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FOOD & DRINK • HOME & GARDEN • HEALTH, BODY, MIND, & SPIRIT • CRAFT • GIFT & HUMOR

CONTENTS

NEW TITLES

Food & Drink	1
Home & Garden	20
Lifestyle	36
Health, Body, Mind, & Spirit	37
Craft	51
Babies & Kids	61
Gift & Humor	64
BACKLIST	70
COLORING BOOKS	151
INDEX	152

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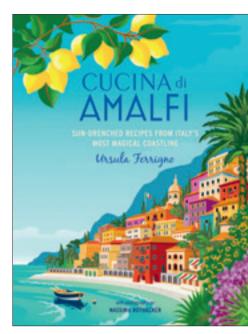
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Cucina di Amalfi



ISBN: 978-1-78879-508-1

192 pages (FSC paper) | 150 color photographs 75 recipes | 7% x 10 in | \$30.00 (CAN \$41.00) hardcover Carton quantity: 10

Publication: March 2023



URSULA FERRIGNO

is an acclaimed and experienced food writer and chef. She trained at the Auguste Escoffier School of the Culinary Arts and has taught at leading cookery schools in both the UK and Italy, including the celebrated Leith's School of Food and Wine. She toured the US, running classes in all Sur la Table stores, and has made many appearances on BBC TV. The author of more than 18 cookery books (including Cucina Siciliana for Ryland Peters & Small), Ursula has also written for Olive, BBC Good Food, The Observer, and Taste Italia.







also available: Cucina Siciliana ISBN: 978-1-78879-117-5 \$19.95 (priced higher in Canada)

To place an order fax 856-824-2286



Italian food reflects culture. In Italy, cooking is the product of geography, history, and religion. "Italian cooking" is really a patchwork of local and regional cuisines, all fiercely claiming to be the best in the country. Ursula Ferrigno's own family comes from the south of Italy, and just south of Naples is the Amalfi Coast. It is widely considered to be one of Italy's most magical locations: breathtaking (literally) winding cliff-top roads, pastel-colored houses tumbling down toward the sea, flower-framed terraces, and trees heavy with the world's most coveted lemons at every turn. Discover the delicious food the region has to offer. Vegetable dishes take center stage and both meat and fish are eaten and often combined in exciting ways. In this seductive book you'll find 75 recipes to enjoy, from simple antipasti to pane (bread) and pizza, pasta, piatti principali (main plates), contorni (vegetable), and the all-important dolci (desserts), alongside essays on the food culture and traditions of the area and beautiful scenic imagery.

• Italian cuisine is one of the world's most popular as of 2019; 88% of Americans who have tried Italian food are fans.

• *Forbes* reported the Amalfi Coast to be a popular and beautiful destination for food and culture.

• From the author of Cucina Siciliana (ISBN 978-1-78879-117-5), over 6,500 copies sold.



The Arepa

AREPA

ISBN: 978-1-78879-517-3

176 pages (FSC paper) | 200 color photographs 50+ recipes | 7% x 10 in | \$30.00 (CAN \$41.00) hardcover

Carton quantity: 10 Publication: June 2023

53000

IRENA STEIN

is a photographer, restaurateur, and humanitarian whose spirit is deeply rooted in humanitizing society. Irena came to America from Venezuela on a scholarship to Stanford University where she graduated with a Master's in Cultural Anthropology. Since then she has merged her passion for food, community, and environmentalism by opening her first restaurant, Alma Cocina Latina, in Baltimore, Maryland.

EDUARDO EGUI

has worked in high-end kitchens in Caracas and Miami and lives in Barcelona, Spain, with his wife and child, having opened his restaurant La Real Hamburguesaría in 2017. He travels to Venezuela with his company Caracas Catering.



2 | THE AREPA

also available **Everyone Loves Tacos** ISBN: 978-1-78879-434-3 \$14.99 (priced higher in Canada)

The arepa—a crisp round pocket made from corn flour—is one of Venezuela's defining foods. Gluten-free and dairy-free, arepas are endlessly adaptable, unarguably delicious, and fun to eat. From chicken to cheese. avocado, and pork, just about anything you would put between two slices of bread can fit into an arepa. With a growing number of arepa bars opening globally and top chefs and food lovers alike discovering Venezuelan cuisine. arepa fever is spreading fast! The Arepa will introduce this celebrated little pocket to everyday eating, first by teaching how to make arepa dough from scratch, then providing instructions on how to cook them, and pairing them with countless fillings and flavor combinations. Making arepas is easily accomplished in any home kitchen with four simple ingredients-corn flour. water, oil, and salt-and they can be assembled in advance. They contain no replacement or unnatural ingredients, making them way healthier than most gluten-free bread recipes. No rising is required, making the dough easier than bread, and there's no rolling, making them less tricky than tacos. With a little practice, it will become simple to add arepas to your culinary repertoire.

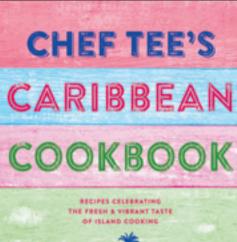
• There are already more than 500 arepa bars in the States and more than 3,500 globally.

• The author's restaurant, Alma Cocina Latina, has been recognized nationally by Bon Appétit, The New York Times, Baltimore Sun, United Nations Environmental Board, and others. A dedicated Arepa bar will be opening next to the existing restaurant early in 2023.





Chef Tee's Caribbean Cookbook





ISBN: 978-1-78879-510-4

176 pages (wood-free FSC paper) | 100 color photographs | 80 recipes | 77% x 10 in | \$30.00 (CAN \$41.00) | hardcover Carton quantity: 10 **Publication: April 2023**



CHEF TEE

opened his restaurant Paradise Cove (originally Sugar Cane) during the pandemic. He had previously worked as a teacher and chef, but was able to truly exercise his passion for cooking when he transformed what was once a corner shop into what is now Paradise Cove. Having grown up in care himself, Chef Tee aims to create change by employing care leavers and 16–25 year olds. He has four degrees, runs marathons for charity, and brings fantastic Caribbean food to London, UK.



Information of

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also available Island Poké Cookbook ISBN: 978-1-78879-433-6 \$24.99 (priced higher in Canada)

Caribbean cuisine offers a world of flavor, with all the islands having their own unique dishes and cooking styles. In this sunshine-filled book you'll find recipes for mouth-watering hot sauces, spice rubs, marinades, and cool chutneys as well as vibrant salads, wood grills, and slowly simmered braises. Food is often eaten on the go from beach shacks or street vendors. who cook up fresh bites every day. Satisfying curries are always on the menu and are traditionally served with rice or roti breads for wiping your plate clean, and vegetable sides. Meat is a big feature, often marinated. and fresh fish is readily available, particularly on the smaller islands, but there are plenty of vegetarian and vegan dishes to enjoy too. And let's not forget the rum-based cocktails! Celebrate the fresh and vibrant colors and tastes of the Caribbean in your own kitchen with delicious and easy recipes, filled with lip-smacking flavor, guaranteed to transport you to paradise.

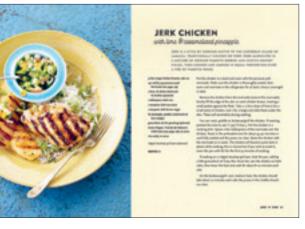
• In the same vein as best-selling Caribbean cookbooks such as *Original* Flava, The Creole Kitchen, and Levi Roots' Reggae Reggae Cookbook.

• Caribbean food was identified by The National Restaurant Association as a top trend to watch for 2022.

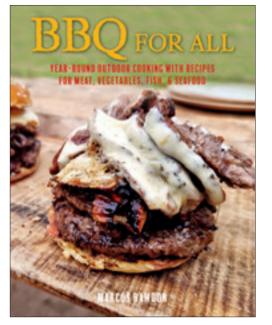
• "This is all comfort food, made by someone who knows a bit about having to find a place of safety and now wants to offer you one, too." Jay Rayner, The Guardian.

• Chef Tee is a rising media star, having featured in the *Observer New Review* (as part of a piece on successful care leavers), as well as debuting as a guest chef at the Latitude Festival in Summer 2022.





BBQ For All



ISBN: 978-1-912983-64-3

Drink

 ∞

Food

176 pages (wood-free FSC paper) | 100 color photographs | 70 recipes | 77/8 x 10 in \$30.00 (CAN \$41.00) | hardcover Carton quantity: 10 Publication: March 2023



MARCUS BAWDON

is obsessed by cooking with fire. It's an all-encompassing passion that he loves to share with people via his vibrant CountryWoodSmoke website, Facebook group, and YouTube channel; through demonstrations and appearances at food and BBQ festivals across Britain; and as editor of UK BBQ Mag.



also available Food and Fire ISBN: 978-1-911026-88-4 \$19.95 (priced higher in Canada) For barbecue supremo and teacher **Marcus Bawdon**, outdoor cooking should always be tempting. And it doesn't always have to be about huge slabs of meat! This book will inspire you to pull together feasts guaranteed to impress, regardless of dietary preferences or requirements. The art of BBQ has taken off around the globe, and Marcus experienced exciting methods first-hand from South America to Japan. Italy to India. He takes inspiration from a wealth of culinary influences to demonstrate how far cooking with fire has come and how flavorsome it can be, even for those with a specific dietary need. Here, the doors of Marcus' own UK BBQ School have been thrown wide open so you can see in glorious technicolor in his stunning photographs what is possible, to encourage you to take giant leaps forward on your own BBQ at home. Included are recipes for meat and seafood, as well as vegetarian and vegan recipes. Advice is also shared on buying barbecues, tips on cooking technique, and how to hone your skills. BBQ is a real journey, and there is no better teacher than Marcus.

• A book for everyone, from carnivores to meat-avoiders, so that everyone can enjoy the best of those smokey flavors regardless of dietary needs.

• Americans are enjoying outside cooking more than ever after Covid, with almost every type of grill seeing significant sales growth in 2021 (NPD

• The author's first book. Food & Fire (ISBN 978-1-911026-88-4), s 3,000 copies. His book *Skewered* won the World Gourmand Award for Best BBQ Book 2021.

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Endless Summer Table



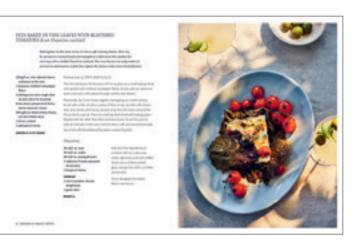
ISBN: 978-1-78879-509-8

176 pages (wood-free FSC paper) | 150 color photographs | 75+ recipes | 7% x 10 in | \$30.00 (CAN \$41.00) | hardcover Carton quantity: 10 **Publication: April 2023**



KATHY KORDALIS

draws inspiration from her Australian and Mediterranean heritage, as she was raised by Greek parents in Sydney, Australia. A graduate of Leith's School of Food and Wine, Kathy works as a freelance food stylist and writer. Her clients include chef Bill Granger of Granger & Co. Kathy is completing a Masters degree in the Anthropology of Food at SOAS and leads Gastronomic Tours in London, UK, for Context Travel.





Rustica ISBN: 978-1-78879-280-6 \$19.95 (priced higher in Canada)

also available

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Take a journey through the sun-dappled food of the Mediterranean, with over 75 recipes inspired by recipes prepared and enjoyed in France, Spain, Greece, and Italy. This is crowd-pleasing food, designed to be shared. All diners are welcome at **Kathy Kordalis**' table, as the Mediterranean diet was traditionally based on fish, along with mainly vegetable-based meals and protein from legumes, the perfect basis for a "flexitarian" approach. Being mindful of seasonality and food availability is important, but without it affecting your joy or enjoyment. This super-versatile recipe collection features sauces, pickles, and ferments, recipes for easy breads, summer vegetable dishes (including salads, sides, and entrés), fish and meat plates plus deliciously indulgent sweet things and bakes. In addition, Endless Summer Table is peppered with vignettes on key Mediterranean ingredients, from olives to honey and saffron, to create a beautiful book for all who love to cook, and a reference to revisit time and time again.

• Enticing summer food, beautifully photographed in sun-dappled table settings, aspirational dining at it's most potent and on-trend with the current social media interest in lifestyle dining and "tablescaping.".

• Communal dining and catering for multiple dietary needs are becoming increasingly important. This book makes this easy and enjoyable.

• The US is increasingly embracing Mediterranean-style food, with fast-casual brands like Taïm, Hummus & Pita Co, Roti, and Zoë's Kitchen ever-popular.

ENDLESS SUMMER TABLE | 5

Lunch to Go



ISBN: 978-1-78879-500-5

Drink

 ∞

Food

144 pages (FSC paper) | 70 color photographs | 75 recipes | 6¹¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 24 Publication: February 2023



The lunch hour can be the biggest highlight or disappointment of any day. A store-bought meal purchased in haste is so often a bland specimen, shoveled down without a second thought to health or bank balance. However, food-savvv members of the public are now more conscious than ever about what they are putting into their bodies. Nutritious and delicious dinners are big business-but why stop at dinner? After all, around a third of meals eaten are lunches at work or school. Hungry souls are now after something better come breaktime and are willing to spend a little longer on a meal that tastes good and does good. The new supercharged lunchbox can be so much more than the ubiquitous tuna salad sandwich and package of potato chips of yesteryear. Instead, Lunch to Go will teach you how to create a thing of delight, a balanced individually portioned meal that will be the envy of colleagues. Don't cheat yourself, instead treat vourself to a beautifully crafted lunchbox.

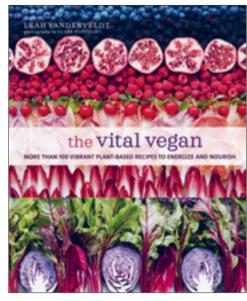
- The ultimate way to save money and reduce plastic and food waste; ideal as concerns around cost of living and the environment are so prominent.
- Exciting recipes that wave goodbye to the meal deal and go far beyond the ham sandwich.
- Driven by the post-Covid "back to the office" rush.
- Wholesome, delicious, and easy to transport; goes in hand with the "Bento Box" cute lunch trends on TikTok. One account has amassed 14 million views on just one of many viral videos (LA Times).







The Vital Vegan



ISBN: 978-1-78879-497-8

176 pages (wood-free FSC paper) | 100 color photographs | 100+ recipes | 7½ x 9¼ in \$24.99 (CAN \$34.99) | hardcover Carton quantity: 20 **Publication: January 2023**



LEAH VANDERVELDT

was the food editor at health and wellness website MindBodyGreen, where she wrote and developed whole-food recipes and edited content about nutrition, health, and cultivating a positive relationship with food. She has also worked previously for Voque and Vanity Fair in the US, as well as for lifestyle and design magazine Home Beautiful in Australia. Leah runs wellbeing blog Nourish and Evolve and focuses on mindful, nourishing, and intuitive eating. She is certified in Culinary Nutrition from the Natural Gourmet Institute in New York City and lives in New Orleans with her husband and two small children.







also available: First-time Vegan ISBN: 978-1-78879-062-8 \$14.95 (priced higher in Canada)





also available: The Salad Bowl ISBN: 978-1-78879-087-1 \$14.95 (priced higher in Canada)

With experience as an editor for the health and wellness website MindBodyGreen, Leah Vanderveldt offers a new outlook on eating plantbased dishes for health and wellbeing. This is unashamed comfort eatingbig hearty bowlfuls, packed full of goodness and rich in flavor. Her philosophy is to get the maximum enjoyment from foods by using seasonings and cooking techniques in over 100 simple recipes that offer indulgence and balance all at once. Affordability and accessibility is key, too, and these tasty, comforting, and hearty meals are designed to bring excitement to the palate. Expect lots of color, texture, and flavor, with combinations of spice and freshness, creamy and crunchy, umami, sweet, and sour. Try Spiced Buckwheat Porridge, Peanut Butter and Banana Whip Bowl with Toasted Coconut and Seeds, Red Lentil Dahl, Winter Roasted Veg Bowl with Honey Balsamic Dressing, Veggie Tacos with Five-seed Slaw, Planty Paella, Peanut Butter Cookies, and Chocolate Bark with Dried Cherries and Almond Flakes. Plant-based comfort food incorporates an abundance of plant foods in meals that nourish the body and soul. It isn't heavy or overly rich, it can be light and healthy, while still being filling and flavorful.

• Vegan comfort food to be a top trend for 2022 (Kroger).

• 82% of US consumers have tried plant milk, and 62% have tried plantbased meats, showing that there is appetite for vegan cooking and nourishing plant-based recipes (Rakuten).

• Vegan Street Food (ISBN 978-1-84975-650-1) has sold over 5,000 copies.

Food 8 Drink

THE VITAL VEGAN | 7

Bottomless Brunch



ISBN: 978-1-78879-524-1 144 pages (FSC paper) | 100 color photographs | 65 recipes | 71/2 x 91/4 in \$19.99 (CAN \$27.99) | hardcover

51999

Carton quantity: 20 | Publication: May 2023

Enjoy a bottomless brunch in the comfort of your own home with this delicious collection of brunch recipes paired with irresistible cocktails. There is no better way to enjoy a lazy morning at home than cooking up a storm and then rewarding your hard work with a decadent cocktail. Whether you're dining for two or cooking for a crowd. *Bottomless Brunch* will provide the inspiration to create your very own boozy brunch at home. Keep it simple with a classic Eggs Benedict paired with a Mimosa or make things more interesting with Baked Chili Eggs matched with a long cold glass of Brunch Punch. Cooking for more? A pan of Slow-braised Beans with Ham Hock, some Cheddar Cornbread and a perfect Bloody Mary is a great way to feed, and impress, a crowd. There are even delicious alcohol-free mocktail combos to appeal to the non-drinkers out there such as Herb Fritters with Fried Eggs and a Basil Limeade. Dive into this alorious collection of paired food and drink recipes and transform your brunch into a truly buzzing breakfast affair.

• Very little in way of competitive titles—a lot of brunch books, but nothing else with brunch recipes paired with cocktails.

• Contains a huge range of brunch recipes to suit all tastes—eggs, fruits. pastries, meat, and vegetarian.

• Alcoholic and non-alcoholic cocktails are included to appeal to the growing amount of non-drinkers out there.

Great Sandwiches

From the humble cheese and tomato sandwich to an enormous meatball sub. the sandwich is both a comforting classic and the most versatile type of food imaginable. Whether you want a simple snack to stick in your lunchbox or something more substantial to see away a Sunday morning hangover, Great *Sandwiches* has delicious recipes from around the world involving the key ingredient, bread, to make paninis, burgers, hogies, boccadillos, tartines, and more. With beautiful illustrations to showcase the true variety and deliciousness of the world of sandwiches, you will find recipes for everything from the classic BLT and Pastrami on Rye, to exciting creations from further afield like the Katsu Sando and Cubano, as well as more practical creations in between bread such as the Roast Dinner Leftover Sandwich.

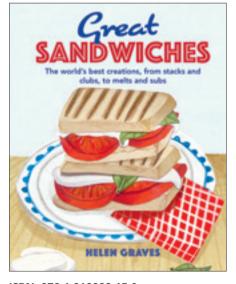
• The sandwich market share in USA is expected to increase by USD 11.69 billion from 2020 to 2025 (www.technavio.com).

• The popularity of sandwiches shows no sign of decreasing—approximately 49% of all Americans eat one sandwich a day (USDA Agricultural Research Service).

Comes hand-in-hand with the return of the packed lunch, back to work culture

HELEN GRAVES

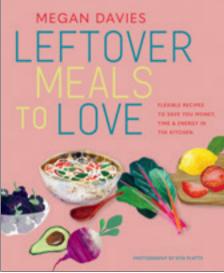
is a food and recipe writer and editor and London-dwelling sandwich fanatic. She has written for Olive, Food & Travel, National Geographic Food, and many others. Visit Helen's websites at helengraves.co.uk and londonreviewofsandwiches.wordpress.com. The author is based in Peckham, London.



ISBN: 978-1-912983-65-0 144 pages (wood-free FSC paper) | 75 color illustrations | 65 recipes | 6¹¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton guantity: 28 | Publication: June 2023



Leftover Meals to Love



ISBN: 978-1-78879-523-4 144 pages (FSC paper) | 90 color photographs | 50+ recipes | 7½ x 9¼ in \$19.99 (CAN \$27.99) | hardcover Carton quantity: 20 | Publication: May 2023

51999

• Recipes are divided into seasonal sections, to make the most of food when it is at its best and cheapest, plus there are chapters on batch-cooking basic recipes and creating condiments and sauces.

The Thrifty Cookbook

A busy family household is often short on time and money. The weekly shop for groceries can be a stressful time when you are wondering how you can feed your family good, honest food without exceeding the weekly budget. Living on a budget, or trying to reduce your outgoings, doesn't have to mean foregoing cooking and eating good food though. Thrifty tips will guide you through how to make the most of your ingredients and create wonderful family food for all mealtimes. Enjoy some budget breakfasts such as Baked Eggs or Corned Beef Hash before moving on to some purse-friendly soups and salads for lunch. The main meal of the day no longer needs to empty the bank, so instead delve in to some quick and easy dishes such as Thai Salmon Fish Cakes or Quick Vegetable Curry. Treats don't have to be ignored in favor of saving pennies either-whip up some guick treats such as Iced Summer Berries with Hot White Chocolate Sauce or Banana Fritters. *The Thrifty Cookbook* has all the inspiration you need to produce fantastic food, in super quick time, for the whole family even when you've had to tighten the household purse strings.

- News and social media chat is generally focussed around the cost of living crisis, so offering recipes that are budget-friendly is very relevant.
- Simple, easy-to-follow recipes mean that they can all be made in around 20 minutes or less—perfect for a busy family.

• Quick cooking also means an energy-efficient way of cooking, which is useful during the energy crisis, where families are concerned with conserving energy.

Drink య Food Want to save time, money, and energy by using up your existing food stocks rather than constantly grocery shopping and then struggling to use up leftovers? Here **Megan Davies** shows how, by helping you develop intuition for using what you already have in your kitchen. She shares her vibrant, accessible, and, most importantly, flexible recipes for leftover meals that can be rustled up just by looking in the refrigerator or store cupboard. Each recipe has a highly inventive ingredients table, showing how to swap and substitute ingredients, depending on what you have to hand, making it easy to ring the changes and work with what you have. Cooking this way is something that comes naturally to Megan and here she shares her secrets, to equip you with the skills and tricks needed to make your own food go further, while at the same time refreshing your weeknight meal roster and enjoying some weekend feasting.

• With the cost of food rapidly rising, most people are looking at ways to cut their food budget. Using up leftovers and any lingering ingredients in the refrigerator is an obvious place to start.

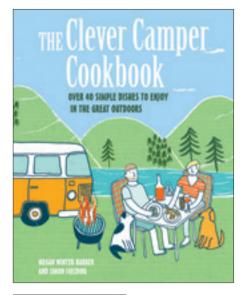
• About 90% of Americans are concerned about the cost of food (according to a survey conducted by The Harris Poll on behalf of Alpha Foods).

• Simple ingredients are favored and where possible harder-to-source ingredients are avoided or widely available alternatives are given.





The Clever Camper Cookbook



NEW EDITION

Drink

8

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ISBN: 978-1-80065-217-0

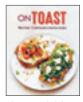
128 pages (wood-free FSC paper) 60 color photographs | 40+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$16.99 (CAN \$23.99) hardcover Carton guantity: 30

Publication: June 2023



MEGAN WINTER-BARKER AND SIMON FIELDING

are keen travelers and big foodies. They both grew up in the beautiful Lake District, where Simon's family business The Apple Pie Café and Bakery is located. The Clever Camper Cookbook came from a road-trip around Europe that they took in their campervan "Pip". They now both live in London, UK.



also available On Toast ISBN: 978-1-78879-388-9 \$14.99 (priced higher in Canada)

Having spent months exploring the world in their trusty VW camper, Megan Winter-Barker and Simon Fielding are experts at putting together incredible food equipped with just a two-burner camping stove and a tiny fridge or cool box. The Clever Camper Cookbook features over 40 of the best recipes they came up with on their travels-there's no fuss, nothing too fancy, just deliciously simple cooking. Whether you're on top of a mountain, down by the water's edge or setting up for a few nights at a festival, they have all your food needs covered. In this updated edition, you can start the day with a Chorizo Omelet, tuck into Fish Finger Tacos for lunch and enjoy an al fresco feast under the stars with ideas for Halloumi Burgers, Boursin & Tomato Pasta, BBQ treats, and more. No longer does food on the road have to involve yet another portion of beans on toast! This book includes new features of advice and tips straight from Megan and Simon's many trips away in their van, from the need-to-know on camping with youngsters to the most coveted life hacks for taking on festivals van-style. Seize the open road with these recipes in hand and remember to pack a hearty appetite!

• Over the past few years, Campervan sales have rocketed, with the renewed love for "Staycations" during pandemic travel restrictions making people keen to explore the leisure motor market.

- Renovating vans DIY style into campers is becoming increasingly popular.
- Retro motor homing is all the rage-made even cooler thanks to the #vanlife phenomenon, which has more than 10.5 million posts on Instagram.

· Complete with a simple shopping list helps you maximize the number of meals you can make with a minimum amount of ingredients, plus, every recipe can easily be scaled up when cooking for a group of friends.

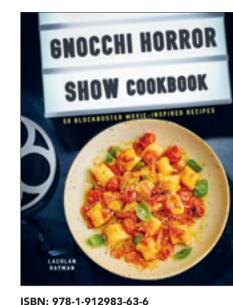
ONE-POT MEXICAN REEAKFAST WITH CHORIZO & POACHED EEES Table Contract of Contract of







Gnocchi Horror Show Cookbook



forks be with you!

festival buzz.

- in the aisles.
- 144 pages (wood-free FSC paper) | 75 color photographs | 50 recipes | 6¹¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 24 **Publication: April 2023**



LACHLAN HAYMAN

is a self-proclaimed dad-joker who wants to make food less snobby and more fun and accessible to everyone. He's a fan of a silly concept but is serious about his food. This book follows his title Killing Me Soufflé, a collection of music-based recipes for anyone who's ever sung into a spatula.





also available Binge-Watching Eats ISBN: 978-1-78879-163-2 \$14.95 (priced higher in Canada)

can

Why settle for popcorn and a soda? The Gnocchi Horror Show Cookbook presents a director's cut of the finest dishes paying homage to the finest ever movies. Think of them as culinary sequels! With 50 blockbuster pun-based recipes featuring "The Silence of the Clams," "Frying Nemo," "Peel Harbor," "School of Wok." "Pinenuts of the Caribbean." "Cook-a-Dahl Dundee." and "Jurassic Pork." this is five-star cuisine from the big screen. Each recipe is both delicious and pun-tastic, meaning that you can enjoy your favorite movies alongside their accompanying dish or snack. A range of genres are covered. from comedies and dramas to horrors and action movies, meaning that you can have everything from "Edward Caesarhands" to "Loaf Actually." May the

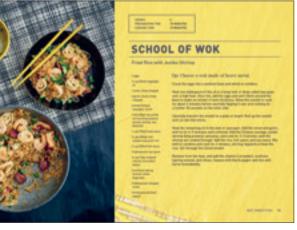
• The perfect gift for foodies and film buffs, publishing in time for Cannes film

• Taps into the trend for pun-based cookbooks—the puns will have you rolling

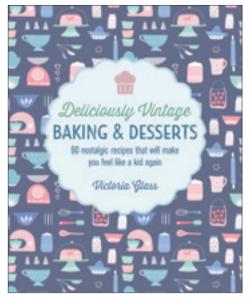
• Each of the 50 recipes is illustrated with stunning photography.

• TV and movie-based cookbooks are huge in the gift market right now-e.g. Marvel, Friends, and Bridgerton-themed cookbooks in Urban Outfitters.

• With the vast number of streaming services out and "binge-watching" culture, the appetite for this type of book is bigger than ever. TikToks on TV/movieinspired foods are going viral.



Deliciously Vintage Baking & Desserts



ISBN: 978-1-78879-502-9

Drink

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Food

144 pages (wood-free FSC paper) | 120 color photographs | 60 recipes | 71/2 x 91/4 in \$24.99 (CAN \$34.99) | hardcover Carton quantity: 20 Publication: February 2023



VICTORIA GLASS

is a London-based food writer and recipe developer. She has made cakes for, among others, The Prince's Trust and The Royal British Legion and was the Roald Dahl Museum's first-ever Gastronomic Writer in Residence. She has written six cookbooks, including Deliciously Chocolate, Baking Mash-up, and Boozy Shakes for Ryland Peters & Small.



also available Cinnamon, Spice, & Warm Apple Pie ISBN: 978-1-78879-276-9 \$14.95 (priced higher in Canada) It's not hard to see why some cakes, bakes, and desserts become classics, with family recipes handed down through the generations. You have only to sink your fork into a moist Lemon Drizzle Cake or enjoy the smell of freshlybaked Cinnamon Buns to understand why there are some sweet treats that we simply can't resist returning to again and again. This book is a celebration of those recipes. From cookies and cakes to pastries and desserts. Victoria Glass charts the delicious range of some of our much-loved classics. Lesser-known smaller bakes such as Jumbles and Fat Rascals feature alongside indisputable classics such as Snickerdoodles and Blueberry Muffins. Larger cakes and pastries range from the guintessential Boston Cream Pie and Hummingbird Cake to those creations with an international flair: delight with a decadent Austrian Sachertorte or a South African Melktert. To finish, classic desserts include Peach Cobbler and Apple Brown Betty, Comforting and economical, these 60 vintage recipes are guaranteed to hit all the right notes of nostalgia and deliciousness.

• The novelty of retro foods has spiked since lockdowns, with consumers returning to nostalgic recipes for a dose of comfort food and for the enjoyment of traditional baking.

• Younger generations are getting involved too, with a TikToker recreating school lunch-style cakes and desserts amassing more than 100,000 views.

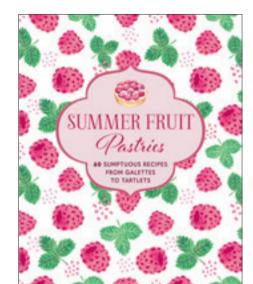
• Internet searches for childhood classics such as Banoffee Pie have more than doubled over the past 2 years.







Summer Fruit Pastries



On a summer's day, there is perhaps nothing more appealing and indulgent than a bite-size fruit pastry or tart. Whether you're tucking into a zingy lemon tartlet or a classic strawberry cream puff, these recipes provide perfectly delectable offerings that celebrate all manor of fresh and seasonal summer fruits. Recipes include everything from small treats to pair with an iced tea or chilled glass of lemonade to larger bakes to share with friends at a cook out or garden party. Choose from elegant treats such as Fresh Fruit Eclairs and Blueberry and Summer Berry Mini Galettes, or impress with larger offerings, such as Hazelnut and Apple Frangipane Tart and Raspberry Choux Ring. Wherever your sweet tooth sends, these bakes are the perfect way to satisfy your craving for indulgence in the warmer months of the year.

summer treats.

• Fashionable London bakery Toklas along with pop-up bakers Lark! ran a "Summer Fruit Pop-up" in July 22, attracting gueues of customers eager to buy limited edition bite-size fresh fruit treats, from roasted peach and mascarpone tartlets to mango-filled glazed brioche.

ISBN: 978-1-78879-513-5

160 pages (wood-free FSC paper) | 75 color photographs | 60 recipes | 6¹¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton guantity: 28 Publication: May 2023







\$14.95 (priced higher in Canada)



• Experience that sunshine feeling at any time of year, with these fruity

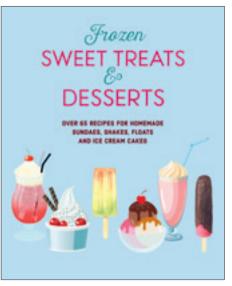
• Given the current cost of eating out and buying shop-bought, people are seeking out ways to make these luxury treats at home.





SUMMER FRUIT PASTRIES | 13

Frozen Sweet Treats & Desserts



ISBN: 978-1-78879-514-2

160 pages (wood-free FSC paper) | 100 color photographs | 65+ recipes | 6¹¹/₁₆ x 8¼ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 24 Publication: June 2023

51699

also available

Popsicle Party

ISBN: 978-1-78879-089-5

\$9.95 (priced higher in Canada)

Cooling, delicious, and indulgent are all words that come to mind when we picture the wonderful world of ice cream. Whether you are sipping smooth chocolatev flavors through a straw on a summer's day, mixing a soft scoop of vanilla ice cream into a fizzy drink, pimping your drink with coffee or a tipple, or layering up a delicious ice box cake ready to slice and serve the possibilities of ice cream are endless. Discover a wide range of mix-ins and toppings to laver up loaded sundaes, and enjoy all the glory of an ice cream parlor in the comfort of your own home. Perfect for an indulgent treat on the couch on a Friday night. or for an ice-cold creamy beverage on a hot afternoon. Get ready for a long hot summer, these recipes will help you to get the most out of the cold, the sweet, and the creamy.

• Ice cream based products have seen a resurgence with the invention of more life-style specific ice cream brands, including dairy-free, low-sugar and vegan brands.

• Ice cream cakes are an Instagram trend with #icecreamcakes attracting more than 1 million posts.

• Fun treats such as Japanese-style rice paper wrapped Mini Moon Mochi Ice Creams have served to increase popularity with a younger trend-driven market.

• Shakes and floats have been eternally popular, and are being made at home more frequently post-covid—just like the rise of at-home cocktail making.



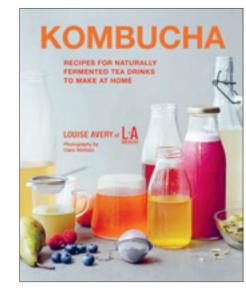






STRAWBERRY SHORTBREAD

Kombucha



NEW EDITION

ISBN: 978-1-78879-476-3

96 pages (FSC paper) | 80 color photographs | 30+ recipes | 6¹¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 24 **Publication: January 2023**



LOUISE AVERY

is the founder and owner of kombucha microbrewery L.A Brewery. The company uses all-natural ingredients to brew health-boosting, sparkling probiotic teas and currently supplies delis, cafés, and stores nationwide, including Selfridges, as well as restaurants such as Dishoom and Honest Burgers. Louise lives with her partner in Suffolk, UK.





Easy Leaf Tea ISBN: 978-1-84975-824-6 \$21.95 (priced higher in Canada)



Louise Averv began brewing kombucha in 2010 as part of a self-sufficient and healthy lifestyle, living on a Scottish Island in the Hebrides, simply because she loved its unique and more-ish taste. Now she is one of London's best-connected kombucha producers. Here she reveals her tried-and-tested recipes that use the freshest produce to create truly delicious cold teas. Starting with an introduction to kombucha. Louise offers information on the types of tea you can use to flavor your kombucha, the health benefits of drinking it, the essential equipment you will need, and the dos and don'ts when it comes to selecting other ingredients. She also presents a step-by-step basic process for brewing kombucha, bottling, and storing, and controlling the yeast. Recipes are then organized by type of base: Fruit, with recipes for Blood Orangeade and Cranberry Cleanse; Vegetable, including Sour Rhubarb Fizz and Striped Candy Beet and Lime. Next up, Flower has ideas for Hibiscus Kombucha and a Hoppy Pale Ale, while Herb, Spice and Tea is where things heat up with Lemongrass Tea as well as a Lychee Basil "Mojito." You'll be spoilt for choice for ways to flavor this health-giving drink.

• The US is experiencing a spike in sales of functional foods and gut-friendly, fermented food and drinks.

• Already popular in LA and more health-conscious areas, but word seems to be spreading rapidly.

• As per the National Center for Biotechnology Information (NCBI), the worth of the global kombucha market was USD 1.67 billion in 2019, and it rose to around USD 2.2 billion in 2020.



KOMBUCHA | 15

Leaf Tea



ISBN: 978-1-78879-503-6 176 pages (FSC paper) 150 color photographs 50+ recipes | 4¾ x 7¼ in | \$16.99 (CAN \$23.99) | hardcover Carton quantity: 40 **Publication: March 2023**



Drink

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Food

TIMOTHY D'OFFAY

became fascinated by tea culture and tea growing while living in Japan's ancient capital Kyoto over 20 years ago. Using Japan as a base, he started to explore the tea traditions of Taiwan, Korea, and Hong Kong. In 2000, these experiences led him to co-found East Teas at Borough Market in London, UK, with the tea expert Alex Fraser and in 2008 he set up Postcard Teas, a high-end tea importing business with a store in London's exclusive Mayfair. His work involves traveling extensively across Asia to source and import some of the world's finest tea leaves.



also available: The Curious Barista's Guide to Coffee **ISBN: 978-1-78879-083-3** \$14.95 (priced higher in Canada) Tea expert **Timothy d'Offay** starts with the very basics with a section on water and tea tools to make brewing easier. Then, as well as traditional ways of making tea, he explores new brewing methods such as "Flow Brew," which involves brewing one tea through another to create an infusion, and "Ambient Tea," a way of making tea pair better with food. There is a "Cold Brew" chapter as well as one for delicious sparkling teas, called "Kitchen Colas," which you can make in the comfort of your own home with tea and a few other natural ingredients. "Fresh Fruit Tea Quarters" are another new innovation, combining tea and fresh fruit juice to create a refreshing soft drink. In *Leaf Tea*, there will be recipes to make the most of matcha and the other stoneground teas now available so you can learn to make tasty "Somersault" drinks—frappés, milkshakes, and ice creams. So, turn on your kettle, tune into tea culture, and drop those tea bags for some of the best leaf tea experiences you can have.

- Written by the author of *The Life of Tea*, winner of the Fortnum & Mason Food and Drink Awards 2019.
- A growing number of top restaurants (including Eleven Madison Park and Atera in New York City) are encouraging diners to pair their food with tea rather than wine and offer high-end specialty teas.

• "It's a moment, an aesthetic..." Pinterest predicts tea-time to become the new happy hour, naming it a top trend in 2022.

NAMOUS BLENDS & HOME BLENDING

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Mocktails, Cordials, Syrups, Infusions, and More

Blake Lively.



For too long designated drivers, detoxers, and teetotallers have been left out in the cold when it comes to great drinks. Instead, they are forced to sip on the same insipid fruit juices that make up most alcohol-free offerings. Thankfully help is at hand with *Mocktails, Cordials, Infusions, Syrups, and More*—a collection of delicious recipes that are welcome alternatives to the dull sodas or mineral water. These drinks prove that ditching the booze doesn't mean sacrificing taste. Exciting ingredients and flavor combinations such as strawberry and black pepper, mango and ginger, lemon and thyme, coffee and cardamom, or blueberry and elderflower will make your taste buds stand up and pay attention. And another bonus: no hangovers!

• Mocktails and tee-total-ism in general is on the rise, with at least 20% of US adults participating in Dry January in 2022 (*Washington Post.*)

• Sales of non-alcoholic beverages spiked 33% in 2021—near-beers, clean wines, and more are all on trend.

ver 80 delicious recipes for alcohol-free drinks

ISBN: 978-1-78879-507-4

128 pages (wood-free FSC paper) | 100 color photographs | 80+ recipes | 6¹¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 24 **Publication: January 2023**







Wild Mocktails and Healthy Cocktails ISBN: 978-1-78249-443-0 \$24.95 (priced higher in Canada)

MOCKTAL

also available:

2286 MOCKT

To place an order fax 856-824-2286

• Celebrities debuting mocktails and alcohol-free drinks include Katy Perry and

• Environmentally beneficial: brewing beer uses seven gallons of water to every gallon of beer, so alcohol reduction goes hand in hand with veganism and other planet-friendly dietary movements.

Tequila Cocktails



ISBN: 978-1-78879-505-0 64 pages (FSC paper) 60 color photographs 40+ recipes | 4³/₄ x 7¹/₄ in | \$12.99 (CAN \$17.99) | hardcover Carton quantity: 60

Publication: April 2023



JESSE ESTES

Drink

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Food

is an agave spirits expert and an awardwinning bartender who has worked around the world and in establishments in London, UK, such as The Lonsdale, Callooh Callay, and The Luggage Room. In 2013 Jesse was named one of "London's Best Bartenders" by The Huffington Post. He has been featured in publications such as Imbibe. Esquire, Shortlist, Spirits Business, and Drinks International. Jesse is now the Global Brand Ambassador for Tequila Ocho and leads masterclasses on tequila and other agave spirits across the world.



also availab Whiskey Cocktails ISBN: 978-1-78879-387-2 \$9.99 (priced higher in Canada)

It's the perfect accompaniment to a Mexican meal full of spicy flavors and the ideal fuel for dancing the night away. Made from the fermented juice of the agave plant, this spirit, along with its trendy cousin mezcal, has a complex yet light flavor, which is perfect in cocktails. Premium quality versions are becoming readily available, especially for the discerning cocktail drinker-the simple rule is the higher the percentage of agave, the better. Learn about the proud heritage of agave-based spirits from expert **Jesse Estes**. Start with a margarita, such as a Pink Pomegranate or a Greener Pastures, and then try something longer such as a Hibiscus Highball. If you prefer something a little more moody, try a Fallen Angel or brace yourself for a Tequila Smash. Finally, unleash your wild side with an Under the Volcano!

• Tequila is the number-one increasing category for many US liquor companies over the last five years.

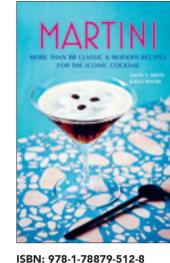
 Tequila has a generally stylish, fun reputation that is only growing—Kendall Jenner, George Clooney, Justin Timberlake, Mario Lopez, Adam Levine, P Diddy, and Dwayne "The Rock" Johnson all have their own brands of tequila. It's becoming more of a product to be savored and appreciated.

• Jesse is the son of the late Tomas Estes, founder of London's Café Pacifico, European Tequila Ambassador for the Mexican Government, and the man credited with introducing the drink to the European bar scene.





Martini



64 pages (FSC paper)

Carton quantity: 60

DAVID T. SMITH

KELI RIVERS

New York.

is a drinks writer and consultant. He is the

contributing editor for Gin Magazine and

publications, including the best-selling Gin

international spirits competitions, including

World's Drinks Awards, IWSC, the Global

Institute. He is a member of The Gin Guild

has progressed from a ginnoisseur at San Francisco's Whitechapel to Sipsmith US Brand Ambassador. She has 28 years under her belt working in the hospitality industry all over the world, including her time as a

soda jerk at the renowned "The Ice Cream Bar" in San Francisco. Keli lives in Brooklyn,

Spirits Masters, and American Distilling

and, in 2021, was the 7th person to be inducted into the Gin Hall of Fame.

Tonica and Negroni for Ryland Peters &

has contributed to various books and

Small. David is a senior judge for

Publication: May 2023 51299

• The martini is in its "new golden age," with TikTok tutorials and Instagram aesthetics pulling Gen-Z into the excitement of the drink—"Martinis stopped looking like an uncreative boomer drink and began to feel timelessly chic," Hannah Chamberlain of TikTok account SpiritedLA.

• The Espresso Martini is currently the world's most notorious cocktail, a classic that surges in popularity time and time again (*The Guardian*). The canned cocktail industry and new modifications see the drink continuously rebranded for newcomers (*The New York Times*).

40 color photographs 30+ recipes | 4³/₄ x 7¹/₄ in | \$12.99 (CAN \$17.99) | hardcover



also available Negroni ISBN: 978-1-78879-279-0 \$9.99 (priced higher in Canada) There is nothing more satisfying than that first sip of a crisp, cold martini. In this book, **David T. Smith** and **Keli Rivers** guide you on an exhilarating journey through all things "martini," showcasing all the exciting places that the classic drink can take you. You'll find everything from classics like the Dirty Martini and Vesper, to more avant garde combinations that demonstrate sensational possibilities, alongside seasonal treats. Contemporary recipes include exciting favorites such as the Appletini and Espresso Martini, while more experimental creations make the most of less typical spirits and flavors, allowing you to indulge in treats like the Rum Martini and the Mezcal Martini. These recipes provide opportunities for everyone, from the cocktail novice, the Friday night home bar cart crew or the established connoisseur. Whether you prefer yours shaken or stirred, grab your finest spirits and let the experts show you the very best of the martini.

• With the "House of Martinis" London pop-up Summer 2022, and World Martini Day (18th June), summer is the perfect time to dive into martini recipes.

VODKA MARTINI

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Food 8 Drink



MARTINI | 19

Camper Heaven



DEE CAMPLING

ISBN: 978-1-80065-121-0

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176 pages (matt art paper) | 200 color photographs 8½ x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton guantity: 18

Publication: March 2023

DEE CAMPLING

(@deecampling) is an inspirational interior stylist, design consultant, and influencer. She styles for all kinds of individual family homes, for brands ranging from tiny start-ups to the biggest of the big names, and for events where she always adds a touch of the unexpected. She also loves to share her knowledge through insightful blogs, talks, and hands-on workshops. Dee lives in Cheltenham, UK with her husband and three children and loves to go traveling in her converted Volkswagen Crafter van.



also available: A Woman's Shed ISBN: 978-1-80065-028-2 \$32.00 (priced higher in Canada) The pandemic has led to a massive surge in sales of camper vans, as vacationers have chosen to avoid busy airports, crowded resorts, and the risks of travel disruption. Instead, many are enjoying the freedom of the open road, embracing their wanderlust, and voyaging with their loved ones in comfort and style. In *Camper Heaven*, Dee Campling offers advice on choosing the right van for your needs and decorating it to match your personal tastes. She then presents a series of inspiring case studies, beginning with her own Scandi-style hideaway on wheels. The following chapters—Home on the Road, Retro Living, Creative Campers, and The Great Escape—feature 12 remarkable vans to suit all styles. These range from a classic vintage Volkswagen camper to a converted horsebox with a rustic wooden interior. All the vans are highly personal and as unique as their adventurous owners, who offer thoughtful insights based on their experiences of van life.

- There has been a huge surge in sales of motorhomes since the pandemic began in September 2021, US sales had increased by 58.9% year on year. Ipsos research in 2021 found that 46 million Americans planned to take an RV trip in the next 12 months.
- The Instagram hashtag #vanlife has more than 13 million posts showcasing campervans in scenic spots around the globe.

• Chloé Zhao's Academy Award-winning film *Nomadland*, a beguiling portrait of van-dwelling communities in America, has sparked considerable interest in this unconventional lifestyle.







Living Wild



ISBN: 978-1-80065-212-5

224 pages (FSC paper) | 225 color photographs 8% x 11 in | \$45.00 (CAN \$65.00) | hardcover Carton quantity: 8 Publication: April 2023



HILTON CARTER

is a director, editor, and fine artist, who is passionate about plants—his home is filled with them. He has a huge following on Instagram (@hiltoncarter), where he shares his encyclopedic knowledge of plant care and styling. Hilton has collaborated with Target, is one of the experts selected by Chip and Joanna Gaines for their Workshops digital series and Magnolia Network TV show, and makes frequent appearances on NBC's "Today" show. He is also the co-founder of the green neighbor plant shop. Hilton lives with his wife and daughter in Baltimore.



also available: Wild Creations ISBN: 978-1-80065-025-1 \$24.99 (priced higher in Canada)





The therapeutic benefits of living with and tending plants are well known—they offer a connection to the natural world that nurtures our mental and physical health. In *Living Wild*, **Hilton Carter** shows how to create a lush, stylish space with flourishing plants that bring life to your home and happiness to your life. He reveals the design choices he has made in his own home—choosing the right color scheme, textures, and materials to showcase gorgeous greenery—then takes a deep dive into styling plants. From picking the perfect planter to statement plants and taking in centerpieces, living art, and hanging planters plus outdoor spaces and plants for kids along the way, *Living Wild* is packed with interior design and styling ideas that blur the boundary between inside and out. Finally, we visit 8 unique homes that have been plant styled by Hilton and take a detailed look at his favorite designer plants, along with invaluable care and info tips.

- Praise for Hilton Carter's previous books:
- "A love letter for greenery"—Psychologies
- "[Hilton] encourages readers to think creatively about how to display more plants at home"—*The Garden*
- "Invaluable plant care advice and styling tips alongside swoon-worthy photography"—*Independent*
- Indoor gardening has never been more popular—#houseplants has 8.7 million posts on Instagram, while #urbanjungle has over 8 million.
- Hilton's first book, *Wild at Home* (ISBN 978-1-78249-713-4), has sold more than 84,000 copies in the US and he has more than 540k followers on Instagram.



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Inspire: The Art of Living with Nature



50 BEAUTIFUL PROJECTS TO BRING THE OUTSIDE IN Willow Crossley

NEW EDITION

Garden

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ISBN: 978-1-80065-189-0

176 pages (wood-free FSC paper) 250 color photographs | 71/2 x 91/4 in \$30.00 (CAN \$41.00) | hardcover Carton quantity: 20 Publication: February 2023



WILLOW CROSSLEY

has a background in design and trained at the Covent Garden Academy of Flowers. Willow specializes in floral arrangements, installations, and exhibitions for events and weddings. She created bespoke arrangements for the wedding of the Duke and Duchess of Sussex and works with brands such as Chanel, Jo Malone, OKA, Daylesford, and Anthropologie. Recently, Willow launched an online floristry course with Create Academy. She lives with her family in Oxfordshire, UK.



also available: The Flower Hunter ISBN: 978-1-78879-384-1 \$40.00 (priced higher in Canada)

In this delightfully inspiring book, Willow Crossley embraces her passion for plants and shows how to use flower-shop purchases, beachcombing bounty, home-grown harvests, and hedgerow finds foraged on countryside walks to decorate your home. Divided into five chapters on Woodland, Flora, Fauna, Edibles, and Beach, there are more than 50 ideas ranging from hellebores displayed in test tubes to a wreath made from hydrangeas, spring narcissi planted in wooden wine boxes, a tabletop centerpiece incorporating gilded apples and pears, displays of pebbles, coral, and shells, sea urchins fashioned into napkin rings, hollowed-out red cabbages used as vases, a colorful posy of chilies, and a wall display of antlers and feathers.

• Features 50 projects, with inspirational text and practical instructions, including step-by-step photographs.

• Willow Crossley is an established floral stylist and designer with 145k Instagram followers (@willowcrossleycreates). She created bespoke floral arrangements for the wedding of the Duke and Duchess of Sussex and has worked with brands including Dior and Ralph Lauren.

 Willow is known for advocating a sustainable approach to floristry, working with the seasons, and sourcing locally grown flowers.

• "Millennials are turning to plant-first design solutions this year to increase their connection to nature and enhance their well-being," says Pinterest. "Staircase gardens, biophilic interiors, and floral ceilings are all on the way up."



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Retreats for the Soul



ISBN: 978-1-78879-511-1

176 pages (FSC paper) | 200 color photographs 81/2 x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton quantity: 16 **Publication: April 2023**



SARA BIRD

is a stylist, art director, writer, and speaker, producing photography shoots, features, and workshops for the interiors industry. She was previously Decorating Editor for Ideal Home and is Contributing Editor for Country Homes & Interiors. Sara lives in Essex, UK.

DAN DUCHARS

is a respected interiors and lifestyle photographer with many years' experience. He lives in London, UK. Together, Sara and Dan are content creators The CONTENTed Nest, devising and producing inspiring images and stories for a number of prestigious clients.



also available Gardens for the Soul ISBN: 978-1-78879-428-2 \$35.00 (priced higher in Canada)

• Pinterest's search trends for 2022 include "emotional escape rooms"-it predicts that "people will plan their great (indoor) escapes and designate rooms in their homes to decompress".

• Homeowners "are gravitating toward [...] outdoor living spaces and places where they can relax and restore from the increased stresses of everyday life," says the American Society of Interior Designers.





Be it a simple garden room, a homely shepherd's hut, a yoga-lover's cabin, a fishing lodge or summer house, a treehouse, a hit-the-road hideaway, a seasonal yurt, a purpose-designed garden smart pod or even a tiny sauna tucked into a garden spa, the glorious retreats showcased here will provide inspiration for creating your very own place for escape or somewhere to enjoy favorite activities. Retreats for the Soul retreats are spaces where we can rest, relax, play and davdream either alone or en famille. as well as care for our mental and physical wellbeing.

• Sustainability, repurposing of existing materials, and recycling materials where possible are key interiors trends for 2022 and *Retreats for the Soul* demonstrates how to achieve these goals and style a beautiful, relaxing, and individual retreat.

• Airbnb's new Categories feature, along with specialist online platforms such as Canopy & Stars, have made it easier than ever to find remarkable places to stay—cabins, treehouses, yurts, and more.





RETREATS FOR THE SOUL | 23

Botanical Style



NEW EDITION

Garden

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ISBN: 978-1-78879-521-0

160 pages (FSC paper) | 250 color photographs 81/2 x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton quantity: 16 Publication: June 2023



SELINA LAKE

is a stylist, author, and columnist. Her work has been exhibited at RHS Chelsea Flower Show and RHS Hampton Court Palace Garden Festival and can be seen in publications such as Country Living, The English Garden, and Country Homes & Interiors. She has a monthly column in Modern Gardens magazine and styles lifestyle photoshoots and events for commercial and editorial clients. Selina offers a glimpse into her world via her social media channels @selinalake. She has written over 10 books for Ryland Peters & Small, with recent titles including Heritage Style and Garden Style.



also available Garden Style ISBN: 978-1-84975-925-0 \$29.95 (priced higher in Canada) In *Botanical Style*. Selina Lake brings her signature romantic vintage style to the current trend for all things botanical. The first chapter, Botanical Inspirations, sets out the ingredients of the look-antique botanical prints, flower stalls, potting sheds, and houseplants-as sources of fresh ideas to transform your home. Moving on, Selina explores five different facets of the style. Vintage Botanicals celebrates a gentle palette of floral watercolors and pressed flowers, while Boho Botanicals has a free-spirited 1970s vibe with jungly potted plants. The varied textures of Industrial Botanicals give it a modern edge, combining polished concrete and rusted metal with peeling paint and vintage posters. Natural Botanicals is based around antique prints and museum specimen cases for a nostalgic feel, while Tropical Botanicals has a glamorous retro flavor. Throughout the book, DIY Makes and Style Tips provide a wealth of insights for how to recreate the ambiance of botanical style at home.

• "Whether applied to wall hangings, wallpaper, or even pillows, botanical imagery is ready to take over interiors," says Architectural *Digest*, referring to data from the online vintage marketplace Chairish.

• Pinterest has revealed that biophilic interiors are more popular than ever: "Millennials are turning to plant-first design solutions this year to increase their connection to nature and enhance their well-being."

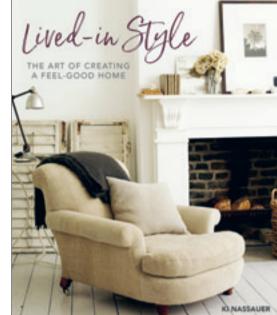
• In 2022 and beyond, forecaster WGSN predicts that "consumers will be inspired to create conservatory, greenhouse spaces in their homes."

• From the bestselling author of Garden Style (ISBN 978-1-84975-925-0) and Natural Living Style (ISBN 978-1-78879-066-6).





Lived-in Style



ISBN: 978-1-80065-214-9

160 pages (FSC paper) | 200 color photographs 81/2 x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton guantity: 16

Publication: April 2023



KI NASSAUER

has been dubbed the "Martha Stewart of vintage" in media coverage from sources such as the Wall Street Journal, NBC's "Today" and HGTV. Ki has a passion for vintage, scouring antiques stores, flea markets, salvage yards, and the occasional street-side pile of castoffs in search of inventive furniture and accessories. She is the former editor of Flea Market Style magazine and in 2006 started the biennial vintage shopping extravaganza Junk Bonanza in Minneapolis, Minnesota. As the creator of Lived-In Style magazine, Ki continues to share her passion for all things old and authentic. Born and raised in Minnesota, Ki now lives in Los Angeles.



also available: Shades of White ISBN: 978-1-80065-060-2 \$35.00 (priced higher in Canada)





What is *Lived-in Style*? Well, it may bring to mind the comfy reading chair you curl up in next to the window. It might get you thinking about a freshly made bed topped with a vintage blanket or your grandmother's quilt. Or perhaps it will elicit a smile over the collection of found treasures and jumble of mementos displayed on your mantel. Moreover, this feel-good look isn't perfect. Far from it. It's mismatched and eclectic, vintage and repurposed. It's not about purchasing the contents of an entire room from a catalog, no matter how beautifully styled it might be, or replicating a perfectly appointed home glimpsed on Instagram. Instead, *Lived-in Style* is about slowly amassing pieces over time, and truly loving each piece you find. Whether your style is farmhouse or boho, rustic or modern, the end result is a home that's authentic, easygoing, and inviting—a cozy yet chic spot where guests will want to put their feet up and stay awhile.

• Ki Nassauer has a loyal and engaged audience of nearly 220,000 followers on social media. Her online magazine *Lived-In Style* celebrates the vintage-inspired life and has a monthly newsletter that reaches 21.000 readers.

• "Vintage and sustainable accents" is one of Vogue.com's leading interior design trends of 2022.

• An easy-to-achieve look that's sustainable and perfect for lovers of eclectic, free-spirited style,

LIVED-IN STYLE | 25

Pretty Pastel Style



NEW EDITION

Garden

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ISBN: 978-1-78879-519-7

160 pages (FSC paper) | 250 color photographs 8½ x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton quantity: 16 **Publication: May 2023**



SELINA LAKE

is a successful stylist, author, and columnist. Her work has been exhibited at RHS Chelsea Flower Show and RHS Hampton Court Palace Garden Festival and can be seen in *Country Living, The English Garden,* and *Country Homes & Interiors.* She has a monthly column in *Modern Gardens* magazine and styles lifestyle photoshoots and events for commercial and editorial clients. Selina offers a glimpse into her world via her social media channels @selinalake. She has written over 10 books for Ryland Peters & Small, with recent titles including *Heritage Style* and *Botanical Style*.



also available: Heritage Style ISBN: 978-1-78879-432-9 \$35.00 (priced higher in Canada)

personality. They allow you to fill your home with sophisticated shades without splashing statement brights around, and bring warmth and softness to any interior. In Pretty Pastel Style, stylist Selina Lake shows you how to use this versatile palette to create beautiful spaces that are feminine without being frou-frou: colorful without being garish. The book walks you through the Elements of the look. Modern Pastels are contrasted with pops of stronger shades and sharpened with statement furniture; Vintage Pastels plunder the past, taking from it smoky pinks, faded greens, and elegant patterns; Retro Pastels channel the ice-cream shades of the Fifties on candy stripes. polka dots, and cute floral prints; while Simple Pastels work with off-whites for an elegantly minimal take on pretty pastel style. Next, Details looks at everything from furniture and lighting, to display and decoration, with inspiring ideas on how to put the style together. Finally, head to the Spaces section of the book to see beautiful rooms that have used pretty pastels to stylish effect.

Pastels are enjoying a comeback, but today's versions pack plenty of

• "Whether you choose to fill your home with sky blues, seafoam greens, or peachy pinks, these muted tones can help create tranquility," says Etsy trend expert Dayna Isom Johnson.

• The current "Danish Pastel" trend, which has over 300 million views on TikTok, combines Nordic minimalism with uplifting sorbet shades for a cool, contemporary take on this retro palette.

• From the bestselling author of *Botanical Style* (ISBN 978-1-84975-713-3) and *Heritage Style* (ISBN 978-1-78879-432-9).





At Home with Country



ISBN: 978-1-80065-196-8

160 pages (FSC paper) | 206 color photographs 8½ x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton quantity: 16 **Publication: March 2023**



CHRISTINA STRUTT is the founder of Cabbages & Roses, a fabric company that specializes in historic rural printed fabrics for fashion, accessories, and interiors. Her books include *Living Life Beautifully*, *Vintage Chic*, and *A Life in Fabric*, all published by CICO Books. Christina is based near Bath and in London, UK.

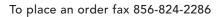






also available: A Life in Fabric ISBN: 978-1-80065-103-6 \$45.00 (priced higher in Canada)

life in fabric



From urban high-rises to coastal hideaways, the great manor homes of England to a tiny beach house on the other side of the Atlantic, the beauty of the Cabbages & Roses brand lies in its gentle yet distinctive take on vintage design. In this lavish book, **Christina Strutt** explores Classic Country, Modern City, Island Country, and Outdoor Country styles. Homes that bring together the old and the new, evoking the atmosphere of each season, sit beside city spaces where urban living combines with vintage style—think faded florals and ticking fabrics softening an industrial space, splashes of color to enliven it, and contrasting textures to add interest. Coastal dwellings are fresh, breezy, and dreamy—ideally suited to beach living. The book shows that the country can come to the city, that the city can benefit from coastal settings, and that the Cabbages & Roses style is a beautiful asset to any home as it complements all environments.

• At the forefront of a new style of decorating, "Christina founded Cabbages & Roses in 2000, before vintage became a buzzword and florals bloomed all over the high street." (*The Independent*)

• Cabbages & Roses is a quintessentially British fashion and lifestyle brand with 56k followers on Instagram (@cabbages_and_roses).

• Taps into the continuing popularity of #cottagecore (3.8 million posts on Instagram and 11 billion views on TikTok).

• Christina's previous titles for CICO Books include *Home-Made Vintage* (ISBN 978-1-90817-020-0), *A Guide to Natural Housekeeping* (ISBN 978-1-90817-021-7), and *Green Housekeeping* (ISBN 978-1-78249-783-7).



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AT HOME WITH COUNTRY | 27

Creative Family Home



ISBN: 978-1-78879-501-2 160 pages (FSC paper) | 300 color photographs 81/2 x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton guantity: 16

Publication: March 2023

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ASHLYN GIBSON

is a designer, stylist, and writer. Her new venture Bless Stories is a shop and event and treatment space for soul seekers and conscious beings in Stoke Newington, London. Ashlyn has written for Kidswear Living, Mollie Makes, Red, Smallish, and ST Kids Telegraph Magazine and is a leading voice on modern family living. Her previous book Creative Children's Spaces was also published by Ryland Peters & Small. Ashlyn is based in London, UK with her theatre director husband, daughter Olive, and their Finnish Lapphund Luna.



also available Home for the Soul ISBN: 978-1-78879-241-7 \$35.00 (priced higher in Canada)

your family consists of a single bouncing baby or a tribe of pre-teens, both the practical and the decorative issues are tackled here, paving the way for a fun, hard-working, and creative home that grows and adapts with your kids. The book starts by focusing on the varying demands of family living, with suggestions for using space creatively, color and pattern, hardworking storage, homework and creative zones, and displaying kids' artworks and other treasures. Next, Ashlyn visits real-life homes that are notable for their fresh, irreverent take on family living and draws inspiration from their varying approaches to the many demands that today's families encounter. Creative Family Home celebrates modern family life, where children are given the freedom to express themselves and to develop their individuality within the context of an imaginative family home. • Many parents are searching for interiors inspiration online. The

hashtag #nurserydecor has been used more than 3 million times on Instagram, while #kidsroom appears 5 million times.

In *Creative Family Home*. Ashlvn Gibson explores the heart and soul

of twelve homes that capture the zeitgeist in modern living. Whether

• Children today are spending more time indoors than ever before, so interior design should take their changing needs into account.

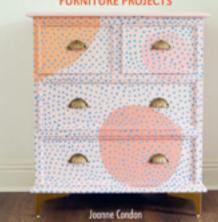
• Searches for dedicated activity spaces such as playrooms, games rooms and reading nooks are up by more than 150% on popular home design website Houzz.com.





Furniture Flips

Furniture Flips 30 COLOUR-POPPING PAINTED FURNITURE PROJECTS



ISBN: 978-1-80065-215-6

160 pages (matt art paper)

Carton quantity: 20

Publication: April 2023

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JOANNE CONDON

250 color photographs | 7½ x 9¼ in

is a furniture artist and upcycler with a colorful, millennial-friendly aesthetic. Her

pastel tones and color blocking with

based in County Tipperary, Ireland.

projects are fun and accessible, featuring

geometric or abstract shapes. Joanne is

\$24.99 (CAN \$34.99) | hardcover

• The colorful creativity of Joanne's designs ties in with the Newstalgia trend, which is "all about reinventing the past, taking something old and making it new again" with a dash of personality, according to House Beautiful.

• "People [are looking to] upcycle and thrift in a bid to revamp all things old school with a contemporary finish."-Matt Siberry, Head of Home at Pinterest.





also available: Annie Sloan Paints Everything ISBN: 978-1-78249-356-3 \$24.95 (priced higher in Canada)



The perfect antidote to unsustainable, mass-produced "fast furniture", flipping can take many forms: applying paint or wallpaper, replacing handles and hardware, experimenting with upholstery, and adding pattern and texture. The only limit is your imagination. In *Furniture Flips*, **Joanne Condon** details what you need to get started, including essential equipment and how to prepare vintage or second-hand furniture for painting. There follows 30 projects, organized by difficulty level. Beginners can start with simple stencils and color blocking, while intermediate upcyclers might try their hand at cross stitch on a cane-backed chair. Confident furniture flippers, meanwhile, can tackle larger, more advanced projects, such as transforming a wardrobe into a pantry—or even painting a piano. Throughout the book, Joanne presents easy-to-follow instructions with photographs to guide you at every single step.

• Joanne has an Instagram following of 27k that is growing fast. Her online furniture upcycling course is available on the Domestika website.

• The hashtag #furnitureflip is inspiring a new generation of upcyclers, with 426k Instagram posts and has more than 4 billion views on TikTok.











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FURNITURE FLIPS | 29

French Home



NEW EDITION

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ISBN: 978-1-78879-504-3

160 pages (FSC paper) | 250 color photographs 81/2 x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton quantity: 16

Publication: April 2023



JOSEPHINE RYAN

is a well-known antiques dealer and stylist. Compelled by the thrill of the find, Josephine loves hunting down rare, quirky, and unusual pieces and combining the unexpected. France-its lifestyle, climate, and furniture—is her greatest inspiration. Josephine has her own store in historic Tetbury in England's Cotswolds and is also the author of Essentially French and Essentially Irish, both published by Ryland Peters & Small.



also available Vintage French Style ISBN: 978-1-78249-548-2 \$35.00 (priced higher in Canada)

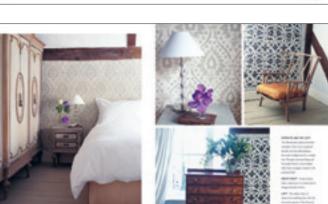
In French Home, dealer in French antiques Josephine Rvan explores the elements that come together to create elegant yet comfortable spaces with a distinctly French feel. She points out the architectural details that enhance the framework of a room, explores the textures and the color palette that flatter various styles of furniture, and shows us a variety of options for lighting, mirrors, decorative objects, and paintings. By exploring real homes that deftly synthesize all these elements and more, French Home examines the sophisticated alchemy of an enduringly popular look that can be either lush and complex, or simple and pared down.

• Josephine Ryan, who has "shopped" France for thirty years, demonstrates a keen eye for objects both ordinary and extraordinary, which she brings together in an unexpected and original way.

• "Introducing a historical, heirloom, antique, or vintage piece can quickly change the mood of a room, imbuing it with depth and a focal point—which may be why this trend has lasting appeal in 2022," savs Architectural Digest.

- Organized room by room to provide inspirational style ideas.
- Will encourage you to re-evaluate the items you own or reinvent a room to bring a touch of French style to your home.





Summers in France



ISBN: 978-1-78879-520-3

208 pages (FSC paper) | 220 color photographs 8% x 11 in | \$45.00 (CAN \$65.00) | hardcover Carton guantity: 10 Publication: June 2023



CAROLINE CLIFTON-MOGG

writes about interior design, gardens, and other subjects. She contributes to magazines such as House & Garden and her books include Tuscan Escapes, The Comforts of Home, and All in the Detail (all Ryland Peters & Small). Caroline lives in Notting Hill, London, UK.





also available: Perfect French Country ISBN: 978-1-78879-287-5 \$45.00 (priced higher in Canada)



Think of summers in France, and what comes to mind? Hot sunlight on a stone-flagged terrace. Bees buzzing amidst a sea of lavender. Wandering through a local market and filling a basket with bread, cheese, and ripe peaches. Sipping rosé wine as dusk falls, then eating by candlelight in the warm evening air. These aspects please all the senses—and so too does the distinctive decorative style of rural France. Against this backdrop, **Caroline Clifton-Mogg** visits 15 glorious homes that display the legendary French sense of style and evoke all the sensual appeal of summers spent in this beautiful part of the world. Throughout the book, she also explores the elements of the French country look, from the color palette and materials typical of rural style, to cozy and chic soft furnishings and decorative accessories and antiques sourced at local markets and brocantes.

• Provides inspiration for those who love French design, and an insight into how the French country look is put together by the various owners of the houses featured.

• Post-pandemic. France has retained its crown as the world's leading tourist destination.

• A perennially popular style with timeless appeal



The Lagom Life

THE LAGOM LIFE



NEW EDITION

Garden

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ISBN: 978-1-80065-185-2

176 pages (FSC paper) 100 color photographs 4½ x 6 in | \$12.99 (CAN \$17.99) hardcover Carton quantity: 48

Publication: January 2023



ELISABETH CARLSSON

is a Swede who has lived in Madrid and New York and has now made her home in London with her husband, two children, and cat. Her background is in publishing but she is now a trained nutritional therapist. She keeps balance in her often hectic life with simple and lagom pleasures like lots of fika moments, growing her own vegetables, and lighting candles every day. Elisabeth lives in London, UK.



also available ScandiKitchen: The Essence of Hygge ISBN: 978-1-78879-345-2 \$9.99 (priced higher in Canada)

Our love affair with all things Scandinavian shows no signs of letting up. Having embraced the Danish concept of hygge, we're now looking to Sweden and one of their essential philosophies, lagom. It's best described as "not too much, not too little; just the right amount," which, in practice, is balance-and isn't that what we're all looking for? In this delightful book. Swedish expat Elisabeth Carlsson lets us in on the secrets of the Swedish lifestyle and shows us how we can all be a little more lagom. She explains what lagom means to the Swedish and then explores how it can relate to all areas of our life, starting with our separation of work and home and how we manage our time. She suggests taking a balanced approach to how we eat, not depriving ourselves but not overindulging and avoiding waste. Elisabeth also explains what makes a home more lagom in style and function and how we can take care of it sustainably. We also need to appreciate and look after our bodies with moderate exercise and care. Lagom has the potential to change our approach to life as a whole and help us realize that what's good for the world can also be good for us, too. Filled with advice and ideas, this thoughtful guide provides the key to a lagom way of livinghealthy, harmonious, and happy,

• Lagom was identified by Etsy as a key trend for 2022, as shoppers "look to live their lives with balance and moderation in mind". Yelp recently saw searches for "lagom" increase by 33% in just 2 months.

• The Lagom Life is the companion to The Essence of Hygge (ISBN 978-1-78879-345-2).

 Other books on Scandinavian living have been bestsellers, including ScandiKitchen (ISBN) 978-1-84975-874-1), which has sold almost 10,000 copies, and ScandiKitchen: Fika & Hygge (ISBN 978-1-84975-759-1), which has sold over 8,000 copies since 2016.



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The Comforts of Home



ISBN: 978-1-78879-498-5

160 pages (FSC paper) | 220 color photographs 81/2 x 10 in | \$35.00 (CAN \$50.00) | hardcover Carton guantity: 16



CAROLINE CLIFTON-MOGG

is an acclaimed journalist and author who writes about interiors and gardens, among other subjects. She contributes to magazines such as House & Garden. Her books include A Space of My Own, All In The Detail, Tuscan Escapes, Provencal Escapes, Italian Country Living, and French Country Living, all published by Ryland Peters & Small. She lives in London, UK.







also available The Sensory Home ISBN: 978-1-78879-477-0 \$35.00 (priced higher in Canada)



The Comforts of Home is a book that enters into the spirit of how we want to live now, at a time when excess is no longer desirable. Author **Caroline Clifton-Mogg** puts a welcoming and beautiful haven within everyone's reach. The first section, The Elements, extols the joys of an orderly home, covering both decorative aspects such as textiles and finishing touches, and practical topics such as storage and cleaning. The second section, The Rooms, shows how to create spaces that are inviting and easy to live in-from the welcoming hallway to the cozy kitchen, comfortable living room, satisfying study, practical bathroom, and peaceful bedroom, through to the garden. The Comforts of Home offers clever decorating ideas that rely on imagination and style rather than a deep purse and suggests ways of making the most of what we have to put the heart back in our homes.

• After spending so much time at home during the pandemic, many of us are keen to reinvent our spaces sustainably and on a budget.

• This book taps into the current Newstalgia trend, demonstrating how a few carefully chosen new pieces can enliven an established interior. "The mixing and matching of retro items with contemporary pieces [...] comforts us with memories of the past while grounding us in the present," says Etsy's trend expert Dayna Isom Johnson.

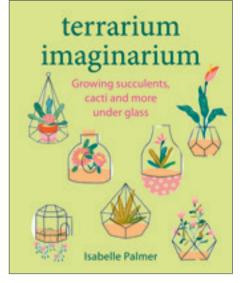
• Home organization is still a hot topic. And according to *Forbes*, "Bigger, Better Kitchen Pantries are a Covid-Inspired Wellness Design Trend" that is here to stay.



the confortable living room



Terrarium Imaginarium



ISBN: 978-1-80065-218-7

128 pages (FSC paper) | 100 color photographs | 6¹¹/₁₆ x 8¹/₄ in | \$19.99 (CAN \$27.99) | hardcover Carton quantity: 30 Publication: May 2023 51999

ISABELLE PALMER

is a renowned small space garden designer and the founder of The Balcony Gardener. Specializing in the tiny corners of city gardening since 2009, her innovative and fresh approach to design and garden retail has earned her well-deserved attention for a stylish greener city life. Isabelle's adventures started out on her own London balcony where she wanted to create a little green oasis of her own. Believing that others would want to do the same, she started The Balcony Gardener (www. thebalconygardener.com). With great passion and a practical approach, she has shared her small-space gardening and houseplant expertise in four books.



also available The Joy of Living with Plants ISBN: 978-1-80065-027-5 \$14.99 (priced higher in Canada)

Small-space gardening expert **Isabelle Palmer** shows you how to use succulents and other plants to create trendy terrariums and gorgeous indoor garden designs and how to grow under glass. There's helpful advice and techniques as well as handy tips for taking care of your new houseplants. Display pretty cacti inside copper lanterns, grow amazing aquatic plants in a deep vase, create a stunning fireside moss and fern display, and plant some tiny jewel-like succulents inside mason jars for an easy on-trend kitchen window scene. Terrarium Imaginarium removes the mystery of taking care of plants and gives everyone a chance to enjoy the benefits and beauty of a garden indoors.

- Indoor gardening has never been more popular: #urbanjungle has over 8.6 million posts on Instagram and 66% of American households own at least one houseplant.
- With over half a million views on TikTok and 78,000 posts on Instagram, #terrariumimaginarium is a popular hashtag for a new generation of indoor gardening enthusiasts.
- Around 7 in 10 millennials consider themselves to be "plant parents". In particular, "succulent plants are more and more popular these days with millennials", says gardening expert Stephen Webb.
- Studies have proven that house plants improve concentration and productivity (by up to 15%), reduce stress levels, and boost your mood.

SMALL BUT SWEET

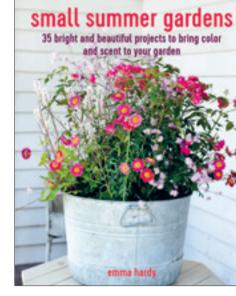






MONOCHROME DESERT

Small Summer Gardens



NEW EDITION

ISBN: 978-1-80065-216-3

144 pages (wood-free FSC paper) 250 color photographs | 7½ x 9¼ in \$19.99 (CAN \$27.99) | paperback with flaps Carton quantity: 30 Publication: May 2023



EMMA HARDY

is a keen gardener and an equally keen crafter. Emma's books for CICO include The Winter Garden, Teeny Tiny Gardening, The Urban Wildlife Gardener, Handmade Candles and Smudge Sticks, Making Children's Clothes, Quilting in No Time, and Green Crafts for Children. Married with two daughters, Emma lives in south London, UK.



also available Teeny Tiny Gardening ISBN: 978-1-78249-459-1 \$19.95 (priced higher in Canada)



34 | TERRARIUM IMAGINARIUM

Turn your garden into a bright summer paradise with a collection of of 35 projects for stylish, fragrant and abundant displays. There are suggestions for gorgeous flowering plants, lush foliage, special occasion displays, and edible fruit and vegetable harvests. Projects include hanging baskets, window boxes, beautiful flower beds, large and small pots, and pretty recycled containers. Create a display of foxoloves and woodland plants in a rusty trunk, scented sweet peas in a tub, a mini water garden with flowering water lilies, a wreath made from alpine flowers, fruit bushes in pots, and much more. With **Emma Hardy**'s expert advice, you will learn everything you need to know about growing annuals from seed, growing bulbs, using inexpensive bedding plants in fresh and interesting ways, combining perennials and small shrubs, and growing and maintaining fruit and vegetable plants.

• 35 creative and colorful projects for small gardens, including containers, bedding plants, and special displays.

• Growing awareness of how greenery is good for our mental health, as well as looking lovely, means more and more people are looking to grow plants and vegetables in whatever space they have available.



The Queen: 70 Years of Majestic Style



70 YEARS OF MAJESTIC STYLE

NEW EDITION

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ISBN: 978-1-78879-526-5

176 pages | 230 color photographs 71/2 x 91/4 in | \$28.00 (CAN \$38.99) | hardcover Carton quantity: 20

Publication: November 2022



RETHAN HOLT

is the fashion news and features director at The Telegraph, and has contributed to Us Weekly and People magazine—writing about royal style is her professional obsession. She has appeared on the BBC, Sky, Channel 4, and ITV discussing royal fashion, as well as on numerous podcasts including Royally Obsessed. Bethan was shortlisted for Fashion Journalist of the Year at the 2018 and 2019 Press Awards. Her previous book is The Duchess of Cambridge: A Decade of Modern Royal Style. Bethan lives in London, UK.



also available: The Duchess of Cambridge: A Decade of Modern Royal Style ISBN: 978-1-78879-302-5 \$19.99 (priced higher in Canada)

The past 70 years witnessed a beautiful 25-year-old Princess transform into a revered nonagenarian monarch who was recognized, respected, and loved the world over. A woman whose views were never heard. Queen Elizabeth II deployed fashion as a means to communicate and signal her position to the crowds who gathered to see her in public and the millions who watched her television broadcasts: "I must be seen to be believed." she said. The Queen's evolving attitude to dress reflected a visual landscape that started as genteel reportage in black and white and over the years developed into a 24/7 live-streamed news cycle, flashed around the world in seconds and driven by social media. Through it all, Elizabeth II's style was an extension of all she represented as Queen: it was stoical and cautious vet dazzling and majestic. The Queen: 70 Years of Majestic Style celebrates the fashion evolution of Elizabeth II and takes a look at an unrivalled archive of unique fashion moments that bear testament to the care and consideration the Queen took in looking the part for a role like no other.

· Revised edition with brand new introduction

• "A fun read.... This book's charm extends well beyond its pictures, though it has an impressive collection.... [Bethan] Holt's assessments are shrewd."-The Washington Post

- "A great read; absolutely beautiful."-Us Magazine/Royally Us podcast
- "A luxe and detailed style tribute to the Queen."-Pure Wow/Royally Obsessed podcast.

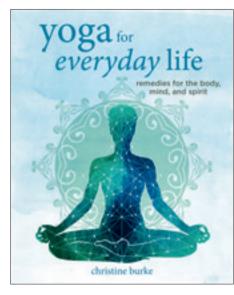


THE QUEEN on tour

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Yoga for Everyday Life



ISBN: 978-1-80065-187-6 176 pages (FSC paper) | 390 color

photographs | 6¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 24 **Publication: January 2023**



CHRISTINE BURKE

is a Registered Yoga Teacher with Yoga Alliance at the 800-hour-plus level and has taught thousands of students of all ages. She opened Liberation Yoga in 2004, which has since appeared in the "Top 20 Yoga Studios In The World" by Travel + Leisure magazine and "Best Yoga Studio In LA" by LA Weekly. Her teaching has likewise been featured in LA Times, LA Weekly, Yogi Times, LA Yoga, Westways, Great Yoga Teachers, and many online magazines. Her first book, The Yoga Healer, won the Soul and Spirit magazine award for "Best Yoga Book of The Year." She lives in Los Angeles with her daughter, Clementine.



also available: The Power of Breath and Hand Yoga ISBN: 978-1-78249-711-0 \$14.95 (priced higher in Canada)

• The number of yoga practitioners in the United States has almost doubled in the past decade, according to yoga statistics in America. Now, 1 in 10 Americans practices yoga, making the United States one of the top countries where the discipline is practiced. (Forbes)

and ages.

• All of the poses and sequences are illustrated with stylish, clear photography.

Upper Back Pain





Do you have a pain in your neck that won't go away? Are you often impatient or overwhelmed? Would you like a greater sense of love, balance, or appreciation in your life? In Yoga for Everyday Life, Christine Burke gives you the power to heal and revitalize yourself-mind, body, and spirit! Practitioners of all levels, from beginner to advanced, occasional to frequent, will love this accessible handbook of remedies based on the art and science of voga. The first three chapters-Remedies for the Body, Remedies for the Mind, and Remedies for the Spiritcover a number of physical, mental, and emotional concerns and provide three simple, concise practices for each to address the condition. The final chapter includes longer combined sequences for the morning, noon, and night to wake up, recharge, and relax. From alleviating daily aches and pains to improving your state of mind and tapping into your creative spirit, you will find succinct, powerful tools that can be practiced anywhere, any time.

• Christine Burke is an experienced yoga teacher for students of all levels

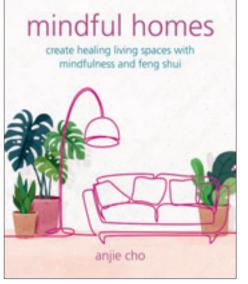








Mindful Homes



ISBN: 978-1-80065-211-8

Body, Mind, & Spirit

ealth, I

144 pages (FSC paper) | 150 color photographs | 7½ x 9¼ in | \$19.99 (CAN \$27.99) | paperback with flaps Carton quantity: 30 **Publication: April 2023**

51999

ANJIE CHO

is a registered architect and certified feng shui consultant based in New York City. She has been featured in dozens of publications, including The New York Times, Domino Magazine, and BuzzFeed, and regularly writes for The Spruce and MindBodyGreen. She is the author of Holistic Spaces, also published by CICO. Find out more at www.anjiecho.com.



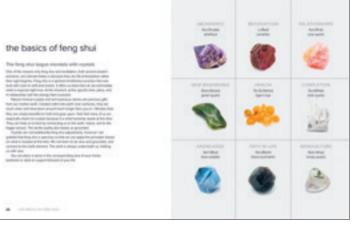
also available: Holistic Spaces ISBN: 978-1-78249-667-0 \$14.95 (priced higher in Canada)

Feng shui teaches that we are interconnected and interdependent. This includes the spaces that we live in and engage with every day. We are not separate from our homes, our spaces, or the objects and people that surround us. How can we begin to connect to and appreciate our world, and see the beauty in each moment? In *Mindful Homes*, discover how we can start by paying attention to the details around us. Feng shui and mindfulness can help us to slow down, be more aware, and create spaciousness to give birth to more joy, creativity, and community. Learn simple practices to cultivate a healing living space, including creating sacred areas for rituals, incorporating crystals, mindful meditation, and offering gratitude to deities and to your home itself. With stunning photography throughout, *Mindful Homes* will inspire you to look at your environment with fresh eyes and create a space that enhances happiness and wellbeing.

• "The healing home" has been identified as a trend for 2023.

• The philosophy of feng shui has seen a revival in recent years, proving popular among those wanting a more spiritual take on interior design.

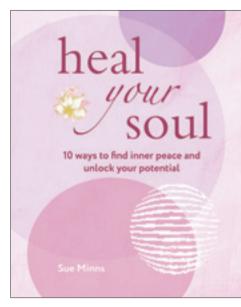
• An enduringly popular practice, with millions of followers across Instagram. YouTube and TikTok.





To place an order fax 856-824-2286

Heal Your Soul



With helpful practices and step-by-step meditations, this inspiring guide shows you how to rediscover your identity and bring your body, mind, and soul back into balance. Sue Minns introduces you to different methods that will help you appreciate who you really are, including how to breathe and meditate, understanding the body-mind link, and exploring your personal energy field or aura. You'll also learn how to use crystals for therapy, boost your physical and emotional health through the chakra system, and find your inner child. With practical exercises, visualizations, and useful summaries. *Heal Your Soul* shows you how to incorporate spiritual practices and a sense of inner peace into your everyday life. • Taps into the current need for solace and control: spirituality and folk religion are gaining cult online followings through TikTok, and 80% of Millennials and Generation Z said they feel a sense of spirituality and believe in a higher power according to a recent survey.

ISBN: 978-1-80065-232-3

160 pages (FSC paper) | 100 color artworks 71/2 x 91/4 in | \$19.99 (CAN \$27.99) paperback with flaps Carton quantity: 30 Publication: June 2023



SUE MINNS

Mindful Walking

also available:

Mindful Walking

has trained in Transpersonal Psychotherapy, Deep Memory Process Therapy (aka past life regression), Shamanic Practice, and Animal Spirit Medicine. Her wide interest in the spiritual path took her to a two-year study course with One Spirit Interfaith, which led to her ordination as a minister.





\$9.99 (priced higher in Canada)

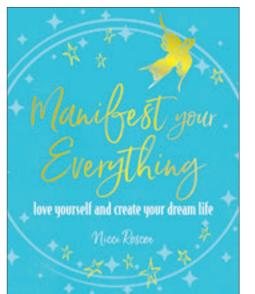
ISBN: 978-1-80065-088-6

• Guides you through a wide range of popular spiritual practices including crystals, breathing, meditation, and discovering your inner child.

· Beautifully presented with colorful illustrations.

HEAL YOUR SOUL | 39

Manifest Your Everything



ISBN: 978-1-80065-192-0

Spirit

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Body, Mind,

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144 pages (matt art FSC paper) | 150 color photographs & artworks | 71/2 x 91/4 in \$19.99 (CAN \$27.99) | paperback with flaps Carton quantity: 30 Publication: February 2023



NICCI ROSCOE

has over 40 years' experience in helping people enhance their wellbeing through a wide variety of methods: as a life coach and health, fitness, and beauty writer, a crystal master teacher, a reiki master, and a master practitioner of NLP. She has been a health and fitness presenter on TV and has made appearances on Sky One, BBC, and ITV, and has had articles published in the Daily Mail and Mail on Sunday. Nicci is the co-author of My Crystal Guide (CICO Books) with Philip Permutt, and Fabulous Impact. She lives in Hertfordshire, UK.



also available: Make It Happen ISBN: 978-1-80065-122-7 \$9.99 (priced higher in Canada)

Discover the art of manifestation with this inspiring, practical, and fully illustrated guide to one of the most powerful forces in the universe. Nicci **Roscoe** draws on decades of experience to offer essential guidance on how to achieve peace and calm, let go of anger and negative emotion, forgive, nurture, and listen to yourself and others, find determination and courage, and the best possible path to self-love, gratitude, and change. Manifest Your *Everything* offers a complete journey of healing and transformation. Nicci Roscoe offers unrivaled insight into the best ways to achieve confidence. improve finances, boost your career, and find your inner god or goddess, through the use of practical exercises, crystal energy, and affirmations. Learn to live life to the full again by unlocking the magic of the universe and your own inner powers.

· Manifesting is hugely popular, with the recent international bestseller Manifest by Roxie Nafousi selling hundreds of thousands of copies, and The Secret by Rhonda Byrne over 35 million.

• From 2020 to 2022 the website Life Coach Directory saw a 450% rise in potential clients searching for manifestation techniques. On TikTok, the hashtag #manifestation has over 13.9 billion views.

 Taps into the current need for solace and control in a world filled with war and economic crisis.

Calibra al Self with



To place an order fax 856-824-2286

The Book of Korean Self-Care



Join holistic wellness and integrative nutrition expert Isa Kujaswski, MPH, RDN, to discover Korean wellbeing concepts and centuries-old healing traditions. Explore the mind and spirit practices of *sohwakhaeng* (small but certain happiness), Kuok Sundo breathing (a form of meditation), and worabel (Korean slang for work-life balance). Learn about "hitting mung" to empty one's mind. and *salim vok* (forest bathing) where you immerse yourself in nature. Find the healing benefits in foods, including kimchi for digestive wellness and the use of medicinal ingredients such as ginseng, ginger, and green tea. Take a closer look at Korean skincare, known around the world for resulting in glowing skin, and discover spa techniques such as *seshin*, a scrubbing ritual, that you can use at home to unwind and detoxify. Connecting nutrition, mental wellbeing, and Korean healing concepts, this book shows how to find true wealth through vibrant health.

- (Jan 2022, Today.com)

ISBN: 978-1-80065-204-0

144 pages (wood-free FSC paper) | 100 color photographs & artworks | 6¹¹/₁₆ x 8¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 28

Publication: January 2023



ISA KUJAWSKI

MPH, RDN, a functional mind-body nutritionist in Washington D.C., is half-Korean and lived in Seoul for a number of years. She is the founder of Mea Nutrition and a sought-after wellness expert, featured in Mind Body Green, Shape, Food & Nutrition, VeryWell, Thrive, Eat This, and Livestrong. Isa's focus on food as medicine, nutritional psychology, and her background as a Navy veteran make her a unique source in the field of holistic wellness and integrative nutrition.



also available Everyday Self-Care ISBN: 978-1-78249-887-2 \$9.95 (priced higher in Canada)

• The Korean Wave brought us K-pop and K-dramas; the global influence of Korean beauty now takes it a step further with K-wellness, with a focus on health from the inside out. (June 2021, Lux Nomade)

• "Stressed out? Try the South Korean wellness trend 'hitting mung'."

• The favorably and widely reviewed book *The Power of Nunchi: The Korean* Secret to Happiness and Success by Euny Hong (2019) has increased the focus on Korean wellness practices.

• Everyday Self-Care (ISBN 978-1-78249-887-2) has sold 9,500 copies.

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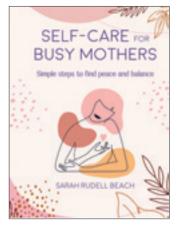
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THE BOOK OF KOREAN SELF-CARE | 41

Self-Care for Busy Mothers



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ISBN: 978-1-80065-191-3

144 pages (wood-free FSC paper) | 50 color artworks 4½ x 6 in | \$12.99 (CAN \$17.99) hardcover Carton quantity: 48 Publication: February 2023 51299

SARAH RUDELL BEACH

became a mother in 2006, embarking on a powerful journey in both motherhood and mindfulness. She has had a personal mindfulness practice for many years now, holds a master's degree in education, and is a Mindful Schools Certified Instructor. As the executive director of Brilliant Mindfulness, she teaches mindfulness courses to children, teens, and adults. Sarah writes about mindfulness and healthy living for the Huffington Post, and is the author of Mindfulness for Children and Your Mindful Pregnancy. She lives in Minnesota with her husband and two children.

Becoming a new parent can be an overwhelming experience, presenting significant challenges to mental health and wellbeing. The powerful techniques offered in this book are intended to boost psychological health, help you navigate the ups and downs of motherhood, and help you be the mother—and the YOU—that you want to be. Sarah Rudell Beach offers a rich compendium of practical advice on how to be present in the moment, and how to live with curiosity and without judgment, and offers powerful tools that can transform how you relate to your own life, and how you engage with the world. There is a growing body of research that tells us that when mothers practice self-care they experience less stress and anxiety, build stronger relationships with their children, and feel less overwhelmed by the demands of motherhood. Their children experience less stress and anxiety, too. In this beautifully illustrated book. Sarah Rudell Beach introduces the basics of self-care and offers a collection of meditations and affirmations. From dealing with tantrums and your patience being tested to making time for yourself and practicing self-compassion, you'll discover how being present in the moment can lead to greater calm, balance, and ease in your daily life.

- Intended to take the stress and anxiety out of parenting and promote mental health, offering a rich combination of advice, affirmations, and positive thinking.
- Mindfulness continues to be a best-selling topic in books: The Little Pocket Book of Mindfulness (ISBN 978-1-78249-203-0) has sold 17,000 copies.
- The ideal gift for Mother's Day.



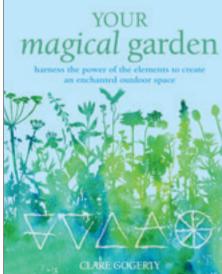
let it go

unt like up, our lotte pet analous. A fun way to let the works ps into actually let them got Drosunge your shift to enter down for show. For younger kidd, her works, and then let then go--rip them up, recycle them, make them rist paper. optimes, burn them in a balls, adult a personal borning, or to them in a "worry box." Just giving votes to their wo tide process them (this might head to some helpful tions), and letting them go allows them to understand that thoughts and entries are not a permanent part of themthey're just throughts.

HOW CAN I BE KIND TO MYSELF TODAY?



Your Magical Garden



144 pages (FSC paper) | 110 color artworks

ISBN: 978-1-80065-194-4

Publication: February 2023

lives on a smallholding in rural Herefordshire, UK, which she intends to

open as a spiritual retreat in 2023. She has

been interested in magic, druidry, and

magazine editor, she is now a freelance

Find out more at claregogerty.co.uk and on

folklore since childhood. A former

journalist and author, writing about spirituality, travel, homes, and lifestyle.

Instagram @claregogerty.

also available

paperback with flaps

Carton quantity: 30

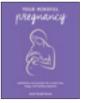
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CLARE GOGERTY

71/2 x 91/4 in | \$19.99 (CAN \$27.99)







also available: Your Mindful Pregnancy ISBN: 978-1-78249-885-8 \$19.99 (priced higher in Canada)

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The Green Wiccan Herbal

\$19.95 (priced higher in Canada)

ISBN: 978-1-78249-396-9

Modern witchcraft is a nature-based discipline, harnessing the power of plants, the spirit of the land, the benefits of each season, and the cycle of nature. Inspired by the Five Elements—Spirit, Air, Fire, Water, and Earth—and based on author **Clare Gogerty**'s own experience, *Your Magical Garden* will encourage you to look at your outdoor space with a witch's eye. Each chapter is based on one of the Five Elements and offers details about the element and its potency, how to work with it in your garden, what plants are associated with it, and corresponding remedies, rituals, and spells. You will learn how to create spiritual features, such as a moon gate, leaf mandala, scrying pool, and fire pit, as well as ways to care for nature, such as rewilding to create a haven for plants and wildlife. Discover the wonder of re-enchanting your garden, however small, and creating a place of contemplation, meditation, and connection with the earth.

• Troubled times have seen more and more people looking for meaning in their lives and a connection with the natural world-modern, nature-based witchcraft is in tune with this longing.

• People are keen to reduce the effects of climate change and biodiversity loss-this book shows how to help by working with nature, rather than against it.

• There is an ever-increasing number of witches and druids as well as of those with an interest in all things to do with witchcraft—for example. WitchTok has more subscribers than the Kardashians.





YOUR MAGICAL GARDEN | 43

Wiccan Teas & Brews



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ISBN: 978-1-80065-200-2 144 pages (wood-free FSC paper) | 75 color artworks 4½ x 6 in | \$12.99 (CAN \$17.99) hardcover Carton guantity: 48 Publication: March 2023 5 1 2 9 9

CERRIDWEN GREENLEAF

has worked with many leading lights of the Wiccan world including Starhawk, Z Budapest, Raymond Buckland, and many more. She has led ritual and magic workshops throughout North America. Her graduate work in medieval studies has given her deep insight into ancient spells, making her work unique in the field. She is the author of The Book of Kitchen Witchery, The Book of Witchy Wellbeing, and The Modern Wiccan's Guide to Living, all published by CICO Books. She blogs at yourmagicalhome.blogspot.com and lives in San Francisco, CA.



also available The Book of Kitchen Witchery ISBN: 978-1-78249-372-3 \$19.95 (priced higher in Canada)

Tea has amazing magical and healing properties, making it an essential in every witch's life. With brews to empower and functional benefits to improve wellbeing, the beautifully illustrated and practical Wiccan Teas & Brews is a treasury of witchy wisdom and wellness. Join bestselling author Cerridwen Greenleaf and her years of spellcraft and experience to discover your own mug of magic. You will learn how to brew up teas, digestives, tisanes, tonics, tinctures, and many other enchanting concoctions that can be created right at home. Nurture through nature with nourishing recipes, essences, and infusions. Create celebratory brews for the sabbats and everyday rituals. And finding magical spells in a cup for love, luck, and beyond will be a constant source of delight. For comfort, inspiration, remedy, and divine magic, it's time to reach for the cauldron and the kettle!

• Due to the increased focus on tea's health benefits, tea is one of the fastest growing segments of the beverage industry and the second most consumed beverage in the world behind water. (*World Tea News*, March 2022)

• "Taking cues from traditional witchcraft, alternative wellness has fast become one of the most popular self-care trends online at WitchTok." (Vogue UK, July 2020)

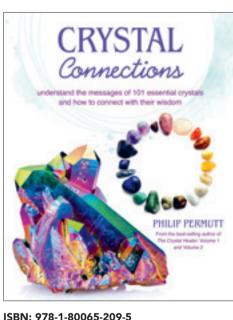
• Cerridwen Greenleaf is the author of The Book of Kitchen Witchery (ISBN 978-1-78249-372-3). which has sold over 16,000 copies.

• The author is based in El Cerrito, CA 94530.





Crystal Connections



144 pages (FSC paper) | 200 color

Carton quantity: 30

Publication: April 2023

51999

PHILIP PERMUTT,

Spanish, and Japanese.

photographs & artworks $|7\frac{1}{2} \times 9\frac{1}{4}$ in

described by the Daily Mail as "Britain's

thirty years ago after a severe illness. He

has been practicing ever since as a crystal

many internationally acclaimed bestselling

healer and teacher. He is the author of

books, which have been translated into

Chinese, Dutch, Finnish, French, Polish,

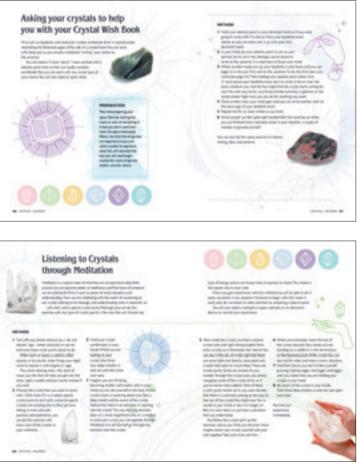
leading crystal expert," discovered crystals

\$19.99 (CAN \$27.99) | paperback with flaps

copies.

• Google searches for "crystal healing" have more than doubled in the past five years, fueled by endorsements from celebrities like Katy Perry, Kate Hudson, and Adele.

Philip Permutt has over 12,000 Facebook followers.



Crystal Chakra Hea

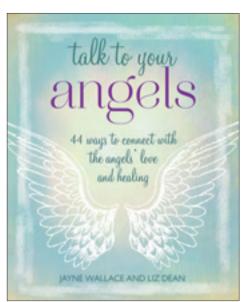
also available: The Modern Guide to Crystal Chakra Healing ISBN: 978-1-80065-105-0 \$19.99 (priced higher in Canada)

Crystals not only heal but also affect how we feel and influence our responses to the wider world. They can support us when we feel down and help to boost our natural abilities when we're doing well or need a helping hand. Crystals improve the quality of our lives. If simply by adding beauty, they make us feel better. *Crystal Connections* is a detailed, accessible, and fully illustrated guide to harnessing the magic of crystals, written by one of the world's leading crystal healers. While there are many books on crystals, this one is directed at communicating and understanding the messages within them. Learn how to recognize and connect with the energy of your crystals, work with them in dowsing, divination, and healing practices, how they relate to chakras, how to cleanse and look after them, and much more. Also included is a full-color crystal finder section featuring 101 of the most common crystals.

• Philip Permutt is a best-selling author: The Crystal Healer: Volume 1 (ISBN 978-1-904991-63-2) has sold over 63,000 copies and The Complete Guide to Crystal Chakra Healing (ISBN 978-1-906525-53-8) has sold over 16,000

CRYSTAL CONNECTIONS | 45

Talk to Your Angels



NEW EDITION

ISBN: 978-1-80065-229-3

144 pages (wood-free FSC paper) 64 color illustrations | 7½ x 9¼ in \$19.99 (CAN \$27.99) | paperback with flaps Carton guantity: 30 Publication: May 2023

51999

JAYNE WALLACE

is the founder of Psychic Sisters, a team of clairvoyants working from her concession at Selfridges department store in London. Jayne has worked as a professional clairvoyant since the age of 17 and has a monthly column in Fate & Fortune. She lives in Essex, UK.

LIZ DEAN

is the author of several tarot decks and books, including the official HBO Game of Thrones Tarot, The Magic of Tarot and The Golden Tarot. Liz's work has been featured in the Daily Mail and the Express online, as well as the magazines Spirit & Destiny, Kindred Spirit, and Fate & Fortune. She lives in Roker, near Sunderland, UK.



also available Prayer Energy ISBN: 978-1-78249-702-8 \$9.95 (priced higher in Canada)

Talk to Your Angels brings you traditional and not-so-traditional ways to meet your angelic guides. Liz Dean and Jayne Wallace unveil the signs of angelic presence and demonstrate the best ways to get closer to these celestial beings, with each tip illustrated by award-winning artist Sarah Perkins. Discover the signs and symbols that let you know your angels are nearby and connect with them using colors, flowers, and crystals to strengthen your connection with the angelic realms. Learn, too, how to ask angels for help with everyday needs and personal challenges such as healing a relationship rift, letting go of the past, and sending healing to loved ones.

• Provides readers with practical, simple ideas, and step-by-step instructions to help them channel their angels.

• As the founder of Psychic Sisters, Javne Wallace has a large and loval following. Her clients include Tracey Emin, Kim Kardashian, Larry King, and Kate Hudson.

• Liz Dean is a best-selling author for CICO: The Art of Tarot (ISBN 978-1-904991-04-5) has sold over 73,000 copies, The Magic of Tarot (ISBN 978-1-78249-721-9) has sold over 20,000 copies, and The Golden Tarot (ISBN 978-1-906094-86-7) has sold over 86,000 copies.

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The Little Book of Astrology

The Little Book of Astrology THE FOWER OF THE FLAMET



ISBN: 978-1-80065-208-8

The Little Book of Astrology includes all the essential information about how the Sun. Moon. Mars, and Venus-the most important heavenly bodies-empower us and help shape our lives. With informative descriptions of the zodiac and celestial ring, how to make sense of the various astrological Houses, the zodiac elements, the modes, planets, plus and minus signs, and colors, as well as concise descriptions of the astrological signs, there is no better way to discover what motivates you in life and how to reveal the key aspects of your inner self. Find out how your rising sign allows you to meet life, how Venus shapes your relationships, how the Moon influences your emotional life, how the Sun's energy provides motivation, and how Mars helps you get what you want. The Little Book of Astrology is the most accessible and convenient way to discover how your fortune is written in the stars.

• Astrology is massively popular and has surged since 2020. According to the BBC, the U.S. "psychic services" market (including astrology) is worth \$2.2 billion.

their star signs.

144 pages (wood-free FSC paper) | 150 color artworks 4½ x 6 in | \$12.99 (CAN \$17.99) hardcover Carton quantity: 48





also available: Be Your Own Astrologer ISBN: 978-1-78249-655-7 \$9.95 (priced higher in Canada)



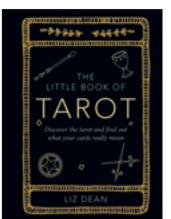
To place an order fax 856-824-2286

• Google searches for horoscopes have doubled since 2010 and over 90% of people know

• Astrology is a bestselling subject for CICO: Be Your Own Astrologer (ISBN 978-1-78249-655-7) has sold nearly 10,000 copies and Heavenly Bodies Astrology (ISBN 978-1-78249-931-2) has sold over 18,000 copies.

THE LITTLE BOOK OF ASTROLOGY | 47

The Little Book of Tarot



ISBN: 978-1-80065-186-9

144 pages (matt art paper) 150 color artworks 4½ x 6 in | \$12.99 (CAN \$17.99) hardcover Carton guantity: 48 Publication: January 2023

51299

LIZ DEAN is the author of several tarot decks and books, including the official HBO Game of Thrones Tarot, The Magic of Tarot, and The Golden Tarot. Liz's work has been featured in the Daily Mail and the Express online, as well as the magazines Spirit & Destiny, Kindred Spirit, and Fate &

Fortune. She lives in Sunderland, UK.



also available Understanding Tarot ISBN: 978-1-78249-725-7 \$14.95 (priced higher in Canada)

The tarot is a secret system of symbols that has been used for almost six hundred years and is becoming increasingly popular today as people look for meaning and reassurance in our ever-changing and chaotic world. This form of spiritual counsel can be used to seek answers to life's key questions: "Will I find success in my chosen career?", "Will I find true love?", "What does the future hold?", and "Will I be happy?" This book empowers the reader by revealing the knowledge that each card brings, and how every reading can give a dynamic understanding of events, personalities, and relationships. With sample readings and concise interpretations, tarot expert Liz Dean gives you the confidence to approach the cards holistically. Freed from concentrating solely on the meaning of individual cards, you will begin to see them as a story or journey of life that gives you a clear picture of the past, present, and future.

• Liz Dean is a best-selling author for CICO: The Art of Tarot (ISBN 978-1-904991-04-5) has sold over 73,000 copies, The Magic of Tarot (ISBN 978-1-78249-721-9) has sold over 20,000 copies and The Golden Tarot (ISBN 978-1-906094-86-7) has sold over 86,000 copies.

• Tarot's popularity is on the rise—with card sales up 50 percent in recent years, 8.5m #tarot results on Instagram on an average day, and witch influencers gaining huge audiences. (Vogue UK, Sept 2020)

• This gift book format is a bestseller for CICO.



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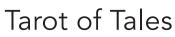
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ISBN: 978-1-80065-199-9

Boxed set with 78 color cards and 176-page paperback book $(4\frac{1}{3} \times 7 \text{ in})$ with 78 color artworks Box: 4⁷/₈ x 7⁵/₈ x 2¹/₂ in | \$39.99 (CAN \$55.99) Carton quantity: 8

Publication: March 2023



MELINDA LEE HOLM

is a highly inspirational writer, tarot reader, and educator. She has read tarot on camera for GZA and has been featured in Vogue, InStyle, WWD, Condé Nast Traveler, and the Hollywood Reporter. Melinda is also the creator of Melinda Lee Holm Beauty, a line of products formulated around magickal ingredients. She is the author of *Elemental Power Tarot* and Your Magickal Year, both published by CICO Books. She lives in Los Angeles. Learn more at melindaleeholm.com.

48 | THE LITTLE BOOK OF TAROT

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Folk tales have brought us invaluable lessons on life for thousands of years. With *Tarot of Tales*, veteran tarot reader and author **Melinda Lee Holm** and illustrator **Rohan Daniel Eason** invite you into their magickal world of art and prose where your readings become personalized fairy tales told by the cards in narrative form. The meaning of each card is told in five different wavs—one for each of five possible positions given in the accompanying full-color guidebook. Lay out the cards, find the corresponding passage for each card and position, and link them together to read the tale told to you by the Tarot. Presented in their own compact box for easy storage, the 78 cards provide richly detailed illustrated scenes that allow you to step inside your own personal storybook, one that changes to bring you the wisdom you need when you need it. Tarot is a language: let it tell you your story.

• Stunningly presented boxed set with 78 individually illustrated tarot cards in their own compact box and a full-color accompanying 176-page

guidebook-the same boxed format as *Heavenly Bodies* Astrology (ISBN 978-1-78249-931-2), which has sold over 18,000 copies.

> • Elemental Power Tarot (ISBN 978-1-78249-922-0), also by Melinda Lee Holm, has sold over 13,000 copies.

• Melinda Lee Holm's press coverage includes features in the LA Times, Vogue, and InStyle, and she is a favorite of celebrities such as Brie Larson and Aimee Mullins.



TAROT OF TALES | 49

Magical Self-Care Tarot



ISBN: 978-1-80065-231-6

Spirit

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ealth, Body, Mind,

Boxed set with 78 color cards & 64-page paperback book (55/16 x 63/10 in) with 78 color artworks | Box: $5\frac{1}{2} \times 6\frac{7}{8} \times 1\frac{1}{2}$ in \$22.99 (CAN \$31.99) Carton quantity: 20 Publication: June 2023



LEAH VANDERVELDT

is a tarot reader and breathwork guide. With her intuitive sessions, she aims to help others connect to their magic-the unique strengths, inner wisdom, and energy that make up each of us. Leah is the author of Magical Self-Care for Everyday Life, published by CICO Books, First-time Vegan, The CBD Kitchen, and The New Porridge, all published by Ryland Peters & Small. Leah lives in New Orleans with her husband and two daughters. Find Leah on Instagram @leah.vanderveldt.



also available Be Kind ISBN: 978-1-80065-037-4 \$19.99 (priced higher in Canada)

To place an order fax 856-824-2286

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Dudla

will find a self-care action, an associated keyword, a spell, and an astrological association and modality explanation for each card. With spreads for energetic support, reparenting, clarity, and elemental and inspired action, discover how to use the tarot for self-care. Whether you're looking for direction, support, or a way to deepen your self-care practice and add a little more magic to it, this deck can help.

- "Mainstream stores like Urban Outfitters and Marshalls are selling [tarot] decks alongside boutique clothing stores, and many fashion magazines include tarot readings." (Washington Post, Oct 2021)
- Millennials, perhaps more than most, recognize the importance of self-care: on Instagram, there are around 18 million posts tagged #selfcare.
- Leah Vanderveldt lives in New Orleans, LA.

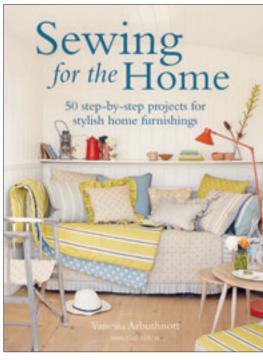


The Moon XVIII

The Christ VII



Sewing for the Home



ISBN: 978-1-80065-206-4

224 pages (FSC paper) | 450 color photographs & artworks | 8¹/₈ x 10⁷/₈ in | \$24.99 (CAN \$31.99) paperback with flaps Carton quantity: 26 **Publication: February 2023**



VANESSA ARBUTHNOTT

runs her own very successful fabric business. The collections share Vanessa's signature gentle colors and include useful coordinates such as stripes, spots, and floral prints. She lives in the Cotswolds, UK.

GAIL ABBOTT

is a home stylist and writer whose work regularly appears in magazines. She is the author of several books including Blue and White Style, Living with Light, and Living with White, all published by CICO Books.



also available: Sewing Know-How ISBN: 978-1-80065-114-2 \$16.99 (priced higher in Canada)

To place an order fax 856-824-2286

Covering everything from simple pillows to upholstered chair covers, this inspiring guide shows you how to transform your living spaces with 50 stylish sewing projects. The projects range from a lampshade for the novice stitcher, through to lined drapes with an array of different headings and blinds, as well as bed afghans and table linen. There is also a chapter on accessories, which includes projects such as a cook's apron, a tote bag, and tablemats-all great starting points if you want to brush up on your skills before tackling a larger project. Before you begin, designer Vanessa Arbuthnott explains how each of her collections was developed and provides plenty of guidance on selecting fabrics, using color, and accurate measuring and cutting. Whether you're an expert crafter or are just starting out, *Sewing for the Home* includes all the know-how you'll need to create stunning and unique home furnishings and decorations.

• The pandemic prompted a boom in people wanting to update their home with DIY craft and design projects. An estimated 25.5 million U.S. households (20% of households) participate in home sewing.

• Home sewing allows you to create one-of-a-kind pieces and offers an alternative to expensive and unsustainable mass-produced furnishings.

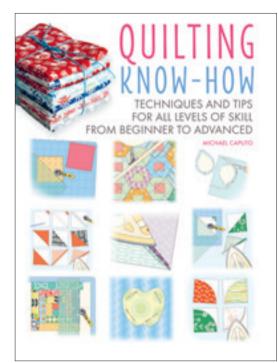
• Includes step-by-step tutorials, perfect for complete beginners as well as experienced sewers who want to expand their skills.



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SEWING FOR THE HOME | 51

Quilting Know-How



ISBN: 978-1-80065-190-6

96 pages (FSC paper) | 250 color photographs & artworks | 81% x 10% in | \$16.99 (CAN \$23.99) paperback with flaps Carton quantity: 30 Publication: February 2023



MICHAEL CAPUTO

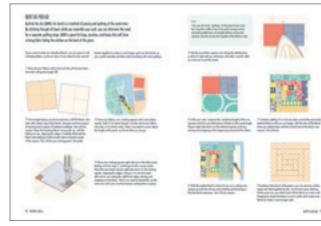
was introduced to quilting by his mother, a keen quilter, and has taught quilting at the Institute in Finchley, at Ray Stitch in London, UK, and at shops and exhibitions in the States. He is designs and makes quilts for magazines, fabric manufacturers, friends, and family. He also designs and engineers pop-up books for children, and enjoys knitting and cross-stitch. Michael is based in in Jersey City, NJ, with his wife and son.



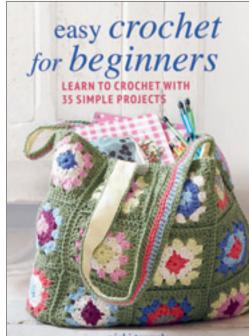
also available: Knitting Know-How ISBN: 978-1-78249-827-8 \$14.95 (priced higher in Canada) Whether you would like to learn new patchwork and guilting skills or want to take up this flourishing craft for the first time, you'll find all the techniques you'll need in this essential guide. Step-by-step instructions and easy-to-follow artworks show you how to master everything from accurate cutting and using templates, to sewing curves and English paper piecing. If you are a beginner, the first chapter takes you through all the basic tools and equipment you'll need, such as a sewing machine, curved pins, and a rotary cutter. For more experienced quilters, tips on perfect pressing, hand stitching, and reverse appliqué will help you achieve a professional finish. Whatever your skill level, Quilting Know-How is the ideal reference handbook to keep by your side, helping you to build your confidence and abilities so that you can create stunning projects.

- All the patchwork and quilting techniques you need in one book, from basic piecing and sewing to advanced skills.
- Patchwork guilts are part of the homespun "cottagecore" aesthetic trending on TikTok and Instagram.
- Using up scraps of fabrics to make guilts is an eco-friendly way to craft.
- Knitting Know-How (ISBN 978-1-78249-827-8) has sold over 9,000 copies, and Crochet Know-How (ISBN 978-1-78249-829-2) has sold over 24,000 copies.





Easy Crochet for Beginners



nicki trench

ISBN: 978-1-80065-183-8

128 pages (FSC paper) | 100 color photographs 81/8 x 107/8 in | \$19.99 (CAN \$26.99) paperback with flaps Carton quantity: 26 **Publication: January 2023**



NICKI TRENCH

is a bestselling author and crafter. She teaches, lectures, and writes features on knitting, crochet, sewing, cake decorating, and hen keeping. Her recent books include Cute & Easy Crochet with Flowers, Crochet Stashbusters, and Learn to Crochet, all published by CICO Booksvisit her website at www.nickitrench.com to see more. Nicki is based in East Sussex, UK.



also available Cute & Easy Crochet with Flowers ISBN: 978-1-80065-116-6 \$19.99 (priced higher in Canada)

Nicki Trench, one of the leading figures in the revival and promotion of home crafts, has designed a series of patterns that will guide you from the initial crochet stitches to producing beautiful projects incorporating a wide range of techniques. Starting you off is the Crochet Know-How section, which explains all the stitches with clear step-by-step artwork and instructions. Next, there are three chapters packed with patterns to improve your skills. In Starting Out, you will find projects such as a simple springtime afghan and a pretty hat for a toddler, which you'll find amazingly easy and quick to create. Once you've mastered these, Practice Makes Perfect provides more of a challenge. Whip up some cute gifts for babies and young children, including bibs and blankets, or treat yourself to a pair of gloves in soft light-worsted yarn and a chunky seashell scarf to keep you warm on cold mornings. Finally, Confident Crocheting has more advanced patterns, ranging from a family of adorable dolls to a cherub dress with decorative picot stitching.

• Perfect for beginners and more experienced crocheters alike as there are three different skill levels.

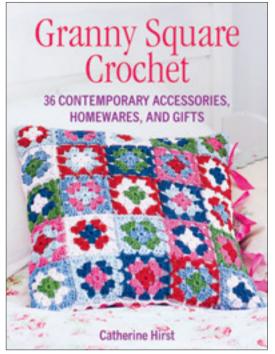
• The crochet know-how section includes all the stitches and techniques vou'll need.

• Nicki Trench's Cute & Easy Crochet with Flowers (ISBN 978-1-78249-067-8) has sold 5,000 copies.





Granny Square Crochet



ISBN: 978-1-80065-228-6

128 pages (FSC paper) | 100 color photographs & 40 color artworks | 81/8 x 107/8 in \$19.99 (CAN \$26.99) | paperback with flaps Carton quantity: 26 Publication: May 2023



CATHERINE HIRST

was taught crochet at a young age by her grandmother and took to it immediately. She guickly learned to knit and embroider as well, and has been hand-making clothing, accessories, and gifts ever since. Her first book, Teeny Tiny Crochet, is also published by CICO Books. Catherine is based in London, UK.



Contemporary Crochet ISBN: 978-1-80065-132-6 \$19.99 (priced higher in Canada) Versatile and easy to make, the granny square is the ideal starting point for many people when they first learn to crochet. In Granny Square Crochet, crochet teacher Catherine Hirst presents 35 projects which show how this traditional block can be updated and used in many different ways. The first chapter has more than a dozen projects for the home, ranging from a blue-and-white mug cozy that can be made in less than an hour to a stunning bed cover. There are pillow and seat covers to brighten up your living room, as well as placemats and a runner for your table. The second chapter has some beautiful accessories, including gloves, a scarf, bags, and even a dog coat to keep your pets warm in winter. The third chapter has a great range of patterns to make as gifts for children and babies, such as blankets, bibs, hats, and toys. Each project is graded according to the level of skill required, and there is a comprehensive basic techniques chapter explaining all you need to know.

• Crochet exploded in popularity during the pandemic, with many people taking it up for the first time. Crochet was one of the top trends of summer 2022, with crocheted tops, dresses, skirts, and accessories appearing in high-street shops and at major fashion brands.

- A comprehensive basic techniques chapter explains all you need to get started, and clear instructions make all the projects easy to complete.
- Catherine Hirst is a well-established crafts teacher who brings an exciting, modern approach to crochet.





Easy Knitting for Beginners



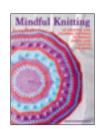
ISBN: 978-1-80065-197-5

128 pages (FSC paper) | 100 color photographs 81/8 x 107/8 in | \$19.99 (CAN \$26.99) paperback with flaps Carton quantity: 26 Publication: March 2023



FIONA GOBLE

is the author of several bestselling knitting books, including Knitted Animal Socks and Hats, Knit Your Own Dolls, Knitted Animal Nursery, Knitted Animal Cozies, and Knitted Animal Scarves, Mitts, and Socks, as well as Learn to Knit, Scarves and Cowls, Beanies and Other Knitted Hats, and My First Animal Knitting Book, all published by CICO Books. Fiona lives just outside London, UK, with her husband and student son.



also available Mindful Knitting ISBN: 978-1-80065-154-8 \$19.99 (priced higher in Canada)

Learn how to knit by working through these adorable projects by experienced knitter and author, **Fiona Goble**. The handy Tools and Materials chapter will teach you every stitch you'll need, all illustrated with helpful artworks, so even beginners will be able to pick up a pair of needles and get started. The projects are also grouped by skill level: Getting Started, Getting Better and Now You Are Really Good. In the first chapter, you'll find out how to make a cute cozy for your phone, a pretty heart garland to decorate your room, and a striped pillow cover. Moving on to the next level, there are sweet woodland-themed key rings and simple table mats, as well as larger projects, such as the hot water bottle cozy and the book cover. Finally, try the patterns that are aimed at more experienced knitters, ranging from a delicate tea light shade and a draft excluder to a backpack and a throw. With easy-to-follow instructions and helpful tips throughout, you're bound to want to knit all of these projects, both for yourself and as gifts for friends.

• Perfect for beginners and more experienced knitters alike as there are three different skill levels.

• The knitting know-how section includes every stitch and technique you'll need.

• Fiona Goble is a bestselling author for CICO: *Knitted Animal Scarves*, Mitts, and Socks (ISBN 978-1-78249-252-8) has sold over 20,000 copies.



tripy throw





Beanies and Other Knitted Hats



ISBN: 978-1-80065-202-6 128 pages (FSC paper) | 120 color photographs & illustrations | 71/2 x 91/4 in \$19.99 (CAN \$26.99) | paperback with flaps Carton guantity: 30

Publication: April 2023



FIONA GOBLE

is the author of several bestselling knitting books, including Knitted Animal Socks and Hats, Knit Your Own Dolls, Knitted Animal Nurserv, Knitted Animal Cozies, and Knitted Animal Scarves, Mitts, and Socks, as well as Learn to Knit, Scarves and Cowls, Easy Knitting for Beginners, and My First Animal Knitting Book, all published by CICO Books. Fiona lives just outside London, UK, with her husband and student son



also available Knitted Animal Hats ISBN: 978-1-80065-031-2 \$19.99 (priced higher in Canada)

Walk down any street and count the number of beanies and bobble hats you see-they are everywhere, not only on cold winter days but as a fashion statement to be worn throughout the year. In this book, Fiona Goble has designed 36 fun hats for you to make for yourself or your friends. With great yarns and color combinations, and styles ranging from a fair-isle border beanie to a pixie pompom hat, you are sure to stand out from the crowd. There are hats for men, women, and kids, including hoods, headbands, and even a knitted crown. Many of the projects are quick and easy to knit, and only use a couple of balls of yarn.

- Fiona Goble is the best-selling author of Knitted Animal Scarves, Mitts, and Socks (ISBN 978-1-78249-252-8; 20,000 copies sold).
- The pandemic sparked a huge revival in knitting, as many people sought out a relaxing and mindful hobby. LoveCrafts reported a 166% jump in orders, and market research firm Mintel found that younger consumers were driving sales of varn.
- Beanies and bobbles are everywhere-now readers can make their own, combining fashion with craft.
- The book will appeal to the new generation of enthusiastic young knitters.



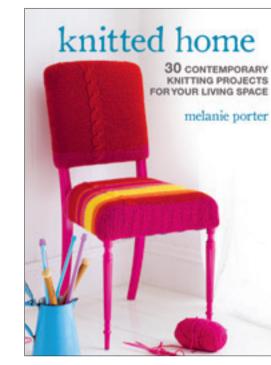
Self-striped slouchy beanie

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Knitted Home



ISBN: 978-1-80065-184-5

128 pages (FSC paper) | 100 color photographs & 25 color artworks | 81/8 x 107/8 in | \$19.99 (CAN \$26.99) | paperback with flaps Carton guantity: 26 Publication: January 2023

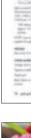


MELANIE PORTER

is a graduate of the prestigious Central Saint Martin's College in London, UK. She spent 10 years working as a knitwear designer for several international fashion houses before creating her eponymous design studio in 2008, bringing her colorful, craft-based style to homewares. From fairy lights embellished on a spinning wheel to bespoke upholstered furniture, her signature fun-filled style has drawn the attention of clients and press all over the world. She lives and works in London, UK with her husband and two children



also available **Crocheted Home** ISBN: 978-1-78249-895-7 \$19.95 (priced higher in Canada)





All of the projects in *Knitted Home* are easy to make and will inject style and color into your interiors. There are three color schemes to choose from—blues and greens in Cool Collection; reds, oranges, and yellows in Hot Ideas; and whites, creams, and grays in Pale Palette-so there is something for all tastes. You can start with smaller projects, such as the bolster pillow cover, flower vase cozy, or striped clock cover, then move on to something a little larger, such as the rope knit basket, chunky knit rug, or covered footstool. With a comprehensive techniques section. you'll discover how to use giant knitting needles and how to measure furniture for a knitted cover, as well as all the basics of knitting, so even beginners can try their hand at these fabulous ideas.

• The book taps into the trend of varn-bombing—it's guerilla knitting for the home.

• The projects also tie into the maximalist decor trend, which is all about color and pattern, as well as the trend for upcycling by showing you how to update chairs, vases, or lampshades with knitted covers.

• There's an excellent techniques section for beginners and experienced knitters alike.





raft

KNITTED HOME | 57

Cute & Easy Baby Knits



raft

128 pages (FSC paper) | 200 color photographs & artworks | 81% x 10% in | \$19.99 (CAN \$26.99) paperback with flaps Carton quantity: 26

Publication: June 2023



SUSIE JOHNS

graduated from the Slade School of Fine Art and worked as a magazine editor for 11 years, specializing in crafts, cookery, and gardening, before going freelance in 1996. Since then, she has written books on a variety of creative subjects including photo craft, jewelry making, collage, sewing, knitting, and crochet, and has contributed regular features for magazines. Susie is a qualified teacher and has run workshops in watercolors, beadwork, crochet, and knitting. She is based in London, UK.



also available: 35 Knitted Baby Blankets ISBN: 978-1-78249-889-6 \$16.95 (priced higher in Canada)

Learn how to make beautiful garments and accessories for babies and toddlers, from booties and hats for newborns to a textured tunic sweater and a pretty skirt. **Susie Johns**, an author of more than 30 books, shows you how to make 25 patterns that can be knitted by beginners as well as more experienced crafters. You'll find out how to create practical items that are certain to be a hit, such as a blanket with a ribbed border or a drawstring bag to store toys, as well as a teddy bear and bunting with bells that will jingle above a baby's bed. Illustrated with clear step-by-step artworks, the knitting know-how chapter guides you through all the techniques you will need, from simple knit and purl stitch to delicate detailing effects and eye-catching features.

- According to knitting brand Wool and the Gang, there are more than 53 million knitters in the USA.
- This collection of knits for 0–3 year olds aims to simplify knitting and make the projects accessible to beginners.
- The helpful "Knitting Know-How" section provides a comprehensive guide to all the stitches you will need.





Essential Origami



ISBN: 978-1-80065-205-7

64 pages (FSC paper) plus 250 sheets of origami paper | 6 x 6 in \$14.99 (CAN \$17.99) paperback Carton quantity: 24 Publication: February 2023



MARI ONO

is an expert in origami and all forms of papercrafts. Born in Japan, she has lived in the UK for many years with her artist husband, Takumasa, where they both work to promote Japanese arts and crafts. Her previous books include the bestselling Origami for Children, as well as Origami Farm, How to Make Paper Planes, Dinogami, Wild and Wonderful Origami, and Origami for Mindfulness, all published by CICO Books.



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also available: Mindful Japanese Origami ISBN: 978-1-80065-153-1 \$14.99 (priced higher in Canada) Origami is known to have therapeutic effects: the focus required for the folds naturally encourages a state of mindfulness, while completing a model brings a sense of joy and satisfaction. This collection of 15 projects will introduce you to this healing, creative craft. The 64-page book guides you through basic folding techniques and then provides clear, step-by-step instructions to make the projects, which include a box, starfish, tree, flower basket, and boat—all beautiful creations for your own home or to give as gifts. The paper block provides 250 sheets of traditional origami paper, including a range of stunning patterns, so you can begin making beautiful projects straight away.

• Part of a bestselling series: in the same format, *Japanese Origami* (ISBN 978-1-78249-795-0) has sold over 12,000 copies.

• *Origami for Children* (ISBN 978-1-90652-580-4) by the same author has sold over 105,000 copies.

• No expensive tools are required for origami—just paper, which is included



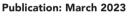


Craft

Foraged & Recycled Art



ISBN: 978-1-80065-207-1 128 pages (FSC paper) | 300 color photographs & artworks | 81% x 10% in | \$19.99 (CAN \$26.99) paperback with flaps Carton quantity: 26





CLARE YOUNGS

studied graphic design and has worked in packaging design, illustration, and book jacket design. Her other books include Creative Book Art, A Year in Crafts, Color Yourself to Happiness, Book Art, Mobile Art, Wall Art, Make Your Own Woodland Creatures, Letter Art, and Folk Art Needlecraft (all published by CICO Books). She is based in Kent, UK. See more of her work on Instagram: @clareyoungs.



also available Creative Book Art ISBN: 978-1-80065-118-0 \$24.99 (priced higher in Canada) With ideas for makes from gifts and stationery to homewares and decorations, this collection shows you how to craft innovative projects from foraged and upcycled materials. The 35 designs include a festive gilded leaf garland, pretty seedpod coasters, floral paper bags, and an appliqué wall hanging. Expert maker **Clare Youngs** guides you through all the techniques you'll need, showing you how to use a wide range of materials including fabric and paper off-cuts as well as natural elements such as twigs, flowers, and pebbles. With just a few inexpensive supplies and tools to get you started, you'll soon be making beautiful works of art and developing your creativity while being kind to the planet.

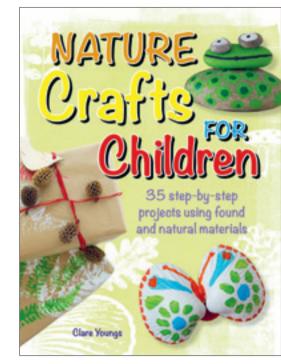
- Clare Youngs has 139k followers on Instagram.
- Offers a sustainable and eco-friendly way to craft: all of the projects are made from foraged or recycled materials. Research commissioned by the World Wide Fund for Nature shows a 71% rise in searches for sustainable goods over the past five years.
- Crafting soared in popularity during the pandemic and is a mindful and anxiety-reducing pastime.







Nature Crafts for Children



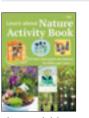
ISBN: 978-1-80065-195-1

128 pages (FSC paper) | 150 color photographs 81/8 x 107/8 in | \$16.99 (CAN \$23.99) paperback with flaps Carton quantity: 30 **Publication: February 2023**



CLARE YOUNGS

has loved making beautiful handcrafted objects since childhood. She studied graphic design and went on to work in packaging for a number of high street stores, including Marks & Spencer and House of Fraser. Clare has since worked in illustration and book jacket design before deciding to turn her attention to craft full time. Her other books include *Creative* Book Art, The Mindful Maker, and A Year in Crafts, all published by CICO Books. She lives in Kent, UK. See more of her work on Instagram @clareyoungs.



also available: Learn About Nature Activity Book ISBN: 978-1-80065-094-7 \$16.99 (priced higher in Canada)





To place an order fax 856-824-2286

Designed with the environment in mind, this brilliant collection of craft projects will keep kids entertained for hours. It features decorations, toys, jewelry, gifts, and more, every one of them incorporating natural materials-woodland folk are created from pinecones and seed pods, a length of bark is the base for an animal painting, and a piece of slate is transformed into a pretty brooch or badge. The fun ideas range from bark rubbings for budding artists to herb head flowerpots for junior gardeners and are sure to give kids the creative bug. Best of all, finding the project materials encourages kids to get outside! They can gather shells on the beach to make the shell mice or collect leaves and twigs on a countryside walk to make a printed fox wall hanging. Even their own backyard will become an exciting source of crafty materials.

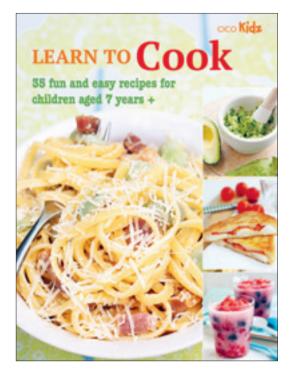
• Nature preschools (also known as forest schools) have more than doubled in the US in the last three years, according to a report from the Natural Start Alliance, a project of the North American Association for Environmental Education.

• Clare Youngs has 140k followers on Instagram and has illustrated a number of children's books, increasing her profile in children's

• The focus on natural and found materials, as well as recycling and reusing, encourages sustainability.

NATURE CRAFTS FOR CHILDREN | 61

Learn to Cook



ISBN: 978-1-80065-188-3 128 pages (FSC paper) | 300 color photographs & artworks | 81/8 x 107/8 in | \$16.99 (CAN \$23.99) paperback with flaps Carton quantity: 26 **Publication: January 2023**



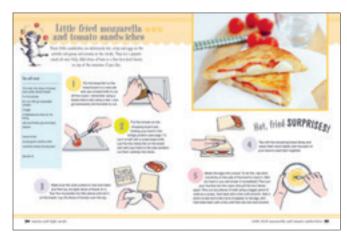


also available Learn to Bake ISBN: 978-1-80065-058-9 \$16.99 (priced higher in Canada) With 35 comprehensive recipes and a helpful techniques section. *Learn* to Cook will teach kids how to prepare a variety of foods, from sandwiches and party snacks to simple dishes for breakfast, lunch, and dinner—there's even a range of lip-smacking desserts! The book starts out with Snacks and Light Meals, where you and your child can make delicious pizza toasts and homemade buttermilk pancakes, as well as nutritious soups and salads. Then there are Proper Meals, such as the oven-baked herby burgers, a comforting pea and parmesan risotto, and even a roast chicken, which is sure to impress any guests. Get your fruit fix with the peach and mascarpone dessert or the raspberry affogato in the Desserts chapter. There are also quick and fun ideas in Party Food, such as chocolate-dipped strawberries and giant cheese straws. Every dish has step-by-step artworks to guide you and your child, plus a skill level so you can start with quick and easy dishes and move on to more challenging recipes as you become more confident.

• Teaches children (aged 7 years and up) basic cooking skills in a fun way.

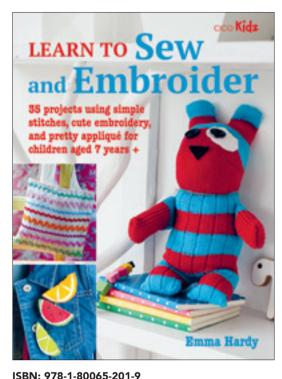
• With plenty of step-by-step photographs for children to follow and fun, tasty recipes that they'll love to make, this is an invaluable book to help parents teach their little ones lifelong, practical kitchen skills.

• Part of the CICO Kids "Learn" series, which includes Learn to Bake, Learn to Play Chess, Learn about Space and Planets, and Learn about Nature Activity Book.





Learn to Sew and Embroider



128 pages (FSC paper) | 250 color illustrations &

photographs | 81% x 10% in | \$16.99 (CAN \$23.99)

is a stylist and designer who has worked on various lifestyle and interiors magazines. Her previous books include Making Children's Clothes, Green Crafts for Children, and Sewing for Children, all published by CICO Books. Emma is based

paperback with flaps

51699

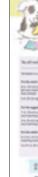
EMMA HARDY

in London, UK.

Publication: March 2023

Carton quantity: 26







also available Learn to Crochet ISBN: 978-1-80065-129-6 \$16.99 (priced higher in Canada)

To place an order fax 856-824-2286

Pick up this book and you'll soon be a sewing whiz, using a wide variety of hand stitches and learning how to sew on a zipper, attach buttons, embroider, and appliqué. In Jewelry and Accessories, you can make adorable watermelon slice brooches or a fun raccoon scarf, while Toys and Dolls features a fake fur teddy bear that would make a great aift-he's so sweet, though, that you might want to keep him for yourself! Next is Stationery and Storage, which makes being organized fun—vou'll be the star of your class with the monster pencil case and the customized tote bag to carry your books in. Finally, in Gift Ideas, you can learn some beautiful embroidery stitches with the monogrammed pillowcase, or surprise a friend for their birthday with some personalized bunting. All of the projects have simple step-by-step artworks to guide you, plus a clearly marked skill level so that you can start with the easier projects and move on to more challenging crafts as you become a more confident stitcher.

• Teaches children (aged 7 years and up) the basics of sewing in a fun way.

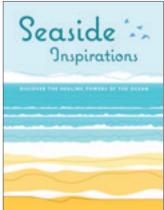
• Features clear, comprehensive instructions and adorable artworks that make all the projects easy for little ones to follow.

• Part of the CICO Kids "Learn" series, which includes Learn to Bake. Learn to Play Chess, Learn about Space and Planets, and Learn about Nature Activity Book.



LEARN TO SEW AND EMBROIDER | 63

Seaside Inspirations



ISBN: 978-1-80065-203-3

144 pages (wood-free FSC paper) | 150 color photographs 4½ x 6 in | \$12.99 (CAN \$17.99) hardcover Carton guantity: 48 **Publication: April 2023**



Humor

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JHD JHD



also available Blue Mind Mantras ISBN: 978-1-80065-034-3 \$9.99 (priced higher in Canada)

"When I sit here by the sea and listen to the sound of waves, I feel free from all the obligations and people of the world." Henry David Thoreau

Beach vacations are the most popular among the majority of travelers, with more than half taking a trip to the coast. Nearly all of us are drawn to the tranguil allure of the deep ocean. The sea calms and soothes us, and scientific research even seems to indicate that being near water can decrease stress and anxiety, while increasing overall wellbeing and happiness. This beautiful collection of inspiring quotations and stunning photography will delight the avid sunseeker and armchair traveler alike. Whether you are on vacation, planning time away, or simply want to enjoy the lulling influence of the sea, Seaside Inspirations is a rich source of peace, wisdom, calmness, and tranguility.

• Beach vacations are consistently among the most popular in the US, favored by 40-50% of travelers.

• Ideal for coastal gift stores.

• A beautiful book for anyone who loves beaches or the sea.





My life is like a stroll upon the beach, as near to the ocean's edge as I can go. Brey David Damas



Gardening

find peace and calm in

your outdoor spore

ISBN: 978-1-80065-198-2

144 pages (wood-free FSC

Publication: March 2023

hardcover

Carton quantity: 48

51299

paper) | 100 color photographs

41/2 x 6 in | \$12.99 (CAN \$17.99)

When you devote time and energy to growing plants and flowers, it is richly rewarding; in doing so, you care for nature and the planet, as well as create a beautiful space. This book celebrates the joy of doing just that, with a carefully curated selection of quotes and inspirational photography, as well as advice and simple suggestions on nurturing your own outdoor space, no matter how big or small. Quotes include:

"To nurture a garden is to feed not just the body, but the soul."-Alfred Austin

"Life begins the day you start a garden."-Chinese proverb

· Gardening has been shown to improve physical and mental health.

• According to a survey in 2021, nearly 76% of millennials planned to expand their gardens and plant more in 2022: "Millennials see gardening as more than just a hobby, it's an extension of their home and a chance to enhance outdoor living space." (Greenhouse Product News, Oct 2021)

• Follows on from the success of CICO's Mindful Walking (ISBN 978-1-80065-088-6).





also available: Mindful Walking ISBN: 978-1-80065-088-6 \$9.99 (priced higher in Canada)

Mindful

Walking



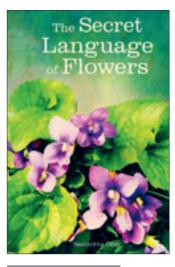
"When I go into the garden with a spade and dig a bed. I feel such an exhilaration and health that I discover that I have been defrauding myself all this time in letting others do for me what I should have done with my own hands."—Ralph Waldo Emerson





All day, free, happy, alone under the heavens. I could wander at will through that lovely

The Secret Language of Flowers



NEW EDITION

Humor

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ISBN: 978-1-80065-193-7

128 pages (FSC paper) 60 color artworks | 4³/₄ x 7¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton guantity: 52 **Publication: February 2023**

51699

SAMANTHA GRAY

is the author of a number of books for children and adults, including The Faerie Book (also published by CICO Books). She has contributed to the Flower Fairy Friends series and worked on a variety of titles, ranging from Magical Moonlight Feast to Primrose's Woodland Adventure. She is based between London, UK, and County Cork, Ireland.



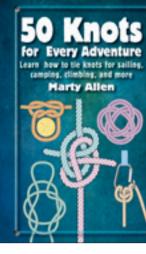
also available Jane Packer Flowers ISBN: 978-1-78879-215-8 \$9.95 (priced higher in Canada) Did you know that the type of flowers you give can speak volumes? The Secret Language of *Flowers* is a fascinating insight into the Victorian tradition of using flowers to convey secret messages in a society where feelings often had to be suppressed. Samantha Gray reveals how over 50 blooms acquired their meanings in folklore and how they became the language of courtship, love, friendship, beauty, and more-discover how lily of the valley symbolizes the return of happiness, how bluebells stand for constancy and everlasting love, and how daffodils represent high regard and chivalry. With stunning illustrations by artist Sarah Perkins that capture all of the beauty of flowers, this is an exceptionally lovely and fascinating gift book.

- This hardcover gift book is beautifully designed and features specially-commissioned illustrations by Sarah Perkins.
- The book is a wonderful gift to say thank you or express your love.
- Publication in time for Mother's Day.





50 Knots for Every Adventure



Be prepared for your next escapade with this handy guide to the world of knots. Included are all the essential knots you need to know, plus more advanced ties, so you'll be all set for whatever you're planning. Find your adventure by location: The Woods, covering all your camping needs; The Sea, for nautical outings both big and small; The Mountains, for all types of climbing and hiking; and Everywhere Else-for the adventure of life! Every knot is accompanied by clear step-by-step instructions and artworks, making this a resource you'll turn to time and time again. Plus, the book comes with two pieces of string so that you can begin mastering the knot techniques right away.

- Comes complete with two pieces of rope.
- The author is based in Brooklyn, NY

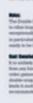
ISBN: 978-1-912983-61-2 96 pages (FSC paper) 200 color artworks | 4³/₄ x 7¹/₄ in \$16.99 (CAN \$23.99) | hardcover Carton quantity: 52 Publication: March 2023



MARTY ALLEN

is a Brooklyn-based renegade crafter, artist, writer, musician, and liker of life. He makes all sorts of things and is an expert tier of knots. Marty is the author of 50 Knots You Need to Know, Build Your Own Fingerboard Skatepark, and Retro Games, all published by Dog 'n' Bone. Visit his website at martystuff.com.

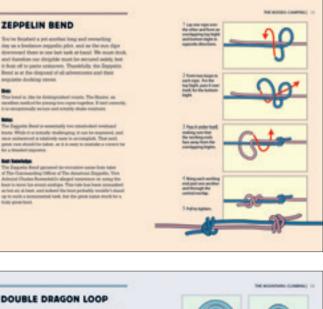


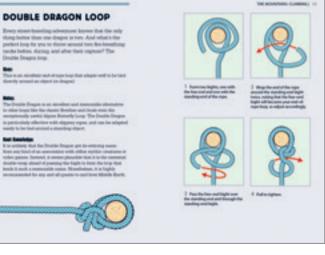


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• Tying a knot is an invaluable skill to have and here you will find all the knots that you may need, whether for sailing, climbing, camping, or general everyday life.

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ISBN: 978-1-912983-62-9

96 pages (FSC paper) 50 color illustrations | 4³/₄ x 7¹/₄ in \$12.99 (CAN \$17.99) | hardcover Carton quantity: 48 Publication: February 2023

51299

ALEXANDRA PARSONS is a writer and editor, until now of some repute. A long publishing career in respectable subjects such as cookery and interior design is now in jeopardy thanks to this dubious collaboration with her alter ego, Emma Royde.



also available: Loo-niversity ISBN: 978-1-911026-83-9 \$9.95 (priced higher in Canada) Did you know that blue whales do the biggest poos on the planet? Their daily deposits can reach up to several yards in length and are often pink in color thanks to a diet of shrimp. Or that when a dog needs to go it will align itself with the north-south axis of the Earth's magnetic poles? And did you know that the average person spends around three years on the toilet over the course of a lifetime? With so much time spent "on the job", it's about time you learned something about the process you are going through. Poo Knew? will tell you amazing facts and trivia about your deposits, such as how the average human produces about 2 pounds of the good stuff every single day, or that the longest dump ever recorded was 26 feet, roughly the same height as a two-story building. After digesting this collection of over 100 fascinating facts, you'll never look at your poo in the same way ever again.

• Books on poo are some of the most frequently requested by gift customers.

• A hilarious gift for those who appreciate toilet humor, making it a perfect stocking filler or gag birthday present.







Drinking Games & Hangover Cures

Fun for the BIG NIGHT OUT and help for the MORNING AFTER



Nothing beats a night on the booze, and what kick starts a party better than drinking games? Yes, they're not big and they're not clever, but they're good fun. This handy guide contains over 25 of the best drinking games around. All you need to do is read the simple rules, grab some friends, and start that fateful journey towards inebriation. BUT... what goes up must come down. So when you're rubbing the sleep out of your eyes and the drool from the corners of your mouth, wishing you'd only played nine holes of Bar Golf rather than the full 18, you'll be thrilled you were smart enough to get yourself this collection of over 25 hangover cures that will have you out of bed and back on your feet in no time. • Ensure your evening is one to remember, though chances are if you lose, you won't recall much of it!

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MARK VALE

is a London-based author, journalist and editor who writes for many different magazines and websites in fields as varied as current affairs, science, culture, sport, and travel.

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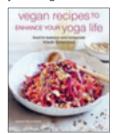


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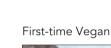


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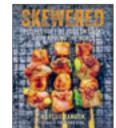


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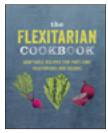








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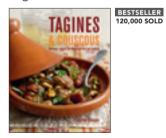
Drink Two's Company ∞ Food



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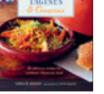
ScandiKitchen Midsommar



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ScandiKitchen Christmas



BRONTË AURELL ISBN: 978-1-78879-025-3 160 pages (wood-free paper) 100 color photographs | 80+ recipes 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton guantity: 20



The Modern Tagine Cookbook



GHILLIE BAŞAN ISBN: 978-1-78879-143-4 144 pages | 60 color photographs 60+ recipes | 611/16 x 81/4 in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



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GHILLIE BAŞAN ISBN: 978-1-78879-439-8 240 pages | c.300 color photographs 100+ recipes | 7% x 10 in | \$30.00 (priced higher in Canada) | hardcover Carton quantity: 10



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70 recipes | 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18



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Cucina Siciliana



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74 | FOOD & DRINK



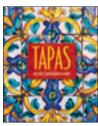








Tapas



ISBN: 978-1-78879-077-2 144 pages | 100 color photographs 63 recipes | 6¹¹/16 x 81/4 in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



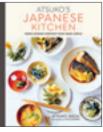
Asian Tapas



ISBN: 978-1-84975-934-2 144 pages | 80 color photographs 60 recipes | 6¾ x 8¼ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



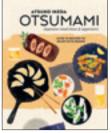
Atsuko's Japanese Kitchen



ATSUKO IKEDA ISBN: 978-1-78879-081-9 192 pages (wood-free paper) 100 color photographs | 75+ recipes 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 18



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Island Poké Cookbook

Drink

8

Food



JAMES GOULD-PORTER ISBN: 978-1-78879-433-6 176 pages (wood-free paper) c.100 color photographs | 65 recipes 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover, decorative quarter-binding Carton quantity: 20



Healthy Vegan Street Food



JACKIE KEARNEY ISBN: 978-1-78879-470-1 208 pages | 300 color photographs 85 recipes | 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 20



Sushi Made Simple

SUSHI

ISBN: 978-1-84975-884-0 60 recipes | 71/2 x 91/4 in | \$21.99 Carton quantity: 20

52199

Real Mexican Food

BEN FORDHAM & FELIPE FUENTES CRUZ

ISBN: 978-1-78879-438-1

in Canada) | hardcover

Carton quantity: 20

Street Food

ISBN: 978-1-78879-216-5

in Canada) | hardcover

Carton quantity: 18

160 pages (wood-free paper) 65+ color photographs | 65+ recipes

71/2 x 91/4 in | \$19.95 (priced higher

144 pages (wood-free paper)

51499

c.100 color photographs | 65+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher



ATSUKO IKEDA 160 pages | 80+ color photographs (priced higher in Canada) | hardcover





Sushi



EMI KAZUKO, FIONA SMITH & ELSA PETERSEN-SCHEPELERN ISBN: 978-1-84597-096-3 128 pages | 100 color photographs 59 recipes | 5% x 6¾ in | \$12.95 (priced higher in Canada) | paperback with flaps Carton quantity: 40



Everyone Loves Tacos



BEN FORDHAM & FELIPE FUENTES CRUZ ISBN: 978-1-78879-434-3 144 pages (wood-free paper) c.80 color photographs | 60+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



Travels with my Spatula



TORI HASCHKA ISBN: 978-1-78879-209-7 144 pages (wood-free paper) 60+ color photographs & illustrations 60 recipes | 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 20



Bistro



I ALIRA WASHBURN HUTTON ISBN: 978-1-78879-282-0 144 pages (wood-free paper) c.80 color photographs | 60+ recipes 6¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Making Artisan Pizza at Home



PHILIP DENNHARDT & KRISTIN JENSEN ISBN: 978-1-78879-426-8 192 pages | c.150 color photographs 90+ recipes | 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 18



ISBN: 978-1-78879-448-0 in Canada) | hardcover Carton quantity: 24



Rice & Grains



KATHY KORDALIS ISBN: 978-1-78879-429-9 160 pages | c.100 color photographs 70+ recipes | 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 18



Pies, Glorious Pies



MAXINE CLARK ISBN: 978-1-78879-237-0 160 pages (wood-free paper) c.80 color photographs | 70 recipes 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 18

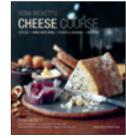


Fire & Slice



128 pages (wood-free paper) c.75 color photographs | 65+ recipes 6¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher





FIONA BECKETT ISBN: 978-1-84975-687-7 176 pages | 130 color photographs 44 recipes | 81/2 x 10 in | \$24.95 (priced higher in Canada) | hardcover Carton quantity: 16











Fiona Beckett's Cheese Course



Craft Pizza



MAXINE CLARK ISBN: 978-1-78879-194-6 160 pages (wood-free paper) 150 color photographs | 65 recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Pasta Perfect



LAURA SANTINI ISBN: 978-1-78879-197-7 176 pages | 80+ color photographs 70+ recipes | 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18



Cheese Boards to Share



THALASSA SKINNER ISBN: 978-1-78879-148-9 160 pages (wood-free paper) 100 color photographs | 25 recipes 71/2 x 91/4 in | \$21.99 (priced higher in Canada) | hardcover Carton quantity: 20



Food Qo Drink

Melted Cheese



ISBN: 978-1-78879-164-9 144 pages (wood-free paper) 100 color photographs | 65+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24

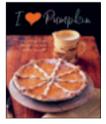




MIRANDA BALLARD ISBN: 978-1-78879-353-7 208 pages (wood-free paper) c.300 color photographs | 90+ recipes 71/2 x 91/4 in \$19.99 (priced higher in Canada) | hardcover Carton quantity: 20



I Heart Pumpkin



ISBN: 978-1-84975-971-7 144 pages (wood-free paper) 100 color photographs | 55 recipes 6¾ x 8¼ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



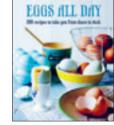
The Red Hot Cookbook



DAN MAY ISBN: 978-1-84975-788-1 160 pages (wood-free paper) 80 color photographs | 60+ recipes 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18







ISBN: 978-1-78879-346-9 160 pages (wood-free paper) c.150 color photographs | 100 recipes 71/2 x 91/4 in \$19.99 (priced higher in Canada) | hardcover Carton quantity: 22



POTATOES

Potatoes

JENNY LINFORD

in Canada) | hardcover

Carton quantity: 20 5 1 9 9 5

ISBN: 978-1-78879-028-4

160 pages (wood-free paper)

100 color photographs | 65 recipes

71/2 x 91/4 in | \$19.95 (priced higher





ΔΑΝ ΜΑΥ ISBN: 978-1-78879-440-4 160 pages (wood-free paper) 120 color photographs | 100+ recipes 611/16 x 81/4 in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24







MAT FOLLAS ISBN: 978-1-78879-210-3 176 pages | 150 color photographs 100+ recipes | 7½ x 9¼ in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18



Piled-high Potatoes



HANNAH MILES ISBN: 978-1-78879-082-6 144 pages | 80 color photographs 55 recipes | 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Cauliflower Power



KATHY KORDALIS ISBN: 978-1-78879-073-4 144 pages | 100 color photographs 60 recipes | 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



The Mighty Chickpea

WIGHTY

-CHICKPEN

The Delicious Book of Dhal



ΝΙΤΙΣΗΔ ΡΔΤΕΙ ISBN: 978-1-78879-150-2 128 pages (wood-free paper) 100 color photographs | 55+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Mushrooms



ISBN: 978-1-78879-425-1 144 pages (wood-free paper) c.75 color photographs | 65+ recipes 6¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



Lemons and Limes

LEMONS AND LIMES

URSULA FERRIGNO

ISBN: 978-1-78879-200-4

5 1 4 9 5

160 pages | 80+ color photographs 75 recipes | 6¹¹/₁₆ x 8¼ in | \$14.95

(priced higher in Canada) | hardcover Carton quantity: 24

JENNY LINFORD

ISBN: 978-1-84975-880-2 160 pages | 80 color photographs 65 recipes | 71/2 x 91/4 in | \$21.95 (priced higher in Canada) | hardcover Carton quantity: 20



Oil & Vinegar



URSULA FERRIGNO ISBN: 978-1-78879-069-7 144 pages | 70 color photographs 77 recipes | 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



78 | FOOD & DRINK











Beans, Peas & Everything In Between

JUST PUBLISHED



VICKY IONES ISBN: 978-1-78879-444-2 160 pages | 70 color photographs 60+ recipes | 611/16 x 81/4 in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



Garlic



JENNY LINFORD ISBN: 978-1-78879-153-3 160 pages (wood-free paper) 80 color photographs | 65+ recipes 7½ x 9¼ in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18



Salt & Pepper



VALERIE AIKMAN-SMITH ISBN: 978-1-78879-122-9 144 pages | 70 color photographs 70+ recipes | 611/16 x 81/4 in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Mortar & Pestle



ISBN: 978-1-78879-349-0 144 pages (wood-free paper) c.100 color photographs | 65 recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



The Magic of Tahini

Inter Street

DUNJA GULIN

ISBN: 978-1-78879-072-7

5149

Party-Perfect Bites

MILLI TAYLOR

ISBN: 978-1-84975-568-9

higher in Canada) | hardcover

52499

Carton quantity: 24

144 pages | 100 color photographs

100 recipes | 71/2 x 91/4 in | \$24.99 (priced

BESTSELLER 15,000 SOLD

128 pages | 90 color photographs 55+ recipes | 611/16 x 81/4 in | \$14.95

(priced higher in Canada) | hardcover Carton quantity: 24

Drink

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LOUISE PICKFORD ISBN: 978-1-78879-359-9 96 pages (wood-free paper) c.50 color photographs | 60 recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



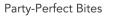


KATHY KORDALIS ISBN: 978-1-78879-382-7 160 pages | 100 color photographs 65 recipes | 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 20







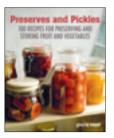




ISBN: 978-1-78879-157-1 144 pages | 100 color photographs 100+ recipes | 611/16 x 81/4 in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



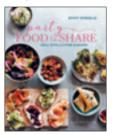
Preserves and Pickles



GLORIA NICOL ISBN: 978-1-80065-030-5 144 pages (wood-free paper) c.100 color photographs | 100 recipes 71/2 x 91/4 in \$21.99 (priced higher in Canada) | hardcover Carton quantity: 22



Party Food to Share



KATHY KORDALIS ISBN: 978-1-84975-862-8 160 pages | 100 color photographs 70 recipes | 71/2 x 91/4 in | \$21.95 (priced higher in Canada) | hardcover Carton quantity: 20



Delicious Dips



ISBN: 978-1-78879-195-3 64 pages | 60 color photographs 50+ recipes | 4¾ x 7¼ in | \$9.95 (priced higher in Canada) | hardcover Carton quantity: 60



On Toast



ISBN: 978-1-78879-388-9 144 pages | c.100 color photographs 70+ recipes | 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24

Deliciously Messy Food

CAROL HILKER

ISBN: 978-1-78879-193-9

in Canada) | hardcover

Carton quantity: 18

160 pages (wood-free paper)

51995

Binge-Watching Eats

............

Gats

KATHERINE BEBO

in Canada) | hardcover

Carton quantity: 24

ISBN: 978-1-78879-163-2

160 pages (wood-free paper)

51495

100 color photographs | 55 recipes 6¹% x 8% in | \$14.95 (priced higher

70+ color photographs | 65 recipes

71/2 x 91/4 in | \$19.95 (priced higher



A Bowl of Soup



HANNAH MILES ISBN: 978-1-78879-471-8 176 pages | 100 color photographs 70+ recipes | 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 20



Pub Grub



ISBN: 978-1-78879-381-0 144 pages (wood-free paper) 100 color photographs | 65 recipes 611/16 x 81/4 in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



Hangover Food



ISBN: 978-1-912983-03-2 64 pages | 30 color photographs 35 recipes | 4¾ x 7¼ in | \$9.95 (priced higher in Canada) | hardcover Carton quantity: 60



80 | FOOD & DRINK

JUST PUBLISHED









Chicken Shack



ISBN: 978-1-78879-442-8 144 pages (wood-free paper) 75 color photographs | 65+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



Big Night In



KATHERINE BEBO ISBN: 978-1-78879-192-2 176 pages (wood-free paper) 100+ color photographs | 100 recipes 71/2 x 91/4 in \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18



Lazy Day Brunches



ISBN: 978-1-78879-284-4 144 pages (wood-free paper) c.80 color photographs | 60+ recipes 6¹¹/₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



Food 20 Drink

Lantana Cafe Breakfast & Brunch



ISBN: 978-1-84975-972-4 144 pages (wood-free paper) 100 color photographs | 65+ recipes 6¾ x 8¼ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Easy Tagine

ISBN: 978-1-78879-045-1

51695

Carton quantity: 28

240 pages | 200 color photographs 200+ recipes | 7½ x 7½ in | \$16.95 (priced

higher in Canada) | paperback with flaps



The Newlywed's

ISBN: 978-1-78879-064-2 160 pages (wood-free paper) 60 color photographs | 70 recipes 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 20 51995

Easy Comfort Food

ISBN: 978-1-78879-042-0

51695

Carton quantity: 28

240 pages | 120 color photographs 100+ recipes | 7½ x 7½ in | \$16.95 (priced

higher in Canada) | paperback with flaps

easy

comfort food



128 pages | 50 color artworks 4¾ x 7¼ in | \$9.95 (priced higher in Canada) | hardcover Carton quantity: 40 50995

How to Dice an Onion

Easy Vegetarian



ISBN: 978-1-84597-493-0 240 pages | 120 color photographs 100+ recipes | 7½ x 7½ in | \$16.95 (priced higher in Canada) | paperback Carton quantity: 28



Dinner with Dickens



PEN VOGLER ISBN: 978-1-78249-449-2 176 pages (wood-free paper) 80 color photographs & artworks 60+ recipes | 71/2 x 91/4 in | \$24.95 (priced higher in Canada) | hardcover Carton quantity: 10





Modern Pancakes

ISBN: 978-1-78879-068-0 144 pages | 90 color photographs 63 recipes | 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24





64 pages | 60 color photographs 28 recipes | 7½ x 7½ in | \$15.95 (priced higher in Canada) | hardcover Carton quantity: 40



Rustic Fruit Desserts



ISBN: 978-1-78879-033-8 128 pages (wood-free paper) 70 color photographs | 50 recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



The Vegetarian Student Cookbook



ISBN: 978-1-84975-887-1 240 pages | 100 color photographs 160+ recipes | 71/2 x 71/2 in | \$16.95 (priced higher in Canada) | paperback with flaps Carton quantity: 24



The Really Hungry Vegetarian Student Cookbook



ISBN: 978-1-78879-046-8 144 pages (wood-free paper) 100+ color photographs | 60+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24

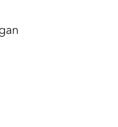


The Really Hungry Vegan Student Cookbook



ISBN: 978-1-78879-285-1 144 pages (wood-free paper) c.80 color photographs | 65+ recipes 6¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24







Cinnamon, Spice,



ISBN: 978-1-78879-276-9 160 pages (wood-free paper) 80 color photographs | 65+ recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher



Tea with Jane Austen



PEN VOGLER ISBN: 978-1-78249-342-6 64 pages | 13 color photographs & 10 illustrations | 20 recipes 4¾ x 7¼ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 76



Drink ∞ Food

82 | FOOD & DRINK



Pancakes & Waffles









Kids in the Kitchen



AMANDA GRANT ISBN: 978-1-84975-858-1 128 pages | 100 color photographs 50+ recipes | 9 x 9¼ in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 22



Pancakes, Waffles, Crêpes, & French Toast



HANNAH MILES ISBN: 978-1-78879-203-5 144 pages | 70 color photographs 60+ recipes | 611/16 x 81/4 in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Brontë at Home: Baking from the ScandiKitchen



BRONTË AURELL ISBN: 978-1-78879-151-9 176 pages (wood-free paper) 60 color photographs | 70 recipes 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18



Food Qo Drink

ScandiKitchen Fika & Hygge



BRONTË AURELL ISBN: 978-1-84975-759-1 176 pages | 100 color photographs 60+ recipes | 71/2 x 91/4 in | \$24.99 (priced higher in Canada) | hardcover Carton quantity: 20





Cutter & Squidge Bakery

ANNABEL & EMILY LUI ISBN: 978-1-78879-158-8 176 pages (wood-free paper) 120 color photographs | 65+ recipes 71/2 x 91/4 in | \$21.99 (priced higher in Canada) | hardcover Carton quantity: 18



Afternoon Tea at Home



WILL TORRENT ISBN: 978-1-78879-348-3 176 pages | c.200 color photographs 80 recipes | 8½ x 10 in | \$27.99 (priced higher in Canada) | hardcover Carton quantity: 16



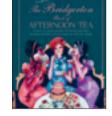
ScandiKitchen: The Essence of Hygge



ISBN: 978-1-78879-345-2 160 pages (wood-free paper) c.100 color photographs | 25+ recipes 4½ x 6 in | \$9.99 (priced higher in Canada) | hardcover Carton quantity: 48

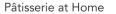






KATHERINE BEBO ISBN: 978-1-78879-431-2 144 pages (wood-free paper) c.75 color photographs | 65 recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24







ISBN: 978-1-78879-204-2 176 pages | 80+ color photographs 70+ recipes | 71/2 x 91/4 in | \$24.95 (priced higher in Canada) | hardcover Carton quantity: 18



Afternoon Tea at Bramble Cafe



MAT FOLLAS ISBN: 978-1-84975-937-3 160 pages | 100 color photographs 65 recipes | 71/2 x 91/4 in | \$21.95 (priced higher in Canada) | hardcover Carton quantity: 20



Tea & Cake



LIZ FRANKLIN ISBN: 978-1-78879-208-0 128 pages (wood-free paper) 70+ color photographs & illustrations 48 recipes | 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Japanese Pâtisserie



JAMES CAMPBELL ISBN: 978-1-84975-810-9 176 pages | 80 color photographs 55 recipes | 71/2 x 91/4 in | \$24.95 (priced higher in Canada) | hardcover Carton quantity: 18



Macarons

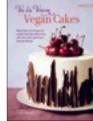




ANNIE RIGG & LORETTA LILL ISBN: 978-1-78879-201-1 144 pages | 70 color photographs 65 recipes | 6¹¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



Va va Voom Vegan Cakes



ANGELA ROMEO ISBN: 978-1-78879-378-0 Carton quantity: 22



cat es

Naked Cakes



HANNAH MILES ISBN: 978-1-78879-119-9 144 pages | 70 color photographs 60 recipes | 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 20



ISBN: 978-1-78879-380-3 144 pages (wood-free paper) c.100 color photographs | 60 recipes 6¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24

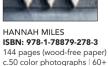


The Cookie Jar



LIZ FRANKLIN ISBN: 978-1-78879-239-4 192 pages (wood-free paper) c.90 color photographs | 90+ recipes 71/2 x 91/4 in | \$19.99 (priced higher in Canada) | hardcover Carton quantity: 18





c.50 color photographs | 60+ recipes 6¹/₁₆ x 8¹/₄ in | \$14.95 (priced higher in Canada) | hardcove Carton quantity: 24





144 pages | c.70 color photographs 50+ recipes | 71/2 x 91/4 in | \$21.99 (priced higher in Canada) | hardcover



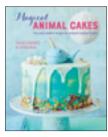
Banana Breads, Loaf Cakes, & other Quick Bakes







Magical Animal Cakes



ANGELA ROMEO & ANNIE RIGG ISBN: 978-1-78879-191-5 144 pages | 50+ color photographs 45+ recipes | 71/2 x 91/4 in | \$16.95 (priced higher in Canada) | hardcover Carton quantity: 20



Brownies, Blondies, and other Traybakes



ISBN: 978-1-78879-385-8 144 pages (wood-free paper) c.80 color photographs | 65 recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



Nordic Bakery Cookbook



MIISA MINK ISBN: 978-1-78879-044-4 160 pages (wood-free paper) 60+ color photographs | 65 recipes 6¹¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24



The First-Time Bread Baker



EMMANUEL HADJIANDREOU ISBN: 978-1-78879-360-5 160 pages (wood-free paper) c.300 color photographs | 30+ recipes 71/2 x 91/4 in \$24.99 (priced higher in Canada) | hardcover Carton quantity: 22



Making Bread at Home

Drink

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Food



JANE MASON ISBN: 978-1-78879-190-8 176 pages (wood-free paper) 80+ color photographs | 50+ recipes 71/2 x 91/4 in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 18



Coffee Drinks



MERLIN JOBST ISBN: 978-1-912983-57-5 64 pages | 30 color illustrations 4¾ x 7¼ in | \$12.99 (priced higher in Canada) | hardcover Carton quantity: 60



How to Make Bread

BESTSELLER 12,000 SOLD READ

EMMANUEL HADJIANDREOU ISBN: 978-1-84975-140-7 176 pages | 350 color photographs 60 recipes | 8½ x 10 in | \$27.95 (priced higher in Canada) | hardcover Carton quantity: 16









ISBN: 978-1-78879-089-5 64 pages | 35 color photographs 25 recipes | 4¾ x 7¼ in | \$9.95 (priced higher in Canada) | hardcover Carton quantity: 60



Guide to Coffee



The Curious Barista's



TRISTAN STEPHENSON ISBN: 978-1-84975-563-4 192 pages (wood-free paper) 100 color photographs | 25 recipes 71/2 x 91/4 in | \$27.99 (priced higher in Canada) | hardcover, soft touch finish Carton quantity: 10



How to Make Sourdough



EMMANUEL HADJIANDREOU ISBN: 978-1-84975-704-1 160 pages | 150 color photographs 45 recipes | 8½ x 10 in | \$24.95 (priced higher in Canada) | hardcover Carton quantity: 16



Superfood Juices and Smoothies



NICOLA GRAIMES ISBN: 978-1-84975-931-1 144 pages | 80 color photographs 100+ recipes | 7½ x 9¼ in | \$19.95 (priced higher in Canada) | hardcover Carton quantity: 22



The Curious Barista's Guide to Coffee



TRISTAN STEPHENSON ISBN: 978-1-78879-083-3 192 pages | 100 color photographs & illustrations | 10 recipes | 4¾ x 7¼ in \$14.95 (priced higher in Canada) hardcover Carton quantity: 32

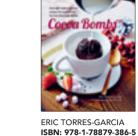


Easy Leaf Tea



TIMOTHY D'OFFAY ISBN: 978-1-84975-824-6 144 pages | 150 color photographs 70+ recipes | 71/2 x 91/4 in | \$21.95 (priced higher in Canada) | hardcover Carton quantity: 20







51499

Cocoa Bombs™

Summer Drinks



ISBN: 978-1-78879-358-2 144 pages | c.80 color photographs 75+ recipes | 611/16 x 81/4 in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24





Summer Fizz

ISBN: 978-1-78879-437-4 144 pages (wood-free paper) c.100 color photographs | 100 recipes 611/16 x 81/4 in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24

Festive Cocktails & Canapés



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128 pages | c.75 color photographs 40 recipes | 6¹/₁₆ x 8¹/₄ in | \$14.99 (priced higher in Canada) | hardcover Carton quantity: 24









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ISBN: 978-1-78879-275-2 144 pages | 80 color photographs 60+ recipes | 611/16 x 81/4 in | \$14.95 (priced higher in Canada) | hardcover Carton quantity: 24



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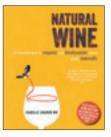


ANDREW JEFFORD ISBN: 978-1-84975-778-2 176 pages | 300 color photographs 8½ x 10 in | \$24.95 (priced higher in Canada) | hardcover Carton quantity: 16



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Natural Wine



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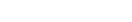
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MARK DREDGE ISBN: 978-1-911026-79-2 224 pages (wood-free paper) 400 color photographs | 71/2 x 91/4 in \$24.99 (priced higher in Canada) hardcover Carton quantity: 10



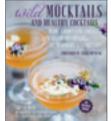
The Beer Bucket List



MARK DREDGE ISBN: 978-1-911026-27-3 224 pages (wood-free paper) 200 color photographs | 71/2 x 91/4 in \$24.95 (priced higher in Canada) hardcover Carton quantity: 10



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ISBN: 978-1-84975-723-2 176 pages | 100 color photographs 150+ recipes | 5¾ x 5¾ in \$14.95 (priced higher in Canada) paperback with flaps Carton quantity: 54



BESTSELLING SERIES

The Curious Bartender: Volume 1: the Artistry and Alchemy of Creating the Perfect Cocktail



TRISTAN STEPHENSON ISBN: 978-1-84975-437-8 208 pages (wood-free paper) 120 color photographs | 68 recipes 71/2 x 91/4 in | \$24.95 (priced higher in Canada) | hardcover with mock aged-leather finish Carton quantity: 10



The Curious Bartender's Rum Revolution



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The Curious Bartender: An Odyssey of Malt, Bourbon, & Rye Whiskies



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Guide to Rum



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64 pages | 40 color photographs 20+ recipes | 4¾ x 7¼ in | \$9.95 (priced higher in Canada) | hardcover Carton quantity: 60





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Sparkling Cocktails



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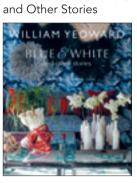
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JANE ROCKETT & LUCY ST GEORGE ISBN: 978-1-84975-869-7 160 pages | 200 color photographs | 8½ x 10 in \$32.00 (priced higher in Canada) | hardcover



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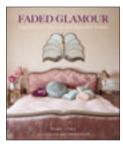
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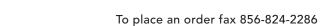


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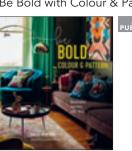
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ROBERT O'BYRNE







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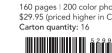
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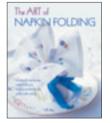
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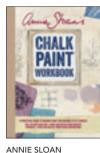
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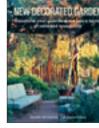
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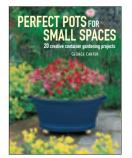
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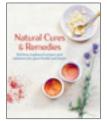


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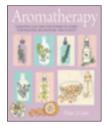








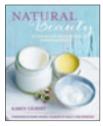
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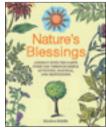
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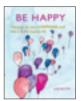
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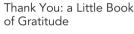
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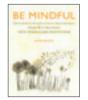




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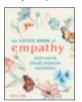




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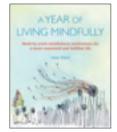
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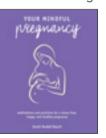
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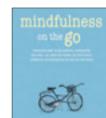
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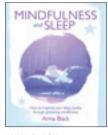








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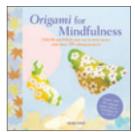
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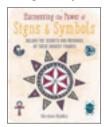
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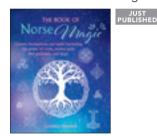


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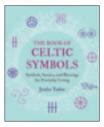
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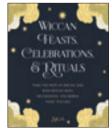
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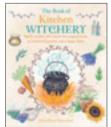
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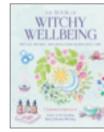
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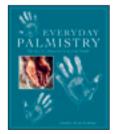
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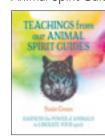
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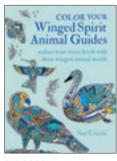


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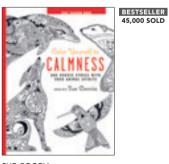
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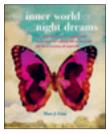




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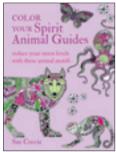
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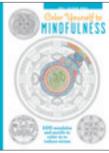
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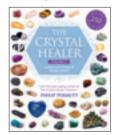
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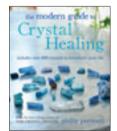
Crystal Tips and Cures



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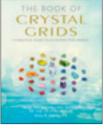
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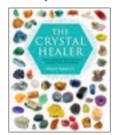
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The Body Tarot

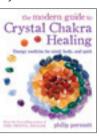




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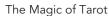






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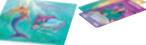


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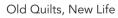


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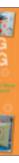


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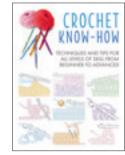
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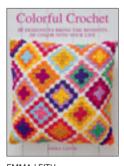
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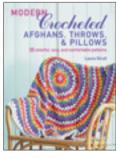
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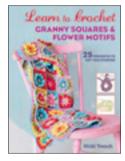








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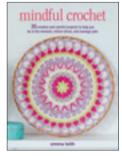
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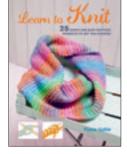
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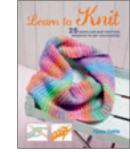


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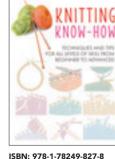
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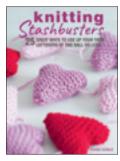








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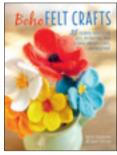
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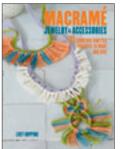
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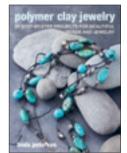
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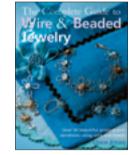
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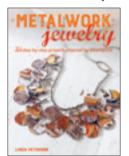
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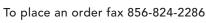
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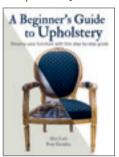


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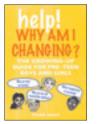
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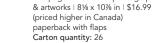
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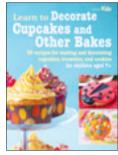
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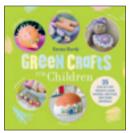
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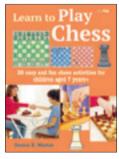
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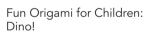
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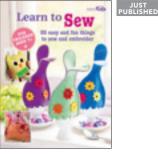




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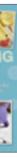














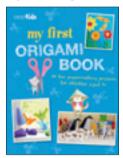
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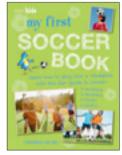
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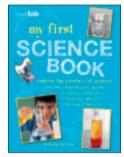
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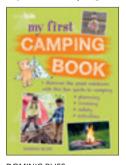
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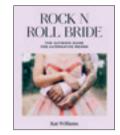
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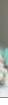
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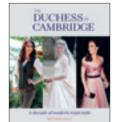




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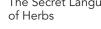


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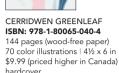


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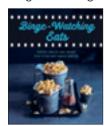
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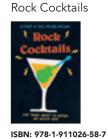


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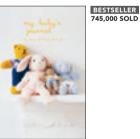
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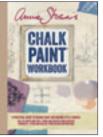


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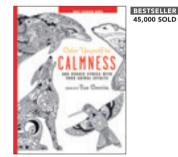
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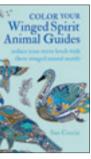
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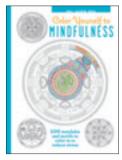




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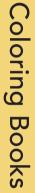
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COLORING BOOKS | 151

Index

5-Minute Magic for Modern Wiccans 111 35 Crocheted Bags 124 35 Knitted Baby Blankets 127 50 Knots for Every Adventure 67 50 Knots You Need to Know 148

Abbott, Gail 51 Afternoon Tea at Bramble Café 84 Afternoon Tea at Home 84 Afternoon Tea at the Cutter & Squidge Bakery 84 Aikman-Smith, Valerie 71, 72, 79 Air-fryer Cookbook 73 Akass, Susan 133, 136 All Sewn Up 119 Allen, Marty 67, 148 All-Year-Round Christmas Handbook. The 131 And Breathe... 108, 141 Andrew Jefford's Wine Course 87 Andrews, Charlotte 142 Andrews, Sophie 142 Angel Tarot, The 116 Animal Messages 117 Annie Sloan Collection, The 101 Annie Sloan Paints Everything 102 Annie Sloan's Chalk Paint[®] Workbook **102, 150** Arbuthnott, Vanessa 51 Arepa. The 2 Arm & Finger Knitting 125 Aromatherapy 105 Around the World in 80 Novels 139 Around the World in 80 Record Stores 139 Around the World in 80 Spiritual Places 112, 139 Arranging Faux Flowers & Foliage 132 Art & Craft of Coffee Cocktails, The 89, 145 Art of Kindness, The 106, 140 Art of Napkin Folding, The 102 Artiss, Caroline 138 Ashwell, Lilv 113, 115 Ashwell, Rachel 93, 101 Asian Kitchen. The 75 Asian Tapas 75 Aston, Lauren 125 At Home with Country 27 At Home with White 96 Atsuko's Japanese Kitchen 75 Aurell, Brontë 74, 83, 84, 144 Avery, Louise 15

Baby & Toddler Knits 127 Bachelor Parties and Best Man Speeches 137 Bailey, Mark 94, 95 Bailey, Sally 94, 95 Balcony Gardener, The 103 Ballard, Miranda 78 Banana Breads, Loaf Cakes, & other Quick Bakes 85 Bao 75 Bar Cart Style 92, 147 Barnes, Marcus 139 Bartlett, Atlanta 96, 99

Bates. Dawn 136 Bauwens, Liz 98 Bawdon, Marcus 4, 71 BBQ For All 4 Be Bold with Colour & Pattern 96 Be Happy 106, 142 Be Kind 115 Be Mindful 106, 140 Be More Jane 142 Be Your Own Astrologer 112, 143 Be Your Own Dream Interpreter 113, 143 Be Your Own Goddess 109, 142 Be Your Own Heroine 142 Be Your Own Moon Astrologer 112 Beanies and Other Knitted Hats 56 Beans, Peas & Everything In Between 79 Bebo, Katherine 81, 84, 91, 144, 147 Beckett, Fiona 77, 87 Beer & Veg 88 Beer and Food Matching 88, 145 Beer Bucket List. The 89 Beer Lover's Table. The 88 Beginner's Guide to Crochet, A 122 Beginner's Guide to Home Sewing, A 119 Beginner's Guide to Knitting, A 124 Beginner's Guide to Sewing by Hand and Machine, A 119 Beginner's Guide to Sewing with Knitted Fabrics, A 119 Beginner's Guide to Wicca, The 110 Beginner's Guide to Upholstery, A 132 Bellstedt Myers, Christiane 99, 131 Big Hook Crochet 124 Big Needle Knits 125 Big Night In **81** Binge-Watching Eats 81, 144 Birch, Chloé Elizabeth 127 Bird Messages 117 Bird, Sara 23, 100, 103 Bistro 77 Black, Anna 106, 107, 108, 115, 140, 141, 150 Bliss, Debbie 127 Bliss, Dominic 136, 137, 139 Blomguist, Hans 94, 95, 99 Blue & White at Home 96 Blue Mind Mantras 108, 141 Blyth, Lois 106, 140, 142 Body Tarot, The 115 Bohemian Modern 95 Boho Felt Crafts 127 Bolsover, Jane 119 Bond Cocktails 91, 147 Book of Celtic Symbols. The 110 Book of Crystal Grids. The 114 Book of Kitchen Witchery, The 111 Book of Korean Self-Care, The 41 Book of Norse Magic, The 110 Book of Witchy Wellbeing, The 111 Books Make a Home 94 Botanical Style 24 Bottomless Brunch 8 Bourke Jessica 70 Bourke, Jordan 70

Basan, Ghillie 74, 75

Bowl of Soup, A 81 Bradford, Jo 131 Brantmark. Niki 95 Brontë at Home: Baking from the ScandiKitchen 83 Brookes, Stephanie 108, 141 Brown, Denise 128 Brown, Emma 124 Brownies, Blondies, and other Traybakes 85 Brunke, Dawn 117 Bullen, Clare 88 Bun in the Oven, A 138 Burke, Christine 37, 105 Bush, Co-Co Nicole 128 Byam Shaw, Ros 96, 97 Callen, Karena 96 Calm **100** Cammidge, Abbie 147 Campbell, Alexandra 98 Campbell, James 84 Camper Heaven 20 Campling, Dee 20 Canned 73 Caplin, Adam 103 Caputo, Michael 52, 121 Carlsson, Elisabeth 32 Carter, George 104 Carter, Hilton 21, 99 Cauliflower Power 79 CBD Beauty Book, The 105 CBD Kitchen, The 70 Celtic Goddess Oracle Deck, The 116 Chalmers, Emily 94 Change the Story 109, 150 Charles, Julia 87, 145 Cheese Boards to Share 77 Chef Tee's Caribbean Cookbook 3 Chicken Shack 81 Chisholm Sullivan, Janine 120 Cho, Anjie 38, 100 Christmas Cookies 85 Christmas Ornaments 131 Ciccarelli, Delia 116 Cider 88, 145 Cinnamon, Spice & Warm Apple Pie 83 Clark, Jason 89 Clark, Maxine 77 Clever Camper Cookbook, The 10 Clifton-Mogg, Caroline 31, 33 Cluck Oink Baa Moo 78 Coastal Blues 99 Coccia, Sue 113, 151 Cocoa Bombs™ 87 Coffee Drinks 86. 144 Color Block Knits 125 Color Recipes for Painted Furniture and More 101 Color Your Spirit Animal Guides 113, 151 Color Your Tarot 115 Color Your Winged Spirit Animal Guides 113, 151 Color Yourself to Calmness 113, 151 Color Yourself to Mindfulness 113, 151 Colorful Crochet 122 Comfort: A Winter Cookbook 72

Comforts of Home. The 33 Comisari, Manda 117 Complete Guide to Wire & Beaded Jewelry, The 128 Condon, Joanne 29 Contemporary Crochet 122 Cookie Jar, The 85 Cooking with Beer 88 Cool Dogs, Cool Homes 100 Coote, Dave 96, 99 Correll, Gemma 148 Country Brocante Style 98 Craft Pizza 77 Create 94 Creating the French Look 101 Creative Book Art 129 Creative Collage 129 Creative Family Home 28 Creative Style 98 Creative Walls 93 Crisp, Tony 113, 143 Crochet Know-how 122 Crochet Stashbusters 122 Crochet with Flowers and Plants 123 Crocheted Afghans 123 Crocheted Bears and Other Animals 124 Crocheted Hats & Scarves 123 Crocheted Home 123 Crocheted Scarves and Cowls 124 Crocheted Wreaths & Garlands 124 Crossley, Willow 22 Crystal Connections 45 Crystal Healer, The 114 Crystal Healer: Vol. 2, The 114 Crystal Power Tarot, The 118 Crystal Reiki Healing 114 Crystal Tarot, The 118 Crystal Tips & Cures 143 Crystal Tips and Cures 114 Cuban Cocktails 91, 147 Cucina di Amalfi 1 Cucina Siciliana 75 Curious Barista's Guide to Coffee, The 86, 144 Curious Bartender, The 90, 146 Curious Bartender: An Odyssey of Malt, Bourbon, & Rye Whiskies, The 90 Curious Bartender: Cocktails at Home, The 90 Curious Bartender: In Pursuit of Liquid Perfection, The 90 Curious Bartender: Volume 1: the Artistry and Alchemy of Creating the Perfect Cocktail, The 90 Curious Bartender's Guide to Malt, Bourbon & Rye Whiskies. The 90, 146 Curious Bartender's Guide to Rum. The 90, 146 Curious Bartender's Rum Revolution. The 90 Curious Bartender's Whiskey Road Trip, The 90 Curious Bartender's Guide to Gin, The 90, 146 Cute & Easy Baby Knits 58 Cute & Easy Crochet with Flowers 123 Cute Little Quilts 122 Dad's Guide to Having a Baby, A 139 Davies, Megan 9

Dean. Liz 46, 48, 113, 115, 115, 117, 118, 150 Decorated Garden. The 103 Decorating Pumpkins & Gourds 131 Decorating with Fabric **102** Dee. Jonathan 110. 143 Delicious Book of Dhal, The 79 Delicious Dips 80 Deliciously Messy Food 81 Deliciously Vintage Baking & Desserts 12 Dennhardt, Philip 77 Denning, Sally 99, 100 Dessert Cocktails 89, 145 Details Make a Home 94 Dinner with Dickens 83 D'Offay, Timothy 16, 87 Dragon Tarot, The 117 Dredge, Mark 88, 89, 145 Drinking Games & Hangover Cures 69 Duchars, Dan 23, 100, 103 Duchess of Cambridge: A Decade of Modern Royal Style, The 138 Dutch Oven Cookbook. The 72 Eastwood, Kate 123, 124 Easy Comfort Food 82 Easy Cottage Style 98 Easy Crochet for Beginners 53 Easy Knitting for Beginners 55 Easy Leaf Tea 87 Easy Tagine 82 Easy Vegetarian 82 Eclare, Melanie 103 Eco-Resin Crafts 132 Eggs All Day 78 Equi, Eduardo 2 Elemental Power Tarot 116 Ellison, Zoe 94 Emerson, Jayne 127 Empowering Mantras for Awesome Women 108, 141 Emslie, Sara 101 Endless Summer Table 5 English Decoration 97 Essential Origami 59 Estes, Jesse 18, 92, 146 Everyday Palmistry 112 Everyday Self-Care 109, 142 Everyday Self-Care: Lifestyle Rituals 109, 142 Everyone Loves Tacos 76 Faded Glamour 93 Faded Glamour by the Sea 93 Fair Isle & Nordic Knits 125 Fallen Angel Oracle Cards 116 Farrow & Ball Decorating with Colour 96 Farrow & Ball Living with Colour 96 Fashion Hacks 120 Feast from the Fire 72 Ferguson, Jen 88

Ferguson, Jen 88 Ferrigno, Ursula 1, 75, 79 *Festive Cocktails & Canapés* 87

Fielding, Simon 10

Fielke, Sarah 121, 122

Fiona Beckett's Cheese Course 77

Fire & Slice 77 Fireside Food for Cold Winter Nights 72 First-Time Bread Baker. The 86 First-time Vegan 70 Flavors of Summer 71 Flea Market Style 94 Flexitarian Cookbook. The 71 Flourish 109, 142 Flower Hunter. The 93 Folded Book Art 128 Follas. Mat 78.84 Fondue & Raclette 72 Food and Fire 71 Foraged & Recycled Art 60 Fordham. Ben 76 Franklin, Liz 72, 84, 85 French Home 30 French. Kate 102 Friedlander-Collins. Emma 124 From Bump to Baby 149 From Dram to Manhattan 92 From Grief to Peace 109, 150 Frozen Sweet Treats & Desserts 14 Fuentes Cruz, Felipe 76 Fun Origami for Children: Dino! 134 Fun Origami for Children: Flight! 135 Fun Origami for Children: Pets! 135 Fun Origami for Children: Wild! 134 Furniture Flips 29 Garden Style 98 Gardening for Kids 104, 133 Gardening with Junk 103 Gardens for the Soul 103 Garlic 79 Garnell, Tara 91, 146 Gatsby Cocktails 91, 147 Geddes, Acland 71 Get Knooking 124 Gian, Marc J. 105, 113 Gibson, Ashlyn 28 Gilbert, Karen 105, 138 Gin the Mood 92, 145 Gin Tonica 91 Gin-dulgence 92, 145 Gladwin, Laura 91, 146 Glamorous Cocktails 89 Glass. Victoria 12 Glazin. Simon 148 Global Bohemian 95 Gnocchi Horror Show Cookbook 11 Goble, Fiona 55, 56, 125, 126, 135 Gogerty, Clare 43 Golden Tarot. The 117 Goodman. Lanie 97 Gould-Porter. James 76 Graham-Flvnn, Fiona 131 Graimes. Nicola 70, 71, 73, 86 Grandparents' Journal 150 Grannv Square Crochet 54 Grant. Amanda 83. 133 Graves. Helen 8 Grav. Samantha 66 Grazing & Feasting Boards 74

Green Witch at Home, The 111 Green, Susie 112, 117, 138 Greenleaf, Cerridwen 44, 110, 111, 112, 143 Gregory, Joanne 109, 141 Griffiths, Melody 123 Grow Your Own Food 104 Guardian Angel Oracle Deck. The 116 Guide to Creative Handlettering 131 Guilt-Free Kitchen. The 70 Gulin. Dunia 80 Hadijandreou, Emmanuel 86 Hanan, Ali 94 Handmade Candles & Smudge Sticks 131 Handmade Christmas 131 Handmade Houses and Feeders for Birds. Bees. and Butterflies 132 Handmade Wedding 132, 137 Hangover Food 81, 144 Happy Starts at Home 100 Hardy, Emma 35, 63, 104, 119, 120, 121, 131, 133, 135, 136 Harnessing the Power of Signs & Symbols 110 Haschka, Tori 76 Hash, Dr **144** Haxell, Kate 120, 128 Hayden, Sally 99 Hayman, Lachlan 11 Haywood, Lucy 98 Heal Your Soul 39 Healthy Little Tummies 70 Healthy Slow Cooker 73 Healthy Vegan Street Food 76 Healthy Vegetarian & Vegan Slow Cooker 73 Heavenly Bodies Astrology 113, 115 Hello Baby 149 Help! Why Am I Changing? 133 Henderson, Rachel 127 Henson, Emily 94, 95, 96, 98 Heritage Style 98 Heriz, Gill 101 Hilker, Carol 81 Hirst, Catherine 54 History of Insults, The 148 Holistic Spaces 100 Holm, Melinda Lee 49, 111, 116 Holt, Bethan 36, 138 Home Farm. The 104 Home for the Soul 100 Home-cooked Comforts 72 Home-made Vintage 102, 120 Hopping, Lucy 126, 128, 136 House Plants 103 How to Dice an Onion 82 How to Make Bread 86 How To Make Paper Dinosaurs 130 How to Make Paper Planes and Other Flying Objects 130, 135

Great Sandwiches 8

Green Cure. The 105

Green Housekeeping 100

Green Crafts for Children 133

Green Wiccan Herbal, The 110

Green Wiccan Spell Book, The 110, 142

Huffman, Liv 122 Hunter, Lucy 93 Hunter-Kelm, Hannah 138 I Heart Pumpkin 78 I Heart You 140 Ikeda, Atsuko 75, 76 In the Mood for Colour 95 Inner World of Night Dreams. The 113 Inspire: The Art of Living with Nature 22 Inspired By Nature 99 Inspiring Tiny Homes 101 Insta-Style for your Living Space 100 Isaac. Dawn 104, 133 Island Poké Cookbook 76 It's a Pug's Life 148 It's a Punderful Life 148 It's Wine Time 88 It's Wine Time 144 lvins. Nick 104 Jackson, Elspeth 127 Jackson, Matt 104 Jackson, Sarah 148 James, Geraldine 93, 100 Jameson, Pippa 100 Jane Packer Flowers 102, 138 Jane Packer's Flower Course 102 Japanese Cocktails 91, 146 Japanese Origami 129 Japanese Pâtisserie 84 Jefford, Andrew 87 Jensen, Kristin 77 Jobst, Merlin 86, 144 Johns, Susie 58 Jones, Linda 128 Jones, Vicky 79 Joy of Living with Less, The 108 Joy of Living with Plants, The 103 Joyce, Nathan 148 Kamenetzky, Lizzie 72 Kazuko, Emi **76** Kearney, Jackie 70, 76 Kelly, Louise 120 Kemp, Gillian **116, 118** Kids in the Kitchen 83, 133 Kitchen Witch's Spell Book, The 111, 143 Knit Your Own Dolls 126 Knitted Animal Cozies 126 Knitted Animal Hats 126 Knitted Animal Scarves, Mitts, and Socks 126 Knitted Animal Socks and Hats 126 Knitted Home 57 Knitting Know-how 125 Knitting Stashbusters 125 Kombucha 15 Kordalis, Kathy 5, 72, 77, 79, 80 Kujawski, Isa 41 La Paella 75

How to Make Sourdough 86

How to Sew Sustainably 119

How We Live Now 100

Lagom Life. The 32 Lake, Selina 24, 26, 98, 98 Lambert, Marv 108 Lanev. Lewis 91, 139, 147 Lantana Cafe Breakfast & Brunch 82 Launav. Melissa 113. 151 Law. Alex 132 Lawrence, Richard 112 Lawson, Rebecca 95 Lazy Day Brunches 81 Leaf Tea 16 Learn About Nature Activity Book 133 Learn About Space and Planets 133 Learn to Bake 133 Learn to Cook 62 Learn to Crochet 122, 134 Learn to Crochet Granny Squares & Flower Motifs 123 Learn to Decorate Cupcakes and Other Bakes 133 Learn to Knit 125 Learn to Needle-Felt 134 Learn to Play Chess 133 Learn to Sew 119, 134 Learn to Sew and Embroider 63 Leftover Meals to Love 9 Legendre, Alex 94 Legeron, Isabelle 88 Leith, Emma 122, 124 Lemons and Limes 79 Let the Pun Shine 148 Letter Crafts 129 Levantine Table, The 75 Life in Fabric, A 102 Life Less Ordinary, A 94 Life Lessons from a Dachshund 148 Life Unstyled 98 Linford, Jenny 78, 79 Little Book of Astrology, The 47 Little Book of Drag, The 139 Little Book of Empathy, The 106, 140 Little Book of Eurovision, The 139 Little Book of Pride, The 139 Little Book of Tarot. The 48 Little Pocket Book of Crystal Chakra Healing, The 115. 143 Little Pocket Book of Crystal Healing, The 114, 143 Little Pocket Book of Mindfulness, The 106, 140 Little Pocket Book of Natural Beauty, The 138 Liu, Loretta 75, 85 Lived-in Style 25 Living in the Moment 107 Living Life Beautifully 94 Living the Country Dream 104 Livina Wild **21** Lobsiger, Amy 122 Loom Knitting 126 Lord, Tracev 124 Lorius, Cassandra 131, 141, 151 Losh. Chris 88. 144 Lowe, Pearl 93 Lui, Annabel 84 Lui, Emily 84 Lunch to Go 6

Lüttichau. Chris 112

Macarons 85 Macramé Jewelry & Accessories 128 Made of Wood in the Home 94 Made with Salvaged Wood 94 Magic of Tahini, The 80 Magic of Tarot, The 117 Magical Animal Cakes 85 Magical Night Journey Under the Moon & Stars, A Magical Nordic Tarot. The 116 Magical Self-Care for Everyday Life 108 Magical Self-Care Journal 109, 150 Magical Self-Care Tarot 50 Make It Happen 109, 141 Make Your Own Zoo 130, 135 Make-up Manual, The 138 Making Artisan Pizza at Home 77 Making Bread at Home 86 Making Children's Clothes 120 Making Concrete Pots, Bowls, and Planters 132 Making Paper Flowers 128 Mallo, Danny 148 Manifest Your Everything 40 Mann, Kiley 111 Martin, Jessica E. 133 Martini 19 Mary Jane's Hash Brownies, Hot Pot and Other Marijuana Munchies 144 Mason, Jane 86 May, Dan **78** McArthur, Emma 115 McGraw, Lizzie 98 McKee Orsini, Michele 132 Meditation Made Easy 108, 141 Megram, Paul 136 Melted Cheese 78 Mermaids and Dolphins 118 Metalwork Jewelry 128 Mezze 75 Michaels, Theo A. 73, 74 Mighty Chickpea, The 79 Miles, Hannah 78, 81, 83, 85, 85 Miller, Karen 122, 125 Mindful Coloring 131, 141, 151 Mindful Crochet 124 Mindful Gardening 65 Mindful Homes 38 Mindful Japanese Origami 129 Mindful Knitting 127 Mindful Moments for Busy Moms 107 Mindful Origami 129 Mindful Walking 107, 140 Mindfulness & Grief 107 Mindfulness @ Work 107, 141 Mindfulness and Sleep 107 Mindfulness for Children 107 Mindfulness on the Go 107 Mink, Miisa 85 Minns, Sue 39 Mitchell, Rose 91, 146 Mocktails, Cordials, Syrups, Infusions and More 17

Modern Crocheted Afghans, Throws, & Pillows 123 Modern Crocheted Shawls & Wraps 123 Modern Cross Stitch 121 Modern Embroiderv 121 Modern Fairy Tales 140 Modern Granny Square Crochet and More **123** Modern Guide to Crystal Chakra Healing, The 115 Modern Guide to Crystal Healing, The 114 Modern Instant Pot[®] Cookbook 73 Modern Knitted Shawls & Wraps 126 Modern Knitted Shawls and Wraps 126 Modern Multi-Cooker Cookbook. The 73 Modern Pancakes 83 Modern Quilting 121 Modern Rustic 95 Modern Stencils 132 Modern Tagine Cookbook, The 74 Modern Vegetarian Instant Pot[®] Cookbook 73 Modern Weaving 127 Modern Wiccan Box of Spells, The 118 Modern Wiccan's Guide to Living. The 111 Monochrome Home 96 Moon & Stars Tarot. The 116 Moon Gardening 104 More Origami for Children 130, 134 Mortar & Pestle 80 Muir, Lottie 89, 144 Murrin, Orlando 74 Mushrooms 79 Music's Cult Artists 139 My Baby Journal (deluxe slipcase edition) 149 My Baby's First Year 149 My Baby's Journal 149 My Big Book of Sewing 134 My Creative Writing Journal 113, 150 My Creativity Journal 113, 150 My Crystal Guide 114 My First Animal Knitting Book 135 My First Camping Book 136 My First Knitting Book 127, 135 My First Magic Book 136 My First Origami Book 135 My First Painting and Collage Book 136 My First Pompom Book 136 My First Quilting Book 122, 136 My First Science Book 136 My First Sewing Machine Book 121, 136 My First Soccer Book 136 My First Stitching & Sewing Book **121**, **135** My Greeting Card Organizer 150 My Mindful Life 107, 150 My Pregnancy Journal 149 My Wedding Journal 137, 149 Mythic Goddess Tarot. The 115

Naked Cakes 85 Nash, Felix 88, 145 Nassauer, Ki 25 Natural Beauty 105 Natural Beauty Masks 138 Natural Cozy Cottage, The 99 Natural Cures & Remedies 105, 142 Natural Home, The 99

Natural Living Style 98 Natural Wine 88 Nature Crafts for Children 61 Nature's Blessings 105 Needle-Felted Animals 127 Negroni 92, 145 New Craft Beer World, The 88 New Decorated Garden 103 Newlywed's Cookbook, The 82, 137 Nicol, Gloria 80, 119 No Drama Llama 148 Nomad at Home 94 Nordic Bakery Cookbook 85 Nordic Book of Runes. The 110, 143 Norrman, Sara 95 O'Byrne, Robert 97 Oceanic Tarot 117 Oil & Vinegar 79 Old Quilts, New Life 121 Oliver, Hazel 132 On Toast 81 O'Neill, Fifi 95, 96, 98 Ono, Mari 59, 108, 129, 130, 134, 135 Ono, Roshin 130, 134, 135 Orexi! 73 Origami Animal Friends 130 Origami Animals in the Wild 129 Origami Farm 130, 135 Origami Flowers & Birds 129 Origami for Children Book & Paper Pack 130, 134 Origami for Kids 130, 134 Origami for Mindfulness 108, 129 Origami Ocean Friends 130 Origami Pets 129 Otsumami 76 Our Engagement Journal 149 Overbeek, Hester van 94, 101, 103, 132 Owens, Chloë 119 Packer, Jane 102 Pale & Interesting 96 Pallet Wood Projects for Outdoor Spaces 103, 132 Palmer, Isabelle 34, 103 Pancakes & Waffles 83 Pancakes, Waffles, Crêpes, & French Toast 83 Parker, Adaku 120 Parsons, Alexandra 68, 139 Party Food to Share 80 Party-Perfect Bites 80 Passion for Quilting, A 121 Pasta Perfect 77 Patel, Nitisha 79 Pâtisserie at Home 84 Peck. Alice 105, 107, 110, 112, 139, 140 Pentreath, Ben 97 Perfect English Farmhouse 97 Perfect English Style 97 Perfect English Townhouse 97 Perfect French Country 97 Perfect Pots for Small Spaces 104 Perfectly Dressed Salads 80 Permutt, Philip 45, 114, 115, 118, 143 Petersen-Schepelern, Elsa 76

Peterson, Linda 128, 132 Pickford, Louise 72, 75, 80 Pidkameny, Kristine 109, 113, 150 Pies, Glorious Pies 77 Piled-high Potatoes 78 Pink Gin 92, 145 Plant-Based Burgers 70 Plant-based Paleo 71 Pocket Book of Cocktails, The 89, 147 Polymer Clay Jewelry 128 Poo Knew? 68 Popsicle Party 86, 144 Porter, Melanie 57, 125 Potatoes 78 Potter-Dixon, Lisa 138 Power of Breath and Hand Yoga, The 105 Power, Claire 70 Prayer Energy 112 Preserves and Pickles 80 Pressley, Angela 121 Pretty Pastel Style 26 Pringle, Bella 104 Prosecco Cocktails 91, 146 Prosecco Drinking Games 147 Pub Grub 81 Pug's Guide to Etiquette, A 148 Queen, The 36

Queer Cocktails **91**, Quick and Easy Paint Transformations Quilted with Love Quilting Know-How Quinn, Colleen

Rachel Ashwell Couture Prairie 93 Rachel Ashwell's Painted Stories 101 Radford, Tracey 130, 135 Rag Rug Techniques for Beginners 127 Rag Rugs, Pillows, and More 127 Rainbow Knits 126 Real Mexican Food 76 Really Hungry Vegan Student Cookbook, The 82 Really Hungry Vegetarian Student Cookbook, The 82 Recycled Home 95 Red Hot Cookbook, The 78 Red Hot Sauce Book 78 Reed, Ben 91, 147 Relaxed Coastal Style 99 Relaxed Living, Happy Home 99 Relaxed Rustic 95 Remade Vintage Jewelry 128 Retreats for the Soul 23 Rice & Grains 77 Riddle, Kirsten 105, 106, 109, 110, 140, 142 Riaa. Annie 85. 85 Riordan, John 139 Ritchie, Susan 122, 125 Rivers, Keli 19, 89, 92, 145 Roast Revolution 72 Robbins, Heather Roan 112 Robertson, Hilary 94, 96 Rock Cocktails 91, 147 Rock n Roll Bride 137

Rockett St George: Extraordinary Interiors 93 Rockett St George: Extraordinary Interiors in Colour 93 Rockett, Jane 93 Romance with French Living, A 97 Romantic English Homes 97 Romantic French Homes 97 Romeo, Angela 85 Roscoe, Nicci 40, 114 Rubber Band Bracelets 128 Ruddell Beach, Sarah 141, 42, 106, 107, 108 Russell, Henry 139 Rustic Fruit Desserts 83 Rustica 74 Rvan, Josephine 30 Salad Bowl. The 71 Salt & Pepper 79 Santini, Laura 77 Scandi Christmas 131 Scandi Rustic 95 ScandiKitchen Christmas 74 ScandiKitchen Fika & Hygge 84 ScandiKitchen Midsommar 74 ScandiKitchen: The Essence of Hygge 84, 144 Scandinavian Home, The 95 Schneebeli-Morrell, Deborah 103, 104, 131 Seaside Inspirations 64 Seasonal Scandi Crafts 131 Secret Language of Flowers, The 66 Secret Language of Herbs, The 110, 140 Seed Bead Book, The 128 Self-Care for Busy Mothers 42 Sensory Home, The 100 Sew Your Own Animal Dolls 120 Sew Your Own Dolls 120 Seward, Cathy 70, 73 Sewing Basics for Every Body 119 Sewing Dress-Up 120 Sewing for the Home 51 Sewing Know-How 119 Sewing Machine Basics for Children 121 Sewing School Basics 119 Sewing Stashbusters 120 Sewing with African Wax Print Fabric 120 Shades of Grey 96 Shades of White 96 Share 73 Sharing Food with Friends 80 Sheasby, Anne 82 Sheet Pan Dinners 72 #shelfie 93 Shepherd, Rose 139 Sherlock Holmes's London 139 Shingu, Fumiaki 134 Short Cocktails and Small Bites 87. 145 Silia 110. 142 Simon. Reena 95 Simple Chic Crochet 122 Simple Chic Knits 125 Simple Hand Sewing 120 Simply Scandinavian 95 Skewered 71 Skinner, Thalassa 77

Skyy, Brandi Amara 139 Sleep Well 108, 141 Sloan, Annie 101, 102, 150 Sloth's Guide to Etiquette, A 148 Sloth's Guide to Taking It Easy, A 148 Small Space Style 101 Small Summer Gardens 35 Smart Phone Smart Photo Editing 131 Smart Phone Smart Photography 131 Smile: the Wisdom of Joy 108, 141 Smith. David T. 19, 89, 91, 92, 145 Smith, Fiona 76 Smoke & Spice 71 Sorrell, Katherine 102 Sparkling Cocktails 91, 146 Spells for Peace of Mind 111 Spirit Animal Guides 112 Spirit Animal Tarot 117 St George, Lucy 93 Stang, Heather 107, 109, 150 Stay Grounded 109, 150 Stein, Irena 2 Stephenson, Tristan 86, 90, 144, 146 Street Food 76 Strutt, Christina 27, 94, 100, 102, 120 Strutt, Laura 120, 121, 123, 124, 125, 126, 127 Sturrock, Hannah 121 Succulents and All Things Under Glass 103 Suckling, Nigel 116, 117 Summer Drinks 87 Summer Every Day 71 Summer Fizz 87 Summer Fruit Pastries 13 Summers in France 31 Super Chunky Knits 125 Super-cute Amigurumi 124 Superfood Juices and Smoothies 86 Superfood Slow Cooker 70 Surf-side Eating 71 Surfside Style 98 Sushi 76 Sushi Made Simple 76 Sustain 100 Tabram, Nicolette 132 Tagines & Couscous 74 Takai, Hiroaki 130, 134 Talk to Your Angels 46 Talk to Your Cat 138 Talk to Your Dog 138 Tapas **75** Tarot of Tales 49 Tarot of the Heart 117 Taylor, Joules 110 Taylor, Milli 80 Tea & Cake 84 Tea with Jane Austen 83 Teachings from our Animal Spirit Guides 112 Tee. Chef 3 Teeny Tiny Gardening 104 Tequila Cocktails 18 Terrarium Imaginarium 34 Thank You: a Little Book of Gratitude 106, 140 Thompson, Damian 94

Thompson, Elspeth 103 Thornhill, Joanna 100 Thrifty Cookbook, The 9 Tiny Tabletop Gardens 104 Torrent, Will 84 Torres-Garcia, Eric 87 Totally Tofu 70 Towne, K. Jr. 140 Travels with my Spatula 76 Tree Magick Oracle Deck, The 116 Trench, Nicki 53, 104, 121, 122, 123, 124, 125, 126 Tschiesche, Jenny 72, 73 Two's Company 74 Two's Company: Simple 74 UFOs and the Extraterrestrial Message 112 Understanding Tarot 115 Underwood, Mia 127, 134 (Unofficial) Bridgerton Book of Afternoon Tea, The 84 Unusual Spirit Animals 117 Va va Voom Vegan Cakes 85 Vale, Mark 69 Vanderveldt, Leah 7, 50, 70, 108, 109, 150 Vegan Holiday Feasts 70 Vegan Recipes to Enhance your Yoga Life 70 Vegetables 78 Vegetarian Student Cookbook, The 82 Vegetarian Tagines & Couscous 74 Victorian Steampunk Tarot, The 118 Vintage Beauty Parlor 138 Vintage French Style 97 Vital Vegan, The 7 Vodka Cocktails 92, 146 Vogler, Pen 83 Wallace, Jayne 46, 115, 116, 117, 118 Ward, Wendy 119 Washburn Hutton, Laura 72, 77 Watson-Smyth, Kate 96 Watters, Joanna 112, 143 Weed All About It 148 West, Rebecca 100 Westbrook, Carolyn 97 Whately, Alice 99 Whiskey Cocktails 92, 146 Wiccan Feasts, Celebrations, & Rituals 110 Wiccan Moon Magic 112, 143 Wiccan Teas & Brews 44 Wild at Home 99 Wild Creations 99 Wild Interiors 99 Wild Mocktails 89, 144 Wild Mocktails and Healthy Cocktails 89 Wilkinson, Sarah 70 William Yeoward Blue & White and Other Stories 93 Williams, Kat 137 Wine Lover's Kitchen 87 Wing, Hannah 138 Winter Cabin Cooking 72 Winter Drinks 87

Winter-Barker, Megan **10** Witch of the Woods, The **111** Woman's Huts and Hideaways, A **101**

Winter Garden. The 104

Winter Living Style 98

Woman's Shed, A 101

Won, Amy T. 105

Wood, Tiffany 131

Yoga Healer. The 105

Your Magickal Year 111

Zirinis, Teo 148

Zoe, Jenna 71

Wooden Furniture Hacks 101, 132

Year of Living Mindfully, A Year of Living Thankfully, A Yeoward, William **89, 93** Yoga for Everyday Life

Youngs, Clare **60, 61, 128, 129, 136** *Your Magical Garden* **43**

Your Mindful Pregnancy 106