

FALL 2022 NEW TITLES
(JULY–DECEMBER)

•
BACKLIST CATALOG



CICO
BOOKS

RYLAND PETERS & SMALL

books to inspire and delight



FOOD & DRINK • HOME & GARDEN • HEALTH, BODY, MIND, & SPIRIT • CRAFT • GIFT & HUMOR

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Creative Style



ISBN: 978-1-80065-163-0

192 pages | 250 color photographs | 8½ x 11 in
\$40.00 (CAN \$56.00) | hardcover

Carton quantity: 10

Publication: October 2022



LIZZIE MCGRAW

is an interior designer and the founder of Tumbleweed & Dandelion, her home goods store in Venice, California. Lizzie's interiors projects, from New York to Los Angeles, have been featured in *Architectural Digest* and *Romantic Country*.

FIFI O'NEILL

is an editor, writer, and stylist who has produced numerous features for magazines including *Coastal Living* and *Country Living (USA)*. Her previous books include *Shades of White*, *Surfside Style*, and *Global Bohemian*, all published by CICO Books. Her blog, fifioneillpraiestyle.com, reaches over two million followers. Fifi lives in Florida, USA.



also available:
Shades of White

ISBN: 978-1-80065-060-2

\$35.00 (priced higher in Canada)

Author **Lizzie McGraw**, the founder of interiors boutique Tumbleweed & Dandelion, has had the honor of designing many different styles of home for all kinds of people. She understands that, when designing a space, one should thoroughly understand the lives of its inhabitants. The creative process is fun and adventurous, though it takes patience, imagination, and self-awareness to transform your home into your sanctuary. In *Creative Style*, Lizzie begins with the basics—textiles, furniture, and accessories—and then opens the doors to 12 of her inspiring interiors projects. They include her own 1920s cottage in California, which she has lovingly restored and furnished with unique flea-market finds and upcycled vintage pieces. This once-neglected building is now light, airy, and full of character—a testament to the power of creativity.

- Vintage, reclaimed, and upcycled furniture is a trend that's here to stay in 2022. "By repurposing the old, the damaged, the jagged into something new, we're reducing our footprint while bringing a rich sense of history and spirit into a space," says designer Athena Calderone.
- Lizzie McGraw (@tumbleweedanddandelion) has an active following of 18.5k on Instagram.
- **Fifi O'Neill** has written five titles for CICO Books, including *Romantic Prairie Style* (ISBN 978-1-78249-328-0) and *Global Bohemian* (ISBN 978-1-78249-718-9).



Romantic French Homes



ISBN: 978-1-80065-162-3

176 pages | 200 color photographs
9½ x 11½ in | \$45.00 (CAN \$65.00)
hardcover with printed dust jacket
Carton quantity: 10

Publication: September 2022



**NEW
EDITION**

LANIE GOODMAN

is an American arts and travel writer, originally from New York but based in the south of France since 1988. An expert on twentieth-century French culture, her articles appear in newspapers and magazines including *Condé Nast Traveller*, *France Today*, and *Departures*. She has translated four novels from English into French and is currently a member of the teaching faculty at the SKEMA Business School, near Antibes. Lanie is based in Villefranche-sur-Mer, France.



also available:

A Romance with French Living

ISBN: 978-1-78249-878-0

\$29.95 (priced higher in Canada)

Romantic French Homes presents a stunning selection of homes. These 14 amazing properties sum up all that is French and romantic, from the streets of Paris to Mégève in the French Alps, from the coast of Normandy to the heart of Provence and the sun-baked shores of the Riviera. There are classic country houses, tiny boltholes, city apartments, quirky seaside homes, and more. Each home has its own character, reflecting the people who live there and their passions. The book is divided into four chapters: Châteaux, which covers castles, châteaux, grand country houses, and town houses; Bastides, which features old manors and farmhouses; Maisons Bohemes, which includes bohemian artists', writers' and seaside homes; and Paysannes and Pavilions, which focuses on small and simple town and country houses. With stunning photography capturing the grandeur, charm, and mystery of these properties, their romance and sense of history shine through.

- Interior designer Martyn Lawrence Bullard says that "French style is always in fashion, and constantly gets reinvented with vigor and panache." He predicts that chandeliers, ornate mirrors and opulent textiles will be popular in 2022. *Architectural Digest* adds antique French tapestries to the list.
- Venetian plaster and limewash are seeing a resurgence. "Walls will be the textured backgrounds of our historical, crumbling dreams." Says interior designer, Danielle Colding.
- Hommés Studio names French Vintage, with its "romance and whimsy", as one of the four key interiors styles for 2022.



Be Bold with Colour & Pattern



ISBN: 978-1-78879-446-6

160 pages | 210 color photographs | 8½ x 10 in
\$35.00 (CAN \$50.00) | hardcover

Carton quantity: 16

Publication: August 2022



EMILY HENSON

is an art director and designer known for her creative and approachable style. She began her career with her own line of children's clothing and worked as a visual merchandizer for Anthropologie before venturing into interior styling. After 20 years in the US, Emily returned home to the UK where she oversees styling and shoot creative direction for brands including Habitat, IKEA, and Versace. She writes a popular blog, Life Unstyled, and hosts talks and workshops on styling and interiors. Emily is the author of *Modern Rustic*, *Bohemian Modern*, and *Life Unstyled*, all published by Ryland Peters & Small. She lives in Margate, UK.



also available:
Bohemian Modern

ISBN: 978-1-78879-286-8

\$29.95 (priced higher in Canada)

Interiors trends for 2022 include strong, saturated color and eye-catching patterns. Fresh greens, uplifting pinks, and moody blues are in vogue and statement wallpapers are the next big thing, while trend forecasters predict that retro patterns such as polka dots are making a comeback. In *Be Bold with Colour & Pattern*, **Emily Henson** embraces this individual, free-spirited look and shows you how to translate it to any home.

- Farrow & Ball's key colors for 2022 include Breakfast Room Green, Stone Blue, and Incarnadine, bold hues that will "ground us after a time of uncertainty" according to color curator Joa Studholme.

- Perfect for those who want to make a statement but need encouragement to try something new.

- From the stylist author of the bestselling *Modern Rustic* (ISBN 978-1-84975-445-3, Oct 2013, 10,810 copies sold), *Bohemian Modern* (ISBN 978-1-84975-622-8, Feb 2015, 8,020 copies sold), and *Life Unstyled* (ISBN 978-1-84975-754-6, Oct 2016, 6,730 copies sold).

- Emily writes a popular blog, Life Unstyled, and has a loyal and growing following on social media.



Details Make a Home



ISBN: 978-1-78879-445-9

208 pages (wood-free paper)
200 color photographs | 8½ x 10 in
\$35.00 (CAN \$50.00) | hardcover
Carton quantity: 10
Publication: July 2022



HANS BLOMQUIST

is an art director and stylist who is highly sought after by many prestigious brands. Hans started out working for IKEA in Sweden and ended up art directing their catalog. His clients include Harrods, Marks & Spencer, John Lewis, H&M, and IKEA. He is also the author of *In the Mood for Colour*, *Inspired by Nature*, and *The Natural Home* (all published by Ryland Peters & Small). Hans lives in Paris and the French capital is a great source of inspiration for his work.



also available:
In the Mood for Colour
ISBN: 978-1-78879-356-8
\$35.00 (priced higher in Canada)

In hundreds of ravishingly beautiful, inspiring pictures, **Hans Blomquist** encourages the reader to see the world through his own eyes, revealing the possibilities in even the humblest of items and putting together pieces to create striking, painterly, and evocative rooms and displays. Chapter by chapter, Hans focuses on and discusses the key ingredients of his distinctive look: Nature, Texture, Color, Textiles, Collecting, and Display. He explains the creative process, offers up his own treasures, and puts inspiring ideas for beautiful interiors within every reader's reach.

- From the stylist author of *The Natural Home* (ISBN 978-1-84975-213-8, Apr 2012, 15,210 copies sold), *In the Mood for Colour* (ISBN 978-1-84975-755-3, Nov 2016, 4,890 copies sold), and *Inspired by Nature* (ISBN 978-1-78879-021-5, Nov 2019, 5,830 copies sold).
- An easily accessible look that encourages the reader to see their home with fresh eyes and make the most of what they already have rather than requiring designer furniture or high-spec finishes.
- Hans has a loyal following of more than 24k on Instagram @hansblomquist.



Create



ISBN: 978-1-78879-478-7

160 pages | 200 color photographs | 8½ x 10 in
\$35.00 (CAN \$50.00) | hardcover

Carton quantity: 16

Publication: November 2022



EMILY HENSON

is an art director and designer known for her creative and approachable style. She began her career with her own line of children's clothing and worked as a visual merchandizer for Anthropologie before venturing into interior styling. After 20 years in the US, Emily returned home to the UK where she oversees styling and shoot creative direction for brands including Habitat, IKEA, and Versace. She writes a popular blog, Life Unstyled, and hosts talks and workshops on styling and interiors. Emily is the author of *Modern Rustic*, *Bohemian Modern*, and *Life Unstyled*, all published by Ryland Peters & Small. She lives in Margate, UK.



also available:
Life Unstyled

ISBN: 978-1-78879-351-3

\$32.00 (priced higher in Canada)

Using her experience as a stylist and set designer, in the first part of the book **Emily Henson** shows how to create homes that meet our needs yet have style and personality aplenty without relying on yet more disposable 'stuff'. In *Gather*, she shows how to establish a sense of personal style, while in *Shop your Home* she suggests we think twice before getting sucked into the 'bin and buy' cycle. Instead of ripping out a kitchen, opt for new worktops or paint the cabinets, or update a lampshade by adding a fringe or trim to spark the satisfaction of creativity and give it a second lease of life. *Reuse before you Replace* contains a wealth of simple ideas for easy yet creative home updates, and in *In Mix-Master* Emily explains how to combine high-street items with customized, repurposed, or vintage pieces. The second part of the book visits real-life homes that display incredible creativity and reflect their owners' needs, tastes, and style.

- Seeking out sustainable options is one of *Homes & Gardens* magazine's top trends for 2022, while *Vogue* predicts that sustainable accents will be a leading trend.
- From the stylist author of the bestselling *Modern Rustic* (978-1-78879-186-1), *Bohemian Modern* (978-1-78879-286-8), *Life Unstyled* (978-1-78879-351-3), and *Be Bold* (978-1-78879-023-9).
- Emily writes a popular blog, Life Unstyled, and has a strong and engaged following on social media.



The Sensory Home



ISBN: 978-1-78879-477-0

160 pages | 220 color photographs | 8½ x 10 in
\$35.00 (CAN \$50.00) | hardcover

Carton quantity: 10

Publication: September 2022



PIPPA JAMESON

(@thesensoryhome) is an interior stylist, creative director and the founder and director of Pippa Jameson Interiors Ltd, an agency offering styling, consultancy, and shoot production. Over the past 25 years, Pippa has worked in all areas, including advertising, magazines, commercials, and TV. She recently launched a series of online courses, which aims to equip creatives with the skills to market themselves effectively. *The Sensory Home* is Pippa's first book and reflects her keen interest in mindful decorating. She lives with her husband and their two daughters in Bishop's Stortford, Hertfordshire, UK.



also available:
Calm

ISBN: 978-1-78879-383-4

\$35.00 (priced higher in Canada)

The Sensory Home will help you to understand whether your home is working for or against you. Layout, color, texture, scent, lighting, and more can be used to create a calming or stimulating environment according to your family's unique needs, including for neurodiverse individuals. This book offers hints and tips as well as long-term solutions to bring your vision of a warm, inviting, and harmonious home to life. Chapters covering each room of the house include sensory checklists to help you identify the causes of unconscious stress, whether it be the cluttered kitchen, the dimly lit home office, or the unsupportive sofa.

- *Architectural Digest* says that, in 2022, "All of our experts agree that consumers are paying much more attention to the sensory experiences of their homes." In particular, "scent has taken center stage during the pandemic, and people are [...] inhabiting space with all of their senses."
- Curved shapes and cocooning upholstery are also on trend as the epitome of warmth and comfort—in these challenging times, says *Elle Décor*, we feel drawn to "things that look soft and inviting, plump and rounded". Pinterest searches for "curved sofa living room" have tripled in the past year.
- Mindful decorating is especially relevant to neurodiverse individuals, who often experience sensory processing issues. They make up 16% of the US population (CDC estimate).
- **Pippa Jameson** (@thesensoryhome) is an experienced interiors stylist who shares her insights on mindful decorating with her 23.5k Instagram followers.



Graze & Feast



ISBN: 978-1-78879-466-4

208 pages (wood-free paper) | 100 color photographs | 50 recipes | 7 7/8 x 10 in | \$30.00 (CAN \$41.00) | hardcover
Carton quantity: 10

Publication: September 2022



THEO A. MICHAELS

was born in London to a large Greek Cypriot family. After competing in BBC TV's MasterChef in 2014, Theo left the corporate world to wear chef's whites for a living. He now works as an Executive Chef, is the award-winning author of four cookbooks for RPS, founder of FiveDinners.com and a regular studio guest chef on Channel 4's Steph's Packed Lunch. In 2020 he gained an appreciative 22K+ Instagram following @theocooks while hosting live kids' cook-a-longs from his home during lockdown. He lives in Hertfordshire, UK, with his wife, three children and dog.



also available:
Canned

ISBN: 978-1-78879-362-9

\$21.99 (priced higher in Canada)

In this exciting follow up to *Share*, **Theo Michaels'** new book *Graze & Feast* provides the key to effortless and on-trend entertaining. By following the perfect combination of shopping lists, simple recipes, and how-to instruction, you can create sharing boards and party platters for unforgettable snacks, simple meals, and social occasions. The cheese board is often the most anticipated highlight of any gathering, and here the concept is taken to the next level, with boards curated to suit all foods, tastes, and occasions. Chef Theo has designed 50 menus for sharers that are as good to look at as they are to eat, in chapters that include Brunch, Everyday Sharers, Big Night In, Around the World, Seasonal Celebrations, and Sweet Treats. Rustle up a Pancake or Fruit Salad board for a relaxed brunch; graze at a leisurely pace from a Family Movie Night or Date Night board; serve up a classic Charcuterie or Mezze board with drinks for friends; or celebrate that special someone or occasion with a Valentine's Day, Afternoon Tea, or Festive Treats board. Whimsical, tasty, and visually enticing, it's time to get "on board!"

- Follows a huge recent trend—utterly Instagrammable boards went viral in 2021, with the #charcuterieboard hashtag reaching 1.5m posts on Instagram and 640m views on TikTok.
- An effortless way to present food in style when entertaining at home.
- 50 shopping lists, menus, and easy recipes for themed grazing boards and platters to assemble at home, each one beautifully photographed.



Two's Company: Simple



ISBN: 978-1-78879-467-1

176 pages | 100 color photographs

75 recipes | 7½ x 9¼ in | \$24.99

(CAN \$34.99) | hardcover

Carton quantity: 20

Publication: September 2022



ORLANDO MURRIN

was projected into the culinary limelight by MasterChef UK, when his 1992 semifinal was watched by 12 million people. He was editor of the successful *BBC Good Food* magazine for 6 years and now writes a column for *Waitrose Weekend*, presents the BBC Good Food Podcast with Tom Kerridge, and since 2019 has been President of the Guild of Food Writers. He is a panelist, presenter, and demonstrator at food festivals, including those in Exeter and Dartmouth, local to his home in Devon.

Following the success of *Two's Company*, this time **Orlando Murrin** turns his attention to super simple food designed for two people to share. He brings 75 more recipes to the table, encompassing everything from week-night quick fixes and easy-yet-impressive mains, to indulgent desserts. These speedy, often all-in-one, recipes have been carefully created so that there are minimal leftovers or half-finished packets of ingredients, making cooking for two easier and more cost effective than ever before. Whether you're craving comfort or looking for something special, need a "store-cupboard winner" or something to satisfy your sweet tooth, *Two's Company: Simple* is the perfect resource for anyone who wants to make cooking for a pair both stress-free and enjoyable.

- Follows the success of Orlando's previous hugely well-received book *Two's Company* (978-1-78879-377-3).
- Two-person households are increasingly common in the US, with only 18% of American households comprising of a "nuclear family" (*Daily Mail*).
- Orlando is a former editor of *BBC Good Food Magazine* and founder of *Olive* magazine, and he now hosts the BBC Food Podcast alongside Tom Kerridge and has a monthly column in *Waitrose Weekend*.
- "We're all looking for quick routes to great dishes and Orlando does it so well in this beautiful cookbook." Tom Kerridge



also available:

Two's Company

ISBN: 978-1-78879-377-3

\$24.99 (priced higher in Canada)



Bao



ISBN: 978-1-78879-474-9

160 pages | 100 color photographs

65 recipes | 7½ x 9¼ in | \$24.99

(CAN \$34.99) | hardcover

Carton quantity: 20

Publication: November 2022



LORETTA LIU

is an award-winning chef who grew up in multicultural Singapore and was exposed to many different foods from a young age, Singaporean cuisine being strongly influenced by Chinese, Malay, and Indian flavors. Her love for fine food propelled her into the kitchens of the Raffles Hotel where she was then schooled in classical French cooking by Pierre Gagnaire, Frederic Bau, and Alain Ducasse. On moving to the UK, Loretta became a chef and teacher in Raymond Blanc's Le Manoir Aux Quat' Saisons, and later taught at Jean-Christophe Novelli's cookery school. She now lives in London.



also available:
Otsumami

ISBN: 978-1-78879-430-5

\$27.99 (priced higher in Canada)

Bamboo steamers are at the heart of simple Asian cooking, producing everything from fluffy pork bao buns to steamed seafood. This collection of recipes will help you use this simple and effective cooking tool from ancient China to produce vibrant and tasty treats. Whip up “pillows of joy” in delicious bao bun recipes to make fashionable, fluffy clouds of doughy yumminess that pack a sweet and savory punch in one hit. Try a range of filled and steamed dim sum dumplings plus other popular Asian-style street foods. Steamed chicken, fish, vegetables, and sticky rice have never been easier to whip up. Unlock a whole new world of cooking with these recipes, and discover the incredible flavors and textures that can be created in your bamboo steamer.

- Embraces the increasingly popular street food bao buns, which has become something of a revolution in Western countries over the past five years. London has seen flourishing chains pop up such as On The Bab and BAO, and the trend is only getting stronger.
- Bamboo steamers are famously a most-loved kitchen tool (*Great Harvest*), and are cheap and easy to buy (\$17 from Ikea or Amazon).
- A simple, convenient, and effective way of cooking authentic Asian-style steamed buns, dumplings, and other dishes.



Healthy Vegan Street Food



ISBN: 978-1-78879-470-1

208 pages | 300 color photographs

85 recipes | 7½ x 9¼ in | \$24.99

(CAN \$34.99) | hardcover

Carton quantity: 20

Publication: October 2022



JACKIE KEARNEY

was a top four finalist in BBC One's MasterChef in 2011. She gained her experience and secured her reputation through pop-up dining events, a vegetarian fine dining club, and by pursuing her Asian street food venture in her iconic trailer, Barbarella. Her food passion lies with Asian street food and vegetarian dining, inspired by her extensive travels across Asia with her husband and twin children. Born and bred in Manchester, UK, Jackie is now mostly based in the Italian Alps, where she is creating a wellness retreat.



also available:
My Vegan Travels

ISBN: 978-1-84975-883-3

\$21.95 (priced higher in Canada)

In an exciting follow-up to *Vegan Street Food*, **Jackie Kearney** brings you healthy recipes inspired by her travels. This book is a celebratory journey through healthful Asian food culture, incorporating authentic travel vignettes and authentic recipes alongside more fusion and modern interpretations. With personal anecdotes, pictures from her travels, and local facts, explore the healthy vegan street delicacies of Asia with Jackie, through India, Sri Lanka, Thailand, Laos, Vietnam, Malaysia, and Indonesia. From healthier spins on classics such as Coconut Roti and Raw "Pad Thai" to more unusual and exciting dishes like Loaded Lotus Root Fries and Rice Paper Pizza, these recipes are truly authentic and totally delightful. With this book you can explore the true culinary heart of Asia through nutritious and vegan dishes. The dishes range from season to season (think crunchy Watermelon Salad, or a comforting Spiced Tofu & Noodle Claypot), from speedy plates to longer and more rewarding cooking processes, and even include gluten-free options.

- From the author of *Vegan Street Food* (978-1-84975-650-1), winner of Best Book Award in the PETA Vegan Food Awards 2016.
- Vegan street food as an entity has come on leaps and bounds over the past five years. Street food is a huge part of American foodie culture, from taco trucks to hot dog stands, and plant-based eateries and vegan options are becoming increasingly common across the country.
- 39% of Americans claim that whilst their diets are not entirely plant-based, they are eliminating animal-related food products and striving to eventually become completely vegan (Nielsen).



Healthy Vegetarian & Vegan Slow Cooker



ISBN: 978-1-78879-473-2

144 pages | 100 color photographs

60+ recipes | 7½ x 9¼ in | \$21.99

(CAN \$29.99) | hardcover

Carton quantity: 20

Publication: November 2022



NICOLA GRAIMES

is an award-winning writer specializing in health, vegetarian and vegan cooking, and food for children. A former editor of *Vegetarian Living* magazine, she has written 30 cookbooks, including *The Part-time Vegetarian*, *The Part Time Vegetarian's Year*, and *Vegetarian Food for Healthy Kids*, which won Best Vegetarian Cookbook in the World Gourmand Awards 2010. Nicola lives in Brighton, UK.



also available:

Healthy Slow Cooker

ISBN: 978-1-78879-420-6

\$21.99 (priced higher in Canada)

For those of us with busy lifestyles and little time to spend in the kitchen, it can be hard to find convenient ways to whip up meat-free meals. Let your slow cooker do all the work for you here, with this delicious range of recipes for vegan and vegetarian magic. Spend a little time preparing and let your meals cook away without you having to watch over them! These delicious dishes have something for the everyday, from simple plant-based essentials to more impressive recipes for special occasions. With recipes for breakfast and brunch, soups, broths, stews, hotpots, curries, big veg dishes, and versatile sides, this is the ultimate resource book for creating vegetarian and vegan with maximum flavor with minimum effort.

- From the author of *Healthy Slow Cooker* (978-1-78879-420-6) and *The Salad Bowl* (978-1-84975-601-3).
- Slow cookers remain hugely popular over time, with 11.6 million sales in the US in 2019 (Statista).
- As of 2021 there are 79 million vegans globally, making up 8% of the population.
- A convenient way for those who want to cut down on meat consumption and cook healthy, delicious meals without having to spend extra time in the kitchen.



The Guilt-free Kitchen



ISBN: 978-1-78879-443-5

144 pages (wood-free paper) | 70 color photographs | 60 recipes | 6 1/8 x 8 1/4 in | \$14.99 (CAN \$19.99) | hardcover

Carton quantity: 24

Publication: July 2022



JORDAN BOURKE

worked as a chef at the Michelin-starred Petersham Nurseries restaurant, London, and now cooks for clients, specializing in food for health, as well as working as a recipe writer and broadcaster. His sister JESSICA is a nutritional therapist and natural fertility specialist. She writes for Irish media on fertility and nutrition and lives in Dublin.

This cookbook is not about denial; its approach to cooking and eating simply swaps ingredients such as refined sugar, wheat, and dairy for natural and healthier alternatives that achieve the same feeling of indulgence without the negative health impacts and connotations associated with certain ingredients. These easy swaps make healthy eating both simple and delicious. Recipes range from simple sharing plates to “Foods from Afar” such as Massaman Curry and Smoked Mackerel Sushi Rolls. There are “Light & Fresh” dishes such as Polenta Pizza, as well as “Comfort Food” recipes including Wild Mushroom & Leek Risotto and Lasagna. With ideas for everything from brunch, such as New York Avocado Toast, to “Sweet Treats” like Cheesecake with Sweet Cherries, brother and sister **Jordan** and **Jessica Bourke** combine their expertise as a chef and a nutritional therapist to prove that you can have your cake and eat it.

• “Stay greedy and throw away the diet books! These recipes deliver great-tasting food that will be doing wonders for your body and mind.” Thomasina Miers

• *Our Korean Kitchen* (co-authored with Jordan’s Korean wife Rejina Pyo) won Cookbook of the Year 2015 at both the Observer Food Monthly Awards and the Fortnum & Mason Awards.

• Healthier yet indulgent cooking always has a guaranteed audience, especially now with the rise of the Air-Fryer and the plant-based diet—people lead busy lives and look for easy ways to be healthier without missing out on good food.



also available:

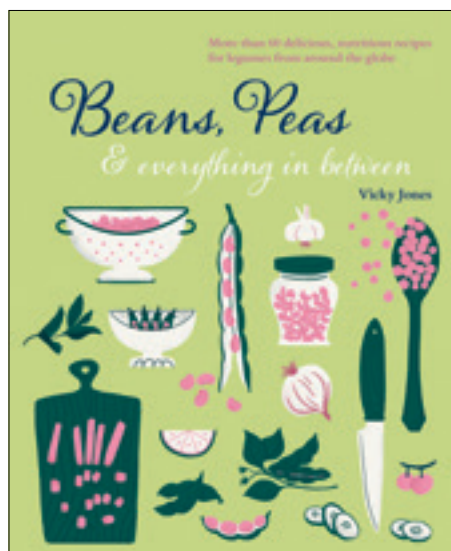
Air-Fryer Cookbook

ISBN: 978-1-78879-424-4

\$21.99 (priced higher in Canada)



Beans, Peas, & Everything In Between



ISBN: 978-1-78879-444-2

160 pages | 70 color photographs

60+ recipes | 6 1/8 x 8 1/4 in | \$14.99

(CAN \$19.99) | hardcover

Carton quantity: 24

Publication: August 2022



VICKY JONES

was formerly the wine and food editor of *House & Garden* magazine and has traveled extensively collecting recipes and cooking techniques, as well as the food culture of many different countries. She has written a number of articles in national newspapers and wrote *Dordogne Gastronomique* for Octopus Publishing.



also available:

The Mighty Chickpea

ISBN: 978-1-78879-425-1

\$14.99 (priced higher in Canada)

A staple in plant-based dishes and beyond, legumes are not only satisfying to eat but they are also cheap, sustainable, and readily available. Taking her inspiration from all around the globe, **Vicky Jones** showcases all the best uses of beans, peas, and lentils in these deliciously healthy recipes. Over half of the recipes are vegetarian, while the rest make creative use of modest amounts of fish, poultry, or meat. Highlights include Armenian Lentil Soup, or Indian Lentil & Rice Dosas with Mint Raita. Also included are stunning salads, including Black Bean Salad with Avocado & Lime. Rediscover classic dishes like Cassoulet or try more unusual dishes such as Valencian Paella. Desserts will also surprise you with heavenly creations like Black Bean Brownies. Complete with information on the history and botany of pulses, advice on buying, storing, soaking, and cooking them and a summary of their nutritional benefits, this is the go-to cookbook for anyone who is ready to embrace these protein-rich and diverse ingredients.

- The power of the pulse has blossomed with the rise of veganism and plant-based eating. The number of vegan consumers in the US has grown by 500% since 2014, with the high-protein content and affordable nature of pulses making them essential to a meat-free diet (*Report Buyer*).
- Bean and lentil consumption increased in the US by 73% between 2015 and 2020. Lentils, black beans, and chickpeas are particularly popular (US Department of Agriculture).
- Brimming with magnesium, folate, fiber, calcium, heart-healthy omega-3 fatty acids, iron, and antioxidants, these foods are a healthy and nutritious option.



Comfort: A Winter Cookbook



ISBN: 978-1-78879-479-4

176 pages | 150 color photographs

150+ recipes | 7½ x 9¼ in | \$24.99 (CAN \$34.99) | hardcover, cloth quarter-binding

Carton quantity: 20

Publication: October 2022



When it's chilly outside, what we naturally crave is comforting food. In *Cold Day Comforts* you'll find plenty of warming dishes including Spiced Pumpkin and Coconut Soup or Salmon, Broccoli, and Potato Gratin with Pesto. *Fireside Feasts* is full of great ideas for winter entertaining. Try a Braised Pot Roast with Red Wine, Rosemary, and Bay, or Slow-cooked Lamb Shanks with Lentils. Make the most of the finest seasonal ingredients the winter has to offer and prepare healthy and satisfying Winter Salads. Choose from recipes such as Steak and Blue Cheese Salad or Roast Butternut Squash Salad with Spiced Lentils, Goat Cheese, and Walnuts. Whether you enjoy a luxurious dessert or a slice of cake in front of the fire, there are plenty of delicious options to choose from in *Indulgent Treats*. Try Pecan Cheesecake Swirl Brownies, Arctic Roll with Vanilla and Chocolate, or Brown Sugar Pavlova with Cinnamon Cream and Pomegranate. Finally, in *A Cup of Cheer* there are plenty of ideas for festive drinks and toddies. Relax at home with a warming Chocolate Marshmallow Melt or enjoy winter entertaining with a delicious Mulled Wine, guaranteed to make any holiday gathering a success.

- Features more than 150 recipes and ideas for winter eating and entertaining.
- Mouth-watering food photography is accompanied by evocative images of winter outdoor scenes and cozy interiors, making this a perfect Christmas gift.
- A collection of beautifully photographed recipes, curated for you by the expert food and drink editors at Ryland Peters & Small, and originally created by our highly-regarded cookery authors.



also available:
Pies, Glorious Pies

ISBN: 978-1-78879-237-0

\$19.95 (priced higher in Canada)

Fondue & Raclette



ISBN: 978-1-78879-472-5

176 pages | 120 color photographs
70+ recipes | 7½ x 9¼ in | \$24.99
(CAN \$34.99) | hardcover

Carton quantity: 20

Publication: October 2022



LOUISE PICKFORD

is a sought-after food writer and food stylist with over 25 years' experience. She is the author of numerous cookbooks published worldwide, including *La Paella*, *The Noodle Bowl*, and *The Dutch Oven Cookbook* for Ryland Peters & Small. English by birth, she was based in Sydney, Australia for a decade, but now lives in Brie, northern France.

For ultimate winter indulgence, why not try a fondue? Indulge in this fun retro way of dining, but with a modern twist. Starting with the well-known melted cheese fondues from ski resorts around the world, recipes here include classics from the Alps, such as the archetypal Fondue Neuchâtel, based on local cheeses and local wines, and the variation Raclette. But there are others, too, such as a Roasted Tomato Fondue and the Italian version, Fonduta, and hot oil Fondues to try such as Fondue Bourguignonne. Also included are some delicious lighter choices, like stock fondues where food is cooked in a scented broth—try Fish & Seafood in Saffron & Tomato Broth, and Beef with Horseradish in Red Wine & Juniper Stock. Also included are some up-to-the-minute, stylish Modern Fondues, such as Blue Cheese Fondue with Walnut Grissini. And don't forget the sweet fondues—there's Chocolate with Orange & Chili, or White Chocolate Fondue with Lemon and Gin.

- A social meal with warmth and intimacy.
- Fondue seems to “reinvent itself every decade or so” (*Eater*).
- 2020 lockdown in France saw a 300% increase in raclette cheese sales, with people buying raclette machines in record numbers (*Forbes*).
- The Melting Pot restaurant chain is increasingly popular in the US, opening 125 units by 2026.



also available:
Fireside Food for Cold Winter Nights
ISBN: 978-1-78879-277-6
\$24.99 (priced higher in Canada)

To place an order fax 856-824-2286

FONDUE & RACLETTE | 15

Sheet Pan Dinners



ISBN: 978-1-78879-468-8

176 pages | 120 color photographs

150+ recipes | 7½ x 9¼ in | \$24.99

(CAN \$34.99) | hardcover

Carton quantity: 20

Publication: September 2022



JENNY TSCHIESCHE

is a leading nutrition expert and the founder of lunchboxdoctor.com. She lives with her family in Buckinghamshire, UK. Learn more about her work at www.jennytschiesche.com.

LIZ FRANKLIN

is an award-winning food writer, food stylist, chef, and author of 17 books who has written for many of the UK's top food and travel magazines. She was previously food editor of *Good Health* magazine and previously ran a cookery and wine education school in Italy. Liz is now based in the south of England.



also available:
The Dutch Oven Cookbook
ISBN: 978-1-78879-389-6
\$21.99 (priced higher in Canada)

Sheet pan cooking is fuss-free cooking, inspired by an ever-increasing desire for simplicity in the kitchen. More and more of us want to cook delicious and healthy dishes from scratch, in favor of buying ready meals and processed food, and we want to cater to the dietary requirements of our friends and families. But this is hard when you're short on time to cook and plan elaborate meals. This book takes all the stress out of the situation with a tempting collection of one-pan recipes. Meat eaters can indulge in Smoky Lamb Ribs with Slow-Roasted Carrots or Cornflake Chicken Nuggets with Sweet Potato Fries, whilst veggies and vegans can enjoy Baked Butternut Squash with Saffron and Rosemary Risotto, or Tex-Mex Veggie Tacos with Tomato Salsa and Chipotle Mayo. Plus, everyone can tuck into desserts such as White Chocolate, Almond, and Raspberry Ripple Brownies. These recipes will provide easy meals for every day and occasion cooking, giving you and your crowd delicious food straight from the oven to the table.

- A new recipe collection in the same vein as best-selling *Roasting Tin* books and *One Pot, One Pan, One Planet*—the one pan recipe is huge right now.
- 582,000 people from 209 countries participated in Veganuary 2021, and this book provides brilliant vegan and vegetarian recipes for those wanting to cut down on their meat consumption.



Chicken Shack



ISBN: 978-1-78879-442-8

144 pages (wood-free paper) | 75 color photographs | 65+ recipes | 6 1/4 x 8 1/4 in
\$14.99 (CAN \$19.99) | hardcover

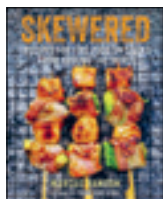
Carton quantity: 24

Publication: July 2022



A timeless and versatile ingredient, chicken has been popular for decades and over generations. And is it any wonder? Entertaining a crowd? Serve up an impressive Garlic Butter Roast Chicken, or an appetizer of Chicken Caesar Sliders Wrapped in Parma Ham. Looking for some classic dishes for the family? Look no further than Grilled Chicken Burgers, Chicken Quesadillas, and Spanish-Style Chicken & Rice. In search of something comforting after a long day? Perhaps opt for Chicken Pot Pie with Tarragon & Leeks, or Extra-Crunchy Crumbed Wings. Or if you want something hot and spicy, Red Hot Buffalo Wings and Jerk Chicken may be exactly what you need. Take this book under your wing, and find chicken recipes for all tastes and occasions.

- Fried chicken has a culture of its own in the US, with Statista predicting that 179.51 billion Americans will be eating frozen fried chicken by 2023.
- The US has had “Chicken Sandwich Fever” over the last few years, with the craze over the Pop-Eyes Chicken Sandwich netting the brand \$65 million worth of marketing and exposure (*Forbes*).
- A new collection of beautifully photographed recipes, curated for you by the expert food and drink editors at Ryland Peters & Small, and originally created by our highly-regarded cookery authors.

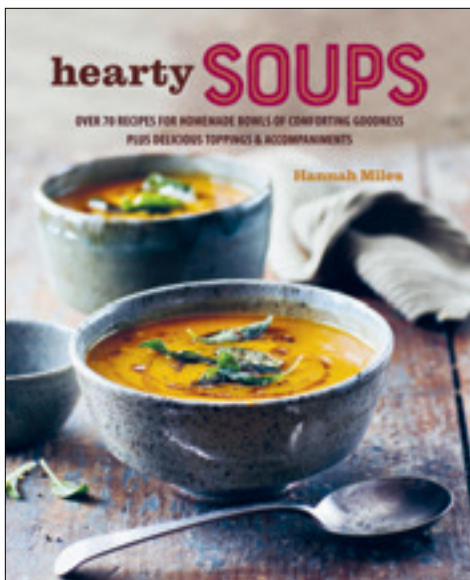


also available:
Skewered

ISBN: 978-1-912983-42-1

\$21.99 (priced higher in Canada)

Hearty Soups



ISBN: 978-1-78879-471-8

176 pages | 100 color photographs

70+ recipes | 7½ x 9¼ in | \$24.99

(CAN \$34.99) | hardcover

Carton quantity: 20

Publication: October 2022



HANNAH MILES

is a working lawyer who, since reaching the final of MasterChef UK in 2007, has developed a successful second career as a baker, cook, and food writer. She is the author of more than 15 books for Ryland Peters & Small, including *Naked Cakes* (978-1-84975-599-3) and *Pancakes, Waffles, Crepes, & French Toast* (978-1-78879-203-5). Hannah lives in a thatched cottage in rural Northamptonshire, UK.



also available:
Home-cooked Comforts

ISBN: 978-1-78879-283-7

\$19.95 (priced higher in Canada)

Soups are soothing, filling, and a great way to use up leftovers or pack in nutrition and vegetables for the perfect bowl of both virtue and comfort. From sensational starters to feel-good main courses, this book contains over 70 recipes for everything from a silky Butternut Squash Soup to a rich Langoustine Bisque. There are soups for every occasion, all of them brimming with flavor. When in need of something good for the soul, look to Chicken Noodle Broth. For those cold winter afternoons that call for something earthier, Roasted Cream of Tomato Soup with Pesto or French Onion Soup with Gruyère Rarebit are just the ticket. For ultimate nourishment, try Italian Wedding Soup or a classic Minestrone. Dinner parties and special occasions may call for an ocean-based bowl such as Clam Chowder or Prawn Gumbo, whilst those keen for global tastes may lean towards Costa Rican Black Bean Soup, or Korean-style Beef Broth. Occasions that require more indulgent treats can be fulfilled with whipping up Boxing Day Turkey Soup or Lasagne Soup. This book is also complete with recipes and ideas for accompaniment, with everything from toasties and sandwiches, to topped crisp-breads and wraps featured. Feel-good and tasty, a bowl of soup is always welcome, whatever the reason or season!

- Soups are sustaining, comforting, and often easy to whip up quickly.
- Universal, timeless, and great for every occasion.
- Americans love the soup and dipper combo—Panera Bread, for example, is hugely popular, whilst speedy recipes on TikTok and cupboard-based cooking inspired by Covid lockdowns have injected new life into soups.



Festive Cocktails & Canapés



ISBN: 978-1-78879-480-0

144 pages | 100 color photographs
100+ recipes | 6 1/8 x 8 1/4 in | \$14.99
(CAN \$19.99) | hardcover

Carton quantity: 24

Publication: September 2022



As family and friends come together to eat, drink, and be merry, let this collection of drinks and nibbles guide you through advent right up to the new year. You'll find everything you need to host at home, with recipes for an elegant New Years Eve Soirée to a light Christmas morning brunch. Cocktails encompass everything from the Snowball to the Mimosa, with more unusual recipes and mocktail options to make your drinks very merry indeed. Simple recipes for accompanying canapés, many of which can be prepared in advance, take the stress out of finding the perfect bite to accompany drinks and satisfy hungry guests. Add pizzazz to any festive event, with Slow Roasted Tomato Galette with Black Olive Tapenade & Goat's Cheese, Sesame Maple Turkey Fingers, or a Trio of Honey Baked Camembert With Calvados & Herbs. With recipes for dessert canapés and hot drinks to sweeten up occasions, this book is sure to get you and your guests into the holiday spirit stress-free!

- Comprehensive recipe resource for hosting during one of the busiest and most stressful times of the year.
- Americans drink twice as much alcohol over the holidays according to the *New York Post*, making the appetite for festive cocktails rife at this time of year.
- A new collection of beautifully photographed recipes, curated for you by the expert food and drink editors at Ryland Peters & Small, and originally created by our highly-regarded cookery and cocktail authors.



also available:

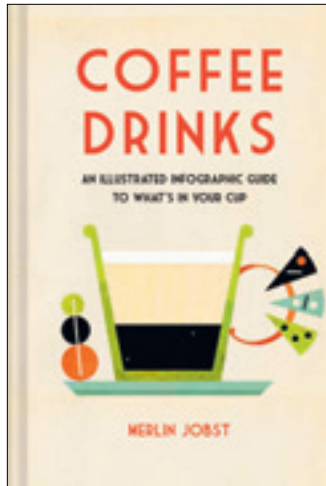
Glamorous Cocktails

ISBN: 978-1-78249-646-5

\$14.95 (priced higher in Canada)



Coffee Drinks



ISBN: 978-1-912983-57-5

64 pages | 30 color photographs
4¾ x 7¼ in | \$12.99 (CAN \$17.99)
hardcover

Carton quantity: 60

Publication: October 2022



MERLIN JOBST

is a writer whose work around food and wider culture has appeared in publications such as *Caffeine Magazine*, the *Observer Magazine*, *VICE*, *Huck*, *Collectively*, and across *JamieOliver.com*. His interest in the full scope of the social and cultural significance of coffee goes far beyond trendy speciality scenes, and has led him to exploring coffee cultures across Europe and America.



also available:

The Curious Barista's
Guide to Coffee

ISBN: 978-1-78879-083-3

\$14.95 (priced higher in Canada)

Do you know your Cappuccino from your Cortado or your Americano from your Affogato? When you're bleary-eyed at the counter of the coffee shop, faced with a menu of drinks as long as the queue of people eagerly waiting for that morning blast of caffeine, the minutiae and mechanics of coffee can be a little mind-bending. With this simple infographic guide that clearly explains the composition of all the main types of coffee drinks available, you'll be able to identify what you're sipping and just how you like it, making this an essential addition to the collection for anyone who's addicted to great coffee.

- Coffee is the world's most popular drink—over 2.25 billion cups are consumed across the globe on a daily basis.
- Coffee is not only historically popular in America, but its popularity is on the rise, with Americans under 40 having increased their coffee consumption by 40% since 2015 (National Coffee Association.)
- This unique visual guide to what goes into those cups every single day is a must have for all coffee lovers.
- Coffee at home has become increasingly popular over recent years, with affordable coffee machines and frothing technology becoming common items in many households.



The Art & Craft of Coffee Cocktails



NEW EDITION

ISBN: 978-1-78879-469-5

208 pages | 100 color
photographs | 75+ recipes
4¾ x 7¼ in | \$16.99 (CAN \$23.99)
hardcover

Carton quantity: 60

Publication: September 2022



JASON CLARK

has been working in hospitality in New Zealand, Melbourne, London, and Dubai for over 25 years. He shares his experience and expertise to educate and inspire bartenders from all around the world, most recently as UK brand ambassador for Talisker whisky, and now as global brand ambassador for Reefton Distilling Co. in his native Auckland, New Zealand. You can follow Jason's liquid adventures on Instagram: @jc_drinksgeek, along with 15K+ followers.



also available:
Cocoa Bombs™

ISBN: 978-1-78879-386-5

\$14.99 (priced higher in Canada)

First take a journey into the history and craft of coffee, the world's most popular beverage, from crop to cup. Next follow **Jason Clark's** expert mixing tips aimed at everyone from keen beginners to bartenders working in the world's best bars. More than 75 recipes follow, covering all styles of cocktails from stirred and shaken all the way through to blended and blazed. Learn how to perfect simple classics such as Espresso Martini and Irish Coffee or try your hand at technical modern marvels Cinnamon Toast Crunch White Russian and Whiskey Pour Over. With *The Art and Craft of Coffee Cocktails* your daily grind will never be the same!

- Over summer 2021 the *New York Times* proclaimed "the espresso martini is everywhere again," calling its rise in popularity a 90s comeback. They claim that the rate of mentions of espresso martinis in US food and restaurant Yelp reviews was up 300% from 2018.
- Coffee and coffee cocktails currently more popular than ever before, according to *The Times*.
- A Top 10 nominee in the "Best New Cocktail or Bartending Book" category in the prestigious and highly respected US Tales of the Cocktail® Spirited Awards 2019.
- Specialty coffee is trending with independent coffee shops popping up everywhere and consumers brewing quality coffee at home in record numbers.



Dessert Cocktails



ISBN: 978-1-78879-435-0

64 pages | 60 color photographs

40 recipes | 4¾ x 7¼ in | \$12.99

(CAN \$17.99) | hardcover

Carton quantity: 60

Publication: August 2022



DAVID T. SMITH

is a drinks writer and consultant. He is the contributing editor for *Gin Magazine* and has also contributed to various books and publications, including the best-selling *Gin Tonica* and *Negroni* for Ryland Peters & Small. David is a senior judge for international spirits competitions, including World's Drinks Awards, IWSC, the Global Spirits Masters, and American Distilling Institute. He is a member of The Gin Guild and, in 2021, was the 7th person to be inducted into the Gin Hall of Fame.

KELI RIVERS'

career has taken her from a ginnoisseur at San Francisco's Whitechapel to Sipsmith US Brand Ambassador. She has 28 years under her belt working in the hospitality industry all over the world, including her time as a soda jerk at the renowned "The Ice Cream Bar" in San Francisco. Keli lives in Brooklyn, New York.



also available:

Whiskey Cocktails

ISBN: 978-1-78879-387-2

\$9.99 (priced higher in Canada)

Enjoy your cocktails on the sweeter side? Or struggle to find room for dessert but fancy a little something to end your meal? Then try one of these deliciously indulgent recipes and satisfy your sweet tooth and cocktail craving at the same time. This book has options to suit all tastes, from chocolate, caramel, and coffee concoctions to fresh and fruity treats, as well as rich, silky, and creamy sippers. You will find classics such as the White Russian and Gin Alexander, which sit alongside fun new ideas, including the Colorado Bulldog, Hot Apple Crumble, and a Rhubarb & Custard Old Fashioned. There are even indulgent ice cream drinks such as the White Cargo—the perfect way to shake things up!

- Making cocktails at home has become even more popular, evidenced with the 'Locktail' Instagram phenomenon in 2020 which reinvigorated interest, with spirit supplier sales up 7.7% in the US in 2020.
- In the style of the author **David T. Smith's** bestselling *Gin Tonica* (978-1-84975-853-6, over 90,000 copies sold).
- These cocktails are simple to make and need no specialist kit—ideal for the home-bar novice, and enthusiast!



The Curious Bartender: In Pursuit of Liquid Perfection



ISBN: 978-1-78879-475-6

208 pages (wood-free paper) | 100 color photographs | 64 recipes | 7½ x 9¼ in
\$27.99 (CAN \$38.99) | hardcover
Carton quantity: 10

Publication: November 2022



TRISTAN STEPHENSON

is an award-winning bar operator, bartender, barista, chef, some-time journalist, and the bestselling author of the *Curious Bartender* series of cocktail books for Ryland Peters & Small. Tristan started his hospitality career at Jamie Oliver's Fifteen, where he designed cocktails and ran bar operations. He went on to work for Diageo, the world's biggest premium drinks company, and to co-found Fluid Movement, the force behind a number of highly acclaimed London bars, including Black Rock. His other enterprises include his own drinks brand, Aske-Stephenson, and Whisky-me.com, a whisky subscription service. Tristan is based in Cornwall, UK.



also available:

The Curious Bartender: Cocktails at Home

ISBN: 978-1-78879-352-0

\$24.99 (priced higher in Canada)

The Curious Bartender: In Pursuit of Liquid Perfection is the sixth book by bestselling author and legendary bartender **Tristan Stephenson**. You'll find 64 of the finest cocktails there have ever been, are, or will be: 32 perfected classics and 32 game-changing reinventions of classics. Tristan makes you discover tastebuds and talents you never knew you had. You will find recipes for everything from a White Russian or a Tom Collins to an Umami Bomb or a Giraffe. He'll show you the tools of the trade, the techniques he swears by, and how to experiment to create your own cocktail sensations. Tristan's done all the hard work for you, selflessly trying every drink known to man to uncover what partners perfectly. All you have to do is leaf through the pages of this, the holy grail of cocktail books.

- The chief executive of Campari predicts that the "culture of making cocktails at home" will outlast the pandemic, underlining the optimism among the world's largest spirits groups that the coronavirus crisis has permanently changed domestic drinking habits (*Financial Times*).

- Tristan's first book (and a companion to this title) *The Curious Bartender Volume 1: The Artistry and Alchemy of Creating the Perfect Cocktail* (978-1-84975-437-8), *The Curious Bartender's Gin Palace* (978-1-84975-701-0), and *The Curious Bartender's Rum Revolution* (978-1-84975-823-9) are all bestsellers.



Gin-dulgence



ISBN: 978-1-912983-54-4

64 pages | 40 color photographs

50 recipes | 4¾ x 7¼ in | \$12.99

(CAN \$17.99) | hardcover

Carton quantity: 60

Publication: September 2022



With more flavors and brands of gin on offer than ever before, it's no wonder that this spirit is so treasured and beloved by many. Perfect for a post-work tippie, a cooling drink on a hot afternoon, or the perfect treat for a weekend get-together, the possibilities that gin provides are endless. It's always a good time for a gin cocktail! Whether you prefer sensational spins on the classic G&T, a Dry Martini, or a wonderfully fizzy Gin Rickey, this book provides recipes for all the best ways to create exciting gin-based drinks. Let the fun be-gin!

- The perfect gift for any gin fan.
- At-home cocktail making is more popular than ever before thanks to the pandemic, with millions trying their hands at creating their own drinks at home.
- The US is currently undergoing a "Ginaissance", with the US Gin Association's launch in 2021 (*Forbes*).



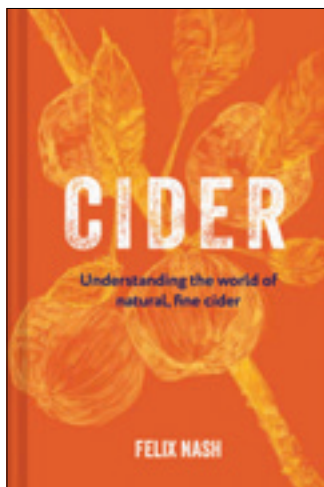
also available:

Gin the Mood

ISBN: 978-1-912983-02-5

\$9.95 (priced higher in Canada)

Cider



ISBN: 978-1-912983-58-2

208 pages | 100 color photographs | 4¾ x 7¼ in
\$16.99 (CAN \$23.99) | hardcover
Carton quantity: 18

Publication: November 2022



FELIX NASH

runs The Fine Cider Company, a cider merchant that works with some of the world's best producers to promote the top ciders and perries on the market. He supplies cider to Michelin-starred restaurants and has shared his passion for cider in publications including *The Times*, the *Financial Times*, *Tatler*, *Olive* magazine, and *Vice Media's* Munchies website. Felix is based in London, UK.



also available:
Beer & Veg

ISBN: 978-1-912983-40-7

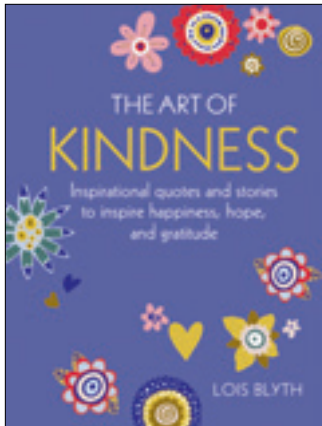
\$24.99 (priced higher in Canada)

Think you know about cider? Well, think again. It's not about the swill you guzzled as a student, or the so-called "flavored ciders" that deviously don't actually contain any apples. The contemporary cider scene is an exciting place to spend some time, as passionate makers celebrate tradition and terroir while also embracing seasonality, innovation, and experimentation to produce characterful drinks that are quite remarkable. Cider is now a key player in the drinks industry, with a new breed of drink shops that take it just as seriously as wine. *Cider* looks at this modern cider movement, charting its beginnings and introducing some of the key players in fine-cider making, as well as guiding you through the unique characteristics of different apple varieties, the cider-producing regions around the world, the processes and techniques of cider production, how cider is an exceptional partner with food, and, of course, recommending ciders you need to try.

- Offers a truly global perspective on what is one of the most exciting movements in the contemporary drinks world.
- Cider has become more "chic" in past years according to *The Daily Mail*, with members-only cider clubs booming and orchard cycle trails in Herefordshire, UK encouraging visitors to visit cider makers and sample the drinks.
- An extensive introduction explains practices such as fermentation and barrel ageing and offers advice on matching cider with food.
- Features producers from the cider heartlands of southwest England including Tom Oliver to cutting-edge makers in the US such as Ryan Burk of Angry Orchard and Eleanor Leger of Eden Cider, via exciting cider presses in France, Spain, New Zealand, and plenty more.



The Art of Kindness



ISBN: 978-1-80065-123-4

176 pages (wood-free paper)

100 color artworks | 4½ x 6 in

\$9.99 (CAN \$13.99) | hardcover

Carton quantity: 48

Publication: July 2022

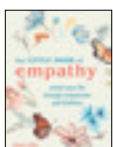
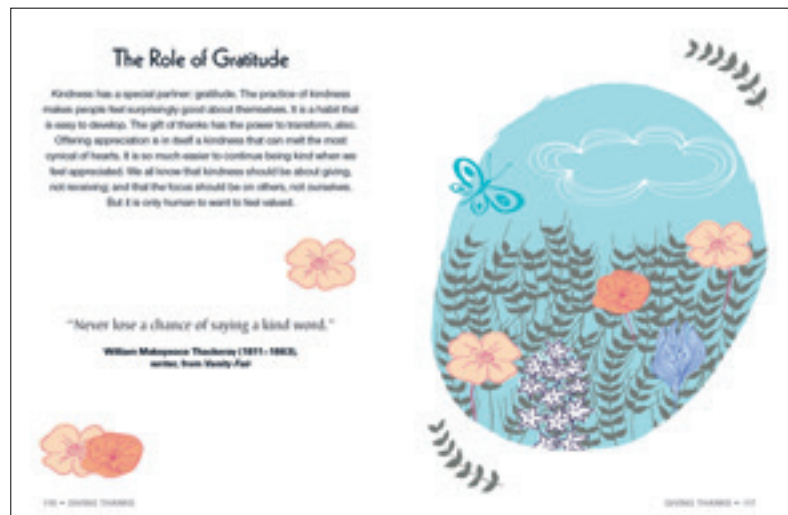


LOIS BLYTH

was a writer of self-help and lifestyle books, including *Be Happy* and *A Year of Living Thankfully*.

Kindness is contagious. One good deed can lead to a huge positive impact, inspiring someone else to do a good deed in return. Even the smallest of acts can make a whole world of difference. *The Art of Kindness* is a breath of fresh air and a reminder of all of the good things in the world. It contains lists of ways to be kind and how to make time for the people in your life, improving their lives as well as your own. Studies have shown that acting selflessly and seeing another person act altruistically produces good feelings and instills a more positive and happier outlook. Being kind is essential to creating a better and happier world. With stirring quotations and tales of inspirational icons, such as Mother Teresa and Mahatma Gandhi, *The Art of Kindness* will help you become the kindest version of yourself.

- Beautifully illustrated and inspiring to read.
- Studies have shown that people who provided social support to others had lower blood pressure and reported “greater self-esteem, less depression and less stress” (*International Journal of Psychophysiology*, 2006).
- This is a best-selling format for CICO.



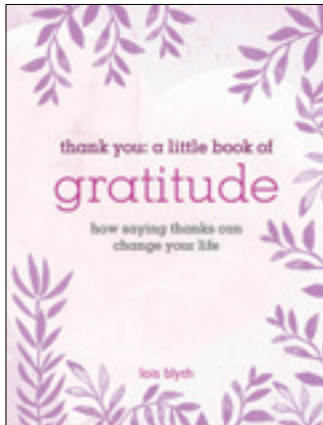
also available:

The Little Book of Empathy

ISBN: 978-1-80065-018-3

\$9.99 (priced higher in Canada)

Thank You: A Little Book of Gratitude



ISBN: 978-1-80065-168-5
 144 pages (wood-free paper)
 75 color artworks | 4½ x 6 in
 \$9.99 (CAN \$13.99) | hardcover
 Carton quantity: 48
Publication: November 2022

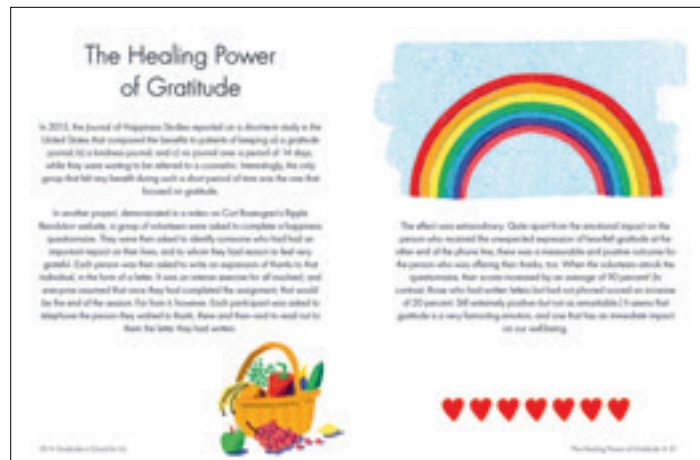


LOIS BLYTH

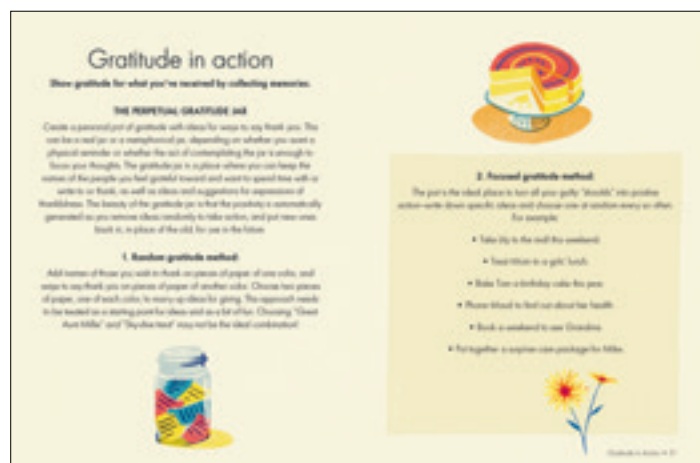
was a writer of self-help and lifestyle books, including *Be Happy* and *A Year of Living Thankfully*.

Practicing gratitude has a positive impact on the brain and changes the way we feel about the world—and each other. Gratitude extends far beyond the ritual of sharing gifts or saying thank you. It is a form of recognition—a way of appreciating the kindness, beauty, and wonder that life has to offer. Gratitude connects us to one another and to the world we live in. It increases our wish to nurture, help, and protect one another, and also increases our sense of belonging. In *Thank You: A Little Book of Gratitude*, you will find practical and conscious ways to embrace gratitude that have lasting meaning, from creative ways to turn a simple thank you into a heartfelt gift to strategies to help us to see life with brighter eyes. Try keeping a gratitude journal, whether on paper or using an app, or making a gratitude altar. Discover meditations to end your day on a grateful note and to help you find your way back to thankfulness when times are hard. You will soon find that gratitude becomes a way of life and will reap the benefits, both emotional and physical.

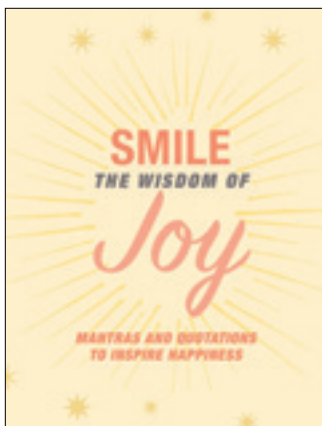
- Many physical and mental benefits of practicing gratitude have been seen in scientific studies, including improved sleep quality, increased self-esteem, and fewer aches and pains (*Newsweek*, November 2015).
- Gratitude can help build resilience, which is helpful in times of difficulty: "By managing positive emotions like satisfaction, happiness, and pleasure, gratitude enhances our emotional resilience and builds our inner strength to combat stress" ("Relationships Among Positive Emotions, Coping, Resilience and Mental Health," *Stress Health*, 2016).
- Beautifully presented with stylish illustrations in an easy-to-read format, this book stands out from others available on the same topic.



also available:
A Year of Living Thankfully
ISBN: 978-1-78249-727-1
 \$19.95 (priced higher in Canada)



Smile: the Wisdom of Joy



ISBN: 978-1-80065-160-9

144 pages (wood-free paper)

100 color artworks | 4½ x 6 in

\$9.99 (CAN \$13.99) | hardcover

Carton quantity: 48

Publication: November 2022



A smile is worth a thousand words and is capable of spreading joy. Did you know that...

- * smiling can improve your health?
- * around the world we all smile in the same language?
- * the more you smile the happier you are—and so are those around you?

So much depends on our attitude and how we look at life. Filled with stunning images and insightful words that capture feelings of delight and wellbeing, be transported by *Smile: The Wisdom of Joy*. Whether to start your day, end your day, or for in between times when you need a little pick-me-up, this book will remind you of the many ways to experience joy daily—through pleasure, nature, humor, home life, people, acceptance, creativity, generosity, gratitude, kindness... the list is endless. Something wonderful is about to happen. The joyful possibilities await. Are you ready?

- In these times of more uncertainty and change there's an even greater awareness and need for moments of uplift and comfort. (*The New York Times*, 2021)
- Perfect for the winter holiday season of gift giving, sharing gratitude, joy, and goodwill.
- In the same series as CICO's best-selling mantra book *Empowering Mantras for Awesome Women* (ISBN 978-1-78249-853-7), which has sold over 19,000 copies.



also available:

Everyday Self-Care

ISBN: 978-1-78249-887-2

\$9.95 (priced higher in Canada)



Make It Happen



ISBN: 978-1-80065-122-7

128 pages (wood-free paper)

50 color artworks | 4½ x 6 in

\$9.99 (CAN \$13.99) | hardcover

Carton quantity: 48

Publication: July 2022



JOANNE GREGORY

is a widely respected clairaudient medium who offers personal readings and hosts events. She lives in Sheffield, UK.

Create the life you want by using intention-focusing techniques and affirmations. **Joanne Gregory** guides you through the process of manifestation, explaining the key principles of cosmic ordering, such as the laws of attraction and karma. You'll learn how to tap into the powerful energies that flow through everything and everyone to ask the cosmos for what you need. By working with over 50 inspiring messages from the universe, you will discover how to break down your personal barriers and let go of things and people that are holding you back to make space for all the amazing things the universe has to offer you.

- "Part magical thinking, part struggle for agency at a time when it is in short supply, [manifesting] has reentered the mainstream." (*The New York Times*, January 2021)
- This is a best-selling format for CICO.
- Stylishly presented with beautiful illustrations.



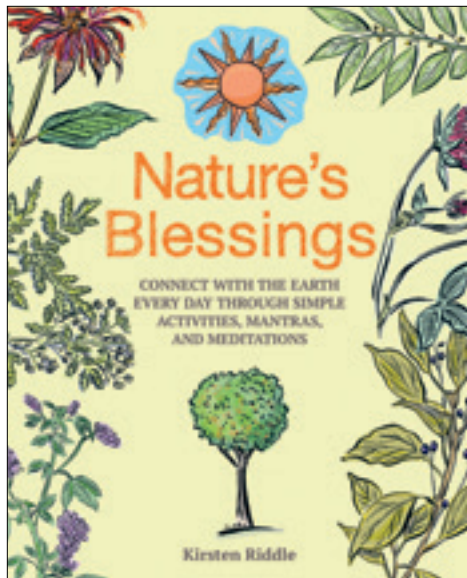
also available:

Change the Story

ISBN: 978-1-78249-923-7

\$14.95 (priced higher in Canada)

Nature's Blessings



ISBN: 978-1-80065-159-3

144 pages (wood-free paper)

100 color artworks | 7½ x 9¼ in

\$19.99 (CAN \$27.99) | paperback with flaps

Carton quantity: 20

Publication: October 2022



KIRSTEN RIDDLE

is a writer and storyteller. She has a column on magic for *Chat: It's Fate*, and writes regularly for *Spirit and Destiny* and *Kindred Spirit*. Kirsten's books for CICO include *The Little Book of Empathy*, *Be Your Own Goddess*, and *The Beginner's Guide to Wicca*. She lives in Nottingham, UK.



also available:

Mindful Walking

ISBN: 978-1-80065-088-6

\$9.99 (priced higher in Canada)

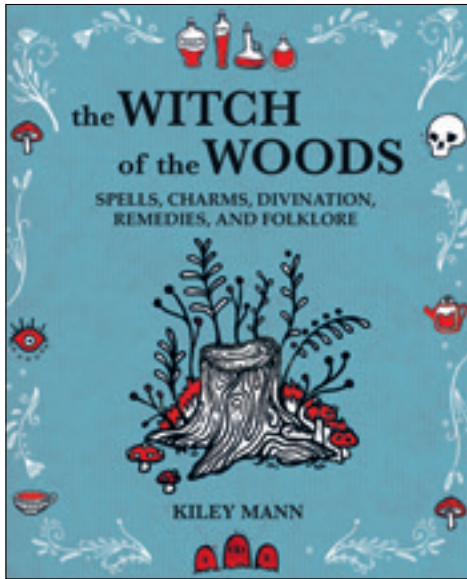
We are always looking for ways to reconnect with nature. The benefits of spending time outdoors include engaging our senses and experiencing the landscape at a deeper level—but it's not so easy to rewild and run free when we have chores and responsibilities. That's where *Nature's Blessings* can help.

Kirsten Riddle will help you shift your perspective, engage with the environment, and learn more about the natural world. She looks at a range of aspects of nature, from trees to rivers, sunlight to storms, butterflies to otters, and highlights ideas and positive lessons associated with each one. Arranged by the four elements, there are overall themes throughout the book: Earth is about grounding and balance; Air is about inspiration and freedom; Fire is connected to confidence and passion; Water concerns healing and self-expression. Each entry includes a daily intention, associated folklore, practical exercises to try, and a closing meditation. With tips and suggestions on how you can connect with nature and the intentions at different stages during your day, you will soon be able to welcome all the blessings of nature into your life.

- With simple exercises, easy meditations, and beautiful illustrations, this book makes a wonderful gift or self-purchase.
- Searches for "walking in nature" on Pinterest have increased by 95% over the last year.
- Nature-inspired surfaces and objects are a key interior design trend for 2022 (*Vogue*, Jan 2022).



The Witch of The Woods



ISBN: 978-1-80065-169-2

144 pages (wood-free paper)

80 color artworks | 7½ x 9¼ in

\$21.99 (CAN \$29.99) | hardcover

Carton quantity: 20

Publication: October 2022



KILEY MANN

is currently in her third year studying for a degree in Fine Arts. She is nineteen years old and has been studying spirituality and religion for about a decade but started her journey into witchcraft at a young age when she was gifted a set of runes aged ten. She shares what she has learned with her million plus followers on TikTok @kileymann. She also has a strong online presence on Etsy and Instagram and is now building a Patreon audience. Kiley lives in Michigan.



also available:
Your Magickal Year

ISBN: 978-1-80065-095-4

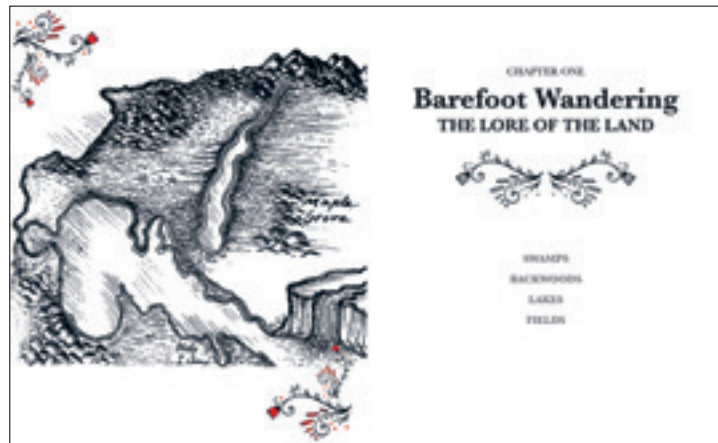
\$19.99 (priced higher in Canada)

Kiley Mann, one of a long line of folk witches, brings a fresh poetic voice to the ancient practices of wortcunning, divination, spell crafting, and folklore. Her traditions lie deep in the swamp lands, forests, and mountains that surround her in her North American homeland. Intuitive and compelling, she explains her relationship with nature, the traditions that have been passed down to her from her mother and how she learned about the land through her barefoot wanderings—the best way to really connect and communicate with nature. With chapters devoted to magical creatures, omens, herbs, spirit work, divination, and folk remedies and spells, you will learn both the traditions and the practical implementation and power of folk magic using the cycles of the moon, hag stones (stones with a hole running through them), crystals, tarot cards, and more. So, if you want to send a healing message to a friend in need, remove bad luck, protect your home, or bring love, money, or success into your life, then let *The Witch of The Woods* be your essential grimoire.

- TikTok: Wichtok has billions of views as reported in *usatoday.com*, *The Daily Mail*, *The Financial Times*, and *The Spectator*.

- Kiley Mann is part of the #Wichtok community @kileymann and has over one million followers. She also has a strong online presence on Instagram and Etsy, and is now building a Patreon audience.

- October publication date to maximize the interest in all things witchy leading up to Halloween.



5-Minute Magic for Modern Wiccans



NEW EDITION

ISBN: 978-1-80065-158-6

144 pages (wood-free paper) | 75 color photographs | 7½ x 9¼ in | \$19.99 (CAN \$27.99)

paperback with flaps

Carton quantity: 30

Publication: October 2022



CERRIDWEN GREENLEAF

has worked with many leading lights of the Wiccan world including Starhawk, Z Budapest, Raymond Buckland, and more. She has led magic workshops throughout North America, and her graduate work in medieval studies has given her deep insight into ancient spells. Her books include *The Book of Witchy Wellbeing*, *The Kitchen Witch's Spell Book*, *The Book of Kitchen Witchery*, *Spells for Peace of Mind*, and *The Modern Wiccan's Guide to Living*, all published by CICO Books. She blogs at yourmagicalhome.blogspot.com and lives in San Francisco.



also available:
The Book of Kitchen Witchery

ISBN: 978-1-78249-372-3

\$19.95 (priced higher in Canada)

Are you looking for a quick spell to spark your creativity? Or maybe one to quell your anxiety? Do you know the fastest way to bring love into your life? Are you interested in money magic you can conjure in an instant? There is no doubt we live in hectic times, but that is no reason life should be any less magical. *5-Minute Magic for Modern Wiccans* is steeped in ancient wisdom with updates for modern times and an emphasis on maximum manifestation in the least amount of time. Whether you are looking to generate more personal creativity for your career, or you want quick candle spells for serenity, red-hot rites for romance, or to learn how you can manifest more money in a hurry or clear your space of negative energy and blocks to happiness, **Cerridwen Greenleaf's** guide to super-fast magic will help you improve all aspects of your life—in a jiffy!

- All spells are designed to take only 5 minutes, making them appealing to both new and more experienced Wiccans.
- “The numbers of Americans who identify with Wicca or paganism has risen from 134,000 in 2001 to nearly 2 million today, according to Helen Berger, a resident scholar at Brandeis University’s Women’s Studies Research Center, who has conducted extensive research and authored four books about witches and pagans.” (*USA Today*, Oct 2021)
- Cerridwen Greenleaf is the author of *The Book of Kitchen Witchery* (ISBN 978-1-78249-372-3), which has sold 14,000 copies.



The Green Witch at Home



ISBN: 978-1-80065-167-8

144 pages (wood-free paper)
100 color artworks | 6 1/4 x 8 1/4 in
\$19.99 (CAN \$27.99) | hardcover
Carton quantity: 24
Publication: September 2022



CERRIDWEN GREENLEAF

has worked with many leading lights of the Wiccan world including Starhawk, Z Budapest, Raymond Buckland, and more. She has led magic workshops throughout North America, and her graduate work in medieval studies has given her deep insight into ancient spells. Her books include *The Book of Witchy Wellbeing*, *The Kitchen Witch's Spell Book*, *The Book of Kitchen Witchery*, *Spells for Peace of Mind*, and *The Modern Wiccan's Guide to Living*, all published by CICO Books. She blogs at yourmagicalhome.blogspot.com and lives in San Francisco.



also available:
The Book of Witchy Wellbeing
ISBN: 978-1-80065-032-9
\$19.99 (priced higher in Canada)

From step-by-step instructions for divine decluttering to “pagan feng shui” for every room, **Cerridwen Greenleaf**’s guide to a happy home is essential reading for anyone who wants to live the good life. Replete with easy ideas for a charmed life, this gorgeously illustrated book teaches you how to increase your happiness quotient at home. Learn how you can make an effortless herbal prosperity potpourri and which crystals will create harmonious vibrations and improve relationships. Delight in healthier options for the whole household with DIY herbal cleansers that reduce toxins in your personal space and ensure your home is always filled with good energy. Create your own magical pantry and ensure your sleeping space is a true sanctuary with spells and scents. As instructive as it is inspiring, *The Green Witch at Home* is a go-to guide for anyone who wants to live an enchanted life.

- Includes recipes for eco-friendly household cleansers and advice on growing your own produce.
- The previous edition of this book, *The Magical Home* (ISBN 978-1-78249-604-5), was winner of Best Magic Spell Book in the *Soul & Spirit* magazine Spiritual Book Awards.
- Cerridwen Greenleaf is the author of *The Book of Kitchen Witchery* (ISBN 978-1-78249-372-3), which has sold 14,000 copies.



Wiccan Moon Magic



ISBN: 978-1-80065-156-2

144 pages (wood-free paper)

70 color artworks | 4½ x 6 in

\$9.99 (CAN \$13.99) | hardcover

Carton quantity: 48

Publication: November 2022



CERRIDWEN GREENLEAF

has worked with many leading lights of the Wiccan world including Starhawk, Z Budapest, Raymond Buckland, and more. She has led magic workshops throughout North America, and her graduate work in medieval studies has given her deep insight into ancient spells. Her books include *The Book of Witchy Wellbeing*, *The Kitchen Witch's Spell Book*, *The Book of Kitchen Witchery*, *Spells for Peace of Mind*, and *The Modern Wiccan's Guide to Living*, all published by CICO Books. She blogs at yourmagicalhome.blogspot.com and lives in San Francisco.



also available:
**Wiccan Feasts, Celebrations,
& Rituals**

ISBN: 978-1-80065-054-1

\$19.99 (priced higher in Canada)

Make room for the moon and the magical enchantments of the lunar lifestyle. Discover the amazing connection to aligning with the phases of the moon and the practical and inspirational ways to influence your daily life. Timing is everything and the proper phase of the moon is essential for spell craft—from the energies of the new moon and sowing the seeds of positive change to the ancient secrets of radiance under the full moon. In *Wiccan Moon Magic* you will learn which moon signs and lunar phases are best for your magical workings, self-care, prosperity, home, work, romance, and much more. Create personal magic with lunar lore, tips, and blessings, including more than 60 spells, rituals, incantations, and recipes. Equally fun and grounded in witchy wisdom and celestial guidance, best-selling author **Cerridwen Greenleaf** continues to enlighten and inspire our lives.

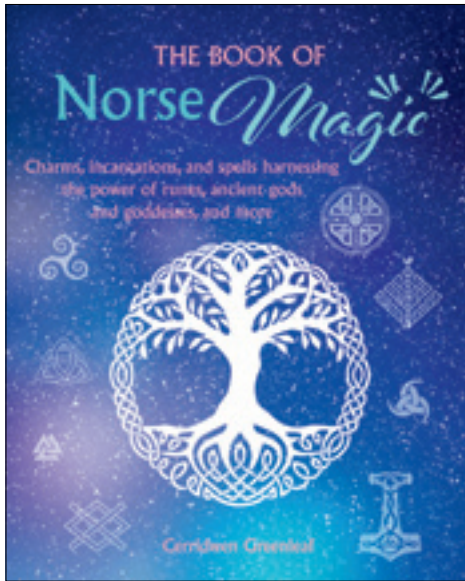
• “The “witch niche” is a niche no more... The increased interest in magick may be driven by a hunger for personal power in uncertain times when people have lost trust in institutions and religion.” (*Publisher's Weekly*, June 2021)

• Celestial interest and spell craft continues to trend.

• Cerridwen Greenleaf's *The Book of Kitchen Witchery* (ISBN 978-1-78249-372-3) has sold over 14,000 copies.



The Book of Norse Magic



ISBN: 978-1-80065-124-1

144 pages (wood-free paper) | 70 color artworks | 7½ x 9¼ in | \$19.99 (CAN \$27.99)
paperback with flaps
Carton quantity: 20
Publication: August 2022



CERRIDWEN GREENLEAF

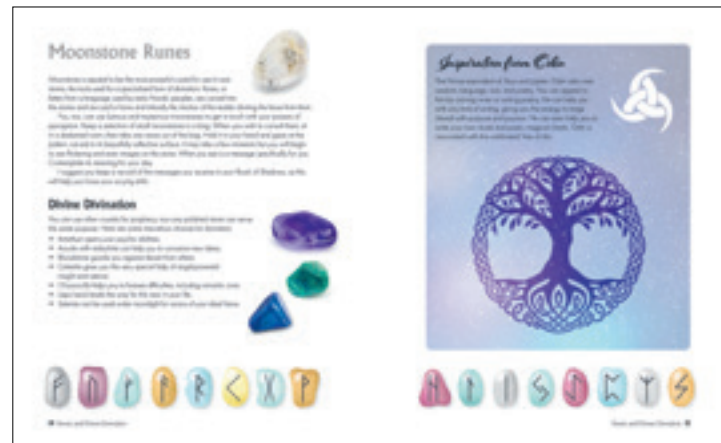
has worked with many leading lights of the Wiccan world including Starhawk, Z Budapest, Raymond Buckland, and more. She has led magic workshops throughout North America, and her graduate work in medieval studies has given her deep insight into ancient spells. Her books include *The Book of Witchy Wellbeing*, *The Kitchen Witch's Spell Book*, *The Book of Kitchen Witchery*, *Spells for Peace of Mind*, and *The Modern Wiccan's Guide to Living*, all published by CICO Books. She blogs at yourmagicalhome.blogspot.com and lives in San Francisco.



also available:
The Nordic Book of Runes
ISBN: 978-1-78249-744-8
\$9.99 (priced higher in Canada)

Embark on a sacred journey into the marvelous and mystical world of Norse magic, with Wiccan medieval scholar **Cerridwen Greenleaf** as your guide. Gain insight into the wonders of runes, including the art of divination, spells for protection, and how to imbue treasured objects with your personal magic. Learn about Norse mythology, including the stories of the major gods and goddesses and how to call upon them for support and wisdom. Discover the basics of tree magic, such as the legend of Yggdrasil, the tree of life, and how to read omens in nature to avoid misfortune. With Cerridwen Greenleaf's vast knowledge of medieval studies, *The Book of Norse Magic* is an eminently useful and inspirational handbook on harnessing this ancient power for modern life to bring wellness, calm, love, money, and luck.

- Taps into interest in the fantasy worlds of J. R. R. Tolkien and *Game of Thrones*: both have major new TV adaptations launching in 2022.
- A fun read that is grounded in scholarship for a fresh approach to Wicca with an emphasis on sacred self-care.
- Cerridwen Greenleaf is a best-selling author: *The Book of Kitchen Witchery* (ISBN 978-1-78249-372-3) has sold over 14,000 copies.



The Mythic Goddess Tarot



ISBN: 978-1-80065-155-5

Boxed set with 78 color cards & 64-page paperback book (4½ x 6 in) with 78 color artworks | Box: 4⅞ x 6¼ x 1⅞ in \$22.99 (CAN \$31.99)

Carton quantity: 20

Publication: September 2022



JAYNE WALLACE

is the founder of Psychic Sisters, a team of clairvoyants working from her concession at Selfridges department store in London, UK. Jayne has worked as a professional clairvoyant since the age of 17 and has a monthly column in *Fate & Fortune*. She is the author of *The Moon & Stars Tarot*, *The Magical Nordic Tarot*, *The Crystal Power Tarot*, *Oceanic Tarot*, *The Angel Tarot*, and *44 Ways to Talk to Your Angels*, all published by CICO Books. She lives in Essex, UK.



also available:
The Moon & Stars Tarot
ISBN: 978-1-80065-055-8
\$19.99 (priced higher in Canada)

With **Jayne Wallace's** stunning tarot deck and book, you can channel the power of an army of goddesses simply by picking a card. These beautiful cards include deities as diverse as Lakshmi, the lady of abundance who represents The World, right through to Africa's earth mother Asase Yaa, who becomes The Empress. Well-known deities from Rome and Greece, such as Juno and Selene, sit alongside divine beings from other mythologies, such as Hine-Tu-Whenua, the Hawaiian goddess of wind. Goddesses, after all, are part of humanity's collective psychic power, a way for our ancient ancestors to pass on their wisdom. Combining goddess power with tarot is a compelling and effective way to reach the heart of an issue, as the link to sacred femininity enhances spiritual intuition. The accompanying illustrated book offers a range of card spreads for readings, as well as detailed information about each card, including key words, a mantra, and the story behind the goddess.

- "Mainstream stores like Urban Outfitters and Marshalls are selling [tarot] decks alongside boutique clothing stores, and many fashion magazines include tarot readings." (*Washington Post*, Oct 2021)
- Jayne has excellent media contacts and her varied celebrity clientele includes Kim Kardashian, Kate Hudson, and Tracey Emin.)

• Jayne Wallace's tarot kits have been bestsellers: *Oceanic Tarot* (ISBN 978-1-78249-339-6) has sold over 18,000 copies, and *The Moon & Stars Tarot* (ISBN 978-1-80065-055-8) has already sold over 8,000 copies since publication in September 2021.



Color Your Tarot



ISBN: 978-1-80065-125-8

Boxed set with 78 color cards, 78 black & white cards and 64-page paperback book (5½ x 6¾ in) with 78 color and 78 black & white artworks
Box: 5½ x 6¾ x 1½ in | \$24.99 (CAN \$34.99)

Carton quantity: 20

Publication: August 2022



LIZ DEAN

is the author of thirteen tarot decks and books, including *The Magic of Tarot*, *The Golden Tarot*, and *Tarot of the Heart*, all published by CICO Books, as well as the official HBO *Game of Thrones Tarot*. Other books she has written for CICO Books include *Understanding Tarot*, *44 Ways to Talk to Your Angels*, and *My Creativity Journal*. She lives in Sunderland, UK.



also available:

The Magic of Tarot

ISBN: 978-1-78249-721-9

\$19.99 (priced higher in Canada)

Using tarot cards is a time-honored practice of foreseeing what is to come, as well as interpreting past and current events. Coloring a tarot echoes a mystical tradition as secret as the origins of the cards themselves. By focusing on every detail of a card's design, you will connect with its symbols and grasp its messages in a reading. *Color Your Tarot* includes two full decks of tarot cards, one in black-and-white and one in full color, so you can follow the color cards as a guide or choose your own shades and schemes. Also included is a 64-page full-color illustrated companion book with card spreads and meanings. Guided by this vibrant oracle, you will discover the rich symbols of the tarot and be able to create a deck that is entirely unique and personal to you.

- Includes a full-color deck and guidebook as well as black-and-white cards, making this a useful resource for anyone interested in tarot and more than just a coloring kit.

- The appeal [of tarot] is that "tarot and oracle decks are readily available tools for making sense of our changing lives and gaining new perspectives. It's become more mainstream. Reading the cards is no longer considered occult." (*Financial Times*, April 2021)

- Liz Dean is a best-selling author: *The Magic of Tarot* (ISBN 978-1-78249-721-9) has sold over 16,000 copies and *The Golden Tarot* (ISBN 978-1-906094-86-7) has sold over 80,000 copies.



Unusual Spirit Animals



ISBN: 978-1-80065-161-6

Boxed set with 52 color cards & 64-page paperback book (5½ x 6¾ in) with 52 color artworks | Box: 5½ x 6¾ x 1½ in \$22.99 (CAN \$31.99)

Carton quantity: 20

Publication: November 2022



MANDA COMISARI

is an illustrator based in London, UK with a Masters of Fine Art in Illustration from the University of Edinburgh. Her work has been recognized by The Society of Animals Artists, The David Shepherd Wildlife Foundation, and BuzzFeed, among others. Manda has a lifelong deep fascination with the animal world and is a certified Theta Healer with twelve years of experience in energy work. Her spirit animal is the tenacious Honey Badger. Follow Manda on Instagram @mandacomisari.



also available:
Spirit Animal Tarot
ISBN: 978-1-78249-823-0
\$18.95 (priced higher in Canada)

We have a lot to learn even from the most unusual of creatures! Step into the remarkable world of nature, spirit, and curiosity with the guidance of the *Unusual Spirit Animals* oracle deck. Composed of 52 illustrated cards, each with captivating artwork and a daily reading for self-empowerment, along with a 64-page illustrated book, the deck presents the wisdom of nature's most uncommon and intriguing animals. Including the blue-ringed octopus, mudskipper, and dung beetle, the animals each have a lesson for us, drawn from their characteristics and traits that emphasize how we're not so different from our animal counterparts after all, and how the lessons can be connected to our own life experiences. The cards encourage mindfulness and being observant about past behavior, recurring themes, unresolved upsets, or difficult situations and to address them honestly and openly. We are also reminded to live happily, take time for ourselves, and wholeheartedly enjoy the little things in life.

- A unique theme in the animal spirit oracle market covering unfamiliar yet remarkable animals with stunning hand-painted artworks and messages.
- "They're tools for positive change... oracle cards get right to the point." (OprahMag.com, Feb 2021)
- Jane Goodall very much in the news as the recipient of the 2021 Templeton Prize for her groundbreaking discoveries that have changed how we view nature, along with her recent *The Book of Hope* and popular Hopecast podcast.

• *Animal Messages* (ISBN 978-1-904991-84-7), also published by CICO Books, has sold over 48,000 copies.



Simple Hand Sewing



ISBN: 978-1-80065-131-9

128 pages | 200 color photographs & artworks

8½ x 10½ in | \$19.99 (CAN \$26.99)

paperback with flaps

Carton quantity: 26

Publication: September 2022



LAURA STRUTT

is the author of *Modern Embroidery*, *Sewing for Babies and Children*, *Modern Weaving*, *Get Knooking*, *35 Knitted Baby Blankets*, *Modern Crocheted Blankets, Throws, and Pillows*, *Modern Knitted Shawls and Wraps*, *Modern Crocheted Shawls and Wraps*, *Modern Granny Square Crochet*, and *Arm and Finger Knitting*, all published by CICO Books. She lives in Ipswich, Suffolk, UK. Discover more of Laura's designs, technique guides, and crafty inspiration on her creative lifestyle blog, www.madepeachy.com



also available:

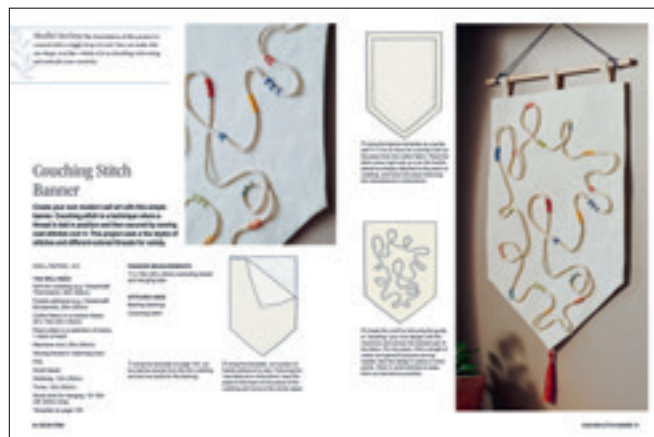
Modern Embroidery

ISBN: 978-1-78249-602-1

\$19.95 (priced higher in Canada)

Laura Strutt has designed these 35 projects specially to develop your hand-sewing skills, but also to help you slow down, enjoy the moment, and appreciate the rewards of your work, using a number of different techniques including visible mending, sashiko, embroidery, thread doodling, boro, and abstract embroidery. For the home, you can make a boro bowl from scraps of fabric, or adorn a simple pillow cover with an embroidered mandala. From your wardrobe, revive a beanie hat by adding some floral embroidery to the rim, or use sashiko stitching on fabric-covered buttons for a new look. Decorate your home with a floating embroidery design in a hoop, or a simple banner using colorful couching stitches over twisted rope. Think of the planet as you upcycle a blouse with detail stitching and new sleeve trim, or make elbow patches to cover the holes in your favorite sweater. Whichever project you choose, take time to enjoy the process and simply sew.

- Laura Strutt is the author of *Modern Embroidery* (ISBN 978-1-78249-602-1), *Sewing for Babies and Children* (ISBN 978-1-78249-423-2), *Modern Crocheted Shawls and Wraps* (ISBN 978-1-80065-084-8, over 3,000 copies sold) and *Arm and Finger Knitting* (ISBN 978-1-78249-208-5, over 12,500 copies sold).
- Hand sewing and embroidery have soared in popularity and can help relieve anxiety.
- Mending and decorating existing items, and using scraps of fabric, are planet-friendly ways to craft.



Mindful Knitting



ISBN: 978-1-80065-154-8

128 pages | 200 color photographs & artworks
8 1/2 x 10 1/2 in | \$19.99 (CAN \$26.99)
paperback with flaps
Carton quantity: 26

Publication: November 2022



CHLOÉ ELIZABETH BIRCH

is a knitwear designer whose work has featured in *Pom Pom*, *Knit Now*, *Simply Knitting*, and *Let's Knit* magazines. She began knitting as a way to help with her mental health. Chloé worked with West Yorkshire Spinners to create patterns for their Re:Treat yarns which were launched in partnership with the mental health charity MIND. Find out more on Chloé's website and Instagram: www.chloeelizabeth.uk and [@chloe_elizabeth_knitwear](https://www.instagram.com/chloe_elizabeth_knitwear)



also available:
Mindful Crochet

ISBN: 978-1-78249-694-6

\$19.95 (priced higher in Canada)

The relaxing rhythm and hand movements of knitting make it the perfect activity to absorb your attention and distract you from unwanted thoughts. As well as being beautiful makes, these 35 projects are specially designed to be a form of mindfulness practice. Suitable for beginners through to experienced knitters, the patterns will help you stitch away stress by incorporating calming repetition and different textures, as well as mood-boosting bright colors and soothing pastel shades. Many of the projects make ideal gifts, providing satisfaction and positivity as you knit them for other people. There are also unique homewares including a mandala pillow and a meditation garland so that you can create an inspiring environment, as well as cozy accessories and garments to allow you to focus on yourself. All of the techniques and stitches you will need are explained with easy-to-follow instructions and step-by-step artworks. Let the click of the needles and the rhythm of the stitches help you to be in the moment, bringing you calmness and a sense of wellbeing.

- Research has found that knitting can reduce depression and anxiety, lower blood pressure, and distract from chronic pain.
- The pandemic sparked a huge revival in knitting, as people sought out a relaxing and mindful hobby. LoveCrafts reported a 166% jump in orders, and research found that younger consumers were driving sales of yarn.
- Celebrities who knit, including Tom Daley, Michelle Obama, and Ryan Gosling, have also helped to make knitting into a popular hobby.



Modern Knitted Shawls and Wraps



ISBN: 978-1-80065-109-8

128 pages | 150 color photographs & artworks

8½ x 10½ in | \$19.99 (CAN \$26.99)

paperback with flaps

Carton quantity: 26

Publication: August 2022



LAURA STRUTT

is a passionate designer and enjoys knitting and crochet. She is the author of several books for CICO, including *Modern Granny Square Crochet*, *Modern Crocheted Shawls & Wraps*, *Arm and Finger Knitting*, *Sewing for Babies and Children*, *Get Knooking*, *35 Knitted Baby Blankets*, *Modern Embroidery*, and *Modern Weaving*. Discover more of Laura's designs, technique guides, and crafty inspiration on her website, www.madepeachy.com, and on Instagram @madepeachy. Laura is based in Ipswich, Suffolk, UK.



also available:

Modern Crocheted Shawls & Wraps

ISBN: 978-1-80065-084-8

\$19.99 (priced higher in Canada)

There's simply nothing more versatile than knitted shawls. They can be lacy or chunky, bright or neutral, cabled or just plain garter stitch, but they are always stylish, useful, and perfect for when you need a little extra warmth. **Laura Strutt** has designed 35 beautiful shawls and wraps, with something for everyone, from novice knitters to experts. Divided into Bright and Beautiful, Warm and Rich, and Neutral and Natural shades, the patterns use a complete rainbow of colors, including variegated yarns. The stitch patterns are just as diverse, with textured triangles, beaded lace stitches, and overlapping "waves". Start with a beautifully warm garter stitch wrap in a cool glacier blue—quick to knit even for a beginner—or a rainbow-striped triangular shawl. Then try a fashionable ombré-shaded shawl with an eyelet pattern, or a gray and white monochrome shawl with a bright contrast edging. For more experienced knitters, there are larger projects such as the brioche-stitch shawl, or the feather and fan stitch afghan in a variegated silk-based yarn. Whether you are knitting a cover-up for yourself, or a gift for a friend or family member, you will be spoilt for choice with these beautiful designs.

- From the author of *Modern Crocheted Shawls and Wraps* (ISBN 978-1-80065-084-8, over 3,000 copies sold) and *Arm and Finger Knitting* (ISBN 978-1-78249-208-5, over 12,500 copies sold).
- Shawls are a popular make for knitters, and a good way of showing off stitch patterns and colors.
- Includes projects suitable for giving as prayer shawls.



A Beginner's Guide to Crochet



ISBN: 978-1-80065-120-3

160 pages | 80 color photographs & 100 artworks

8½ x 10½ in | \$21.99 (CAN \$28.99)

paperback with flaps

Carton quantity: 20

Publication: August 2022



NICKI TRENCH

is one of the leading figures in the revival and promotion of home crafts, and an expert on crochet, knitting, and sewing. Her books include *Learn to Crochet*, *Crochet Stashbusters*, *Cute & Easy Crochet*, *Cute & Easy Crochet with Flowers*, *Super-scary Halloween Crochet*, and *Super-cute Amigurumi*, all published by CICO Books. Visit her website at www.nickitrench.com and her blog at nickitrench.blogspot.com. Nicki is based near Lewes in East Sussex, UK.



also available:

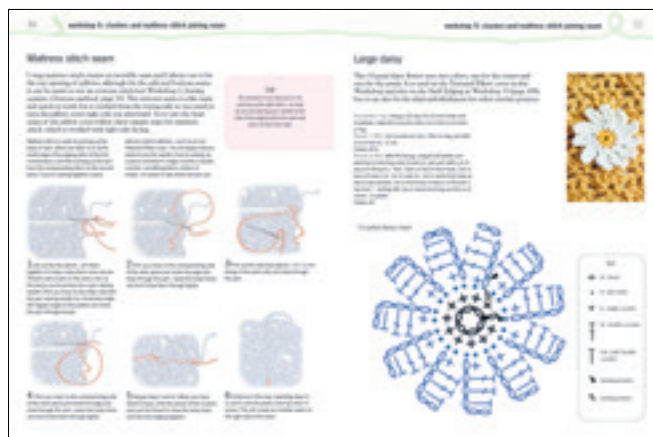
A Beginner's Guide to Knitting

ISBN: 978-1-80065-111-1

\$21.99 (priced higher in Canada)

A Beginner's Guide to Crochet is the perfect starting point for anyone wishing to learn how to crochet. It is a structured course of 20 workshops and projects, which starts by showing you how to hold your crochet hook and leads you through all the techniques and stitches you will ever need to know. The Getting Started section provides advice on which yarns and equipment to buy, step-by-step illustrations show how to work all the stitches and there is essential information on how to understand crochet patterns. This is followed by the workshops, each of which introduces new techniques and reinforces skills already learned. Each workshop finishes with a project which consolidates these skills. The projects range from items for the home, such as pillows, throws, and blankets, through to clothes and accessories, including a striped sweater and a cute camisole, a beanie hat, and a bobble bag. Experienced teacher **Nicki Trench** takes you by the hand and shows you the easy way to learn. And with plenty of projects to spur you on, you'll soon work your way up from crocheting the simplest of squares to creating your own garments.

- Nicki Trench is a teacher and bestselling crochet author: *Cute and Easy Crochet* (ISBN 978-1-907563-20-1) has sold over 125,000 copies.
- Lockdown saw crochet experience a huge spike in popularity, with #lockdowncrochet trending across Twitter and Instagram.
- Crochet is a "mindful" craft which helps you relax and boosts your mood.



Crochet with Flowers and Plants



ISBN: 978-1-80065-133-3

128 pages | 100 color photographs & 40 artworks

8½ x 10½ in | \$19.99 (CAN \$26.99)

paperback with flaps

Carton quantity: 26

Publication: October 2022



KATE EASTWOOD

was taught to knit as a child by her mother, but as an adult she decided to teach herself how to crochet. Since then she has shared her love of all things crochet on Instagram @just_pootling, and on her blog, justpootling.blogspot.co.uk. Kate is the author of *Crocheted Wreaths and Garlands* and *Crocheted Home* (both CICO Books), and designs projects for lovecrafts.com and *Simply Crochet* magazine. She lives near Bath, UK with her husband and their two adorable Weimaraners.



also available:

Crocheted Home

ISBN: 978-1-78249-895-7

\$19.95 (priced higher in Canada)

Kate Eastwood is known and loved for her wreaths and garlands covered in crocheted decorations, and her exquisite attention to detail in everything she makes. *Crochet with Flowers and Plants* brings together her love of nature and the seasons with her eye for color and style. These 35 different patterns for blankets and pillows, home decor, table decorations, and wreaths and garlands all feature flower, leaf, or plant motifs, and in a few cases they actually recreate the whole plant! If you follow Kate on Instagram (@justpootling) or if you have seen her work in *Simply Crochet* magazine or on lovecrafts.com, you'll know how much her garden and the countryside around her home are an inspiration to her. Now you too can share her appreciation of nature with these beautiful designs.

- New title from Kate Eastwood, the author of *Crocheted Wreaths and Garlands* (ISBN 978-1-78249-692-2, over 1,600 sold), and *Crocheted Home* (ISBN 978-1-78249-895-7, over 1,350 copies sold).
- Kate has over 50,000 followers on her Instagram @just_pootling and a following for her blog (justpootling.blogspot.co.uk) and her designs and tutorials appear on lovecrafts.com and in *Simply Crochet* magazine.
- Kate's love of nature and attention to detail are inspirational for crafters looking to bring the outdoors into their homes.



Cute & Easy Crochet with Flowers



NEW EDITION

ISBN: 978-1-80065-116-6

128 pages | 150 color photographs & artworks

8½ x 10½ in | \$19.99 (CAN \$26.99)

paperback with flaps

Carton quantity: 26

Publication: July 2022



NICKI TRENCH

is a bestselling author and crafter. She teaches, lectures, and writes features on knitting, crochet, sewing, cake decorating, and hen keeping. Her books include *Crochet Stashbusters*, *Crocheted Hats and Scarves*, *Cute and Easy Crochet*, and *Super-scary Crochet*, all published by CICO Books. Visit her website at www.nickitrench.com. Nicki is based in East Sussex, UK.



also available:

Crochet Stashbusters

ISBN: 978-1-78249-797-4

\$14.95 (priced higher in Canada)

Bring nature with you wherever you go with these 35 beautiful projects, all incorporating floral motifs. Divided into three chapters, the book begins with Starting Out, where you will find a Tote Bag, Egg Cozies, and some adorable Floral-edged Jelly Pot Covers, which are all perfect for first-time stitchers. Next, move on to Practice Makes Perfect, where you can develop your crochet skills to make beautiful pillow covers, place mats, and blankets to decorate your home. Finally, more experienced crafters will love the projects in Confident Crocheting—from a Daisy Scarf and Floral Bag, to a Vintage-style Vase Coaster and Gypsy Queen Afghan that will stay in the family for generations. There is also a Crochet Know-How section, where beginners and experienced crocheters will find all the information required to make the projects, explained in an easy-to-understand way.

- From the author of the best-selling *Cute and Easy Crochet* (ISBN 978-1-907563-20-1, over 125,000 copies sold), *Learn to Crochet* (ISBN 978-1-78249-432-4), and *Crochet Stashbusters* (ISBN 978-1-78249-797-4).
- Flowers and floral patterns are always popular with crocheters.
- Lockdown saw crochet experience a huge spike in popularity, with #lockdowncrochet trending across Twitter and Instagram.



Contemporary Crochet



ISBN: 978-1-80065-132-6

144 pages | 200 color photographs

& artworks | 7½ x 9¼ in | \$19.99

(CAN \$26.99) | hardcover

Carton quantity: 30

Publication: September 2022



LIV HUFFMAN

is a model and social media star, known for her viral TikTok video in which she recreated JW Anderson's cardigan worn by Harry Styles, as well as her futuristic make-up videos. She is based in Los Angeles. Find out more on Liv's YouTube channel and on her TikTok and Instagram: @lilbittylivie



also available:

Colorful Crochet

ISBN: 978-1-78249-892-6

\$19.99 (priced higher in Canada)

Liv Huffman is the creator of the hugely popular Harry Styles cardigan tutorial on YouTube and TikTok. Here, she shows you how to add handmade flair to your wardrobe, with 35 unique designs for crocheted clothes and accessories. The patterns include a striped beanie hat, a hooded sweater, and a scalloped corset top, as well as the famous crocheted "Harry" cardigan based on JW Anderson's knitted design. Deceptively simple to make, many of the projects are made up of basic granny squares. There is also a step-by-step techniques section which explains all the stitches you will need in a clear, approachable way. Whether you are a complete beginner or an experienced crocheter, you'll find plenty of inspiration to create your own wearable, beautiful pieces, and expand your skills as you learn how to adapt and personalize the designs.

- Crochet exploded in popularity during the lockdowns of 2020 and 2021, with many people taking it up for the first time.
- Liv's TikTok video of making her version of the patchwork cardigan worn by Harry Styles received nearly 4 million views and more than 1 million likes. She has more than 106k followers on Instagram and 811k followers on TikTok: @lilbittylivie
- In 2021, London's Victoria & Albert Museum added Liv's cardigan to their collection, alongside JW Anderson's original version.



Creative Book Art



ISBN: 978-1-80065-118-0

192 pages (wood-free paper) | 460 color photographs & artworks | 7½ x 9¼ in
\$24.99 (CAN \$29.99) | hardcover

Carton quantity: 20

Publication: July 2022



CLARE YOUNGS

studied graphic design and has worked in packaging design, illustration, and book jacket design. Her other books include *Folded Book Art*, *A Year in Crafts*, *Color Yourself to Happiness*, *Book Art*, *Mobile Art*, *Wall Art*, *Make Your Own Woodland Creatures*, *Letter Art*, and *Folk Art Needlecraft* (all published by CICO Books). She is based in Kent, UK. See more of her work on Instagram: @clareyoungs



also available:
Folded Book Art

ISBN: 978-1-78249-719-6

\$19.95 (priced higher in Canada)

Packed full of ideas for everything from stationery and homewares to paper animals and gifts for kids, *Creative Book Art* shows you how to make stunning projects that look impressive but are deceptively simple to make. Get cutting and gluing to make display scenes and decorations such as a fairy-tale castle, printed feathers, and hanging paper birds. There are also ideas for turning books into 3D works of art simply by folding the pages—you'll learn how to make beautiful sculptural shapes including a heart, a star, and a cloud and raindrops. Clear step-by-step instructions guide you through a variety of techniques, such as origami, block-printing, and quilling, to make your paper creations. With just a few basic tools and some old books or magazines to get you started, you'll be amazed at how easy it is to repurpose pages into unique items to keep or gift.

- Requiring just a few simple tools and materials, these projects are inexpensive and a great way of upcycling old books and magazines.
- Many people took up crafting during the pandemic. Etsy saw a 200% increase in searches for DIY craft kits in 2020.
- Sustainable interior decorating is gaining popularity, with many people looking to reuse and upcycle rather than buy new items for their home.



Mindful Japanese Origami



ISBN: 978-1-80065-153-1

64 pages plus 250 sheets of origami paper
5 $\frac{7}{32}$ x 5 $\frac{7}{32}$ in | \$12.99 (CAN \$17.99)

paperback

Carton quantity: 20

Publication: September 2022



MARI ONO

is an expert in origami and all forms of papercrafts. Born in Japan, she has lived in the UK for many years with her artist husband, Takumasa, where they both work to promote Japanese arts and crafts. Her other books include the best-selling *The Simple Art of Origami*, *Origami for Children*, *How to Make Paper Planes and Other Flying Objects*, *Dinogami*, *Wild and Wonderful Origami*, *Origami Farm*, and *Origami Flowers & Birds*, all available from CICO Books.



also available:

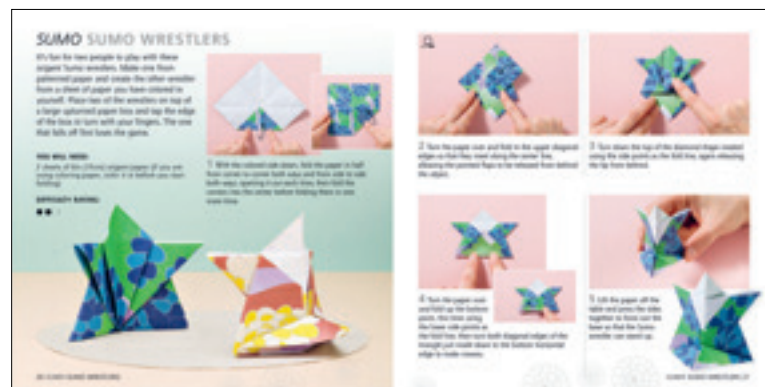
Japanese Origami

ISBN: 978-1-78249-795-0

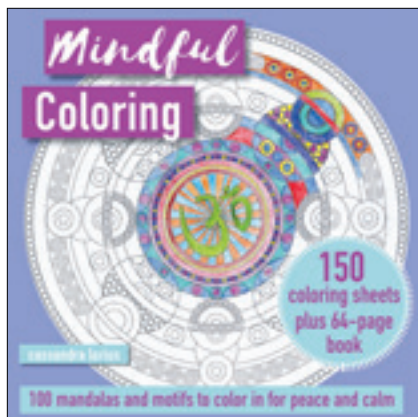
\$12.99 (priced higher in Canada)

The therapeutic effects of origami are well known in Japan. By focusing on the experience of creating beautiful paper models, this collection of 15 projects specific to Japanese culture will guide you on a path to connectedness, awareness, and improved physical and emotional health. Not only that, the feelings of joy and satisfaction gained from completing a model will produce inner peace and help bring some respite to our busy daily lives. Origami is also the perfect tool for anyone interested in taking the first steps toward a mindful lifestyle—it can be done anywhere and no expensive equipment is required. To get you started, 250 pieces of origami paper are provided, including a selection of sheets you can color in yourself—another activity proven to elicit a calming response in the body.

- Origami books are some of the bestsellers for CICO Craft, including **Mari Ono's** *Origami for Children* (978-1-906525-80-4).
- The *Japanese Origami* pack (978-1-78249-795-0) in this format and by Mari Ono has sold over 20,000 copies.
- Perfect to give as gifts or place throughout the house.



Mindful Coloring



ISBN: 978-1-80065-157-9

64 pages plus 150 sheets of black & white mandala designs & motifs

30 color artworks | 5²/₃₂ x 5²/₃₂ in

\$12.99 (CAN \$17.99) | paperback

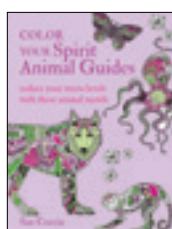
Carton quantity: 20

Publication: September 2022



CASSANDRA LORIUS

is the best-selling author of *Mandalas & Meditations for Everyday Living* (CICO Books). She has been involved in healing for over 25 years and works as a couples therapist. Cassandra has spent many years involved in meditation, including time in Cairo with a Sufi meditation group. She lives in London, UK with her family.



also available:

Color Your Spirit Animal Guides

ISBN: 978-1-78249-837-7

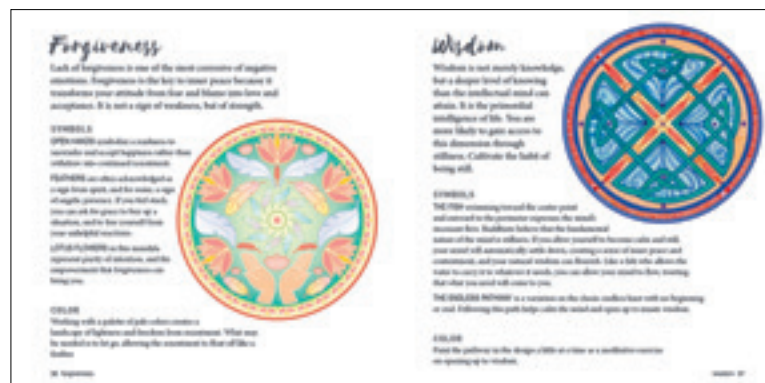
\$12.95 (priced higher in Canada)

For hundreds of years, mandalas have been a source of inspiration for those who have meditated on their qualities. Here, **Cassandra Lorus** has brought together a unique collection of mandalas inspired by different traditions, from Hindu to Celtic, and explains the symbols contained within each one and the symbolic meanings of the colors used. Each mandala has a special theme to spark your creative flair, from love and compassion to gratitude and success. You will learn about the power of color as a pathway to tap into your inner self, and coloring-in has been shown to reduce stress levels: the process is like meditating, which is known to have numerous health benefits. The paper block includes 150 sheets of 100 mandala designs and motifs for you to color in, and each can be kept and framed as a creative keepsake.

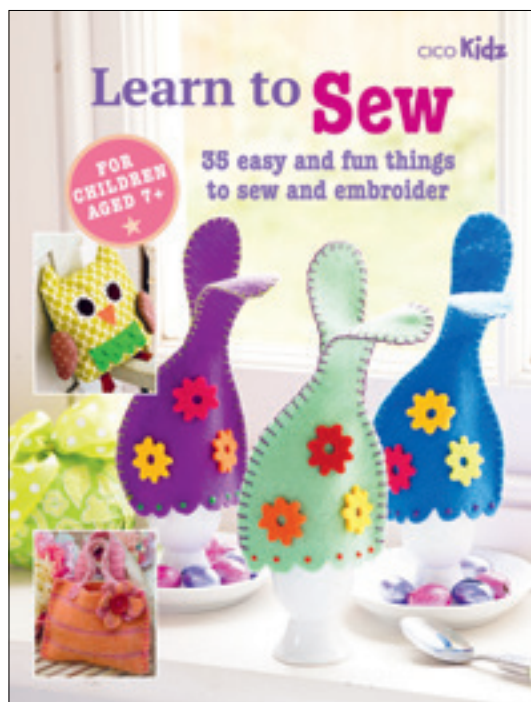
• *Japanese Origami* (ISBN 978-1-78249-795-0), which is in the same format, has sold over 20,000 copies.

• Adult coloring books have experienced a renewed wave of popularity while people have been spending more time at home.

• Coloring-in for as little as 10 minutes a day has been shown to reduce symptoms of anxiety and depression.



Learn to Sew



ISBN: 978-1-80065-127-2

128 pages | 70 color photographs & 150 artworks

8½ x 10½ in | \$16.99 (CAN \$23.99)

paperback with flaps

Carton quantity: 26

Publication: July 2022



also available:
Sewing Machine Basics
for Children

ISBN: 978-1-80065-102-9

\$16.99 (priced higher in Canada)

These 35 brilliant sewing projects have been specially designed for children aged 7 and upward. In the Terrific Toys chapter, you'll find juggling animals, sock monsters, and rag dolls, while in Fashion Fun, there are gorgeous bags, hair accessories, and more. Next, discover some Delightful Decorations—from hanging felt stars to pretty lavender bags. Finally, Gifts and Cards is packed with inventive ideas, such as finger puppet cards, felt egg cozies, or a sausage dog draft excluder. The sewing techniques explain every stitch you'll need and all the instructions and cute step-by-step artworks are easy to follow. Plus, each project has a grade so you can start with easy sewing and move on to using more advanced stitches as you get better at it.

- Teaches children the basics of sewing in a fun way.
- Clear, easy instructions and adorable artworks make all the projects easy for little ones to follow.
- Part of the **CICO Kidz** "Learn" series, which includes *Learn to Bake*, *Learn to Play Chess*, *Learn about Space and Planets*, and *Learn about Nature Activity Book*.



Learn to Crochet



ISBN: 978-1-80065-129-6

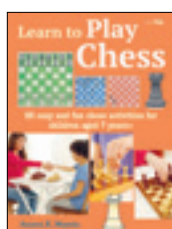
128 pages | 70 color photographs & 150 artworks

8½ x 10½ in | \$16.99 (CAN \$23.99)

paperback with flaps

Carton quantity: 26

Publication: July 2022



also available:

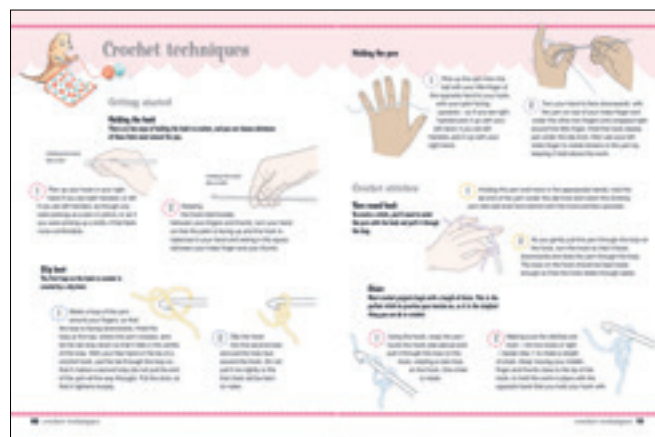
Learn to Play Chess

ISBN: 978-1-80065-057-2

\$14.99 (priced higher in Canada)

Learn how to use a crochet hook to make different stitches and patterns and you'll soon be making all sorts of pretty items. Each project has a difficulty rating of 1, 2, or 3, and comes with easy-to-read instructions and adorable, step-by-step artworks that will guide you along the way. In Clothes and Accessories you'll find warm and cozy scarves, a beanie hat, wrist-warmers, mittens, and lots more. Jewelry and Decoration has pretty flower corsages, bracelets, and pins. Then you can have a go at Bedroom Essentials, and try making a pillow or curtain tie-back for your room. Lastly, Perfect Gifts has cute ideas for toys and other pretty things you'll love to make. Finally the basic techniques section covers every crochet technique you'll need to know, as well as useful information about yarns, hooks, and stitches.

- Fun projects for holidays and rainy days for children aged 7 years +.
- Clear, easy instructions and adorable artworks make all the projects easy for little ones to follow.
- Part of the **CICO Kidz** "Learn" series, which includes *Learn to Bake*, *Learn to Play Chess*, *Learn about Space and Planets*, and *Learn about Nature Activity Book*.



Learn to Needle-Felt



ISBN: 978-1-80065-165-4

128 pages | 200 color artworks & 50 photographs

8½ x 10½ in | \$16.99 (CAN \$23.99)

paperback with flaps

Carton quantity: 26

Publication: October 2022



MIA UNDERWOOD

is an illustrator, designer, and author with over fifteen years' experience, based in the creative hub of Brighton, UK. Her handmade 3D methods and attention to detail help her create enchanting lifelike characters. Being half Danish, she particularly enjoys depicting scenes with creatures that conjure up the dreamlike and mysterious woodlands of Scandinavia. To find out more about Mia's work, visit her website, www.miaunderwood.co.uk, and follow her on Instagram @miaunderwoodartist.



also available:
Learn About Nature
Activity Book

ISBN: 978-1-80065-094-7

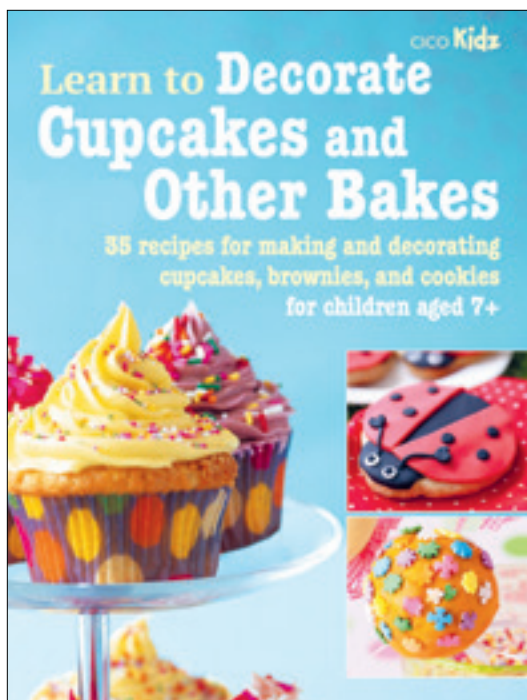
\$16.99 (priced higher in Canada)

With this fabulous book children aged 7+ can create a wonderful menagerie of adorable needle-felted animals. The projects will appeal to all young crafters, and are wonderful for children to keep for themselves or give as gifts. Craft expert **Mia Underwood** begins with 2D projects, such as brooches and a bookmark, then moves on to simple 3D projects such as a cute hamster and a wide-eyed owl. Children can then progress their needle-felting skills by making dogs, a squirrel, a panda, a pony, and many more fantastic creatures. There is a comprehensive techniques section so that children can perfect their needle-felting skills, and each project includes an adorable photo of the finished animal and is broken down into clear illustrated steps.

- Needle-felting is an increasingly popular and inexpensive craft that gives impressive results.
- Features photos of all the adorable felted animals, which will appeal to young children.
- The author has extensive experience in teaching young children to craft.
- Part of the **CICO Kidz** "Learn" series, which includes *Learn to Bake*, *Learn to Play Chess*, *Learn about Space and Planets*, and *Learn about Nature Activity Book*.



Learn to Decorate Cupcakes and Other Bakes



ISBN: 978-1-80065-152-4

128 pages | 250 color photographs & artworks

8½ x 10½ in | \$16.99 (CAN \$23.99)

paperback with flaps

Carton quantity: 26

Publication: September 2022



In this book you'll learn how to make delicious cupcakes, cookies, cake pops, and more—and transform them into fantastic creations. In *Cool Cupcakes*, you will find marvelous mini strawberry cakes, scrumptious spotty cupcakes, and much more. In the next section, *Cake Pops*, you'll find all sorts of adventurous creations like sailboat pops, goldfish pops, and butterfly pops. Then, try your hand at *Brownies, Cookies, and Gingerbread*, where you will find everything from brownie owls and ladybird cookies to a gingerbread family and snowy village. There are basic recipes so that you can make the cakes in any flavor you want, and a techniques section that will teach you everything you'll need to know. All the projects are clearly graded with a difficulty level and include adorable artworks to guide you along the way. With all these recipes and so much more, you'll be a brilliant cake decorator in no time at all.

- An easy and fun first guide to cake decorating for children aged 7 years +.
- Clear, easy instructions, and adorable artworks make all the projects easy for little ones to follow.
- Part of the **CICO Kidz** "Learn" series, which includes *Learn to Bake*, *Learn to Play Chess*, *Learn about Space and Planets*, and *Learn about Nature Activity Book*.



also available:
Learn to Bake

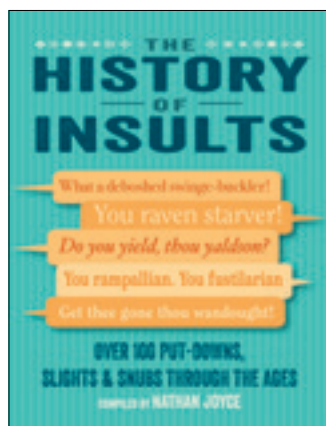
ISBN: 978-1-80065-058-9

\$16.99 (priced higher in Canada)



The History of Insults

NEW EDITION



ISBN: 978-1-912983-56-8

112 pages (wood-free paper)

40 black & white and color

illustrations | 4½ x 6 in

\$9.99 (CAN \$13.99) | hardcover

Carton quantity: 48

Publication: September 2022



Ever wanted to air the lungs⁽¹⁾ like a cowboy or dreamed of channeling the wit of Shakespeare to deliver that killer put-down to an Elizabethan fustilarian⁽²⁾? Are you too much of a medieval scobberlotcher⁽³⁾ to realise this ambition? Well, you're in luck, because *The History of Insults* has some of the finest put-downs of all time—starting with the Ancient Romans and Greeks and working through the centuries to modern times. This means you can dish out the best burns to bacon-fed bell swaggers⁽⁴⁾ to your heart's content. As they used to say in 19th-century London, "It's more than enough to make a stuffed bird laugh!"

⁽¹⁾ Swear; ⁽²⁾ Scoundrel; ⁽³⁾ Lazy person; ⁽⁴⁾ Fat, loudmouth bullies

- Contains over 100 insults from medieval knights, Roman legionnaires, Wild West cowboys, Shakespearean actors, Jazz-Age flappers, and more.

- Wordplay books make for brilliant stocking fillers and Secret Santa gifts.

- Each page has witty illustrations paired with laugh-out-loud translations of the insults into modern parlance.

NATHAN JOYCE

is a writer, editor, and trivia buff. He is the author of *Loo-niversity* (Dog 'n' Bone Books).

Weed All About It

NEW EDITION

Everything you need to know about growing your own cannabis, recipes for marijuana munchies, and a step-by-step guide for 20 innovative ways to roll a joint. Sick of smoking low-grade weed? Fed up of paying increasingly high prices? Well, now it's time to do something about it and grow your own. With just a small investment in some basic equipment and this guide, you'll soon be flipping the bird to your dealer as you spark up some super-strong green you've grown entirely yourself. And what about once you've cultivated your first harvest? The second section looks at recipes for cooking with weed—from hash brownies to ganja guacamole—and innovative, fun ways to smoke it. There are 20 different rolling projects to try, like the perfect, simple one-skin spliff for beginners or the more elaborate behemoth that is the The Scorpion.

- Weed has gone mainstream; non-medical use is legal in 8 states plus the District of Columbia, it's decriminalized in a further 14 states, and medical marijuana is now legal in 29 states.

- A report by cannabis industry analysts at Arcview Market Research states the legal weed industry in the US is now worth \$10 billion.

- Ideal as a gift for the stoner or student in your life.

- *Mary Jane's Hash Brownies, Hot Pot, and Other Marijuana Munchies* has sold over 20,000 copies for Dog 'n' Bone.

DANNY MALLO

is a weed advocate and graphic designer by trade. He uses the same keen eye for detail and stylish presentation required for work as he does when cultivating his crops, baking cannabis treats, or constructing his perfectly rolled joints. He is based in London, UK.



ISBN: 978-1-912983-59-9

144 pages | 200 color illustrations

4¾ x 7¼ in | \$14.99 (CAN \$19.99)

hardcover

Carton quantity: 40

Publication: September 2022



The Flower Hunter



LUCY HUNTER

ISBN: 978-1-78879-384-1

208 pages | 300 color photographs | 8½ x 11 in
\$40.00 (priced higher in Canada) | hardcover
Carton quantity: 10

Luggala



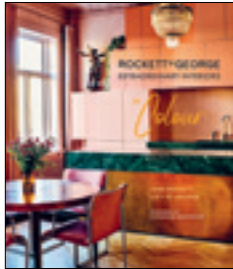
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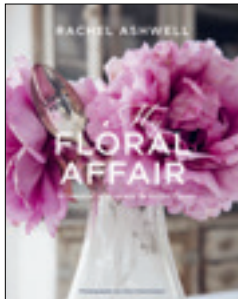
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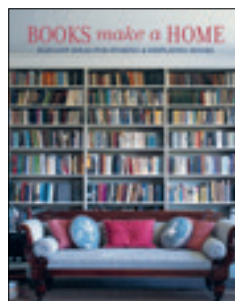
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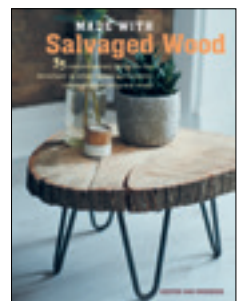
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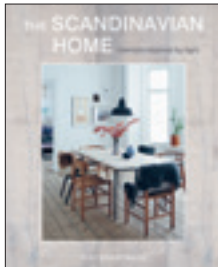
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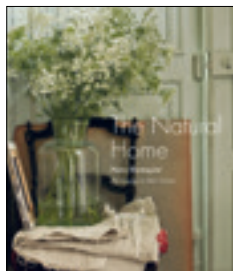
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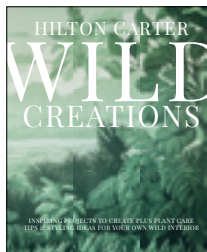
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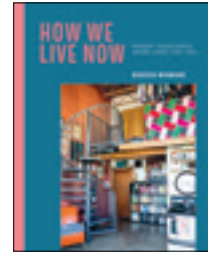
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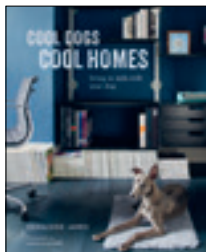
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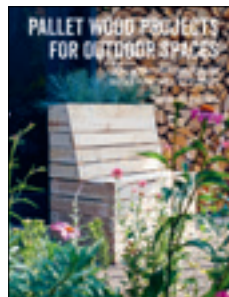
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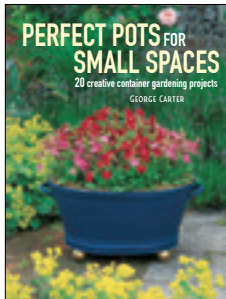
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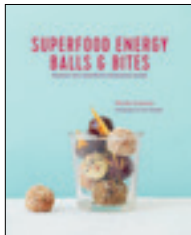
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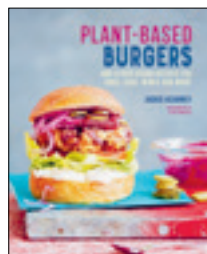
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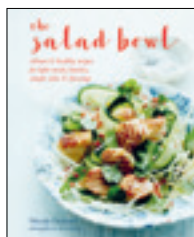
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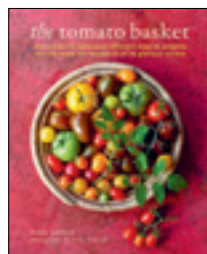
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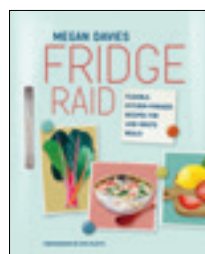
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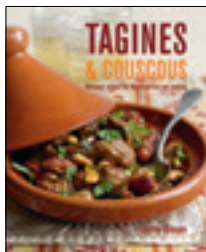
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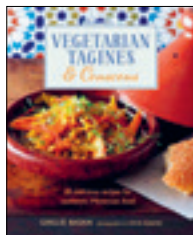


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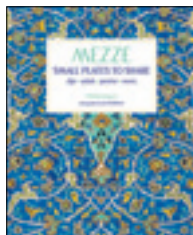


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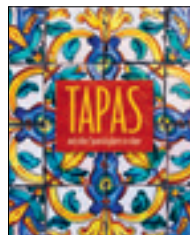
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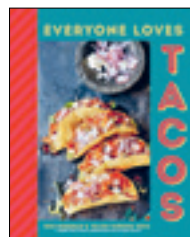
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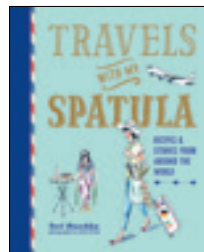
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176 pages | 130 color photographs
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144 pages (wood-free paper)
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6½ x 8¼ in | \$14.95 (priced higher
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Carton quantity: 24



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DAN MAY
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80 color photographs | 60+ recipes
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Carton quantity: 18



Red Hot Sauce Book



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PUBLISHED

DAN MAY
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Carton quantity: 24



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144 pages (wood-free paper)
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160 pages (wood-free paper)
100 color photographs | 65 recipes
7½ x 9¼ in | \$19.95 (priced higher
in Canada) | hardcover
Carton quantity: 20



Piled-high Potatoes



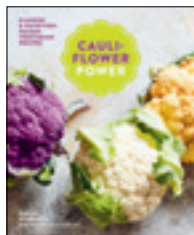
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(priced higher in Canada) | hardcover
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70+ recipes | 6¼ x 8¼ in | \$14.95
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Carton quantity: 24



Mortar & Pestle

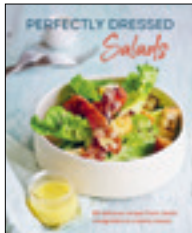


ISBN: 978-1-78879-349-0

144 pages (wood-free paper)
c.100 color photographs | 65 recipes
6¼ x 8¼ in | \$14.99 (priced higher
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Carton quantity: 24



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160 pages | 100 color photographs
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160 pages | 100 color photographs
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144 pages (wood-free paper)
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35 recipes | 4¾ x 7¼ in | \$9.95 (priced higher in Canada) | hardcover
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ISBN: 978-1-84975-972-4

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100 color photographs | 65+ recipes
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Cookbook

ISBN: 978-1-78879-064-2

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ANNE SHEASBY

ISBN: 978-1-912983-15-5

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ISBN: 978-1-84975-887-1

240 pages | 100 color photographs
160+ recipes | 7½ x 7½ in | \$16.95
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with flaps
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6½ x 8¼ in | \$14.95 (priced higher in
Canada) | hardcover
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ISBN: 978-1-78879-285-1

144 pages (wood-free paper)
c.80 color photographs | 65+ recipes
6½ x 8¼ in | \$14.95 (priced higher
in Canada) | hardcover
Carton quantity: 24



Dinner with Dickens



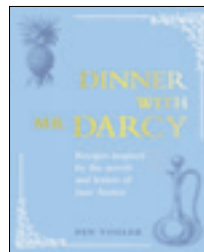
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ISBN: 978-1-78249-449-2

176 pages (wood-free paper)
80 color photographs & artworks
60+ recipes | 7½ x 9¼ in | \$24.95
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60 recipes | 7½ x 9¼ in | \$24.95
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64 pages | 13 color photographs
& 10 illustrations | 20 recipes
4¾ x 7¼ in | \$14.95 (priced
higher in Canada) | hardcover
Carton quantity: 76



Kids in the Kitchen



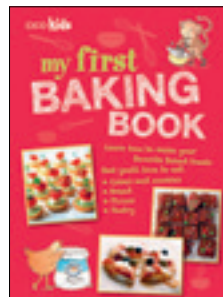
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ISBN: 978-1-84975-858-1

128 pages | 100 color photographs
50+ recipes | 9 x 9¼ in | \$19.95
(priced higher in Canada) | hardcover
Carton quantity: 22



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ISBN: 978-1-908170-85-9

128 pages | 250 color photographs
& artworks | 8½ x 10½ in | \$14.95
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paperback with flaps
Carton quantity: 32



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Decorating Book**ISBN: 978-1-78249-492-8**

128 pages | 50 color photographs
& 170 color artworks | 35 recipes
8½ x 10½ in | \$14.95 (priced higher
in Canada) | paperback with flaps
Carton quantity: 26

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Decorating Book**ISBN: 978-1-908170-36-1**

128 pages | 250 color photographs
& artworks | 35 recipes | 8½ x 10½ in
\$14.95 (priced higher in Canada)
paperback with flaps
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& French Toast**HANNAH MILES****ISBN: 978-1-78879-203-5**

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60+ recipes | 6½ x 8½ in | \$14.95
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& Warm Apple Pie**ISBN: 978-1-78879-276-9**

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160 pages (wood-free paper)
c.100 color photographs | 25+ recipes
4½ x 6 in | \$9.99 (priced higher
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from the ScandiKitchen



BRONTË AURELL
ISBN: 978-1-78879-151-9
176 pages (wood-free paper)
60 color photographs | 70 recipes
7½ x 9¼ in | \$19.95 (priced higher
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Bramble Cafe



MAT FOLLAS
ISBN: 978-1-84975-937-3
160 pages | 100 color photographs
65 recipes | 7½ x 9¼ in | \$21.95 (priced
higher in Canada) | hardcover
Carton quantity: 20



The (Unofficial) Bridgerton
Book of Afternoon Tea



JUST
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KATHERINE BEBO
ISBN: 978-1-78879-431-2
144 pages (wood-free paper)
c.75 color photographs | 65 recipes
6¼ x 8¼ in | \$14.99 (priced higher
in Canada) | hardcover
Carton quantity: 24



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ANNABEL & EMILY LUI
ISBN: 978-1-78879-158-8
176 pages (wood-free paper)
120 color photographs | 65+ recipes
7½ x 9¼ in | \$21.99 (priced higher
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ISBN: 978-1-78879-208-0
128 pages (wood-free paper)
70+ color photographs & illustrations
48 recipes | 6¼ x 8¼ in | \$14.95
(priced higher in Canada) | hardcover
Carton quantity: 24



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ISBN: 978-1-78879-348-3
176 pages | c.200 color photographs
80 recipes | 8½ x 10 in | \$27.99 (priced
higher in Canada) | hardcover
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ISBN: 978-1-78879-204-2
176 pages | 80+ color photographs
70+ recipes | 7½ x 9¼ in | \$24.95 (priced
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176 pages | 80 color photographs
55 recipes | 7½ x 9¼ in | \$24.95 (priced
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144 pages | 70 color photographs
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144 pages | 70 color photographs
60 recipes | 7½ x 9¼ in | \$19.95 (priced
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c.100 color photographs | 60 recipes
6¼ x 8¼ in | \$14.99 (priced higher
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other Traybakes

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144 pages (wood-free paper)
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ISBN: 978-1-78879-278-3

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MIISA MINK

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160 pages (wood-free paper)
60+ color photographs | 65 recipes
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EMMANUEL HADJIANDEROU

ISBN: 978-1-78879-360-5

160 pages (wood-free paper)
c.300 color photographs | 30+ recipes
7½ x 9¼ in | \$24.99 (priced higher
in Canada) | hardcover
Carton quantity: 22



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176 pages | 350 color photographs
60 recipes | 8½ x 10 in | \$27.95 (priced
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How to Make Sourdough



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ISBN: 978-1-84975-704-1

160 pages | 150 color photographs
45 recipes | 8½ x 10 in | \$24.95 (priced
higher in Canada) | hardcover
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JANE MASON

ISBN: 978-1-78879-190-8

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80+ color photographs | 50+ recipes
7½ x 9¼ in | \$19.95 (priced higher
in Canada) | hardcover
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ISBN: 978-1-78879-089-5

64 pages | 35 color photographs
25 recipes | 4¼ x 7¼ in | \$9.95
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Carton quantity: 60



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ISBN: 978-1-78879-088-8

64 pages | 100 color photographs
25 recipes | 4¼ x 7¼ in | \$9.95
(priced higher in Canada) | hardcover
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TIMOTHY D'OFFAY

ISBN: 978-1-84975-824-6

144 pages | 150 color photographs
70+ recipes | 7½ x 9¼ in | \$21.95 (priced
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Carton quantity: 20



The Curious Barista's Guide to Coffee



BESTSELLER
14,000 SOLD

TRISTAN STEPHENSON

ISBN: 978-1-84975-563-4

192 pages (wood-free paper)
100 color photographs | 25 recipes
7½ x 9¼ in | \$27.99 (priced higher in
Canada) | hardcover, soft touch finish
Carton quantity: 10



The Curious Barista's Guide to Coffee



TRISTAN STEPHENSON

ISBN: 978-1-78879-083-3

192 pages | 100 color photographs &
illustrations | 10 recipes | 4¼ x 7¼ in
\$14.95 (priced higher in Canada)
hardcover
Carton quantity: 32



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128 pages | c.75 color photographs

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64 pages | 50 color photographs

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144 pages | 80 color photographs

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Carton quantity: 24



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**ISBN: 978-1-78879-358-2**

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(priced higher in Canada) | hardcover

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c.100 color photographs | 100 recipes

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JULIA CHARLES

ISBN: 978-1-78879-149-6

64 pages | 50 color photographs

56 recipes | 4 3/4 x 7 1/4 in | \$9.95 (priced

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Carton quantity: 60



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FIONA BECKETT

ISBN: 978-1-84975-881-9

160 pages | 100 color photographs

70+ recipes | 8 1/2 x 10 in | \$30.00 (priced

higher in Canada) | hardcover

Carton quantity: 16



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ISABELLE LEGERON

ISBN: 978-1-78249-483-6

224 pages (wood-free paper)

200 color photographs | 7 1/2 x 9 1/4 in

\$24.95 (priced higher in Canada)

hardcover

Carton quantity: 10



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Natural Wine



ISABELLE LEGERON

ISBN: 978-1-78249-899-5

224 pages (wood-free paper)

200 color photographs

7 1/2 x 9 1/4 in | \$27.99 (priced

higher in Canada) | hardcover

Carton quantity: 10



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Andrew Jefford's Wine Course



ANDREW JEFFORD
ISBN: 978-1-84975-778-2
 176 pages | 300 color photographs
 8½ x 10 in | \$24.95 (priced higher
 in Canada) | hardcover
 Carton quantity: 16



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CHRIS LOSH
ISBN: 978-1-912983-23-0
 64 pages | c.40 color illustrations
 4¾ x 7¼ in | \$9.95 (priced higher
 in Canada) | hardcover
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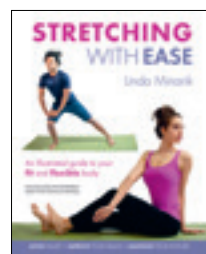
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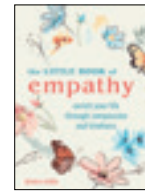


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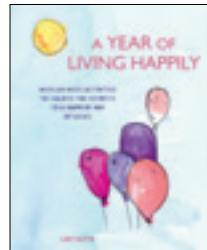
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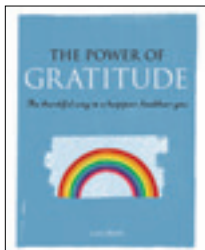
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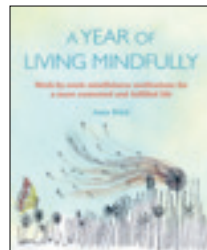
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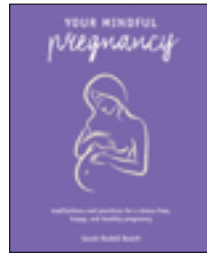
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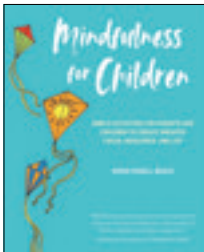
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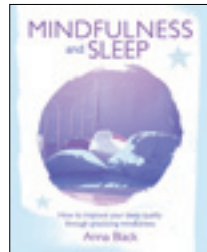
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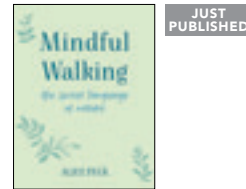
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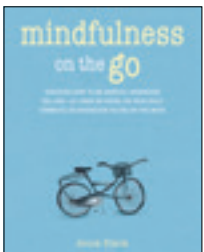
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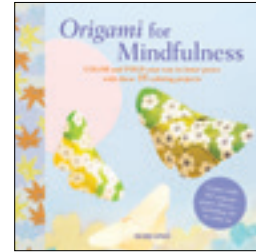
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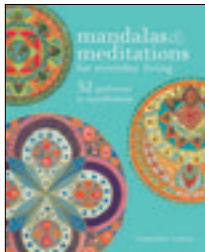
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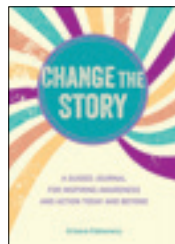
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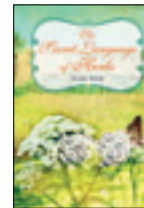
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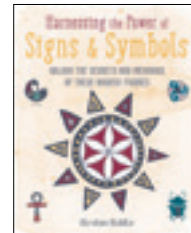
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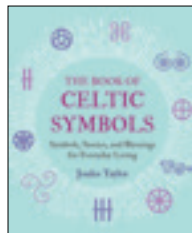
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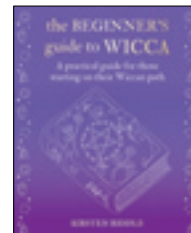
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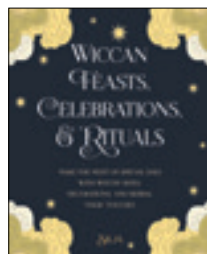


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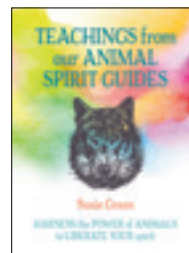
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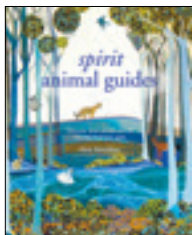
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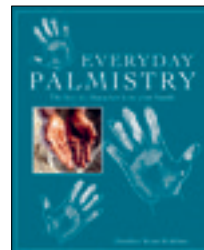
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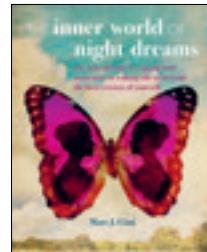
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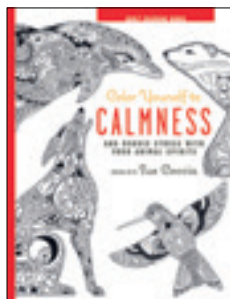
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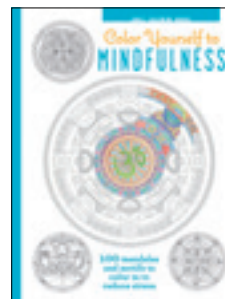


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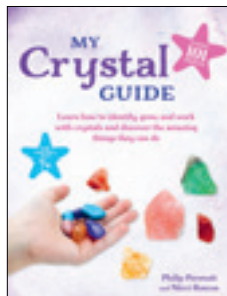


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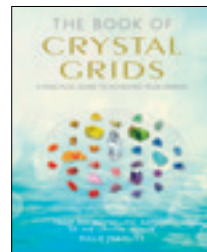
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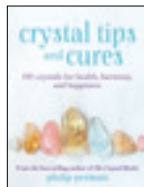
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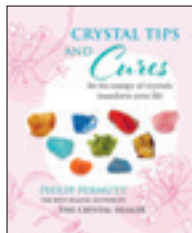


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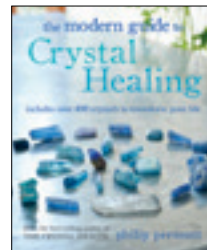
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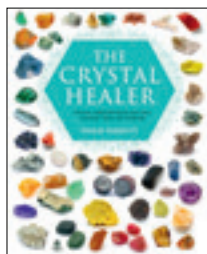
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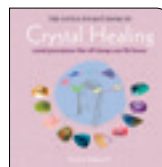
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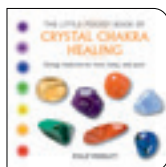
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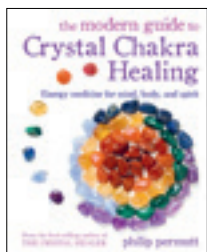
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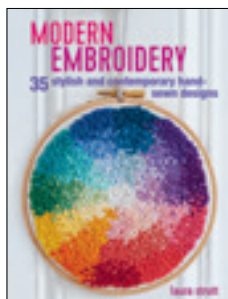
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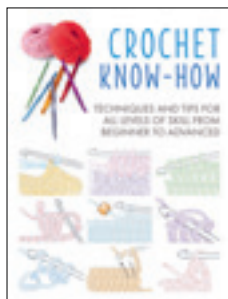


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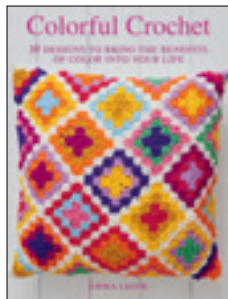
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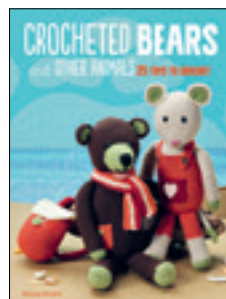
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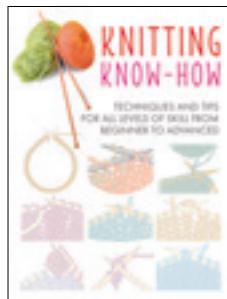
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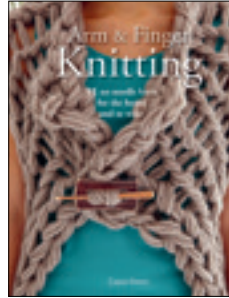
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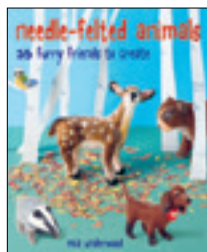


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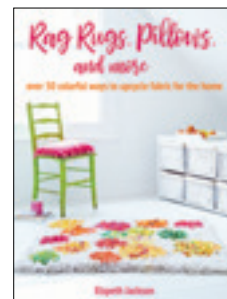
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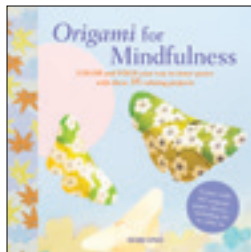
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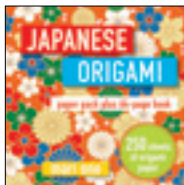
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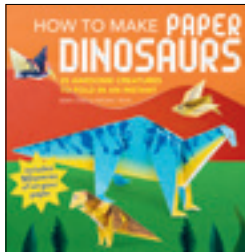
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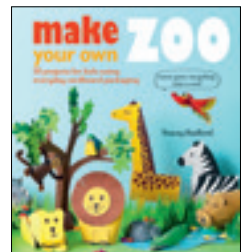
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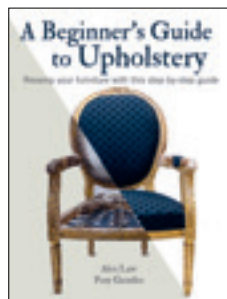
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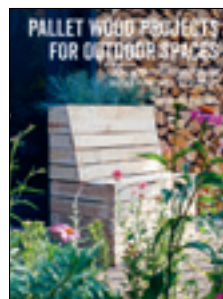
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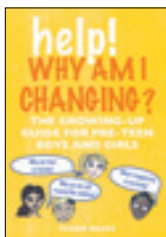
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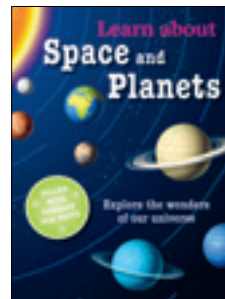


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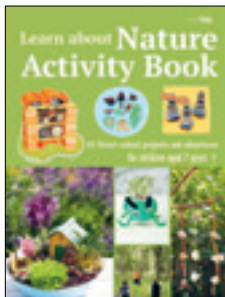


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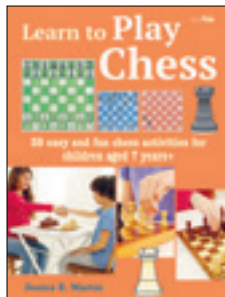
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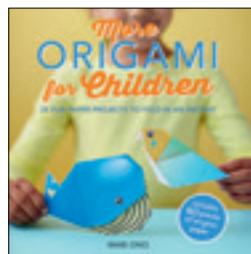


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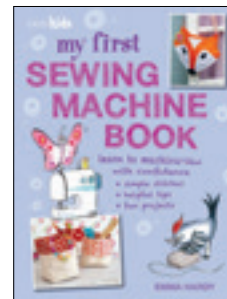
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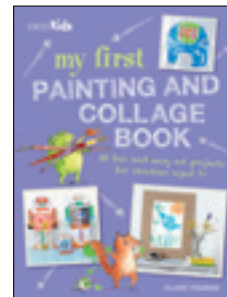
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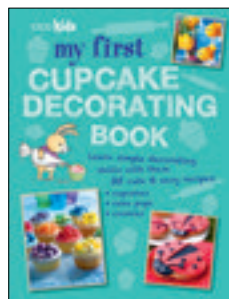


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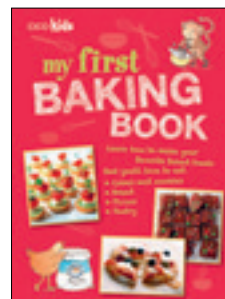


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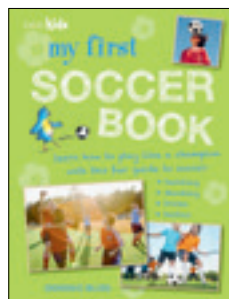
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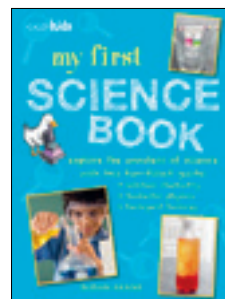
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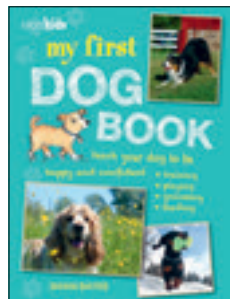
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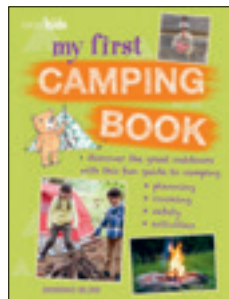
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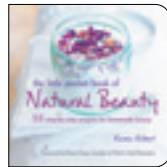
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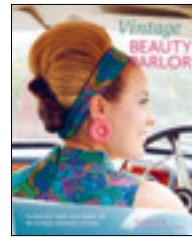
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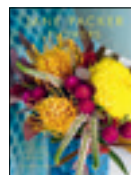
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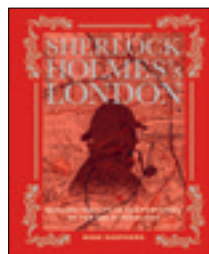
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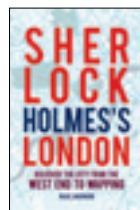
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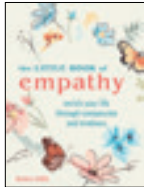
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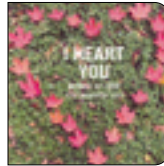


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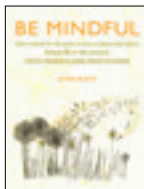


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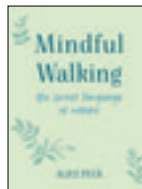
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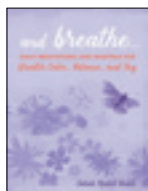
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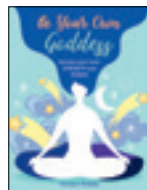
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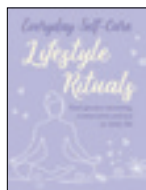
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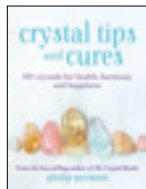
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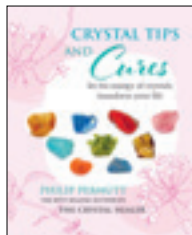


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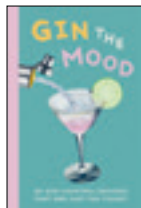


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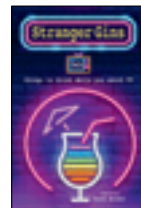


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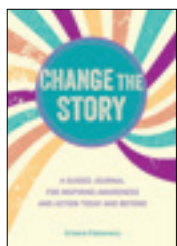
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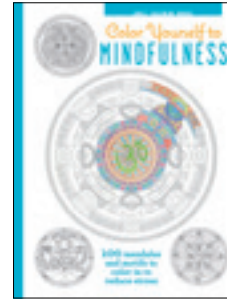
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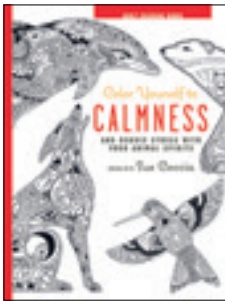


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