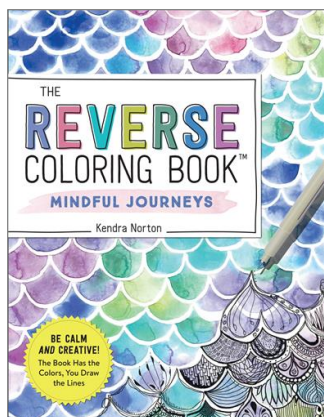


workman

FALL
2022



Smart Brevity
(See page 3.)



\$19.99 CAD Paperback

Nov 08, 2022

Workman Publishing Company

GAMES & ACTIVITIES / Coloring Books

9781523518074

104 pages

11.00 x 8.50

The Reverse Coloring Book™: Mindful Journeys

Be Calm and Creative: The Book Has the Colors, You Draw the Lines

It's like meditation with a pen—with the colors set down you begin to make lines, lines that calm you, lines that inspire you, lines that absorb you, until the world, and your thoughts, fall away and all that's left is a perfect flow of attention and concentration. It hardly matters what you make. It's the act of making that liberates you from distraction and busyness.

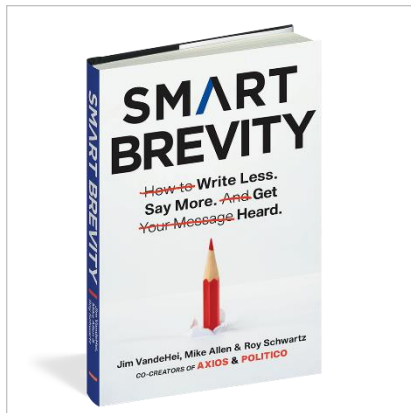
Each of the first two Reverse Coloring books—with over 205,000 copies in print in just a year—frees the imagination and encourages the user to be calm and creative. But Mindful Journeys takes it one step further with 50 new and original watercolors created specifically to promote mindfulness. Abstract compositions in calming blues and greens. A shower of circles that suggests the infinity of the sky. Swirls of flowery patterns that evoke mandalas. Spiritual symbols, like a yin-yang, a hamsa hand, a flaming heart. Watery waves, and a curling peacock feather.

The possibilities are endless. Trace, sketch, doodle, shade, cover with dots or make a world of images. And lose yourself in time and space. Images in the book are printed on sturdy paper that's single-sided and perforated. All you need is your favorite pen.



Norton, Kendra

Kendra Norton is a mom of four, a multi-media artist, creator, and nurturer. She grew up in the Pacific Northwest and still lives there, with plenty of fresh air and mud puddles. One of her many dreams is to volunteer in an elephant sanctuary.



\$34.00 CAD Hardback

Sep 20, 2022

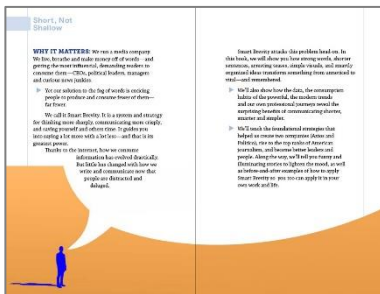
Workman Publishing Company

BUSINESS & ECONOMICS / Business Writing

9781523516971

224 pages

8.00 x 5.25



Smart Brevity

Write Less. Say More. Get Heard.

You're wasting your reader's time. Here's how to change, in just six words: Brevity is confidence. Length is fear.

This guiding principle turned first Politico and then Axios into hugely influential media companies. It's also in the dna of Smart Brevity™, the Axios spin-off that teaches Fortune 500 companies, organizations, professional writers and other individuals how to get their message heard. Now they've distilled their lessons into an essential guide—and manifesto—for writing effectively in the digital age.

Smart Brevity is a system and strategy that will teach anyone who works with words how to think more sharply, communicate more crisply, and save your readers time. It's about how to say more with less. And how, on a deeper level, to clean up and reframe your thinking.

You'll learn how to create a muscular tease—the thing that will flag down your reader's attention. How to craft a “lede”—a short, sharp, memorable opening sentence. How to round up, prioritize, weigh and whittle down your most important points. There are dozens of tips choosing the right words, kicking bad habits (hello, irony), and staying provocative. And rules-of-thumb: Would you read it if you hadn't written it?

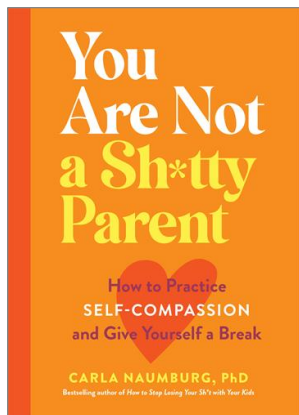
Today we're drowning in words. Back when the authors worked at The Washington Post, web trackers revealed an eye-opening truth: hardly anyone it clicked through a story's first page. Here's how to fight through that fatigue and ensure that your message is finally and fully heard.

VandeHei, Jim - Allen, Mike - Schwartz, Roy

Jim VandeHei is the co-founder, CEO and Chairman of Axios, a media company focused on breaking news and invaluable insights across business, politics, technology and the world. Before Axios, VandeHei co-founded and was CEO of *Politico*, the media company that upended and revolutionized political and policy journalism in Washington, New York, and Europe. Prior to this, VandeHei spent more than a decade as a reporter, and was named national Editor of the Year in 2016.

Mike Allen is also a co-founder of Axios, and *Politico*, where he created the Playbook franchise and helped build the company for its first decade. He is also an alumnus of *TIME*, *The New York Times*, *The Washington Post*, *the Richmond Times-Dispatch* and *The (Fredericksburg, Va.) Free Lance-Star*.

Roy Schwartz is the co-founder and President of Axios. Schwartz is also the former chief revenue officer for *Politico*. Prior to *Politico*, he was a Partner at Gallup's management consulting practice in Washington, DC and California advising Fortune 500 companies on employee and customer engagement.



\$22.99 CAD Paperback

Sep 27, 2022

Workman Publishing Company

FAMILY & RELATIONSHIPS / Parenting / General

9781523517114

224 pages

8.00 x 5.75

You Are Not a Sh*tty Parent

How to Practice Self-Compassion and Give Yourself a Break

Of course you think you're doing a sh*tty job. Every parent does. It's pretty much a byproduct of our society, with its incessant demands coupled with the in-your-face competitiveness parents see on social media. Unfortunately, the pandemic only made things worse, as parents juggled the stresses of the helping their kids navigate online schooling while they also had to work from home. All of which makes Carla Naumburg's new book utterly necessary. Author of *How to Stop Losing Your Sh*t with Your Kids*, with 149,000 copies in print, Naumburg delivers her message right up front—*You Are Not a Sh*tty Parent*—that all parents need to hear and believe in. And she does it with her singular understanding, relatably funny voice, and keen insights.

You don't react calmly to every situation? That doesn't make you a sh*tty parent. You'd rather hide in the back of the closet than play dolls with your child (because you hate dolls)—nope, doesn't mean you're a sh*tty parent. The fact is, great parenting is not the same thing as perfect parenting. Great parenting starts with true self-compassion, the kind that means you don't judge yourself. Harnessing this self-compassion is the key to giving yourself a break and embracing your best qualities as a parent. There are four evidence-based elements of self-compassion—noticing, connection, curiosity, and compassion of course—and Naumburg gives tangible steps for how to use each to help parents reduce their anxiety, trust their instincts, move past the guilt and become a calmer, more confident parent. Which, in the end, benefits your child as much as you.



Naumburg, Carla

Carla Naumburg, PhD, LICSW, is a clinical social worker and the author of *Ready, Set, Breathe: Practicing Mindfulness with Your Children for Fewer Meltdowns and a More Peaceful Family* (New Harbinger, 2015), *Parenting in the Present Moment: How to Stay Focused on What Really Matters* (Parallax, 2012) and *How to Stop Losing Your Sh*t With Your Kids: A Practical Guide to Becoming a Calmer, Happier Parent* (Workman, 2019).

How Sex Changed the Internet and the Internet Changed Sex

A HISTORY



SAMANTHA COLE

\$40.00 CAD Hardback

Nov 15, 2022

Workman Publishing Company

SOCIAL SCIENCE / Popular Culture**9781523513840**

288 pages

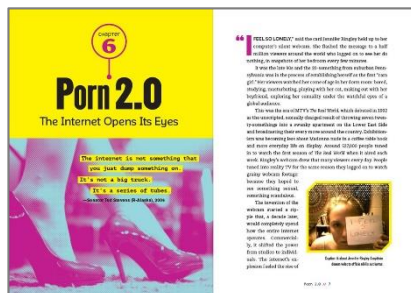
8.50 x 6.00

How Sex Changed the Internet and the Internet Changed Sex A History

From the moment there was an “online,” there was sex online. The famous test image used by software engineers to develop formats like the jpeg was “Lenna,” taken from Playboy’s November 1972 centerfold. Early bulletin boards and multi-user domains quickly came to serve their members sexual musings. Facebook started as a way to rate “hot or not” Harvard co-eds. In fact, virtually every significant development that defines the Internet we know and love (and hate) today—privacy issues, online payments and online banking, dating, social media, streaming technology, mass data collection—came out the meeting of sexuality and technology.

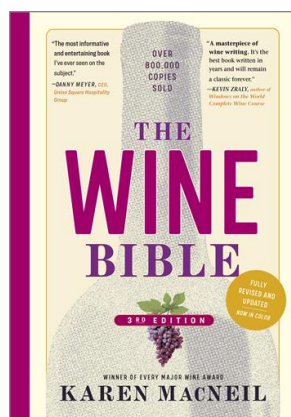
And the kicker is, not only did sexuality vastly influence the Internet, but the Internet arguably changed modern human sexuality by giving every imaginable non-heteronormative community a place to explore, fantasize, thrive, and be accepted.

A lively, highly visual history, filled with broad themes and backstories, pioneering personalities and eureka-moments, *How the Internet Changed Sex...* is a short, serious, and highly entertaining look at the intertwining convergence of sex and the Internet. Written by Samantha Cole, who’s been on this beat as a senior writer for *Vice*, *How The Internet Changed Sex ...* covers everything from JenniCam (remember her?) to the problem of “deep fakes,” from “A Brief History of Online Dating” to how the government has been trying to reckon with NSFW content, cybersex to what the promise of VR spaces like the Metaverse hold for the future of human sexual interactions. Porn is the least of it—this is a book about human nature during the digital gold rush of the last fifty years.



Cole, Samantha

Samantha Cole is a senior staff writer for *Motherboard*, *Vice's* science and technology outlet, where she covers sexuality, online culture, platforms, and the adult industry. Born on Maryland's eastern shore, Sam's ten-year career in journalism spans from hyper-local newspapers to national and international outlets including *Popular Science*, *Fast Company*, and *Al Jazeera*. In 2020, she was nominated for a Writer's Guild Award for best digital news coverage. In her spare time, Sam can be found biking around Brooklyn, stress-baking, and spelunking into the internet's horniest subcultures.



\$49.99 CAD Paperback

Oct 11, 2022

Workman Publishing Company

COOKING / Beverages / Alcoholic / Wine

9781523510092

736 pages

10.00 x 7.00

Also Available

9781523510108: Hardback

The Wine Bible, 3rd Edition

Nothing improves the experience of wine like knowledge. The proof is in the numbers: Karen MacNeil's *THE WINE BIBLE* is America's bestselling wine book with over 800,000 copies in print. Now this essential book is even better, with a new third edition that's completely revised, completely updated, given a larger trim size and—yes!—now in full-color with over 400 new photographs.

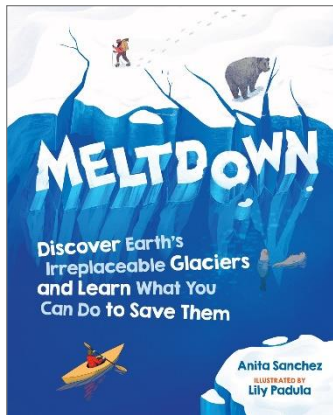
No other wine book compares to *THE WINE BIBLE* in its gift for grounding the reader deeply, and happily, in the fundamentals while layering on passionate asides, tips, anecdotes, definitions, illustrations, maps, labels, and recommended bottles. It is like a complete, always fascinating wine course from a truly great teacher. Karen MacNeil, "America's missionary of the vine" (*TIME* Magazine), is the only U.S. winner of every major wine award in the English language. And she herself has never stopped learning. For this new edition she tasted \$168,000 worth of wines, a tremendous sacrifice to keep the reader current with: New chapters on Great Britain, Croatia, Israel; a new section called In the Beginning...Wine in the Ancient World; new fully revised Great Wines section (formerly the "Wines to Know") for each country and region; expanded chapters on France, Italy, Australia, South America, and the U.S.; an expanded grape glossary including 400-plus varieties; a revised wine terms glossary; and an expanded Mastering Wine Section incorporating latest science on taste and smell.

Truly, a bible for curious wine-lovers of every level of expertise. The very same people who spent over \$68 billion in the U.S. on wine last year.



MacNeil, Karen

One of the foremost wine experts in the United States, **Karen MacNeil** is the only American to have won every major wine award given in the English Language. In a full-page profile on her, *TIME* Magazine called Karen, "America's Missionary of the Vine." Karen is the author of the award-winning book, *THE WINE BIBLE*, the single best-selling wine book in the United States, with more than one million copies sold. She is the creator and editor of *WineSpeed*, the top digital newsletter in wine in the United States. Known for her passion and unique style, she conducts seminars and presentations for corporate clients worldwide. The former wine correspondent for the *Today Show* on NBC, Karen was also the host of the PBS series *Wine, Food and Friends with Karen MacNeil*, for which she won an Emmy. And finally, Karen is the creator and Chairman Emeritus of the Rudd Center for Professional Wine Studies at the Culinary Institute of America, which has been called the "Harvard" of wine education.



\$24.99 CAD Hardback

Dec 06, 2022

Workman Publishing Company

JUVENILE NONFICTION / Science & Nature / Environmental Conservation & Protection

9781523509508

128 pages

10.00 x 8.00

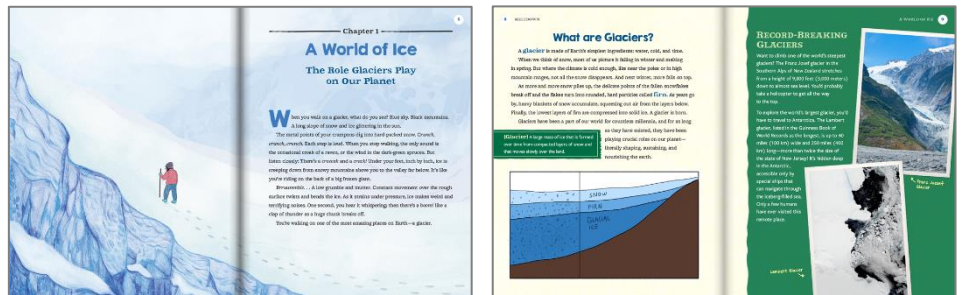
Meltdown

Discover Earth's Irreplaceable Glaciers and Learn What You Can Do to Save Them

Meet the glaciers—before they disappear. A companion in spirit to *The World Without Fish*, which calls attention to the plight of our oceans for young readers and has over 245,000 copies in print, *Meltdown* is the kids' guide to the glorious but endangered world of glaciers. Glaciers may not be as sexy as rain forests or coral reefs, but they are just as vital to the health of the planet, and just as powerfully eloquent in their “canary-in-a-coal-mine” status.

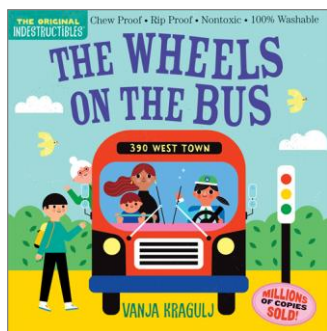
Packed with information, grounded in the latest science, lively in its writing, illustrated throughout, *Meltdown* gives readers an eye-opening overview of glaciers and how important they are: There are over 100,000 glaciers covering 10% of earth's landmass, acting as protective shields to cool the atmosphere and holding almost three-quarters of the planet's fresh water. We learn how glaciers were formed (some over two million years ago), how they move and carve the landscape, how they're replenished, and how scientists study them (the bluer the ice, the older it is). We discover secrets of earth's climate history hidden deep in a glacier's core—and understand the delicate ecosystem of animals and plants that thrive in their frigid worlds, from keystone species like salmon to curiosities like ice worms.

And we learn how climate change is threatening the glaciers, in turn, threatening all the benefits they bring the planet—and all the positive steps readers can take to become climate activists, reduce their carbon footprint, and save the glaciers.



Sanchez, Anita - Padula, Lily

Anita Sanchez worked for over twenty-five years as an environmental educator for the New York State Department of Environmental Conservation, and now serves as an educational consultant to nature centers, arboreta, and school districts. She is the author of nine published books, including the middle-grade science titles *Itch: Everything You Didn't Want to Know About What Makes You Scratch* and *Rotten!: Vultures, Beetles, and Slime*, *Nature's Decomposers* (a Junior Library Guild selection). Lily Padula is a multi-disciplinary illustrator, animator, and artist based in Brooklyn, NY. She employs a cerebral approach to image making, distorting and bending reality where it suits her while maintaining a rich emotional core in each of her pieces. She was awarded a gold medal from the Society of Illustrators for her directorial debut short animation, commissioned in 2018 for NPR's “Invisibilia” podcast.



\$8.99 CAD Paperback

Dec 13, 2022

Workman Publishing Company

JUVENILE NONFICTION /

Transportation / Cars & Trucks

9781523517725

12 pages

7.00 x 7.00

Indestructibles: The Wheels on the Bus

They're called Indestructibles. They could just as well be called the unstoppable! As in they don't stop selling, don't stop pleasing, and don't stop filling an essential need for new parents: a book made for the way babies "read," with their hands and mouths. And now this bestselling series—which ships over 1 million copies every year—is welcoming two new titles based on two of the most popular songs that parents love to sing along with their youngest. Each is illustrated in a bright, lively, colorful style, by the artist Vanja Karguli.

Moving from country to town, The Wheels on the Bus sends parents and their kids on an adventure that everyone loves to act out, from the wipers that go swish swish swish and the horn that goes beep beep beep to the people that go shh shh shh to the babies who cry wah wah wah. As they say, it's all about the journey, not the destination.

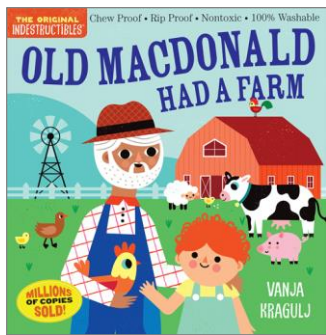
As a reminder, The Original Instructibles are chew-proof, drool-proof, rip-proof — and 100% non-toxic. And when they do get dirty, just throw them in the dishwasher. All for \$5.95.



Kragulj, Vanja - Pixton, Amy

Vanja Kragulj is a **Canadian illustrator** and graphic designer originally from former Yugoslavia. She studied Visual Communications Design at Alberta University of the Arts and started out as an illustrator and graphic designer for children's fashion in Montreal, Quebec. Since then, she has worked as a freelance graphic designer and illustrator on projects ranging from children's product design, environmental graphics design, commercial illustration, public art and children's publishing. Vanja's work is inspired by her graphic design background making composition, color, and patterns key. She is passionate about creating work that is fun, colorful and adds beauty to the world. When she's not illustrating, Vanja teaches children and adult illustration workshops and is a regular visitor to the local library children's book section. She lives with her son Jun, husband Kenji and their miniature husky, in **Calgary, Canada**.

Amy Pixton, a mother of triplets, created Indestructibles after bits of traditional board books found their way into her babies' mouths. Amy lives in Kansas City with her husband and their three children.



\$8.99 CAD Paperback

Dec 13, 2022

Workman Publishing Company

**JUVENILE NONFICTION / Animals /
Farm Animals**

9781523517732

12 pages

7.00 x 7.00

Indestructibles: Old MacDonald Had a Farm

They're called Indestructibles. They could just as well be called the unstoppable! As in they don't stop selling (shipping over 1 million copies a year), don't stop pleasing, and don't stop filling an essential need for new parents: a book made for the way babies "read," with their hands and mouths.

Old MacDonald Had a Farm is the E-I-E-I-Oh! classic that introduces baby to the world of farm animals and the different ways each has of talking—the pig with his oink-oink, the cow with her moo-moo, and the baa-baas, cluck-clucks and quack-quacks that fill the farmyard.

As a reminder, The Original Instructibles are chew-proof, drool-proof, rip-proof — and 100% non-toxic. And when they do get dirty, just throw them in the dishwasher. All for \$5.95.



Kragulj, Vanja - Pixton, Amy

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\$14.99 CAD Paperback

Oct 25, 2022

Workman Publishing Company
**JUVENILE NONFICTION / Activity
 Books / Sticker**

9781523517756

34 pages

9.00 x 9.00

Paint by Sticker Kids: Rainbows Everywhere!

Create 10 Pictures One Sticker at a Time!

Paint by Sticker Kids is unstoppable! The series ships over a million copies a year, and the reasons are obvious: stickers, stickers, and more stickers, plus an activity that delivers hours of screen-free, mess-free fun.

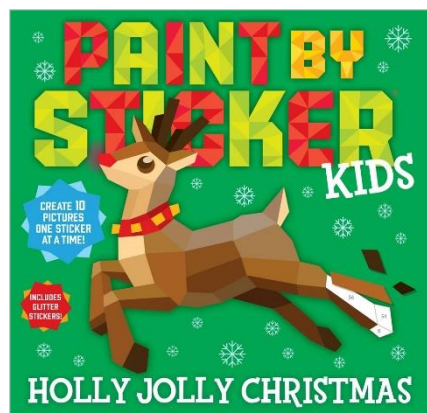
These days, rainbows are about as hot as stickers—Rainbows Everywhere! combines both for pages of brightly colored joy. Each image—a sweet cat, kites flying in the air, a unicorn, and, of course, a rainbow—is swathed in vibrant hues.

The colorful images use low-poly art, a computer style that creates 3-D images out of polygon shapes. To “paint” a picture, just peel off the stickers and place them on the corresponding numbered spaces. The stickers are reusable, so kids can repeat the fun. The stickers are designed to be easy for little hands to handle. And no paint means no splatter, drips, or messy clean-up. Just stickers and fun.



Workman Publishing (Corporate)

Workman Publishing Company has been producing award-winning calendars, cookbooks, parenting guides, and children’s titles, as well as gardening, humor, self-help, and business books, since 1968. From our What to Expect® pregnancy and parenting series and Page-A-Day® Calendars to the iconic 1,000 Places to See Before You Die® and Brain Quest® children's products, our wide range of high-quality non-fiction titles and products inspire, educate, and entertain readers around the globe.



\$14.99 CAD Paperback

Oct 25, 2022

Workman Publishing Company

JUVENILE NONFICTION / Holidays & Celebrations / Christmas & Advent

9781523518562

34 pages

9.00 x 9.00

Paint by Sticker Kids: Holly Jolly Christmas

Paint by Sticker Kids is unstoppable! The series ships over a million copies a year, and the reasons are obvious: stickers, stickers, and more stickers, plus an activity that delivers hours of screen-free, mess-free fun.

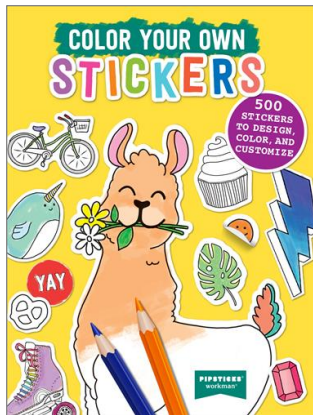
Following in the footsteps of Paint by Sticker Kids: Christmas—hugely in demand and a sell-out in fall 2021—Holly Jolly Christmas delivers even more Christmas fun. There's a snowman, a reindeer leaping, a plate of gingerbread cookies, a beautifully decorated tree, and what's in that box? Merry Christmas—it's a new puppy! This book is a delightful stocking stuffer or Christmas gift.

The colorful images use low-poly art, a computer style that creates 3-D images out of polygon shapes. To “paint” a picture, just peel off the stickers and place them on the corresponding numbered spaces. The stickers are reusable, so kids can repeat the fun. The stickers are designed to be easy for little hands to handle. And no paint means no splatter, drips, or messy clean-up. Just stickers and fun.



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\$17.95 CAD Paperback

Aug 30, 2022

Workman Publishing Company
**JUVENILE NONFICTION / Activity
 Books / Coloring**

9781523517176

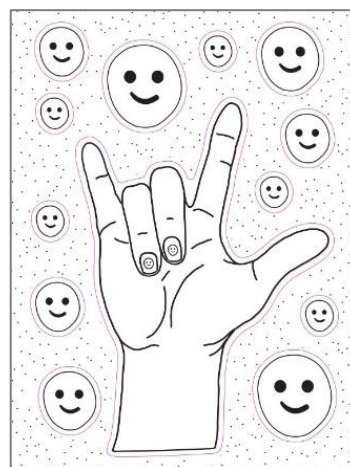
80 pages

8.00 x 6.00

Color Your Own Stickers

500 Stickers to Design, Color, and Customize

Color the rainbow! Combining the fun of stickers with the creativity of making them your own, Color Your Own Stickers is a delightful gift for kids, tweens, and sticker and craft lovers of all ages. The stickers are cute, whimsical and on-trend, with subjects including llamas, narwhals, rainbows, cupcakes, tacos, and more. There are small stickers and larger stickers with sayings like “I’m just here for the snacks.” But the best part is they are completely customizable. The stickers are printed in black and white on uncoated paper. They are designed to be colored and bedazzled and transformed into one-of-a-kind pieces of art with markers, colored pencils, or crayons. The book features 500 designs in all. So embrace your inner sticker designer and get your DIY on!



Pipsticks®+Workman® (Corporate)

Pipsticks®+Workman® is the collaboration of Pipsticks, a subscription sticker club, and Workman Publishing. Made up of a bicoastal team of innovative creatives, the brand is dedicated to spreading the sticker love through books, stationery, and more!



Previously Announced

'Tis the Season for Elf-Care Advent Calendar

24 Ways to Celebrate Your-Elf Over the Holidays

Listen to your inner elf! Make elf-care your new holiday tradition! From Eunice Moyle and Sabrina Moyle, the sister team behind the award-winning design studio Hello!Lucky, this funny and charmingly illustrated Advent calendar combines the spirit of the season with the importance of taking care of you. Count down the days to Christmas with 24 whimsical, seasonal ideas for staying jolly and relaxed through the stress of the holidays, like Make a list, check it twice, then delete a few things. Or Have a silent night. Each day of this keepsake calendar doubles as a pop-out ornament to spruce up your Christmas tree or string on a garland using the included gold cord. Die-cut, three-panel calendar includes 24 pop-out ornaments with foil accents plus gold cord for hanging.

\$26.99 CAD Calendar

Sep 13, 2022

Workman Publishing Company

RELIGION / Holidays / Christmas & Advent

9781523516865

1 pages

12.00 x 14.00

Ctn Qty: 20



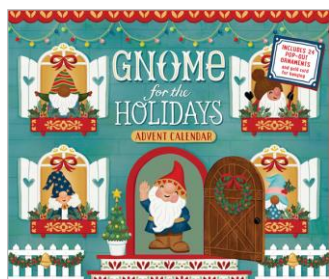
Workman Calendars (Corporate) - Moyle, Sabrina - Moyle, Eunice

Workman Publishing, founded in 1968, is an independent publisher of adult and childrens books as well as the Original Page-A-Day calendars. Known for its innovations in books and calendars, Workman has established itself with a number of iconic best-sellers, including 365 Cats, Sandra Boynton, 1,000 Places to See Before You Die, and Audubon.

Sabrina Moyle is half of the sister team behind Hello!Lucky, an award-winning design studio. With her sister Eunice, she produced Hello!Lucky's first collection of letterpress printed greeting cards in 2003. Since then, Hello!Lucky has expanded to design bedding, ceramics, socks, stationery, custom photo albums, best-selling children's books, and more. Sabrina lives in San Francisco.



Illustrator Eunice Moyle is half of the sister team behind Hello!Lucky, an award-winning design studio. With her sister Sabrina, she produced Hello!Lucky's first collection of letterpress printed greeting cards in 2003. Since then, Hello!Lucky has expanded to design bedding, ceramics, socks, stationery, custom photo albums, best-selling children's books, and more. Eunice lives in France.



\$26.99 CAD Calendar

Sep 13, 2022

Workman Publishing Company

RELIGION / Holidays / Christmas & Advent

9781523516896

1 pages

12.00 x 14.00

Ctn Qty: 20

Previously Announced

Gnome for the Holidays Advent Calendar

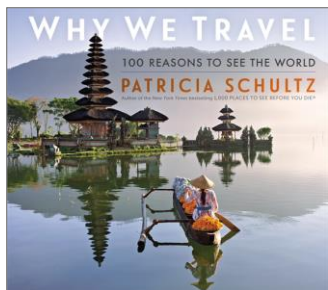
Count down the days to Christmas with a festive and fun—and cheeky—gang of gnomes. Meet your new holiday tradition! Each day, discover a beautiful pop-out gnome ornament designed by artist Anita Ashfield-Salter, along with a festive phrase or pun celebrating the joys of the season. Then hang the ornaments on your tree with the included gold cord or string them together to form a colorful garland—your gnomes will be right at home. These charming illustrations of gnomes will appeal to the whole family and become a beloved Christmas tradition for kids and adults alike. Three-paneled calendar includes 24 pop-out ornaments with foil accents and gold cord for hanging.



Workman Calendars (Corporate) - Ashfield-Salter, Anita

Workman Publishing, founded in 1968, is an independent publisher of adult and childrens books as well as the Original Page-A-Day calendars. Known for its innovations in books and calendars, Workman has established itself with a number of iconic best-sellers, including 365 Cats, Sandra Boynton, 1,000 Places to See Before You Die, and Audubon.

Anita Ashfield-Salter is a freelance illustrator and surface designer from Denver, Colorado. She enjoys illustrating greeting cards, giftware, and patterns for home decor. After working for more than a decade in advertising and graphic design, Anita started her own Etsy shop, Monkey Mind Design. Her whimsical art reflects playful use of color, dynamic patterns, and textures.



Previously Announced

Why We Travel 100 Reasons to See the World

From the author of *1,000 Places to See Before You Die*, a rallying cry to get off the couch and out into the world. WHY WE TRAVEL is filled with personal stories and anecdotes, quotes that inspire, and reasons to motivate—plus images so lush you can't wait to be there. For years Patricia Schultz has been telling us where to travel, and we love listening. Now, in telling us why to travel, she reveals what makes her such a compelling guide and what makes travel such a richly rewarding experience. There's the time she was on safari in Zambia yet found her most lasting memory in a classroom of five-year-olds. The comedy of mishaps that she and friends endured on a canal trip through southern France—and how it brought them together in an unexpected way. She quotes favorite authors and luminaries on the importance of travel and, in a series of memorable aphorisms, gets to the essence of why to travel. And gives us a few travel hacks, too. Travel is, as the writer Pico Iyer says, the thing that causes us to “stay up late, follow impulse, and find ourselves as wide open as when we are in love.” *Why We Travel* is all about rekindling that feeling. Just book a ticket, pack a bag, and dive headlong into an adventure.

\$32.95 CAD Hardback

Sep 13, 2022

Workman Publishing Company

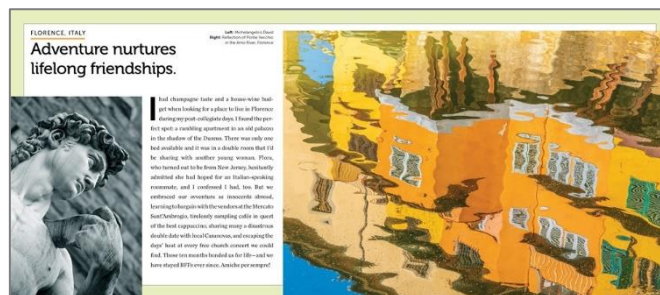
**TRAVEL / Pictorials (see also
PHOTOGRAPHY / Subjects & Themes /
Regional)**

9781523510979

192 pages

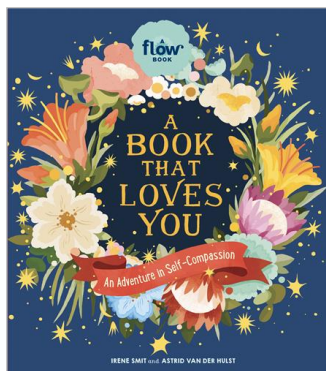
7.00 x 8.00

Also Available



Schultz, Patricia

Patricia Schultz is the author of the #1 New York Times bestsellers *1,000 Places to See Before You Die* and *1,000 Places to See in the United States and Canada Before You Die*. A veteran travel journalist with over 30 years of experience, she's written for *Frommer's*, *Berlitz*, and *Access* travel guides, as well as the *Wall Street Journal*, *Condé Nast Traveler*, and *Travel Weekly*, where she is a contributing editor. Her home base is in New York City, but good luck finding her there.



\$43.50 CAD Hardback

Sep 13, 2022

Workman Publishing Company
SELF-HELP / Personal Growth / Happiness

9781523513192

224 pages

8.75 x 7.50

Ctn Qty: 12

Also Available 9781523517060:
Counterpack – filled



A Book That Loves You

An Adventure in Self-Compassion

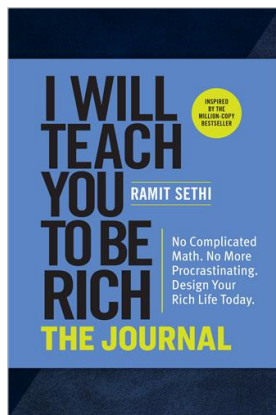
Slow down, celebrate the flaws, own the good stuff, and focus on learning to love and appreciate yourself. These themes of self-compassion and self-care are hugely popular, and Flow® has a unique and creative take on them. Now, following *A Book That Takes Its Time*, with 205,000 copies in print, *A Book That Loves You* offers a message that will resonate in its simplicity: Be sweet to yourself, no matter what kind of day you're having. (In fact, the challenging days are the days you'll most want to pick up the book.) Discover the comforting effects of a daily ritual, like drinking tea. Why it's okay—and even beautiful—to stumble now and again. Embrace the art of being alone. Release the reins on your schedule. And learn to love yourself with all your imperfections—including your over-productive mind. The book combines Flow's signature scrapbook-like look and feel, focus on mindfulness, and high production standards. Sprinkled throughout the essays, illustrations, and sayings are paper "goodies," designed to help readers put what they read into action: A "slow down" sticker puzzle, a pullout "My Own User Manual" map, a DIY flower to assemble and enjoy.

It's a delightful gift for yourself or someone you care about—a book to peruse and engage with, using creativity and intention.



Smit, Irene - van der Hulst, Astrid - Editors of *Flow* magazine (Corporate)

Irene Smit is the cofounder and creative director of *Flow* magazine, a popular international publication packed with paper goodies and beautiful illustrations that celebrates creativity, imperfection, and life's little pleasures. She lives outside Amsterdam. Astrid van der Hulst is the cofounder of *Flow* magazine, a popular international publication packed with paper goodies and beautiful illustrations that celebrates creativity, imperfection, and life's little pleasures. She lives outside Amsterdam. *Flow* magazine, created by Irene Smit and Astrid van der Hulst, is a popular international publication packed with paper goodies and beautiful illustrations that celebrates creativity, imperfection, and life's little pleasures.



\$25.95 CAD Paperback

Sep 13, 2022

Workman Publishing Company

BUSINESS & ECONOMICS / Personal Finance / General

9781523516872

192 pages

9.00 x 6.00

Ctn Qty: 32

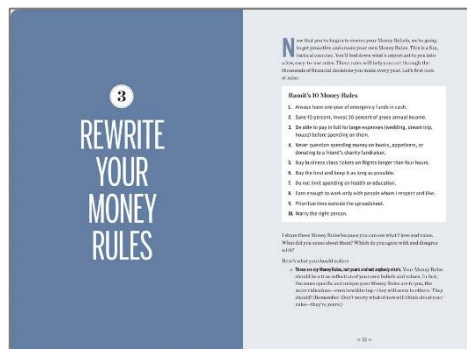
Previously Announced

I Will Teach You to Be Rich: The Journal

No Complicated Math. No More Procrastinating. Design Your Rich Life Today.

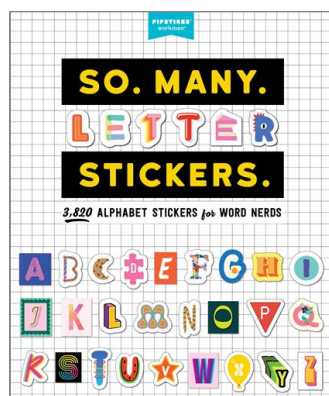
What's Your Rich Life? An interactive journal from the bestselling author of *I Will Teach You to Be Rich*. If someone asked you that question, would you know the answer? Most of us have never thought about what our Rich Life looks like beyond "Doing what I want, when I want." Or, we're told all our lives to save...but then what? How do we enjoy the results? Using this journal, you can finally give yourself the time to design your Rich Life. Work through eye-opening exercises and powerful prompts to understand how to: —Get to the root of your money beliefs and rewire them for the next chapter of your life. —Ask \$30,000 questions instead of \$3 ones. —Identify your Money Dials—the things you love spending on, like travel, eating out, health, or convenience—and develop a plan to spend more on what matters to you most.

Once you know what your Rich Life looks like, you can start to live it. No more vague goals. No more procrastinating. Just beautiful, detailed vision and the confidence to make it real. So find a quiet room, grab a cup of coffee, and let's get to work.



Sethi, Ramit

Ramit Sethi writes about money, business, and psychology for a million readers each month at iwillteachyoutoberich.com. He's been featured in *Fortune*, the *New York Times*, the Tim Ferris podcast, and the *Wall Street Journal*. He studied technology and psychology at Stanford and lives in New York.



\$17.95 CAD Paperback

Aug 30, 2022

Workman Publishing Company
CRAFTS & HOBBIES / Papercrafts

9781523515264

100 pages

7.25 x 6.00

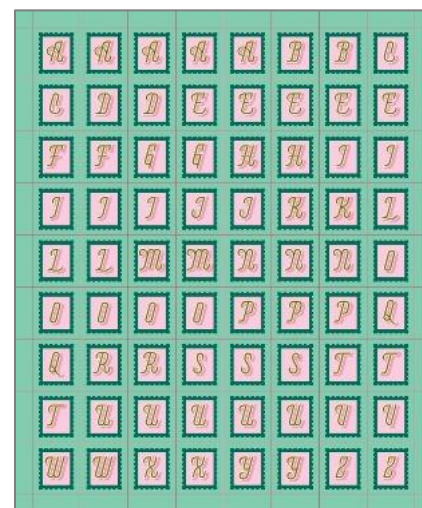
Ctn Qty: 48

Previously Announced

So. Many. Letter Stickers.

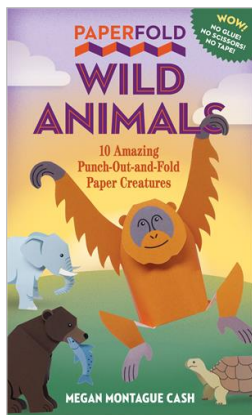
3,820 Alphabet Stickers for Word Nerds

3,820 alphabet stickers for word nerds! Say it, shout it—spell it! This delightful collection of stickers is devoted entirely to the alphabet and the joy of matching a font to every mood and occasion. These letter stickers are perfect for spelling everything from your name to your favorite song lyrics—on your planner, photo album, notes, invitations, and anything that needs a touch of whimsy! Spread the sticker love!



Pipsticks®+Workman® (Corporate)

Pipsticks®+Workman® is the collaboration of Pipsticks, a subscription sticker club, and Workman Publishing. Made up of a bicoastal team of innovative creatives, the brand is dedicated to spreading the sticker love through books, stationery, and more!



\$12.95 CAD Paperback

Sep 27, 2022

Workman Publishing Company
JUVENILE NONFICTION / Activity Books

9781523512768

46 pages

10.00 x 6.00

Ctn Qty: 80

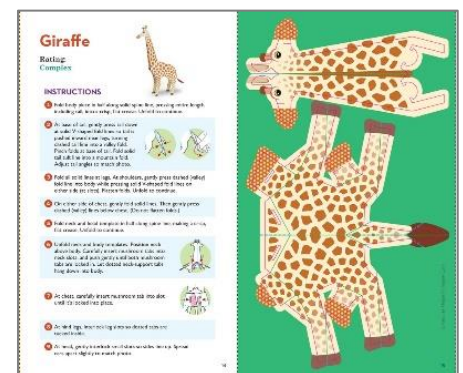
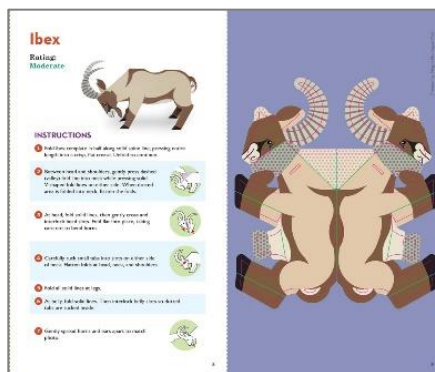
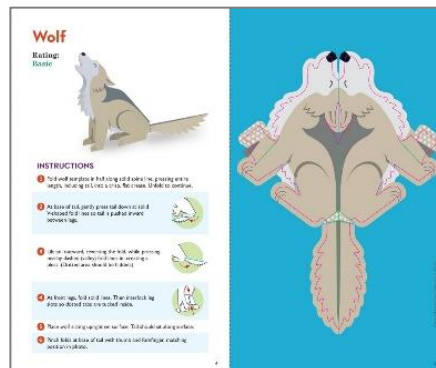
Also Available 9781523517015:
Counterpack – filled



Previously Announced

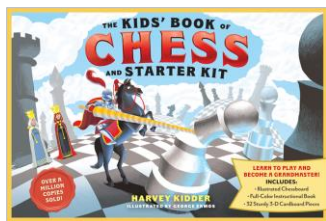
Paperfold Wild Animals 10 Amazing Punch-Out-and-Fold Paper Creatures

Welcome to the magic of paperfolding—from flat piece of paper to 3D creature! No scissors or glue required! Ingeniously designed using interlocking tabs and only two simple types of folds, Paperfold Wild Animals is a new kind of paper craft that's fun and mess-free for kids 7+. Punch out and construct ten amazing models of animals from around the world: a wolf in mid-howl, a bear about to enjoy the fresh salmon it just caught, an ibex with its horns down and ready to charge, and more. Every animal comes with a set of surprising facts too. Did you know that a tortoise can live to be 150 years old and is able to recognize human features? Or that kangaroos are good swimmers? Or that a lion's roar can be heard from 5 miles away?



Montague Cash, Megan

Megan Montague Cash has devoted her career to designing and illustrating for children. She has created numerous books, including *Bow-Wow Bugs a Bug*, which won a Gold Medal in the Society of Illustrators Original Art Show, as well as other honors. Her 2003 picture book, *What Makes the Seasons?*, is a staple of elementary school curriculums and was the basis of an exhibit at the Discovery Gateway Children's Museum. She was a contributing editor to Nick Jr. Magazine and currently teaches at Pratt Institute.



\$29.95 CAD Paperback

Sep 13, 2022

Workman Publishing Company

JUVENILE NONFICTION / Games & Activities / Board Games

9781523516032

96 pages

8.0000x 12.0000

Ctn Qty: 16

Also Available

Previously Announced

The Kids' Book of Chess and Starter Kit

Learn to Play and Become a Grandmaster! Includes Illustrated Chessboard, Full-Color Instructional Book, and 32 Sturdy 3-D Cardboard Pieces

A complete beginner's kit, including the beloved *Kids' Book of Chess*, an illustrated instructional chessboard, and a set of 32 chess pieces! From how to set up the board and make your first move to learning the notorious "blitzkrieg"—a lightning-swift mate-in-four—here is the kit with everything you need to learn and play chess, including a set of sturdy, environmentally friendly cardboard pieces you can build in the classic Staunton design, an illustrated chessboard with helpful reminders on how each piece moves, and a 96-page book filled with lively illustrations and focusing on the game's historic origins on a medieval battlefield. *The Kid's Book of Chess* teaches the game so effectively it's sold over one million copies. It's your move! Kit includes *The Kids Book of Chess* an illustrated instructional chessboard and a set of 32 chess pieces to build plus a fabric storage bag to keep them in. Read and approved for accuracy by the US Chess Federation.



Kidder, Harvey - Ermos, George

Harvey Kidder was a highly-renowned author, artist and illustrator. His popular book, "The Kids' Book of Chess", was originally written for his son and has been in print for over thirty years. I graduated from The University Of Lincoln with an illustration degree in 2014. Warm, bold colours, painterly strokes, textures, and repeat patterns are my inspiration whilst simple shapes and tiny details stimulate me as a creative. I'm always trying to incorporate new artiness from the various world cultures I read about/explore.

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