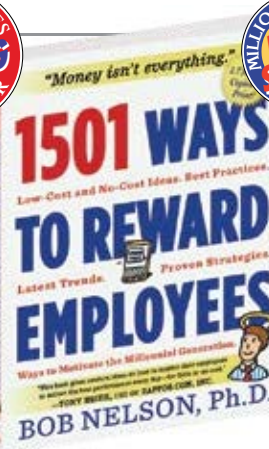
1001 WAYS TO ENERGIZE EMPLOYEES
Bob Nelson; Foreword by Ken Blanchard

Bob Nelson reveals what real companies across America are doing to get the very best out of their employees—and why it's the key to their success. It's a practical handbook chock-full of suggestions for increasing employee involvement and enthusiasm.

526,000 copies in print.

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ISBN: 978-0-7611-0160-4
No. 10160
Illustrations throughout; 224 pages; 6" x 8"



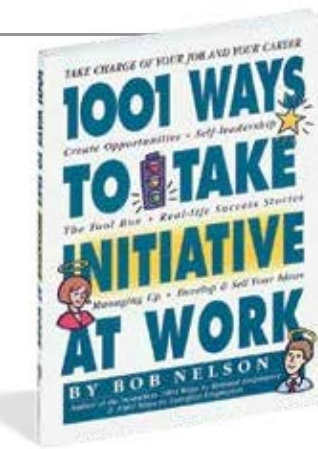
1501 WAYS TO REWARD EMPLOYEES
Bob Nelson, PhD

Here is the latest update to *1,001 Ways to Reward Employees*, the groundbreaking national bestseller with over 1.7 million copies in print. Adapted to meet the needs of an evolving workplace—especially to deal creatively with virtual employees, freelancers and perma-lancers, international

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ISBN: 978-0-7611-6878-2
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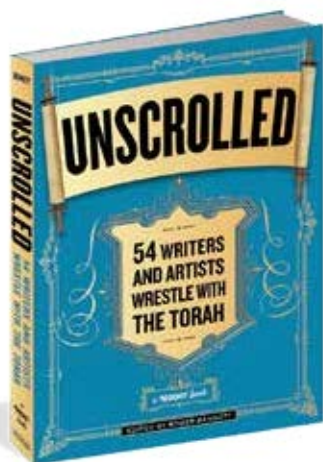
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Good Night, Spencer (See page 27.)